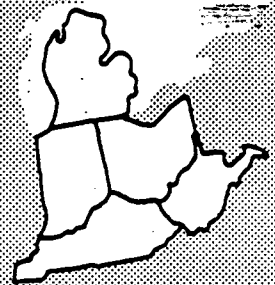


MID-EAS DROPPER



VOL. XVIII

MARCH 1984

NO. 1

Dear Mideast Friends:

Do hope you all are surviving these cold, wintry months!

Congratulations to Marjorie Wessels of Bad Axe, Michigan, on receiving the Mideast Region's Bernadette Smith Memorial Scholarship Award. Marjorie will be attending the Harrisburg Hospital School of Enterostomal Therapy the end of February.

Thanks to Deanna Walterspaugh for accepting the Chair of the Program Committee, and Pam Stilger for accepting the role of Historian.

Mark your calendars for April 6, 7 and 8, when the Greater Cincinnati Chapter, U.O.A., will be hosting the U.O.A. Great Lakes Regional Conference. The Cincinnati E.T.'s are planning a "Professional Day" on April 6. Hope to see many of you there.

Also, the World Council of Enterostomal Therapy is being held in Transkei, South Africa on March 11 - 16. Norma N. Gill-Thompson will be presenting the Mideast Region's Scholarship donation to the Hiral Narang School of Enterostomal Therapy (India). We are the first Region of I.A.E.T. to donate to a foreign school!

I hope you're making plans to attend the I.A.E.T. Conference in Las Vegas June 6-8. I am looking forward to meeting all the new E.T.'s and renewing old friendships, as well as having a super-productive Regional Meeting.

The Mideast Officers, Board, Chairpersons and Delegates will be having an all-day Board Meeting prior to National Conference. If any Mideast members would like to audit this, you are more than welcome. Please write me for further details if you are interested.

Happy Spring!

Sincerely,

Sally Thompson
President

MIDEAST REGION I.A.E.T. OFFICERS

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PRESIDENT ELECT: Ethel Pryor
SECRETARY: Brenda Kinder
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REGIONAL TRUSTEE: Jane Beerck
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Providence Hospital
Southfield, MI

CALENDAR OF EVENTS

April 5-6 - Harrisburg Hospital School of Enterostomal Therapy Presents a Continuing Education Program. Thursday's program is the professional development of the Enterostomal Therapy Nurse as the newly defined scope of practice is explored and discussed. Friday's program will provide the participant with a BOARD CERTIFICATION REVIEW.
Registration fee: \$60
Location: Auditorium of Brady Hall, adjacent to hospital
CEU's will be awarded
For more information contact:
Tana Dyer, Registration Coord.
Dept. of Allied Health Ed.
Harrisburg Hospital
South Front St.
Harrisburg, PA 17101-2099

April 7: AUAA CERTIFICATION/RE-CERTIFICATION WRITTEN EXAM
Cleveland, Ohio
Contact: Agnes Yost, CURN
844 Glenhurst Rd.
Willowick, OH 44094

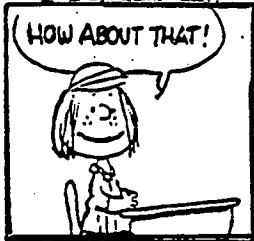
June 28-July 3: UOA-IAET YOUTH RALLY
Mt. Vernon College
Washington, D.C.
Check-in and registration for youth, Thurs. June 28 Noon to 5 p.m. Check-out, Tues. July 3, 10 a.m.
Cost: \$175 for each youth, staff or parent
For further information contact:
Jan Jester, RN, ET
Youth Rally Chairman
3144 South 53d
Kansas City, KS 66106

September: North Central A.U.A. Section Meeting
Cedar Rapids, Iowa
Tentative date: Sept. 18
Contact: Marsha Toner, RN, BSN
6 Bangor Circle
Iowa City, Iowa 52240

November 2-3: Mideast Regional Annual Meeting & Educational Conference
Mariott Hotel, South Bend, Indiana

HELPFUL HINTS (continued)

- * Use of Cellulose Bulk Agents is discussed by Paul Bannicola of the University Hospital, Boston, who warns that insufficient fluid intake with bulk agents can precipitate bowel obstruction in clients with decreased bowel mobility. (Hospice Nursing Newsletter)



"Life can only be understood backwards but it must be lived forwards."
Kierkegaard

What Effects Will DRGs Have?

Profound changes in the federal government's Medicare program are taking place. The changes, the most extensive since the program's inception in 1965, present an entirely new philosophy in reimbursement policy.

The government's intent is clear: encourage hospitals to take the lead in capping ever-increasing health care costs.

The new policy, established by the Tax Equity and Fiscal Responsibility Act of 1982 and amended by the Social Security Act of 1983, institutes a "prospective payment system" (PPS) instead of the previous "retrospective" cost-based system. Under the new program, all illnesses which necessitate hospitalization are classified into 467 diagnosis related groups or DRGs. The Health Care Financing Administration, responsible for administering Medicare, has determined

how much a hospital can receive for each DRG, with consideration for the institution's location, teaching status and mix of cases. If a hospital's cost for an inpatient's care falls below the DRG reimbursement rate, the hospital keeps the difference. However, if the hospital's cost exceeds the rate, the institution absorbs the loss. Hospitals are required to adopt the program with the start of their 1984 fiscal year.

"It will be several years before everyone understands the system, its full ramifications and exactly what it means to The Cleveland Clinic Foundation," says Daniel J. Harrington, CCF controller. It is known now, however, that about 30 percent of CCF's hospital admissions — about 10,000 patients a year — are covered by Medicare. Moreover, CCF

(continued page 5)

RESEARCH-AND-DEVELOPMENT COMMITTEE
MODIFIES POLICY

Applications for research grants from the ET Foundation reveal that ET nurses across the country are involved in numerous investigative projects. Some focus on important clinical issues. Others are much broader in scope and address ET nurse practice issues.

Such varying proposals should not be judged against one another. Neither should one be "approved" and the other be "rejected" if both comply with the research criteria.

Thus, the Research and Development Committee has agreed that it is important for ALL types of research to be encouraged. Two categories have been created to facilitate the funding of clinical studies and larger issues concerning the practice of ET nursing. In this latter category, if a project has been approved but there is not sufficient funding available, the committee will recommend that the President seek support from an outside source.

The Research and Development Committee is confident that this new policy will result in more, rather than less, financial support for all of our members' investigative studies.

Applications are now available through: IAET Central Office, Attn: Ms. Nancy Radcliff, RN, ET, Chairman.

HELPFUL HINTS

* This past week I had applied a pouch to a large abd. wound with a fistulae. The following morning as I was checking the pouch, I found a hole in it about the size of a quarter up near the faceplate, it looked as though it had been cut. In my fury I had to think of a way to patch it. To my surprise a piece of op-site worked perfectly. But, just in case I applied another and picture fumed it with paper tape. The pouch held for a week, until I took it off and I didn't have a problem with leakage from the patched hole.

I've also had tremendous luck with the Squibb-Sur-Fit inserts on a flush stoma that the appliance kept undermining.

Tammy Holloway, RN, ET

* SUPERABSORBENTS: When a product says it has superabsorbents, that does not mean it is just thicker or fluffier. It refers to a special material--usually polymer--in the layers of the pad or brief that absorbs many times its own weight in fluid and actually turns liquid into a gel so that it won't leak out. (The Hip Report)

* HOW TO SIMULATE STOMAS AND DRAINING WOUNDS FOR DEMONSTRATIONS AND PRACTICUMS:

Thanks to Vivian Wetherby, RN, ET of Suburban Hospital in Bethesda, Maryland for sharing her kitchen clay recipe with us. Vivian has made marvelously realistic stomas using the following procedure:

2 cups flour
½ cup salt
About 1 cup water
1 tablespoon vegetable oil
1 tablespoon hand lotion
Red food coloring

Mix flour and salt. Add oil and water, and knead until the dough is smooth. If the dough is too stiff, add more water. Add hand lotion and food coloring as you knead. This clay, actually a dough, can be stored in a plastic bag in the refrigerator. It can be air dried or baked at 225°. The length of time required for oven drying will, of course, depend upon thickness.

HELPFUL HINTS (continued)

During the baking procedure the color will bleach out. Use nail polish on dried surface to simulate color of stoma or simulated wound surfaces. We have shaped stomas and large gaping fistulae using this material. Glue the dried model to formica squares, plastic, or slick cardboard (not reusable) to provide "peristomal" surface on which to affix skin barriers and collection devices.

From: ET Cetera, Vol. 1, No. 4

* TEACHING AIDS: Making professional looking posters from small prints - by Susan Gallagher.

Equipment: a) small print, b) large sheet of paper, c) poster paper, d) overhead projector, e) pencil, f) ink marker or felt pens in different colors.

Procedure: a) tape large sheet of paper on the wall, b) place print on overhead and project onto large sheet, c) trace the image onto the large sheet with pencil, retrace with marker to prevent permanent error. Note: By moving the overhead the image becomes larger or smaller. Finish as desired.

Reprinted from: "Pacific Coast Comments"

*MORE USES FOR OP-SITE

1) When tubes need to be pulled thru an opening in the bag, try the following:

Place a small piece of op-site on the area of the bag where you need to make the hole. Then cut the size opening you need. Bring the tube thru and secure it with a rubber band and tape. The bag is prevented from tearing by using this method.

2) If you need a waterproof seal between two areas, Op-Site holds well and prevents undermining of the bag. We found it successful for a situation where a tracheotomy was very close to an opening in the esophagus, on the neck. The op-site prevented the secretions around the tracheotomy from uprooting the bag over the esophagus, which collected saliva.

3) Hyperalimentation dressings can be covered with op-site to make them more waterproof. This prevents contamination. Contributed by: Theresa Emmel, RN,ET and Liz O'Connor, RN,ET, Holy Cross Hospital, Silver Spring, Maryland

DRGs: What to expect

administrators agree that Medicare's adoption of the system is a "signal." They suspect that other third-party payors will adopt similar programs. Even professional fees and outpatient services may one day come under such a system.

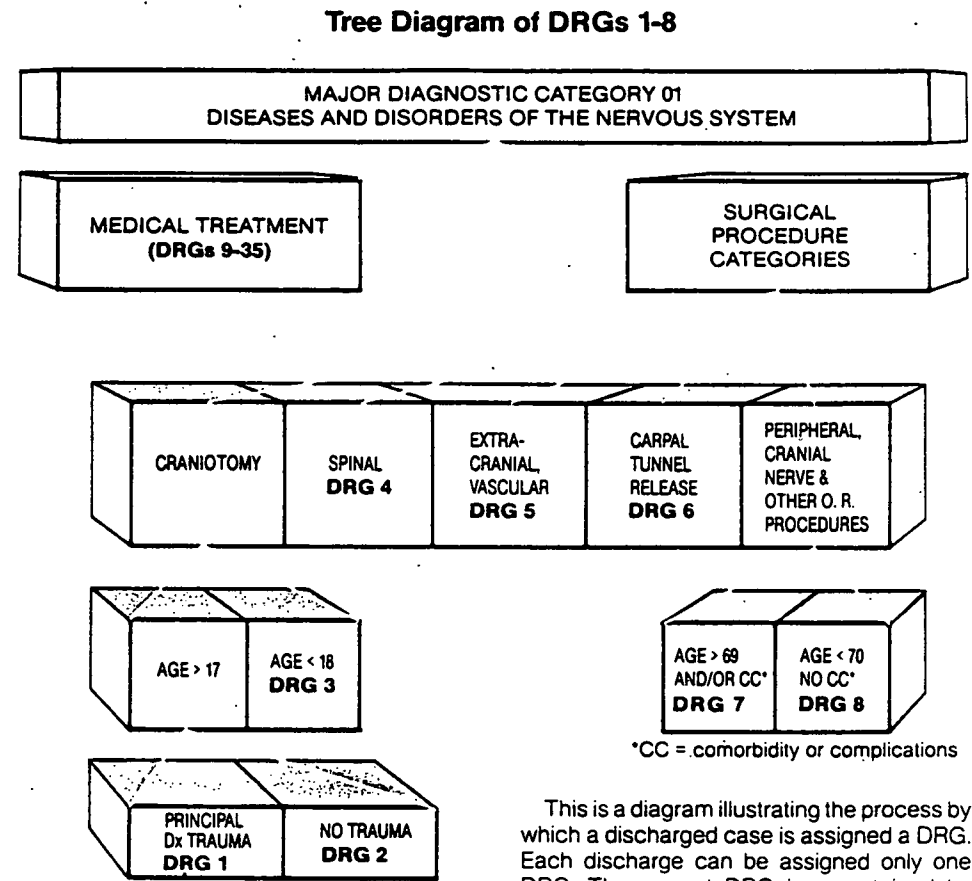
When CCF's fiscal year begins Jan. 1, many of the procedural modifications necessitated by the law will have taken place. Since May, when President Reagan signed the bill, a DRG Task Force here has been scrutinizing the voluminous PPS regulations, predicting short- and long-term effects, planning for implementation and educating those affected.

"The changes sound simple in theory, but getting all the parties to pull them off by Jan. 1, 1984, is a massive organizational task," says Mr. Harrington, head of the Task Force's Long-Term System Team. Parties involved in the DRG Task Force include Quality Assurance, Medical Records and Statistics, Billing, Cost and Budget, Public Affairs, Planning and divisions of Medicine and Surgery administrations.

The largest immediate changes at CCF will occur in Medical Records and financial and information areas. "Medical records will play an even greater role in determining how much we will be paid," Mr. Harrington explains.

"The DRG system is going to mean adjustments in how we look at our costs. Traditionally we have used a cost-reimbursement system, viewing costs on a functional basis — that is, nursing, laboratory medicine, radiology, etc., as separate entities. Under the DRG system, since there is going to be a fixed price based on a patient's diagnosis, we have to look at costs on the basis of services used per DRG," he continues. In the business world, this is called "product-line management." The product in this case is the discharged patient.

The system should have some beneficial effects for CCF. "In order to manage our costs under PPS, the development of an elaborate cost-accounting system will be necessary," says William P. Lawrence, assistant director of Operations, and head of the Task Force's Implementation Team. "This system will help us identify the relative costs associated with treating various illnesses and performing certain procedures. Such information will aid our future case-mix decisions."



CCF's past cost-management efforts and its discipline and efficiency of operation should help smooth the way for the PPS, Mr. Lawrence maintains. "Assuming that we can improve the quality and timeliness of our medical records documentation, there should be no immediate adverse effect on CCF.

"Eventually, DRGs may effect the types and variety of services rendered here — but not the quality," he continues. "Practice patterns will not change to the extent of sacrificing the quality of medical care."

"No drastic changes will occur on Jan. 1," says Thomas E. Gretter, M.D., Quality Assurance officer, though he notes that some are concerned that the PPS will lower the quality of care. One cause for this concern is that the system does not recognize intensity of illness. "What we have to do is continue to practice high-quality medical care. We must not lose sight of our goal to care for patients.

"We also must be careful, timely and accurate in documenting everything we do," he adds. Physicians will be required to attest in writing to principal and secondary diagnoses and procedures performed — as these establish DRGs. This must be done at the time of dis-

This is a diagram illustrating the process by which a discharged case is assigned a DRG. Each discharge can be assigned only one DRG. The correct DRG is ascertained by answering a series of questions. Here for example:

- Q. Medical or surgical diagnosis? A. Surgical.
- Q. Into which surgical procedure category does the case fall? A. Craniotomy.
- Q. How old is the patient? A. 16 years old. This discharged patient is assigned DRG 3.

charge, before the claim is submitted.

The PPS will produce new management systems, and also meaningful information on patient care and its relationship to costs, Dr. Gretter points out. "Physicians will be able to compare their practice profiles with those of other physicians and make appropriate adjustments to their practice habits."

Dr. Gretter and his fellow Implementation Team member Susan Evans, director of Medical Records and Statistics, have undertaken the Task Force's educational endeavors. So far, they have met with each department to explain the program and specifics about its implementation.

"Pressure on the health care industry to contain costs has been and will continue to be strong," Mr. Lawrence concludes. "This is something everyone in this institution has to be concerned with. We must continue rendering the best quality of care to patients, yet remain vigilant in our cost-containment efforts." ■

NEW TREATMENT DIMINISHES CANCER PAIN

Bedridden and overcome by pain, many cancer victims spend their last few months miserably. High doses of pain medication decrease the pain, but may also dull the senses and leave the patient feeling out of touch.

However, a new treatment which underwent investigational trials at The Cleveland Clinic Foundation offers an alternative for those patients with cancer pain below the waist. Through the use of an implanted morphine pumping device, pain is reduced without sacrificing mental or physical function, improving the quality of life for these terminal patients.

About the size of a hockey puck, the pump is sewn into a pocket fashioned in the abdomen and is controlled by body heat. It continually pumps low doses of morphine directly through a catheter into a space next to the spinal cord (epidural space). Though surgery is required to insert the pump, it can be filled every two weeks with no additional incisions.

Russell Hardy Jr., M.D. and Janet Bay, M.D. of the Department of Neurological Surgery, have used the pump since March 1982. That's when investigational trials began here and in five other U.S. centers. It received Food and Drug Administration approval in January 1983. Eleven Cleveland Clinic Foundation patients have already benefitted from the pump.

Nancy Plank, RN, Michele Magdinec, RN and Katherine Miakalacki, LPN, in Neurological Surgery, have a special appreciation for the device. They help to evaluate potential candidates and explain the pump to patients and their family members. The nurses also see morphine pump patients every two weeks to refill the pump, assess their conditions and discuss any possible problems.

(continued)

"We get to know the patients and their families well, including their physical and emotional states," says Mrs. Plank. "We see the changes in their attitude and their activity level with the pump. They seem to have a much more positive outlook. And these patients do seem to live longer than other cancer patients."

For some patients this has become a double-edged sword. Their increased alertness and activity and their improved outlook toward life has made dealing with their impending death more difficult. But these nurses, and Kathleen Currie, RN, in Psychiatry, help patients learn to cope with this and other problems so that they can make the best of the time they have left.

Besides teaching patients and families about the morphine pump, these nurses serve as consultants to referring physicians, visiting nurses, and hospice professionals.

They have to make arrangements for out-of-town patients to have their pumps refilled. Even the storage of the morphine must be arranged through a local pharmacy or hospital where it can be stored safely.

"I'm happy that we are involved in this", says Ms. Plank. "It has vastly improved the quality of these patients' lives. When it's over, we ask the families if the pump has been worth the extra effort and inconvenience it requires. They have, without fail, said 'absolutely'".

(This article has been reprinted from The Cleveland Clinic Foundation Inner-pulse, Vol. IV. No. 1, January 19, 1984)

PERCUTANEOUS REMOVAL OF RENAL CALCULI

Agnes Yost, CURN
Clinical Coordinator Urology
Cleveland Clinic

Utilizing a percutaneous ("through the skin") route to remove renal calculi rather than the standard surgical operation has recently come into vogue in the urologic world. This procedure utilizes the combined expertise of a radiologist and a urologist.

The radiologist creates a percutaneous route into the kidney generally the day prior to or the morning of the stone removal procedure. The patient is taken to surgery, given general anesthesia, and the tract is dilated. A nephroscope can then be introduced into the renal pelvis. Depending on the size and location, the stone can be removed by either forceps, a stone basket, or ultrasonic lithotripsy.

Ultrasonic lithotripsy uses ultrasonic energy (high frequency sound waves) to fragment the stone. This energy is delivered by a wand passed through the nephroscope and placed directly against the stone. The stone absorbs the energy until it blows apart. The fragments are then removed by irrigation and suction.

A nephrostomy tube and small caliber guide catheter are left in place. The nephrostomy will be put to gravity drainage while the small catheter is plugged and used only if there is dislodgement of the nephrostomy or the need to re-instrument. The total surgery time is usually about one hour.

The patient is kept on bedrest until the second post-operative day to minimize bleeding from the dilated tract. On the second day the patient is sent for a nephrostogram (contrast study) to evaluate the collecting system and to check for residual stone particles. If there are no fragments or no evidence of edema, the nephrostomy tube will be plugged and the guide catheter removed.

The patient is observed for flank pain or temperature elevation for the next 12-24 hours. If this period is uneventful, the nephrostomy tube is removed. Otherwise, the nephrostomy tube is placed to gravity drainage for another short period.

(continued)

The post-operative stay is approximately five days. The recuperation at home is only one week. The patient can then return to normal activity including return to work.

Considering the reduced operating time, minimal morbidity, and the short recuperation period the percutaneous methods of stone removal offer advantages over the surgical pyelolithotomy approach. Of course not every stone patient is a candidate for this. Stone size and location may dictate the need for an open procedure.

Suggested readings:

"Elective Percutaneous Nephrolithotomy in 50 Patients: An Analysis of the Technique Results, and Complications", Wickham, Kellett, and Miller, Journal of Urology, Vol. 129: May, 1983

"Percutaneous Removal of Kidney Stones", Segurra, et al, Mayo Clinic Proceedings, Vol. 57: October, 1982

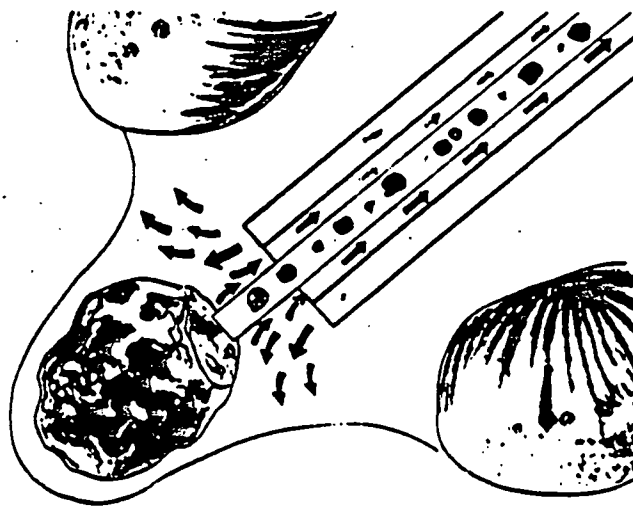
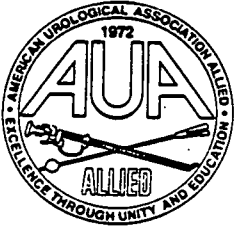


Fig. 2. Schematic drawing of continuous flow irrigation system. Stone debris is removed by continuous suction through the central lumen of the lithotrite probe.

EUROPEAN UROLOGY 8:236-242
"Percutaneous Litholapaxy of Renal
Calculi with Ultrasound"
Marberger, Stackl, Hrubv



— Membership Application —

AMERICAN UROLOGICAL ASSOCIATION ALLIED

6845 Lake Shore Drive • P.O. Box 9397
Raytown, Missouri 64133
(816) 358-3317

Please Type or Print

Name: _____
Last First Middle Initial

Social Security Number: _____
Canadian: Social Insurance Number

Home Address: _____

Employer: _____

Street

Street

City State Zip

City State Zip

Phone: _____
Area Code

Phone: _____
Area Code

Preferred Mailing Address Home Work

LICENSURE: LPN LVN RN PA Technician Other _____
License Number _____ State _____

CERTIFICATION by American Board of Urologic Allied Health Professionals:
 Yes, Year _____ No Recertification Year _____

Job Title: _____

Brief Job Description: _____

Check and complete each item that applies to you:

PROFESSION

- RN
- LPN
- LVN
- Technician
- PA
- Industrial Rep.
- Secretarial
- Other _____

FIELD OF EMPLOYMENT

- Hospital
- NSG Home or ECF
- Office
- School of Nursing
- Industry
- Retired
- Other _____

HIGHEST LEVEL EDUCATION

- High School
- Diploma LPN/LVN
- Diploma RN
- AD - Major _____
- BS/BA - Major _____
- MS/MA - Major _____
- PHD - Major _____
- Other _____

Have you ever previously been an AUA Member? Yes, Year _____ No

Chapter Affiliation, if any _____

National Membership Fee: _____

US Currency Only \$45.00 Renewals
\$50.00 New Members

Make check payable to AUA, Allied

Return check & completed application

to AUA, Allied at address above

Applicant Signature _____

Date _____

IMPORTANT: Please keep us advised of status or address change

For Office Use Only:

Date Received: _____

Section:

- MA NG NY
- NC NE SC
- SE W MS

Membership Type:

- Active
- Associate
- Chapter Code: _____

Processed/entered: _____

NEWS FROM THE REGION

OHIO

- * Pat Hoover, RN, ET from Toledo and her husband are expecting a baby in September or October. Congratulations Pat!!
- * On January 4, 1984, Helen Martaus, RN, BSN, a nurse from the Visiting Nurse Service in Toledo, spoke on "Skin Care in the Home" to the Toledo area E.T.s. Compliments were given to E.T.s regarding the fine job they do educating the ostomy patient and their family. She informed the E.T.s that 16-42% of the patients they see are incontinent and that skin care is one of the Visiting Nurses' major concerns. Skin care of the incontinent patient is also a major concern for the family requiring their attention 24 hours a day in order to prevent skin breakdown.
- * The fund raisers of the MidEast Region have been hard at work. They are pleased with the items selected to sell at the Conference. They feel our booth will be exciting and fun. Booth hours will be the same as Exhibitor hours and any other times we choose to open. They will be asking for volunteers to man the booth at Conference. Sign up to give 1-2 hours of your time to help raise money for the MidEast Region.
- * There is a new E.T. in Dayton. Gale Fowler is working for Fidelity Convalescent Center. Welcome Gale!!

MICHIGAN

* The Southern Michigan E.T.'s and Ostomy Specialists held their first Bi-monthly Meeting of the new year at the McAuley Health Center, Ann Arbor, Michigan, January 18, 1984. Barbara Boylan, RN, ET at St. Joseph Mercy Hospital planned the afternoon program. Carol Brink, RN, MPH, Nurse Practitioner from the Continence Clinic at Turner Clinic, U of M, reviewed and discussed continence problems in adults including diagnosis and treatment.

MICHIGAN (continued)

Recently, the Continence Clinic team, received a grant from the National Institute on Aging to study urine control loss in women 55 years of age or older. Persons interested in learning more about the project should call (313) 763-0389. Others who may be interested in Continence Clinic services should call (313) 763-0389.

Betty Lowe was our special guest for the afternoon meeting. Betty, formerly the E.T. at University Hospital, U of M and now retired, contributed to the development of the self-catheterization procedure. We had a fine time visiting with Betty and "catching up".

Our next meeting in April will be at Children's Hospital of Michigan in Detroit. Bernie Huck, RN, ET will plan and chair the program.

Ethel Pryor
Reporter

ATTENTION E.T.'S

We have been asked by IAET Office to collect salary range data from members in our region. Kathleen Wood, RN, ET from Indiana has prepared the survey form. Please complete the survey information and return it as instructed. Indiana members have already received the survey. Please mail the completed survey by May 15, 1984 to: Ethel Pryor RN, ET, Henry Ford Hospital, 2799 W. Grand Blvd. Detroit, MI 48202.

SALARY RANGE

Entry Level _____ Top Range _____

Current Salary _____

EDUCATION-DEGREE _____

TITLE _____

Size of City _____

Employed-Hospital _____ Size _____

Visiting Nurse _____ Ostomy Supply Dealer _____

Other _____

Any other relevant factor _____



ANNOUNCEMENTS (continued)

Send a short description (less than 1 page) of the program you would like to show. Send it by April 15 to:

Rita Kirschner, RN, ET
 Memorial Hospital
 615 N. Michigan St.
 South Bend, IN 46601

- * Deanna Walterspaugh, RN, ET has recently accepted the chairmanship for the Education/Continuing Education Committee for the MidEast Region of I.A.E.T. She would like to encourage the membership to forward any information to her related to E.T. workshops in their areas and request that samples of program evaluation forms be sent to her so that a reference file can be developed. Any assistance needed in planning a workshop, obtaining CEU's from IAET, or any other questions that deal with education or program development should be directed to Deanna. Her address is: Community Hospital 183 West Street, Battle Creek, MI 49016. Telephone: 616-963-5521 ext.4356 Beeper #156

* 1983 Statistics

Let's make our Region outstanding in turning in your 1983 statistics. If you did not get them in by the designated deadline, DO SO NOW.

- * HELP!! Lynne Carpenter, RN, ET is looking for any helpful hints from an E.T. who has had experience teaching and ostomate who is handicapped. (specifically one who has only one arm) on how to take care of his/her ostomy, or perhaps has observed the manner at which an ostomate with only one arm deals and works with his/her ostomy. If you have any suggestions for Lynne, please call or write:
 St. Joseph Mercy Hospital
 900 Woodward
 Pontiac, MI 48053
 313-858-3037

* TRAINING GRANTS AVAILABLE

The Michigan Division of the American Cancer Society announce the availability of Training Grants for registered nurses interested in becoming an ET. Scholarship grants of \$1000 will be awarded to qualified applicants who: 1) fill out ACS application form; 2) gain acceptance to an IAET accredited ET school; 3) agree to practice in Michigan for at least one year; 4) provide documentation of prospective employment as an ET.

For further information or an application call or write:
 Fran Hamermesh, American Cancer Society, Michigan Div., Inc., 1205 E. Saginaw, Lansing, MI 48906, (507) 371-2920.

Deadline for receipts of applications is June 15, 1984. Notification of award decisions will be made by July 10, 1984.

- * MidEast Annual Meeting and Educational Conference will be held November 2-3, 1984 at the Mariott Hotel, South Bend, Indiana. The topic of the conference is "Challenges of Patient Education". Topics include self care issues-legalities- accountability, and creative strategies to balance the need for education and "the system". In the afternoon--innovative approaches to patient care management. Factors that challenge patient self-care and solutions to problems dealing with difficult stomas, blind patients, learning disabilities--and more. There will be allowed 1½ hours between the morning and afternoon session to provide an extra time for learning. Planned are "teaching stations". At each station we would like 10-15 minute presentations, covering topics of basic colostomy, ileostomy, and urostomy care; also teaching self-catheterization, skin care, incontinence and update on colostomy irrigation. Would you be willing to be a presenter of one of these short programs?

RECENT GRADUATES OF APPROVED
ENTEROSTOMAL THERAPY SCHOOLS AND
NEW MEMBERS OF THE IAET

OHIO

Marlene Bojko, RN, ET
3231 Sunhaven Oval
Parma, OH 44134
216-888-7896

St. Alexis Hospital
5163 Broadway Ave.
Cleveland, OH 44127
216-641-3300

Terrie A. Matthews, RN, ET
409 Hendry St.
Sandusky, OH 44870
419-625-4963

Providence Hospital
1912 Hayes Ave.
Sandusky, OH 44870
419-625-8450 Pager 14

Dolly N. Orban, RN, ET
1391 S. Azalea Blvd.
Barberton, OH 44203
216-745-3279

Barberton Citizen's Hospital
155 5th St., N.E.
Barberton, OH 44023
216-745-1611 x 402

Cathy Vajdik, RN, ET
17049 Hunting Meadows Dr.
Strongsville, OH 44136
216-238-7441

Southwest General Hospital
Old Oak & E. Bagley Rd.
Middleburg Hts., OH 44130
216-826-4000

MICHIGAN

Alice Balash, RN, ET
224 N. Birney
Bay City, MI 48706
517-892-8268

Bay Medical Center
Bay City, MI 48706
517-894-3000

(continued)

MICHIGAN

Sara S. Pearce, RN, ET
2500 London Dr.
Troy, MI 48093
313-528-1334

Tri-County Home Health Care, Inc.
23155 Northwestern Hwy.
Southfield, MI 48075
313-358-3121

Joyce S. Stroom, RN, ET
4425 Seidel Place
Saginaw, MI 48603
517-793-3883

St. Luke's Hospital
Cooper St.
Saginaw, MI 48602
517-771-6261 Pager 83

Christine Lukach, RN, ET
P.O. Box 11
Bessemer, MI 49911
906-663-6095

Grandview Hospital
N. 10561 Grandview Lane
Ironwood, MI 49938
906-932-2525

Associate member: Kathryn Sutton, LPN
613 W. Saratoga
Ferndale, MI 48220
313-548-0506

Fordson Pharmacy & Surgica
15044 Michigan Ave.
Dearborn, MI 48126
313-584-0070

INDIANA

Associate member: Janet Lovell
Box 24
Pittsboro, IN 46167
317-892-4461

Hendrick's County Hosp.
Danville, IN
317-745-3710

RECENT GRADS (continued)

FLORIDA

Deborah McTague, RN, ET
2810 51st Ave., Ter. W.
Bradenton, FL 33507
813-755-5972

Florida Home Health Services
1111 3rd Ave. W., Suite 250
Bradenton, FL 33505
813-748-3844

ARIZONA

Mary Ludwig, RN, ET
1846 W. Sunnyslope Lane
Phoenix, AZ 85021
602-944-0215

Arizona Family Health Services
Crippled Children's Division
200 N. Curry Rd.
Tempe, AZ 85281
602-968-6461 x 348

PUBLICATIONS OF INTEREST

Older People and Sexuality. The sexual attitudes and activities of 4,000 men and women over age 50 are looked at in a new book, Love, Sex, and Aging, by Edward Brecher and the editors of Consumer Reports Books. Individual life stories and statistical data, covering a broad spectrum of opinions, goals, desires, fantasies, and customs of today's older generation, are the result of a five-year study initiated by a questionnaire in Consumer Reports magazine. The information contradicts many of the myths about the sexuality of older people. Love, Sex, and Aging is available at bookstores in hardcover edition (Little, Brown; \$19.95) and in a quality paperback edition (\$14.75 plus \$1.75 postage and handling) from Consumer Reports Books, Box C-719-A, Brooklym, NY 11205.

PUBLICATIONS OF INTEREST (continued)

Pretesting for Health Communications by the U.S. Department of Health and Human Services is a good booklet that is free. It is available from: National Cancer Institute, Bethesda, MD 20205. It is publication No. 83-1493. (reprinted from MidAtlantic Region Newsletter)

WOULD YOU LIKE TO BE ON THE MAILING LIST to receive materials from the Digestive Disease Education and Information Clearing House?

If so, send name, address, organization you work for and phone number (optional) to the following address:

National Digestive Disease
Education and Information
Clearing House
155 Wilson Blvd.
Suite 600
Rosslyn, VA 22209

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A SPECIAL THANKS

The MidEast Region would like to thank Linda Nilsson, RN, ET from the Cleveland Clinic for her efforts as co-editor for the March 1984 issue of the MidEas Dropper.

Marilyn Spencer, RN, ET would also like to thank all for their good wishes during her recent hospitalization.



"An ostomy is not the end of living; it is simply living with a new end in view."

Golden Gate Chapter
San Francisco, CA

*A Study presented January 4, 1984 by Pat Gillen, RN, ET
to the Toledo Area Enterostomal Therapists:



PHONE (807) 354-8517

MINNESOTA VALLEY
TESTING LABORATORIES, Inc.



CENTER & GERMAN STREETS, NEW ULM, MINNESOTA 56073

Report

Bacteriostatic and Fungistatic Tests of
Ten Antimicrobial Over-the-Counter Drugs

for

Sveen Corporation
Lake Crystal, Minnesota

by

Minnesota Valley Testing Laboratories
Center & German Streets
New Ulm, Minnesota 56073

April 21, 1980

Reports are submitted to clients on a confidential basis. No reference to the work, the results or to Minnesota Valley Testing Labs in any form of advertising, news release or other public announcement may be made without written authorization from Minnesota Valley Testing Laboratories, Inc.

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MINNESOTA VALLEY
TESTING LABORATORIES, Inc.



CENTER & GERMAN STREETS, NEW ULM, MINNESOTA 56073

Introduction

The purpose of these tests was to evaluate the bacteriostatic and fungistatic activities of ten antimicrobial over-the-counter drugs by current EPA methods.

Method

Environmental Protection Agency "Tentative Agar Cup (or Agar Plate) Test Method for Evaluating Fungistatic or Bacteriostatic Properties of a Product," ISD Designation 6.205 (1/1/73), Revision No. 9, Revised 3/1/78.

The code used to identify the test cultures in the attached tables is as follows:

Code	Test Culture
A	Staphylococcus aureus #6538
B	Escherichia coli #11229
C	Proteus vulgaris #13315
D	Candida albicans #10231
E	Trichophyton mentagrophytes #9533
F	Trichophyton rubrum #14001
G	Trichophyton schoenleinii #22775
H	Trichophyton tonsurans #10217
I	Microsporum gypseum #22713
J	Microsporum canis #18615
K	Epidermophyton floccosum #10227

Results

Micro-Guard Skin Cream, Lot 1 BOK, RI #777578

Test Culture	Width of Zone of Inhibition (mm)	
	Test #1	Test #2
A	8	9
B	2	2
C	9	8
D	7	8
E	30	30
F	30	30
G	30	30
H	30	30
I	30	30
J	30	30
K	30	30

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PHONE (507) 354-4517

CENTER & GERMAN STREETS, NEW ULM, MINNESOTA 56073

Micro-Guard Skin Spray, Lot 1 BOV, RT #777579

PHONE (507) 354-4517

CENTER & GERMAN STREETS, NEW ULM, MINNESOTA 56073

Squibb Mycostatin Cream, Control 9F115, RT #777582

Test Culture	Width of Zone of Inhibition (mm)	
	Test #1	Test #2
A	11	11
B	4	5
C	13	11
D	12	12
E	30	30
F	30	30
G	30	30
H	30	30
I	30	30
J	30	30
K	30	30

Test Culture	Width of Zone of Inhibition (mm)	
	Test #1	Test #2
A	0	0
B	0	0
C	0	0
D	6	7
E	1	1
F	3	4
G	4	4
H	2	2
I	1	1
J	2	1
K	5	4

Lotrimin Clotrimazole Cream 1%, Control 9FES16, RT #777580

Squibb Mycostatin Topical Powder, Control 9F098, RT #777583

Test Culture	Width of Zone of Inhibition (mm)	
	Test #1	Test #2
A	Trace	Trace
B	0	0
C	0	0
D	10	11
E	15	19
F	30	30
G	23	21
H	20	20
I	19	16
J	23	25
K	30	30

Test Culture	Width of Zone of Inhibition (mm)	
	Test #1	Test #2
A	0	0
B	0	0
C	0	0
D	7	7
E	Trace	Trace
F	3	1
G	3	3
H	1	2
I	2	2
J	2	3
K	3	3

Lotrimin Clotrimazole Solution 1%, Control 9NFK17 P61342, RT 777581

Tinactin Tolnaftate Cream 1%, Control 9NK56P61551, RT #777584

Test Culture	Width of Zone of Inhibition (mm)	
	Test #1	Test #2
A	7	5
B	Trace	Trace
C	0	0
D	19	17
E	29	25
F	30	30
G	30	30
H	30	30
I	30	30
J	30	30
K	30	30

Test Culture	Width of Zone of Inhibition (mm)	
	Test #1	Test #2
A	0	0
B	0	0
C	2	2
D	1	Trace
E	20	19
F	24	24
G	18	20
H	15	15
I	16	17
J	18	17
K	16	16

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*The Cleveland Clinic Foundation Enterostomal Therapists have found that when using Micro-Guard Skin Cream, they have had excellent results.

PAID ADVERTISEMENTS
MIDEAST REGION, I.A.E.T., MANUFACTURERS AND DEALERS LISTING

OHIO:

COLUMBUS MEDICAL/ABBEY MEDICAL, 306 East Fifth Ave., Columbus, OH 43201
294-5585 or 1-800-282-1395 RN on staff. Dealers for Hollister, Squibb-
Convatec, United, Bard, and 3M.

COLUMBUS PRESCRIPTION PHARMACIES, INC., 1000 High St., Worthington, OH 43085
(614) 885-4079 Carry a complete line of ostomy supplies with trained personnel
on staff.

DEVINE PHARMACY, Bill Weimann, P.D., 421 Main St., Zanesville, OH 43701
(614) 452-4411 Hollister Dealer for Zanesville area.

DRUG CORNER PHARMACY AND OSTOMY SUPPLY, 1009 Sylvania Ave., Toledo, OH 43612
(419) 476-3688 "Toledo's Largest Ostomy Supply Center"

EASTMORE PHARMACY, 2946 E. Main St., Columbus, OH 43209 (614) 231-7723;
(614) 231-1572 Dealer for Nu-Hope Products.

EDGE PARK SURGICAL, INC., 4791 Turney Rd., Garfield Hts., OH 44125 (216) 429-0200
No cost to you ostomy supplies, with Medicare and/or Private Health Insurance.
Toll Free: In Ohio 1-800-362-1931; Outside Ohio 1-800-321-0591

FRANKLIN PHARMACY AND HEALTH CARE, INC., 1732 Youngstown Rd., S.E. Warren, OH
44484 (216) 369-6911

GRANT TOWN PHARMACY, 393 E. Town St., Columbus, OH 43215 (614) 461-3800
We are a authorized Hollister dealer and carry Convatec, Bard, and Sween ostomy
products.

HASTINGS HOME HEALTH CENTER, 17799 Lorain Rd., Cleveland, OH 44111 (216) 671-7711
Full ostomy lines. Staff - Ms. Jill Kundtz, RN, ET

KUNKEL APOTHECARY, 7175 Beechmont Ave., Cincinnati, OH 45230 231-1943
Authorized retailer for: Hollister, Squibb, Bard, United Surgical, Greer, Grick's,
Sween, Perma Type, and Medsco. We rent convalescent aids and carry a full line
of oxygen equipment. We bill Medicare, AFA and Workman's Compensation. Free
delivery. We accept Master Charge and Visa.

LORRAINE SURGICAL SUPPLY, 2080 West 65th St., Cleveland, OH 44102 (216) 281-4774
We stock a full line of ostomy supplies.

MARLEN MANUFACTURING AND DEVELOPMENT CO., 5150 Richmond Rd., Bedford, OH 44146
(216) 292-7060 Manufacturer of Self-adhering pouches and appliances for ostomy,
ileostomy, and urostomy drainages.

THE MEDICAL SERVICE COMPANY, 2098 Warrensville Center Rd., Cleveland, OH 44121
(216) 371-5800 Prompt, free delivery. We bill Medicare.

MIESSE PHARMACY AND SURGICAL SUPPLY, 3167 E. Main St., Columbus, OH 43213 237-4971 or
237-4825 Dealer for: Hollister, United Surgical, Convatec, Bard, Marlen, Greer,
Colly-Seal, and J. & J.

PERRY PHARMACY AND HEALTH CARE CENTER, 3200 Linwood Rd., Cincinnati, OH 45226
(513) 321-3456 We carry all major lines.

REAMAN PHARMACY, 2620 W. Breese Rd., Lima, OH (419) 991-0010 Ostomy products
with experienced professionals.

VINE SURGICAL SUPPLY, 31132 Vine St., Willowick, OH 44094 (216) 944-6000 We stock all major lines and will obtain whatever you need. Outpatient clinic with RN, ET by appointment. Open 9-9 Mon.-Fri., Sat. 905. Please call.

RITE AID REHABILITATION/HOME HEALTH CARE, 1877 S. Limestone St., Springfield, OH 45505 1-800-892-4044 Authorized dealer for United, Hollister, Squibb. 10% discount to Senior Citizens.

SEELEY MEDICAL, 902 E. 222 St., Euclid, OH 44123 (216) 261-9100 or 1-800-362-0536 Nine store locations. Dealer for: United, Hollister, Convatec, Nu-Hope.

WORLDWIDE OSTOMY CENTER, INC., 926 E. Tallmadge Ave., Suite C, Akron, OH 44310 (216) 633-0366 "Three on-staff E.T.s--Retailers for 20 manufacturers.

NORTHSIDE PHARMACY, 2899 Bell St., Zanesville, OH 43701 (614) 453-0508 Ostomy supply specialists. Dealer for all major ostomy companies.

NIGHTINGALE MEDICAL EQUIPMENT SERVICES, 7679 Montgomery Rd., Cincinnati, OH 45236 (513) 891-3350 Full line of ostomy supplies. E.T. on staff.

ARROW MEDICAL-SURGICAL, INC., 5558 Pearl Rd., Parma, OH 44129 (216)885-3000

KENTUCKY:

COX PHARMACY, INC., 4800 Preston Highway, Louisville, KY 40213 (502) 969-2341 "A Supermarket of Ostomy Products"

BEGLEY'S CONVALESCENT AIDS AND HOME HEALTH CARE CENTERS:

117 Southland Dr., Lexington, KY 40503	(606) 276-2561
1115 Dupont Circle, Louisville, KY 40207	(502) 897-7105
2200 Winchester Ave., Ashland, KY 41101	(606) 324-1215
Skyline Shopping Center, Hopkinsville, KY 42240	(502) 885-7808

C.D.S. SURGICAL, 401 Park Row, Bowling Green, KY 40299 (502) 781-5310 Dealer for United, Hollister, and Squibb (Convatec)

HOLDAWAY DRUGS, INC., 4200 Shelbyville Rd., Louisville, KY 40213 (502) 895-5446 Dealer for United Hollister, Squibb (Convatec)

LOUISVILLE APOTHECARY, 337 West Broadway (502) 584-4363; 8268 Dixie Hwy., (502) 935-4040; and Oxmoor Center (502)426-5040 Dealer for Hollister, Convatec, Sween, 3M, and Stomahesive.

NIGHTINGALE MEDICAL EQUIPMENT SERVICES, 3027 Dixie Highway, Edgewood, KY 41017 (606) 341-7700. Full line of ostomy supplies. E.T. on staff.

MICHIGAN:

MID MICHIGAN SURGICAL SUPPLY, 360 Capital Ave., N.E., Battle Creek, MI 49017
(616) 9541 Dealer for all major lines--Medicare/Medicaid and Direct Insurance
billing.

WHITE & WHITE PHARMACY, INC., 98 E. Fulton, Grand Rapids, MI 49503 (616) 456-7616
or 1-800-632-9387 Mail order Ostomy/Incontinence supplies. Free delivery.

REFLECTIVE CARE, P.O. Box 36061 Gross Point Farms, MI 48236 (313) 885-0944
OSTOVISION MIRROR for post-op training/self-care.

H & M OSTOMY CENTER, 1704 Bloomfield, Kalamazoo, MI 49001 (616) 343-7941
Major brands. E.T. on staff.

THE APOTHECARY SURGICAL SUPPLY, INC., 122 E. Madison St., Lansing, MI 48906
(517) 482-0882 Lansing's most complete source for ostomy supplies.

COMMUNITY DRUG STORES, INC., 76 Ashman Circle, Midland, MI 48640 (517) 631-2202
Dealer for Hollister, Convatec and others.

WATKINS SURGICAL SUPPLY, 1391 E. Sherman, Muskegon 49444

WATKINS PRESCRIPTION PHARMACY, 938 Second St., Muskegon, MI 49440 (616) 722-2592

PRINCING AND BRENNAN PHARMACY, INC., 3516 State St., Saginaw, MI 48602 (517) 792-6641
Dealer for Hollister, Convatec, and Bard.

HOME MEDICAL OXYGEN EQUIPMENT (H.O.M.E.) 1605 E. Kalamazoo St., Lansing, MI 48912
1-800-292-5899; 4343 Nancy St., Detroit, MI 48212 (313) 369-2660 Major brand
appliances and skin care. R.N. available. Competitive pricing. Direct insurance
billing.

VOIGHT'S HEALTH HOME CARE PHARMACY, N. Washington and Hopkins, Lake Owosso, MI 48867
(517) 723-2121; Showboat Plaza, Chesaning, MI 49616 (517) 845-7080; Monroe Plaza,
Durand, MI 48429 (313) 288-3101 Authorized dealer for Hollister, Convatec, United,
E & J, Davol, Staodynamics

REMER PHARMACY AND SURGICAL, 13515 Gratoit Ave., Detroit, MI 48204 (313) 526-3945
Ostomy supplies in stock. Free delivery in area. Insurance accepted.

KALES MUTUAL PHARMACY, 14800 6 Mile Rd., Detroit, MI 48235 (313) 836-2600
Distributor for major ostomy manufacturers. Fitting consultation available. Accept
Master Charge and Visa.

LL MEDICAL, 717 Bigley Ave., Charleston, WV 25303 (304) 345-2944 Dealer for
United, Convatec, Bard, Nu-Hope. E.T. on staff.

CITY PHARMACY, INC., 162 High St., or P.O. Box 17, Morgantown, WV (304) 296-3314
Authorized dealer for United, Hollister, Bard, Coloplast, Nu-Hope (consulting)

HIGHLAWN PHARMACY, INC., 3rd Ave. at 26th St., Huntington, WV 25703 (304) 697-7010
We carry Bard, Davol, Greer, Gricks, Hollister, Marlen, Nu-Hope, Perma-type, Squibb,
Sween. Open 365 days, 9 a.m. to 11 p.m.

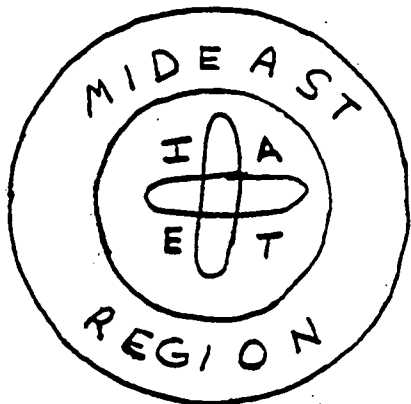
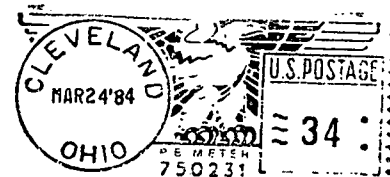
MEDICAL SUPPLY COMPANY, P.O. Box 6584, 1303 Eoff St., Wheeling, WV 26003
(304) 232-2820 We stock a full line for United Surgical, Bard (Marsan) and
Squibb (Convatec)

FAMILY DRUG STORE, 115 Third St., Elkins, WV 26241 (304) 536-0982 Dealer for
Hollister, Convatec, United Surgical, Bard, Davol. Two E.T. s on staff.

CA

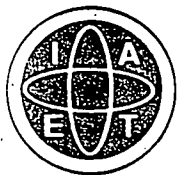
MARILYN SPENCER, RN, ET
Enterostomal Therapy Dept.-3L22
Cleveland Clinic Foundation
9500 Euclid Ave.
Cleveland, OH 44106

PRESORTED
FIRST CLASS

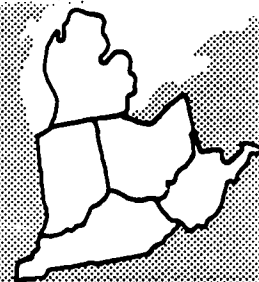


Maude Timmons, RN, ET
5139 Vellevista Dr.
Louisville, KY 40272

FIRST CLASS



MID-EAS DROPPER



VOL. XVIII

MAY 1984

NO. 2

Dear Mideast Friends:

Do hope everyone has been able to rearrange their schedules to attend the I.A.E.T. Meeting in Las Vegas. Regional Meetings will be held Monday, June 4 from 8:30 a.m. to 11:00 a.m. The Board, Officers and Delegates will be meeting Saturday, June 2 at 1:00 p.m. Again, if anyone would like to audit the Board Meeting, please let me know. You are more than welcome!

The Greater Cincinnati (Ohio) E.T.'s are to be commended for a most informative and well-planned educational session held in conjunction with the Great Lakes U.O.A. Regional Conference in April. Our Mideast banner was displayed. I was very proud of Judy Schaffer and her committee.

I received a printout from Central Office of those who have not yet paid their 1984 dues. Please take a few moments to check if your dues have been paid. Remember -- the strength of our Association depends on your membership.

Included in this newsletter is a letter from Bettie Jackson, Chairman of the Certification Board. Bettie is asking the members to submit multiple choice questions for the Certification Exams. Please bring any such questions to Las Vegas, or mail to me or to Bettie.

I am looking forward to seeing you all in Vegas!

Sincerely,

Sally Thompson
President

MIDEAST REGION I.A.E.T. OFFICERS

CALENDER OF EVENTS

PRESIDENT: Sally Thompson

PRESIDENT ELECT: Ethel Pryor

SECRETARY: Brenda Kinder

TREASURER: Barbara Montgomery

REGIONAL TRUSTEE: Jane Beerck

TRUSTEES: Marilyn Spencer
Rosemarie Van Ingen
Ruth Bailey

DELEGATES: Marilyn Spencer, Chairperson
Mary Lamb
Nancy Rioux
Betty Gerth
Dorothy Best
Susan Brown
Pat Freeman

ALTERNATES: Glenna Althizer
Sue Brady
Pat Gillen
Marlene Brockmeir
Mary Lou Walker

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Budget & Finances - Barbara Montgomery
By-Laws - Marilyn Spencer
Publication - Marilyn Spencer
Salary Survey - Ethel Pryor
Public Relations - Joyce Hawley
Research - Joan Van Niel

HISTORIAN: Pam Stigler

PROGRAM: Deanna Walterspaugh

PARLIAMENTARIAN: Bonnie Bollinger

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Ann Arbor, MI

Victor W. Fazio, M.D.
Cleveland Clinic
Cleveland, OH

W. Patrick Mazier, M.D.
Ferguson Clinic
Grand Rapids, MI

Joseph Rinaldo, Jr., M.D.
Providence Hospital
Southfield, MI

JUNE 2, 1984 - IAET Certification Exam
Las Vegas, Nevada and
all certification sites

JUNE 28-JULY 3 - UOA-IAET YOUTH RALLY
Mt. Vernon College
Washington, D.C.
Check-in registration for youth,
Thurs., June 28, Noon-5 p.m.
Check-out, Tues., July 3, 10 a.m.
Cost: \$175 for each youth,
staff, or parent
For further information contact:
Jan Jester, RN,ET
Youth Rally Chairman
3144 South 53d
Kansas City, KS 66106

AUGUST 2-4 - THE 22nd ANNUAL CONFERENCE
OF THE UNITED OSTOMY ASSO-
CIATION
The Clarion Hotel, St. Louis,
Missouri
Cost: \$30 if received before
June 15, 1984
Contact: UOA, Inc.
2001 W. Beverly Blvd.
Los Angeles, CA 90057

AUGUST 29-31 - CANCER AND THE NURSE:
HELPING YOU MEET THE
CHALLENGE

SEPTEMBER 28 - UROLOGIC NURSING SYMPOSIUM

OCTOBER 10-11 - ONCOLOGY UPDATE - 1984
*CLEVELAND CLINIC FOUNDATION, Cleveland, OH
For more information contact: Rosemary
Fitzgerald, Center for Continuing Med. Ed.
9500 Euclid Ave., Rm. 3T01, Cleveland, OH
or call: Local-444-5966; Toll free-800-
762-8172 (Ohio); 800-762-8173 (outside OH)

SEPTEMBER 27-28 - ADVANCED NURSING CARE OF
PATIENTS WITH OSTOMIES AND/OR FISTULAS.
Cost: \$80 for 2-day program
Contact: University Office of Continuing Ed.
Rush-Presbyterian-St. Luke's Medical Center,
500 South Paulia, Chicago, IL 60612; 312-
942-7095.

NOVEMBER 2-3 - MIDEAST REGIONAL ANNUAL MTG.
AND EDUCATIONAL CONFERENCE
Mariott Hotel, South Bend, Indiana

NOVEMBER 17 - IAET Certification Exam
All examination sites.

REGIONAL TRUSTEE REPORT

By now you all must have heard the bomb that fell on the IAET and the National Conference Planning Committee on March 23rd, 1984. That is when Caesar's Palace Hotel told the IAET about the Heavyweight Championship Fight they had scheduled, and asked us to move the meeting back two days. This makes the Conference June 3-7, 1984 instead of June 5-9, 1984. Nothing will be lost from the educational sessions, merely rescheduled. TeeCie Kynes, Chairperson of NCPC did a great job of rescheduling.

Debbie's last correspondence included this information about the Conference schedule: Nominations from the floor will occur at the Award's Luncheon rather than the House of Delegates since any member can nominate an officer, not just a delegate. The campaign speeches will also be at the luncheon. Voting will precede the House of Delegates meeting, and announcements of election results will follow the meeting. Installation of officers will precede the Board Meeting on Wednesday. The Certification exam at the Conference will be Saturday, June 2nd, 1984.

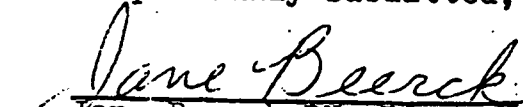
At the Luncheon, please plan to stay for the campaign speeches. Not many attended last year, and the speeches were excellent. If at all possible audit the Board meeting. I attended the Semi-Annual Board Meeting in Las Vegas, Nov., 1983. It is an exciting place. You will be missing so much if you do not attend.

Everyone should have received the announcement of ET Day for May 23, 1984. Hopefully this years Memorandum came in time to better prepare for the occassion.

Other items: The new ET Program of the Northwest Community Hospital - outside Chicago - has been accredited for three years. Debbie Broadwell is changing jobs. She has transferred to Emory's School of Nursing as an Associate Professor in the Graduate program. However, the school is "extremely supportive" of her activities as President of the IAET.

See you in Neon Town.

Respectfully submitted,


Jane Beerck, RN, BS, ET
Regional Trustee



International Association for Enterostomal Therapy, Inc.
One Newport Place, Suite 970 • Newport Beach, CA 92660 (714) 476-0268

Dear Regional President:

I am writing to discuss with you the ongoing development of the IAET Certification Examination, and to ask for your assistance.

The 250 item examination is designed for each specific testing date. While some test items are used repeatedly on examinations, a big task for the Certification Board is to regularly add new test items to what we call the test pool. This is one way to assure that we are testing what should be current knowledge about E.T. practice.

We obtain new items by asking Enterostomal Therapists to contribute multiple choice test questions to the Board. I am writing to propose that at the Spring 1984 meeting of your Region some efforts be made to encourage those attending to submit one or more test items to the Certification Board. For instance, an "admission requirement" to the meeting might include turning in a multiple choice item as the attendee enters the meeting. This of course would have to be planned ahead of time, but it would also present a good avenue for discussion of the process by which the Association develops its examinations.

This letter is also being sent to your Regional Trustee. Perhaps the two of you can discuss this, include your Regional Board if you wish, and come up with an approach and plan.

The areas that you may select from are 1) anatomy and physiology; 2) pathology/diagnostic tests; 3) ostomy surgery; 4) patient rehabilitation; 5) pressure ulcers and incontinence. The choice is yours.

Here are some hints: Don't worry about the wording - we'll polish that. Think about your daily practice; what strikes you as something worth asking a question about? If you have taken the certification examination you may also get some ideas by referring back to the content outline in the Handbook for Candidates which you received when you registered for the examination.

The questions don't need to be typed. Each question should have four (4) choices for answers. Send them to me as soon as possible. Send them to my home address: 71 Tompkins Avenue, Pleasantville, New York 10470. If you have any questions at all, don't hesitate to call me at work at (212) 920-5123. If I am not in, please leave your name and number and I will return your call.

Thanking you in advance for your assistance with the Board Certification Program of the IAET, I am,

Very sincerely,

Bettie S. Jackson, FAAN, Ed.D., ET
Chairman, Certification Board

BSJ:bas

PROPOSED BY-LAWS CHANGES FOR NATIONAL - TO BE VOTED ON IN LAS VEGAS

Old By-Law

Proposed By-Law

Rationale

1. Article III - Section 1

Associate Member - Associate members shall be any persons interested in the objectives of the corporation, who hold a valid license in medicine or nursing. They are required to pay dues as established by the IAET Board of Directors and shall have all the privileges of membership except those of making motions, voting and holding office.

Associate Member - Associate members shall be any persons interested in the objectives of the corporation. They are required to pay dues as established by the IAET Board of Directors and shall have all the privileges of membership except those of making motions, voting and holding office.

This change is proposed in order to facilitate the mechanism for people interested in the IAET to be involved at an appropriate level. It opens up communication with many people. We do not need exclusive membership. Our credentialing system (licensure, accreditation procedures, ETEP, and Board Certification) clearly differentiates the ET nurse from anyone else interested in the specialty.

2. Article XII - Dues

Delinquent Dues - Dues shall be delinquent ninety (90) days after the due date, and upon delinquency, such person shall no longer be a member of this corporation. Any delinquent member shall receive a final delinquency notice which shall be mailed thirty (30) days prior to the final delinquency date.

Delinquent Dues - Dues shall be delinquent sixty (60) days after the due date, and upon delinquency, such person shall no longer be a member of this corporation. Any delinquent member shall receive a final delinquency notice which shall be mailed thirty (30) days prior to the final delinquency date.

Dues billings are mailed in December. A sixty (60) day period ends March 1. This means that the membership directory, regional list, etc., can be prepared within March rather than April. Many members have postponed paying dues planning of renewing at the prorated system established for new members. The IAET is continuing to maintain records, send journals, etc. to people who are "potential" members. It has not been cost effective for the Association. All efforts will still be made to encourage, solicit, and seek renewals.

RECENT GRADUATES OF APPROVED
ENTEROSTOMAL THERAPY SCHOOLS
NEW MEMBERS OF IAET

MIDEAST REGION

OHIO

Susan Langer, RN, ET
5675 Anna Ct.
Mentor-Lake, OH 44060
216-257-2569

Visiting Nurse Association of Cleveland
3300 Chester Ave.
Cleveland, OH 44106
216-432-0700

INDIANA

Cherie Bolinger, RN, ET
218 Clingerman Ave.
Churubusco, IN 46723
219-693-3444

St. Joseph Hospital
700 Broadway
Fort Wayne, IN 46802
219-425-3000

M. Carole Chambers, RN, ET
3207 Lupine Dr.
Indianapolis, IN 46224
317-297-0887

Methodist Hospital
1600 N. Capital Ave.
Indianapolis, IN 46202
217-929-8505

Jennie Robertson, RN, ET
2703 Adams
Evansville, IN 47714
812-479-1349

Visiting Nurse Association of Southwestern
Indiana
600 S.E. 6th St.
Evansville, IN 47713
812-425-3561

(conintued)

MICHIGAN

Rebecca Riggs, RN, ET
3221 Reo Rd.
Lansing, MI 48910
517-882-7731

E.W. Sparrow Hospital
1215 E. Michigan Ave.
Lansing, MI 48909
517-483-2687 Pager 483-2700

KENTUCKY

Lona Sharpe, RN, ET
305 Logsdon Ct.
Louisville, KY 40203
502-245-7235

VA Medical Center
800 Zorn Ave.
Louisville, KY 40202
502-895-3401 Ext. 328

Bonita Cloyd, RN, ET
247 Seminole Dr.
Paducah, KY 42001
502-554-4546

Western Baptist Hospital
2501 Kenneky
Paducah, KY 42001
502-444-5100 Page

Notice from Nancy Rioux, Membership
Chairman, MidEast Region, IAET:

**As of April 26, a list of 30 E.T.s
have been deleted from the membership
list and therefore will not be included
in the membership booklet.

OTHER STATES

LOUISIANA

Cynthia Anderson, RN, ET
411 Willard Ave.
Houma, LA 70360
504-868-2957

Terrebonne General Hospital Center
c/o 4th Floor - 4 North
936 E. Main St.
Houma, LA 70360
504-876-2010 Ext. 458

OTHER STATES (continued)

TEXAS

Robin Dolinger, RN, ET
132 Sabine
Portland, TX 78374
512-643-1028

Spohn Hospital
600 Elizabeth
Corpus Christi, TX 78404
512-881-3000

SOUTH CAROLINA

Marianne Hutchison, RN, MS, ET
16 41st Ave.
Isle of Palms, SC 29451
803-886-6926

Medical University of South Carolina
Dept. of Nursing
171 Ashley Ave.
Charleston, SC 29425
802-792-3437 Pager 893

ENTEROSTOMAL THERAPY TRAINING GRANTS

The American Cancer Society
Michigan Div.
with support from the Sage
Foundation

Applications may be obtained from:

Director of Professional Education
American Cancer Society
Michigan Division, Inc.
1205 E. Saginaw St.
Lansing, MI 48906

or your local American Cancer Society Unit office. Completed application forms must be accompanied by a photocopy of the applicant's current Michigan nursing license, two letters of recommendation and a report on the status of application to an accredited E.T. program.

The deadline for receipt of applications is June 15, 1984.

All applicants will be notified of the grant award decisions by July 15, 1984.

Implementation of the scholarship fund is the joint responsibility of the American Cancer Society's Michigan Division Nursing Subcommittee and the Professional Education Committee.

YOUTH RALLY APPLICATIONS:

It is time to recruit youth for the Youth Rally. The date of the Rally is June 28 to July 3, 1984. It will be held at the Mt. Vernon College, Washington, D.C. If anyone has a nominee you would like to have considered to be sent to the Rally, please send their name, address, phone number, age, and permission from parents to:

Paula Toth, RN, ET
c/o World Wide Ostomy
926 E. Tallmadge Ave., Suite C
Akron, OH 44310
or phone: (216) 633-0366

MIDEAST REGION IAET DELEGATES

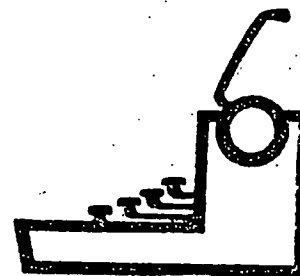
Marilyn Spencer, Chairman
Mary Lamb
Nancy Rioux
Betty Gerth
Dorothy Best
Susan Brown
Pat Freeman

*If you have any concerns or issues to be brought before the Board and you will not be attending the conference, please contact a delegate to express your concerns.

NOMINATIONS FOR NATIONAL OFFICES

- Secretary - Terry Haus, Northwest Region
- Jean Fitzgerald, Mid-Atlantic
- Treasurer - Joan Van Niel, MidEast Region
- Eunice Gaskell, Pacific Coast

Refer to your April-May JET for campaign information. REMEMBER ALL MEMBERS VOTE FOR IAET OFFICERS. TAKE TIME TO VOTE FOR YOUR FAVORITE CANDIDATE.



RUPERT B. TURNBULL SCHOOL NEWS CORNER

The E.T. Education Program at Cleveland has been realizing a change in the nurses who are applying for admission. There is a definite increase in the numbers of nurses who are employed by the Visiting Nurses' Association and Home Health Care Agencies. We are looking for community affiliations for our students in the field of home health care, however, this will take several more months of establishing a contract with both administrations.

Anyone who has an opinion, pro or con, relating to the Enterostomal Therapist in a home health care agency, please drop me a line. I am interested in your views and the needs of the MidEast Region especially. Have a good Summer!

Joan Van Niel, RN, ET

Director

NEWS AROUND THE REGION

OHIO

* The Dayton ETs have been invited to join the Cincinnati ETs for a program on incontinence. The program will be presented May 17 at Bethesda North by Shirley Alltop, RN, ET. Bonnie Bollinger, RN, ET, Convatec representative, made the arrangements for Shirley to speak.

* The Dayton ETs met on March 19 to welcome Gail Fowler, RN, ET to our group. Gail works with Fidelity Home Care Equipment.

* The raffle project is finished and being packed to ship to Vegas along with our other items to sell. Hope our first money making venture will be successful.

* Jane Beerck, RN, ET will have the May program for Dayton Ostomy Chapter. Her son, Dan, has a continent ileostomy and they will present the program.

* Five of the Dayton ETs attended the Regional UOA meeting in Cincinnati on April 6-7. Meeting was good.

* If anyone taped the presentation of Dr. Sally Karioath at the regional meeting in Charleston, please contact Nancy Rioux. She is interested in obtaining a copy.

SEXUALITY SURVEY

The Research Committee on Sexuality Concerns of the Ostomate is still accepting survey returns! We are having a fairly good response, but certainly would like to have more than 50% responses before our deadline. The questionnaire was printed in the December 1983 issue of the MidEast Dropper; you may want to re-copy it and send it to at least ONE patient who has had his rectum or bladder removed. This is a Regional project and the committee has worked very hard in planning it. I especially want to thank Pat Gillen for all the work he has done with his Ostomy Group, and to the Great Lakes Region of UOA for permitting us to distribute them at the recent meeting in Cincinnati. The cut-off deadline is still June so that we can have results tallied and the reports completed by the November regional meeting.

Joan Van Niel, Chairman
Sexuality Research
Committee

HELPFUL HINTS

Many quadraplegic patients who sleep on their stomach have difficulty with their pouches coming off. Jean Fitzgerald suggests having them cut a piece of foam in a U-shape, and let the pouch be placed over this piece of foam. You could use an old egg-crate mattress, cut it and slip it under the pouch when the patient is in a prone position. The U-effect leaves room for the appliance and prevents its dislodging so easily. (A doughnut ring could be cut in similar fashion.) (Reprinted from Delmarva Mid-Atlantic Newsletter).

MIDEAST NEWSLETTER PUBLICATION
DEADLINE DATES

1984

August 15 for September printing

December 15 for January printing

*Unfortunately, notifications for educational programs have been received too late to be entered.

INTRODUCTION TO AGING
by Danni Gogol Nadler, BSN, RN
Cardiovascular Counselor

Aging occurs from biological processes which take place in an economic, political and cultural context. In today's society there is a negative connotation associated with aging; a sense that getting old is a terrible thing. Some compulsive youth-seekers are so fearful of their own aging that they are gerotophobic. Many of the ageisms revolve around the loss of control. The belief is that when people get old they necessarily lose control - control of what they say, what they do and how they do it. Lack of control leads to loss of respect, integrity and identity. The stereotype of old people includes being unintelligent, unemployable, crazy and asexual. In reality, approximately five percent of the elderly are institutionalized (i.e. without their control).

Our view of behavior and the guide for behavior is based upon the truth as determined by the scientific and philosophical knowledge of the times. Prior to this generation, there really never was an older population (those 65 years of age and older) to be considered, yet alone studied. Now there is an exciting new knowledge base about aging being developed. In general, today's older adults are richer and more vigorous than their predecessors. They are healthier, have more education and are older than ever before. The reason the elderly are attracting so much attention today is because there are so many more of them. By the year 2100, 50 percent of the population will be middle-aged or older. How old the elderly feel will depend upon how they think and how they are affected by disease. Even though a cure is not yet available for all known diseases, today's treatment and management of both chronic and life-threatening diseases afford people not only longer life but also a life of better quality. How the elderly think about things is a new frontier for us to investigate and to learn from.

Knowledge about senescence, the human development beyond adulthood (65 and older), is now emerging. Over time what is now known may change as the medical and technological fields advance. Certain established developmental principals, however, should be kept in mind when considering senescence. One is that of associated characteristics. Laws of nature are correlative and not compensatory. That is to say, nature does not compensate for deficits or handicaps. Associated characteristics means that good or desired attributes bring with them or are associated with other good characteristics. The opposite is also true. What is implied by this principle is that the gifted person is also likely to be intelligent, stable, healthy, etc. and will adjust well to aging.

A second developmental principle involves the role of practice in the maintenance of function. That which is used is developed, or, to put it another way, "use it or lose it!" This principle applies to mental, emotional, physical and sexual function. Optimum physical function peaks between the ages of 25 to 30, while intelligence peaks during one's 40's and 50's. Cognitive ability tends to peak around the age of 25. The decline of function is different for each individual and is mostly related to use.

Third, there are inter and intra - individual differences during development. The inter-individual difference refers to the fact that as we get older we also become increasingly individual and unique. Older cohorts are no more all alike than are their younger counterparts. Within any single person are intra-individual differences. Everyone has their own built-in time tables for the progression of aging. The time tables are different in everyone.

... Continued on Page 10

INTRODUCTION TO AGING

Another principle of human development involves behavior stability and change. Intelligence remains basically stable past adulthood, while our human characteristics and personality tend to stabilize over our life time. Behavior, on the other hand, does change throughout one's lifetime. There is a constant uneven change in behavior with peaks and valleys during life.

The next principle considers the bi-potentiality of human experiences. Experiences can be good or bad depending on how one views and uses those experiences. People who make lemonade when life deals them lemons fare better than those who bemoan the injustices done to them. Losses provide a tremendous experience from which one can deem great benefits if one learns to take advantage of the opportunity.

Next, as we advance through the developmental stages there emerges a high degree of correlation between "normal aging" and disease processes. This is not only a principle of development, but is also the law of nature. How old and well our parents are when they die can be viewed as an indicator for ourselves.

Another principle is that of masculine vulnerability. The vulnerability is present from conception. There are less males alive than females even though more are born.

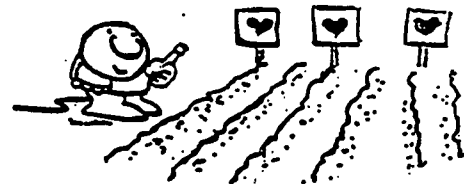
Lastly, consider the importance of a confidant relationship. The best adjusters take action and go to others for feedback. The ability to handle crises is enhanced if one has a confidant. The crises which occur during old age are : surgery, death of spouse, retirement, relocation, loss of memory and facing death with acceptance related to family support.

As in all human development stages, senescence has its own characteristics. Aging is accompanied by a sense of time; that there is no future. Time is spent on the

past in reminiscing or in developing a new awareness and appreciation of the years of experiences gone by. The elderly do their own life review in which they take stock of what their life has meant. Very often this is in a private and informal manner. Sometimes it takes on a very formal form such as an autobiography. In senescence there is a desire to leave something behind, a legacy, especially (and usually) to one's children. The legacy may be in different forms of material goods, works of art or other accomplishments and memories. Wills become increasingly important documents. Often changes in one's will are an attempt to manipulate as the elderly feel a loss of power. Giving up power to control is a very difficult adjustment. Grandparenthood, on the other hand, takes on a new and special meaning. Senescence is spent in seeking confirmation and gratification that one's life was worthwhile. The test of old age is integrity.

(Reprinted from Cleveland Clinic Nursing Newsletter)

**LOVE BLOOMS
WHERE SEEDS
OF FRIENDSHIP
ARE PLANTED!**



PAID ADVERTISEMENTS
MIDEAST REGIONAL, I.A.E.T., MANUFACTURERS AND DEALERS LISTING

OHIO:

COLUMBUS MEDICAL/ABBEY MEDICAL, 306 East Fifth Ave., Columbus, OH 43201
294-5585 or 1-800-282-1395 RN on staff. Dealers for Hollister, Squibb-Convatec, United, Bard, and 3M.

COLUMBUS PRESCRIPTION PHARMACIES, INC., 1000 High St., Worthington, OH 43085
(614) 885-4079 Carry a complete line of ostomy supplies with trained personnel on staff.

DEVINE PHARMACY, Bill Weimann, P.D., 421 Main St., Zanesville, OH 43701
(614) 452-4411 Hollister Dealer for Zanesville area.

DRUG CORNER PHARMACY AND OSTOMY SUPPLY, 1009 Sylvania Ave., Toledo, OH 43612
(419) 476-3688 "Toledo's Largest Ostomy Supply Center"

EASTMORE PHARMACY, 2946 E. Main St., Columbus, OH 43209 (614) 231-7723;
(614) 231-1572 Dealer for Nu-Hope Products.

EDGE PARK SURGICAL, INC., 4791 Turney Rd., Garfield Hts., OH 44125 (216) 429-0200
No cost to you ostomy supplies, with Medicare and/or Private Health Insurance.
Toll free: In Ohio 1-800-362-1931; Outside Ohio 1-800-321-0591.

FRANKLIN PHARMACY AND HEALTH CARE, INC., 1732 Youngstown Rd., S.E. Warren, OH
44484 (216) 369-6911

GRANT TOWN PHARMACY, 393 E. Town St., Columbus, OH 43215 (614) 461-3800
We are a authorized Hollister dealer and carry Convatec, Bard, and Sween ostomy products.

HASTINGS HOME HEALTH CENTER, 17799 Lorain Rd., Cleveland, OH 44111 (216) 671-7711
Full ostomy lines. Staff - Ms. Jill Kundtz, RN, ET

KUNKEL APOTHECARY, 7175 Beechmont Ave., Cincinnati, OH 45230 231-1943
Authorized retailer for: Hollister, Squibb, Bard, United Surgical, Greer, Grick's, Sween, Perma Type, and Medsco. We rent convalescent aids and carry a full line of oxygen equipment. We bill Medicare, AFA and Workman's Compensation. Free delivery. We accept Master Charge and Visa.

LORRAINE SURGICAL SUPPLY, 2080 West 65th St., Cleveland, OH 44102 (216) 281-4774
We stock a full line of ostomy supplies.

MARLEN MANUFACTURING AND DEVELOPMENT CO., 5150 Richmond Rd., Bedford, OH 44146
(216) 292-7060 Manufacturer of Self-adhering pouches and appliances for ostomy, ileostomy, and urostomy drainages.

THE MEDICAL SERVICE COMPANY, 2098 Warrersville Center Rd., Cleveland, OH 44121
(216) 371-5800 Prompt, free delivery. We bill Medicare.

MIESSE PHARMACY AND SURGICAL SUPPLY, 3167 E. Main St., Columbus, OH 43213 237-4971 or
237-4825 Dealer for: Hollister, United Surgical, Convatec, Bard, Marlen, Greer, Colly-Seal, and J. & J.

PERRY PHARMACY AND HEALTH CARE CENTER, 3200 Linwood Rd., Cincinnati, OH 45226
(513) 321-3456 We carry all major lines.

REAMAN PHARMACY, 2620 W. Breese Rd., Lima, OH (419) 991-0010 Ostomy products with experienced professionals.

VINE SURGICAL SUPPLY, 31132 Vine St. Willowick, OH 44094 (216) 944-6000 We stock all major lines and will obtain whatever you need. Outpatient clinic with RN, ET by appointment. Open 9-9 Mon.-Fri., Sat. 905. Please call.

RITE AID REHABILITATION/HOME HEALTH CARE, 1877 S. Limestone St., Springfield, OH 45505 1-800-892-4044 Authorized dealer for United, Hollister, Squibb. 10% discount to Senior Citizens.

SEELEY MEDICAL, 902 E. 222 St., Euclid, OH 44123 (216) 261-9100 or 1-800-362-0536 Nine store locations. Dealer for: United, Hollister, Convatec, Nu-Hope.

WORLDWIDE OSTOMY CENTER, INC., 926 E. Tallmadge Ave., Suite C, Akron, OH 44310 (216) 633-0366 "Three on-staff E.T.s--Retailers for 20 manufacturers.

NORTHSIDE PHARMACY, 2899 Bell St., Zanesville, OH 43701 (614) 453-0508 Ostomy supply specialists. Dealer for all major ostomy companies.

NIGHTINGALE MEDICAL EQUIPMENT SERVICES, 7679 Montgomery Rd., Cincinnati, OH 45236 (513) 891-3350 Full line of ostomy supplies. E.T. on staff.

ARROW MEDICAL-SURGICAL, INC., 5558 Pearl Rd., Parma, OH 44129 (216) 885-3000

KENTUCKY:

COX PHARMACY, INC., 4800 Preston Highway, Louisville, KY 40213 (502) 969-2341 "A Supermarket of Ostomy Products"

BEGLEY'S CONVALESCENT AIDS AND HOME HEALTH CARE CENTERS:

117 Southland Dr., Lexington, KY 40503 (606) 276-2561

1115 Dupont Circle, Louisville, KY 40207 (502) 897-7105

2200 Winchester Ave., Ashland, KY 41101 (606) 324-1215

Skyline Shopping Center, Hopkinsville, KY 42240 (502) 885-7808

C.D.S. SURGICAL, 401 Park Row, Bowling Green, KY 40299 (502) 781-5310 Dealer for United, Hollister, and Squibb (Convatec)

HOLDAWAY DRUGS, INC., 4200 Shelbyville Rd., Louisville, KY 40213 (502) 895-5446 Dealer for United Hollister, Squibb (Convatec)

LOUISVILLE APOTHECARY, 337 West Broadway (502) 584-4363; 8268 Dixie Hwy., (502) 935-4040; and Oxmoor Center (502) 426-5040 Dealer for Hollister, Convatec, Sween, 3M, and Stomahesive.

NIGHTINGALE MEDICAL EQUIPMENT SERVICES, 3027 Dixie Highway, Edgewood, KY 41017 (606) 341-7700. Full line of ostomy supplies. E.T. on staff.

MICHIGAN:

MID MICHIGAN SURGICAL SUPPLY, 360 Capital Ave., N.E., Battle Creek, MI 49017
(616) 9541 Dealer for all major lines--Medicare/Medicaid and Direct Insurance
billing.

WHITE & WHITE PHARMACY, INC., 98 E. Fulton, Grand Rapids, MI 49503 (616) 456-7616
or 1-800-632-9387 Mail order Ostomy/Incontinence supplies. Free delivery.

REFLECTIVE CARE, P.O. Box 36061 Gross Point Farms, MI 48236 (313) 885-0944
OSTOVISION MIRROR for post-op training/self-care.

H & M OSTOMY CENTER, 1704 Bloomfield, Kalamazoo, MI 49001 (616) 343-7941
Major brands. E.T. on staff.

THE APOTHECARY SURGICAL SUPPLY, INC., 122 E. Madison St., Lansing, MI 48906
(517) 482-0882 Lansing's most complete source for ostomy supplies.

COMMUNITY DRUG STORES, INC., 76 Ashman Circle, Midland, MI 48640 (517) 631-2202
Dealer for Hollister, Convatec and others.

WATKINS SURGICAL SUPPLY, 1391 E. Sherman, Muskegon 49444
WATKINS PRESCRIPTION PHARMACY, 938 Second St., Muskegon, MI 49440 (616) 722-2592

PRINCING AND BRENNAN PHARMACY, INC., 3516 State St., Saginaw, MI 48602 (517) 792-6641
Dealer for Hollister, Convatec, and Bard.

HOME MEDICAL OXYGEN EQUIPMENT (H.O.M.E.) 1505 E. Kalamazoo St., Lansing, MI 48912
1-800-292-5899; 4343 Nancy St., Detroit, MI 48212 (313) 369-2660 Major brand
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VOIGHT'S HEALTH HOME CARE PHARMACY, N. Washington and Hopkins, Lake Owosso, MI 48867
(517) 723-2121; Showboat Plaza, Chesaning, MI 49616 (517) 845-7080; Monroe Plaza,
Durand, MI 48429 (313) 288-3101 Authorized dealer for Hollister, Convatec, United,
E & J, Davol, Staodynamics

REMER PHARMACY AND SURGICAL, 13515 Gratoit Ave., Detroit, MI 48204 (313) 526-3945
Ostomy supplies in stock. Free delivery in area. Insurance accepted.

KALES MUTUAL PHARMACY, 14800 6 Mile Rd., Detroit, MI 48235 (313) 836-2600
Distributor for major ostomy manufacturers. Fitting consultation available. Accept
Master Charge and Visa.

BOLL MEDICAL, 717 Bigley Ave., Charleston, WV 25303 (304) 345-2944 Dealer for United, Cc Tec, Bard, Nu-Hope. E.T. on staff.'

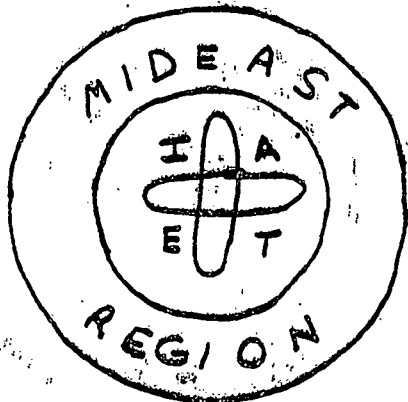
CITY PHARMACY, INC., 162 High St., or P.O. Box 17, Morgantown, WV (304) 296-3314 Authorized dealer for United, Hollister, Bard, Coloplast, Nu-Hope (consulting)

HIGHLAWN PHARMACY, INC., 3rd Ave. at 26th St., Huntington, WV 25703 (304) 697-7010 We carry Bard, Davol, Greer, Gricks, Hollister, Marlen, Nu-Hope, Perma-type, Squibb, Sween. Open 365 days, 9 a.m. to 11 p.m.

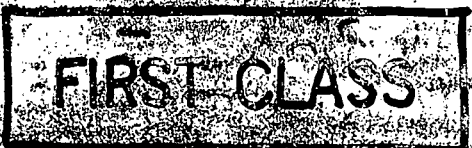
MEDICAL SUPPLY COMPANY, P.O. Box 6584, 1303 Eoff St., Wheeling, WV 26003 (304) 232-2820 We stock a full line for United Surgical, Bard (Marsan) and Sqibb (Convatec)

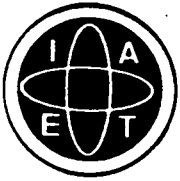
FAMILY DRUG STORE, 115 Third St., Elkins, WV 26241 (304) 536-0982 Dealer for Hollister, Convatec, United Surgical, Bard, Davol. Two E.T. s on staff.

MARILYN SPENCER, RN, ET
Enterostomal Therapy Dept. -3L22
Cleveland Clinic Foundation
9500 Euclid Ave.
Cleveland, OH 44106

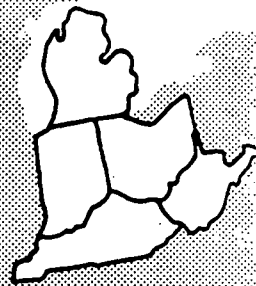


Pamela J. Stilger, RN ET
101 W. Chestnut Street
Louisville, KY 40202





MID-EAS DROPPER



VOL. XVII

SEPTEMBER 1984

NO. 3

Dear Mideast Friends:

The brightest part of the Las Vegas I.A.E.T. Conference was seeing all of you! I was very proud to accept for the Mideast Region a Contribution Award from I.A.E.T. We should all be proud of our Region!

However, I left there with a lot of mixed emotions, and also heard a lot of "rumblings" from our members. I was deeply concerned over the House of Delegates meeting for three reasons: 1) too few members of I.A.E.T. attended the meeting, 2) too little time for discussion of issues greatly affecting the future of the Association, and 3) delegates not being truly aware of all sides of the issues being voted on.

How do YOU feel? I now have three months of my Presidency remaining, and my main goal before I leave office is to find out how the Mideast Region feels about their Association. Would you please take a few moments to answer the questions below and return them to me? If you would prefer to remain anonymous, that's okay. PLEASE JUST GIVE ME YOUR THOUGHTS.

Sincerely,

Sally

1. Do you feel that you, as an I.A.E.T. member, have an adequate opportunity for input in policies and procedures of the Association?

Yes _____ No _____ Comments _____

2. Do you feel that the membership is given enough opportunity to discuss and fully understand issues being voted on or changes being made in I.A.E.T.?

Yes _____ No _____ Comments _____

3. Do you feel that the activities of the I.A.E.T. are assisting you in meeting your personal career goals as an E.T. Nurse?

Yes _____ No _____ Comments _____

Return to: Sally Thompson, C/O W.O.C., Inc., 926 E. Tallmadge Ave., Suite C., Akron, OH 44310

MIDEAST REGION I.A.E.T. OFFICERS

PRESIDENT: Sally Thompson
PRESIDENT ELECT: Ethel Pryor
SECRETARY: Brenda Kinder
TREASURER: Barbara Montgomery
REGIONAL TRUSTEE: Jane Beerck
TRUSTEES: Marilyn Spencer
Rosmarie Van Ingen
Ruth Bailey

DELEGATES: Marilyn Spencer,
Chairperson
Mary Lamb
Nancy Rioux
Betty Gerth
Dorothy Best
Susan Brown
Pat Freeman

ALTERNATES: Glenna Althizer
Sue Brady
Pat Gillen
Marlene Brockmeir
Mary Lou Walker

COMMITTEES:

Membership -Nancy Rioux
Budget & Finances -Barbara Montgomery
By-Lays -Marilyn Spencer
Publication -Marilyn Spencer
Salary Survey -Ethel Pryor
Public Relations -Pat Gillen
Research -Dorothy Best
-Joan Van Niel

HISTORIAN: Pam Stigler

PROGRAM: Deanna Walterspaugh

PARLIAMENTARIAN: Bonnie Bollinger

MEDICAL ADVISORS: Ananias C. Dinckno, M.D.
University Hospital
Ann Arbor, MI

Victor Fazio, M.D.
Cleveland Clinic
Cleveland, OH

W.Patrick Mazier, M.D.
Ferguson Clinic
Grand Rapids, MI

Joseph Rinaldo, Jr., M.D.
Providence Hospital
Southfield, MI

CALENDER OF EVENTS

SEPTEMBER 29 - UROLOGIC NURSING SYMPOSIUM

OCTOBER 10-11 - ONCOLOGY UPDATE 1984

*Cleveland Clinic Foundation, Cleveland, OH
For more information contact: Rosemary Fitzgerald, Center for Continuing Medical Ed.
9500 Euclid Ave., Rm. 3T01, Cleveland, OH
or call: Local 444-5696; Toll free-800-762-8172 (Ohio); 800-762-8173 (outside Ohio)

SEPTEMBER 27-28 - ADVANCED NURSING CARE OF PATIENTS WITH OSTOMIES AND/O FISTULAS

Cost: \$80 for 2-day program
Contact: University Office of Continuing Ed.
Rush-Presbyterian-St. Luke's Medical Center,
600 South Paulia, Chicago, IL 60612; 312-942-7095.

NOVEMBER 2-3 - MIDEAST REGIONAL ANNUAL MEETING AND EDUCATIONAL CONFERENCE
Marriot Hotel, South Bend, Indiana

NOVEMBER 17 - IAET Certification Exam
All exam sites.

APRIL 11-12, 1985 - Cleveland Clinic ET Update



REGIONAL TRUSTEE REPORT

The National Conference IAET in Las Vegas was the record setter. It was the largest attendance of any previous IAET meeting. There were 844 registered participants and 300 exhibitors. In these days of cost containment and hospitals not funding continuing education, the numbers were surprising. Also, we'll never know the numbers of members who could not attend because of the date change. Your new Secretary IAET is Jean Fitzgerald, and your new Treasurer IAET is Eunice Gaskell.

The House of Delegates voted on issues affecting all of us. There was discussion at a Conference lecture, and in the formal meeting of the House of Delegates on the BS entry level for ET educational programs. The Delegates were asked to give a vote of confidence on this move. Although certainly not unanimous, it did pass. Another issue was the inclusion of the Internationl Members in the House of Delegates. This measure passed and their delegates were seated. These 70 or so members will have the Vice President as their representative on the Board.

Fred Droz, National Director, reported there are 1721 IAET members. We are to encourage more Associate Members. This term now means anyone interested in the goals of the IAET. Fred also reported this renewal period showed the least number of nonrenewals since he took office. He credits the Membership Chairmen for keeping the numbers down (Yea Nancy Rioux.)

The Scope of Practice Statement was revised (one more time.)

"An ET nurse provides acute and rehabilitative care for people with selected disorders of the gastrointestinal, genitourinary, and integumentary systems. The components of ET nursing practice include education, counseling, research and administration."

Other Reports: Victor reported that the JET is on the list of recommended texts of the Nursing Outlook. Mosby presented IAET with \$37,279.00 for 1983, IAET's share of profit from the JET. The National Conference Planning Committee selected Miami Beach, Florida as the 1985 IAET Conference. It will be held at the Fontainebleau Hotel, June 11-15. The room rates single or double, \$65. The Registration fee, \$150. The Directory of Outpatient Ostomy Resource Services (DOORS) is soon to be published. This will be advertised in the Ostomy Quarterly and elsewhere- should pay for itself. There are Pressure Sore Standards of Care in the works. We should see them in Jan. at the semi-annual board meeting. An executive working session will be held this Fall. Some agenda items: an international educational meeting, future direction of IAET, membership drive, and re-accreditation.

More to tell you in South Bend Nov2nd and 3rd.

Jane Beerck

HOUSE OF DELEGATES REPORT by Marilyn Spencer, RN, ET

Summary of the House of Delegates Meeting during the I.A.E.T. Confernece, June 6, 1984.

The following By-Law changes were voted on and passed:

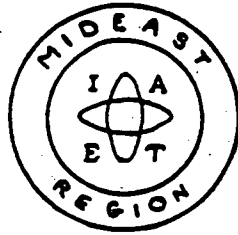
- 1) Associate membership will permit anyone interested in the goals and objectives of the I.A.E.T. to become a member.
- 2) Dues will be delinquent if not paid within 60 days after statements are sent.
- 3) The office of Vice-President will represent the international member at the Board of Director's meetings. They will have representation in the House of Delegates. Their delegates will be elected at the Annual conference and they will be entitled to the same number of delegates as national members.

The House of Delegates voted to support the PEP Director's decision to require a BSN or BS with a major in nursing for entry level admission in an E.T. program commencing 1985. Discussion led to the following statements:

- It is the decision of the PEP Director's to stipulate entrance requirement for the E.T. programs, not the I.A.E.T. membership.
- The BS degree had to be in nursing since the E.T.s want to elign themselves with or be nurse practitioners, therefore they need the educational background.

Other News:

- 1) Jean Fitzgerald was elected Secretary and replaced Katerine Jeter.
- 2) Eunice Gaskell was elected Treasurer and will chair the Budget and Finances committee. She replaces Jan Jester.
- 3) Las Vegas was the largest conference of the I.A.E.T. with 844 registered participants and 300 exhibitors. The I.A.E.T. membership is now over 1700 members, both full and associate classifications.
- 4) Teecie Kynes replaced Victor Alterescu as JET Editor. The JET has 2,666 subscribers and it brought forth a profit of \$37,279.00 in 1983.
- 5) Johnson and Johnson announced they will sponsor a \$2000.00 scholarship in the honor of Debbie Broadwell.
- 6) Dr. William McGarity was voted a lifetime active membership in the I.A.E.T. He also resigned from the Scholarship committee.
- 7) Certification committee chairperson, Betty Jackson, requested sample test questions. She also clarified that certification does not test competency but currency.
- 8) The 1985 Conference will be at Miami Beach, Florida.
- 9) The E.T. Scope of Practice statement was revised and approved by the Board to read: "An ET nurse provides acute and rehabilitative care for people with selected disorders of the gastrointestinal, genitourinary, and integumentary systems. The components of ET nursing practice include education, counseling, research, and administration."



MIDEAST REGION

INTERNATIONAL ASSOCIATION FOR ENTEROSTOMAL THERAPY, INC.
Indiana Kentucky Ohio Michigan West Virginia

Semi-Annual Membership Meeting
4 June 1984
Las Vegas, Nevada

Attendance: Marilyn Spencer, Paula E. Toth, Betty Reynolds, Joan Van Niel, Marlene Brockmeier, M. Angela Lamb, Ruth Bailey, Kathleen Wood, Lois J. Holloway, Dolores Walters, Penny Kiss, Deanna Walterspaugh, Deloris M. Schwartz, Carol Kirken, Jo Marion, Bart B. Lewis, JoAnne Aldrich, Linda McGee, Alice J. Balash, Ingrid Dickinson, Sharlene Kennedy, Lynne Bieberitz, Madeline Saturicz, Marilyn Ehrlich, Susan E. Buffin, Helen Van Sweden, Norma Gill-Thompson, Helen Arend, Anne E. Ward, Pamela Houchens, Phoebe Alfke, Joyce Hawley, Sue Hughes, Denice Bailey, Pat Hurd, Shelly Birdsall, Linda Harlan, Susan Brown, Betsy Hewitt, Nancy Rioux, Kathy Lakey, Shirley Alltop, Sally Pearce, Terrie Matthews, Jean Jenkins, Pat Gillin, Marie Long, Dorothy Best, Sue Sinkou, Karen S. Granby, Susan L. Brady, Susan M. Smith, Wyonna Stiffler, Lucy Hartman, Rosemarie Van Ingen, Sharon Ballard, Judy St. John, Julianne Stroud, Judy Schaffer, Donnamarie Ugan, Lou Williams, Pamela J. Payne, Judith K. Powell, Rita Kirschner, Lynda Symms, Mary Wallace, Beverly Wallace, Margaret R. Williams, Barb Carnahan, Deborah Lindsey, Norma Huesman, Jean Hicks, Pam Stilger, Maude Timmons, Patricia Martin, Marky Krieth (ex-member), Juanita Yuenger, Trudy Blied, Sally Thompson, Barb Montgomery, Ethel G. Pryor, Betty Gerth, Jane Beerck, Peg Valmassoi, Judy Szemplak.

1. Meeting called to order by Sally Thompson, President.

a. Introductions:

President: Sally Thompson

President-Elect: Ethel Pryor; she will take office in November.

Acting Secretary: Betty Gerth (in absence of Brenda Kinder)

Regional Trustee: Jane Beerck

Treasurer: Barb Montgomery

Parliamentarian: Betty Gerth
Trudy Blied

Past-President, Mideast Region: Betty Gerth
Joan
Helen Arend
Joyce Hawley

Recognition of New Members: All new members were asked to stand and give their names and place from which they came.

Guests: All guests were welcomed.

2. Quorum Determination - Parliamentarian

Sally Thompson welcomed everyone and thanked them for attending the meeting.

3. Secretary Report - Betty Gerth in absence of Brenda Kinder
Betty moved that the minutes be accepted as written; motion was seconded by Sharlene Kennedy.

The minutes were accepted as written.

4. Treasurer Report - Barb Montgomery

1983-84 budget was passed around to everyone present (See attachment #1).

New additions to expenses this year were:

Directory (which were passed out)
Newsletter (4 issues); this is the first year we have had to every pay for our Newsletter.

The miscellaneous expense was the Raffle tickets.

The budget was over spent of almost \$1,000 due to the Raffle investment. If we do not sell the raffle tickets, we will be \$824.00 over budget next year.

Barb Montgomery received a donation from Norma Gill-Thompson

Macky Kruth. Norma donated pennies and Macky paid own postage from Southeast.

Barb had account audited and the budget was .44¢ off in three (3) years.

Reported accepted as audited.

5. Standing Committee Reports

- a. Membership - Nancy Rioux

Membership is 223 total with 199 active members, 7 agency, retired and Associates; 3 Honoraries. The Membership Book is available; 30 names were deleted due delinquent dues. If you are not on the list, other than not being a paying member, it will be because there was a typing error or an error from the Regional printout.

Members of the Membership Committee are: Susan Brown, Sherry Bardsall, Besty Hewitt, and Shirley Alltop.

The Membership Book is listed by State, City, and alphabetized to make it convenient when looking for a State or City. The blank pages are for extra names.

Any corrections should be given to Marilyn so she can put them into the Newsletter.

- b. Continuing Education - Deanna Walterspaugh

The Committee Members were introduced: Penny Kiss, Lynn Symms, and Dorothy Best.

Deanna has divided the members up according to territories and you will be contacted by one of the committee members.

The Committee's functions have been outlined:

1. The committee hopes to develop goals and objectives for the program continuing education committee. The committee will depend on everyone to supply them with information so it can be compiled and given back to you when you ask for information.

2. Evaluation form for a resource manual. At some point, the committee wants to develop a standard evaluation to it for the region.
3. The committee will be compiling a bibliography list so if you have a need for any particular topic.
4. Asked that E.T.'s send a sample of their job description so they can have resource file available.
5. Would like to collect protocols and sample care plans so that if you have needs for any particular area, you can contact the committee.
6. Will have a update of potential exhibitors so for future program planning, you can contact the Continuing Education Committee. There is a current form you should follow.
7. There is a workshop flow sheet that would help anyone planning, not only regional, but any in your own hospital or institutions.
8. The location of the 1985 Regional Conference will be Cleveland, Ohio and 1986, Michigan, should be the place to have the Regional Conference.
9. Will make a deal for two (2) membership guidelines for writing the annual objectives and information received, C.E.U.'s from the I.A.E.T.

The program for this function is to provide assistance to the Mideast Region program planning and to facilitate for any of the program planning.

One of the big goals to meet you needs is to have a list of copies that you would like to have concerning the future programs.

1. Annual Program Subcommittees

1984 - Rita Kirschner - South Bend, Indiana

Rita thanked everyone for returning the needs of assessment, because she does set up the program to meet your needs.

The 1984 meeting will be November 2nd and 3rd in South Bend, Indiana. Will be held at the Marriott Hotel. The facilities are super and the rates will be superb.

1985 - Joan Van Niel - Cleveland, Ohio

Currently looking at three (3) different motels in the Cleveland area and will probably, by November, have the arrangement made at that time.

1986 - Michigan

Will be discussed and need to find someone who wants to be in charge.

c. Publications - Marilyn Spencer

The Publication's Committee has a subcommittee and it is headed by Trudy Blied, and Trudy is also the Funding Coordinator for the paid advertisers.

The names of paid advertisers have been forwarded for the fiscal year. Publications is renewing this drive and publications did not get any additions or deletions at this point.

There are 46 paid advertisers. The cost of mailing the average issue is \$1.09.

If you have any informal meetings, please send the minutes to Marilyn because they are helpful.

Marilyn discussed the long-term and short-term goals.

d. Fund-Raising - Karen Granby

The committee members were introduced: Sue Brady and Sue Smith.

This is the first funding raising for the Mideast Region and it is hoped that it will be successful.

Some of the items that will be sold are:

- E.T. Night Light will be raffled off. There are 15 night lights to be raffled. Each ticket will cost \$1.00 or you can get six (6) tickets for \$5.00.

The raffle will be on Wednesday; winners do not have to be present because you will be notified.

- (500) Garters (red & black) \$2.00
- Travel Cup (hot/cold) \$3.00
- Gold Letter Opener \$3.00

Also, a sign up sheet will be passed around because it is hoped that you will be willing to spend 1 hour of your time to assist us with the Booth.

e. Historian - Pam Stilger

If you have any snapshots or any thing, C.E.U.'s programs you are conducting and have a brochure, please send it to Pam so she can put it in the scrapbook.

f. By-Laws - Marilyn Spencer

By-Law changes are in the Pre-Conference Book.

Associate Member, page 29, the old by-law states:

Associate members shall be any person interested in the objectives of the corporation who hold a valid license in medicine originally. They are required to pay dues as established by the IAET Board of Directors and shall have all the privileges of the membership, except those of amking motions, voting, and holding office.

Proposed Change:

Associate Members shall have be any person interested in the objectives of the corporation. They are required to pay dues as established by the IAET Board of Directors and shall have all the privileges of the membership, except those of making motions, voting, and holding office.

Rational for Change:

This change is proposed in order to facilitate the mechanism for people interested in the IAET to be involved at an appropriate level in focal of communication with many people who do not need an exclusive membership.

Sue Brady motioned to accept the By-Law change; Nancy Rioux seconded the motion.

Article 12, Dues:

Delinquent dues shall be delinquent 90 days after the due date and upon delinquency, such person shall no longer be a member of this corporation. Any delinquent member shall receive a final delinquency notice, which shall be mailed 30 days prior to final delinquency date.

Proposed Change: Dues shall be delinquent 60 days after the due date, and upon delinquency, such person shall no longer be a member of this corporation. Any delinquent member shall receive a final delinquency notice, which shall be mailed 30 days prior to final delinquency date.

Rationale for Change: Dues billing are mailed in December, the 60 day period ends March 1. This means that the Membership Directory, the Regional List, etc., can be prepared within March and valid in April. Many members have postponed paying dues; planning on renewing at the pro-rated system established for new members. The IAET is continuing to maintain records, sends journals, etc., to people who are potential members. It has not been cost effective for the association. All efforts will still be made to encourage, solicit, and seek renewals.

Joan Van Niel motioned to accept the proposed change; Karen Granby seconded the motion.

Proposed change to Article 12, Dues, was accepted.

Discussion followed.

If anyone knows of any person not receiving their Newsletter or not receiving the benefits from paying the membership, they should get in touch with Nancy Rioux or Denise Bailey.

Article V, Section 8: Vice-President's Duties

The Vice-President shall perform the duties of the President in the absence or in capacity of the President. He shall succeed to the office of the President in the event it shall become vacant. He shall perform such duties as may be delegated by the President or the Board of Directors.

Proposed Change: The Vice-President shall perform the duties of the President in the absence or in capacity of the President. He shall succeed to the office of the President in the event it shall become vacant. He shall perform such duties as may be delegated by the President or the Board of Directors. The Vice-President shall serve as the official representative for the International Membership.

Rationale for Change: This provides a source of communication for the international members who are eligible to run for office, vote, and etc. This also give the Vice President a activity related to the office. The Vice President would be responsible for planning and meeting and the meeting for the international members at conference, assist them in electing delegates and communicating throughout the year with this group.

Kathleen Wood motioned to accept proposed change; Joyce Hawley seconded the motion. Proposed change was accepted.

Discussion of WCET, Canada, and proposed regions; issues and policies differ.

Marilyn Spencer proposed internationals to have membership without voting powers or holding office.

Majority vote to reject the by-law. Delegates to take to the House of Delegates.

Article 8, Section 1: Our Position

The House of Delegates shall consist of representatives elected at large from each region.

Proposed Change: The House of Delegates shall consist of representatives elected at large from each region. Our national members shall elect their delegates at the Annual Conference. The Vice-President shall coordinate this process.

Rationale for Change: This change clarifies the assistant by-laws for being national members.

Norma Gill-Thompson motioned to reject the proposed change; Sue Sinkovic seconded the motion.

Article 8, Section 4

There is not a number six currently in the by-laws. This will be an addition.

Proposed Change: Section 4, Number 6. The 90 day requirement for self-mailed names of delegates to the IAET Central Office shall be waived for international delegates.

Rationale for Change: This is necessary to allow the international member to elect delegates at the Annual Conference.

Judy Schaffer motioned to accept the proposed by-law change; Paula Toth seconded the motion.

Article 8, Section 2, Number 2

Each region shall be entitled to five (5) delegates at large and additional delegates shall be elected for every 50 members over 100 or a fraction of there of.

Proposed Change: Each region shall be entitled to five (5) delegates at large and additional delegates shall be elected for every 50 members over 100 or a fraction of there of. This also applies to international members.

Rationale for Change: This provides equal representation to the House of Delegates.

Rosemarie Van Ingen motioned to accept the proposed change; Marilyn Spencer seconded the motion.

Discussion - Ethel Fryor. Recommend to Delegates to caucus and ask for more information regarding the rationale of the proposed revisions that affect the international members of our organization.

g. Public Relations - Joyce Hawley

Send news directly to Joyce Hawley or Marilyn Spencer.

The function of this committee is to increase public awareness to other nurses and the IAET within the frame of the objectives.

Also, Joyce Hawley feels a need to resign. She has problems with disseminating information.

Report was given by other E.T.'s.

Joyce announced that there will be a Communications Committee Meeting on Tuesday, 6 June from 8:00 a.m. to 4:00 p.m. Also, anyone interested in chairing this committee, please see Sally Thompson after this meeting.

h. Terri Haus, Candidate for IAET Secretary

Terri is from the Northeast Region and she works at Jamaica Hospital, Jamaica, New York.

Terri asked that everyone get out and vote. Because, in the 1983 vote in Kansas City, they had 635 registered voters and only 285 turned out to vote.

6. Special Committee Reports

a. Operational Manual - Ruth Bailey/Rosemarie Van Ingen

Currently in the process of working on the operational manual and the committee hopes to have the final copy by November.

b. Newsletter Funding - Trudy Blied

Newsletter funding did not go as well as last year, because Trudy was late in getting original information and some of the other information has not come back to Trudy. Will have complete report in November.

Raised approximately \$1,000 last spring and hopes to raise another \$1,000 this year.

c. Research - Sexuality and the Ostomate - Joan Van Niel (Pat Gillin in absence of Joan Van Niel.)

Sexuality survey was distributed via Newsletter in December, 1983. Also, 100 were distributed at Great Lakes Regional Meeting in April, 1984 (Cincinnati).

As of May 31st, we have had 75 returns and there is still time to accept more returns until July 1st. Final returns will be done the end of July, 1984. Also, we hope to have 100% response by end of July, 1984.

Please remember that this is for patients who have had either their bladder or rectum removed.

Joan Van Niel also asked Pat Gillin to thank everyone who worked on the committee and also everyone who distributed the survey so far.

Pat Gillin also gave a personal thank you.

d. Salary Survey - Ethel Pryor

Had approximately 200 surveys sent out and 33 returned to Ethel Pryor. The results will be published in the next Mideast Dropper.

Highlights:

- have 33 persons that supplied mail
- current salary range from \$18,000 to \$34,000 per year
- most employed in hospitals

Profile of Mideast Regional E.T.:

- graduated from the diploma nursing program
- works in hospital of 500 beds or less
- city with population of 100,000 or less
- receives salary of \$26,000 to \$30,000

Ethel thanked Kathleen Wood for her assistance in this project.

e. Youth Rally - Paula Toth

Only had two (2) nominations for the Rally.

Matthew McCloud, a 17 year old boy with Bladder Extrophy and ileo-condit, was selected to receive the \$500. Matthew is looking forward to going. Matthew will be staying at the Mt. Vernon College outside of Washington, D.C. and he will be going on a private tour of Congress and the White House.

f. Critical Care Nurses Resource People

No report.

7. Regional Trustee Report - Jane Beerck

We have over 700 registered for this National meeting; 1,000 total including exhibitors.

Editor of the JET, Victor, will do two issues then he will resign. If you would like something advertised on the National level, you would need to get that information to the Editor three months in advance.

The feedback from boosting for the IAET was \$37,279 profit from the JET.

Some discussion about the BSN entry level.

Slide project that was developed by Katherine Jeter is ready for sale. It can be obtained at the National office and there are C.E.U.'s involved.

Mideast Region has a \$500 scholarship available for people at the school of their choice.

Debbie Broadwell/Fred Droz were present to answer any questions. They addressed the problem with the travel connection and the rebate for the \$43,000. If you have any problems, write them up and submit them to Jane Beerck.

Outreach Program has been put on hold.

NCPC (National Conference Planning Committee) is being taken over by Linda Clions since T.C. Kinds will be Editor of the JET.

Nominations - Discussed how many people were at the Conference in 1983 and wanted to make sure that everyone did try to make it. Since so many are unable to make it they discussed the mail-in vote. It is very important that you do vote.

Linda Clions reported on the Regions and Sub-regions. This is a big topic because there are so many agencies using the IAET and not reporting the funds.

The Youth Rally has already been discussed. Registration is \$175.

Standards Committee are revising standards of practice and they will be mailed to you.

8. Delegates Report - Marilyn Spencer

The two (2) issues that will be brought up at the House of Delegates are:

1. By-Laws proposals
2. Recommendation for Regional nominee for Honorary Membership of the IAET (Dr. Mc Garrity).

9. Unfinished Business

a. Report on India Contribution

The \$250 that was contributed to the E.T. school in India was received. It was sent back to us only because it was filled out incorrectly. They have decided that they will use the money for two students.

b. Certification Exam Questions

If you do have any certification exam questions, please give them to Sally Thompson.

c. The 1985 National Conference will be in Miami Beach, Florida from 11 June to 15 June.

10. New Business

Announced the nominating Chair at the Board meeting. It will be Judy Schaffer.

a. Announce Nominating Committee

Will be in November in South Bend, Indiana. Will elect: President-Elect, Secretary, one Trustee, Delegates & Alternates, plus Regional Trustee.

The Regional Trustee will be in charge of By-Laws.

b. Other

1. Announce history to be written on B. Smith Scholarship Award.

Sue Buffin, who worked with Bernadette, was appointed to write the history.

2. Report of W.C.E.T. Meeting - Norma Gill-Thompson

There will be a Brown Bag Lunch tomorrow for the W.C.E.T.'s and you are welcome to attend. Katherine Jeter is representative for the United States.

3. Comments/Notes from Regional President's Meeting

The only thing was the sub-regions. The IAET is working on developing guidelines.

Sally Thompson and Barb Montgomery will be working on a new voucher for the Officers.

c. Miscellaneous

Joan Van Niel, who is running for the office of Treasurer, gave a campaign talk.

Pat Gillin motioned that the meeting be adjourned; Helen Arend seconded the motion. Meeting adjourned.

MIDEAST REGION I.A.E.T.

ATTACHMENT #1

FINANCIAL REPORT

JUNE 83 — JUNE 84

Revenue:

Newsletter ads	875.00
Seminar	1,800.00
Interest	
(CD 402.91; actual savings = 535.70)	937.61
Dues/Membership Rebate (164)	<u>2,070.08</u>

TOTAL

\$5,683.69

Expenses:

Directory	255.10
Newsletter 4 issues	950.52
Postage (newsletter = 585.43 miscellaneous = 57.20)	= 642.63
Phone	25.00
General Printing/Typing	232.50
Scholarship/funds	757.40
Conference expenses	
H. 253.95 + T 543.00 = 796.95	1,918.00
Miscellaneous (i.e. raffle investment)	1,401.49
Youth Program	<u>500.00</u>

TOTAL

\$6,682.70

MIDEAST REGION I.A.E.T.

PROPOSED BUDGET

JUNE 84 — JUNE 85

Revenue:

Newsletter ads	1,000.00
Interest	550.00
Dues/Membership/Rebate	2,000.00
Seminar	1,000.00
Raffle	1,400.00
	<hr/>
TOTAL	\$5,950.00

Expenses:

Directory	300.00
Newsletter (4 times) 7% increase	840.00
Postage	722.00
Phone	25.00
General Printing/Typing 5% increase	230.00
Scholarship/fund	757.40
Conference Expense increase 25%	2,400.00
Miscellaneous	1,000.00
Youth Program	500.00
	<hr/>
TOTAL	\$6,774.00

Expenses over Revenue:

\$824.00

MID-FAST REGION E.T.'S
1984 SALARY DATA

N=33 persons supplied data

	Entry Level N=20	Upper Level N=15	Current Salary N=27	Education Level				
				R.N.* N=6	Diploma N=10	A.D. N=3	Bachelor N=7	Master N=5
\$31,000-35,000		5	2				1	1
26,000-30,000	2	7	12	2	4	1	5	3
21,000-25,000	9	3	8	4	4	2	1	1
15,000-20,000	7		2		2			
10,000-15,000	2							

*Did not indicate Nursing Prep., i.e. diploma or A.D., etc.

Current Salary Range \$18,886.40 - \$34,000.00

LPN-E.T. One returned survey (not included in above data)

Part-time E.T. 24 hrs/wk - \$13,000/yr.

Lecture Fee \$50.00/hr.

Place of Employment

Hospital 27
Hospital-Home Care 2
Other 5

Size of City

Population 25,000 - 1,000,000
100,000 or less 13
100,000 - 500,000 5
500,000 - 1,000,000 4

Hospital Size - 250 - 1,000 bed

500 beds or less 15
500 beds or more 11

Title: All were R.N.E.T. Most reflected patient-staff education component in job title, however, there was considerable variation in how this was expressed.

Mid-East Region E.T.
Report of Salary Survey - 1984

The salary survey form was distributed to our membership of approximately 200 in the 1984 Winter Newsletter. E.T.'s were asked to return the information by May 15, 1984 to Ethel Pryor, R.N., E.T. Thirty-three E.T.'s responded to the survey.

The information obtained is summarized above. The Mid-East Region E.T. (using this data) may be profiled as:

Graduated from diploma nursing program.

Works in a hospital of 500 beds or less and in a city with a population of 100,000 or less.

Receives a salary in range of \$26,000.00 to \$30,000.00

Reported by Ethel Pryor, RN, ET

18th July, 1984.

Dear Ms Sally Thompson,

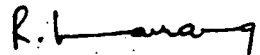
The Hiralal Narang School of Enterostomal Therapy is very grateful to the Mideast Region, International Association for Enterostomal Therapy for the donation of \$ 250 US dollars as a grant to train nurses in enterostomal therapy.

The grantees will be selected by Anjali Patwardhan, Mrs A. Prabhakar and myself.

We do hope that this gesture on your part will set a precedent with other regions of IAET to promote Enterostomal Therapy.

Thanking you and with best wishes,

Yours sincerely,



R. H. Narang.

Ms. Sally Thompson,
President,
Mideast Region,
International Association for
Enterostomal Therapy, Inc.,
Indiana, Kentucky,
Ohio, Michigan,
West Virginia.

PRESIDENT'S NOTE - To clarify the above grant -- this grant was made possible through the Norma N. Gill Foundation of the World Council of Enterostomal Therapists.

Sally Thompson, President
Mideast Region, I.A.E.T.

ni H. bhansali
Registrar



Gram: UNIWOMEN - Phone: 29 18 79
Shreehari Mahadevi Damodar Thackeray
Women's University
J. Mahadevi Thackeray Road,
Bombay-400 020.

AD-4/84-85/ 2313
6 June 1984

Dear Ms. Sally Thompson,

The SNDT Women's University is extremely grateful to the Mideast Region, International Association for Enterostomal Therapy for sending a cheque for \$250 U.S. dollars as grant for financial assistance to be disbursed to selected nurses for prosecuting their enterostomal therapy education.

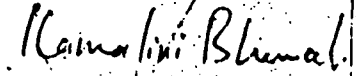
It is noted that Renuka Narang, Anjali Patwardhan and Mrs. A. Prabhakar will select the grantees. This condition is accepted by the University.

As you have rightly mentioned, we do hope that this gesture on your part will set a precedent with other regions of International Associations of Enterostomal Therapy to assist in our endeavour in this direction.

The official stamped receipt for the above amount is enclosed.

Thanking you and with best wishes,

Yours sincerely,



Ms. Sally Thompson,
President,
Mideast Region,
International Association for
Enterostomal Therapy, Inc.,
Indiana, Kentucky,
Ohio,
Michigan,
West Virginia.

encl:
nkk/-

cc to: Miss Nursing
Hiralal Narang School
of Enterostomal Therapy
c/o Tata Memorial
Hospital
Parel - Bombay-400
Nandya Chelaram
The Tirath Mansion, Barbed Road

The following By-Laws changes will be voted on at the Annual MidEast Regional meeting, November 2-3, 1984 in South Bend, Indiana.

CURRENT	PROPOSED	RATIONALE
<u>ARTICLE III - MEMBERSHIP</u>		
<p><u>Section I - Classifications</u></p> <p>D. Associate member - Associate members shall be any person interested in the objectives of the corporation who hold a valid license in medicine or nursing. They are required to pay dues as established by the I.A.E.T. Board of Directors and shall have all privileges of membership except those of making motions, voting, and holding office.</p>	<p>Associate members shall be any person interested in the objectives of the corporation. They are required to pay dues as established by the I.A.E.T. Board of Directors and shall have all privileges of membership except those of making motions, voting, and holding office.</p>	<p>To be consistent with I.A.E.T. By-Laws.</p>
<u>ARTICLE V - OFFICERS</u>		
<p><u>Section IV - Order of Election</u></p> <p>President-Elect shall assume the office of President at the second annual regional meeting following his election as President-Elect.</p> <p>President-Elect, Secretary, and one Trustee shall be elected at the annual Regional meeting on odd years.</p>	<p>President-Elect shall assume the office of President at the second annual Regional meeting following his election as President-Elect.</p> <p>President-Elect, Secretary, one Regional Trustee, and one Trustee shall be elected at the annual Regional meeting on even years. The Treasurer and two trustees shall be elected at the annual Regional membership meeting on odd years.</p>	<p>The Regional Trustee must be elected in the even year to assume office in the odd years.</p>

17

ARTICLE VI - REGIONAL TRUSTEESection I - Election

A Regional Trustee shall be elected at the annual Regional membership meeting on odd years to assume office at the I.A.E.T. post-conference board meeting.

A Regional Trustee shall be elected at the annual Regional membership meeting on even years to assume office at the I.A.E.T. post-conference board meeting.

Must be elected in the even years to assume office in the odd years.

ARTICLE XI - ELECTIONSSection III - Election of Officers

The officers of President-Elect and Secretary shall be voted upon singly in the above order on even years. The offices of the Regional Trustee and Treasurer shall be voted upon singly in the above order on odd years. Nominations shall remain open until each preceding office has been filled. The person receiving a majority of the votes for each office shall be declared elected to such office.

The office of President-Elect, Secretary, and Regional Trustee shall be voted upon singly in the above order on even years. The office of the Treasurer shall be voted upon in the odd years. Nominations shall remain open until each preceding office has been filled. The person receiving a majority of the votes for each office shall be declared elected to such office.

The Regional Trustee must be elected in the even year to assume office in the odd year.

NOMINATING COMMITTEE - JUDY SCHAFFER

The Nominating Committee desperately needs your help and cooperation. The following slate of candidates will be presented in November 1984 in South Bend, Indiana. If you wish to nominate someone or yourself in the MidEast Region, do not hesitate. Your region needs you.

SLATE OF CANDIDATES

<u>OFFICE</u>	<u>REQUIREMENTS</u>	<u>CANDIDATE</u>
President-Elect		Shirley Alltop
Secretary		Deanna Walterspaugh
Regional Trustee (1)	Article VI, Section II: must be someone who has served on the regional board for at least one term.	
Trustee (1)		Patrick Gillen
Delegates (7 plus 4 alternates)		Kathy Lakey Marilyn Spencer

I wish to nominate _____ for the office of _____

Name _____

Date _____

Return to: Judy Schaffer
Bethesda North Hospital
10500 Montgomery Road
Cincinnati, OH 45442
(513) 745-1111

RUPERT B. TURNBULL, JR.
SCHOOL OF ET NEWS

The Rupert B. Turnbull, Jr. School of ET is finishing up another great year. We are soon reaching the 500th graduate. To date we have graduated 445 ETs and will have graduated over 450 with the conclusion of the our September class. Of these 450, 88 are international ETs. One of our most recent graduates just returned to her home in Puerto Rico.

At this writing, classes are filled through the summer of 1985.

Joan Van Niel, RN, MA, ET
Director, E.T. Education

ATTENTION:
FULL TIME PRIVATE PRACTITIONERS

Are you looking to share professional and business ideas, know-how and experiences with another?

As a nurse enterostomal therapist of eight years and a private practitioner, sole proprietor of a retailing/wholesaling facility, I would like to form a network of fellow practitioners.

ARE YOU A SELECT PRACTITIONER WITH SPECIAL NEEDS AND SKILLS???

CALL OR WRITE
518-489-8683

OSTOMY WORLD
ANNA C. DAWES RN, ET
111 North Main Ave.
Albany, New York 12206

(reprinted from ET Outlook, June 1984)

HELPFUL HINTS!!!

For those patients who have a lactose intolerance and complain of gas, cramps, diarrhea, you may like to refer them to the concentrated Lact-aid, a preparation which may be added to milk and set in the refrigerator and let is set while the enzyme digests the lactose. You can get it from: Sugar Lo Company, P.O. Box 111, Pleasantville, NJ 08232

HELPFUL HINTS (continued)

* For additional convexity with sur-fit wafer, try two convex inserts; use a little bit of vasoline on the edge to get the second insert in place.

* Several people have asked for the formula for Butt Balm:

- 50 gm. - Karaya powder
- 20 gm. - Mycostatin cream
- 25 gm. - Zinx oxide ointment
- 132 gm. - Eucerin
- 227 gm. - TOTAL

* Another great idea to try for fecal impaction:

Mix a solution of:

- Milk - 200 cc.
- Molasses - 200 cc.

Warm to body temp. and instill by giving solution as follows:

- 1/3 = pt. on left side, then
- 1/3 = pt. on back, then
- 1/3 = pt. on right side.

Repeat daily if necessary.

Instead of the detergent, oil and water irrigation, I've been using 200 cc. milk and 200 cc. molasses warmed and instilled into the colon. It breaks up fecal impactions without the cramping created by the detergent.

- Eunice Gaskell

(All hints reprinted from Pacific Coast Comments).

\$

"Life is to be lived, not solved" M. Brown

"Advice is seldom welcome; and those who want it the most always like it the least."
- Lord Chesterfield

"All people are equal - but some are more equal than others."

NEWS AROUND THE REGION

Ohio- Pamela Payne, RN, ET reporting

*The Greater Cleveland area E.T.s met on July 25, 1984 at Visiting Nurses Association, 3300 Chester Ave. The subject of the meeting was "The Role of the Community E.T." Donnamarie Ugan, RN, ET and Sue Langer, RN, ET were the hostesses. Refreshments were served initially.

Donnamarie and Sue individually presented the method they use to insure continuity of ostomy care in the patient's home. One area that was stressed as very important was the collection of data. The appropriate data helps the VNA to set goals and formulate nursing objectives for patient care on a continual basis.

The referral is initiated by either the social worker or the hospital E.T. According to their geographical location, when discharged the patient will see either Sue or Donna. Sue Langer covers Lake County, Geauga County, and the Eastside of Cleveland. Donnamarie Ugan is responsible for Cuyahoga County, South and West side of Cleveland, and all areas up to the Summit county line. All patients are seen within 24-48 hours after discharge from the hospital.

The VNA stomatherapist approaches ostomy care much like her hospital counterpart. However, the VNA stomatherapist must make adaptations in her care to coincide with the home situation. First she decides how many home visits will be needed. Next the ostomate's appliance and wearing time is evaluated. The involvement of the patient and significant other with ostomy care is also examined. Occasionally the VNA will have to continue ostomy teaching that was initiated in the hospital. Finally, the VNA assists the patient in contacting community services or provides them with financial information for Home Care.

In attendance at the meeting were 18 local E.T.s, 6 E.T. students, one VNA social worker, and our two hostesses. Thanks to Donnamarie and Sue for an informative meeting.

Ohio - Continued

* Our deepest sympathy to Sally and David Thompson. Dave's brother died suddenly in August.

Toledo - Mary Lou Measles, RN, ET reporting

*Lots of news from Toledo. Our entire group of I.A.E.T nurses had the privilege of meeting with Toledo Mayor, Donna Owens, last May 22, as she proclaimed Wednesday, May 23, 1984 as E.T. Day.

*We had the opportunity to share with the American Association of Critical Care nurses, in an effort to provide the Toledo area public with information regarding resources available to them. We were able to have a display table set up in one of the malls early in May, and were able to distribute handouts to a number of people as well as to answer questions.

*Congratulations are in order for Jean Jenkins, LPN, ET who recently became Mrs. Jean Gholston.

*On October 5, 1984, our group of E.T.s, in conjunction with St. Charles Hospital, will be presenting a "double-header" program on Pressure Ulcers. The program will be presented at St. Charles Hospital, starting at 7:30 a.m. and ending at 12 noon. The program will then be repeated from 12:30 p.m. until 5 p.m. This program will be geared to health care personnel, especially those of nursing home agencies. We're excited to see how this type of presentation is accepted and plan to repeat the program at regular intervals.

Cincinnati - Angela Lamb, RN, ET reporting

*A special meeting of the Cincinnati Area E.T. Nurses was held at Children's Hospital on July 26, 1984 to address the question of the E.T.s employed in industry and their membership in the Cincinnati group.

Those present: Ruth Baily, Marlene Brockmeir, Betty Gerth, Brenda Kinder, Peggy Valmassoi, Linda Vulhop, Mary Lou Walker, Sister Consolata Wolking, Chris Wentler, and Angie Lamb.

It was determined that a brief statement of purpose was needed for our group. "The Greater Area Cincinnati E.T. Nurses meet at regular intervals for the purpose

Cincinnati - Continued

of maintaining a supportive and caring environment for ourselves and our patients. Since we are a professional group, education in many and various aspects will continue to be important. Social activities will also continue to be a part of our activities, but not necessarily at the same time as other activities.

There is to be no geographic or employment limitations to limit membership. The only prerequisites is that the person be an "E.T."

If an E.T. is employed in business or industry he/she is not to promote sales or represent her employer at our meetings unless this has been requested and approved by a majority of the group.

There was discussion of the role of the E.T. employed in the business community at the UOA meeting when she is attending as the E.T. representative that night. It was felt that a person with problems should be referred back to their original E.T. if possible.

Two final statements were given by the group since the secretary had to leave before the meeting was over.

Any E.T. regardless of place of employment or residence is invited to participate in the Greater Cincinnati ET group.

An E.T. participated in the group activities as an individual nurse E.T. and is not representative of their place of employment.

*The annual E.T. picnic was held at St. Walburg's Convent on Wednesday, July 18. Those in attendance were Ruth Bailey, Marlene Brockmeir (and Mindy), Betty Gerth, Bonnie Bollinger, Jackie Dengler, Brenda Kinder, Linda Ruter, Peggy Valmassoi, Linda Vulhop, Mary Lou Walker, Chris Wentler, Sister Consolata, and Angie Lamb.

A little business and much fun was conducted. The ice-cream machine worked well. The big question of who could eat the most soft ice cream was answered by Chris. Will someone challenge her next year? The hamburgers and hotdogs were delicious as were all the salad plates and baked beans.

Linda Vulhop announced she is getting married in February. Our best wishes to you both, Linda.

Cincinnati - Continued

Plans will be made to take Katherine Jeter to dinner on November 14 when she will be in town for the National Myelomeningocele Professional Conference. More about that later.

The next E.T. meeting will be Aug. 16, a Thursday at 2:30 p.m. at Nightengale Medical Equipment Services at 6161 Stewart Rd.

Jackie is hosting a swim/supper at her home after the E.T. meeting on Aug. 16.

GOOD NEWS!!!!

Joan Kerr McWilliams, RN, BSN, MA, ET formerly Assistant Director and Director of Enterostomal Therapy at Cleveland Clinic and past President of the MidEast Region of IAET had a baby girl in July. Her name is Carolyn Kerr McWilliams. Joan's husband, Bob, mother, and baby are all fine.

Indiana - from the grapevine

Methodist Hospital in Indianapolis will soon lose Ann Ward, who is looking at retirement. Best wishes to Ann and Ed.

Are there any volunteers for reporters from this area?

Kentucky - Kathy Tucker, RN, ET reporting

Jewish Hospital's Education Department in Louisville, KY recently sponsored a seminar titled: The Ostomy Patient: Complications and Management. This offering was given for Nurses, Enterostomal Therapists, and Physicians involved in the care of ostomy patients. Lowell Katz, M.D., F.A.C.S., introduced the following speakers: John D. Rosin, MD, FACS, Greater Baltimore Medical Center; Alasdair I.L. McKendrick, MD, FACS, Southfield, MI; Stephan J. Sweitser, MD,; Joan Baptie, RN, BSN, ET. This presentation was very interesting and informative. In addition, 3 credit hours were awarded participants toward required CEU's.

CONTINENCE CLINICS

Several clinics that evaluate and treat bladder control problems have to to our attention and are listed below for your information. As others open, we will keep our readers informed.

<u>Location</u>	<u>Telephone No. Contact Person</u>	<u>Restrictions</u>
Ann Arbor, Michigan	(313) 764-6831 (313) 763-0389 Dr. Thelma Wells	Women only 55 years or older
Cleveland, Ohio	(216) 459-3803 Dr. Rosemary Lindan	Women only All ages
Los Angeles, California	(213) 825-0496 Dr. Joseph Ouslander	Geriatric - Others may be accepted
Spartanburg, South Carolina	(803) 585-2589 Dr. Harry Kinard	No Restrictions All ages. Male and Female
Bronx, New York	(212) 430-2682 Dr. Labe Sheinberg	Multiple Sclerosis
Boston, Massachusetts	(617) 732-6844 Dr. Neil Resnick	Primarily Geriatric Others may be accepted

(Taken from The Hip Report-Help for Incontinent People, Volume 2, Number 2)

TO: IAET Members

FROM: Pam Fallis, RN, ET
Nominations Committee Chairman

S.S.F. and C.

Sun, Surf, Fun, and Committment. That will be Miami, the site of the 1985 IAET Annual Conference. Do you want to take part in the S.S. and F. as well as the C?

The offices of President and Vice-President are to be voted upon during the conference, and the Nominations Committee is seeking those qualified members who wish to commit themselves or nominate another as a candidate.

Accorind to Article V, Section 2, of the IAET By-laws, "Any active member in good standing shall be eligible for nomination and election to any elective office of this corporation provided he shall have served at least one term as a member of the IAET Board of Directors or of his regional Board of Directors at any time prior to an elective term of office."

Should you wish to submit a members' name, write to: Pam Fallis, RN, ET, 13234 Shadow Hills Dr., Sun City West, AZ 85375.

Remember, while in Miami enjoy as much of the S.S. and F. as you can, BUT, don't forget the C. Be involved in all the IAET and Miami has to offer.

RECENT GRADUATES OF APPROVED
ENTEROSTOMAL THERAPY SCHOOLS AND
NEW MEMBERS OF I.A.E.T.

OHIO

Phyllis Brown, BSN, ET
Rt. 3, Box 358
Bidwell, OH 44614
614-245-5059

Holzer Medical Center
385 Jackson Pike
Gallipolis, OH 45631
614-446-5000

Nancy Henson, RN, ET
8429 N. Rt. 68 Apt. #3
West Liberty, OH 43357
513-465-5164

Mercy Hospital
Scioto St.
Urbana, OH

KENTUCKY

Dena Patton, RN, ET
Box 74 West Prestonburg
West Prestonburg, KY 41668
606-888-8781

HIGHLANDS Regional Medical Center
Prestonburg, KY 41653
606-886-8511 Ext. 452

MICHIGAN

Carol Hepp, BSN, ET
4705 Drumond #202
Kentwood, MI 49508
616-455-4996

Blodgett Memorial Medical Center
1840 Wealthy SE
Grand Rapids, MI 49506
616-774-7562

OTHER STATES

TENNESSEE

Becky Busmann, BSN, ET
1308 Court Field Rd.
Knoxville, TN 37922
615-691-3081

University of Tennessee Hospital
1924 Alcoa Highway
Knoxville, TN 47920
615-871-3444

Martha Wright, BSN, ET
2808 Wimbledon Rd.
Nashville, TN 37215
615-383-0700

Baptist Hospital
Education Department
2000 Church St.
Nashville, TN 37236
615-329-5435

ILLINOIS

Dena Reddick, BSN, ET
741 Woodstock
Bourbonnais, IL 60914
815-935-1766

Riverside Medical Center
N. Wall St.
Kankakee, IL 60901
815-933-1671

FLORIDA

Jolie Wright, RN, ET
705 Beachcomber Dr.
Lynn Haven, FL 32444
904-265-4525

United States Air Force
Tyndall Air Force Base
Panama City, FL
904-284-7501

OHIO:

COLUMBUS MEDICAL/ABBEY MEDICAL, 306 East Fifth Ave., Columbus, OH 43201
294-5585 or 1-800-282-1395 RN on staff. Dealers for Hollister, Squibb-
Convatec, United, Bard, and 3M.

COLUMBUS PRESCRIPTION PHARMACIES, INC., 1000 High St., Worthington, OH 43085
(614) 885-4079 Carry a complete line of ostomy supplies with trained personnel
on staff.

DEVINE PHARMACY, Bill Weimann, P.D., 421 Main St., Zanesville, OH 43701
(614) 452-4411 Hollister Dealer for Zanesville area.

DRUG CORNER PHARMACY AND OSTOMY SUPPLY, 1009 Sylvania Ave., Toledo, OH 43612
(419) 476-3688 "Toledo's Largest Ostomy Supply Center"

EASTMORE PHARMACY, 2946 E. Main St., Columbus, OH 43209 (614) 231-7723;
(614) 231-1572 Dealer for Nu-Hope Products.

EDGE PARK SURGICAL, INC., 4791 Turney Rd., Garfield Hts., OH 44125 (216) 429-0200
No cost to you ostomy supplies, with Medicare and/or Private Health Insurance.
Toll free: In Ohio 1-800-362-1931; Outside Ohio 1-800-321-0591.

FRANKLIN PHARMACY AND HEALTH CARE, INC., 1732 Youngstown Rd., S.E. Warren, OH
44484 (216) 369-6911

GRANT TOWN PHARMACY, 393 E. Town St., Columbus, OH 43215 (614) 461-3800
We are a authorized Hollister dealer and carry Convatec, Bard, and Sween ostomy
products.

HASTINGS HOME HEALTH CENTER, 17799 Lorain Rd., Cleveland, OH 44111 (216) 671-7711
Full ostomy lines. Staff - Ms. Jill Kundtz, RN, ET

KUNKEL APOTHECARY, 7175 Beechmont Ave., Cincinnati, OH 45230 231-1943
Authorized retailer for: Hollister, Squibb, Bard, United Surgical, Greer, Grick's,
Sween, Perma Type, and Medsco. We rent convalescent aids and carry a full line
of oxygen equipment. We bill Medicare, AFA and Workman's Compensation. Free
delivery. We accept Master Charge and Visa.

LORRAINE SURGICAL SUPPLY, 2080 West 65th St., Cleveland, OH 44102 (216) 281-4774
We stock a full line of ostomy supplies.

MARLEN MANUFACTURING AND DEVELOPMENT CO., 5150 Richmond Rd., Bedford, OH 44146
(216) 292-7060 Manufacturer of Self-adhering pouches and appliances for ostomy,
ileostomy, and urostomy drainages.

THE MEDICAL SERVICE COMPANY, 2098 Warrensville Center Rd., Cleveland, OH 44121
(216) 371-5800 Prompt, free delivery. We bill Medicare.

MIESSE PHARMACY AND SURGICAL SUPPLY, 3167 E. Main St., Columbus, OH 43213 237-4971 or
237-4825 Dealer for: Hollister, United Surgical, Convatec, Bard, Marlen, Greer,
Colly-Seal, and J. & J.

PERRY PHARMACY AND HEALTH CARE CENTER, 3200 Linwood Rd., Cincinnati, OH 45226
(513) 321-3456 We carry all major lines.

REAMAN PHARMACY, 2620 W. Breese Rd., Lima, OH (419) 991-0010 Ostomy products
with experienced professionals.

VINE SURGICAL SUPPLY, 31132 Vine St., Willowick, OH 44094 (216) 944-6000 We stock all major lines and will obtain whatever you need. Outpatient clinic with RN, ET by appointment. Open 9-9 Mon.-Fri., Sat. 905. Please call.

RITE AID REHABILITATION/HOME HEALTH CARE, 1877 S. Limestone St., Springfield, OH 45505 1-800-892-4044 Authorized dealer for United, Hollister, Squibb. 10% discount to Senior Citizens.

SEELEY MEDICAL, 902 E. 222 St., Euclid, OH 44123 (216) 261-9100 or 1-800-362-0536 Nine store locations. Dealer for: United, Hollister, Convatec, Nu-Hope.

WORLDWIDE OSTOMY CENTER, INC., 926 E. Tallmadge Ave., Suite C, Akron, OH 44310 (216) 633-0366 "Three on-staff E.T.s--Retailers for 20 manufacturers.

NORTHSIDE PHARMACY, 2899 Bell St., Zanesville, OH 43701 (614) 453-0508 Ostomy supply specialists. Dealer for all major ostomy companies.

NIGHTINGALE MEDICAL EQUIPMENT SERVICES, 7679 Montgomery Rd., Cincinnati, OH 45236 (513) 891-3350 Full line of ostomy supplies. E.T. on staff.

ARROW MEDICAL-SURGICAL, INC., 5558 Pearl Rd., Parma, OH 44129 (216) 885-3000

KENTUCKY:

COX PHARMACY, INC., 4800 Preston Highway, Louisville, KY 40213 (502) 969-2341 "A Supermarket of Ostomy Products"

BEGLEY'S CONVALESCENT AIDS AND HOME HEALTH CARE CENTERS:

117 Southland Dr., Lexington, KY 40503	(606) 276-2561
1115 Dupont Circle, Louisville, KY 40207	(502) 897-7105
2200 Winchester Ave., Ashland, KY 41101	(606) 324-1215
Skyline Shopping Center, Hopkinsville, KY 42240	(502) 885-7808

C.D.S. SURGICAL, 401 Park Row, Bowling Green, KY 40299 (502) 781-5310 Dealer for United, Hollister, and Squibb (Convatec)

HOLDAWAY DRUGS, INC., 4200 Shelbyville Rd., Louisville, KY 40213 (502) 895-5446 Dealer for United Hollister, Squibb (Convatec)

LOUISVILLE APOTHECARY, 337 West Broadway (502) 584-4363; 8268 Dixie Hwy., (502) 935-4040; and Oxmoor Center (502) 426-5040 Dealer for Hollister, Convatec, Sween, 3M, and Stomahesive.

NIGHTINGALE MEDICAL EQUIPMENT SERVICES, 3027 Dixie Highway, Edgewood, KY 41017 (606) 341-7700. Full line of ostomy supplies. E.T. on staff.

MICHIGAN:

MID MICHIGAN SURGICAL SUPPLY, 360 Capital Ave., N.E., Battle Creek, MI 49017
(616) 9541 Dealer for all major lines--Medicare/Medicaid and Direct Insurance
billing.

WHITE & WHITE PHARMACY, INC., 98 E. Fulton, Grand Rapids, MI 49503 (616) 456-7616
or 1-800-632-9387 Mail order Ostomy/Incontinence supplies. Free delivery.

REFLECTIVE CARE, P.O. Box 36061 Gross Point Farms, MI 48236 (313) 885-0944
OSTOVISION MIRROR for post-op training/self-care.

H & M OSTOMY CENTER, 1704 Bloomfield. Kalamazoo, MI 49001 (616) 343-7941
Major brands. E.T. on staff.

THE APOTHECARY SURGICAL SUPPLY, INC., 122 E. Madison St., Lansing, MI 48906
(517) 482-0882 Lansing's most complete source for ostomy supplies.

COMMUNITY DRUG STORES, INC., 76 Ashman Circle, Midland, MI 48640 (517) 631-2202
Dealer for Hollister, Convatec and others.

WATKINS SURGICAL SUPPLY, 1391 E. Sherman, Muskegon 49444

WATKINS PRESCRIPTION PHARMACY, 938 Second St., Muskegon, MI 49440 (616) 722-2592

PRINCING AND BRENNAN PHARMACY, INC., 3516 State St., Saginaw, MI 48602 (517) 792-6641
Dealer for Hollister, Convatec, and Bard.

HOME MEDICAL OXYGEN EQUIPMENT (H.O.M.E.) 1605 E. Kalamazoo St., Lansing, MI 48912
1-800-292-5899; 4343 Nancy St., Detroit, MI 48212 (313) 369-2660 Major brand
appliances and skin care. R.N. available. Competitive pricing. Direct insurance
billing.

VOIGHT'S HEALTH HOME CARE PHARMACY, N. Washington and Hopkins, Lake Owosso, MI 48867
(517) 723-2121; Showboat Plaza, Chesaning, MI 49616 (517) 845-7080; Monroe Plaza,
Durand, MI 48429 (313) 288-3101 Authorized dealer for Hollister, Convatec, United,
E & J, Davol, Staodynamics

REMER PHARMACY AND SURGICAL, 13515 Gratoit Ave., Detroit, MI 48204 (313) 526-3945
Ostomy supplies in stock. Free delivery in area. Insurance accepted.

KALES MUTUAL PHARMACY, 14800 6 Mile Rd., Detroit, MI 48235 (313) 836-2600
Distributor for major ostomy manufacturers. Fitting consultation available. Accept
Master Charge and Visa.

WEST VIRGINIA:

BOLL MEDICAL, 717 Bigley Ave., Charleston, WV 25303 (304) 345-2944 Dealer for United, Convatec, Bard, Nu-Hope. E.T. on staff.

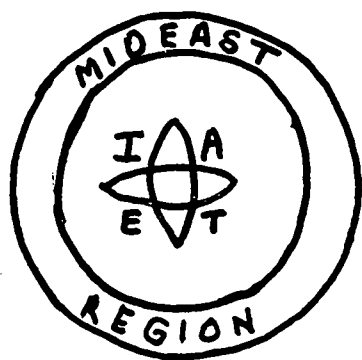
CITY PHARMACY, INC., 162 High St., or P.O. Box 17, Morgantown, WV (304) 296-3314 Authorized dealer for United, Hollister, Bard, Coloplast, Nu-Hope (consulting)

HIGHLAWN PHARMACY, INC., 3rd Ave. at 26th St., Huntington, WV 25703 (304) 697-70 We carry Bard, Davol, Greer, Gricks, Hollister, Marlen, Nu-Hope, Perma-type, Squibb Sween. Open 365 days, 9 a.m. to 11 p.m.

MEDICAL SUPPLY COMPANY, P.O. Box 6584, 1303 Eoff St., Wheeling, WV 26003 (304) 232-2820 We stock a full line for United Surgical, Bard (Marsan) and Sqibb (Convatec)

FAMILY DRUG STORE, 115 Third St., Elkins, WV 26241 (304) 536-0982 Dealer for Hollister, Conyatec, United Surgical, Bard, Davol. Two E.T. s on staff.

MARILYN SPENCER, RN, ET
Enterostomal Therapy Dept.-3L22
Cleveland Clinic Foundation
9500 Euclid Ave.
Cleveland, OH 44106



Pamela Stigler, RN, ET
4001 Carbine Lane
Louisville, KY 40299

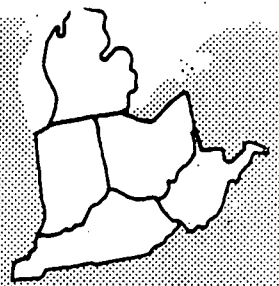
FIRST CLASS

PRESORTED
FIRST CLASS





MID-EAS DROPPER



VOL. XVII

DECEMBER 1984

NO. 4

Dear Mid-East Members:

A happy, helthful and prosperous 1985 to all of you!

The regional meeting held last November in South Bend, Indiana was well attended. The topics and speakers were timely and well prepared. Rita Kirschner and her committee deserve a special "Thank you" for a job well done. It was helpful and informative to have Debbie Broadwell, I.A.E.T. President, at our business meeting on Saturday. Debbie was able to "update" us on I.A.E.T. acitvities and concerns. Members had an opportunity to ask questions and express opinions about issues facing E.T.'s and I.A.E.T. today.

It is a pleasure to welcome several new E.T.'s to the region. I invite you to become active participants in our regional programs.

It is very gratifying to have the offers of assistance from many of you as I assume the responsibilities of president. Believe me, I will not be hesitant to call on you. The Regional Board of Trustees/Committee members are on outstanding group of people. I look forward to working with them in serving the membership.

Ethel G. Pryor

Ethel G. Pryor, M.S.N., R.N.E.T.
President, Mid-East Region

EGP:sd

MIDEAST REGION I.A.E.T. OFFICERS

PRESIDENT: Ethel Pryor
(W) 313-876-2492
(H) 313-722-3593

PRESIDENT ELECT: Shirley Alltop
(W) 614-261-5000
(H) 614-459-5005

SECRETARY: Deanna Walterspaugh
(W) 616-963-5521

TREASURER: Barbara Montgomery
(W) 614-421-8897

REGIONAL TRUSTEE: Jane Beerck
Joyce Hawley
(W) 513-226-3200

TRUSTEES: Patrick Gillen
(W) 419-337-2736
Rosemarie Van Ingen
(W) 313-424-3435
Ruth Bailey
(W) 513-853-5596

DELEGATES: Pat Freeman, Chairman
(W) 517-483-2687
Cookie Ramos-Wilson
(W) 216-444-6677
Cathy Lakey
(W) 317-787-3311
Sister Consolata Wolking
(W) 606-371-4600
Marilyn Spencer
(W) 216-444-6677
Sue Brady
(W) 513-854-2727
Mary Lou Walker
(W) 513-369-1124

ALTERNATES: Dorothy Best
(W) 419-729-6000
Marlene Brockmeir
(W) 513-559-4200
Wyonna Stiffler
(W) 513-298-4330

PARLIAMENTARIAN: Bonnie Bollinger
(W) 573-874-8345

HISTORIAN: Pam Stigler
(W) 502-584-2456

SPECIAL COMMITTEES:

Operational Manual -Rosemarie Van Ingen
(W) 313-424-3435
Newsletter Funding -Bonnie Bollinger
(W) 573-874-8345
Nominating -Brenda Kerschbaum
(W) 419-893-5965
1985 Youth Rally -Sue Brady
(W) 513-854-2727

COMMITTEES:

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(W) 614-457-1950
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Public Relations -Patrick Gillen
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Continuing -Penny Kiss
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MEDICAL ADVISORS: Ananias C. Dinckno, M.D.
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Victor Fazio, M.D.
Cleveland Clinic
Cleveland, OH
W.Patrick Mazier, M.D.
Ferguson Clinic
Grand Rapids, MI
Joseph Rinaldo, Jr., M.D.
Providence Hospital
Southfield, MI

NOTICE: CHANGE OF ADDRESS

Deanne Walterspaugh
Good Samaritan Hospice Inc.
450 North Avenue
Battle Creek, MI 49016

REGIONAL TRUSTEE REPORT

The Annual Mideast Regional Meeting in South Bend was a great success. It was great having Helen Arend looking so healthy and with us again. Congratulations to Rita Kirschner and her committee, on the Conference.

Debbie Broadwell, President of IAET requested an invitation to speak to the membership at the Annual meeting. Debbie reported on IAET Board activities since June, and addressed various concerns. She reviewed the activities of the Executive Working Session held Sept. 12th - 16th. One of the sub-groups, the Association Development submitted a "marketing plan" for IAET.

The National Conference Planning Committee established the Conference dates for Miami: June 7 - 14, 1985. The theme: Beyond our boundaries. Other Conference sites being considered: 1986: Washington, D.C., Minneapolis, Baltimore or Chicago. 1987: Las Vegas. 1988: Nashville. 1989: Anaheim.

Report of the JET: "Procurement of quality manuscripts was of immediate concern." They are looking especially for manuscripts leaning toward the expanded role of the ET Nurse, and also, home care.

Abbott Northwestern ETEP is planning to implement a MSN program in the Fall of 1985. They are also continuing the 8 week program on a limited basis.

New Scope of Practice: "An ET nurse provides acute and rehabilitative care for people with select disorders of the gastrointestinal, genitourinary, and integumentary systems. The ET nurse provides direct patient care to persons with abdominal stomas, wounds, fistulas, drains, pressure sores, and incontinence. As educator, consultant, researcher, and administrator, the ET nurse plays a pivotal role in the guidance of optimum patient care."

For those members who had problems with the Travel Connection, the IAET contact person has been fired. At our Annual meeting time, it was still undecided if IAET would stay with the agency.

According to Fred Droz, National Director, IAET, the Membership Directory has been sent to the printers.

Pleasant Holidays to you all,

Jane Beerck

CALENDAR OF EVENTS

April 11-12, 1985 - CLEVELAND CLINIC
ET UPDATE

*Cleveland Clinic Foundation, Cleveland, OH. For more information contact: Rosemary Fitzgerald, Center for Continuing Medical Education, 9500 Euclid Ave., Rm. 3T01, Cleveland, OH or call: Local 444-5696; Toll free 800-762-8172 (Ohio); 800-762-8173 (outside Ohio)

April 12-14, 1985 - U.O.A. GREAT LAKES
REGIONAL

Westlake Holiday Inn, Westlake, OH. For more information contact: Elaine Arnold, 4867 Fairlawn Road, Lyndhurst, OH 44124

May 12-16, 1985 - AUAA ANNUAL ASSEMBLY

Assembly will be held at the Sheraton Atlanta Hotel, Atlanta, Georgia. For more information contact: Administrative Office, 6845 Lake Shore Drive, P.O. Box 9397, Raytown, Missouri 64133 or call (816) 358-3317

June 11-15, 1985 - IAET CONFERENCE

At the Fountainebleau Hotel, Miami Beach, Florida. Room rates - single or double will be \$65

June 28-30, 1985 - KALAMAZOO OSTOMY
ASSOCIATION

The Kalamazoo Ostomy Association will host a Youth-Parent Conference for the Great Lakes Region. For more information please contact Helen Arend

August 14-17, 1985 - INTERNATIONAL OSTOMY
ASSOCIATION

Anaheim, California. More information will follow at a later date.

Memo: IAET Board of Directors, Regional Presidents, Foundation Board

From: Debra Broadwell, RN, ET

Two and a half years ago, the board IAET voted to use the title ET nurse. I need your help in integrating this change. I have noticed that in recent regional newsletters and regional brochures the use of ET and Enterostomal Therapist. If we are really going to make a change so people use the title, we must consistently and correctly refer to ourselves. (I also wish people (IAET people) would use the name of the association too!).

The rationale behind the change was to make others aware of our nursing background and to move away from the ostomy-only focus of the term enterostomal. At the Executive Working session the discussion of a name change was again brought up. Rather than a radical change we reaffirmed the use of ET nurse and the addition of the descriptive statement. It is important for us to present a uniformed consistent communication to our public. As we go forward with a marketing plan for increasing the visibility of the ET nurse, the consistency will become more and more important.

III. Board Vote Results

Descriptive Statement:

INTERNATIONAL ASSOCIATION FOR ENTEROSTOMAL
THERAPY

An association of nurses who specialize in the management of stoma care, draining wounds, fistulas, pressure sores, and incontinence rehabilitation.

SCOPE OF PRACTICE STATEMENT

An ET nurse provides acute and rehabilitative care for people with selected disorders of the gastrointestinal, genitourinary, and integumentary systems. The ET nurse provides direct care to people with abdominal stomas, wounds, fistulas, drains, pressure sores, and incontinence. As an educator, consultant, researcher, and administrator, the ET nurse plays a pivotal role in the guidance of optimal patient care.

I know some of you were not real pleased with the choices. I would recommend that we stay with these two until or unless a Task Force works with the material for several months. Both are certainly direct and explicit in describing who we are.

NOMINATING COMMITTEE - 1985

Elections will be held in November 1985, for treasurer and two trustees for the Mideast Region. If interested in submitting your name for nomination, please contact the chairman:

Brenda Kerschbaum, R.N., E.T.
St. Luke's Hospital
Maumee, OH 43537

Bending over backwards	75
Jumping on the bandwagon	200
Balancing the books	23
Running around in circles	350
Eating crow	225
Tooting your own horn	25
Climbing the ladder of success	750
Adding fuel to the fire	150

1984 I.A.E.T. CENSUS NOW DUE

If you filled out your 1984 Census Sheet monthly, you made the chore easier. For those of you who need to take time to transfer your statistics to the I.A.E.T. sheet, you will find a copy in November-December 1983 Journal in the Association Update section. Please add in the upper right-hand corner the name of your region. Mail today. Let's have 100% from your region - no later than February 2, 1985.

1983 - 1984 statistics will be compared and displayed at June conference in Miami.

Research and Development Committee
Submitted by,
Nancy Radcliff, R.N., E.T.
Chairman

WATCH YOUR CALORIES

A recent report by the Southern California Medical Association pointed out that proper weight control and physical fitness cannot be attained by dieting alone. Many people who are engaged in sedentary occupations do not realize that calories can be burned by the hundreds by engaging in strenuous exercises that do not require physical exercise. The following is a list of calorie-burning activities and the number of calories per hour they consume:

Beating around the bush	75
Jumping to conclusions	100
Climbing the walls	150
Swallowing your pride	50
Passing the buck	25
Throwing your weight around (depending upon your weight)	50-300
Dragging your heels	100
Pushing your luck	250
Making mountains out of molehills	500
Hitting the nail on the head	50
Wading through paperwork	300

ILEOANAL RESERVOIR PATIENT TEACHING MATERIALS AVAILABLE

In response to interest generated during the 1984 I.A.E.T. Annual Conference, a patient teaching resource for patients with ileoanal reservoir has been developed. These teaching material have been designed for use with patients and health care professionals. Topics included are anatomy and physiology, perioperative management, complications and short- and long-term expected outcomes of surgery. Issues of stomal care are NCT covered in this content.

Materials are presented on 8½ X 11 page format, double-spaced and include 15 pages. If you wish to receive a copy, please send \$24 (\$20 charge for teaching materials and \$4 for mailing and handling) to Bonnie Sue Rolstad, R.N., E.T., E.T. Nurse Consultants, PA, 721 Snelling Ave., S., St. Paul, MN 55116.

ATTENTION

New address:
IAET
5000 Birch Street, Suite 400
Newport Beach, CA 92660
(714) 476-0268

"We can't all be heroes because somebody has to sit on the curb and clap as they go by."

Will Rogers

Program/Continuing Education
Chairman Report
November 1, 1984

The program committee met and discussed goals that were introduced at the June 2nd Board Meeting. The committee consists of Penny Kiss, Becky Beckwith and Deanna Walterspaugh, Chairman.

Territory assignments are as follows:

Penny Kiss (Ohio & Kentucky)
Becky Beckwith (Indiana & Michigan)
Deanna Walterspaugh (West Virginia)

The committee members have been in contact with each member of the Mideast Region of I.A.E.T., and have requested the following information:

1. Sample evaluation forms from various facilities
2. Bibliography list of topics that members have found to be helpful to their E.T. practice
3. Sample job descriptions.
4. Sample protocols/care plans of various areas of E.T. practice in various institutions

The committee will again meet on November 28, 1984, and organize the information into a resource file to be made available to members upon their request. Locations for the Mideast Region annual conferences are as follows:

1985 Cleveland, Ohio
1985 October 31st (Board Meeting)
1985 November 1-2 (Conference)

E.T.'s from Grand Rapids, Michigan, submitted a bid for hosting the 1986 Regional Conference. The board approved the bid. The Program Committee will make available to the members the following materials:

1. Guidelines for Writing Behavioral Objectives
2. Information of how to submit programs to I.A.E.T. for C.E.U. approval
3. Workshop "Flow Sheet"

The Program Committee encourages members to keep them informed of educational offerings within their areas, so as to inform other E.T.'s of available opportunities for education. Announcements will be made of future workshops as well as mention of those that have already occurred.

A recommendation from the committee is to keep a representative from the previous year on the new committee. The feeling is that this will provide continuity of planning and to aid in completion of projects started.

The primary goal of the Program/Continuing Education Committee is to facilitate coordination of program planning and sharing of ideas by identifying subjects or topics for future conferences.

The final meeting of the present committee will be during the first week in December. At this time, the resource files will be organized and turned over to the incoming committee chairperson.

Deanna Walterspaugh, R.N., E.T.
Program/Continuing Education
Chairperson

FUND RAISING COMMITTEE REPORT

The Mid-East Region participated in its first fund raising activities at our annual I.A.E.T. Conference in Las Vegas in June, 1984. Our efforts were ambitious, because our projects included a raffle of ceramic E.T. blinking night lights, red garters, red and gold letter openers, and hot/cold travel mugs - All contained either the I.A.E.T. emblem or, I.A.E.T. printed in letters.

The total expenses for all of the fund raising items were \$1442.88, \$1177.85 was made in Las Vegas including the raffle. The money from the raffle provided our region with a \$54.00 profit. An unknown problem that was encountered in Las Vegas was that two of the Ostomy Manufacturers gave letter openers and garters. These free gifts naturally decreased our sales. Negotiations are currently in progress for the purchase of the remaining garters. Including our profit from the E.T. night light raffle, our region was \$264.73 over expenses for our fund raising activities.

At the Mid-East Annual Conference in South Bend, Indiana, November 2, and 3, 1984, our fund raising activities continued. At the end of the conference, we had made \$235.00, \$29.73 over expenses.

As the Fund Raising Chairperson, I would like to sincerely thank my committee members; Susan Brady and Susan Smith, for all of their hours of hard work in Las Vegas and South Bend. I would also like to thank all of you who helped to sell our items and raffle tickets at our booth in Las Vegas. It was great to getting to know you better. I also appreciated the help of Mary Wallace in both Las Vegas and South Bend and lastly to my husband, John, who carried many boxes and "manned" the booth in Las Vegas, so that I could attend more of the educational sessions.

For our annual I.A.E.T. Conference in Miami, June 1985, the Fund Raising Committee and the Board of The Mid-East Region have decided to have another raffle and to sell the remaining letter openers, mugs, and garters. An anonymous member has generously denoted an afghan, which we will present to the winner of the raffle.

The Fund Raising Committee is considering other projects for fund raising, which we will present to you at our Mid-East Regional Meeting in Miami. Future projects are being considered for our next Mid-East Regional Conference in Cleveland, Ohio in 1985 and for the 1986 annual I.A.E.T. Conference. The Fund Raising Committee encourages all of you to think of ideas that would be possible fund raising projects, and we hope that we can count on your support in Miami to assist in selling raffle tickets and our other items. Anyone interested in becoming a member of the Fund Raising Committee, or who has fund raising ideas, please contact me at Miami Valley Hospital, One Wyoming Street, Dayton, OH 45409, (513) 223-6192.

Karen Granby, R.N., E.T.

HISTORIAN REPORT

Our "historical" scrapbook has been updated to the Las Vegas conference.

Pam Stilger, R.N., E.T.

NOMINATING COMMITTEE REPORT

Nominating committee person selected at 1984 IAET national meeting in Las Vegas. Three nominees were obtained at that meeting.

Fall 1984 Mideas Dropper article requesting nominees submit names or ideas to chairperson (copy enclosed). Two forms were returned.

Mailing to E.T.'s from each state, a random selection, requesting nominees received a good response. These were sent in September. Twenty-five letters were mailed and five were returned. Three people who received these letters telephoned their response to the chairperson. A copy of the letters is enclosed.

Several long distance calls to possible nominees, Mideast Regional President and Pres. Elect were made for 1) support, 2) ideas, 3) additional names for nominees.

At local ET meeting two names were obtained to be on the ballot. Marilyn Spencer was VERY helpful in acquiring nominees.

Refer to the ballot for reviewing nominees and numbers of nominees for each office.

Recommendations:

- 1) Nominating committee consist of two chairpersons, to be selected by the President of the Region at every Regional meeting.
- 2) Nominating committee people meet with President at National Meeting to determine course of action for selection of nominees and a briefing on requirements and responsibilities of each vacant office.
- 3) Utilize Regional newsletter early, send random mailings starting in July to obtain nominees.
- 4) Seek an ET from each state to assist with the nominations and assist nominating committee in the selection process. These state by state ET's could be chosen at the National meeting.
- 5) Selection of nominating committee at the annual Regional meeting would facilitate using the newsletter and securing "assistants" for the committee chairpersons.

Judith A. Schaffer

Special Committee Reports

Operational Manual

Everything is up to date. I am awaiting the Continuing Education Committee and Public Relations Committee guidelines to add to the Operational Manual. Both committee chairpersons have been notified to send me the information.

Rosemarie VanIngen,

To those who responded to my questionnaire in the September MidEast Dropper, I thank you, all twelve of you. That's right -- the MidEast Region has 228 members, and only twelve responded.

I am reporting this not to "shame" those of you who did not respond, but to make a point.

Your Regional Officers, Trustees, Regional Trustee and Delegates cannot represent you without your input. Communication is imperative between the membership and the Board; otherwise, the democratic process does not work.

You now have a new group of officers eagerly waiting to serve you. I urge all of you to support them and communicate with them. No concern is too small.

All E.T.'s are very dedicated people. Let's carry that dedication a bit further into the workings of the Region.

End of sermon!

RESULTS OF QUESTIONNAIRE

1. Do you feel that you, as an I.A.E.T. member, have an adequate opportunity for input in policies and procedures of the Association?

Yes - 3 No - 9

Comments: "National Board decides -- we have no choice"
"National tries hard to keep members informed"
"Policies and procedures decided and activated at I.A.E.T. board level with little or no input from general membership."
"Too many members led by the leader as blind sheep"

2. Do you feel that the membership is given enough opportunity to discuss and fully understand issues being voted on or changes being made in I.A.E.T.?

Yes - 3 No - 9

Comments: "Regional Rep should bring to our attention"
"Board says bring your concerns, but they don't hear us"
"Opportunities exist . . . to receive information on issues and learn or listen to discussions of those issues"
"Clarification of national issues has always been very minimal"
"Members not fully informed prior to voting."
"There should be a mail vote for the membership"

3. Do you feel that the activities of the I.A.E.T. are assisting you in meeting your personal career goals as an E.T. Nurse?

Yes - 5 No - 6 Not sure - 1

Comments: "B.S. issue pushed on us at this time as an example"
"The I.A.E.T. has given S.O.C. and other guidelines"
"The Journal & talking with other E.T. nurses is helpful"
"The Strategic Planning Report, Reimbursement Manual & Educational Assessment Symposium reflect concerns of a very active, sophisticated, professional group"
"Nursing is too caught-up in their Educational Revolution . . . the ostomy patient has been put by the wayside"
"The I.A.E.T. is trying to lead me away from the bedside to provide education to the primary nurse who then teaches the patients"
"Would like to see retaking Certification Exam changed"

Respectfully submitted,

Sally Thompson

WHAT'S NEW in PRODUCTS

Coloplast has produced a new one-piece and also a two-piece system, that is designed to meet the individual patient's needs. The one-piece mc 2000 series has a skin barrier attached. The "Curagard" barrier is flexible and absorbent according to the manufacturer. They advocate it as being especially helpful for the patient with scars or skin folds near the stoma. The microporous adhesive on the pouch allows for freedom of movement. Closed-end pouches are available with the new type filtrodor on the pouch.

The two-piece system is the mc 2002 series. It has a flexible flange with a floating collar to allow pressure to rest on the fingers and not on the tender peristomal skin. They come in pre-cut sizes - a bonus for the elderly and for the handicapped. -- Both series are available in clear and in flesh color. Coloplast states that pouches are rustle free, and come in open and in closed end varieties. They will be coming out with the urinary pouch at the Conference. Watch for it! Their address is: Coloplast, Inc., 6206 Benjamin Road, Tampa, Florida 33614 (813) 886-5634.

New Wound Dressing - Derma-Lock Medical Corp. has produced a semi-occlusive, gas and vapor permeable wound dressing derived from a special, modified polyurethane. The dressing was designed by a Dr. Peter M. Lock of England and was developed over a period of 20 years of research. The new product is called "EPI-LOCK". The company states that rate and quality of wound healing are improved through moisture control and temperature maintenance at the wound site (37 degrees C). They claim it has been useful in treating burns, lacerations, abrasions (traumatic and surgical), decubitus ulcers and surgical incisions. Studies to evaluate the product will be conducted at George Washington Medical Center and at Georgetown University Hospital.

Mid-Atlantic Region, Summer 1984

HELPFUL HINTS

Anti-Prolapse Face Plate Available
(Contributed by Liz Riggs, RNET,
Children's Hospital, Wash., D.C.)

Liz Riggs reports that the Torbot Co. now has an anti-prolapse face plate. It is applied the same as a regular face plate and is very successful. She says it is not specifically mentioned in their literature but can be requested. Liz adds that the United Featherlite pouch will fit the Torbot disc. Torbot's address is: Torbot Co., 1185 Jefferson Blvd., Warwick, R.I. 22886. (401)-739-2241.

Thanks for this contribution, Liz.



Mid-Atlantic Region, Fall 1983

I am aware of a new ET in my area:

Name _____

Address _____

Please send a welcome letter.

Return this information to:

Membership Chairman:

MY PREGNANCY WITH A CONTINENT ILEOSTOMY

Last Thanksgiving when my doctor congratulated me on my pregnancy, I was less than thrilled. When I elected to have my conventional ileostomy converted to a Kock Pouch, it was with the belief that my family was complete, and that my abdomen would not be invaded by a third pregnancy.

To say the least, I was frightened. Questions that popped into my mind were endless. Would the pregnancy damage my pouch? Would I develop difficulty intubating my pouch? (I had been having occasional problems prior to my pregnancy). Could I deliver vaginally, as before, or would I have to have a C-Section? What about exercise, travel and diet? My OB doctor didn't even know what a Kock Pouch was, how could he help me with problems which popped up? Over the next eight months, I was to find the answers.

I began by finding an OB doctor who had some experience in dealing with women with a compromised G.I. tract. He had no understanding of the Kock Pouch, but was interested in learning what he could and made the effort to contact my surgeon to discuss possible problems.

The first problem to develop was dehydration and an electrolyte imbalance. These were caused by my seemingly endless morning sickness. I started taking Nu-Hope's Electrolyte Plus on a regular basis. It did the trick!

The fourth month, I began having difficulty intubating. The weight of the pregnancy (though I had only gained two pounds) seemed to be pressing on the track prior to my pregnancy. I was fortunate enough to locate a drainage tube which was very comfortable to wear continuously. The tube is manufactured by Marlen Co. I taped the tube in place and plugged the end of it. It was only necessary to unplug the tube for emptying 3-4 times a day. No bag was worn.

At six months, I experienced a stoma prolapse. I simply removed the tube and applied pressure directly over the stoma for about 30 minutes. The stoma returned to its usual appearance, below the level of the skin.

I continued to work and travel through my eighth month. We went camping, boating, and hiking. I traveled for business, and at the beginning of my eighth month, I went to the IAET convention in Kansas City.

My diet started giving me a few problems after the 7th month. Until that time, I could pull out the tube if it became plugged and slip it back in without too much difficulty if I did it right away. However, at 30 weeks, my system seemed to begin demanding more fluid and my effluent became increasingly thick. I started being a little more cautious about food I consumed, being careful not to take unnecessary chances as I had with corn, carrots, and vegetable skins. I began supplementing my diet with an occasional can of Ensure.

It was also at this time in my pregnancy that I began having phantom pain in the area of the rectal stump. I had not experienced this discomfort over four years. Unfortunately, there was nothing which could be done to relieve my intermittent pain.

The baby was very active...it seems he never slept. In the middle of the eighth month I began bleeding from the pouch...not excessively, but it was noticeable. So I decreased my activity and took leave from work.

The remainder of the problems I experienced were not related to the pouch. However, I developed a serious kidney problem at the beginning of my ninth month which forced me to undergo a surgical procedure via spinal anesthesia only 2 weeks before my due date. So as not to jeopardize the baby, my OB doctor and Urologist felt that prior to any surgery, it was necessary to replace the blood I had lost. I received two units of packed cells. Neither the transfusions or surgery produced any serious consequences to me or my baby.

On August 6th, my doctor induced labor. I connected my Kock Pouch to continuous bedside drainage. This allowed me to concentrate

MY PREGNANCY WITH A CONTINENT ILEOSTOMY
(continued)

completely on my LaMaze breathing as well as keeping my pouch empty so it wouldn't interfere with the progress of my labor.

Two and a half hours later, via normal vaginal delivery, David and I were blessed with a beautiful, healthy boy. Paul weighed in at 7 pounds 15 ounces and was 21¼ inches long.

Now, a month later, I'm working out at the gym, trying to get my tummy back in shape. When it is, I will take the tube out and hopefully all will be back to normal.

During my pregnancy, I received many calls from all over the country. Women who were thinking of having or who already had continent ileostomies shared many of the same questions on pregnancy and how it would affect them. Now, I can say to you ladies every pregnancy is different, what worked for me may not work for you and vice versa. But, in honest reflection I see no problems too big and would have no reservations about planning another pregnancy (though I'd have to fight David).

I would like to take this opportunity to thank so many of you...the cards and calls were really appreciated.

To those of you continent ostomates considering pregnancy...best of luck.

By Janice M. Stanfield, RN, ET
via: Los Ostomy New, Los Angeles

(Reprinted from Akron Ostomy News)

MORE IMPORTANT than a work of art itself is what it will sow. Art can die, a painting can disappear. What counts is the seed.

-Joan Miro, quoted by Miguel Fernandez-Braso in El Pais Semanal, Madrid

NEWS AROUND THE REGION

OHIO

Dear Mideast Region Officers,
Board and Members,

Thank you all so very much for the beautiful crystal bowls! They are exquisite. Each time I use them all the fond memories of being your President will return.

Thanks again to all my "Mideast friends".

Love,
Sally

More Ohio Good News

Terry and Pat Hover announce the arrival of Terry Junior on October 8, 1984. Mother, and baby, all 7 lbs. 3 oz., doing well.

Rupert B. Turnbull School of E.T. News Corner

On November 16, the R. B. Turnbull School of E.T. in Cleveland graduated the final class of 1984. Eight new RN/ETs returned home full of new goals, ideas, and energy! Of these, three were international nurses - one each from Japan, Canada, and Columbia South America. Two were from Visiting Nurse Agencies. Two had Master's degrees and the others were diploma graduates. It was an exciting class. We congratulate our new Alumnae and welcome them into the E.T. network.

Best wishes and Happy Holidays to all the graduates from the Cleveland E.T. program. May your year be healthy and your work successful.

Joan Van Niel and the E.T. faculty.

OHIO

Sympathy

Linda Reeter, R.N., E.T.
Sudden death of son

Illness

Michelle Bolinger, R.N., E.T.
daughter of Bonnie

Michigan - Shari Ballard, R.N., E.T.

The Michigan E.T.'s would like to extend our sincere thanks to Ingrid Dickinson, R.N., E.T. and Marilyn Ehrlich, R.N., E.T. from the University of Michigan Hospitals for a truly educational afternoon on November 28, 1984.

Invited to speak to our group were two innovative physicians from the University Hospitals. The first presentation was given by Dr. McGuire who shared some of his work on the "Continent Urostomy" and the "Augmentation Ileocystoplasty" procedures. Our second speaker was Dr. Gressman who has been involved in the research development and improvement of the Biocarbon Device for Cutaneous Ureteros-tomy. As Enterostomal Therapists, it is certain that we will be seeing both of these procedures being performed more and more frequently in the near future.

Once again, thank you Ingrid and Marilyn for helping us "stay up to date".

Note: The Michigan E.T.'s would like to cordially invite all E.T.'s (in or out of state) to our next meeting on February 20, 1985, at Henry Ford Hospital in Detroit. Our hostess will be our new President, Ethel Pryor, R.N., M.S.N., E.T. The topic will be centered around "wound care" and promises to be a most informative afternoon. Please contact Ethel at (313) 876-2600 if you are interested. Hope to see you there!

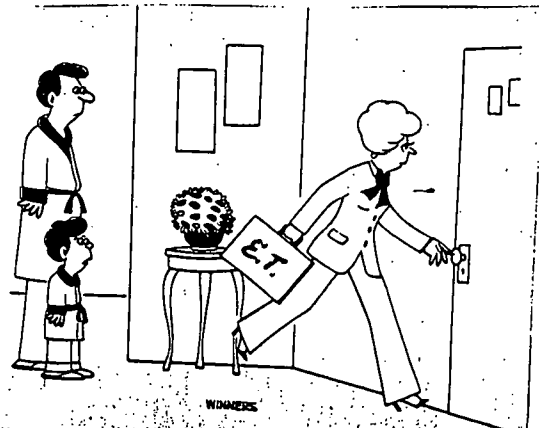
DID YOU KNOW:

that phenazopridine hydrochloride (Pyridium) is eliminated through all body secretions, so watch for a yellowish tinge to the skin or sclerae. Warn the client wearing contact lenses during the Pyridium therapy as this drug is eliminated in the lacrimal fluid also.

Nursing 84, January

that the cause of pruritus ani has been identified as food consumption such as tomatoes, grapefruit, chocolate; liquids containing caffeine, coffee, tea, cola drinks and beer; poor hygiene habits, incomplete wiping the anus after bowel movements, using rough or non-absorbent tissue, passing gas in non-bathroom situations; frequent diarrhea causing increased stool passage leading to increased anal wipings per day; summer heat and humidity, prolonged wearing wet bathing suits; and pinworms. Highly spiced foods can aggravate the pruritus ani as well as "too" frequent washing the area with soap --- soap being highly alkaline irritates the anal lining and vigorous washing with a washcloth further irritates from friction. Stress and anxiety produce itching while any pathology is negative.

Consultant, September 1983



"I suppose one of us ought to tell her today's Sunday

Bernadette G. Smith
Registered Nurse
Enterostomal Therapist

Bernadette G. Smith (known to most as Smitty) was born on July 28, 1911 in Cleveland, Ohio. After graduation from St. Agnes High School in Cleveland, Ohio, she graduated from St. Mary's School of Nursing, now Mercy Central School of Nursing in Grand Rapids, Michigan. She served in the Army Nurse Corps, stateside and overseas (Africa, Italy, Japan and Alaska) from 1942 to 1946, after which time she took a ten-year leave from nursing to raise her family. Returning to nursing in 1956, she worked locally for the American Cancer Society and the Public Health Department.

On May 30, 1964 she joined Ferguson-Droste-Ferguson Hospital (F.D.F.), now Ferguson Hospital, as a staff nurse and was promoted to head of the Department of Abdominal Stomal Therapy in May 1966. In May of that same year, Mrs. Smith was awarded a Special Award by the Michigan Hospital Association for her joint entry in the 11th Hospital Achievement Contest for the first stomal therapy seminars ever offered to paramedical people in Michigan. Her responsibilities for educational programs to all levels of hospital personnel were numerous and included physicians as well as nursing personnel.

She assisted in opening the Ferguson-Droste-Ferguson School of Enterostomal Therapy in 1970 and remained its' director until closing in 1976. During that period, 52 students received their education at F.D.F., all of whom remember Smitty, as Helen Arend said, for her "total commitment to patients, her absolute honesty, her consistent sincerity, her snappy eyes, her ready laugh and quick wit, her constant energy and above all, her concern for her fellow man."

Bernadette Smith was active in the International Association of Enterostomal Therapy (IAET) from its inception until her retirement, supporting organizational philosophy and attending all conferences.

As a final tribute to a wonderful, caring person, Bernadette Smith was awarded the 1982 IAET President's Award posthumously. No greater honor could have been bestowed on such a great lady!

RECENT GRADUATES OF APPROVED
ENTEROSTOMAL THERAPY SCHOOLS AND
NEW MEMBERS OF I.A.E.T.

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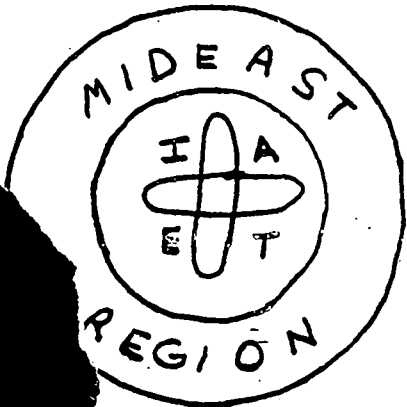
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FIRST CLASS

