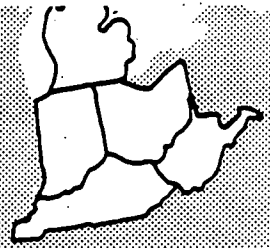




MID-EAS DROPPER



VOL. XVIII

MARCH 1985

NO. 1

Dear Mid-East Members:

E.T. Nurse Day is May 15, 1985. This is becoming an annual observance and will be planned to coincide with National Digestive Disease Week as it does this year. I encourage all of you to plan an activity to promote E.T. Nursing on that day among your colleagues, place of practice or in the community. Let the Newsletter Editor know about your efforts no matter how big or small.

Please note that June 10-14, 1985 are the dates for the IAET Annual Conference in Miami Beach, Florida. I would ask officers and trustees of the region (Board of Trustees) to plan to be in Miami Beach on Sunday, June 9, 1985 for our Semi-Annual Board Meeting to be held that afternoon. It would be most helpful if our board can meet before the Regional President's Meeting on Monday, June 10, 1985 and the Regional Meeting on June 11, 1985. I would strongly recommend Committee Chairs to attend the board meeting as well. I recognize the difficulties but I also suggest that committee meetings be planned for that afternoon. Committees should not wait to do their work at this time but it could be an opportunity to complete projects, establish goals and promote state representation on committees. Any member is welcome to attend the Board of Trustees Meeting.

I regret that Patrick Gillen has found it necessary to resign as a trustee of the region. Election of a trustee to fill that vacancy and complete Pat's term of office is in progress.

Think Spring!

Ethel G. Pryor, M.S.N., R.N.E.T.
President, Mid-East Region

MIDEAST REGION I.A.E.T. OFFICERS

PRESIDENT: Ethel Pryor
(W) 313-876-2492
(H) 313-722-3593

PRESIDENT ELECT: Shirley Alltop
(W) 614-261-5000
(H) 614-459-5005

SECRETARY: Deanna Walterspaugh
(W) 616-965-1391

TREASURER: Barbara Montgomery
(W) 614-421-8897

REGIONAL TRUSTEE: Jane Beerck
(W) 513-229-6000
Joyce Hawley(after 6/85)
(W) 513-226-3200

TRUSTEES:
Rosemarie Van Ingen
(W) 313-424-3435
Ruth Bailey
(W) 513-853-5596

DELEGATES: Pat Freeman, Chairman
(W) 517-483-2687
Cookie Ramos-Wilson
(W) 216-444-6677
Cathy Lakey
(W) 317-787-3311
Sister Consolata Wolking
(W) 606-371-4600
Marilyn Spencer
(W) 216-444-6677
Sue Brady
(W) 513-854-2727
Mary Lou Walker
(W) 513-369-1124

ALTERNATES: Dorothy Best
(W) 419-729-6000
Marlene Brockmeir
(W) 513-559-4200
Wyonna Stiffler
(W) 513-298-4330

PARLIAMENTARIAN: Bonnie Bollinger
(W) 606-341-7700

HISTORIAN: Pam Stigler
(W) 502-584-2456

SPECIAL COMMITTEES:

Operational Manual -Rosemarie Van Ingen
(W) 313-424-3435
Newsletter Funding -Bonnie Bollinger
(W) 606-341-7700
Nominating -Brenda Kerschbaum
(W) 419-893-5965
1985 Youth Rally -Sue Brady
(W) 513-854-2727

COMMITTEES:

Membership -Sue Brown
(W) 614-457-1950
By-Laws -
Publications -Marilyn Spencer
(W) 216-444-6677
Public Relations -Patrick Gillen
(W) 419-337-2736
Fund-Raising -Karen Granby
(W) 513-223-6192
Continuing -Marilyn Ehrlich
Education (W) 313-763-4018
-Joyce Billingsley
(W) 313-573-5030

MEDICAL ADVISORS:

Ananias C. Dinckno, M.
University Hospital
Ann Arbor, MI
Victor Fazio, M.D.
Cleveland Clinic
Cleveland, OH
W. Patrick Mazier, M.D.
Ferguson Clinic
Grand Rapids, MI
Joseph Rinaldo, Jr., M.
Providence Hospital
Southfield, MI

1985 NEWSLETTER PUBLICATION DATES

FEBRUARY 15, 1985
MAY 15, 1985
AUGUST 15, 1985
NOVEMBER 15, 1985

REGIONAL TRUSTEE REPORT

On January 18th and 19th the Semi-Annual Board Meeting of the IAET was held at the Fontainebleau Hotel, Miami Beach. A beautiful Hilton Hotel. I saw many activities for the sports minded. There is even a six lane bowling alley and an indoor basketball court. And if you are not into the sandy beach or the pools, you could walk the board walk along the Atlantic.

All the Committee Chairs and the Officers reported on their activities. Much of this information will be in the JET. However, since the JET is three months behind, and in order to better communicate to the Membership, an "odds and ends" news sheet from the President to the Membership is being considered.

In line with the "marketing" that was suggested at the Executive Working Session, you may have noticed the Convatec sponsored ET add in various professional journals. The add headlines "Beat the DRG clock with an Enterostomal Therapist on Staff"

From the various committee reports: There are 1870 members. There was discussion on a mail vote, and this will be presented to the HD. The by-law changes involve the elected Honorary and Retired persons to retain their full membership privileges. The Standing Committees have changes to be voted, also. By June there should be Standards of Care/ Pressure Sore submitted to the Board. Bette Jackson has been instructed to investigate incorporation of the Certification Board. Thus giving more creditability to our certification process. Linda Klein and committee have been working on the Regional Subgroups (Regional Affiliates) their structure and responsibilities. This will be presented to the HD. Wednesday of Digestive Disease Week will be ET Nurse Day. For 1985, Wednesday May 15th. For 1986, Wednesday, May 21st.

From the UOA: Jan Jester reports the UOA Youth Rally to be held Wednesday July 3rd to Sunday July 7th at the University of California - San Diego. The International Ostomy Association, August 11th - 14th in Anaheim, CA, followed by the United Ostomy Association's Annual National Conference. The IOA and the UOA both to meet at the Marriott Hotel in Anaheim, CA. The 1985/86 year is the "Year of the Chapter Volunteer."

We've really had enough snow, let's head for the beach.

Jane Beerck

April 12 - 14, 1985 - Great Lakes Regional
U.O.A. Conference
Westlake Holiday Inn
Westlake, OH
For further information contact:
Elaine Arnold
4867 Fairlawn Road
Lyndhurst, OH 44124

April 30, 1985 - Ostomy Management and
Decubitus Care
Holiday Inn
Grayling, Michigan
Co-sponsors - Hurley Medical
Center and Central Michigan
University
For further information contact:
Sharlene Kennedy, RN, ET
(313) 257-9526 or
Hurley Staff Development Dept.
(313) 257-9646

May 3, 1985 - CCF - ET Update
Expanded Role of the ET Nurse
For further information contact:
Local - 444-5696
In Ohio - 800-762-8172
Other - 800-762-8173

May 12 - 16, 1985 - American Urological Association, Allied
Sheraton Atlanta Hotel
Atlanta, Georgia
For further information contact:
A.U.A.,A.
6845 Lake Shore Drive
P.O. Box 9397
Raytown, Missouri 64133

June 11 - 15, 1985 - IAET Annual Conference
Fountainbleau Hotel
Miami Beach, Florida

June 28 - 30, 1985 - Kalamozoo Ostomy Association
Youth - Parent Conference
Kalamozoo, Michigan
For further information contact:
Helen Arend, RN, ET
(616) 383-8641
Bronson Methodist Hospital
Kalamozoo, Michigan 49007

July 3 - 7, 1985 - U.O.A. Youth Rally
University of California
San Diego, California
For further information contact:
Sue Brady, RN, ET if you
have a candidate.

August 11 - 14, 1985 - I.O.A. Congress
The Anaheim Marriott
5th World Congress
Anaheim, California 92801
(714) 750-8000

August 15 - 17, 1985 - U.O.A. Conference
"People Helping People"
Anaheim, California

ET CASE PRESENTATIONS AND/OR POSTER EXHIBITS

It is your time to share methods, means, and solutions to difficult clinical problems. Janice Malett, RN, ET, has sent a memo requesting abstracts. Your presentation can include educational and psycho-social projects and approaches. Case presentation should be 10 minutes plus 5 minutes for immediate questions.

The deadline for abstracts is March 8, 1985. Guidelines can be found in the Jan./Feb. issue of the JET. Contact Janice Malett, RN ET, 141-26 73 Terrace, Flushing, NY 11367

IAET MEMBERSHIP DIRECTORY

All members in good standing should have received their 1984-1985 Membership Directory. Please check your listing, any corrections necessary must be sent to:

IAET Central Office
One Newport Place, Suite 970
(714)476-0268 Newport Beach, CA 92660
and to the Mideast Newsletter Editor:
Marilyn Spencer, RN, ET
Cleveland Clinic
9500 Euclid Ave. M3-22
Cleveland, OH 44106

THE NEW SCHOLARSHIP BROCHURE is available in Central Office. Scholarship applications and additional details are available from:

IAET
5000 Birch Street
Suite 400
Newport Beach, CA 94660
(714)476-0268

By-Laws: Patrick Gillen, BS, RN, ET

The following By-Law changes will be presented to the House of Delegates for amendments during the IAET Annual Conference, June, 1985.

Present By-Law	Proposed By-Law	Rationale
<p>1. Article III, Section 1 b. <u>Retired Member</u> - A retired member shall be anyone eligible to be an active member who is permanently retired from employment in the health care field. They shall have all the privileges of membership except those of making motions, voting and holding office. They are required to pay 50% of the established dues.</p>	<p><u>Retired Member</u> - A retired member shall be anyone eligible to be an active member who is permanently retired from employment in the health care field and is over 60 years of age. They shall retain all the privileges of membership and shall be required to pay 50% of the established dues.</p>	<p><u>Retired Member</u> - Retired active members should be granted privileges of full membership since they remain a valuable resource to the organization.</p>
<p>2. Article III, Section 1 c <u>Honorary Membership</u> - Honorary memberships may be conferred upon an individual whose name has been recommended by the Board of Directors and approved by the membership. They shall not be required to pay dues, but will have all privileges of membership except those of making motions, voting, and holding office.</p>	<p><u>Honorary Membership</u> - Honorary memberships may be conferred upon an individual whose name has been recommended by the Board of Directors and approved by the membership. They shall not be required to pay dues, but will have all privileges of membership except those of making motions, voting, and holding office. Those Honorary Members who were active members when honorary membership was conferred will retain all the privileges of active membership.</p>	<p><u>Honorary Membership</u> - It is unfair to ask active members being so honored to forfeit the privileges of active membership to receive this honor.</p>

By-Laws: Patrick Gillen, BS, RN, ET (con't)

Present By-Law	Proposed By-Law	Rationale
3. Article IV, Section 7 <u>Active Member</u> - Each active member attending the annual meeting shall have one (1) vote, and no vote shall be cast by proxy.	<u>Active Member</u> - Deleted.	<u>Active Member</u> - IAET now votes by House of Delegates (Article VIII).
4. Article IX, Section 5 The Standing Committees shall be as follows: 1. Budget and Finance 2. Membership 3. Bylaws 4. Legislative 5. Accreditation 6. Regions 7. Public Relations 8. Continuing Education 9. Awards and Scholarship 10. Gavel 11. Communications 12. Nominations 13. Long-Range Planning 14. Standards 15. Research and Development 16. Professional Educational Programs 17. Grievance	Article IX, Section 5 The Standing Committees shall read as follows: 1. Accreditation 2. Budget and Finance 3. By-Laws 4. Certification 5. Communication 6. Continuing Education 7. Grievance 8. Legislature 9. Membership 10. National Conference Planning 11. Nominations 12. Operational Manual 13. Policy & Procedures Manual 14. Region 15. Research 16. Scholarship 17. Standards	The deletion of Gavel, Long-Range Planning, & Youth Committees as a Standing Committee. The addition of Certification & Policy & Procedure Manual as a Standing Committee.
5. Articles XIV, Section 1 Affiliate Groups: Regional groups may be established wherever the Board of Directors may approve, subject to such regulations as to membership, organization, procedures and financial responsibility that the Board may prescribe.	Article XIV, Section 1-Affiliate Groups shall read as follows: Regions and regional affiliates may be established wherever the Board of Directors may approve, subject to such regulations as to membership, organization, procedures and financial responsibility that the Board may prescribe.	To conform to IAET structure & include the regional affiliates.

Present By-Law	Proposed By-Law	Rationale
<p>6. Article XIV, Section 2 <u>Affiliate Control:</u> Regional groups will be coordinated by the Regional Trustee representing the regional area. The Regional Trustee will serve as liaison between the International Board of Directors and the region. Regional operations may be revoked any time and in such manner and after such investigations as the Board of Directors may deem necessary. Upon revocation of a regional area, all funds in the regional treasury and all regional records shall be returned to the Treasurer and Secretary of this corporation.</p>	<p>Article XIV, Section 2- <u>Affiliate Control</u> shall read as follows: Regions and regional affiliates will be coordinated by the Regional Trustee representing the regional area. The Regional Trustee will serve as a liaison to the IAET, region and regional affiliates. Regions or regional affiliate operations may be revoked any time and in such manner and after such investigations as the Board of Directors may deem necessary. Upon revocation of a region or regional affiliate area, all funds in the regional treasury and all regional records shall be returned to the Treasurer and Secretary of the IAET.</p>	<p>To conform to IAET structure and include the regional affiliation.</p>
<p>7. Article XIV, Section 3 <u>Regional Programs:</u> Regional groups may meet, discuss and recommend educational activities, organizational concepts and other matters for the good of this corporation to the Board of Directors for their consideration and implementation. Regional meetings shall consist of planned education programs and provide attendees a valuable professional experience.</p>	<p>Article XIV, Section 3- <u>Regions and Regional Affiliates</u> shall read as follows: Regions and regional affiliates may meet, discuss and recommend educational activities, organizational concepts and other matters for the good of the corporation to the Board of Directors for their consideration and implementation. Regions and regional affiliates meetings shall consist of planned education programs and provide attendees a valuable professional experience.</p>	<p>To conform to IAET structure & include the regional affiliation.</p>

HEAR YE! HEAR YE! HEAR YE!

Harken Dear Mid-East Members:

A call to you all is being extended. The regional annual meeting is scheduled to be held in Cleveland, Ohio on November 2nd and 3rd this year. Many topics and interesting speakers are being planned for our members and interested persons. "A Bit of Everything."

The committee would like to urge you to think about sharing and provide you the opportunity to present papers on exchange of ideas, procedures, personal experiences, problem solving techniques or posters of interest to E.T.s Presentations will be made available to your colleagues.

It is suggested your page format be 8½" x 11", singled spaced. Posters of the same size, if possible. If you are willing to make one hundred copies (100) and forward the material, it would be most appreciated. If unable to do so, one copy is sufficient and the region will provide the additional copies. Acknowledgement of your efforts will be made in the program.

Conferences unite us all together. Sharing our knowledge provides better methods and means of solutions to various problems we all encounter in clinical practice. Hopefully, many of you will respond to the call.

Please complete the form below and return as soon as possible if you will present material. Deadline for receiving completed presentations is August 5th, 1985.

RETURN AS SOON AS POSSIBLE

Suggested Presentations:

Date: _____

_____ Abdominal Stomas

_____ Patient Education

_____ Draining Wounds

_____ Psychosocial Studies

_____ Fistulae

_____ Skin Care

_____ Incontinence

_____ Other _____

Specify

Author Information: _____

_____ Title of Presentation

Submitting: _____

Name

_____ Address

_____ Home Phone

Institution/Agency: _____

_____ Business Phone

_____ Position/Title

_____ Signature of Author

Return to: Mary Mills: Attention Joan Van Neil, Chairperson
9500 Euclid Avenue
Cleveland, Ohio 44106 (216) 444-6677

REPORTS FROM SEMI-ANNUAL BOARD MEETING

COMMUNICATIONS - Bonnie Cunningham

Maintenance is necessary on the booth and a new exhibit booth container will have to be purchased. The Communications Committee will be working with ConvaTec on their ad campaign. ET Day is May 15. A PR packet will be sent to the PR person in the region. The amount of lead time was discussed. There was a discussion of the tentative plans for the booth display for 1985. One of the main problems is cost of booth space for visibility. The committee will decide the priorities and choose which meetings will give us the most visibility.

CONTINUING EDUCATION - Harriet Pilert

The Pressure Sore Workshops have not been revenue producing. The Chicago Workshop was cancelled due to poor registration. The next conference was scheduled for Dallas in February. (130 registered and due to weather 40 attended). The next Pressure Sore Workshop is scheduled in the Northeast Region in April. There was discussion about the possibility of developing the Pressure Sore Workshop into a slide tape or video program that could be an educational tool and also revenue making project.

NARD - At this time, the National Association of Retail Druggist (NARD) has rejected the IAET's proposal for working with the group on the development and implementation of an educational program for NARD. The IAET is not and will not be involved with the certification process.

The Continuing Education Programs that have been printed in JET have had little response. The criteria for CE offerings will be revised to be more explicit and easier for the membership to follow. Thus far the Continuing Education applications reviewed have been seven.

MEMBERSHIP - Patricia Hottenstein

There are some by-law changes pertaining to definition of Honorary Member. The membership directory was mailed in November, and at present there are 1,870 members.

LEGISLATIVE - Melba Connors

There are no changes that will affect the ETs at this time. There are changes in nursing. Suggested that ETs get involved with nurse legislation in their individual states. Main concern seemed to be the DRGs. DRGs, Medicaid cost savings, and cost of labor being the #1 expense for health care facilities appear to be our primary threat. Lack of recognition of the specialty, and loss of credentials to qualify for 3rd party payment are also crucial problems. Ways to meet these problems include role expansion, impact on length of stay in the hospital of the patient, and prevention of readmission through outpatient follow up. All of these solutions are dependent on one thing, however, and this is documentation.

NOMINATIONS - Pam Fallis

Nominations - President - Linda Klein
Vice President - Harriet Pilert
Mary Alice Dunbrook
Mail Voting - There was discussion and a decision was made that this issue will be discussed in each region on the members' feelings on how they prefer to vote.

NCPC - Linda Klein

The National Conference in Miami, Florida, June 7-14, "Beyond Our Boundaries", program outline is in the January-February JET. There will be more areas for sharing and two new categories that have been added this year are Research and Private Practice. The committee is interested in more flexibility with conference dates. Las Vegas has invited us back in 1987, and the possibility maybe of Hawaii in the future.

RESEARCH AND DEVELOPMENT - Nancy Radcliff

It has been suggested that Development be dropped from the title. The committee is looking at the names of people who may be willing to be consultants for the ET research. At this time the Time/Motion study will be put on "hold", and we will ask members who are now doing Time/Motion studies to share their forms and year's data. The statistic sheets are due and are coming in well. If your statistic sheet is not in, please mail it today.

EVOLUTION OF ET NURSING

A committee was appointed by the president in preparing a paper on the Evolution of ET Nursing, and it was recommended that the paper be submitted to a nursing administration journal for publication.

ET FOUNDATION MEETING

a. Financial soliciting - there will be an ET Foundation flyer developed that will help with the soliciting of funds. The Foundation will reapply for a mailing permit.

b. Pressure Sore Workshop - Chicago was cancelled. Areas feel they need more lead time.

c. Projects for the media campaign with ConvaTec. Telecommunications project is the proposal for a Discharge Planning - Video.

d. DOORS - Ads are being sold as ads pay for 60% of the project. Total cost is approximately \$10,000. DOORS should be in the mail by the middle of March. Priorities is to coordinate ConvaTec ad with the ET Day and the marketing of the members' brochure to solicit new members and funds for the Foundation.

JET - Patricia Kynes

Sheri H. Barnes, RN, MSN, ET is the new Association Update Editor. Some suggested ways of obtaining manuscripts:

1. Solicit texts of presentations from speakers at regional conferences.
2. Have a JET representative at Sigma Theta Tau workshops on writing for publication throughout the country in order to directly solicit manuscripts.
3. Develop a press release which will be sent to other journals stating that "the Journal of Enterostomal Therapy is now accepting original manuscripts on the following topics ..."

OPERATIONAL MANUAL - Jean Fitzgerald

The Operational Manual will be placed on the word processor which will make it easier to keep up and make it less expensive.

PEP - Joy Boarini

The educational programs are all filled through January 1986.

There is a new title and it is called the Enterostomal Therapist Nurse Education Programs Director, ETNEP instead of PEP.

The certification process should reflect the type of ET nurse graduating.

ACCREDITATION - Rosemary Watt

J. VanNiel is heading a special project group of Patrick Mendes EdD, RN and Sue Hughs- regarding educational qualifications for foreign RN applicants to ETNEP.

Two site visitors are currently being trained, Millie Kemp, PhD, RN, ET, and Keville Frederickson, EdD, RN. There is an ongoing search to identify qualified interested persons for site visitors.

CERTIFICATION - Bettie Jackson

Bettie Jackson has received funds outside of IAET for a Delphi Survey on clinical research in order to provide a more scientific approach to our practice. The process of certification depends upon the test items from the pool. Encourage all IAET members to contribute questions of multiple choice for answers with one correct answer.

Recertification - If you fail your test when applying for recertification you can retain your ET certification until the next testing date.

There are no refunds if you fail to show up for your test as PTC charges IAET \$100 however, if you do apply for refund 30 days after the testing you are eligible for a \$25 refund.

If any persons taking the test have any problems with the testing site, or the person giving instructions, contact Bettie Jackson directly in writing.

There was quite a bit of discussion about forming a corporation of the Certification Board separate from IAET. The corporation would have a liaison to IAET. (For those in the State of Washington who have their certification from the State, may refer to themselves as CRN, ET).

COMMUNICATION

RN magazine published a write up on the new entry level for ET nursing education, October '84. In March, RN magazine will be reporting the Scope of Practice Statement and a discussion of the changes in ET nursing practice. There was a discussion of the possibility of an oral history on IAET. An ad campaign sponsored by ConvaTec should begin in March. The ET nursing ad will appear in the following journals: Home Healthcare Nurse, Hospitals, Nursing Economics, Nursing Management, and Today's Nursing Home. Any inquiries as a result of the ad will be directed to IAET, and there is no mention of ConvaTec in the ad. Ad available to see at Spring Meeting.

DIRECTORY OF OUTPATIENT OSTOMY RESOURCES AND SERVICES

If you have not renewed your membership by February 28, you will not be included. DOORS to be mailed in March.

REPORT OF VICE PRESIDENT - Linda Klein

CAET - Linda attended their meeting. There was a large turnout. They have approximately 180 members and everyone who attended the CAET meeting also attended the business meeting. Some of the CAET members voiced their opinion about a possibility of being associate members rather than full members in the IAET. They felt that the input in the IAET had little effect on them.

INTERNATIONAL MEMBERS

Communications with the International Members was initiated by sending an informational letter. There has been no return comments. After the Semi-Annual Board Meeting she will follow through with another informational letter.

REPORT OF SECRETARY

Having a professional recorder at our National Meeting has made a difference in the completion of our minutes, and we hope that this policy will continue.

REPORT OF ASSOCIATE MANAGER - Fred Droz

Having changed the dates of the Semi-Annual Board Meeting to January 18, 1985 has helped the cash flow as the 1985 dues are coming in well. Notices will be sent to those who have not re-joined. The exhibit brochures were mailed the week after this meeting. The registration for the June IAET conference will be handled in a separate area in the hotel. The hotel hopes to have TV monitors by June. IAET through the computer is now able to receive direct calls from Debbie Broadwell which expedites the mailings of Odds and Ends, and other pertinent information to members.

CDDO WASHINGTON LEGISLATIVE MEETING

The meeting will be held February 16, 1985 and the IAET will be represented by Harriet Pilert. The effects of DRGs on the coverage for ostomy supplies is a major concern. Debbie believes it should be brought up during the CDDO Board meeting. It may not be important to all the groups, but perhaps the legislative arm of the CDDO should be aware of the negative impact of the prospective pricing system.

NFSNO WASHINGTON INTERNSHIP PROGRAM, March 17-22, 1985

Glenda Motta will represent the IAET. The purpose of this leadership program is to provide nursing leaders with skills and knowledge of legislative issues and procedures. The items up for vote at the NFSNO meeting will be: Criteria for Committees and Implication of Elimination of all those other than clinical specialists as members of NFSNO.

REGIONAL MEETINGS

Debbie has attended some regional meetings. The main concern seemed to be the fear of DRGs and what is happening to ET nursing. The other concern is job security and she stressed the importance of returning the survey of your IAET membership renewal.

POLICY AND PROCEDURE - Nancy Schuller

The Policy and Procedure Manual is going on the computer. There will be continuous update.

REGIONS - Bonnie Sue Rolstad

The Regions Committee invite all officers who are attending the National Convention to attend the Regions Meeting. There will be a one-half day leadership workshop to help leaders to increase their effectiveness.

The affiliation process was formed because groups within the Regions found it too difficult to get to meetings. Guidelines were developed last year. There are certain legal responsibilities that an affiliate region must have to the IAET.

There will be some by-laws to be voted on pertaining to the affiliated groups. (See by-laws).

SCHOLARSHIP - Karen Alterescu

There is a new scholarship award program flyer (I will share at the Regional Meeting). At present there are 15 scholarships available for the July period. The Pacific Coast Region has upped their scholarships of \$750 each, and the Southeast Region will have their scholarship in honor of Norma Mash. Bio-Clinic Company has also made a \$500 award possible for 1985. The recipient must attend the USC Cosler ETNEP program. To promote the Scholarship Program abroad and to encourage the international community of nurses to apply for IAET scholarships, articles have been written for the WCET Journal and Canada's newsletter, The LINK.

STANDARDS - Nancy Borden

Pressure Sore Standards will be available by the June meeting, and Joan Van Neil is working with a Task Force in developing teaching tools to go with the Standards. The Committee will assign a task force to begin later on search and outline for Incontinence Standard. First draft will be discussed at the June Conference.

NEWS FROM AROUND THE REGION

MICHIGAN

The Southern Michigan ET Nurses and ostomy specialists met on February 20, 1985 at Henry Ford Hospital in Detroit, MI.

Our Hostess Ethel Pryor arranged to have two fine physicians speak to us.

The first speaker was Dr. Bryan Shumaker, from the Department of Urology. He introduced us to the very new procedure of Detecting and Locating Bladder Carcinoma (an Siter) utilizing a Hemaloporphyrin Derivative (HpD) and a special endoscopic device developed for detecting HpD fluorescence. The success rate of this procedure is very encouraging.

Dr. Gary Talpos was our second speaker. He emphasized the importance of adequate drainage and good nutrition (i.e. the use of sump tubes and penrose drains and hyperalimentation) in successful wound healing. It was refreshing to listen to a good "back to the basics" lecture.

Sharlene Kennedy from Hurley Medical Center will be hosting our next meeting on May 15, 1985 at 1:30 PM. Hope to see everyone there!

Thank-you again Ethel, Dr. Shumaker and Dr. Talpos for another successful learning experience.

Sharon Ballard, R.N., E.T.
Sinai Hospital of Detroit



NEWS FROM AROUND THE REGION

OHIO

*TOLEDO



Here's an update on our Toledo Area E.T. Nurses' activities.

**A "double-header" workshop on pressure ulcers was presented, by our group, to the Toledo Health Care Community in October. The Workshop was a four hour program which included lectures, slides, products display and a practicum geared to developing nursing care plans for the four stages of pressure ulcers. This program was presented in the morning and repeated that afternoon, in an attempt to offer time schedules that would be more attractive and convenient to health care personnel. The response to this arrangement was excellent. Plans are to present this workshop each spring and fall at various locations in this area.

**Again, this year our group will be joining the critical care nurses in presenting a health fair for the Toledo public. The fair will be located in one of the major malls in May.

**After seventeen years of helping and caring for people at St. Vincent Medical Center, ten of these years as an Enterostomal Therapist, Jean Jenkins Gholston is retiring. We wish her much happiness and want her to know she will be greatly missed.

Mary Lou Measles, RNET

*CLEVELAND

CONGRATULATIONS

Karen Welsh-Lavery and Dr. Ian Lavery became the proud parents of a little girl on February 16, 1985. Helen weighed in at a mere 6 LBs 15 oz. Best wishes to the family from their ET friends.

Get well wishes are sent to Sister Elaine Nimberger. Deepest sympathy to Jill Kundtz who recently lost her mother in death. All your friends are sending their thoughts & prayers to you both.

*AKRON

*****Norma Gill-Thompson has just returned from a speaking tour of Chile, Peru, & Brazil. Chile & Peru presented their first nursing ostomy seminars. Norma also spoke to the ostomy associations. Upon her arrival in Akron, she repacked her "bags" for a trip to Texas where she spoke to the Regional UOA in San Antino, Texas. While there she received a donation from Paul Terry for the NNG Fund of the WCET.

*****Paula Toth is recovering from surgery. Here's to a healthy future.

*CINCINNATI

** CHANGE OF ADDRESS**

Betty and Don Gerth made the big move to Florida. When in the area, Betty hopes her friends will call and arrange a get together. Betty will be missed greatly but best wishes are being sent her way in her new endeavor.

Betty and Don Gerth
27320 Forester Drive, S.W.
Bonita Springs, FL
33923
1-813-992-5739



HINTS

DID YOU KNOW

**The rationale for inserting the flat end of a rounded suppository into the rectum first? In order for the suppository to achieve the desired results it must remain in the rectum, against the bowel mucosa, to stimulate bowel function. The bowel attempts to expel the suppository. The insertion of the flat end first allows the anal sphincter to contract around the rounded end which helps one to retain the suppository longer.

Thomas Logio, M.D.
Nursing 85, February, pp. 22

DID YOU KNOW

**The stabilization of a gastrostomy tube can be obtained with the use of the Hollister Access Port and two Premium Barriers - - - by sandwiching the part between the two pieces of barrier.

Pacific Coast Comments
1985

DID YOU KNOW

**The two piece systems are great for patients with a short bowel syndrome and require constant drainage periodically. One pouch can be connected to constant drainage for night time use and replaced with another pouch for day time use without disturbing the barrier.

Marilyn Spencer, RN, ET

DID YOU KNOW

**NuHope's Support Belts with the Prolapse Onerbelt are great for prolapse stomas? They secure with a velco press seal and are easy for patients to apply. They are great for that extra physical activity such as golf, tennis or any exercise.

Marilyn Spencer, RN, ET

HINTS con't

DID YOU KNOW

**That the manufacturers of PIPRACIL, Lederle Laboratories, have complimentary sterile skin marking pens? They are a non-toxic gentian violet. So contact your local Lederle salesman. They are great for stoma marking.

Cookie Ramos-Wilson

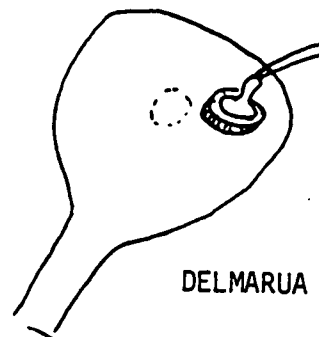
DID YOU KNOW

**That patients stabilized on warfarin (Coumadin) should be alerted when drinking tonic water----tonic water contains quinine about 79 mg/L---which increases Coumadin's action.

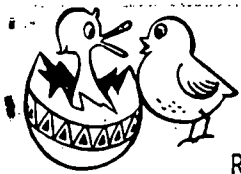
Nursing Life,
Jan./Feb., 1985, p.

We have used baby nipples on pouches as catheter exits for years. I've usually attached them to the pouch with double faced adhesive or skin cement. In checking a patient one day, the staff nurse asked if she had reapplied it correctly. Her idea is easier than any I've used, (respect to Hollister Catheter Access Cap). Mead Johnson Infamil Cross-Cut Nipple pushed from inside pouch out through cross (+) cut slit about 1-3/4 inches from top; place plastic collar of nipple that screws on bottle down over nipple in original position so that pouch is sandwiched between nipple and cap. Pull catheter up through nipple in usual way. Thats all folks!

Jean Fitzgerald



DELMARUA DIVERSIONS



RECENT GRADUATES OF APPROVED
ENTEROSTOMAL THERAPY SCHOOLS AND
NEW MEMBERS OF THE IAET

OHIO

Vivian Metcalf, R.N., E.T.
5763 Elmcris
Milford, Ohio 45150
513-831-7540

Bethesda North Hospital
10500 Montgomery Road
Cincinnati, Ohio 45242
513-745-1100

INDIANA

Rosemarie Gough, R.N., E.T.
53 City View Drive
Valparaiso, Indiana 46383
219-462-5954

Broadway Methodist Hospital
8901 Broadway - SLC
Merrillville, Indiana 46410
219-738-5552

MICHIGAN

Linda Bowman, R.N., E.T.
1508 Ryan Street
Flint, Michigan 48504
313-233-5562

Bay Valley Home Health Services
1014 Gilbert Street
Flint, Michigan 48504
313-762-7500

LOUISIANA

Faye Headrick, RN, ET
641 Fendler Parkway
Pineville, Louisiana 71360
318-445-7287

St. Frances Cabrini Hospital
3330 Masonic Drive
Alexandria, Louisiana 71301
318-487-1122

CANADA

Grace Lavergne, RN, ET
6724 Lachine Court, S.W.
Calgary, Alberta
Canada T3E 6E6
403-242-7873

Alberta Children's Hospital
1820 Richmond Road, S.W.
Calgary, Alberta
Canada TCT 5C7

JAPAN

Hitomi Shinada, RN, ET
9-11 Arahama 3 Chome
Kashiwazaki, Niigata
Japan
(02572) 4-1957

Squibb Medical Systems Combatic Branch I
Shikoku Bill 3F, 14-4 Uchikanda 1 Chome
Chiyoda-ku, Tokyo T101, Japan
(03) 293-5431

ILLINOIS

Barbara Paul, BSN, ET
210 Circle Avenue - Apt. #303
Forest Park, Illinois 60130
312-771-8104

University of Illinois Hospital
340 South Wood Street
GU Clinic, Room #16
Chicago, Illinois 60612
312-996-6835

CANADA

Karen E. Forrest, RN, B.A.A.N., ET
75 Glebe Crescent
Bramalea, Ontario
Canada L6S 1E9
416-791-9718

Toronto General Hospital
101 College Street 10ES 420
Toronto, Ontario
Canada
416-595-8317

MICHIGAN

Joanne Martin, BSN, RN, ET
31766 Hickory Lane
Warren, MI 48093
313-978-0937

Harper Grace Hospitals
3990 John R. Street
Detroit, MI 48201
313-494-5111 beeper 9124

Judy Tarrington, RN, ET
22503 Dale Allen
Mt. Clemens, MI 48043
313-791-5901

St. Clair Ambulatory Care Corp.
22151 Moross
Detroit, MI 48236
313-343-3738

JoAnn Maklebust, MSN, RN, CSN, ET
15602 Riverside
Livonia, MI 48154
313-464-8107

Harper-Grace Hospitals - Harper Div.
3990 John R.
Detroit, MI 48201
313-494-8448

INDIANA

Mary Jean Merkel
2113 Cass Avenue
Evansville, INdiana 47714
812-476-4602

Welborn Baptist Hospital
401 S.E. Sixth Street
Evansville, Indiana 47713
812-426-8000

THOUGHT FOR THE DAY

You may not always feel like it, but try wearing a smile more often! If you do, there's a good chance you'll see a lift in your spirits.

"You smile, in part, because of the way you feel, and you feel a certain way, in part, because of the way you behave," says Gary Schwartz, professor of psychology at Yale University.

"While laughing on the outside won't eliminate crying on the inside, it helps you create a "happiness Pattern," Schwartz continues. The more you smile, the more likely you are to experience happiness.

Smiling not only makes you feel better, but can produce tangible benefits as well. Statistics point out that company sales, productivity and morale go up when executives are trained to smile more. And it's even been shown that doctors who smile frequently face fewer malpractice suits.

Dr. James McConnell, a psychology professor at the University of Michigan, notes that when you smile, the whole world does seem to smile with you: "An insecure individual may think others just don't like her, when they're actually responding to the infrequency of her smiles."

So, IF YOU WANT A BETTER FEELING, TAKE TIME TO PUT ON A HAPPY FACE!

**HAVE A
LOVELY DAY!!**



ENTEROSTOMAL THERAPY UPDATE SEMINAR

Friday
MAY 3, 1985

Morning Session

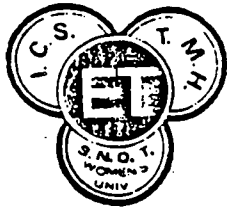
- 8:00 a.m. **Registration**
Bunts Auditorium Assembly Area
- 8:45 a.m. **Welcome**
Joan VanNiel, R.N., E.T.
Joan VanNiel, R.N., E.T., *Presiding*
- 8:50 a.m. **The Continent Ileostomy & Long-term Effects**
Victor Fazio, M.D.
- 9:10 a.m. **The Continent Urostomy: Criteria & Considerations**
Paul McGregor, M.D.
- 9:25 a.m. **E.T. Management of Continent Urostomy Patients**
Crina Floruta, R.N., E.T.
- 9:40 a.m. **Preventing Sexual Dysfunction in Rectal Surgeries**
Ian C. Lavery, M.D.
- 10:00 a.m. **Ethical Issues of Patient Care**
George A. Kanoti, S.T.D.
- 10:15 a.m. **Question and Answer Period**
- 10:40 a.m. **Coffee Break**
Marilyn Spencer, R.N., E.T., *Presiding*
- 11:00 a.m. **The Mechanism of Anal-Rectal Continence**
James Church, M.D.
- 11:20 a.m. **ET Management of the Incontinent Patient**
Joan VanNiel, R.N., E.T.
- 11:35 a.m. **The Patient with Ulcerative Colitis - Alternatives in Surgical Management - Internal Pouches & Reservoirs**
Victor Fazio, M.D.
- 11:55 a.m. **Implantable Access Devices for Pain Management**
Shirley M. Gullo, R.N.

- 12:10 p.m. **Psychological Issues of Ostomy Rehabilitation**
Cheryl VanHorn, B.S., E.T.
- 12:25 p.m. **Question and Answer Period**
- 12:45 p.m. **Luncheon - The Clinic Inn**

Afternoon Session

- Joan VanNiel, R.N., E.T., *Presiding*
- 2:00 p.m. **Physiology of Wound Healing**
Randall Yetman, M.D.
- 2:20 p.m. **ET Wound Management in Acute-care Setting**
Patrick Gillan R.N., E.T.
- 2:45 p.m. **ET Wound Management in Home-care Setting**
Nancy Robb-Ellis, R.N., E.T.
- 3:10 p.m. **Neck & Trunk Fistulas: ET Intervention**
Linda Nilsson, R.N., E.T.
- 3:25 p.m. **Question and Answer Period**
- 3:45 p.m. **Coffee Break**
Joan VanNiel, R.N., E.T., *Presiding*
- 4:00 p.m. **Stomaplates: Use and Misuse**
Marilyn Spencer, R.N., E.T.
- 4:20 p.m. **Cross-Cultural Communications**
Chas Kegley, Ph.D.
- 4:40 p.m. **Teaching Strategies**
Eugenia Vanek, Ed.D.
- 4:55 p.m. **Legal Issues of E.T. Consults**
John R. Irwin, Esq.
- 5:25 p.m. **Adjournment and Distribution of Certificates**
Joan VanNiel, R.N., E.T.
- 5:30 p.m. **Wine & Cheese Reception**
Second Floor Lobby of The Education Building

BUNTS AUDITORIUM
The Cleveland Clinic Educational Foundation
9500 Euclid Avenue, Cleveland, Ohio 44106



HIRALAL NARANG
SCHOOL OF ENTEROSTOMAL THERAPY
Tata Memorial Hospital. Dr. E. Borges Marg, Parel, Bombay 400 012.

Date: 19th Oct, 1984.

Dear Ms Sally Thompson,

The Hiralal Narang School of Enterostomal Therapy is very grateful, to the Mideast Region, International Association for Enterostomal Therapy for a donation of \$ 250 US dollars thru the Norma Gill Foundation of the World Council of Enterostomal Therapists, to train nurses in Enterostomal Therapy.

The grantees will be selected by Anjali Patwardhan, Mrs A. Prabhakar and myself.

We do hope that this gesture on your part will set a precedent with other regions of IAET and members of WCET to promote Enterostomal Therapy.

Thanking you and with best wishes.

Yours sincerely,


R. H. Narang.

Ms. Sally Thompson,
President,
Mideast Region,
International Association for
Enterostomal Therapy, Inc.,
Indiana, Kentucky,
Ohio, Michigan,
West Virginia.

Under the aegis of
INDIAN CANCER SOCIETY and TATA MEMORIAL HOSPITAL
In collaboration with
S. N. D. T. WOMEN'S UNIVERSITY, BOMBAY.

I.A.E.T. MIAMI

ANNUAL CONFERENCE

BEYOND OUR BOUNDARIES

17th ANNUAL CONFERENCE

MIAMI BEACH FLORIDA

JUNE 10-14, 1985

The Fountainebleau Hilton in Miami. June 7-14 ...IAET National Conference-
Miami-"Beyond Our Boundaries"

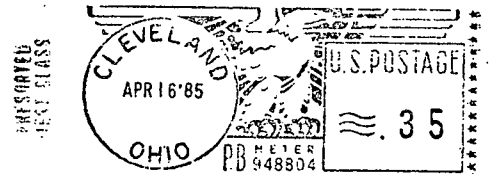
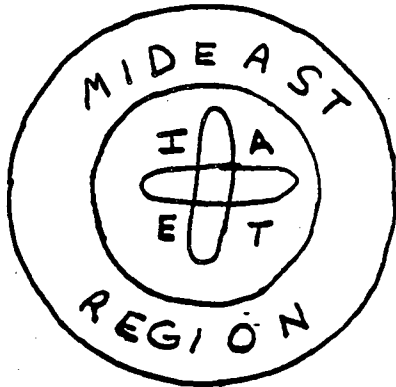
Transportation: From Airport cab cost is \$14. to \$15. one way; shuttle van is available on a 24 hour schedule and shuttle will cost \$7. each way. The shuttle should be available outside the Airport, or there will be phones to pick up and call to make arrangements to pick you up.

Car: The cheapest rental is Alamo when hired for five to more days - cost \$57.40 per week which comes to a total of \$71.00 with taxes and extras. This allows you unlimited mileage and will be a new economy car. The roads are flat and driving is easy. There does not seem to be a rush hour traffic. Car can be most useful as there are no inexpensive eating areas in the hotel district, and it is not easy to get around for shopping, side trips, etc. by bus or cab. Parking at the hotel is \$7.50 per day and there is a metered lot one-half block away from the hotel with 12 hour meters from 8 A.M. to 6 P.M. at a cost of \$2.75 per day. Meters require quarters only. Car rentals should be made in advance through the Travel Connection or your travel agent.

Rooms: Each room has an electric clock, refrigerator, a hot plate with coffee or tea provided. There is a radio with the TV and there are plenty of extra beach towels. Cost of the rooms to IAET is \$66, single or double.

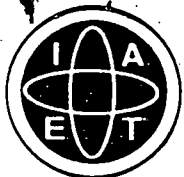
Vacation: For those who would like to incorporate vacation with the conference, the hotel will respect the same rate of \$66. per day for double or single room. There are many interesting side trips - the Keys, the Everglades, Ft. Lauderdale, Kennedy Space Center. There are cruises to Bermuda for as low as \$79. round trip for an 8-hour shopping tour or lying on the beach, or you may make arrangements to spend extra days there. There are also one day cruises available. Come early, enjoy the beach and plan on a nice side vacation. Travel Connection will make all arrangements and they will honor or follow up on any special rate that you are aware of to get from your area to Miami. The Travel Connection will do everything possible to find you the best rates to Miami, side vacations and car rentals. Also, keep in mind that Travel Connection will be at the hotel to solve any problems that you may encounter with your room, etc. Travel Connection phone number is 1-800-833-0900 and ask for Lynn.

MARILYN SPENCER, RN, ET
Enterostomal Therapy Dept.- M322
Cleveland Clinic Foundation
9500 Euclid Ave.
Cleveland, OH 44106

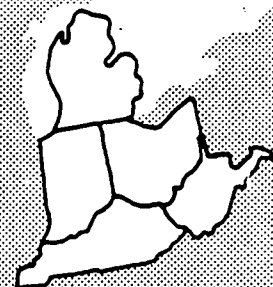


Pamela Stigler, RN, ET
4001 Carbine Lane
Louisville, KY 40299

FIRST CLASS



MID-EAS DROPPER



VOL. XVIII

JUNE 1985

NO. II

Dear Mid-East Members:

The I.A.E.T. Annual Conference, June 10-14, 1985 is coming up fast. I would like to remind officers, trustees and committee chair and interested members of our Regional Board meeting on June 9, 1985, 2:00-4:00 p.m.

Plan to have extra copies of your report for the board members and especially for the secretary. I would appreciate written reports reach me before that meeting date.

The Regional Meeting will be held Tuesday, June 11, 1985, 8:15-10:45 a.m. The delegates and alternates will be introduced at that time. They will want to know our position on issues to be brought before the House of Delegates. Members please read your pre-conference booklets as items to be introduced are usually listed there.

I am looking forward to seeing you in Miami. It will be another opportunity for me to know you better. If you have concerns, comments or suggestion that effect the Mid-East Region, I.A.E.T., I would like to hear them. Thanks.

Sincerely,

Ethel Pryor, M.S.N., R.N.E.T.
President, Mid-East Region

MID-EAST REGION - I.A.E.T. OFFICERS

PRESIDENT: Ethel Pryor
(W) 313-876-2492
(H) 313-722-3593

PRESIDENT ELECT: Shirley Alltop
(W) 614-261-5000
(H) 614-459-5005

SECRETARY: Deanna Walterspaugh
(W) 616-965-1391

TREASURER: Barbara Montgomery
(W) 614-421-8897

REGIONAL TRUSTEE: Joyce Hawley
(W) 513-226-3200

TRUSTEES: Dorothy Best
(W) 419-729-6000
Rosemarie Van Ingen
(W) 313-424-3435
Ruth Bailey
(W) 513-853-5596

DELEGATES: Pat Freeman, Chairman
(W) 517-483-2687
Cookie Ramos-Wilson
(W) 216-444-6677
Cathy Lakey
(W) 317-787-3311
Sister Consolata Wolking
(W) 606-371-4600
Marilyn Spencer
(W) 216-444-6677
Sue Brady
(W) 513-854-2727
Mary Lou Walker
(W) 513-369-1124

ALTERNATES: Dorothy Best
(W) 419-729-6000
Marlene Brockmeir
(W) 513-559-4200
Wyonna Stiffler
(W) 513-298-4330

PARLIAMENTARIAN: Bonnie Bollinger
(W) 606-341-7700

HISTORIAN: Pam Stigler
(W) 502-584-2456

SPECIAL COMMITTEES:

Operational Manual -Rosemarie Van Ingen
(W) 313-424-3435
Newsletter Funding -Bonnie Bolinger
(W) 606-341-7700
Nominating -Brenda Kerschbaum
(W) 419-893-5965
1985 Youth Rally -Sue Brady
(W) 513-854-2727

COMMITTEES:

Membership -Sue Brown
(W) 614-457-1950
By-Laws -Dorothy Best
(W) 419-729-6000
Publications -Marilyn Spencer
(W) 216-444-6677
Public Relations -Patrick Gillen
(W) 419-337-2736
Fund-Raising -Karen Granby
(W) 513-223-6192
Continuing Education -Marilyn Ehrilich
(W) 313-763-4018
-Joyce Billingsley
(W) 313-573-5030

MEDICAL ADVISORS:

Ananias C. Dinckno, M.
University Hospital
Ann Arbor, MI

Victor Fazio, M.D.
Cleveland Clinic
Cleveland, OH

W. Patrick Mazier, M.D.
Ferguson Clinic
Grand Rapids, MI

Joseph Rinaldo, Jr., M.
Providence Hospital
Southfield, MI

1985 NEWSLETTER PUBLICATION DATES

FEBRUARY 15, 1985
MAY 15, 1985
AUGUST 15, 1985
NOVEMBER 15, 1985



REGIONAL TRUSTEE

"Beyond Our Boundaries" our seventeenth Annual Conference in Miami Beach, Florida, June 10th - 14th, looks to be an interesting Conference. Along with the formal educational offerings, additional knowledge is gained from those informal sharing sessions. Seems I usually come home with some helpful hints and tips often gained in general discussion about work problems.

If you have an opportunity, try to monitor the Board Meetings. (Pre-conference, Sunday June 9 from 9:00am to 6:00pm. Post-conference, Friday, June 14 from 8:00am to 2:30pm.) Also, just because you are not a Delegate does not prevent you from expressing your viewpoint at the House of Delegates meeting (Wednesday, June 12th from 2:00pm to 6:00pm.) Only the Delegates vote on the issues, but remember all members vote to elect officers. Please hear their speeches and vote your selection (Wednesday June 12th, 12:00pm to 1:30pm.)

The By-law changes involve membership category Retired and Honorary. Other by-laws are being presented to support the regional subgroups, also. These guidelines will enable the subgroup to be recognized by the IAET. The members of these groups should be members of the IAET. The category of Associate Membership should help to include all participants of the subgroup.

Another item that may get to the House of Delegates is the mail vote. This proposal would enable all members to vote for the officers whether or not they could attend Conference.

DOORS (Directory of Outpatient Ostomy Resources and Services) supposedly went to the printer in March. This Directory has been discussed since 1981. Its nice to know its finally here??

Jane Beerck

CALENDAR OF EVENTS

June 11 - 15, 1985 - IAET Annul Conference
Fountainbleau Hotel
Miami Beach, Florida

June 28 - 30, 1985 - Kalamozoo Ostomy Associa-
tion
Youth - Parent Conference
Kalamazoo, Michigan

For further information contact:
Helen Arend, RN, ET
(616) 383-8641
Bronson Methodist Hospital
Kalamozoo, Michigan 49007

July 3 - 7, 1985 - U.O.A. Youth Rally
University of California
San Diego, California

For further information contact:
Sue Brady, RN, ET if you
have a candidate.

August 11 - 14, 1985 - I.O.A. Congress
The Anaheim Marriott
5th World Congress
Anaheim, California 92802
(714) 750-8000

August 15 - 17, 1985 - U.O.A. Conference
"People Helping People"
Anaheim, California

October 3-4, 1985 - Annual Oncology
Nurses Post Graduate
Conference - Cleveland
Clinic Foundation
For further Information
Contact:
Local 444-5696
in Ohio 800-762-8172
other 800-762-8173

THE NEW SCHOLARSHIP BROCHURE is available in
Central Office. Scholarship applications
and additional details are available from:

IAET
5000 Birch Street
Suite 400
Newport Beach, CA 94660
(714)476-0268

Recent graduates from the
R.B. Turnbull Jr. School
of Enterostomal Therapy

PENNSLYVANNIA

Joan Nespa, R.N., E.T.
2710 Victoria Court
Pittsburgh, PA 15234
(412) 793-3327

South Hills Home Health System
Farlies Metro Home Care Unit
611 South Ave.
Pittsburgh, PA 15221
(412) 242-0249

Lora Sandahl, R.N., E.T.
Rd. 2 Box 88
Danville, PA 17821
(717) 275-0614

Geisinger Medical Center
c/o Nursing Adm. Office
N. Academy Ave.
Danville, PA 17822
(717) 271-6282

Margaret L. Massung, R.N., B.S.N., E
5014 Country Side Drive
Georgetown Hts., McKean, PA 16426
(814) 476-7671

St. Vincent Health Center
232 West 25th Street
Erie, PA 16544
(814) 452-5000

MICHIGAN

Patrice A. Sprung, R.N., B.S.N., E.T
3701 Normandy
Royal Oak, MI 48073
(313) 549-3765

Tri-County Home Health Care
23155 Northwestern Hwy.
Southfield, MI 48075
(313) 358-3121

NEW MEMBER OF I.A.E.T. - OHIO

Mary Leeson, R.N., E.T.
2222 West 100th Street
Cleveland, OH 44102
Cleveland Clinic Foundation
9500 Euclid Ave., E.T. Dept.
Cleveland, OH 44106

E.T. MANAGEMENT OF CONTINENT UROSTOMY PATIENTS

CRINA FLORUTA, R.N., E.T.

The ET management of the continent urostomy patient is similar to that of any patient undergoing a surgical procedure resulting in the formation of stoma.

The objectives of my care plan are: to identify, select and provide rationale for the postoperative nursing care; to describe the techniques of catheter positioning, irrigation, and intubation while emphasizing the importance of maintaining patency of the total system; to recognize untoward physical and emotional elements of the perioperative phase; and to develop a comprehensive discharge plan incorporating patient education, ostomy care, nutritional concerns and life style.

During the preoperative teaching, the patient and other family members have the opportunity to clarify their questions regarding the impending surgery. Visual aids such as posters with diagrams of the surgical procedure are useful tools while teaching.

The continent urostomy stoma is sited in the usual manner following the general stoma marking guidelines. The most important considerations includes that the patient have a clear view of the stoma within the rectus muscle and in the right lower quadrant. Sometimes the site can be located lower than usual on the abdomen. If a lower site is selected, it should be appropriate for the placement of an appliance in case future problems of incontinence arise.

Daily assessment of the stoma includes observation for signs of ischemia, recession, tube trauma, or any other abnormalities. Incisional care involves irrigation with antiseptic solution while the drains present in the lower quadrants are managed with dry sterile dressings. The catheter, placed into the reservoir during surgery, is anchored to secure its position, to the skin with silk tripod sutures. The catheter facilitates drainage of urine and prevents pressure "build up" in the pouch and against the nipple valve. It is connected to a gravity drainage bag. The length of the tubing between the catheter connection and the constant drainage bag should be no longer than three feet to simplify drainage. As a second safety measure to maintain position, the catheter is anchored to the anterior ileac crest. A dry dressing is applied over the stoma and around the catheter to absorb mucus and moisture secreted by the mucosa.

The system is secured in place with hypoallergenic tape. After surgery the catheter is irrigated with 20-30 cc of normal saline every two hours, using an irrigation set with an asepto syringe. To minimize contamination clean technique is used while caring for the catheter. The pouch capacity is approximately 100-150 cc. It is important that the catheter be kept patent and free of blood clots and mucus plugs. The irrigation should be repeated several times until the effluent is flowing freely. No aspiration is necessary and is discouraged; the return of the irrigant is by gravity only.

On the second postoperative day the tripod sutures are removed and a baby nipple sleeve, stoma plate and belt are used to secure the catheter position. After removing the sutures from the skin, the suture ties are left intact on the catheter, as markers to indicate the correct depth of the tube placement into the reservoir. The catheter and the nipple sleeve are taped together to prevent dislodging. The belt may be taped to the abdomen for security.

Throughout the postoperative course care of the catheter includes the following; maintaining catheter patency, securing, and repositioning the catheter. The patency of the catheter may be impaired by mucus plugs. To prevent obstruction of the urine flow the irrigation procedure is continued through the postoperative course. The frequency of irrigation can be decreased to every 3-4 hours starting on the fourth postoperative day. Malposition of the catheter is prevented by securing the tube with the system described previously, anchoring the catheter to the anterior ileac crest, and nursing assessment of the entire system every two hours. Repositioning of the catheter is done by moving the tube, alternating 1 cm in or out, so that the tip of the catheter does not lie against the same section of the bowel wall causing injury to the mucosa.

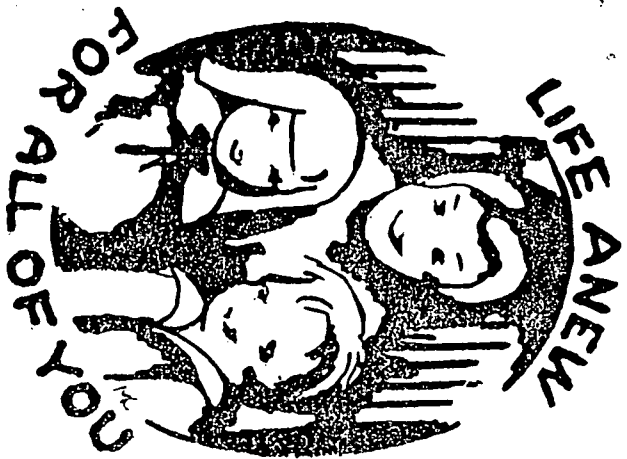
I start self care instructions on postoperative day 6 or 7. The patient assists with the irrigation procedure, dressing change, and peristomal skin care. The catheter is connected to a leg bag to increase the patient's mobility. A few days before discharge, instructions are given on the intubation procedure, in case the catheter is dislodged or becomes clogged necessitating removal, cleaning, and replacement.

Following discharge, the catheter is continued to gravity drainage for 3-4 weeks. During this time the patient is cautioned about maintaining a free flow of urine by preventing obstruction. Over extending or flexing the right leg and wearing tight clothing are a few examples which may cause kinks in the draining system impairing the flow of urine. Catheter irrigation should be performed at least once a day or as often as needed, using tap water. The patient is instructed to watch for signs and symptoms of catheter malfunctions such as pressure beneath the pouch, absence of urine from the catheter, pouch content escaping around the tube, which may necessitate removal or repositioning. In case of emergency, the patient is advised to wear an identification tag. On the first return visit to the outpatient clinic, a urine specimen is obtained for culture and sensitivity in the usual manner, using sterile technique. The intubation procedure is reviewed with the patient stressing the importance of using a clean procedure. Intubation schedules vary with each patient. Initially the schedule consists of a more frequent emptying of the reservoir and gradually the frequency is decrease to 3-4 times per day. Maintenance of the peristomal tissue integrity is assured by cleaning the skin with soap and water at least once a day and changing the pads as frequent as necessary. If skin problems occur, the most common being CANDIDA ALBICANS, the appropriate treatment is implemented. NYSTATIN POWDER remains the treatment of choice. I have obtained favorable results using an over the counter antifungal medication, MICRO-GUARDtm-SWEEN, which is easily accessible to the patient.

There are no specific dietary restrictions and my patients are encouraged to drink at least two quarts of fluid per day to prevent upper urinary tract complications.

Continent urostomy is an innovative operation. It is not the 'IDEAL URINARY DIVERSION' but it offers a new way of life. The need for preoperative teaching, stoma marking, perioperative nursing care and emotional support performed by the enterostomal therapist remain essential.

*This presentation was given at the May 3, 1985 Update Seminar at the Cleveland Clinic Foundation.



1985
Great Lakes Youth-Parent

Conference

June 28-30 Kalamazoo, Michigan

Registration Form

Name _____

Address _____

Phone _____

I plan to arrive at approximately _____ on _____

Registration fee (check) youth \$20. _____ Adult \$40. _____ Total _____

Registration fee includes:

1. Meals - Sat. lunch and dinner Sun. breakfast, dinner
2. Modern dormitory room with 2 twin beds & connecting bath - Friday & Saturday nights
3. Special activities - pizza party, bowling, entertainment

Make checks payable to:

1985 Youth-Parent Conference

Mail to: Walt Ludwig
2950 Berry

Kalamazoo, MI 49009

Please enclose names of all those included in this registration.

If you pre-register, you will receive further details.

YOUTH-PARENT CONFERENCE 1985
June 28 - 30
Kalamazoo, Michigan

FRIDAY June 28, 1985

5:00- 8:00pm Registration
8:00-10:00 Ice Cream Social/Teens-Music

SATURDAY June 29, 1985

7:00- 8:30am Breakfast
8:00- 9:00 Late Registration
9:00- 9:30 Welcome/Day's Review
9:30-10:00 Keynote Address.....Bonnie Bolinger
10:00-10:30 Break
10:30-10:45 Anatomy of G.I. System..Robert Brouwer, MD
Anatomy of G.U. System..Mark Lucas, MD
10:45-11:15 Inflammatory Bowel Disease..R. Brouwer, MD
E.T. Consultations
11:15-12:00pm Learning about Ostomies--Concurrent Workshops
1) Colostomy, Ileostomy..James Heersink, MD
2) Urostomy..Mark Lucas, MD
3) PediatricBassam Dahman, MD
12:00- 1:30 Lunch
E.T. Consultations
"FAMILIES ARE SPECIAL"
2:00- 2:30 Youth: "I'm me" -- Olga Ramos-Wilson, R.N., E.T.
Parents: "I've been there"..B. Bolinger
2:30- 3:00 Youth Rap Session.....girls
Youth Rap Session.....boys
Parents' Rap Session
3:00- 3:30 Break
E.T. Consultations
3:30- 5:00 Recreational Activities for everyone
5:00- 6:00 Dinner
7:00- 9:00 Bowling Party
Movie
9:00 Pizza Party for everyone
Guitar sing-a-long

SUNDAY June 30, 1985

8:00- 9:00am Breakfast
9:00- 9:10 Day's Review
9:10- 9:30 Traveling with an Ostomy
9:30-10:00 Youth: Discussion--"At School"
Parents: Discussion--"Dealing with
Schools, Teachers, & Admin."
10:00-10:30 Break
10:30-11:30 Self Defense...Helen Arend & Trudi Bleid
An Informative & Humorous Skit
11:30-12:00pm Closing remarks/Evaluations
12:00 Dinner

EXHIBITS

OPEN.....7:30am to 4:00pm Saturday

HOSPITALITY ROOM/COMMUNICATIONS CENTER

OPEN.....5:00pm to 8:00pm Friday
7:30am to 5:00pm Saturday



It's Not What You Ask, It's the Way You Ask It

A story is told of two monks who strolled in the garden of the monastery each afternoon. One day as they walked, they decided they would enjoy smoking cigarettes during their walks. They agreed that they each would ask the master of the monastery for his permission.

The next day as they came out for their walk, one of the monks was smoking a cigarette while the other was not. "Didn't you ask if you could smoke?" the smoking monk asked the other.

"I asked for permission and was refused," replied the non-smoker. "How

did you ask?" queried the first.

"I approached the master and said, 'Master, when I am walking and meditating in the garden, is it all right if I smoke?'" and he said, "Absolutely not!"

"Well," said the other, "you were refused because of the way you asked the question. I approached the master and said, 'Master, when I am smoking in the garden, is it all right if I meditate?'; and he said 'Certainly.'"

Suggestion: Before you ask for something, consider the best way to frame your request.

Seeing Both Sides

A negotiator likes to tell the story of a businessman who was fishing in a lake and caught a strange fish. The fish was a brilliant blue and glimmered in the sunlight as it thrashed about in the boat. Suddenly the fish spoke to the man.

"Please throw me back in the lake," begged the fish, "and I'll grant you three wishes."

The businessman considered the request and replied, "Make it five and we've got a deal." "I can only grant three," gasped the fish.

"Four and a half," the man suggested. "Three," the fish replied faintly. "Okay, we'll compromise on four wishes," the businessman conceded.

The fish did not reply. It lay dead on the bottom of the boat.

Suggestion: Looking too narrowly at your own position when bargaining is shortsighted. To avoid joint loss when negotiating, put yourself in the other's shoes. Look for a solution that satisfies the other side as well as your own.

Visual Aides

Is it advantageous to use overhead projection when making a presentation at a business meeting? Yes, according to a six-month study conducted by the Wharton Applied Research Center.

In meetings where the presenter used an overhead projector, the following benefits were observed:

- A smaller percentage of the total meeting time was spent in monologues and a larger percentage of time was spent interacting.

- Total meeting length was reduced by 28%.

- The presenter using the overhead projector was seen as significantly better prepared, more professional, more persuasive, more credible, and more interesting as compared to a presenter not using a projector.

Suggestion: Some experts believe that as much as 60% of executive time is spent in meetings. If meeting length could be reduced by 28%, the average executive could save 42 working days per year. If you want more efficient, more effective meetings, encourage presentations which make use of this visual aide.

Maximize Gain or Minimize Loss?

If you want your proposal to be accepted, should you focus on a plan that offers a chance for high gain but involves risk, or one that offers a smaller gain with no risk? People prefer what sounds like the safest course even when that doesn't offer the greatest possible gain, according to research reported in *Management Focus*.

Researchers asked 150 people to imagine that the U.S. was preparing for an epidemic that would wipe out 600 people. They were asked to select (for the Government) either:

Plan A: Guaranteed 200 victims saved

or

Plan B: 1/3 probability of saving all 600 victims and 2/3 probability of saving none

72% chose Plan A, while only 28% chose Plan B.

Next the participants were asked to consider and select from two alternate proposals:

Plan C: Could lead to 400 fatalities

or

Plan D: 1/3 probability no one would die and 2/3 probability that 600 would die

This time 78% chose Plan D and only 22% chose Plan C.

These results suggest that people see losses as more significant than gains and will make the choice that seems the safest.

Suggestion: Don't emphasize the risks of a plan along with the gains. These same researchers found that when two groups of people were offered the opportunity to move to jobs that were better than their present positions in one respect and worse in another, neither group chose to change places.

Pryor Report - April 1985

LATE NEWS FROM MICHIGAN

The Next greater Detroit area E.T. meeting will be held on Wednesday, July 17, 1985 at 1:30 p.m.

Where: South Macomb Hospital

Hostess: Joyce Billingsley of Warren, Michigan

**** CHANGE OF ADDRESS****

Nancy Rioux, R.N., E.T.
Mercy Hospital
P.O. Box 418
Hamilton, OH 45012

**** DOES ANYONE HAVE**** A NEW ADDRESS FOR?

Kathryn Tappana, R.N., E.T.
Bloomington, IN

Tips on Reading

Keeping on Top of New Knowledge

Managers spend an average of 13 hours each week reading business-related material, according to time management consultant and director of Time Institute, Harold Taylor. Even so, with the information explosion of magazines, books, journals, business papers, newspapers, and conference proceedings, it is difficult to feel on top of the material passing over your desk.

Should you take a speed reading course? Maybe, but first try Taylor's tips for organizing your reading offered in his book, *Making Time Work For You*:

1. Read what you find useful. Discontinue magazines that don't provide you with information you can use. Skim publications as they come in and select articles you want to read.

2. Rip out the selected articles or have them photocopied. Then file them in 3-ring binders organized by topic.

For example, put all articles on communication in one binder.

3. Schedule time in your day for reading the selected articles. Also make use of time available during business travel or while waiting for appointments to do the reading.

4. Read with a highlighter, marking significant sections. This way you won't have to re-read articles to find the relevant parts.

5. Read actively, searching for information and answers as you read. Skip the irrelevant. Be aware of what you're looking for.

Suggestion: *Managing your time more effectively means changing old habits. To do that, it is necessary to make a commitment to trying a new system. Promise yourself that you will try these suggestions for organizing your reading for one month. Then re-evaluate.*

PREMEE WITH ILEOSTOMY

An innovative improvisation by Gladys Frey.

Need: condom cath, rubber band stomahesive, skin bond.

Directions: cut two small rings of stomahesive; one correct I.D. of stoma, the other slightly larger. Pull condom through the top (second) ring, remove ring off condom. Skin bond on top of first ring and skin side of second ring. Press the two together to seal and apply as a mini-face plate.

Editor's note: While practicing with this I used reliaseal and it worked great without skin bond. If someone out there trys this please call me to update on effectiveness.

One of my most challenging patients is currently in her fifth month of hospitalization due to numerous complications following a pelvic exenteration. I want to share with you a problem solved out of desperation which may help one of you solve a similar problem. The patient developed a jejunal-vaginal fistula causing copious amounts of small bowel content to drain vaginally and because she was extremely reluctant to turn off her back ... her buttock quickly became excoriated.

I cut off the tip of a #30/30cc 3-way foley catheter. After inserting it into the vagina, the balloon was inflated and a normal saline bladder irrigation set-up connected to the tubing. The continuous irrigation diluted the drainage and a majority of the drainage could be collected in a bedside drainage bag. By cutting off the tip of the foley the large particle could pass through the catheter. Peggiane Donat

Do your patients complain of excessive gas, cramps and other digestive complaints? Maybe they can't digest lactose. The undigested milk sugar ferments in the intestines, causing the symptoms. Have them try Mocha Mix or Lactaid (found in milk section). If this is beneficial they may wish to add enzymes to the milk, that break down the double sugar in milk, before using it. Sugar Lo Company produces a concentrated LactAid to be added to milk. Contact:

Sugar Lo Company
P.O. Box 111
Pleasantville, N.J. 08232

Ups and Downs of Daily Life

The Ten Most Frequent Hassles

The little irritations, frustrations, and upsets of daily life may influence our moods and health more than the major crises of life, according to a group of University of California researchers. Allen Kanner, James Coyne, Catherine Schaefer, and Richard Lazarus spent a year studying the effects of daily hassles and daily uplifts on 100 people ages 45 to 64. They found that the more frequent and intense the hassles people reported, the poorer their overall physical and mental health.

The ten most frequent hassles reported by their sample of middle-class, middle-aged adults were in order of frequency:

1. Concerns about weight.

2. Health of a family member.
 3. Rising prices of common goods.
 4. Home maintenance.
 5. Too many things to do.
 6. Misplacing or losing things.
 7. Yard work or outside home maintenance.
 8. Property, investment, or taxes.
 9. Crime.
 10. Physical appearance.
- (Reported in the *Journal of Behavioral Medicine*.)

Suggestion: *The hassles of daily life are more upsetting when you feel rushed, anxious, or under pressure. Relaxing activities, such as physical exercise, will help you cope more easily.*

Pryor Report - - April 1985



Small Bowel Stoma Injection

PURPOSE

Radiographic examination of the gastrointestinal tract, preferably 12 inches proximate to the stoma.

INDICATIONS

Investigation of distal small bowel in patients with ileostomy or jejunostomy e.g., obstruction, recurrent Crohn's disease.

GENERAL INFORMATION

This procedure should be completed prior to an upper G.I. series/barium swallow study. Type of radiopaque medium must be specified by the physician requesting the x-rays.

PREPARATION

Usually clear liquids by mouth for 24 hours. Physical condition may indicate intravenous fluid coverage.

SOLUTIONS AVAILABLE AT CCF

1. Barium
2. Gastrografin
3. Gastroview

PRECAUTIONS

1. Allergy to iodine, foods, or dyes
2. Pregnancy
3. Dehydration/hypertonic solution

EQUIPMENT

16-20 Foley catheter - 30 cc., disposable
70 ml. syringe, disposable
10 ml. syringe, disposable
Water soluble lubricant

METHODS

On the day of the x-ray, the patient should wear a disposable pouch. Although it is no longer necessary to remove the pouch, it is always advisable to carry a spare. Some radiologists:

1. May insert the catheter through the drainable end of the pouch and them into the stoma.
2. Cut a small slit in the top of the pouch through which they insert the catheter and then into the stoma.
3. Insert the catheter into the stoma and inflate the balloon with 20-30 ml. air.
4. Inflate the balloon and insert only the tip of the catheter while the patient compresses the inflated balloon against the outside of the stoma.

METHODS

Selection number 2 and 4 is preferred as it:

1. Decreases trauma to the lumen of the small bowel
2. Increases visibility of mucosa
3. Facilitates and contains drainage

RADIOGRAPHIC VIEWS MONITORED BY FLUOROSCOPY

1. Flat plate views of abdomen
2. Segmental oblique views of small bowel
3. Flat plate views
4. Flat plate views after evacuation of medium

PROCEDURE/RADIOLOGIST

1. Explain the procedure to the patient.
2. Note precautions/allergy to iodine.
3. Assemble equipment.
4. Position patient--dorsal recumbent
5. Fill 70 ml. trigger syringe with radiopaque medium, set aside.
6. Inflate the retention balloon in the Foley catheter with 20-30 ml. air, set aside.
7. Place lubricant next to catheter.
8. Flat plate view of abdomen.
9. Cut a slit in top of disposable pouch.
10. Lubricate the tip of the inflated catheter; connect the syringe to the catheter and clear the air from the catheter.
11. Insert the catheter through the slit in the pouch and into the stoma. The patient's right hand should compress the balloon tightly to the stoma and abdomen.
12. Inject the radiopaque medium, 2 to 10 ml. and watch the monitor as the medium is flowing; repeat this step till procedure is completed.
13. Segmental oblique views are taken as indicated.
14. Palpate abdomen while watching monitor and repeat flatplate.
15. Remove catheter to permit evacuation of contrast medium; may have to wait a few minutes.
16. Repeat flatplate of abdomen.
17. Place a piece of tape over the slit in the pouch.
18. Replace system at earliest convenience.

HELPFUL HINTS

MAKESHIFT FACEPLATE

Tried this recently on a flush ileostomy who preferred the sur-fit two-piece system. Cut collyseal as appropriate to fit stoma and cut surrounding area down to a doughnut shape, smaller than sur-fit wafer, so sur-fit wafer will overlap and adhere to skin. Then use convex insert, belt and small amount stomahesive paste. Ole! A faceplate!

GASTROSTOMY TUBE

Stabilization of tube can be attained with use of the hollister access port and two premium barriers -- by sandwiching the port between the two pieces of barrier.

USES FOR OP-SITE

1. When tubes need to be pulled through an opening in the bag, try the following: Place a small piece of op-site on the area of the bag where you need to make the hole. Then cut the size opening you need. Bring the tube through the bag and secure with a rubber band and tape. The bag is prevented from tearing by using this method.

2. If you need a waterproof seal between two areas, op-site holds well and prevents undermining of the bag. We found it successful for a situation where a tracheotomy was very close to an opening in the esophagus on the neck. The op-site prevented the secretions around the tracheotomy from uprooting the bag over the esophagus, which collected saliva.

Thanks to:

"Delmarva Diversions" -- Mid-Atlantic Region

When the pouch adhesive is larger in certain areas than needed ... one corner is over sutures or on a tiny baby's belly ... wipe a cotton ball against excess adhesive area to provide a non-sticky, soft surface against the abdomen.

-- Joanne Walker

For those working with loop ileostomies that are retracted, Mason standard colly seal beneath the stomahesive sur-fit wafer used in conjunction with convex inserts and stomahesive paste seems to be very effective in preventing any chemical burns from ileal drainage.

-- Katie Dewey

PACIFIC COAST COMMENTS

ET/LCF
12/83
Approved

RESOURCE INFORMATION

AMERICAN DIGESTIVE DISEASE SOCIETY

420 Lexington Avenue, New York, NY 10017 (212) 687-3088
Contact Marvin Hassner. ADDS distributes materials on digestive diseases to its members and to the public, including information about functional disorders, diagnosis and treatment, nutrition and diet, emotional and psychological difficulties and their relation to health and research findings and advanced treatment techniques.

* * * * *

A comprehensive bibliography of educational materials for osteomates intended for use by health care providers is prepared by and can be obtained from:

Office of Cancer Communication
National Cancer Institute
Building 31, Room 10A18
9000 Rockville Pike
Bethesda, Maryland 20205

* * * * *

The HIP Report
Help for Incontinent People
P.O. Box 544
Union, SC 29379

* * * * *

Reach Out for Youth with IBO
150-28 Union Turnpike
Flushing, NY 11367

* * * * *

American Calcic Society, Inc.
45 Gifford Avenue
Jersey City, NJ 07304

* * * * *

Children's Liver Foundation
28 Highland Avenue
Maplewood, NJ 07040

* * * * *

American Liver Foundation
998 Pompton Avenue
Cedar Grove, NY 07009

Older People and Sexuality.

The sexual attitudes and activities of 4,000 men and women over age 50 are looked at in a new book, Love, Sex, and Aging, by Edward Brecher and the editors of Consumer Reports Books.

Individual life stories and statistical data, covering a broad spectrum of opinions, goals, desires, fantasies, and customs of today's older generation, are the result of a five-year study initiated by a questionnaire in Consumer Reports magazine. The information contradicts many of the myths about the sexuality of older people.

Love, Sex, and Aging is available at bookstores in hardcover edition (little, Brown; \$19.95) and in a quality paperback edition (\$14.95 plus \$1.75 postage and handling) from Consumer Reports Books, Box C-719-A, Brooklyn, NY 11205.

Pretesting for Health Communications by the U.S. Department of Health and Human Services is a good booklet that is free. It is available from: National Cancer Institute, Bethesda, MD 20205. It is publication No. 83-1493. (Reprinted from Mid-Atlantic Region Newsletter)

"WOUND HEALING II (BY PRIMARY INTENTION)" 16mm film and 3/4" video-cassette/27 min. (Health Care Products 3M). An award winning film which combines animation and live action to discuss the six phases of healing when sutures or wound closure strips are used to approximate tissue. CONTACT: Health Care Products/3M, P.O. Box 33050, St. Paul, MN 55133. When ordering use code number (S118).

"PREVENTING PRESSURE SORES" 16mm film/20 min. (Health Care Products 3M). This film presents the etiology of pressure sores, identifies susceptible patients, and demonstrates basic, easily implemented protocols for pressure sore prevention. CONTACT: Health Care Products 3M, P.O. Box 33050, St. Paul, MN 55133. When ordering use code number (PC301).

Word has it that there is an excellent book on self-catheterization, available from: Helen Arend, RNET, Bronson Methodist Hospital, Kalamazoo, MI 49001

An interesting Patient Education Newsletter. It has an editor and address listed, in case anyone would like to write and inquire about receiving it. Edward E. Bartlett, Patient Education Newsletter, 930 S. Twentieth St., Birmingham, AL 35294.

Subscription rates are \$22 for institutions and \$12 for individuals. Make checks payable to "Patient Education Newsletter." Mail to above address.

The following are some publications listed in the Newsletter, with information on where to obtain them:

A Prioritized Bibliography on Patient Education, based on recommendations of 28 patient health education coordinators in the VA system, lists the most useful journals, newsletters and books in the patient education field. Available at no charge from Larry J. Johnson, MSPH, VA Medical Center, Battle Creek, MI 49016. 3 pages.

The Candlelighters Newsletters recommends a publication written by Elisabeth Kubler-Ross, 1979. It is entitled "A Letter to a Child with Cancer." It may be obtained by writing to: Shanti Nilaya, P.O. Box 2396, Escondido, CA 92025.

The following were contributed by Sue Currence:

"Wound Management: Care and Cost-An Overview," Curtin, L. Nursing Management, Vol. 15, No. 2, pp. 22, Feb. 1984.

"Managing Decubitus Ulcers," Fellin, R. Nursing Management, Vol. 15, No. 2, pp. 30, Feb. 1984.



ADDRESSES OF INTEREST TO E.T.'S

LIFELINE FOUNDATION, INC.

Two Soprey Road, Sharon, MA 02067 (617) 784-3250. Contact Lee or Marshall Koonin. The Lifeline Foundation represents those who are fed parenterally or enterally, including victims of digestive diseases as Crohn's disease, trauma and cancer patients and infants with birth defects. The group offers support through a call in service, newsletter and conferences where lifeliners share information and techniques. The foundation also informs the public and professionals of the special problems of lifeliners.

NATIONAL FOUNDATION FOR ILEITIS AND COLITIS (NFIC)

295 Madison Avenue, New York, NY 10017 (212) 685-3440. Contact George Theobald. NFIC supports research programs to educate the public service programs to educate the public about inflammatory bowel disease. It also instructs health care professionals through seminars, publications and exhibits at medical conventions.

Although a teardrop may stain your cheek, may it never stain your heart.

"NUTRITION IN CANCER: GUIDELINES FOR ASSESSMENT" Slide/Cassette/Color/Sound/14 min. (Ross Laboratories 1981). This program examines the causes of nutritional problems in cancer patients, identifies methods of screening and assessing patients at risk of developing nutritional problems and identifies methods of nutritional intervention. (Program approved for 1 hr. of HIEFSS continuing education credit, when a structured program is planned). Brochure (H551): Instructor guidelines, referenced script keyed to slides, additional readings, samples nutritional screening form and posttest. CONTACT: Local Ross Laboratories Representative. When ordering please use code number (H913).

"MOIST WOUND HEALING" Slide/tape/14 min. (Health Care Products 3M). A program designed to teach the principles of "moist wound healing" for the treatment of wounds. Clinical studies have determined that management of partial thickness wounds in a moist environment promotes rapid healing. CONTACT: Health Care Products/3M, P.O. Box 33050, St. Paul, MN 55133. When ordering use code number (PC306).

"WOUND MANAGEMENT" Slide/tape/20 min. (Health Care Products 3M). This program surveys the physiology of healing, types of wounds, and the preparation for wound healing; emphasizes what the health care professional can do in individualized patient therapeutic programs. CONTACT: Health Care Products/3M, P.O. Box 33050, St. Paul, MN 55133. When ordering use code number (PC307).

Contentment is not the fulfillment of what you want, But the realization of how much you already have.

"9 STEPS TO DECUBITUS MANAGEMENT" Poster. (Stryker Corporation). A decubitus Ulcer Prevention Poster. CONTACT: Stryker Corporation, 420 Alcott St., Kalamazoo, MI 49007. Phone 616/381-3811.

"GAYMAR PRESSURE SORE RISK ANALYZER" Slide Rule. (Copyrighted by Gaymar Industries, Developed by James Price, Product Manager/Gaymar 1983). Slide rule risk analyzer helps staff to determine patient's risk level of developing pressure sores by analyzing physical condition, mental stat. activity level, mobility, incontinency, and nutritional status. Also indicates recommended products for use at each level of risk. CONTACT: Jim Price c/o Gaymar Industries, Inc., One Bank St., Orchard Park, NY 14127 or Phone: 800/828-7341. Explain where you received this information to the Customer Service Representative.

*If we love, we inspire love,
and the uplifting influences
of love will come back to us.*

— Eleanor

"VISITS IN UROLOGY: URINARY UNDIVERSION" 16mm film/color/sound/51 min. (W. Hardy Hendren, M.D., Donald G. Skinner, M.D. 1982). Dr. Hendren demonstrates the several surgical techniques necessary to complete a successful undiversion. Dr. Skinner visits Dr. Hendren and, through demonstration and discussion, they review this successful technique with the assistance of two patients who have been successfully undiverted. CONTACT: Norwich-Eaton Audio-visual Library, Norwich-Eaton Pharmaceuticals, 17 Eaton Ave., Norwich, NY 13815. Phone: 607/335-2247. Requests should be received at least four weeks in advance of the film showing. When ordering this film please use code number (951).

"WOUND HEALING I (BY SECONDARY INTENTION)" 16mm film and 3/4" video-cassette/27 min. (Health Care Products 3M) Animation visualizes the six processes involved in wound healing when tissue heals without approximation. CONTACT: Health Care Products/3M, P.O. Box 33050, St. Paul, MN 55133. When ordering use code number (S117).

PACIFIC COAST COMMENTS

CLEVELAND HAS SUCCESSFUL "UPDATE"

The Cleveland Clinic was again successful in sponsoring "ET Update 85" for more than 190 persons who attended the May 3 program. Interesting topics, dynamic speakers, and renewing friendships were some of the benefits to those who came to spend this very full day of learning. We were pleased to host this conference for ETs, area nurses, patient educators, and home health care professionals. Thanks to all who attended; we hope to host another seminar again in the future. Let us hear from you regarding your wants and needs!!

NEWS FROM AROUND OHIO

AKRON - Norma Gill-Thompson travels again-this trip included two stops. The first stop was to the Sickroom Services Seminar in Milwaukee, WI. On April 30 she presented four one hours presentations on the different aspects of fecal and urinary incontinence. The audience was composed of pharmacist, home health nurses, and representatives from different manufacturers.

Then on to San Diego, California where the WCET asked her to exhibit and explain the Norma N. Gill Foundation during the annual meeting of the American Society of Colon and Rectal Surgeons. The WCET display was in the Scientific Exhibit where she was able to talk with many national and international surgeons.

Norma spoke during the meeting on the history of "Enterostomal Therapy" and was honored during a recognition dinner. Thanks to Rebecca Charles, R.N., E.T. of the U.S. Naval Hospital in Dan Diego Norma spoke to 20 Urologists and 60 Gastroenterologists and Surgeons. Her topics by request included the history of enterostomal therapy, the ET involvment with urinary incontinence, and ileostomy blockage-cause and effects with different modes of management.

CLEVELAND - PRINCIPLES OF PRE-OPERATIVE PREPARATION OF THE SURGICAL PATIENT was the title of Dr. Orangio's presentation at the Cleveland Local Enterostomal Therapy Meeting held on April 17, 1985 at the Cleveland Clinic Foundation. Dr. Guy Orangio, a Special Fellow in the Department of Colon and Rectal Surgery at the Cleveland Clinic Foundation, discussed factors that help to define the patient population with an increased operative risk. These factors include: nutritional status; immune competence including total lymphocyte count, cell

Cleveland cont.-

mediated immunity and specific lymphocyte populations; pulmonary dysfunction; delayed wound healing influenced by malnutrition, marked dehydration or edema, severe anemia corticosteroid therapy, chemotherapy and radiation therapy (3000 RADS or more); and the elderly, the obese, the cancer affected patient, the uncontrolled diabetic and the patient with renal failure.

Dr. Orangia mentioned that "when surgical procedure is being considered a genuine bond of communication and personal responsibility should be established between the surgeon and the patient." Psychological preparation is accomplished through open discussion, optimism about the value of the intended procedure, consultations if necessary and second opinions.

Wound sepsis was mentioned to be the most common post-operative infection. Methods of prevention of post-operative infection were discussed highlighting methods of minimizing exogenous and endogenous contamination, endogenous contamination being the most important source of wound sepsis. Bowel preparation including Nichols-Condon bowel prep, whole gut irrigation and Mannitol Preparation (10% solution), pre-operative wound including primary verses secondary healing and delayed primary were subjects of great interest.

A business meeting followed the presentation. New ostomy/pressure sore products, B.S.N. programs, and upcoming conferences were discussed.

Linda Nilsson

Did you know...that intractable constipation after a radical hysterectomy with lymphadenectomy is not unusual due to pelvic nerve resection which is part of the procedure. Bowel evacuation becomes difficult. Feces move down to the rectal vault but there is not urge or there is an inability to expel them and must be manually removed. Thomas Gauge M.D. of New York University School of Medicine said "if there is normal sensation and normal sphincter function, the symptoms should resolve. Bowel restraining by following a moderate high-residual diet plus three to four tablespoons of bran per day; drinking eight glasses of water per day; and using enemas or suppositories to recondition the evacuation response."

Consultant
April, 1985, p 20-21

Did you know... it is not uncommon to have clients who are vigorous runners to complain of "stomachaches" during and after running. The association of anemia, gastrointestinal disorders, and long distance running has been recognized for several years. Ronald Bukowski, M.D. of the Cleveland Clinic said "diarrhea and other abdominal complaints are common during and after running and have been attributed to possible splanchnic ischemia. Whether this disorder is related to or a cause of acute gastrointestinal blood loss and iron deficiency is as yet unclear. If you can rule out other causes of iron deficiency and anemia, use oral iron supplements to correct the anemia." There is no other treatment for the abdominal symptoms and discomfort caused by running.

Consultant
February, 1985 p.15

CERTIFICATION EXAM * * * NOVEMBER 1985

Attempts are being made to establish a special testing site. Only 7 ETs have expressed interest & 10 candidates are needed before any consideration will be given. If you are interested in Cleveland or Columbus, or Toledo, please call or write to Joan Van Niel, RN., MA., ET. at the Cleveland Clinic Foundation.

CANADA

Leah Carter, R.N., E.T.
60 Conference Blvd.
West Hill, Ontario,
CANADA M1C2E3
(416) 281-2422

Centenary Hospital
2867 Ellesmere Road
West Hill, Ontario
CANADA M1C2E3
(416) 284-8131

Mary Jago, R.N., E.T.
18 Martingrove Drive
Dundas, Ontario
CANADA L9H1T2
(416) 627-4707

St. Elizabeth Visiting
Nurses' Association
Hamilton, Ontario
CANADA L8P1C7
(416) 522-6887

JAPAN

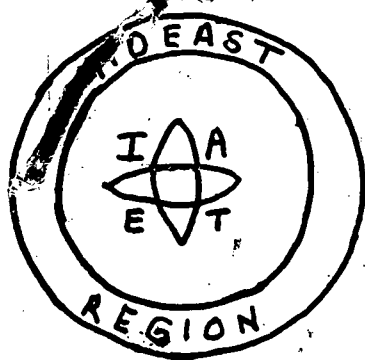
Megumi Hanzawa, R.N., E.T.
202 Adachi Height
1-27-20 Koenji Minami Sugimami-ku
Tokyo, JAPAN 166
(03) 312-4424

Tokyo Medical and Dental
University Hospital
105045 Yushima Bunkyo-ku
Tokyo, JAPAN 113
(03) 813-6111

Yoshiko Sumikawa, R.N., E.T.
519-18 Imai Hodogaya-ku
Yokohama-shi, Kanagawa,
JAPAN 240
(045) 351-5223

Yokohama Municipal Citizens Hospital
56 Okazawa Hodogaya-ku
Yokohama-shi, Kanagawa, JAPAN 240
(045) 331-1961

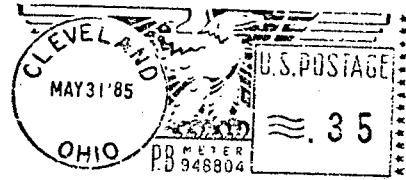
MARILEYN SPENCER, RN, ET
Enterostomal Therapy Dept.-3L22
Cleveland Clinic Foundation
9500 Euclid Ave.
Cleveland, OH 44106

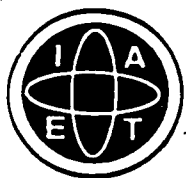


Pamela Stigler, RN, ET
4001 Carbine Lane
Louisville, KY 40299

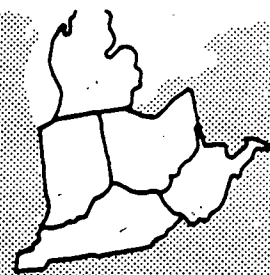
FIRST CLASS

PRECISE
FIRST CLASS





MID-EAS DROPPER



VOL. XVII

SEPTEMBER 1985

NO. III

Dear Mid-East Members:

I urge all of you to attend our annual meeting on November 1 & 2 in Cleveland, Ohio. "Challenges in the 80's" is a timely and thought provoking theme for our conference. Knowledgeable speakers and presentations are being assembled by Joan Van Niel and her committee. They deserve our appreciation and support for their efforts. I hope many of you will plan to arrive early so you may attend the Mid East Regional Board meeting on Thursday afternoon.

An important part of the annual business meeting is the election of officers. The officer to be elected are treasurer, trustee (2), and 8 delegates. Be a candidate! Send your name to the nominating committee. The best qualification is your interest, concern and willingness to work for our region and E.T. nursing.

June is a summer ago, but many of us remember the exciting I.A.E.T. conference in Miami-57 to be exact. I am proud to report our region had four members who gave presentations at that national conference.

See you in November.

Ethel G. Pryor, M.S.N., R.N.E.T.
President, Mid-East Region

MIDEAST REGION I.A.E.T. OFFICERS

PRESIDENT: Ethel Pryor
(W) 313-876-2492
(H) 313-722-3593

PRESIDENT ELECT: Shirley Alltop
(W) 614-261-5000
(H) 614-459-5005

SECRETARY: Deanna Walterspaugh
(W) 616-965-1391

TREASURER: Barbara Montgomery
(W) 614-421-8897

REGIONAL TRUSTEE: Joyce Hawley
(W) 513-226-3200

TRUSTEES: Dorothy Best
(W) 419-729-6000
Rosemarie Van Ingen
(W) 313-424-3435
Ruth Bailey
(W) 513-853-5596

DELEGATES: Pat Freeman, Chairman
(W) 517-483-2687
Cookie Ramos-Wilson
(W) 216-444-6677
Cathy Lakey
(W) 317-787-3311
Sister Consolata Wolking
(W) 606-371-4600
Marilyn Spencer
(W) 216-444-6677
Sue Brady
(W) 513-854-2727
Mary Lou Walker
(W) 513-369-1124

ALTERNATES: Dorothy Best
(W) 419-729-6000
Marlene Brockmeir
(W) 513-559-4200
Wyonna Stiffler
(W) 513-298-4330

PARLIAMENTARIAN: Bonnie Bollinger
(W) 606-341-7700

HISTORIAN: Pam Stigler
(W) 502-584-2456

SPECIAL COMMITTEES:

Operational Manual -Rosemarie Van Ingen
(W) 313-424-3435
Newsletter Funding -Bonnie Bollinger
(W) 606-341-7700
Nominating -Brenda Kerschbaum
(W) 419-893-5965
1985 Youth Rally -Sue Brady
(W) 513-854-2727

COMMITTEES:

Membership -Sue Brown
(W) 614-457-1950
By-Laws -Dorothy Best
(W) 419-729-6000
Publications -Marilyn Spencer
(W) 216-444-6677
Public Relations -Patrick Gillen
(W) 419-337-2736
Fund-Raising -Karen Granby
(W) 513-223-6192
Continuing -Marilyn Ehrlich
Education (W) 313-763-4018
-Joyce Billingsley
(W) 313-573-5030

MEDICAL ADVISORS:

Ananias C. Dinckno, M.
University Hospital
Ann Arbor, MI

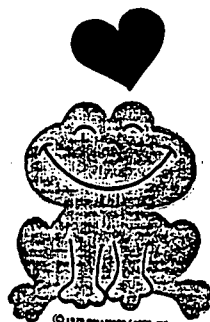
Victor Fazio, M.D.
Cleveland Clinic
Cleveland, OH

W. Patrick Mazier, M.D.
Ferguson Clinic
Grand Rapids, MI

Joseph Rinaldo, Jr., M.
Providence Hospital
Southfield, MI

1985 NEWSLETTER PUBLICATION DATES

FEBRUARY 15, 1985
MAY 15, 1985
AUGUST 15, 1985
NOVEMBER 15, 1985



CALENDAR OF EVENTS

October 3-4, 1985 - Annual Oncology Nurses
Post Graduate Conference
Cleveland Clinic Foundation
For Further Information Contact:
Local - 444-5696
Ohio - 1-800-762-8172
Other - 1-800-762-8173

October 25, 1985 - Worldwide Home Health
Care Symposium
Holiday Inn
I-77, Arlington Rd. Exit
Akron, OH
For Further Information Contact:
Local - 633-0366
Ohio - 1-800-621-5938
Other - 1-216-633-0366

November 1-2, 1985 - MidEast Regional Annual
Meeting and Educational
Conference
Harley South Cleveland
Cleveland, OH
For Further Information Contact:
Local - 444-6679

November 16, 1985 I.A.E.T. Certification
Exam

Cleveland has received special permission to become a testing site for the Certification Examination in November 1985. Several IAET members have indicated an interest in this location for fall testing.

The "rules" which cannot be flexed are as follows:

1. Minimum of ten (10) persons to be tested at this special site.
2. Site selected will be a University setting and will NOT be at the E.T. School.
3. Completed applications and fees must be submitted TOGETHER in one envelope to the Professional Testing Corp. BEFORE Sept. 30, 1985.
4. Checks payable to IAET EXAMINATION in the amount of \$145.00 to be included with the application form.

Any IAET member who is interested in taking this exam at this location, please phone Joan Van Niel at the Cleveland Clinic (216) 444-5966 On Week-days between 9 a.m. and 4 p.m.

TURNBULL SCHOOL NOTES

The Turnbull School of E.T. at the Cleveland Clinic is ready for another class of nurses who will begin their studies with us on September 30. We look forward to working with bright and energetic nurses again in this Fall Session. They sure have a way of keeping the entire faculty on its toes!

We have recently graduated our Summer class with some new prospective members for the Mid East Region, along with nurses from home health care and an International ET graduate from Seoul Korea.

We also are now interviewing for the January 86 class and have a few seats available for the winter session. This class will be an anniversary class for our school in more ways than one. You will hear more about our plans in the next edition of the Newsletter!

NOMINATION COMMITTEE REPORT

In the Mid East Regional I.A.E.T. meeting elections will be held for the following officers: 1 treasurer, 2 trustees (at regional level), 8 delegates & 3 alternate delegates. Thus far the following people have volunteered to run for office:

Treasurer: Rita Kirschner
Barb Montgomery
Sharlene Kennedy

Trustee: Sharon Ballard

Delegate: Dorothy Best
Karen Granby
Brenda Kerschbaum

Please consider running for one of the above offices we need many more names to make this a good election. We encourage past delegates to run again and also one may run for delegates and another office if so desired.

Please submit any names to the Nomination Committee as soon as possible.

Thank you. Nomination Committee:

Brenda Kerschbaum, Chairperson
Darcy Cevo
Rita Kirschner

REGIONAL TRUSTEE REPORT

Pre-Conference Board Report

Directory of Outpatient Ostomy Resource Services (DOORS) has been published. The cost: \$14,000. \$7,000 from advertisement and \$7,000 from the IAET Foundation. Each member should receive a copy. It will be advertised and sold in the OQ and other publications.

The job survey re: How DRG's have changed our ET positions had a 56% return. The results will be printed in the JET.

A Discharge Plan video is being developed for the membership. This involves three segments: CEU, a patient education booklet, and the video itself. Funds are being sought to sponsor this program.

There are 1964 members of IAET, 143 of which are new since February. We have an attrition rate of 7.3%, which is less than most other associations. Looking for ways to make dues paying less painful. Charging (that is, Visa, Master Card, etc.) is being considered. Since this would be an expense to the IAET, a surcharge would have to be imposed for this service.

The JET continues to increase the number of subscriptions. The JET is now on several professional indexes. Mosby presented IAET \$49,132 as its share of revenue. And, of course, they are looking for manuscripts.

The Certification Committee is looking at alternate methods of certification such as CEU's. There were 240 test takers around the country in June. Of those, 1/3 were for recertification. The testing company still insist that a local college is the best atmosphere for the test rather than the hotel at Conference. (We could have used a bus). The Certification Board is seeking incorporation as this would give more integrity to our certification program. They need test items.

The Program Directors (ETNEP) report a slowing of applications at first, with the BS requirement. Now, a great number of schools are filled for 1985. They want to emphasize that the requirement to two years of Med-Surg experience does not have to be after the BS degree was acquired. There were 17 scholarships awarded in 1985 and there will be 23 in 1986.

Misc: IAET is in the black; first time \$28,000. The mail vote was discussed (later at the HD it was voted to do mail vote for officers with use of the absentee ballot). By-laws structuring the Regional subgroups were passed. The 1986 Conference, Washington, D.C., the Sheraton, \$75 single, \$85 double room. Debbie takes over the National Conference Planning Committee. There is a non-accredited ET school in Allentown, PA. ET Nurse Day will be May 21, 1986.

My last report. Thank you for your support. Jane Beerck.

ORDER OF BUSINESS

Ethel Pryor, President, welcomed all members to the meeting. All new E.T.'s and the E.T.'s attending their first conference were asked to stand and identify themselves and their place of employment. Officers and Trustees were introduced to the membership. Joyce Hawley was asked to stand and be recognized as one of the Past Presidents of our Region.

An announcement was made that Pat Gillen had resigned as Trustee, and the vacancy was filled by Dorothy Best being appointed to fill the position.

SECRETARY'S REPORT

The minutes of the November 1984 Membership Meeting held in South Bend, Indiana, were read by Secretary, Deanna Walterspaugh. The minutes were approved as read.

TREASURER'S REPORT

The Treasurer's report was presented by Barb Montgomery, Treasurer. (see attached) The Financial report was accepted as presented, subject to audit.

An explanation was made of the money allotted to assist officers and delegates to attend conferences. Discussion followed regarding how the disbursement of the funds would be handled. It was decided that a check could be issued ahead of time for those who otherwise would be unable to attend the conference. The check will not automatically be sent, but will be made available for those who are not financially supported by the institution which they represent.

The proposed budget for June 85-86 was presented by Barb Montgomery. Joan VanNiell made a motion that we accept the budget, seconded by Jane Beerck, motion carried.

Marilyn Spencer discussed the fact that the Norma Gill Scholarship Fund was originally intended to be a one-time amount set aside. President Pryor will bring this subject up for discussion at the Fall Conference with the general membership.

REGIONAL TRUSTEE REPORT

Jane Beerck reported that DOORS (Directory of Outpatient Ostomy Resources & Services) has been completed. The actual cost was \$14,000, \$7,000 was obtained through advertisements, and \$7,000 obtained through a Foundation.

A "Discharge Planning" video is being developed. More information will be made available at the Fall meeting.

Concern has been expressed by the I.A.E.T. regarding non-renewals. Questionnaires have been sent out to check why members are not renewing their membership. The majority of the results focused on financial concerns. The use of "chargecards" was one of the options to be made available.

Discussion followed by our members regarding the 4% sur-charge if an individual did choose to "charge" their dues to their account. This issue will be brought before the House of Delegates. A show of hands by our members indicated that the option of using "charge cards" should be made available.

Enterostomal Therapy Nursing specialty was promoted in the Wall Street Journal on E.T.Day.

Announcement was made that the JET is looking for manuscripts to be published.

MIDEAST REGION OF I.A.E.T.
June 11, 1985 Membership Meeting Minutes

Jane reported that the I.A.E.T. financial report indicated \$28,000 in the black.

E.T.N.E.P. reports a "slowing down" for E.T. school registration. In spite of the slowing down, 4 of the 11 schools are filled for 1985.

Announcement was made that 240 are registered to take the Certification exam immediately following the Conference. A request has been made for members to submit test questions for future exams.

Mention was made that the Pressure Sore Workshop that was scheduled in Chicago was cancelled. It was thought the reason was due to problems with notification of the membership.

Dallas had 400 persons registered to attend their workshop, but due to a real bad ice storm, only 34 attended.

The 1986 Annual I.A.E.T. Conference will be held in Washington D.C. Proposed cost will be \$75 (single, \$85 (double, and \$150 for full registration.

The Scholarship Committee reported they had more scholarships this year than they had requests. This allowed a couple individuals to receive more than one scholarship to cover expenses. Twenty-three scholarships are expected in 1986.

Discussion was held regarding allowing the membership to vote on issues by mail. One problem verbalized was this would eliminate nominations from the floor and would require the Bylaws to be changed. It was mentioned that several Regions have changed their bylaws to allow for voting by mail. A show of hands by our members indicated that they were in favor of this option.

It was brought to our attention that there is a proposal in Congress to reduce or eliminate nursing education. The I.A.E.T. requests that we write our representatives to ask that the proposal be defeated.

Courages were presented to Jane Beerck for serving as Regional Trustee, and another courasge was presented to Ethel Pryor, President.

MEMBERSHIP

According to dues paid to the I.A.E.T., we currently have 237 members in the Mideast Region. With the addition of our new members, we are entitled to have 8 Delegates rather than 7.

BYLAWS

Ethel Pryor, President, explained to Dorothy Best, Chairperson of the Bylaws Committee, that the basic committee function is to bring our bylaws up to date to be consistent with the I.A.E.T.'s.

PUBLICATIONS

Marilyn Spencer discussed long & short-term goals of the Publications Committee. (see attachment) She encouraged members to submit helpful hints as well as inovative ideas to her for publication.

Mailing dates for the Mid-Eas Dropper are March, June, September and December. Any information to be published should be received the month prior to the mailing.

MIDEAST REGION of I.A.E.T.
June 11, 1985 Membership Meeting

GREAT LAKES YOUTH/PARENT CONFERENCE June 28-30

Beth Buentello gave details of the conference scheduled in Kalamazoo, Michigan. Cost of the conference is \$40.00 for adults and \$20.00 for children. The age range is up to 16 years. The goal of the conference committee is to have 20 children registered by June 17th.

DELEGATES

Pat Freeman, Chairman of the Delegates reported that the 7 elected Delegates and one alternate will be representing our region at a House of Delegates meeting scheduled for Wednesday afternoon.

Attention was called to the Bylaw changes as presented in the pre-conference booklet. There were no questions raised by the membership.

President Pryor urged the membership to "sit in" at the House of Delegates. She informed the membership that any member from the floor can speak to the issues, in addition to the Delegates.

MIDEAST REGION ANNUAL CONFERENCE CHAIRMAN

Joan Van Niell presented details about the Conference to be held in Cleveland, Ohio on November 1-2. The Board meeting will be held on October 31st. She announced that CEU's have been applied for.

Daniel Nicholson will address future trends of DRG's and legislative issues that are affecting health care and nursing.

Request was made for membership participation in "round table" discussions topics to last 20 minutes.

It was mentioned that the planning committee will "play-up" the Mideast Region birthday. The Historian will be working with the committee to have information available.

FUTURE MIDEAST REGION ANNUAL CONFERENCE SITES

November 1986.....Grand Rapids, Michigan

November 1987.....Bids will be accepted from Kentucky or West Virginia to host this meeting. A recommendation was made by the President that a bid be submitted to the Board in November 1985.

Announcements

November 16th is a date that has been determined for Certification Exam in the Ohio area. An announcement will be made via newsletter regarding the definite site selected. Seven individuals have currently signed up, ten are required to hold a separate testing site.

Diane Singer received the Bernadett Smith Memorial Scholarship and the Rupert Turnbull Fund. In addition to this, the Greater Detroit Area UOA presented her with the Marshall Bruce Memorial Scholarship.

Two candidates running for I.A.E.T. offices were allowed time to introduce themselves: Mary Alice Denbrook, running for Treasurer, and Harriet Pillert, running for Vice-President.

In addition to this, Debbie Broadwell, I.A.E.T. President was available for questions from the membership regarding any concerns they may have.

MIDEAST REGION of I.A.E.T.
June 11, Membership Meeting Minutes

Bonnie Bolinger submitted a report on Newsletter Funding. (see attached)
Letters and applications for Dealer Directory & advertising was sent April 1, 1985.
250 applications were mailed, and 29 accepted as of June 1, 1985.

PUBLIC RELATIONS

Dorothy Best reported that a packet has been developed to promote Enterostomal Therapy nursing.

NOMINATIONS

Rita Kirschner has accepted the nomination to run for the office of Treasurer.
Barbara Montgomery has agreed to run for the second term as Treasurer.

Announcement was made that we are seeking two Trustees. Individuals that want to be considered for this position should notify the Nominating Committee.

Clarification was made regarding Region & Regional Trustees. The Region Trustee is elected from the regional members-at-large. The Regional Trustee serves as the liaison between the board of trustees at the I.A.E.T. and our Region.

OPERATIONS MANUAL

Rosemarie VanIngen announced that a form will be provided for chairmen so future chairmen will have "helpful hints" available to the and therefore make their job easier.

FUNDRAISING

Karen Gramby summarized the activities going on at the Annual Conference and asked for assistance from the members to man the booth.

Marilyn Spencer donated the afgan that is being raffled off at this conference.

Future projects were brought up for discussion. A decision was made to have a "silent auction" at our Regional Meeting this Fall.

The committee will investigate the cost of a "charm" that could be raffled off at the next Annual Conference, and also make them available for purchase. Details will be checked with the I.A.E.T. to receive permission to use the logo of the I.A.E.T.

YOUTH RALLY 1985

Sue Brady submitted the names and information to the membership of children to be considered to attend the Youth Rally. Discussion was held regarding the needs that each child had, and questions were answered.

The Registration fee is \$175 plus plane fare.

The approximate airfare would be between \$238-\$258. The child would not be accompanied by a family member.

***** Marilyn Spencer moved that we make available an additional \$250 to send a youth to the Youth Rally 1985, therefore a maximum contribution of \$750.

Motion was seconded by Joyce Hawley, motion carried.

The membership voted to send George Kennedy, and Yolanda Taylor will be the alternate. Both children are 14 years old.

HISTORIAN

Pam Stigler reported that the scrap-book is up to date.

CONTINUING EDUCATION

Ingrid Dickerson reported on the committee activities. (see attached)

The motion was made to adjourn. Motion seconded, carried.
Adjourned at 10:30AM.

Respectfully submitted,
Deanna Walterspaugh
Deanna Walterspaugh R.N.E.T.
Secretary

CERTIFICATION

The establishment of a separate certification board was discussed. The purpose of separation is to maintain the integrity of Board Certification.

COMMUNICATIONS

The new ET Nursing Brochure is being printed and should be available this fall. ET DAY is scheduled for May 21, 1986. Start planning now. A packet of information regarding basic communication skills is being developed. If you have not returned your ET Nurse Day evaluation form for 1985, please do it now.

SCHOLARSHIPS

Scholarship awards will be given three times a year ... January 1; April 1 and September 1. The new Scholarship Brochure is available from Central Office.

I.A.E.T. LOGO

The JET continues to seek manuscripts... who will be the next from the Mid East to publish in the JET?

STANDARDS

Standards of Practice for Incontinence are being developed and will be ready in January.

CONTINUING EDUCATION COMMITTEE REPORT

PROPOSED COMMITTEE FUNCTIONS:

1. Develop goals and objectives for the Mid East Region Program/Continuing Education Committee.
2. Define primary purpose of continuing education committee.
3. Assess educational needs of Enter-stomal Therapists.
4. Obtain sample program evaluation forms and formulate a standard evaluation form.
5. Develop and provide to members in packet form (per request) guidelines for writing behavioral objectives information to receive CEU's from IAET and state. (includes forms, how to apply, state regulations, filing fees) (IND.,KY, MI, OH, W.V.)
6. Update list of exhibitors. (include in packet).
7. Provide packet to assist committee planning the MidEast Regional Conference Plan rotation of sites for Mid East Regional Conference.
8. Obtain sample care plans and protocols. Provide copies per request to Mid East Regional members.
9. Review "workshop flow sheet" and provide guidelines to members per request. (include in packet)
10. Develop a system to facilitate communication of program presentations in the Mid East Region. Coordinate with Marilyn Spencer. (i.e. clearing house, post card for point of advertizement).

COMMITTEE MEMBERS

Joyce Billingsley, RN,ET Marilyn Ehrlich, RN,ET
Barb Boylan Lewis, RN,ET Ingrid Dickinson, RN,ET

Betsy Hewitt & Barb Montgomery have each had an article published in Techniques For Surgeons. Edited by J. Patrick O'Leary & Eugene A. Woltering, published by John Wiley & Sons. New York, New York, 1985

BY-LAWS

Dorothy Best, RN,ET

The following By-Law changes will be presented to the membership of the Mid East Region of the I.A.E.T. for amendments during the Annual Conference membership meeting, November 1985.

Present By-Law

Article III, Section 1 b.
Retired Member - A retired member shall be anyone eligible to be an active member who is permanently retired from employment in the health care field. They shall have all the privileges of membership except those of making motions, voting and holding office. They are required to pay 50% of the established dues.

Proposed By-Law

Retired Member - A retired member shall be anyone eligible to be an active member who is permanently retired from employment in the health care field and is over 60 years of age. They shall retain all the privileges of membership and shall be required to pay 50% of the established dues.

Rationale

Retired Member - Retired active members should be granted privileges of full membership since they remain a valuable resource to the organization.

PUBLICATIONS REPORT

Mid East Region - Semi-Annual Meeting
June 10, 1985

Editor: Marilyn Spencer, RN,ET

Long Term Goal: To provide a vehicle which promotes communication beneficial to the membership of the Mid East Region of the I.A.E.T.

To facilitate participation of the membership in a sharing of problems, solutions, tricks of the trade, and news worthy events.

Activities: Published four issues of the Newsletter in 1984:

- 3/84 --- 330 issues
- 5/84 --- 330 issues
- 9/84 --- 330 issues
- 1/85 --- 335 issues

Expenses: Printing & Mailing \$1231.19
Secretary \$ 100.00

Income: 31 paid advertiser \$25 ea. \$ 775.00

Region Subsidized: - \$ 556.39

Each issue averaged -- \$1.00

Letters and applications for dealer directory and advertising were sent April 1, 1985.

Deadline for response was June 1, 1985

To Date Results: 250 applications mailed
3 refusals
29 acceptance.....\$725.00
(checks in mail)..\$225.00
On Hand\$500.00

This represents a 10.1% response rate.

Recommend that those advertisers be included in each "Mid-Eas Dropper" for greater visibility as a list of supporting dealers. You have a greater potential for increasing the number of subscribers to the program.

Bonnie Bolinger, RN,ET
Newsletter Funding

A N N O U N C E M E N T S

The Mid-east Region received a Certificate of Appreciation for our contribution to the UOA Youth Rally.

Norma Gill-Thompson has advised me that once again the Mideast Region has made a very generous donation to the NNG Foundation.

Please convey the gratitude and delight of the WCET Executive and NNGF Committee to members of your region for the interest and support they are giving ET Education worldwide.

In sincere appreciation.

Kind regards,
Marilyn McManus
Chairperson: NNGF

* * * *

To: Ms. Barb Montgomery, R.N.,E.T.

I am writing to thank you for your generous donation to the Norma N. Gill Foundation on behalf of the Mid-East region of I.A.E.T.

I understand that the donation is specifically for training of an ET in a foreign country. Education is one of the principal aims of the Foundation, and I can assure you that your donation will be put to excellent use.

Kind regards.

Yours sincerely,
Diane Kerwood
Treasurer WCET/NNGF

FIRST KOREAN GRADUATE

The summer session of the R.B. Turnbull, Jr., School of Enterostomal Therapy included the first nurse from Korea. Kim Chai-Sook RN, BS, MPH, ET completed the program and is soon to return to Seoul where she will be another new pioneer.

ATTENTION! ATTENTION!

Auction of Arts and Crafts by
Mid East Region Members on
November 1, 1985
See Refund Raising Report
for further details.

MID EAST REGION I.A.E.T.
 FINANCIAL REPORT - JUNE 1984-JUNE 1985

REVENUE:	
Newsletter Ads	175.00
Interest	331.02
Dues	2690.27
Seminar	1500.00
Raffle	1472.95
Misc.	5.00
TOTAL	\$6174.24
EXPENSES:	
Newsletter (4)	749.54
Postage	504.30
General Printing	160.00
Scholarship Fund	500.00
Conference Expenses	2151.41
Travel	1031.40
Hotel	217.80
Misc.	363.30
Delegates	200.00
D. Broadwell	338.83
MISCELLANEOUS	72.67
YOUTH CONFERENCE	500.00
DIRECTORY	-----
PHONE	-----
TOTAL	\$ 4637.92
REVENUE OVER EXPENSES	1236.32
CHECKING ACCT. BAL. 5/17/85	\$ 4017.62
CERTIFICATE OF DEPOSIT BALANCE	
5/21/85	3477.68
TOTAL WORTH	\$ 7495.30

MID EAST REGION I.A.E.T.
 PROPOSED BUDGET - JUNE 1985--JUNE 1986

REVENUE:	
Newsletter Ads	\$1000.00
Interest	400.00
Dues/membership rebate	2700.00
Seminar	1000.00
Raffle	400.00
TOTAL	\$5500.00
EXPENSES:	
Newsletter (4)	825.00
Postage	600.00
Phone	25.00
General Printing	200.00
Scholarship Fund	500.00
Conference Expense	2500.00
Youth Program	500.00
Miscellaneous	1000.00
Directory	300.00
TOTAL	\$6450.00
ESTIMATED EXPENSES OVER REVENUE	\$1200.00

FUNDING RAISING COMMITTEE REPORT

I have good news to report to all of you-- as a result of our fund raising activities at the I.A.E.T. Conference in Miami Beach, our region made a "profit" of \$350.27! We sold the remaining ET nightlight, all of the hot-cold travel mugs and additional letter openers. We still have about 50 letter openers remaining which can be sold at future regional and annual conferences. A big thank you to everyone who helped at the fund raising table, particularly Sue Brady. I would also like to welcome Judy Tarrington as a new member of our Committee.

For our fund raising activities at our annual Mid East Regional meeting in November, the Committee is planning an auction of crafts, needlework, pottery, ceramics, artwork, etc., etc. made by YOU, the Mid East Region members. The auction will be a very profitable project for our region, but it's success depends on you! Please, plan to attend the Mid East Annual Conference in Cleveland and bring your craft to be auctioned. If you cannot attend the conference, please send your craft with someone who will be attending. Every craft will be identified by the person who made it.

The auction will be held on Friday, November 1, 1985, so that all of the participants from the educational session can participate in it. In addition to being an excellent method of fund raising, the auction should be a lot of fun!

So now is the time to begin thinking about your art or craft and to begin working on it. Don't delay-the Mid East region needs your creativity and support.

I'm looking forward to seeing all of you in November with your crafts.

Sincerely,
 Karen Granby, RN,ET
 Chairperson

Guess who made Who's Who in Nursing 1984 ... Yep, your right ... it's Barb Montgomery. Barb, you are a tough act to follow.
 Congratulations!

Readers write

1. Is there any other way to stabilize the catheter post-op in the continent urostomy other than sutures? I work with a surgeon who wants to use a faceplate or a skin barrier immediately post-op.

In my opinion the safest method to secure the catheter in position is by suturing to the skin. If there are contraindications to puncturing the parastomal skin with sutures the use of a skin barrier will allviate this problem. Sutures may be placed into the skin barrier (e.g. Stomahesive, Hollihesive). Immediately post-op a stoma plate, nipple sleeve and belt or any other Continent Ileostomy securing device (e.g. Continent Ileostomy Kit, Marlen) can be used. Frequent assessments of the system is recommended to ensure proper position and adequate drainage. The method used to secure the catheter should be the surgeons preference and hopefully with the ET nurses input.

2. How often do you reposition the catheter in a newly constructed continent internal reservoir? How far is the catheter inserted for emptying the reservoir at home?

Within the immediate post-operative period the catheter is repositioned on the fourth post-op day and daily thereafter by moving the tip alternately 1 cm. in or out of the stoma. Repositioning decreases the potential for pressure necrosis.

The patient is instructed to insert the catheter into the pouch until the effluent start draining through the tube. The thick stool is liquified by irrigating with tap water, instilling 30-60cc at a time. Some clients will rely on their sensation of the tube in the back of the pouch.

3. If the patient with a Continent Urostomy is admitted to the community hospital for other medical problems and cannot intubate himself how should he be managed? Should many different staff members try to intubate him? Should the procedure be sterile or clean?

The patient with a Continent Urostomy admitted to a hospital for a different medical problem and is physically capable of caring for his stoma should be allowed to do so. In cases

where his medical condition does not permit self care, the safest way to ensure proper drainage of the reservoir is by providing gravity drainage. This can be accomplished by using his own supplies or a #22-24 foley catheter. Inflating the balloon on the catheter is a safe way to anchor the catheter in position if the other devices mentioned above are not available. When the client intubates he should continue to use a clean procedure; when the staff intubates they should use a sterile procedure.

Crina Floruta, RN,ET
Cleveland Clinic Foundation

EXTRACORPOREAL SHOCK WAVE LITHOTRIPSY

Dr. Stevan B. Stroom, Urologist, states that extracoporeal shock wave lithotripsy, developed in Germany, appears to be a very successful method of treating kidney stones without surgery.

To undergo the procedure the patient is placed in a tub of water. A shock wave is generated from the bottom of the tub and focused on the kidney stone, using specialized X-ray equipment. Because these shocks are painful, the patient receives a general, epidural or spinal anesthetic.

The shock wave breaks the kidney stones into very small particles that are then able to pass spontaneously through the urinary tract. Most patients experience some pain during the first few days after treatment as the fragments pass, so hospitalization for 48 hours afterwards is routine.

The procedure eliminates kidney stones in 90% of patients. About 10% need other procedures to help them pass the stone fragments, but under 1% need a standard operation following the shock wave treatment. Complications are rare.

Extracorporeal shock wave lithotripsy has received federal Food and Drug Administration approval. Twenty to 30 lithotripters will be installed in various places around the country, by the end of the year. Plain Dealer

AROUND THE STATE

The Cleveland Area ET's met on July 17 at Worldwide Home Health Center in Akron with an attendance of 18. Our guest speaker was Robert T. Stone, M.D., Pediatric Gastroenterologist practicing at Children's Hospital Medical Center of Akron.

He provided an in depth explanation of the congenital anomalies affecting the GI tract, GI and nutritional difficulties uncountered by Premature infants, and GI problems and diseases in children and their effect on growth and development.

Dr. Stone also discussed new diagnostic techniques and advances in medical and surgical interventions being utilized at Children's Hospital.

He stressed the importance of a team approach to effective pediatric care and the need to treat the child and his family in a holistic manner. He expressed and demonstrates his support for the ET nurse by pre-operative consultations for all of his patients who may require ostomy surgery.

Marilyn Spencer, RN, ET gave us a recap of the national meeting in Miami. After the meeting 12 of us went out to dinner and had a great time comparing our successes, trials and tribulations over a leisurely meal.

Submitted by Paula Toth, RN, ET

Welcome Home to Sandra Duda, RN, ET who is returning to Ohio, more specifically Cleveland, after working several years in the L.A. area.

Congratulations to four of the Mid East Region members for excellent presentations at the Annual Conference given in Miami Beach, Florida. Three members from Columbus, Ohio include Shirley Alltop, Nancy Robb-Ellis & Barbara Montgomery: the fourth member from Saginaw, Michigan is Lynne Bieberitz.

RECENT GRADUATES OF THE RUPERT B. TURNBULL, JR. SCHOOL OF ENTEROSTOMAL THERAPY

MICHIGAN

Suelane Hannah, R.N., B.S.N., E.T.
7360 So. Huron River Dr.
So. Rockwood, MI 48179

Seaway Hospital
5450 Fort Street
Trenton, MI 48183
(313) 671-3800

Barbara D. Singer, R.N., B.S.N., E.T.
35349 Northmont Drive
Farmington Hills, MI 48018
(313) 553-9166

Harper Grace Hospital
18700 Meyers Rd.
Detroit, MI 48235
(313) 927-3219

INDIANA

Jeanna A. Williams, R.N., B.S.N., E.T.
1121 Lincoln Avenue
New Castle, IN 47362

Ball Memorial Hospital
Dept. Patient Education
2401 University Avenue
Muncie, IN 47304

OKLAHOMA

Jennifer Roark, R.N., B.S.N., E.T.
7506 S. 69th E. Avenue
Tulsa, Oklahoma 74133

St. Francis Hospital
6161 S. Yale Avenue
Tulsa, Oklahoma
(918) 494-1190 page 1013

PENNSYLVANIA

Judee Rooney, R.N., B.S.N., E.T.
123 Adlin Avenue
Houston, PA 15342

South Hills Health System
1800 West Street
Homestead, PA
(412) 941-2060

I.A.E.T. NOMINATIONS COMMITTEE

Washington, D.C. is to be the site of the 1986 IAET Annual Conference, and the election for the IAET Secretary and Treasurer.

The IAET Nominations Committee is seeking qualified candidates who wish to commit themselves or nominate another as a candidate.

The IAET Bylaws, Article V., Section 2., require that a candidate be an Active member in good standing, and have served at least one term as a member of the IAET Board of Directors or of his regional Board of Directors.

Should you be, or know of someone who is qualified, please notify:

Pamela B. Fallis
13234 Shadow Hills Drive
Sun City West, AZ 85375

As an ET Nurse we must become involved in Governmental affairs, whether it be those of the U.S. or of the IAET. Don't miss this opportunity to do just that, both for yourself and the future of ET Nursing.

TIPS TO SHARE

Did you know: that patient education in self-examination is the best technique for early detection and diagnosis of testicular cancer. Males between the ages of 18 and 40 should learn this technique and perform it on a monthly basis. Any lumps, particularly when painless, could be a sign of an early testicular tumor and a Urologist should be consulted. An excellent educational videotape "Testicular Self-Examination" is available in both VHS and Beta for around \$100 from Dean Bong, University of Iowa Hospital, Hospital Information System, Iowa City, Iowa, 52242.

Consultant, July 1985

A.U.A.A. Newsletter July 1985

Did you know: ammonia is good for cleaning spilled karaya powder from the bathroom floor. Water just makes it gummy and slippery.

Metro M.D.

Did you know: to lessen the rustling sounds with disposable plastic appliances put a piece of tape down the entire length of the bag, in the center, on the outside.

Metro M.D.

Did you know: the less an ostomate eats, the more gas he will have. So tell them not to skip meals, in fact they would be better off with 4-6 small meals a day.

Did you know: a good rule to follow is if it is safe to put in the mouth, it is safe to put in the pouch.

Did you know: Pepto-Bismal is an effective deodorizer if one tablet is taken immediately after meals. The effectiveness lessens the longer the wait after meals.

Did you know: a baby whale puts on weight at the rate of 10 pounds per hour... and you thought your had problems.

POSITION AVAILABLE

We are currently recruiting an ET Nurse for our well-established, growing ET Service. Will work with all age groups in a variety of settings including acute care, clinic and home care. You will use your expertise in caring for individuals with stomas, wounds, incontinence, and skin care needs. You will also be involved with our nationally recognized, IAET accredited ET Nurse Education Program.

Require BSN with Master's preferred.
Must be Board certified and have a minimum of 1 year ET nursing experience.

For further information please contact:

Nancy Payne, RN Nurse Recruiter 612-874-5082	Joy Boarini, RN, MSN, ET ET Services 612-874-4431
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1985-1986
ANNUAL DIRECTORY
of
OSTOMY SUPPLY DEALERS
and
MANUFACTURERS WITHIN
MID EAST REGION

MICHIGAN:

AMERICAN ORTHOPEDIC SERVICE, 825 W. Huron, Pontiac, MI, 48053.
1-800-752-8505. Authorized Squibb & Hollister Dealer. Other areas:
Pontiac, Roseville, East Detroit, Port Huron, & Bay City locations.

BELL PHARMACY, INC., Marquette Medical-Dental Center (906) 225-1511.
1414 W. Fair Avenue, Marquette, MI 49855. Hollister dealer.

FLINT MEDICAL & SURGICAL SUPPLY, (313) 733-6250, G-5219 Corunna Rd.,
Flint, MI 48504. We carry a complete line of ostomy supplies &
accessories etc.

H & M OSTOMY CENTER, 1704 Bloomfield, Kalamazoo, MI 49001 (616) 343-7941
Major brands. ET available for consultation.

HIGY'S PHARMACY, 203 E. Huron, Bad Axe, MI 48413 (517) 269-8231.

THOMAS SURGICAL SUPPLY, 13725 19 Mile Rd., Sterling Hts., MI 48078,
(313) 247-5020. Complete line of ostomy supplies. Ostomy nurse on staff.

WRIGHT & FILIPPIS, INC., 2845 Crooks Rd., Rochester, MI 48063 (313)
853-1888. 18 locations in Michigan, Michigan residents Toll Free
1-800-482-0222. Outside Michigan (313) 853-1888. Hollister, Squibb,
All major brands. We bill direct to insurance companies.

INDIANA:

AARP OSTOMY CARE CENTER, 3557 Lafayette Rd., Indianapolis, IN 46222,
1-800-428-3805. Take advantage of our low AARP prices. Write or call
us for an Ostomy catalog or a price quote. No postage or handling charge.

ALL CARES, INC., 522 West 2nd. Street, Blomington, IN 47401
(812) 339-1555. We carry Hollister, Squibb, Nu-Hope, Marlen. We have
a special order department.

HEALTH CARE PRESCRIPTION SERVICE, 637 S. State Rd. 135, Greenwood, IN
46142. (317) 881-8237.

PARKSIDE PHARMACY, INC., 2200 Ferry St., Lafayette, IN 47904. (317)
447-1000. Office hours: 8:30-6:00 (weekdays), 8:30-3:00 (Sat.)
In Emergency Call 447-1000 anytime.

KENTUCKY:

CDS SURGICAL, P.O. Box 1747, Bowling Green, Kentucky, 42102-1747,
Toll Free in Kentucky 1-800-452-3065, Toll Free out of State -
1-800-626-3538. Complete ostomy department. We bill Medicare.

DAVID LEVINE, 952 Winchester Rd., Lexington, KY 40505.

NIGHTINGALE MEDICAL EQUIPMENT SERVICES, 3027 Dixie Highway, Edgewood,
KY 41017, (606) 341-7700. All Brand, Ostomy, Incontinence, Skin Care.

SCHWARTZ DRUGS & HOME HEALTH CARE CENTER, 7009 Dixie Hwy., Florence,
KY, (606) 371-4600, Enterostomal Therapist on staff. We bill Medicare.

OHIO:

ARENSBERG PHARMACY, INC., 176 Hudson Newark, OH 43055, (614) 345-9761.

BERNEN'S MEDICAL & PHARMACY, 5053 Glenway Avenue, Cincinnati, OH (513) 471-7575, Hollister-Convatec-United-Bard-Sween-Coloplast

BESSE PHARMACY & MEDICAL SUPPLY, 5799 Colerain, Cincinnati, OH 45239 (513) 741-8000 - (Free UPS Delivery Anywhere).

CALVIN PHARMACY, 11 N. Main Street, Niles, OH 44446, (216) 652-4355, Authorized Hollister Agent.

COLUMBUS PRESCRIPTION PHARMACIES, INC., 1000 High Street, Worthington, OH 43085, (614) 885-4079. Most complete ostomy product center in Central, OH.

EDGE PARK SURGICAL, INC., 4791 Turney Road., Garfield Hts., OH 44125, (216) 429-0200. No cost to all ostomates, with Medicare and/or Private Health Insurance. Toll Free: In Ohio 1-800362-1931; Outside Ohio 1-800-321-0591.

FRANKLIN PHARMACY AND HEALTH CARE, INC., 1732 Youngstown Road., S.E. Warren, OH 44484 (216) 369-6911. Complete Ostomy Supplies-Home Hospital Medical Equipment.

HASTINGS HOME HEALTH CENTER, 17799 Lorain Road., Cleveland, OH 44111 (216) 671-7711. Complete Ostomy Supplies- Insurance Assignments accepted will ship UPS anywhere. Enterostomal Therapist is available.

LAKE COUNTY CONVALESCENT SERVICES & SUPPLIES, INC., 8490 Mentor Avenue, Mentor, OH 44060 (216) 255-4468.

LEWIS DRUGS, INC., 2213 Central Ave., Middletown, OH 45044, (513) 423-9296 Hollister, Squibb & United Dealer.

THE MEDICAL SERVICE COMPANY, 2098 Warrensville Center Rd., Cleveland, OH 44121 (216) 371-5800, 403 West Bagley Rd., Berea, OH 44017 (216) 234-3433 (Toll Free Ohio 1-800-824-1400/Complete Ostomy Inventory. We Bill Medicare and Private Insurance. Free Delivery Nationwide.

MIESSE PHARMACY AND SURGICAL SUPPLY, 3167 E. Main St., Columbus, OH 43209, 237-4971 or 237-4825 Dealer for: United Surgical Marlen, Colly-Sell, Sween, Davol, Colorplast, Stomahesive Marson.

PELSUE DRUG CO., Garfield Plaza, Garrettsville, OH 44231, (216) 527-2828 Senior Citizens Discount.

RITE AID HOME HEALTH CARE CENTERS, No cost at all to patients with Medicare/Private Health Insurance. Rite Aid recognizes the special needs of the ostomate and the tremendous financial burden ostomy care presents. We will bill Medicare and any supplemental health plan or private insurance plan for the cost of your supplies. This means that if you have Medicare and supplemental health insurance or private health insurance coverage there is not cost to you at all. Simply stated, Rite Aid agrees to be paid directly by the government and the insurance company. In addition there is no complicated paper work for you. If you have only Medicare you will owe the deductible plus 20% of the approved cost of supplies. Your delivery will arrive UPS. Our service includes all shipping and handling charges.

RITE AID HOME HEALTH CARE CENTERS (cont.), TOLL-FREE W.V. 1-800-344-8003,
Dayton, OH (513) 222-5005 Youngstown, OH (216) 743-2222
Springfield, OH (513) 323-5538 Morgantown, W.V. (304) 599-3600
Columbus, OH (614) 267-1443 Charleston, W.V. (304) 344-5681
Cincinnati, OH (513) 221-2240 TOLL-FREE OHIO 1-800-842-4044

SEELEY MEDICAL, 6 Parker Dr., Andover, OH 44003, TOLL FREE OUTSIDE
OHIO - 1-800-321-5871/TOLL FREE IN OHIO 1-800-362-5618. We accept
Medicare and private insurances prompt, free, discreet U.P.S. delivery,
authorized dealers for all major manufacturers satisfaction guaranteed.

WORLD WIDE OSTOMY CENTER, INC. (HOME HEALTH CENTER), 926 E. Tallmadge Ave.
Suite C, Akron, OH 44310 (216) 633-0366, "Large enough to meet your every
need....small enough to care about you!" Four ET's, new catalog,
specialties, ostomy, incontinence, pressure sores products.

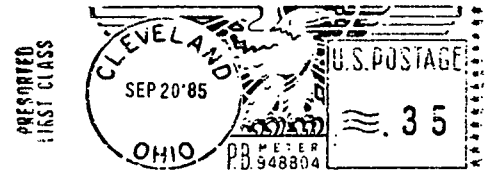
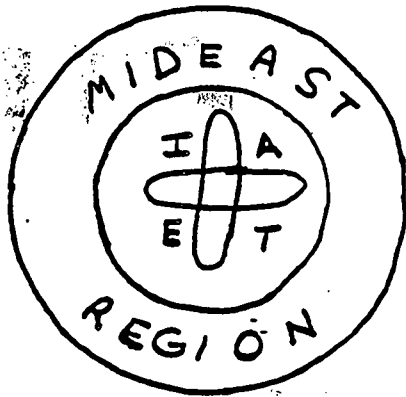
NIGHTINGALE MEDICAL EQUIPMENT SERVICES, 9863 Montgomery Rd., Cincinnati,
OH 45242 (513) 891-3350, All brands - Ostomy, Incontinence, Skin care.

WEST VIRGINIA:

RITE-AID HOME HEALTH CARE, Morgantown, W.Va. - (304) 599-3600. Toll
Free in W. Va. 1-800-344-8003. Charleston W. Va., (304) 344-5681.

ALPERT'S MEDICAL EQUIPMENT & SUPPLY, 89 West Piedmont St. (304) 788-2080.
(301) 786-4163/Keyser, W. Va. Complete line of ostomy supplies to serve
you.

MARILYN SPENCER, RN, ET
Enterostomal Therapy Dept.-3L22
Cleveland Clinic Foundation
9500 Euclid Ave.
Cleveland, OH 44106

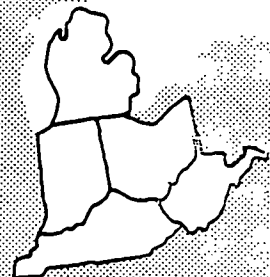


Pamela Stigler, RN, ET
4001 Carbine Lane
Louisville, KY 40299

FIRST CLASS



MID-EAS DROPPER



VOL. XXIV

DECEMBER 1985

NO. IV

Dear Mid-East Members:

It was very gratifying to see so many of you at our Regional Program Day and Business Meeting in Cleveland, Ohio on November 1 and 2, 1985. I hope you came away, as I did; renewed and inspired to tackle the problems back home. A big THANK YOU to Joan Van Niel and her committee for a well planned conference.

Thanks to successful program days and especially the efforts of the Fund Raising Committee (Karen Granby and Sue Brady) the Region is able to support some special projects.

The membership voted to:

- contribute \$ 300.00 to the E. T. Foundation in honor of Norma Gill-Thompson. The money to be used in the Mid-East Region to promote enterostomal therapy.
- contribute \$250.00 to the World Council of Enterostomal Therapy to promote E. T. Nursing internationally.
- sponsor a youth to the 1985 UOA Youth Rally.
- sponsor a counselor from our region to the 1985 Youth Rally.

HAPPY
NEW
YEAR!

Barbara Montgomery was re-elected as Treasurer. Marilyn Spencer and Sue Brady were elected as Trustees for the region. The new Delegate Chair is Karen Granby. The names of the other Delegates and Alternates are reported elsewhere in this issue of Mid-Eas Dropper. Congratulations to all of you.

May we all have a safe and Joyous Holiday Season.

Sincerely,

Ethel G. Pryor, M.S.N., R.N.E.T.
President



MIDWEST REGION I.A.E.T. OFFICERS

PRESIDENT: Ethel Pryor
(W) 313-876-2492
(H) 313-722-3593

PRESIDENT ELECT: Shirley Alltop
(W) 614-261-5000
(H) 614-459-5005

SECRETARY: Deanna Walterspaugh
(W) 616-965-1391

TREASURER: Barbara Montgomery
(W) 614-421-8897

REGIONAL TRUSTEE: Joyce Hawley
(W) 513-226-3200

TRUSTEES: Dorothy Best
(W) 419-729-6000
Sue Brady
(H) 513-854-2727
Marilyn Spencer
(W) 216-444-6677

DELEGATES: Karen Grandby
(W) 513-223-6192

Cookie Ramos-Wilson
(W) 216-444-6677
Rosemarie Van Ingen
(W) 513-424-3435
Sister Consolata Wolking
(W) 606-371-4600
Sharon Ballard
(W) 313-493-5678
Sharlene Kennedy
(W) 313-257-9526
Brenda Kerschbaum
(W) 419-893-5911
Mary Jean Merkel
(W) 812-426-8280
Mary Ann Sammon
(W) 216-449-4500
Wyonna Stiffler
(W) 513-294-8855

ALTERNATES:

PARLIAMENTARIAN: Bonnie Bollinger
(W) 606-341-7700

HISTORIAN: Pam Stigler
(W) 502-584-2456

SPECIAL COMMITTEES:

Operational Manual - Rosemarie Van Ingen
(W) 513-424-3435
Newsletter Funding - Bonnie Bollinger
(W) 606-341-7700
Nominating - Brenda Kerschbaum
(W) 419-893-5911
1985 Youth Rally - Sue Brady
(W) 513-854-2727

COMMITTEES:

Membership - Sue Brown
(W) 614-457-1996
By-Laws - Dorothy Best
(W) 419-729-6000
Publications - Marilyn Spencer
(W) 216-444-6677
Public Relations - Patrick Gillen
(W) 419-337-2736
Fund-Raising - Karen Granby
(W) 513-223-6192
Continuing Education - Marilyn Ehrlich
(W) 313-763-4018
-Joyce Billingsley
(W) 313-573-5030

MEDICAL ADVISORS:

Ananias C. Dinckno
University Hospital
Ann Arbor, MI

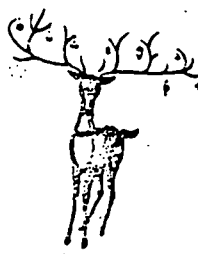
Victor Fazio, M.D.
Cleveland Clinic
Cleveland, OH

W. Patrick Mazier, M.
Ferguson Clinic
Grand Rapids, MI

Joseph Rinaldo, Jr.,
Providence Hospital
Southfield, MI

1985 NEWSLETTER PUBLICATION DATES

FEBRUARY 15, 1985
MAY 15, 1985
AUGUST 15, 1985
NOVEMBER 15, 1985





Your Association report

MIAMI BEACH, FLORIDA

POST BOARD CONFERENCE - 1985

MISCELLANEOUS:

- a. The manufacturers were pleased with display area. Extra money spent to carpet was worthwhile.
- b. 96 booths - hope for 100 in D.C. '86.
- c. Semi annual board meeting, Wash., D.C., January 24-26, 1986.
- d. Each region should apply for national C.E.U.'s on their programs, even if regional has own provider number.
- e. Encourage each regional newsletter to have P.R. Column. Regional P.R. chairperson to contact Bonnie Cunningham at national level.
- f. A pressure sore video is needed. Could this project be taken on by the Mid East Region?
- g. Certification exam problems to be directed to Bette Jackson. If there are additional sites for testing in the region let our people know.

From Linda's Odds and Ends:

- a. Communications packet under development-basic-communicative skills.
- b. Legislative Committee changed to Governmental Affairs Committee.
- c. Standards-nursing standards of care for the patient with urinary incontinence to be developed.

Executive Working Session: (Sept. 11-15)

- 1. Government Affairs Committee:
 - a. want to educate all our members why political progress is important, how it works, and how to participate.
- 2. E.T. Foundation

Mission Statement: E.T. Foundation will develop modalities of fund raising to support education, research, and communications.
- 3. Education

Hip has several workshops planned across the country in conjunction with I.A.E.T.
- 4. Public Relations: E.T. Day
 - a. Committee recommends moving E.T. Nurse Day from Digestive Disease week to National Nurses week. Purpose-to position ourselves as a nursing specialty.

(post board conf. cont.)

- b. Possible development - segment on Today Show in N.Y., utilizing Rolf Benerschke and Linda Klein on E.T. Nurse Day, 1986.
- c. Endorsement of "Hands Across America" -campaign for Memorial Day - 1986.
- d. Convatec has agreed to extend ad campaign through first quarter of 1986.

NCPC - Debbie

Focus of Conference 1986- Government Affairs. Topics related to helping E.T. nurse cope with evolving Health care system. Topics which promote patient care and E.T. nursing skills.

Conference schedule for Washington 1986 (Xerox)

- e. I.A.E.T. Nominations Committee-chaired by P. Fallis. Election of I.A.E.T. Secretary and Treasurer in D.C., 1986.

My Committee-Co-Chaired with P. Hottenstein, N.Y.

- 1. Role of Regional Membership Chairperson developed by Nancy Faller.
- 2. To ETNEP Directors

Postcards-notifying membership chairman (regions) very beneficial. Suggested that directors have students fill out cards-collect them and mail them.
- 3. Membership Committee Goals 1985-1986 - Xerox
- 4. Central Office-membership-dues and billing
 - Dec. 1 - dues notice sent out
 - Jan. 15 - 2nd due notice sent out
 - Feb. 15-3-notice-non-pays, list of non-pays to regional membership chair.
 - Mar. 12 -considered non-renewal and non-renewal questionnaire sent.



NEWSLETTER EDITORS

(post board conf. cont.)

Our regional Meeting in Cleveland, Oct. 31, Nov. 1-2, 1986 was excellent. We had 13 new members join our region.

This report was given at the Regional and is included in the Mid Eas Dropper for those of you unable to attend.

Regional Trustee
Joyce Hawley

YOUTH COMMITTEE REPORT FOR 1985

George Kennedy, from Ohio, was grateful to attend this year's Youth Rally as our sponsoree. He throughly enjoyed himself, as he stated, "this was the first time I went anywhere by myself."

Eastern Airlines was gracious and saved us considerable expense with his airfare. A letter of acknowledgement and graditude was sent.

The two youths we were unable to sponsor were able to attend, due to some heavy telephoning on my part, with the savings from Eastern Airlines and the help of M. Mauer, Youth Rally Chairman, and Squibb/Convatec, and some local Ostomy Chapters.

The three youths sent thank you letters to their sponsors. A verbal report on R.J. Davis and Yolanda Taylor was presented to the Executive Board of the Mid East Region of the I.A.E.T. on Oct. 31, 1985.

Thank you for allowing me to chair this wonderful and rewarding committee- - - I hope to attend next years rally myself, that is if I can find additional sponsors to help with my expenses.

Respectfully yours,

Susan L. Brady, R.N., E.T.



REPORT

EXPENSES

	<u>SEPT. 1984 (325) *</u>	
Printing	\$237.00	
Mailing	\$150.22	
TOTAL	<u>\$423.22</u>	average \$1.30 per issue
Secretary	\$25.00	

	<u>DEC. 1984 (325) *</u>	
Printing	\$156.00	
Mailing	\$101.66	
TOTAL	<u>\$257.66</u>	average .79¢ per issue
Secretary	\$25.00	

	<u>MARCH 1985 (325) *</u>	
Printing	\$185.25	
Mailing	\$111.77	
TOTAL	<u>\$297.02</u>	average .91¢ per issue
Secretary	\$25.00	

	<u>JUNE 1985 (345) *</u>	
Printing	\$151.71	
Mailing	\$112.22	
TOTAL	<u>\$263.73</u>	average .76¢ per issue
Secretary	\$25.00	

	<u>SEPT. 1985 (325) *</u>	
Printing	\$175.50	
Mailing	\$115.84	
TOTAL	<u>\$291.34</u>	- 10% = \$262.21
		average .80¢ per issue
Secretary	\$25.00	

- Complimentary Issues are Sent to:
- | | |
|-------------------------------|--|
| 1 - IAET President | 1 - JET Editor |
| 1 - Central Office | 11 - Professional Educ. Programs |
| 9 - Regional Pres. | 11 - Regional Editors (several have 2) |
| 4 - Mid East Medical Advisors | |

- Others:
- 1 - Mid East Historiam
 - 228 - Members
 - 34 - Dealers & Manufacturers

* Number of issues printed
Marilyn Spencer
Editor, Mid Eas Dropper

FUND RAISING COMMITTEE REPORT



(fund raising report cont.)

Our fund raising activities at the Mid-East Annual Conference in Cleveland were very successful and were a lot of fun, too. Our main fund raiser was the Arts and Crafts Raffle of the items made and donated by our region members. Other activities included selling ET badge kits in counted cross stitch, IAET letter openers, Hollister bought 20 garters for the Las Vegas night, and the raffle of the Quartz table clock on 11/2/85 for Mid-East Region members only.

The Fund Raising Committee has begun its preparation for the IAET Annual Conference in Washington, D.C. We look forward to your continued assistance and support.

Sincerely,
Karen S. Granby, R.N., E.T.

FLASH

Mideast Region Elections

REVENUE:

Arts & Crafts Raffle	\$191.00
Letter Openers & ET Badge Kits	\$ 85.00
Hollister - 20 garters	\$ 40.00
Quartz Clock Raffle	\$125.00
TOTAL	\$441.00

Results of the Mideast Annual elections are:

Treasurer...Barb Montgomery
Trustee...Sue Brady
Marilyn Spencer

EXPENSES:

ET Patterns for counted cross stitch	\$25.00
Fabric for ET Kit	\$13.01
Raffle Tickets	\$ 5.44
TOTAL	\$43.45

Delegates...Karen Granby, chairman
Sister Consolata
Cookie Ramos-Wilson
Rosemarie Van Ingen
Sharon Ballard
Sharlene Kennedy
Brenda Kerschbaum
Mary Jean Merkel

PROFITS: \$397.55

Alternates: Mary Ann Sammon
Wyonna Stiffler

Nominating Committee...
Brenda Kerschbaum

I would like to thank everyone who brought crafts for the raffle and I think if we do this again next year in Grand Rapids, MI, that it will be an even bigger success. A very big thank you from me to Susan Brady, who has been indispensable for these past two years. In fact, Sue is now the new chairperson for the Fund Raising Committee and I will remain on the committee as a member.

HISTORIAN REPORT

Our fund raising activities are important for the Mid-East Region, because monies that are raised help to support scholarships and provides assistance to our Officers, Board Members, and Delegates to attend our regional and annual IAET Conferences. Monies raised through fund raising activities can also be used for other purposes as recommended by our Mid East region membership.

The scrapbooks are up-to-date, Volume I & II have been retaped, repaired and stapled. There are several snapshots "unnamed and unclaimed". They will be on display during the conference. Hopefully members will identify old snapshot and write in their names.

I am requesting the region purchase a new Volume III. Volume II weighs approximately eight pounds and is extremely voluptuous.

I will prepare a short article for the newsletter describing the kind of materials, articles I am interested in having for the scrapbook.

Pam Stigler
Historian

Dear Marilyn,

Norma Gill-Thompson copied me in on a letter thanking the Mideast Region of the IAET for a \$250 donation to the NNGF for an international trainee.

I would be grateful if you will extend, to the Mideast Region, my personal appreciation as Chairperson of the Foundation, for their very generous donation and for their interest in furthering training of stomatherapists around the world.

Kind regards,

Marilyn McManus
Chairperson: Norma N Gill-Thompson
Foundation

ATTENTION MID-EAST MEMBERS

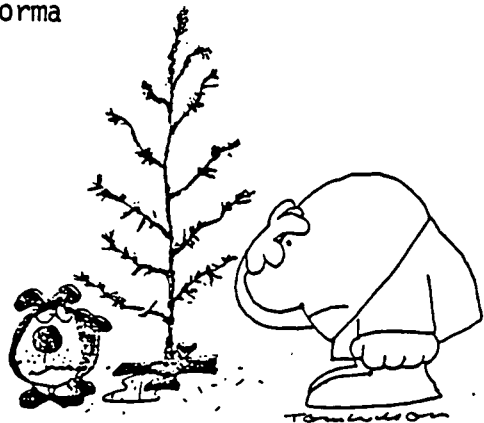
I would like to Thank the Mid-East region of I.A.E.T. for again giving \$250 to the WCET, Norma N. Gill Foundation for an International Trainee.

I would also like to Thank them also for the \$250 being donated in my name for a Mid-East Trainee to go the school of their choice.

It is always an honor to receive an "Honor" such as this. But when its your own region, it means something special!

Thank you!

Norma



GOVERNMENTAL AFFAIRS REPORT

by Glenda Mott, RN, ET
Delmarva Diversion (Mid-Atlantic)

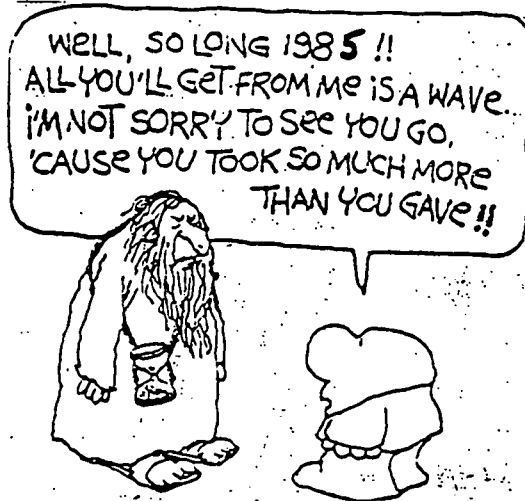
On Friday, Aug. 16, 1985, President Reagan signed into law the Nurse Education Act of 1985 (HR 2370 and S 1284), informally called the "nurse training act." Those of you who attended the annual conference heard me discuss the urgency in writing your congressional representatives to pass this legislation which has been vetoed last year by Reagan. Well the nurses coalition for legislative action reports that the response was overwhelming and a unique show of our 30 nursing organizations working together gave the message to our legislators.

The act means that funds will continue to be available for advanced nursing education, including nurse practioners, anesthetists and graduate traineeships. The amount authorized is \$166.5 million over the years 1986-88 as follows:

- \$54.1 for 1986
- \$55.6 for 1987
- \$56.6 for 1988

Linda Klein has asked me to serve as the IAET representative to the Nurses Coalition and as a result, I will be attending their meetings in Washington and sharing their activities and news of other legislative actions, concerns, etc. with you. This information will be included in my column in the JET as well.

To those of you who responded to the call-- thanks! I'm sure we can continue to unite as nurses to achieve favorable legislation to promote our profession.



WELCOME

'1986'

CALENDAR OF EVENTS

(calendar cont.)

January 30-31, 1986

-Controversies in the Surgical Management of Cancer
Cleveland Clinic Foundation
For further information call:
local - 444-5696
Ohio - 1-800-762-8172
other - 1-800-762-8173

March 20-21, 1986

-Advances in Urology
Cleveland Clinic Foundation
For further information call:
local - 444-5696
Ohio - 1-800-762-8172
other - 1-800-762-8173

April 14-18, 1986

-W.C.E.T.
Perth, Australia
For further information call:
Joan Van Niel, International Delegate
(216) 444-5966

April 19, 1985

-U.O.A. Great Lakes Regional
Ann Arbor, Michigan
For further information contact:
U.O.A. Chapters or
Detroit area ET's.

May 18-22, 1986

-A.U.A.A., 17th Annual Assembly
New York Penta Hotel
New York, N.Y.
For further information call:
Central Office
6845 Lake Shore Drive
P.O. Box 9397
Raytown, Missouri 64133
(816) 358-3317

June 8-13, 1986

-I.A.E.T.
Washington, D.C.

June 7, 1985

-Certification Exam
Washington, D.C.
and all exam sites

July, 1986

U.O.A. Youth Rally
Boulder, Colorado

August 21-23, 1986

U.O.A. Conference
Royal York Hotel
Toronto, Canada
For further information call:

U.O.A. Central Office

ANNUAL CONFERENCE SCHEDULE FOR WASHINGTON, D.C.

June 7, 1986 NCPC 10-3:00
ETNEP 12-6:00
Certification 9-1:00

June 8, 1986 Committee Meetings 8-3
Regional President 8:30-4

June 9, 1986 Board Meeting 9-5:00
Registration 3-6:00

June 10, 1986 Education 9-12:00
Awards
Luncheon 11:15-1:30
Education 2-4:00
Exhibits 6:30-8:30

June 11, 1986 Education 9-12:00
Exhibits 10-2:00
Education 2-4:00

June 12, 1986 Education 9-12:00
Exhibits 10-2:00
Education 2-5:00

June 13, 1985 Education 9-12:00
Exhibits 10-2:00

Elective additional

June 14, 1986 Post Conference Workshop 9-4:00

PROCRASTINATION
IS THE ONLY THING
I EVER FIND TIME
TO DO !!



10-2

WORTHY OF NOTE

RECENT GRADUATES FROM R.B. TURNBULL, JR.
SCHOOL OF ENTEROSTOMAL THERAPY

OHIO

Barbara Blaylock, R.N., B.S.N., E.T.
3055 Eastmoreland
Oregon, Ohio 43616

St. Vincent Medical Center
2213 Cherry Street
Toledo, OH 43608
(419) 321-4645

Jay Detwiler, R.N., B.S.N., E.T.
523 Carolyn Drive
Marion, OH 43302

Community MedCenter Hospital
1050 Delaware Avenue
Marion, OH 43302

Sara Lombardi, R.N., B.S.N., E.T.
5507 Route 20, E. P.O. Box 54
E. Wakeman, OH 44889
(216) 839-2143

Lorain Community Hospital
3700 Kolbe Road
Lorain, OH 44053
(216) 282-9121

MISSOURI

Alice Pittman, R.N., B.S.N., E.T.
R.R. 3 Box 90
Unionville, MO 63565

Kirksville Osteopathic Health
Center & Northeast Mo. Home Health
900 E. LaHarpe
Kirksville, MO 63565
(816) 665-7248



PENNSYLVANIA

Jane Rayburg, R.N., B.S.N., E.T.
3304 Allegheny Road
Erie, PA 16508

St. Vincent Health Center
232 West 25th St. Educ. Dept.
Erie, PA 16544
(814) 452-5680

Carol Dailey, R.N., B.S.N., E.T.
16 Virginia Drive
McKeesport, PA 15133
(412) 672-3192

McKeesport Hospital
1500 5th Avenue
McKeesport, PA 15132
(412) 664-2000

International Graduate

Dong Wei-Hong, R.N., E.T.
Tianjin Hospital - Surg. Dept.
Liberation Road
He-Xi Area
Tianjin, CHINA 8-2776

Yes, I believe in Happiness, and no I can't define it. One thing I am sure of, don't bargain for happiness, because in one swift moment a door will close, a train will leave, a boat will sail and a person can die. Take it when it's presented to you and never question it - just thank God it didn't pass you by.

A STANDING OVATION

The different social activities during the Annual Meeting generated the "BUZZ OF THE CENTURY!" Convatec's TRICK or TREAT started the meeting off on the right path. Everyone enjoyed the costumes and goodie bags. Holliter Las Vegas night was the frosting on the cake. The adrenalin was flowing as the competition and the stakes increased. Almost everyone except the house went away a winner. I continue to hear postive feedback about the entire meeting. As our old friend and colleague, Joan Kerr McWilliams used to say "I am up to the hard work but I don't know if I can keep up with the social activities of the ET's."

Marilyn Spencer, RN, ET

WELCOME !! NEW MEMBERS

Active Membership:

Suelane Hannah, RN, ET
7360 So. Huron River Dr.
So. Rockwood, MI 48179

Susan Langer, RN, ET
5680 Anna Court
Mentor-on-the-Lake, OH 44060

Marilyn Pekol, RN, ET
8235 North Locust
Kirtland, OH 44094

Donna Wilkins, RN, ET
2108 Challedon
Louisville, KY 40223

Associate Membership:

Beth Bordner
4220 Sherwood Rd.
Ortonville, MI 48462

Nancy Household,
155 US Rt. 250, RFD #1
Polk, OH 44866

(membership continued)

Beverly Hughes, RN
6675 Washington Waterloo Rd.
Washington, CH, OH 43160

Carol Jackson, RN
11870 Post Rd.
Washington, CH, OH 43160

Christine King, RN
10880 Plains Road
Eaton Rapids, MI 48827

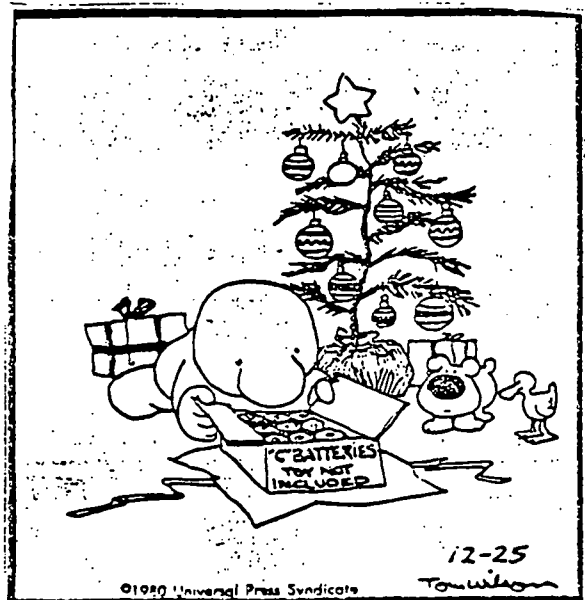
Adrian Miller, RN
116 Westrock Farm Road
Union, OH 45322

Deanna Lindburger, RN
10195 Alliston
Pickering, OH 43147

Charolette Marvin, RN
15202 Chatfield
Cleveland, OH 44135

Lynda Newman, RN
1945 Templehurst
S. Euclid, OH 44121

Elizabeth Youvon, RN
6382 Courtland
Canton, MI 48187



Lithotripter - cont'd

Michigan's first lithotripter 'shatters stones' at HFH

(by Linda Taylor)

Michigan's first lithotripter, which uses shock waves to disintegrate kidney stones, is now being used for clinical research at HFH.

The FDA-approved, non-surgical treatment for shattering stones is in use in several sites throughout the U.S. and has been used for more than five years in Germany, where it was developed. Its full name is extracorporeal shock-wave lithotripsy (ESWL).

Dr. Joseph Cerny, chairman of Urology at HFH, predicts it may be suitable for more than 90% of kidney stone patients, who have traditionally undergone surgery for removal of the excruciatingly painful stones. More than 100,000 Americans a year undergo stone surgery.

The ESWL procedure involves an anesthetized patient resting from the neck down in a stainless steel tub of water for 30-40 minutes while electrically-generated shock waves pulverize his/her kidney stones. The shock waves are created when the explosive energy of an electrically-generated underwater spark is discharged. The patient is positioned precisely, by use of twin x-ray units, so that maximum wave energy is focused on the kidney stone. The x-rays are also used to monitor the stone's disintegration.

The risks are minimal, almost immediate mobilization is not only possible but encouraged, and the hospital stay -- two to three days -- is much less than that for kidney stone surgery. It is also less than that for other non-surgical stone removal procedures using ultrasound, also employed at HFH.

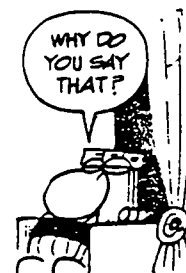
The patient, who is advised to drink two to three liters of fluid daily following the ESWL, then passes the stone dust and tiny fragments in the urine.

"The lithotripter complements our multi-specialty Kidney Stone Clinic," explained HFH Urologist Dr. Ray Littleton, who treated five patients Thursday and Friday as part of the Hospital's clinical research study. "A major emphasis of this research program is determining how to prevent stones. To help us do this, we need stone fragments to study. With the ESWL, we can get the fragments we need while providing patients an almost risk-free method of getting rid of their stones without surgery."

HFH, a recognized specialty center for kidney disease and kidney transplantation, is using the lithotripter for clinical research and has applied to the Michigan Department of Public Health for a Certificate of Need (CON). If approved, the CON would permit expanded use of the unit to accommodate an anticipated 1,000 clinical procedures a year.

Studies have shown that the procedure will save approximately \$2,000 per patient over the traditional cost of stone surgery primarily due to the shortened stay, plus savings in wages/salary because of early mobility. It is predicted that the procedure may be done on an outpatient basis in the future.

A medical group in Cincinnati has the first Ohio lithotripter. The Tri-State Urology Associates bought the \$2.2 million machine and is the 13th in the country. Traditional kidney stone surgery costs about \$5,700 with ten days in the hospital and six to eight weeks recovery. Lithotripter treatments cost about \$4,700 with hospitalization around 1-2 days and allows resumption of a normal lifestyle within a week. The lithotripter is located at Bethesda Hospital.



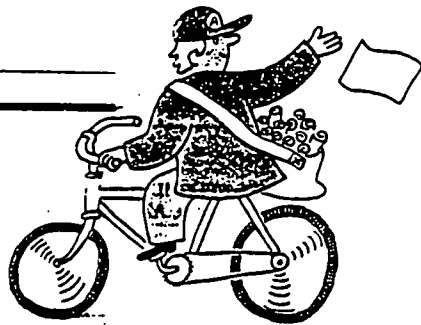
ANNUAL CONFERENCE COMMITTEE
REPORT

The MidEast Conference was held in Cleveland on October 31, November 1-2 and was declared a high success by all. More than 170 persons were registered including exhibitors. Representatives from 24 companies displayed their samples for us, and the Region gained 14 new members!!

Evaluations have been tabulated and the speakers all rated highly superior marks, as did the facility & location. A few special "thank you's" are owed: to Convatec for their grand opening party, to Marlen Manufacturing Co. for the delicious continental breakfast, to Hollister for the fun-filled Las Vegas evening, and to Edgepark for printing of the programs. The unofficial profit exceeded \$4,000 and will be made public when the audit is completed.

I want to take this opportunity to thank the Conference Committee, and all who attended, participated and helped, and to challenge next year's program planner to "top Cleveland!"

Joan Van Niel
Conference Chairperson



AROUND THE REGION

Ohio

Ohio has formed the Western Reserve Chapter of the American Urological Association, Allied. It covers north-eastern Ohio and encompasses Akron, Cleveland & Youngstown. The first meeting was June, 1985. Meetings will be held four times a year but staggered to accommodate the winter weather. Three of these meetings will be evening programs and the other will be on all day seminars. Individuals interested in the urological aspect of health care delivery are invited to join the group. Contact Aggie Yost, RN, Cleveland Clinic, for further information.

(news around the region cont.)

Cleveland

Congratulations!

To Joan Van Niel and her committee for planning a very successful and informative Mid-East IAET Regional Conference. The 101 registered members and 32 exhibitors were education in new progressive areas of health care such as Research, DRG's and Legislation and Nursing Diagnosis. Keynote speakers consisted of such formidable lecturers as Marva L. Gordon, R.N., C.N.A., Ph.D., nurse researcher from Brecksville Veterans Administration Medical Center in Brecksville, Ohio who gave a well organized talk with practical tips on nursing research in the "80's". JoAnn Makelbust, M.S.N., R.N., C.S., Clinical Specialist in Surgery and Wound Care from Harper Hospital, Detroit, Michigan, gave an informative lecture on the application of nursing diagnosis to ETs/ Daniel Nickelson, B.A., M.A., Director of Government Affairs, Washington, D.C. enlighten those in attendance about the nursing implications of DRG's, health care issues, and legislation. In addition to the keynote speakers several regional ETs gave interesting case study presentations. Socially the conference was a success also. Convatec hosted "Trick or Treat" night, Thursday, at which the sales representatives dressed up as goblins and witches. Hollister hosted the Las Vegas night on Friday at which smart gambling and expertise bidding did result in valuable prizes.

Announcing!!

The engagement of Linda Nilsson, R.N., E.T. Cleveland Clinic to Dr. Stephen J. Pilipshe from Memorial Hospital, Mount Holley, N.J. The wedding will take place in Cleveland, Ohio, May 24, 1986.

Welcome!!

The Mideast region would like to welcome Sandy Lovejoy Duda R.N., B.S.N., E.T. to the area. Sandy moved from Mission Viejo, California to Avon Lake, Ohio in October. While in California Sandy was involved in private ET consultant practice.

AROUND THE REGION (cont.)

Columbus

***Congratulations!!**

To Shirley Alltop R.N., E.T. president elect of Mideast Region who delivered a bouncing baby boy named Jonathan. Jonathan arrived November 25, 1985 and weighed in at 8 lbs. and 10 oz. This is Shirley's second child.

Elyria

Wishes for a speedy recovery goes out to Jean Murphy, R.N., B.S.N., E.T., Elyria Memorial Hospital, Elyria, OH.

Toledo

Good Luck!!

To Brenda Kerschbaum, R.N., E.T., who formerly worked at St. Luke's Hospital Maumee, Ohio. Brenda is now employed at Toledo Hospital, 2142 North Cove Blvd., Toledo, Ohio, 43606. (419) 471-4218.

Akron

Many favorable reports have come from the Home Health Seminar directed toward the extended care facilities and home care in October. This was the first seminar provided in the area focusing on this area of care. The sponsor was World Wide Home Health Center and moderated by Norma Gill-Thompson.

Herb Thompson, Norma's husband is on the recovery roster following surgery.

Canton

Speedy recovery to Clarice Hug recovering from surgery. Del Volz returned to active practice long enough for Clarice to recover.

INDIANA

Indianapolis

Congratulations!!

To Cathy Lakey, R.N., E.T.. She is the proud mother of a baby girl Kimberly Nicole, born September 26, 1985. At birth Kimberly weighed 6lbs 11oz. This is Cathy's first child.

Michigan

Happy New Years from the Detroit area and Ethel Pryor!

Grand Rapids

Sue Buffin and her committee are busy preparing for the 1986 Annual Mideast meeting. The dates are scheduled for November 7-8.

FLASH!!

Buff hospitalized last week and on the mend -- so speedy recovery.

ENTEROSTOMAL THERAPY R.N.

Position awaits an E.T. certified R.N. in Enterostomal Therapy/Patient Education. Enjoy the level Central. East Coast of Florida while working in a expanding medical center. Send resume to: Holme Regional Medical Center, Employee Relations Dept 1350 S. Hickory St., Melbourne, FL 32901. EOE.

**May 21, 1986
National E.T. Day**

**June, 1986
IAET Annual Conference
Washington, D.C.**



Did you know: your patients/clients have at least 15 months to bill Medicare after medical services are performed? In fact, they have as long as 27 months to submit their claims.

Did you know: when writing a script for ostomy supplies Medicare requires each pouch or product be identified as a unit. Example: 30 Hollister Premium drainable pouches, two inches, #3604-not two boxes Hollister Premium drainable, two inch, #3604. All products must be identified as a unit. One box of Stomahesive barriers, 4X4, is not a unit--the script must say five Stomahesive Skin Barriers, 4X4.

Did you know: when ordering clear film dressings (ex: Op-Site or Tegaderm) Medicare will cover the expense if you identify it as a Clear Surgical Dressing.

Did you know: time thieves are guilty of stealing our most precious commodity. Time is irreplaceable. The major forms of time theft are:

- tardiness
- early departures
- excessive personal phone calls
- constant socializing
- long lunches & frequent coffee breaks.

Did you know: Mesalt dressing from Scott Home Health Care Products is a gauze dressing made of 100% cotton containing sodium chloride in crystalline form. Its application is directed toward pressure and leg (both venous & arterial) ulcers.

Advantages of this dressing are:

- cleans the wound efficiently
- no allergies or toxicities
- thin, pliable dressing
- fewer & simpler changes
- lower treatments costs

Did you know: drinking 6-8 glasses of water a day helps slow down the affects of aging on your skin.

Did you know: there is a new product designed and manufactured by an ostomate. The Ostomy Freedom Kit is a controllable, reusable release valve that attaches to any pouch system, venting gas and aiding in flushing and cleansing of the system. The manufacturer states the parts are reusable for years; that it saves time; provides increased patient comfort and wearing time of collective systems. For further information contact:

Ellenberg Associates
Box 189, Walters Road
Ariskany, N.Y.
(315) 736-1795

THOUGHTS TO LIVE BY.....

Write it on your heart that every day is the best day in the year. He is rich who owns the day, and no one owns any day who allows it to be invaded with too much fret and anxiety. Finish each day and be done with it. You have done the best you could. Some blunders have crept in. Learn from the mistakes and then forget them as soon as you can, as tomorrow is a new day of hope. --- Today is the first day of the rest of your life!!!!

—Ralph Waldo Emerson

SEASONS GREETINGS



ANNUAL DIRECTORY
of
OSTOMY SUPPLY DEALERS
and
MANUFACTURERS WITHIN
MID EAST REGION

MICHIGAN:

AMERICAN ORTHOPEDIC SERVICE, 825 W. Huron, Pontiac, MI, 48053.
1-800-752-8505. Authorized Squibb & Hollister Dealer. Other areas:
Pontiac, Roseville, East Detroit, Port Huron, & Bay City locations.

BELL PHARMACY, INC., Marquette Medical-Dental Center (906) 225-1511.
1414 W. Fair Avenue, Marquette, MI 49855. Hollister dealer.

FLINT MEDICAL & SURGICAL SUPPLY, (313) 733-6250, G-5219 Corunna Rd.,
Flint, MI 48504. We carry a complete line of ostomy supplies &
accessories etc.

H & M OSTOMY CENTER, 1704 Bloomfield, Kalamazoo, MI 49001 (616) 343-7944
Major brands. ET available for consultation.

HIGY'S PHARMACY, 203 E. Huron, Bad Axe, MI 48413 (517) 269-3231.

THOMAS SURGICAL SUPPLY, 13725 19 Mile Rd., Sterling Hts., MI 48078,
(313) 247-5020. Complete line of ostomy supplies. Ostomy nurse on staff

WRIGHT & FILIPPIS, INC., 2845 Crooks Rd., Rochester, MI 48063 (313)
853-1888. 18 locations in Michigan, Michigan residents Toll Free
1-800-482-0222. Outside Michigan (313) 853-1888. Hollister, Squibb, ()
All major brands. We bill direct to insurance companies.

INDIANA:

AARP OSTOMY CARE CENTER, 3557 Lafayette Rd., Indianapolis, IN 46222,
1-800-428-3805. Take advantage of our low AARP prices. Write or call
us for an Ostomy catalog or a price quote. No postage or handling charge.

ALL CARES, INC., 522 West 2nd. Street, Blomington, IN 47401.
(812) 339-1555. We carry Hollister, Squibb, Nu-Hope, Marlen. We have
a special order department.

HEALTH CARE PRESCRIPTION SERVICE, 637 S. State Rd. 135, Greenwood, IN
46142. (317) 881-8237.

PARKSIDE PHARMACY, INC., 2200 Ferry St., Lafayette, IN 47904. (317)
447-1000. Office hours: 8:30-6:00 (weekdays), 8:30-3:00 (Sat.)
In Emergency Call 447-1000 anytime.

KENTUCKY:

CDS SURGICAL, P.O. Box 1747, Bowling Green, Kentucky, 42102-1747,
Toll Free in Kentucky 1-800-452-3065, Toll Free out of State -
1-800-626-3538. Complete ostomy department. We bill Medicare.

DAVID LEVINE, 952 Winchester Rd., Lexington, KY 40505.

NIGHTINGALE MEDICAL EQUIPMENT SERVICES, 3027 Dixie Highway, Edgewood,
KY 41017, (606) 341-7700. All Brand, Ostomy, Incontinence, Skin Care.

SCHWARTZ DRUGS & HOME HEALTH CARE CENTER, 7009 Dixie Hwy., Florence,
KY, (606) 371-4600, Enterostomal Therapist on staff. We bill Medicare.

Unit 10:

ARENSBERG PHARMACY, INC., 176 Hudson Newark, OH 43055, (614) 345-9761.

BERNEN'S MEDICAL & PHARMACY, 5053 Glenway Avenue, Cincinnati, OH
(513) 471-7575, Hollister-Convatec-United-Bard-Sween-Coloplast

BESSE PHARMACY & MEDICAL SUPPLY, 5799 Colerain, Cincinnati, OH 45239
(513) 741-8000 - (Free UPS Delivery Anywhere).

CALVIN PHARMACY, 11 N. Main Street, Niles, OH 44446, (216) 652-4355,
Authorized Hollister Agent.

COLUMBUS PRESCRIPTION PHARMACIES, INC., 1000 High Street, Worthington, OH
43085, (614) 885-4079. Most complete ostomy product center in Central, OH.

EDGE PARK SURGICAL, INC., 4791 Turney Road., Garfield Hts., OH 44125,
(216) 429-0200. No cost to all ostomates, with Medicare and/or Private
Health Insurance. Toll Free: In Ohio 1-800362-1931; Outside Ohio
1-800-321-0591.

FRANKLIN PHARMACY AND HEALTH CARE, INC., 1732 Youngstown Road., S.E.
Warren, OH 44484 (216) 369-6911. Complete Ostomy Supplies-Home Hospital
Medical Equipment.

HASTINGS HOME HEALTH CENTER, 17799 Lorain Road., Cleveland, OH 44111
(216) 671-7711. Complete Ostomy Supplies- Insurance Assignments accepted
will ship UPS anywhere. Enterostomal Therapist is available.

LAKE COUNTY CONVALESCENT SERVICES & SUPPLIES, INC., 8490 Mentor Avenue,
Mentor, OH 44060 (216) 255-4468.

LEWIS DRUGS, INC., 2213 Central Ave., Middletown, OH 45044, (513) 423-9296
Hollister, Squibb & United Dealer.

THE MEDICAL SERVICE COMPANY, 2098 Warrensville Center Rd., Cleveland, OH
44121 (216) 371-5800, 403 West Bagley Rd., Berea, OH 44017 (216) 234-3433
(Toll Free Ohio 1-800-824-1400/Complete Ostomy Inventory. We Bill Medicare
and Private Insurance. Free Delivery Nationwide.

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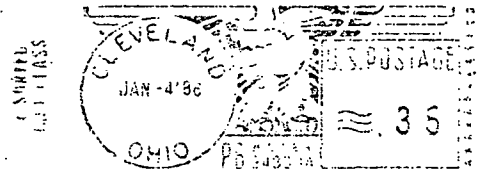
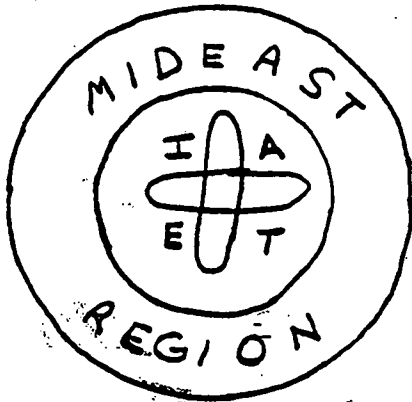
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