

Michigan, Ohio, Kentucky, West Virginia, Indiana
MID-EAS DROPPER
Michigan, Ohio, Kentucky, West Virginia, Indiana

Volume XXIII

January, 1989

No. 1

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W-(313)424-3435
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HISTORIAN:

Pam Stilger
W-(502)584-2456
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DELEGATES: Chairperson:

Jane Beerok
W-(513)229-6000
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President's Message

It is with great pride and pleasure that I begin my term as President of the MidEast Region. I welcome the opportunity to serve you and I hope to communicate with you both formally and informally. I want to express my appreciation to the past President, Shirley Alltop, for her leadership, guidance, and friendship, while I was President-Elect. I hope to follow in her footsteps and in the footsteps of the strong leadership shown by our region's previous Presidents.

On behalf of the MidEast Region Board, I look forward to hearing your concerns and suggestions, so we may foster the goals of the IAET and the MidEast Region; share ideas and research, and collegiality during the months ahead. For the MidEast Region and the IAET to thrive, we need active participation from all of its members. I realize that time is at a premium for each of you, however, your participation strengthens our organization and also provides for your own personal and professional growth. I encourage you to join your colleagues in the upcoming IAET and MidEast Region programs and activities.

The West Virginia Conference Planning Committee provided an outstanding annual conference for us in Charleston, from October 27-29, 1988; it was well attended and well received. We also enjoyed a night of fun at the "Dog Races". Congratulations on a job well done! It's not too early to mark your calendars for our 1989 MidEast Region Conference in Toledo, Ohio, November 2 - 4, and the Annual IAET Conference in Washington, D.C. in June.

I want to also congratulate the new MidEast Board members and delegates, who were elected at our regional meeting. I am looking forward to working with the Executive Board and the various committee chairs. The Executive Board and committee chairs will have a special board meeting in the Spring to finalize goals for our region for 1989-1990 and to facilitate the smooth operation of our regional business.

Have a happy and healthy 1989
Karen Granby, RN, MS, CETN

STANDING COMMITTEES

NOMINATING:

Nancy Rioux
W-(513)867-6607
H-(513)858-1170

GOVERNMENT AFFAIRS:

Olga Cameron
W-(313)966-3150
H-(313)522-2643

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R. Van Ingen

BUDGET & FINANCE:

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Barbara Montgomery

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W. Patrick Mazier, M.D.
Ferguson Clinic
Grand Rapids, MI

Joseph Rinaldo, Jr., M.D.
Providence Hospital
Southfield, MI

The Delegates that were elected in 1988 were:

Phoebe Alfke (IN)
H-(317)861-4606
W-(317)274-4041

Joy Cline (WV)
H-(304)675-4124
W-(304)675-4340

Sandy Duda (OH)
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Jane Beerck (OH)
H-(513)252-1029
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Sharon Ballard (MI)
H-(313)271-1690
W-(313)546-8221

Adrian Miller (OH)
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W-(513)223-6192

Jo Ann Mok (MI)
H-(313)749-3540
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H-(313)445-3975
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Alternates:
Dorothy Best (OH)
W-(419)867-9390

Sue Sinkovic (OH)
H-(419)691-7232
W-(419)867-9390

SPECIAL COMMITTEES

OPERATIONAL MANUAL:

Brenda Kerschbaum

YOUTH RALLEY:

Sue Brady

SHARE PROJECTS:

Marilyn Spencer

NEWSLETTER FUNDRAISING:

Sharlene Kennedy

FUNDRAISING:

Barbara Montgomery

MEDICAL ADVISORS

Ananias C. Diokno, M.D.
Beaumont Hosital
Royal Oak, MI

Victor Fazio, M.D.
Cleveland Clinic Foundation
Cleveland, OH

NATIONAL COMMITTEE REPORTS

NOMINATIONS COMMITTEE SEEKS CANDIDATES:

Nominations are currently being accepted for the positions of president and vice-president of the IAET. The election for these positions will take place in June 1989, at the IAET Annual Conference in Washington, D.C.

According to Article V, Section II of the IAET Bylaws, the qualifications are as follows:

Any active member in good standing shall be eligible for nomination and election to any elective office of this corporation provided he shall have served at least one term as a member of the IAET Board of Directors or of his Regional Board of Directors at any time prior to an elective term of office. No IAET office may concurrently hold a regional office.

If you are eligible and willing to consider this important commitment, contact the IAET Central Office or the Nominations Committee chairperson. Please consider involvement as part of the governing body of your professional organization.

Darlene Carter, Chairman
IAET Nominations Committee

IAET PRESENTS THE 21st ANNUAL CONFERENCE

Our 21st annual educational conference in Washington, D.C., is just about finalized! The National Conference Planning Committee members are extremely excited about this year's conference. We have planned many "clinically" stimulating sessions and will also be addressing key legislative and reimbursement issues. The IAET Blueprint for the 1990's demonstrated the need to provide educational information on

state-of-the-art wound and incontinence management for members. In an effort to begin implementing this important strategic plan for our association, NCPC has initiated an annual "Advanced Clinical Practice Symposium". This year we will be addressing "Wound Healing" and have several well-known presenters who will be discussing many advanced practices regarding wound care.

There are also many sessions on incontinence issues as well as leg ulcer and ostomy management. We have covered our entire scope of practice to provide you with information you need to practice effectively.

NCPC, in conjunction with the Government Affairs committee, is working on a plan to provide the opportunity for members to visit their congressman while in Washington. More information on this will be sent to you when plans are finalized.

Another primary focus of our annual conference will be the networking that occurs when ET Nurses gather for conference. This is a great opportunity for all members to become involved and informed about our association and professional practice. I realize there are many excellent workshops and seminars many of you plan to attend. I encourage you to do this, but hope that you will be part of your professional organization's national conference. Mark your calendars June 3 - 10 at the Washington Hilton and Towers in Washington, D.C. See you there!

Carolyn Cuttino, RN, BSN, ET
NCPC Chairperson

IAET PRESIDENTIAL CANDIDATE

Kristy Wright has announced her candidacy for the President of the IAET. She has been a board certified ET Nurse and member of the IAET since 1979. Her involvement in the organization began as a council

trustee of the Western Pennsylvania Council of the Northeast Region. Currently, she is serving her second term as the Northeast Regional Trustee. Since becoming Trustee, she has chaired the IAET Bylaws Committee, Task Force on Liability, Task Force to Evaluate the Management Firm, and Policy and Procedure Manual, and is serving her second year on the Executive Committee.

Kristy received her diploma of nursing from Jameson Memorial Hospital, a Bachelor of Science in Nursing from Pennsylvania State University, and a Masters of Business Administration with a major in marketing from the University of Pittsburgh. She also attended the Harrisburg Hospital Enterostomal Therapy Nursing Education Program.

Since completion of ET Nursing Education, Kristy has practiced ET Nursing in a variety of clinical settings. Presently, Kristy is employed in homecare as Vice President of Home Health Services Affiliates at the VNA of Butler County in Pennsylvania. In that position, her responsibilities include clinical consultation in ET Nursing, financial management, and marketing.

When Kristy Wright was asked what their goals for the IAET would be, she responded:

"The primary purpose of the IAET is to respond to the concerns of the membership. By distributing leadership throughout the organization, the membership's needs are best served. As we enter the 1990's, the IAET faces rapid and unpredictable changes in the health care marketplace. The IAET must be prepared to position itself to proactively respond to those changes. Promoting our image as the professionals expert in the field of ET Nursing is crucial to our survival as a nursing specialty. The Blueprint serves as an excellent springboard to develop that image. However, in order to continue to grow, establish a professional

image, and take a place in the health care arena, we must cultivate our most valuable resource, our members. When we are able to respond as a well informed, unified, professional organization, only then will we be able to face the challenges of the next decade. I am prepared to utilize my professional and personal skills and experience to not only implement the strategic plan but also to unify the organization."

ANNUAL BOARD MEETING October 27, 1988 Charleston, West Virginia

The meeting was called to order at 1:10 p.m. by Shirley Alltop, President.

Quorum determination was made by Parliamentarian, Bonnie Bolinger. (Attendance roster placed on file with minutes.)

Secretary's report was presented by Deanna Peters. Addition was made to the last board meeting minutes: "Semi Annual Board Meeting rather than Annual. Question/clarification of page 3 re: Bylaws. Explanation, the "affiliate" decision was never brought to a vote. This concern was discussed at the November 6 - 7 meeting, and discussed at the February 1988 special board meeting. The minutes were accepted with the addition. Motion to accept the minutes made by Sharlene Kennedy, seconded by Karen Granby.

Treasurer's Report was presented by Betty Petrey. The Financial statement was presented (see attached). Mention was made of a letter received from Fred Droz from the IAET re: his concerns for the Mideast Region's investments. Suggestions for "safe" arenas were presented (letter placed on file). We must follow the IAET guidelines in order to maintain our tax exempt

status. The board recommended that additional contacts be made with National by Betty for further clarification and recommendations.

Vouchers for reimbursement should be sent to Betty at the following address: Firelands Community Hospital, 1101 Decatur Street, Sandusky, Ohio 44870, Attention: Betty Petrey.

Bylaws: Rosmarie VanIngen
Discussion held re: **Honorary Member.**
Questions: 1) Does this person need to be a member of the MidEast Region? 2) Does this person have voting privileges? Further discussion was held and the following wording suggested to better clarify the intent. **Honorary Member:** Honorary membership to the MidEast Region may be conferred upon individuals who have been recommended by the general membership and approved by the Board of Trustees. Those honorary members who are active members when honorary membership is conferred will retain all the privileges of active membership. This recommendation will be printed in the **MidEas Dropper** and voted upon in June, 1989.

Governmental Affairs Committee - Olga Cameron - The GAC report was presented (see report). Presentation of a "draft" job description for the GAC Chairperson was submitted for consideration. Letters were sent by the GAC Chairperson to seek candidates for the scholarship to Nurse Internship in Washington. There was no response from any of the present committee members to attend. Individuals who had indicated an interest were Shirley Alltop and Sharon Ballard. Shirley has since withdrawn her name as a candidate. There is a \$350 fee for registration. Discussion was held regarding the importance of the candidate having a "fact sheet" in order to be fully informed of issues/concerns of the membership

and therefore be prepared to discuss those concerns. A recommendation was made to present a written proposal as to the term/function of the GAC chairman, to assure continuity of the functions and goals of the committee. This proposal will be submitted by Olga Cameron for further consideration.

MOTION: Moved to add \$50.00 each year to the GAC budget to cover the cost of the luncheon fee when attending the State Nursing Coalition Meetings. (Motion by Olga Cameron, seconded by Sharlene Kennedy ...motion carried)

Trustee/Fundraising - Barb Montgomery - Items to be sold and raffled were presented. A suggestion was made for the Region to consider an auction as a future fundraiser.

Nominations - Brenda Kershbaum - Presentation of the 1988 slate of candidates was presented (see report). Barbara Montgomery withdrew her name for consideration as Regional Trustee. Any names for consideration as Regional Trustee should be submitted to Brenda Kerschbaum. The individual must be a board certified ET nurse, and must have served on the MidEast Region board for one term.

Operations Manual - presented by Rosemarie VanIngen - The President-Elect will hold the "master copy" and will be responsible for updating the manual on an ongoing basis. The revisions will be presented by the Operations Manual committee to the board for discussion. The President-Elect will serve as chairperson of said committee.

Publications - Barb Hocevar - Goals achieved were presented by the committee. Current problems encountered were outlined: 1) Mailing labels to be updated on an annual basis. 2) Question regarding who is to be provided with mailing

labels and whose responsibility is it to release those names? (Newsletter or Membership) It was mentioned that the Newsletter is set up in a format that easily could provide a roster of names that could be xeroxed. This committee would provide a roster, not labels. A recommendation was made to obtain (one time per year) labels from the IAET. This list would need to be double-checked by the newsletter chairperson for accuracy. 3) It was mentioned that Bylaw changes will be printed in the newsletter, not the entire packet of bylaws because it is too bulky. 4) Various logos were submitted for approval to be used for the **MidEast Dropper** logo.

Newsletter Ads - Sharlene Kennedy - Suggested that a fee be set per year to eliminate confusion regarding when the ad fee expires. A suggestion was made to contact the regional managers for the companies being solicited for an ad in the **Dropper**. Mention was made that Coloplast will be submitting new ad copy for print along with a check for \$200 for one year of advertising in the **Dropper**.

Sharon Ballard expressed her desire to become more politically involved and to be considered as recipient of the scholarship for the Nurse in Washington Internship.

MOTION: Olga Cameron moved to nominate Sharon Ballard to attend the Nurse in Washington Internship program for the year 1989 (seconded by Deanna Peters, motion carried).

Regional Trustee Report - Joyce Hawley - Presentation of the various National issues were shared. A revised position statement by the IAET was presented as follows: Any member receiving compensation for services, other than education or research, from a manufacturer of any product related to the practice of ET Nursing or a firm providing services to the IAET, may not serve

on the IAET Board of Directors. This requirement applies only to the Board members elected/re-elected after January 1, 1989.

A "task force" has been appointed by National to define Education & Research issues that may be considered a "conflict of interest" (see Joyce's report).

The IAET Membership Committee has been merged with the Public Relations Committee.

The "blue-print" survey results have been reviewed and will be made available to the membership in the future. Joyce will extract various items of interest and present to the MidEast membership during our Membership meeting.

Concerns were expressed by the Regional board that topics for National meeting need to be selected more carefully to better meet the educational needs for its members.

Survey indicated the following average annual ET wages:

\$29,843	part-time
\$17.47	average hourly wage
\$32,284	full-time
\$31.02	independent practice average hourly wage

Shirley Alltop requested that Joyce H. prepare a summary of the IAET "blue-print" highlights and send Regional members an overview with the Bylaws mailing.

Youth Rally - Sue Brady - Two youths were sent by our Region. The next rally will be in San Diego, California. Consideration is being given to holding a Youth Rally in the South.

Unfinished Business:

The 1989 Annual MidEast Region Conference will be held in Toledo, Ohio. It will be located at the French Quarter Holiday Inn (off Highway-75). Dates set are November

2 - 4. The educational focus will be on Tubes, Drains and Incisions.

The 1990 Conference will be in Indiana.

Scholarship - Shirley Alltop - If application wasn't complete, the applications submitted were discarded by the scholarship committee. The new policy is that the application will be returned to the applicant for completion.

MidEast Region Questionnaire Results - compiled by Deanna Peters - Results have been compiled. The various issues will be addressed in the **Dropper**. The Board will be discussing the concerns presented, and appoint a task force if necessary.

IAET "Wish-List" - Betty Petrey - Presented a list of areas in which the MidEast Region might consider future allocations for funds.

Regional President's Award - announcement of recipient will be made on Saturday.

Parliamentarian replacement needed: Suggestion that we seek an individual who is interested in attending a course on Parliamentary Procedure, and offer to pay for the class upon completion. Sharon Ballard indicated an interest in being considered the Region's Parliamentarian.

Olga Cameron moved that the Nurse in Washington Internship participants will serve on the Governmental Affairs Committee for two years; the first year as assistant Regional chair and the second year as Governmental Affairs Regional Chair (seconded by Sharlene Kennedy--motion carried)

Meeting adjourned at 5:00 p.m.
Respectfully submitted:
Deanna Peters, RN, CETN
Recording Secretary

ANNUAL MEMBERSHIP MEETING October 29, 1988 Charleston, West Virginia

The meeting was called to order by President, S. Alltop at 9:35 a.m.

Introduction was made of Officers, Past Presidents, and Norma Gill Thompson, Honorary Member.

Quorum determination was made by B. Bolinger, Parliamentarian.

The Secretary's report was accepted as presented with the addition of the word "Semi" Annual Membership Meeting. The report was accepted as presented in the newsletter.

Treasurer's report was approved subject to audit.

Regional Trustee's report was presented by J. Hawley. She reported on the executive work session in California. Concern's expressed at this meeting were related to the position statement on the involvement on the National Board by members who are a part of industry and the expressed concern that their involvement may result in a conflict of interest. A Task Force has been assigned and they will be defining the role of education and research by the ET nurses. The Membership Committee has merged with the Public Relations Committee on the National Board. The acceptance of honorariums by individuals was discussed.

COMMITTEE REPORTS

Bylaws: R. VanIngen reported that Bylaws were distributed today and will be mailed to members not in attendance today. The definition of an Honorary Member will be published in the newsletter and will be voted upon in June.

Recognition of the W. Virginia Planning Committee was made and appreciation extended.

Finance: B. Montgomery reported a profit of \$586.00 thus far. Members were in favor of the committee obtaining additional jewelry for the purpose of selling at future meetings. The idea of having an auction at the next annual meeting was approved by the Membership.

GAC: O. Cameron announced that Sharon Ballard is the recipient of the Nurse in Washington Internship. She stated that candidates for future consideration are being sought. The committee is hopeful to attract individuals from the various states. A complete list of the committee members is being updated. Guidelines will be developed for the persons on the committee. A job description for the GAC chairperson was submitted and will be reviewed and approved by the committee.

Membership: M. Spencer stated that quarterly membership updates will be provided by National. The purpose, goals and objectives of the committee were shared. Announced that the committee is in the process of updating the MidEast Region Membership directory, and will have it available in June.

Nominations: B. Kerschbaum made formal introduction of the candidates. Campaign speeches were presented.

Operational Manual: R. VanIngen - Explanation was made as to the purpose of the manual. The manual will be reviewed every 2 years. This revision will coincide with the term of office of the President-Elect who has the responsibility for revision of the manual.

Introduction of new members was made.

Publications: S. Duda introduced Barb Hocevar as her co-editor. The phone number of "reporters" will be published in the next newsletter. Four issues will continue to be

printed. January 15 is the next printing deadline.

Delegates: J. Hawley stressed the importance of the delegates to attend the pre-conference board meeting in order to know what the issues are. They are also encouraged to attend the post-conference board meeting.

Historian: D. Peters reported for P. Stilger that the three volumes are up-to-date with Regional information. Request was made to forward any items of interest to the chairman to enter into our records. An attempt to publish a list of past Regional award recipients will be printed in the newsletter.

SPECIAL COMMITTEES

Newsletter Funding: S. Kennedy (see report)

Liaison to N.A.M.E.S.: B. Bolinger made an explanation of the legislative issues. Announced that in January, a 6-point plan for nationwide coding will be available for ostomy supplies. Bonnie encouraged each State to summarize their concerns of the members and address those concerns in letter format to Tim Nightingale, 3rd Vice Chairman for N.A.M.E.S., 6161 Stewart Road, Cincinnati, OH 45227.

ET's are encouraged to enter the appropriate code number on prescriptions for equipment. This will expedite reimbursement. If an item is not listed on the approved coding list, and you feel your patient needs a particular item, a letter can be submitted for the individual's identified needs.

Youth Rally: S. Brady announced that she is seeking names of youth to be sent to the rally next summer.

Scholarship: S. Alltop indicated the need to have continued communication with National. Announced that a list

of past scholarship recipients has been provided by National. The various scholarships available were defined and the available dollar amount. Robert Trout received two of our scholarships in June.

Questionnaires: D. Peters reported that the results have been compiled and presented to the Board. A response to your concerns will appear in the newsletter.

Next Year's Annual Meeting (Regional Conference) will be held in Toledo, Ohio. The theme will be "surgical approach" to include abdominal assessment, drains, wounds, etc. Dates set are November 2 - 4.

1988 President's Award - S. Alltop recognized Bonnie Bolinger for her outstanding contribution to the ET Nursing profession and the MidEast Region.

Recognition and presentation of certificates was made by S. Alltop. Introduction was made of the Committee Chairpersons and the Board.

Elections: O. Cameron (chief teller), and assisted by Mary Angela Lamb and Mary Lou Walker.

Nominations for the office of President-Elect were:

Brenda Kerschbaum and
Deanna Peters
*Kerschbaum elected

Nominations for the office of Regional Trustee were:

Rosemarie VanIngen and
Deanna Peters
*Peters elected

****Term begins at Post-Conference Board Meeting, June, 1989**

Nominations for the office of Secretary were:

Olga R. Wilson and
Nancy Rioux
*Wilson elected

Nominations for Board of Trustees were:

Kathleen Wood, Carolyn Hepp and
Rosemarie VanIngen
*VanIngen elected

The following individuals were nominated to serve as **Delegates**. Each member was asked to vote for eight. Those elected are indicated by a * symbol.

Jackie Sheldrick ----- Michigan
Jo Ann Mok ----- Michigan*
Adrian Miller ----- Ohio*
Joy Cline ----- W. Virginia*
Sue Sincovic ----- Ohio
Dorothy Best ----- Ohio
Wionna Stiffler ----- Ohio
Phoebe Alfke ----- Indiana*
Jane Beerke ----- Ohio*
Kay Rickey ----- Ohio
Sharon Ballard ----- Ohio*
Christine Cheneworth -- Michigan*
Sandra Duda ----- Ohio*

Alternate Delegates are: Sue Sinkovic, Dorothy Best

Members eligible to be elected as Delegate Chairperson were: JoAnn Mok, Adrian Miller, Jane Beerck and Sharon Ballard. Jane Beerck was selected.

A motion was made by Sue Brady to destroy the ballots, seconded by Joy Cline. Motion carried.

Formal "passing of the gavel" was done by S. Alltop to K. Granby, new President.

A gift presentation was made to show the Region's appreciation for Shirley's leadership as President.

Motion was made by Becky Beckwith and seconded by Sue Buffin to adjourn the meeting.

Meeting adjourned at 12:50 p.m.
Respectfully submitted,
Deanna Peters, RN, CETN
Secretary

Government Affairs Committee: Eleven ET Nurses are going to Washington, and Sherry Ballard is the Nurse in Washington Intern from the MidEast Region! Congratulations! It's not too early for others to think about applying for the 1990 Internation. Let's hear from you! We would like to have candidates from other states in our region.

The Government Affairs Committee (GAC) met prior to the start of the Regional Conference in West Virginia. We were few in numbers, but completed some needed work. We reviewed guidelines and a job description for the GAC Chair. Suggestions for the committee members included: 1) Monitor legislation - state and local. 2) Attend state coalition meetings as a representative of IAET as directed by State Chair. 3) Be prepared to utilize the phone tree networking if needed.

Getting to know your legislator is vital. In updating the phone tree, I spoke to Jeanna Williams from Indiana. She had written to her legislator regarding the Medicare changes and how it affects her work in caring for patients. Does your legislator know how you feel about various health care issues - the R.C.T. program, abortion, need for screening mammograms, medicare cuts to decrease the budget deficit but allow 50% salary increases to legislators? Make your voice heard!

Goals for the new year are to: 1) Complete the GAC section of the operational manual. 2) Develop an informational folder for GAC members.

It's that time again - Michigan's 3rd annual Project MUSCLE in the state capitol in Lansing. Mobilize and Unite to Strategically Confront the Legislative Establishment. The Kick-off dinner will be April 25, 2989; legislative breakfast on the 26th, followed by discussion of health care issues, especially the nursing shortage; and finally our march to the state

capitol to meet with legislators. They are getting to know us.!!
Olga V. Cameron

Thank You

Dear Colleagues,

Thank you for selecting me to represent the MidEast Region at the Nurse in Washington Internship Program for 1989. I look forward to obtaining information and tools which will help me in my role as the co-chairperson for the Governmental Affairs Committee.

This is a very exciting opportunity and I truly am happy to be working closely with Olga Cameron in an attempt to strengthen our political influence as Enterostomal Therapy Nurses.

Again, many thanks!
Shari Ballard, RN, ET

Continuing Education: The Toledo ET Nurses are finalizing details for the November Regional meeting. When: November 2-4, 1989. Where: Holiday Inn French Quarter, Perrysburg, Ohio (outside of Toledo). Topic: Management of Surgical Patient, including tubes, drains, and incisions. More details to follow in next *Mid-Eas Dropper*.

Patrice Sprung, RN, CETN
Continuing Ed Chair

Budget and Finance: No report.

Public Relations: No report.

Membership Report: Date: September 1988

Classification	Number
Active	229
Associate	24
Retired	3
Honorary Life	3
	259 Total



ELECTION RESULTS



Nominations Committee Report: I would like to thank all the members who ran for office at the Charleston meeting. There was a good slate of candidates. Congratulations to the new officers and trustees:

President-Elect: Brenda Kerschbaum (OH)
 Secretary: Olga Ramos-Wilson (OH)
 Regional Trustee: Deanna Peters (MI)
 Board of Trustees: Rosemarie VanIngen (MI)
 Delegates: Jane Beerck (OH) Chairperson
 JoAnn Mok (MI)
 Adrian Miller (OH)
 Joy Cline (WV)
 Phoebe Alfke (IN)
 Sharon Ballard (MI)
 Sandra Duda (OH)
 Christine Chineworth (MI)
 Alternates: Sue Sinkovic (OH)
 Dorothy Best (OH)

This is my last year to serve as nominations chairperson. Nancy Rioux has been elected to this position. Thank you for your support while I served in this capacity.

Brenda Kerschbaum
President-Elect

Membership: This committee is pleased to welcome seven new members to the MidEast Region. There are five recent graduates from ETNEP's across this vast nation.

Thelma Fuhs RN, BSN, ET
 Reynolds Memorial Hospital
 Glendale, WV 26038
 (H) (304) 845-3211

Ann Laska RN, BSN, ET
 16876 Woodside
 Livonia, MI 48154
 (H) (313) 464-0159

Mary Lavelle RN, MSN, ET
 705 Briar Hill Road
 Louisville, KY 40206
 (W) (502) 895-3401

Robert Trout RN, ET
 E. W. Sparrow Hospital
 Attn: Nursing Administration
 1215 E. Michigan Avenue
 Lansing, MI 48911
 (W) (517) 483-2687

Mary Whalen RN, BSN, ET
 Visiting Nurse Association
 Wayne Road
 Westland, MI

Our new Associate Member is:

Teresa Bechdolt RN, C, MS
 Lima Memorial Hospital
 1001 Bellefontaine Avenue
 Lima, OH 45804
 (W) (419) 228-3335

Welcome to you one and all and we hope to meet and greet you in person during our national and regional meetings. The committee has been busy updating the regional directory. It will be ready for the printer as soon as we receive confirmation of the 1989 renewals.

Marilyn Spencer, Chairman
 Cheryl Van Horn
 Crina Floruta

Publications: Our reporters have been busy providing us with "the news" from various areas in the region. It has been a delight for me as co-editor to be able to work with this material. I believe this reporting brings us all closer together. Thanks, reporters, for a job well done.

Also, if you as an individual have any "tid-bits" you would like to share, please send them along. The **Mid-East Dropper** is meant to serve you and provide a voice!

Deadline Dates for 1989:

January 15, 1989

April 1, 1989

July 1, 1989

September 1, 1989

By-Laws: By-laws are updated as of June, 1988.

CURRENT CONCERNS: The following proposed By-law was tabled for further clarification and discussion at the Semi-annual Regional meeting in Dallas, Texas, June, 1988. The proposed By-law reads: Honorary Member - Honorary membership to the MidEast Region may be conferred upon individuals who have been recommended by the general membership and approved by the Board of Trustees. Those honorary members who are active members when honorary membership is conferred will retain all the privileges of active membership.

Rosemarie VanIngen BS, CETN
Trustee

SPECIAL COMMITTEES

Youth Rally: No report

Fundraising: No report

Newsletter Fundraising: No report

Share Projects: Approximately 6400 cancelled stamps have been forwarded to Perth, Australia. These stamps

are used for Third World Children as part of the W.C.E.T. immunization project. Thank you and keep the stamps coming.

Marilyn Spencer, RN, ET
Cleveland Clinic Foundation -M41
9500 Euclid Avenue
Cleveland, OH 44106

Operations Manual: The Operations Manual of the MidEast Region of IAET has been completed and was distributed at the MidEast Annual Regional meeting held October 28 and 29, 1988, in Charleston, West Virginia.

The Operations Manual describes the "how to do it" of the duties and responsibilities of officers, trustees, and committee chairs as provided by the By-Laws. Policies and practices evolve as the By-Laws are applied by the Board and Membership; these are recorded and tracked in the Operations Manual.

Each Officer, Trustee, and Committee Chair should be involved in the development and review of procedures for their position.

The Operations Manual should be reviewed every two years. This coincides with the term of office of the President-Elect who has the responsibility for revision of the manual.

The Operations Manual is prepared in a loose leaf notebook form to allow easy replacement of pages without having to redo the entire manual. Most recent review date should appear on each page.

Each Officer, Trustee, and Regional Trustee will receive a copy of the Operations Manual. The Delegate Chair and Committee chairs will receive procedural and policy information pertinent to their committee.

This has been an enjoyable project that will benefit our region.

Ethel G. Pryor, MSN, RN, CETN
Rosemarie VanIngen, BS, CETN

HISTORIAN'S CORNER

(Letter to Bonnie Bollinger as was presented at the Regional meeting in Charleston)

As Historian of our MidEast Region, I was most honored to be given the task of compiling this historical album for you. Each day as I would page through the region's scrapbook volumes, I would become a little emotional and awed at the immeasurable accomplishments you have inspired to our MidEast Region.

In October, 1974, you were asked by Evonny Fowler to join her and four other ET's to be committee members to establish a regionalization program. You back then stated, "The purpose of regionalization, basically, is to facilitate better and closer relations with practicing ET's ... We all need help with our continuing education programs, associations with UOA, ACS, and our various professional organizations. Our ultimate goals should always be better patient care." You helped pioneer our region so eloquently!

Betty Gerth, RNET, your dear friend, wrote to me and shared her warmest thoughts and "doings" with you in the early days of planning for regionalization of the MidEast region. To quote Betty, "Bonnie was one of the first ET's I met and we became close friends. Early on, when the IAET was dividing into regional areas, Bonnie was the 'acting organizer'. During that period she was appointed to the national board to fill a spot as corresponding (I think) secretary. I then became 'acting organizer' (or President?). Bonnie, her-then-husband, Jim and I (with husband Don) used to meet several times a year to coordinate information and plans towards 'regionalization'. She was our MidEast liason (as the trustee is now) to establish open communication between the national and regional level. We met at the 'Golden Lamb' Restaurant and Hotel, a very historic place in Lebanon, Ohio (which used to be a stagecoach stop). Lots of Presidents and VIP slept there. The rooms are in use, but up on the upper floors have a chain across so you can just look in at the four poster beds, etc. BB and I would go way up, take off a chain and spread our stuff all over the bed and have a serious 'meeting' (while our husbands had a visit over coffee or?). Fortunately we were never 'caught-in-the-act' of using those historic rooms, but you might say 'the MidEast Region was given seed to grow to be #1 to happen, thanks to our 'giggly' rendezvous in those off limit rooms where George Washington may have slept. Then Bonnie went on to get her RN in Florida. Later she became President of IAET, a great honor and most difficult role, which she handled well. I know that when Bonnie made up her mind to do something, she could do it!" Betty wishes she could be at your presentation - she gives warm regards to you!

Bonnie, you have spent immeasurable and numerous hours of hard work and dedication to help establish the MidEast region, unify, and strengthen our purpose to meet our needs and the needs of our patients. You have served us ET's at the national IAET level as secretary, vice-president, president, advisor to WCET, chaired by-laws committee, published articles in professional journals; Jet, WCET, RX Home Care; and published in our "ET Bible", Principles in Ostomy Care, Chapter 39, The Adolescent Patient. Honorably you served our region as Parliamentarian from December 1982 to 1987; Special Committee: Newsletter Funding, December 1984; Special Committee: Newsletter Funding and N.A.M.E.S. Representative.

Bonnie, please accept this album as a token of all your achievements (and those I failed to recognize) and come to an understanding within

yourself that you are truly a great person, nurse, and especially ET nurse! God made you to know, to love, and to serve Him...and thus through Him you have truly served us - the MidEast Region of the IAET. May God in all His greatness bless you;

Warmly,
Pam Stilger, RNET
MidEast Region Historian

Secretarial: Dear Fellow MidEast Region ET Nurses: Thank you for your vote of confidence in me as Secretary for our region.

With so much growth occurring in our own Region and association, I look forward to recording and reporting the news along with minutes for our meetings.

May 1989 be a happy, healthy and prosperous one.

Let me know if anyone wins the lottery! See you in Washington, D.C.

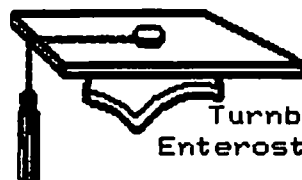
Fondly,
Olga (Cookie) Ramos-Wilson, RN, CET

MidEast Regional Trustees Report: I left January 11, 1989, for the pre-conference Board Meeting in Washington, D.C. The meeting lasts until 3:00 p.m. on Sunday. I will be working on the Task Force on Ethics. This committee is to: 1) Refine wording in position statement. 2) Develop letter to go to members to explain position statement. 3) Define education. 4) Define research. 5) Develop disclosure statement. 6) Develop proposal for review committee. 7) Develop grievance procedure. 8) Develop education program for members.

ACTIONS: Members were assigned tasks and will report back to the Task Force prior to Semi-Annual Conference. Our goal is to conclude our tasks by Semi-Annual conference 1989.

The Board Meeting will be Saturday and Sunday, January 14-15, 1989, and I will give a full report on the meeting in the next Dropper.

Regional Trustee
Joyce Hawley



Recent graduates of the R. B. Turnbull School of Enterostomal Therapy are:

Karen Christman, RN, BSN
Aultman Hospital
Canton, OH

Maureen Faherty, RN, BSN
Veteran's Administration
Medical Center
Pittsburgh, PA

Margo Sundquist, RN, BSN
Providence Hospital
Southfield, MI

Elizabeth Winn, RN, BSN
Visiting Nurse Association
Cleveland, OH

Susan Wood, RN, BSN
The South Side Hospital
Pittsburgh, PA

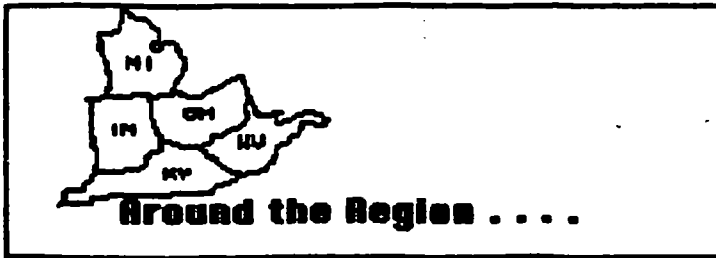
International Graduates:

Yumi Naito, RN
Tokyo, Japan

Harumi Ozaki, RN
Tokyo, Japan

Diana Adams, RN
Regina, Saskatchewan, Canada

J. Van Neil, RN, MA, CETN
Program Director



Louisville, Kentucky, Area

The Louisville area Enterostomal Therapy Nurses met in July 1988. The meeting was hosted by Donna Valarius, RN, BSN, ET, St. Anthony Hospital.

The group welcomed Mary LaVell RN, MSN, ET, Veterans Administration Hospital. Mary recently completed the ET Education program at Emory, Atlanta, Georgia, and Brenda Goodson, RN, BSN, ET, Humana Hospitals Audubon and Suburban after completion of the ET Education Program, Cleveland Clinic. We are proud of our two most recent members and are very happy to have them.

Three manufacturer's representatives presented a program on new products for the prevention and treatment of pressure necrosis and wound care.

The group met at Hilton East, Louisville, in October. Cathy Klose RN, Representative for Coloplast, Inc., hosted.

Twelve of the Louisville ET nurses sat for the IAET certification exam at the University of Louisville in November.

The September UOA meeting was hosted by the local area ET nurses. There was a good turnout; we plan to host this meeting again. At Christmas, all Louisville ET nurses gathered for fun, cheer, dinner, and a gift exchange. Eighteen of our group continue to meet bi-monthly for meetings.

The Visiting Nurse Association has 2 CETN's on staff and has recently approved for a third ET nurse. Grants and funds are

available to send a BSN to ET nursing school. We just need a candidate. Anyone interested? If so, contact Pam Stilger, CETN (W) 502-584-2456.

Pat Grizzle RN, BSN, ET
(H)267-6434

Brenda Goodson, RN, BSN, ET
Reporters

Southwestern Michigan Enterostomal Therapy Nurses

Southwestern ET's had their quarterly meeting on November 15, 1988, in Coldwater, Michigan. The program presented was "Treatment of CA of Colon with Continuous Intravenous Infusion of 5FU" by Zdenko Krizan, M.D., Oncologist. It was an informative lecture on this progressive, successful treatment of colon carcinoma. The meeting was attended by ET's from Southbend, Indiana, Grand Rapids, Kalamazoo and Coldwater, Michigan.

After the program, a short business meeting was held. There was discussion about the location of the meetings with concern that some locations were too far for individuals to drive. It was suggested to centralize them in Kalamazoo, but no final decision was made. The mailing list was updated and will be sent to all the listed ET's.

There was discussion of some of the highlights of the Regional Conference in Charleston, West Virginia.

A tentative schedule of future meetings was compiled:

January 18, 1989
Carol Hepp, Grand Rapids
April 19, 1989
Bronson Hospital, Kalamazoo

July 19, 1989
Stephensville
October 18, 1989
Grand Rapids

Respectfully submitted,
Penny Kiss, RN, BSN, CETN
Carol Hepp, Reporter
(H)616-455-4996

Southeastern Michigan News

The SE Michigan ET nurses and ostomy specialists met at Macomb Hospital in Warren, Michigan for our October meeting. Joyce Billingsley was our ET nurse hostess. Dr. Roger Bigelow, a staff surgeon, spoke to us on "A Historical Perspective of Abdominal Surgery". It was interesting, amusing at times, and reminded me of a "trial and error" approach as surgeons learned to master their surgical techniques. Joyce and Diane Singer then presented highlights on the wound conference they attended in Joliet, Illinois, titled "**Clinical Symposium in Pressure Sore and Wound Management**". Both ET nurses felt it was very valuable and informative. Dr. Rodeheaver's presentation "topical antimicrobials" and Dr. Graber's lecture on the "management of lower extremity vascular ulcers" were highlighted for the group. Joyce shared a letter she sent to her physicians discussing the disadvantages in using most topical solutions in wound irrigation. She reported a positive reaction from the physicians in making them aware of this information and hopes this will influence their wound management protocol. Julianne Stroud presented slides on the pouching techniques she used with a recent traumatic abdominal wound management patient. Slide sharing of individual cases always enhances our educational development as ET nurses. The journal articles for the Fall meeting distributed by Lynn Bieberitz were titled: Schwaegerle,

S.M., et al. "Pyoderma Gangrenosum: A Review. *American Academy of Dermatology*. 18 (3), March, 1988, 559-566. (2.) "-----
Special Considerations for the Ostomy Patient". *Highlights on Antineoplastic Drugs*. November/December, 1984. Thanks Lynn for making these available to us.

On behalf of those Michigan ET's and ostomy specialists that attended the MidEast Regional Conference in Charleston, West Virginia, we would like to send a special "THANK YOU" to the West Virginia ET's who planned such an excellent educational program.

The following are new ET nurses which have joined our group. WELCOME!

1. Mary Berry, BSN, RN, ET
Visiting Nurses Association
26200 Greenfield Road, Suite 51
Oak Park, Michigan 48237
2. Ann Laska, BSN, RN, ET
Veterans Administration Hospital
Southfield/Outer Drive
Allen Park, Michigan 48101
3. Margo Sundquist, BSN, RN, ET
32905 Grand River
Farmington, MI 48204
4. Mary Whalen, BSN, RN, ET
Visiting Nurses Association
8623 North Wayne Road
Westland, Michigan 48185

Our next meeting will be at Hutzal Hospital on February 8, 1989. Judy Shaw, RN, ET will be our host. She has asked Dr. Malone to speak to us on "pelvic exenterations".

Diane Singer, BSN, RN, CETN
(W)313-966-3300
(H)313-553-9166

Toledo Area News

Four Toledo ET nurses are beginning an exciting adventure. Dorothy Best, Patrick Gillen, Pat Keller, and Sue Sinkovic have become partners in an independent

Enterostomal Therapy practice called Patient Care Associates. We wish them much success. We also welcome Kathy Klingler, RNET, graduate from Memorial Sloan-Kettering, who will be joining the Flower Memorial Hospital ET staff.

Hey! Know what's happening November 2, 3 and 4? **BIG EVENT!** Regional Conference! At the French Quarter! In the Holiday Inn at Perrysburg, Ohio, just at the southern tip of Toledo! Y'all come for some good ole news, fun and food. Topic will focus around the surgical patient with some tips on photography thrown in. We'll be expectin' y'all.

Talk to you later,
Mary Lou Meuska, Reporter
(W) 419-424-8816
(H) 419-885-1444

Cincinnati News Report

Augie Lamb, Good Samaritan Hospital, is working with Nursing Service to develop Risk Assessment Protocols.

Mary Lou Walker, Christ Hospital, toured the Christ Hospital new Cancer Center with the ET nurses at the November meeting.

Jackie Dengler, Jewish Hospital, has requested Cincinnati ET nurses to complete a questionnaire and contribute to a study she is doing regarding the criteria used to select and approve specialty beds. Other questions include the number of beds in use at one time as well as certain ethical issues. The results are presently being tabulated.

Linda Flesch, University of Cincinnati Hospital, is assisting with a research study titled "Patterned Urge Response Toileting (PURT)" which is funded by NIH and National Center for Nursing

Research. It is a two year study and should be completed by March. Joyce Colling from Oregon Health Science University is the principal investigator and Betty Jo Hadley from University of Cincinnati is the co-investigator. Linda is one of six research nurses collecting data and implementing the study at one of four participating teaching nursing home centers in the United States.

The Cincinnati ET nurses wish Chris Wentler the best of luck with her upcoming move to England. We will certainly miss her.

Your Cincinnati Reporter,
Nancy Rioux
(H) 513-858-1170



ANTIBIOTIC-ASSOCIATED DIARRHEA & COLITIS (CLOSTRIDIUM DIFFICILE PSEUDOMEMBRANEOUS COLITIS)

Joe White, M.D., Gastroenterologist
MidEast Regional Conference, 1988

Spectrum of disease severity:
benign, self-limited systemic
toxicity, life threatening
History:

1. pre-antibiotic era:
fulminant disease with fever,
abdominal pain, ileus, irreversible
shock and death via intestinal
ischemia, diagnosed at autopsy.

2. early antibiotic era
(1950-1960's): serious illness with
fever and diarrhea, variable course
and outcome, due to Staph aureus,
diagnosed by stool culture and gram
stain, and treated with oral
vancomycin.

3. present antibiotic era
(1970-present): diverse clinical
presentation, histology, course and
outcome, generally good prognosis,

caused by *C. Difficile* toxin, diagnosed by culture, toxin assay, and/or endoscopy, and treated with oral vancomycin or metronidazole.

Clinical features: Watery diarrhea, crampy abdominal pain, fever, and leukocytosis. Onset of symptoms may be during or up to three months after cessation of antibiotics. Symptoms last 10-14 days with conservative treatment and 2-4 days with vancomycin therapy.

Antimicrobial agents account for 95% of cases:

All antibiotics have been implicated, though the most common are cephalosporins, ampicillin, amoxicillin, clindamycin and lincomycin. Allow for overgrowth of *C. difficile*.

Potentially transmissible:

Environmental sources include toilets, bedpans and hospital floors. Nosocomial outbreaks reported. Isolated from hospital personnel. High prevalence of *C. difficile* in family contacts.

Pathology:

Classic pseudomembranes appear grossly as elevated, 2-8 mm, cream-colored plaques superimposed on a red, friable, edematous mucosa and are composed of fibrinoid material, granulocytes, and epithelial debris. They are usually confined to the rectosigmoid, but may involve any part of the colon.

Differential diagnosis includes infectious diarrhea, inflammatory bowel disease, irritable bowel syndrome, ischemic colitis and a host of others.

Complications include dehydration, electrolyte disturbances, hypoalbuminemia, hypotension, anasarca, fulminant colitis, toxic megacolon, sepsis and colonic perforation. Mortality 15-30% overall if untreated, especially in those over 60.

Management:

1. general measures--discontinue the implicated antibiotic, use IV fluids, bowel rest may be necessary, lactose-free diet, avoid anti-peristaltic agents (e.g., Lomotil, Imodium), enteric precautions.

2. eliminate the organism:

a) oral vancomycin (125-500 mg. QID x 7 days) is the gold standard with 97% response rate but is very expensive and associated with a 20% relapse rate.

b) metronidazole, preferably orally (250 mg. QID x 10 days) has equivalent efficacy and relapse rate a vancomycin. It can be given IV and is much more economical.

3. eliminate the toxin--anion exchange resins, like cholestyramine (4 gm TID x 7 days), bind toxin but don't eliminate the organism. Not a first-line agent, but may be very useful in preventing relapse.

4. surgery--rarely needed, but may be necessary in setting of a complication.

Did you know that pressure relieving devices are classified as durable medical equipment and as such are reimbursable for home use under Medicare Part B? Items are covered when it is clearly established that they serve a therapeutic purpose or there is medical evidence indicating that an individual is "highly susceptible" to pressure ulcers. In these cases, **PREVENTATIVE USE OF PRESSURE RELIEVING DEVICES WILL BE REIMBURSABLE.**

In establishing medical necessity for pressure relieving devices, the evidence must demonstrate that the item is included in the physician's course of treatment and a physician is supervising its use.

Source: Medicare Carrier's Manual - Paragraph 3144 Reprinted from Pressure Ulcer Forum, Gaymar Industries, Inc., Fall, 1988, vol. 3, #4.

Pressure Ulcer Forum is published quarterly by Gaymar Industries, Inc., 10 Centre Drive, Orchard Park, New York 14127

All inquiries, comments and requests should be directed to: Louise Colburn, RN, MS, Educational Services Administrator, at the above address.

BOARD CERTIFICATION

Send application and fee to:

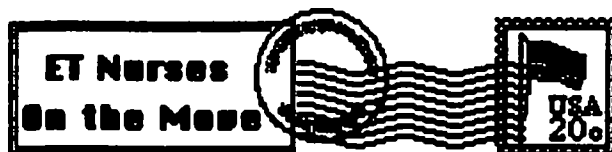
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Betty Raxor, RN, BS, CETN
PCR President
12125 E. Emery Street
El Monte, CA 91732
(H)818-444-0785



Rita Graves, RN, ET
3399 Ohio Pike
Bethel, Ohio 45106

Nancy Rioux, RN, ET
5311 Boehm Drive
Fairfield, Ohio 45014

Patrice Sprung
Home: 546 Shellborne Drive
Rochester Hills, MI 48309
Office: Community Home Health, Inc.
2147 Fifteen Mile Road
Sterling Heights, MI 48310

Barbara Ann Montgomery, RN, ET
Office: S 795 Rhodes Hall
Columbus, Ohio
(614)293-8897

Pat Keller, RNET
Dorothy Best, RNET
Patrick Gillen, CETN
Susan Sinkovic, RNET
Office: Patient Care Associates
5565 Airport Hwy
Toledo, Ohio 43615
(419)867-9390

Calendar of Events

"Pressure Ulcers: A Cancerous Development"

March 1 - 3, 1989
Arlington, Virginia

A.C.S.

April 2 - 6, 1989

Boston, Massachusetts

"Symposium on Advanced Wound Care"

New Orleans, Louisiana

Health Management Publications

April 23 - 25, 1989

Nurses fee \$225

April 26, 1989: Post Conference Workshop

Urinary Incontinence: Major American Health Issue

Moderator: Katherine E. Jetter, Ed.D, ET

For further information call: Denise Sarmiento (215)337-4466

National A.U.A.A.

May 6 - 10, 1989

Dallas, Texas

UOA - Great Lakes Regional Conference

May 5 - 7, 1989

Canton, Ohio

National IAET

June 6 - 10, 1989

Washington, D.C.

A.S.C.R.S.

June 11 - 15, 1989

Toronto, Canada

U.O.A. Youth Rally

July 13 - 17, 1989

San Diego, California

U. O. A. - National

August 2 - 5, 1989

Miami, Florida

ET Update

Cleveland Clinic Foundation

August 15 - 16, 1989

More information forthcoming

ANNOUNCEMENT

MARK YOUR 1989 CALENDARS NOW AND PLAN AHEAD

CONFERENCE: WOUND MANAGEMENT SYMPOSIUM: DIRECTION FOR THE FUTURE

DATES: September 28 and 29, 1989

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Barbara Braden, RN, PhD.
Carolyn Fylling, RN, MS
Davina J. Gosnell, RN, PhD.
Linda McGee, RN, CETN
George Rodeheaver, PhD.

All ET's in the MidEast Region will be mailed a conference brochure. For additional information contact:

Marilyn Ehrlich, RN, ET
Ethel Pryor, MSN, RN, CETN
Carol Mikols, MSN, RNCS, CETN
Diane Singer, BSN, CETN

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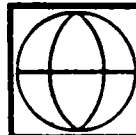
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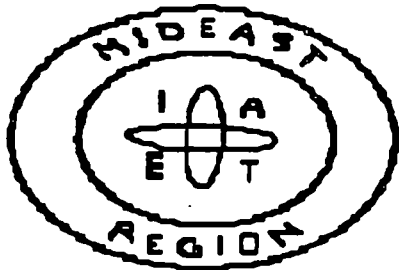
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Mrs. Sandy Duda, RN,BSN,CETN
200 Westwind Drive
Avon Lake, OH 44012

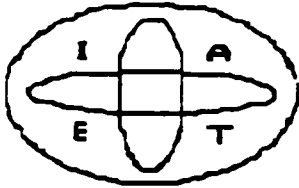


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Volume XXIII

April, 1989

No. 2

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Karen Granby
W-(513)223-6192
H-(513)435-7450

PRESIDENT-ELECT:

Brenda Kerschbaum
W-(419)321-3232
H-(419)382-6977

SECRETARY:

Olga Ramos-Wilson
W-(216)444-5452
H-(216)371-2153

TREASURER:

Betty Petrey
W-(419)626-7400
H-(419)668-9486

PARLIAMENTARIAN:

Sue Brady
W/H-(513)854-2727

REGION-TRUSTEE:

Joyce Hawley
W-(513)226-3200
H-(513)293-0335

TRUSTEES:

Barbara Montgomery
W-(614)293-8897
H-(614)882-2712
Sharlene Kennedy
W-(313)257-9000
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R. Van Ingen
W-(313)424-3435
H-(313)349-8358

HISTORIAN:

Pam Stilger
W-(502)584-2456
H-(502)964-6601

DELEGATES: Chairperson:

Jane Beerok
W-(513)229-6000
H-(513)252-1029

President's Message

For any organization to be strong and productive, it needs members who are active, energetic, and committed to the goals of the organization. The MidEast Region is blessed with many members who fit that description, but one member has personified these attributes for our region and the IAET. That person is Bonnie Bolinger.

Shirley Alltop, Immediate Past President of the MidEast Region, conferred the President's Award to Bonnie Bolinger at the 1988 MidEast Regional Conference. Bonnie has had many professional accomplishments and has contributed greatly to our region, most recently as Parliamentarian, and Chairperson of Newsletter Funding and N.A.M.E.S., to list a few. She has also served as President of the IAET.

The President's Award provides a \$250 monetary gift, which Bonnie graciously gave to Paula Toth to assist Paula with her Master's Degree. (See this newsletter for Bonnie's letter to the MidEast Region.)

Beginning in 1989, an Annual Excellence in Writing Award of \$100 has been established by Bonnie Bolinger; it will be awarded to a member(s) of the MidEast Region. The purpose of the award is to encourage our members to write for professional journals. As ET nurses, "we" are the experts in the areas of ostomy care, draining wounds, pressure ulcers, and incontinence, and therefore, we should be sharing our expertise with others.

Although Bonnie is now an active member of the SouthEast Region since her move to Florida, her home will always be with the MidEast Region. Thank you Bonnie for all of your contributions to the MidEast Region--our loss is the SouthEast Region's gain.

I hope to see you in Washington, D.C.
Karen Granby, RN, MS, CETN

STANDING COMMITTEES

NOMINATING:

Nancy Rioux
W-(513)867-6629
H-(513)860-2555

GOVERNMENT AFFAIRS:

Olga Cameron
W-(313)966-3300
H-(313)966-4502

BY-LAWS:

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BUDGET & FINANCE:

Betty Petrey

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Barbara Montgomery

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Brenda Kerschbaum

YOUTH RALLEY:

Sue Brady

SHARE PROJECTS:

Marilyn Spencer

NEWSLETTER FUNDRAISING:

Sharlene Kennedy

FUNDRAISING:

Barbara Montgomery

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Cleveland, OH

W. Patrick Mazier, M.D.
Ferguson Clinic
Grand Rapids, MI

Joseph Rinaldo, Jr., M.D. Providence
Hospital
Southfield, MI

The Delegates that were elected in 1988 were:

Phoebe Alfke (IN)
H-(317)861-4606
W-(317)274-4041

Joy Cline (WV)
H-(304)675-4124
W-(304)675-4340

Sandy Duda (OH)
H-(216)933-7357
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ext. 103

Sharon Ballard (MI)
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W-(313)546-8221

Adrian Miller (OH)
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H-(313)749-3540
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W-(313)343-3738

Alternates:

Dorothy Best (OH)
W-(419)867-9390

Sue Sinkovic (OH)
H-(419)691-7232
W-(419)867-9390

MEMBERSHIP THANK YOU

Dear Shirley:

Words cannot express what you have done for me. I felt honored. I felt blessed. My MidEast ET family has always given me the support that enabled me to strive for bigger and better ideals. I will always have that wonderful memory of my friends rejoicing and celebrating with me. Thank you for making it possible.

I would like for the \$250.00 to be given to Paula Toth to finish her master's degree. She is doing a project at M. D. Anderson and I feel honored to enable her work. I further commit to a yearly \$100.00 excellence in writing and publication award to be given in the region at our annual MidEast meeting.

God bless and keep us a unified, wonderful group.

Love,

Bonnie Bolinger, RN, ET

Professional Services Manager

NATIONAL NEWS

ABSENTEE BALLOT

An absentee ballot is now available to all active members of the IAET. The election for the IAET president and vice-president will take place in Washington, D.C. at the Annual Conference. If you are unable to attend, you are encouraged to apply for an absentee ballot. The completed application form must be received by the IAET central office and postmarked no later than April 27, 1989. An absentee ballot packet will then be sent to you. Please exercise your right to vote and take advantage of this easy absentee ballot process. (See the Jan/Feb 1989 issue for **JET**, page 32A for absentee ballot application.)

The IAET Nominations Committee will award a prize to the region which has the highest number of absentee ballot votes.

"Odds & Ends" excerpted from memo of February 16, 1989 by Glenda Mottaz, RN, MPH, ET President of the National Federation of Specialty Nursing Organizations

The educational program provided an update on the HIV and Hepatitis B. Here are the highlights:

- Hepatitis B is on the rise and is transmitted the same as HIV (exposure to infected blood, sexually, perinatally).
- Only 50% of high risk health workers are vaccinated against Hepatitis B.
- The vaccine works; Hepatitis B can be fatal.
- Hepatitis B and HIV are not transmitted via casual contact, air, food, water, insects, environmental surfaces.
- The rate of transmission of HIV in health care workers is very low.
- The chance of infection is 0.5% if stuck with a needle contaminated with the HIV virus; 26% chance of infection if stuck with a needle contaminated with Hepatitis B.
- 215 deaths per year from Hepatitis B; 12,000 cases per year (50% are asymptomatic); chronic carriers get liver disease or cancer.
- CDC has a number of educational activities to reduce the risk of infection.
- Draft OSHA Standards for blood-borne pathogens will be published soon in the Federal Register for comment.

MEMBER ALERT

Please be aware that although the IAET has revised the **Conflict of Interest Position Statement** as of January 1989, there is still considerable discussion among IAET Board members and the general membership about the content of the position statement and disclosure statements. As a result of the continued concern/discussion, this will be an important issue at the House of Delegates meeting in Washington, D.C. We encourage you to be prepared with informed opinions on this issue. If you are unable to attend the national meeting, it is your responsibility to verbalize your opinions to any of the MidEast Board members or Delegates so your opinion will be known.

Presented at the pre-conference Board meeting held April 8, 1989, in Columbus, Ohio, by members of the Board.

REGIONAL TRUSTEE

There is an incredible amount of IAET work to be done prior to the Annual Conference in June.

I have sent a multi-page packet to all the Membership Committee. We will have a meeting from 1:00 - 5:00 p.m. on Monday June 5, 1989.

Central Office is sending me a list of non-renewal members and I will go over them and tabulate the reasons for not joining IAET.

The Membership Directory will be finished prior to Conference. Fred is working on getting a company to donate 3-ring binders which are quite expensive.

The Conflict of Interest issue is far from over. I'm sure there will be heated discussion on this at the House of Delegates Meeting in June. Be prepared to voice your opinions.

The Open Forum Conflict of Interest Task Force Report that I

helped with is to be printed in the next issue of **JET**.

My report for the Pre-Conference Book is done. This will be my last report for the **MidEast Dropper**. After two years as president-elect (Region), two years as President (Region), and four years as Regional Trustee at IAET level, I'm ready to "retire".

It has been a growing experience and I've met some great people at both regional and national level. As always, the MidEast Region has had some heated concerns.

I hope all of you will become more involved in your professional organization at both regional and national level.

See you in D.C.

Joyce Hawley, Regional Trustee

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GOVERNMENT AFFAIRS COMMITTEE

Olga V. Cameron

NURSE IN WASHINGTON INTERNSHIP: Our MidEast Regional goal is to send an ET nurse each year to the "Nurse in Washington Internship" (NIWI) program. The 1990 NIWI will be earlier than in past years - January 27-31. The deadline for applications is September 1, 1989. Consider the benefits not only to your organization, but to yourself - increasing your legislative knowhow! Please contact me as soon as possible.

LEGISLATIVE/REGULATORY ALERT:

Nursing Home Reform Law of 1987.

Nurse staffing requirements call for an RN on duty seven days a week with licensed nurses around the clock. There is a waiver of this requirement which has been strongly criticized by the ANA. New quality of care standards included pressure ulcers in response to comments made by the IAET.



ENTEROSTOMAL THERAPY NURSE CLINICIAN

Challenging full time position available at a 461-bed acute care teaching facility. Extended role of enterostomal therapy is shared with a 2nd ET Nurse. Must be a graduate of an accredited ETNEP. BSN and IAET Board Certification required. Qualified for licensure (Reg. Nurse in MD) and experience preferred.

Interested applicants please contact or send resume to:
Dawn Mullins, RN
Nurse Recruiter
Sinai Hospital of Baltimore
Belvedere at Greenspring
Baltimore, MD 21215-5271
(301) 578-5669

Federal Employees Health benefit HR211 introduced by Mary Rose Oakar (D), Ohio, allows for direct reimbursement for nurses under federal employees program.

Advanced Nurse Education Act of 1989 S95, introduced by Senator Inouye (D) Hawaii, would establish scholarship programs allowing professional nurses to obtain advanced degrees in professions relating to the practice of nursing. S115 provides Nurse Practitioners or Clinical Nurse Specialists to be direct providers of Part B Medicare and a mandatory beneficiary of Medicaid. This was introduced by Senator Inouye also.

Family and Medical Leave Act, reintroduced in the Senate by Dodd (D) Connecticut will be introduced also into the House. This allows for parental leave for birth, adoption or illness of a child and will also allow for the care of the dependant elderly.

The Pay Equity Bill was reintroduced with major changes. HR41 (House) and S16 (Senate) calls for the Secretary of Labor, through its Women's Bureau to disseminate information on the problems caused by wage discrimination and pay inequities and to develop techniques to identify and eliminate wage discrimination.

Catastrophic Health Care Bill when fully implemented, is estimated that 22% of the beneficiaries will use some of the new benefits. This bill has had its problems and a coalition of the elderly is opposing it because of the increased premiums.

Long Term Care is being redrafted for legislation introduction in the 101st Congress.

Budget '89: There is NO money in the Bush budget for nursing education!

Medicare Cut: FIVE BILLION DOLLAR REDUCTION. This is bound to have a big impact on many of our patients.

PRESSURE ULCER CONSENSUS CONFERENCE

Olga V. Cameron

The Pressure Ulcer Consensus Conference as held on March 1-3, 1989, in Washington, D.C. to focus attention of researchers, clinicians, health policy makers and financing organizations on the prevention and management of pressure ulcers.

The Congressional Reception allowed for an informal meeting of legislators, aides and professionals from across the country. The next two days were filled with testimony, discussion and deliberation to determine the impact of pressure ulcers on the health care system. Abstracts were presented by various disciplines focusing on prevalence and incidence, epidemiology, cost-including methodology, risk assessment and research.

The participants then divided into three groups: acute care settings, long-term care, and home care, to answer questions related to abstracts and pre-set questions, with recommendations shared with the entire group and the panel of experts.

The panel then drafted conclusions and recommendations as follows:

1. Pressure ulcers are a significant problem and a source of considerable human suffering.

2. Current classifications and descriptions of pressure ulcers are confusing and inconsistently utilized in much of the current pressure ulcer literature. The panel recommends adoption of a uniform staging system.

3. Expert opinion suggests that reimbursement issues adversely influence the performance of risk assessment and early intervention.

4. Minimum cost estimates indicate the cost of treatment of pressure ulcers adds significantly to the financial burden of patients,

families, institutions, and health care payment system. Additional research must be funded to better determine the costs of prevention and treatment.

5. Clinicians and researchers must work together to develop practical methods for prevention and treatment of pressure ulcers.

6. More detailed discussions, possibly as consensus conferences, are needed to address in sufficient detail, the preventive and treatment aspects of pressure ulcers.

7. Systematic surveillance methodologies and reporting mechanisms which are appropriate for specific types of institutions need to be developed, tested, and disseminated.

8. Current and developmental bioengineering methodologies should be explored for application to diagnostic prevention and treatment aspects of this significant problem.

9. A paucity of reliable, generalizable data indicate the need for a major investigative initiative into pressure ulcers.



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COMMITTEE REPORTS

BUDGET AND FINANCE: Betty Petrey reports that the balance in checking as of February 28, 1989: \$7,064.36

Number of shares in Putnam High Yield Trust as of February 28, 1989: 304.

Profit from the "Skin Is In" conference in Charleston, West Virginia, was \$5,494.23, received March 9, 1989. Congratulations to Nancy Martin and the planning committee on a job well done.

Upon direction from the IAET national office and IAET Treasurer, Bonnie Cunningham, the MidEast Region is divesting our shares in the Putnam High Yield Trust Fund. National office has deemed this fund too speculative for a non-profit organization. Our financial advisor at Advest is assisting us in the transfer of these monies into our account. The Board will decide in which of the other "safe investment arenas", as outlined by national office, we should invest.

NOMINATIONS: Brenda Kerschbaum:

First I would like to express my thanks to the members of the MidEast Region who supported me in the November election. I'm looking forward to being more involved and learning more about the IAET, our region and especially our membership.

Secondly, I would like to remind all officers and committee chairs to report any changes in their office/committee in order that update changes be made in the operations manual. Thank you.

Government Affairs: No report.

By-Laws: See proposed by-law changes listed elsewhere in this issue.

Continuing Education: No report.

Public Relations: No report.

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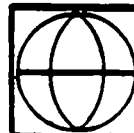
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Non-renewal memberships as of April 1, 1989

Active	66
Associate	14
TOTAL	80

To avoid an interruption in professional communication it would benefit everyone to confirm their 1989 membership status. A quick review of paid receipts or an audit of the checkbook should readily identify IAET membership. Central office will be sending notices to lapsed members; however, why wait and risk the chance of missing any communication.

Chairman: Marilyn Spencer, RN, BSPA, CETN
Committee Members: Crina Floruta, RN, BSPA, CETN
Cheryl Van Horn, BSMT, CETN

Publications: This newsletter serves as your voice. Continue to submit your concerns, questions, etc. I would like to see us establish an "open forum" section to provide for an exchange of ideas regarding various aspects of our practice, e.g. difficult pouching situations, pressure ulcer protocols, etc. Please forward your queries to us.

To all who are going to the National meeting: be prepared to share the information you have gained with us in the next Dropper. I am looking forward to it!

**DEADLINE DATES: July 1, 1989
September 1, 1989**

SPECIAL COMMITTEES

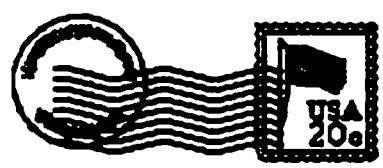
Youth Rally: Needed, ASAP, names, addresses, and type of ostomy of youths age 10 - 17 years interested in attending the Youth Rally in San Diego, California. This information is needed before the National IAET conference.

Send this information to Sue Brady, 8 West Sunrise Avenue, Trotwood, Ohio 45426. (Telephone: (513) 854-272 after 9:00 p.m.

Share Projects:

STAMPS: A special thanks to everyone participating in the cancelled stamp project.

Unfortunately, the project has been eliminated as of April 1, 1989. Our region provided immunizations for 180 persons in 1988 and 212 persons in 1989. Thanks again and everyone should experience the satisfaction of a job well done.
Marilyn Spencer, RN, BSA, CETN



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**NEW S.H.A.R.E. PROJECT
WAREHOUSE ADDRESS**

Please be advised that the S.H.A.R.E. Project collection point and warehouse, for ostomy supplies to be sent to foreign countries, has been moved from North Ridgeville, Ohio.

Effective immediately, the new shipping address for donations is:

S.H.A.R.E. Project
c/o North Coast Tool & Die Company
640 Sugar Lane
Elyria, OH 44035

Your donation of ostomy products is greatly appreciated, please eliminate delivery problems by sending them to this new address.

Thank You,
Kenneth W. Aukett
Secretary, Friends of
Ostomates Worldwide, U.S.A.

Newsletter Fundraising: No report.

Fundraising Committee: The Fundraising Committee will be busy as usual at the IAET Annual Conference in Washington, D.C. We will have the beautiful jewelry again and other terrific items to sell, so start saving your money.

We will need people to "man" the booth and we will also need several people to help coordinate the fundraising activities while at conference, since Barbara Montgomery and several other committee members will be unable to attend the conference. Please consider helping with this really important activity, as the monies raised help to fund many of the region's worthwhile projects.

Please contact Karen Granby or Barbara Montgomery if you are interested in coordinating the fundraising activities at conference.

Thank you very much,
Karen Granby

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Proposed BY-LAW changes: June 1989

Rosemarie VanIngen, Trustee

*These are proposed BY-LAW changes and may have additions, revisions or deletions at our semi-annual Regional meeting in Washington, D.C.

Article III - Membership

Proposed

Rationale

Section I - Classification

E. Honorary Membership - Honorary membership to the MidEast Region may be conferred upon individuals who have been recommended by the general membership and approved by the Board of Trustees. Those honorary members who are active members when honorary membership is conferred will retain all the privileges of active membership.

Provides a mechanism for conferring Honorary Membership.

**Article XIV - Affiliate Group Organization
Section I - Affiliate Groups:**

Regional affiliates may be established wherever the Board of Trustees of the Region and Board of Directors of IAET may approve, subject to such regulations as to membership, organization, procedures and financial responsibility that the Boards may prescribe.

Complies with IAET By-Laws.

Section II - Affiliate Control:

Regional affiliates will be coordinated by the Regional Trustee representing the Regional area. The regional Trustee will serve as the Liaison to the IAET, Region, and Regional Affiliate. Regional Affiliate operations may be revoked at any time and in such manner and after such investigation as the Board of Trustees of the Region and the Board of Directors of IAET may deem necessary. Upon revocation of a Region Affiliate area, all funds in the treasury and records shall be returned to the Treasurer and Secretary of the IAET.

Complies with IAET By-Laws

Article XV - Dissolution

Article XVI - Parliamentary Authority

Article XVII - Amendments

Section I - Amendments:

These By-Laws may be altered, amended, added to, repealed, or suspended at either annual membership meeting by two-thirds vote of the members present and voting. Such proposed amendments shall be presented by written notice to the membership at least thirty (30) days prior to the meeting to which these changes will be voted on.

These By-Laws may be altered, amended, added to, repealed, or suspended at either the annual or semi-annual membership meeting by two-thirds vote of the members present and voting. Such proposed amendments shall be presented by written notice to the membership at least thirty (30) days prior to the meeting.

Clarification



Tri-State

The Tri State ET Nurses met March 21st at the Holiday Inn in Parkersburg, WV. Phyllis Brown, RN, CETN, of Holzer Medical Center, Gallipolis, Ohio, gave an update on the "Skin Alert Program" and "Skin Patrol" that has been established at her hospital. It has been very successful.

Officers for the 1989 year are:

President: Nancy Martin - CAMC
Vice President: Phyllis Brown - HMC
Secretary: Joy Cline - PVH
Treasurer: Shirley Barber - CAMC
By Laws: Glenna Altizer - Cabell
 Huntington

It was announced that \$5,494.23 was cleared from the MidEast Conference held in October of 1988.

New members include:

Megan McCarthy - recent graduate of Emeroy ET School - who will be working at St. Joseph's in Parkersburg, WV.

Denise Phelps, RN, from Holzer Medical Center. Denise has applied for the Emeroy School of ET Nursing in August.

Joy Cline, Pleasant Valley Hospital and **Maryann Capp**, Wheeling Hospital are now CETN's.

Congratulations!!!

The next meeting will be at Charleston Area Medical Center on May 16, 1989. Bobbi Hatfield, delegate from WV Legislator will speak on Reimbursement for Nursing Services.

Phyllis Brown, RN, CETN
 (H) 614-245-5059

***Editor's Note:** A special apology to Phyllis for accidentally omitting her report in the last issue.

Louisville, Kentucky, Area

The Louisville, Kentucky area ET Nurses met January, 1989, at Humana Hospital Audubon, Louisville, with Brenda Goodson, RN, BSN, CETN, and Pat Grizzle, RN, BSN, CETN, hosting. Dr. Glenn Lambert, Vascular Surgeon presented an informative program on leg ulcers. The remainder of the meeting was devoted to a baby shower for Terri Patterson, RN, BSN, CETN, Caretender's, Inc. Terri recently gave birth to a beautiful baby boy.

The March Meeting was held at Methodist Evangelical Hospital, Louisville, with Jean Hicks, RN, CETN, hosting. Sarah Ewing, Chaplain spoke about "stress." Eight (8) members of the Louisville ET Nurse group and one from Lexington sat for recertification exam and two (2) for initial certification exam in November, 1988. We were pleased to learn everyone was certified or recertified.

The Louisville ET Nurses expressed an interest in and made suggestions on alternative methods for determining competency for re-certification in a letter to Glenda Motta, President, IAET. Mrs. Motta forwarded the letter to Darlene Paduano, MSN, RN, CS, CETN, President, ETNCB. Ms. Paduano states at the ETNCB Annual Meeting, February, 1989, the ETNCB reaffirmed that examination be the only method for recertification. The ETNCB does not see Continuing Education Credits and examination as equivalent measures for evaluating competency in the specialty.

Several of our local group are planning to attend the Annual IAET Meeting in Washington, D.C., June, 1989.

Jean Hicks, RN, CETN, will be lecturing at the Ostomy Visitors Day in March.

The April UOA Chapter Meeting will include break-away groups of each type of stoma, continent ostomy and friends and spouses. These groups will be led by local ET Nurses. The sessions are called ET

Night and are particularly well attended.

The local UOA Chapter newsletter contains an article written by an ET Nurse each edition. The ET Nurses rotate this responsibility. Pam Stilger, RN, CETN and Bess Liversedge, RN, CETN, Visiting Nurse Association, will host the ET Nurse Meeting in May. Reporters: Brenda Goodson, RN, BSN, CETN

(H) 502-267-6434

Pat Grizzle, RN, BSN, CETN

Southwestern Michigan Enterostomal Therapy Nurses

The Southwest Michigan ET Nurses met January 18 at Blodgett Memorial Medical Center in Grand Rapids. John Papp, MD, FACP, FACP, presented "The Colon-Polyp Cancer Sequence", as well as some of his research regarding polyps and colon cancer. The presentation was very informative and an excellent review of polypoid diseases. He then answered questions on a variety of topics.

A short problem solving session followed the program. Donna Pennington shared her concerns regarding the HIM-11 codes for wound care in the home. Deanna will take this issue to the board for discussion.

Several of us are due for recertification this year. Carol Hepp has spoken to Professional Testing Corporation (PTC) about the possibility of a testing site in Grand Rapids or Kalamazoo. PTC prefers Grand Rapids, and will provide us with an alternate site if we have 9 or 10 members register. **The catch is all of our applications must be sent in together.** Currently we have seven ET nurses interested. Anyone else interested please contact Carol Hepp, RN, CETN, at BMCC, 1840 Wealthy SE, Grand Rapids, MI 49506, (616)774-7444, as soon as possible so we can make arrangements

for the November 11, 1989, test date.

Still to come for 1989:

June 21: Butterworth, G.R.: New Continent Urostomy Procedure

October 18: Stevensville: Pyoderma Gangrenosa

Respectfully submitted: Carol Hepp, RN, BSN, CETN

(H) 616-455-4996

Southeastern Michigan News

Judy Shaw, RN, ET, hosted our February meeting at Hutzel Hospital. She arranged for Dr. Malone to speak to us on pelvic exenterations. Thank you Judy for the educational afternoon and brown bag lunch.

NEXT MEETING:

Tuesday, May 19, 1989

12:00-1:00 box lunch available

1:00-1:00 meeting

St. John's Hospital

22101 Moross Road

Detroit, Michigan

Hosted by: Jo Marion,

Chris Cheneworth and

Judy Shaw

Topic: "Special Radiological Procedures"

SLIDE SHARING

Diane Singer, BSN, RN, CETN,
Reporter

(H) 313-553-9166

WANTED

Two riders to share driving expense to IAET. Leaving Detroit Tuesday, June 6 at 5:30 a.m. Driving through Toledo and Cleveland. Arrive Washington, D.C., 5:00 p.m., June 6th in time to register. Leaving Washington, Saturday June 10 for trip back.

If interested contact:

Diane Singer

1-313-553-9166 (Home)

1-313-966-3300 (Work)

REQUEST

I'm serving on a Fall Prevention Taskforce. If any of your institutions have a Fall Risk Assessment form or protocol, please share with me. Thanks.

Angie Lamb, RN, ET
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NOTEWORTHY



Juanita Yeunger, CETN, Portsmouth, Ohio, was recognized with the Quality of Life Award by the American Cancer Society on October 29, 1988, at the 43rd Ohio Annual Cancer Society meeting in Columbus, Ohio.

Linda Landmann, RN, BSN, CETN, published "When Your Ostomy Patient Is An Adolescent" in March/April, 1989 **JET**.

Maryann Capp, RN, CETN, and Susan Hughes, BSN, of Wheeling, WV, published in March/April, 1989, **JET**, "Urinary Pouching for Incontinent Males."

Norma Gill-Thompson is listed in Who's Who in American Nursing, 1988-89.

GILL-THOMPSON, NORMA N.

A June 26, 1928, Akron, OH; p. Richard Nottingham, Esther Melkunas; m. October 1, 1963, Herbert G.; c. Mariya A. Gill, David E. Gill, Sally J. Thompson; and R.B. Turnbull, Jr., M.D. School of Enterostomal Therapy, The Cleveland Clinic Fdn., Cleveland OH, 1958; ed. Birmingham General Hosp., Birmingham England, 1970; a.w. Administration; Rehabilitation; a.p. post. President, Worldwide Home Health Center, Akron, OH; a.p. Head-Founder, Coordinator Enterostomal Therapy, Cleveland Clinic Fdn., Cleveland, OH; a.w.m. International Ostomy Assoc., Amer. Urology Assoc. (Albion), United Ostomy Assoc., International Assoc. for Enterostomal Therapy (Founder), The World Council for Enterostomal Therapists (Founder, First President), Akron Ostomy Assoc., Davis and Curtis Fdn., L'Assoc. Française de Soins Thérapeutiques (Honorary President), Nat. Assoc. of Women Business Owners, Women's Network of

Akron; Ass. The Norma N. Gill Fdn. was established in Cleveland OH to promote stoma therapy worldwide. World Council of Enterostomal Therapists in Munich (Germany) (Honorary Member), United Ostomy Assoc. (Honorary Member), International Assoc. for Enterostomal Therapy (Honorary Member), cert. Enterostomal Therapist; pub. Over 200 articles and 50 videotapes-film-slides including "Instructions for Bolus Obstruction of the Ileostomy", **JECET Journal**, 1984, "Variables When Using Skin Barriers", **Ostomy Quarterly**, 1984, "Guidelines for Ostomy Care Supplies", **Rt. Home Care**, 1984; a.w. Former Director of the First Enterostomal Therapy School now called R.B. Turnbull School of Enterostomal Therapy at the Cleveland Clinic Fdn., Consultant, Lecturer, Former Editor of numerous professional journals, c. 4006 Townhouse Ln., Uniontown, OH.

Congratulations to all those listed above!!

Calendar of Events

National A.U.A.A.

May 6 - 10, 1989
Dallas, Texas

UOA - Great Lakes Regional Conference

May 5 - 7, 1989
Canton, Ohio

Dermal Ulcer Update

May 18 - 19, 1989
Upper Valley Medical Center
Troy, Ohio
See details in special announcement

National IAET

June 6 - 10, 1989
Washington, D.C.

A.S.C.R.S.

June 11 - 15, 1989
Toronto, Canada

U.O.A. Youth Rally

July 13 - 17, 1989
San Diego, California

U. O. A. - National

August 2 - 5, 1989
Miami, Florida

ET Update

Cleveland Clinic Foundation
August 15 - 16, 1989
More information forthcoming

Ostomy/Tissue Trauma

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DERMAL ULCER UPDATE

Upper Valley Medical Center is sponsoring a Dermal Ulcer Update on May 18 and 19 (repeating). Our presenter will be Victor Alterescu, RN, MPH, MBA, ET.

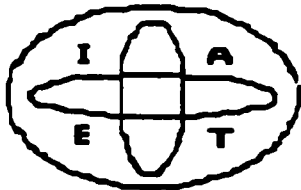
The location is the Imperial House, Troy, Ohio, located off I-75 at St. Rt. 41 (about 20 miles North of Dayton).

On the evening of May 18, there will be a wine and cheese party, sponsored by Convatec. Victor will give a short presentation on the Legal and Financial Implications of Dermal Ulcers. This program is geared for all interested professionals plus administrators and health care managers.

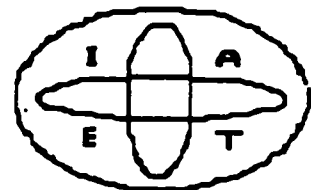
Vendors will have displays at all three sessions.

Brochures will be sent later, but anyone with questions can call me at 513-778-6927.

Kay Rickey, RN, BSN, CETN



NOTICE



IAET 21st Annual Conference - Washington, D.C.
June 6 - 10, 1989

MidEast Region Board Meeting
Tuesday, June 6, 1989
2:00 - 4:00 p.m.

All members are welcome to attend

MidEast Region Membership Meeting
Wednesday, June 7, 1989
3:00 - 6:00 p.m.

ANNOUNCEMENT

MARK YOUR 1989 CALENDARS NOW AND PLAN AHEAD

CONFERENCE: WOUND MANAGEMENT SYMPOSIUM: DIRECTION FOR THE FUTURE

DATES: September 28 and 29, 1989

COST: \$65.00 ADVANCE REGISTRATION BEFORE AUGUST 1, 1989
\$75.00 AFTER AUGUST 1, 1989

LOCATION: Northfield Hilton
5500 Crooks Road at I-75
Troy, Michigan 48098

SPONSOR: Support Services International (SSI)

CO-SPONSOR: Harper-Grace Hospitals Department of Continuing Education
for MNA CEU credits

SPEAKERS: Oscar Alvarez, M.D., PhD.
Nancy Bergstrom, PhD.
Barbara Braden, RN, PhD.
Carelyn Fylling, RN, MS
Davina J. Gosness, RN, PhD.
Linda McGee, RN, CETN
Carolyn Pontius, MSN, RN
George Rodeheaver, PhD.

FOR ADDITIONAL INFORMATION OR CONFERENCE BROCHURE CONTACT:

Pat Edwards
Harper-Grace Hospitals
Detroit, MI
(313) 745-9461

All ET's in the MidEast Region will be mailed a conference brochure.



Toledo Area Enterostomal Therapists

Present
The Annual Midwest Region Conference

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November 2,3,4, 1989
Holiday Inn Perrysburg

Nov. 2 (12-5 PM) Board meeting.

Nov. 3 (8 AM-5 PM)
Assessment and Management of the Surgical Patient.
(GI, GU, and Gerontic considerations)

Nov. 4 (8 AM-12 PM)
Medical Photography
Business meeting



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6 PM Nov. 2



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Look for program flyers in your September mail

Questions: Call Sue Sinkovic 419-867-9390

ETC.

Wound Debridement by ET Nurse

1. Description:

Removal of necrotic devitalized tissue by sharp debridement by ET Nurse after validation of technique by on-staff plastic surgeon.

2. Rationale for wound debridement:

- a. Necrotic debris is a source for bacterial overgrowth.
- b. Necrotic devitalized tissue retards wound healing.
- c. Necrotic tissue (eschar) offers no protection to underlying tissue.
- d. Necrotic devitalized tissue may mask underlying fluid collection of abscess that is not evident on clinic exam.

3. Assessment

- a. Presence of eschar (slough or dead tissue, usually hard, varies in color from dark yellow to green to black).
- b. Peripheral erythema (presence of inflammatory process around wound) accompanied by increased heat, swelling and pain indicating underlying tissue death.
- c. Palpable underlying induration may indicate deep tissue death not evident of visual exam.
- d. Deeply pigmented areas adjacent to necrotic tissue may indicate abscess formation or underlying fluid collection.

4. Technique

- a. Instruments:
 1. Adson forceps with teeth
 2. #3 scalpel handle with #10 and #15 blades
 3. Two mosquito clamps
 4. Silver nitrate sticks
 5. Surgicel or Gelform
 6. Gauze sponges
 7. Curved iris scissors
 8. Normal saline

9. Gloves
10. Sterile towels

- b. Set up sterile field.
- c. Cleanse wound area to be debrided, and surrounding area, with normal saline.
- d. Using pick-up forceps, lift edge of eschar or non-viable slough, and cut with scalpel or use iris scissors to remove. Cut with care in thin layers to prevent intrusion into viable tissue (pain and bleeding are indications of viable tissue).
- e. It is not necessary to debride all necrosis during one procedure. It is best to repeat daily until wound is clear of necrosis.
- f. Control of bleeding: Small areas may be touched lightly with silver nitrate to cauterize. Larger areas may use direct pressure with sponge for 5 minutes. If bleeding continues, apply Gelfoam or Surgicel and pressure dressing for 1/2 hour.
- g. After debridement, pack wound with soaked wet-to-wet sponge dressing (if wound is very deep, use roller gauze to prevent loss of sponge) or appropriate dressing.

5. Assessment of adequate debridement

- a. No odor
- b. No pus/drainage
- c. Formation of healing granulating tissue at depth of wound

6. Precautions

A non-healing chronic wound may need plastic or surgical consult to assess situation if:

- a. Abscess is found
- b. Major vessels are encountered
- c. Bone is visible at depth of wound

7. ET Nurse is to be validated yearly

*Thanks to Betty Razor and City of Hope
Published in PCC Newsletter 1989.*

No wound is too big for resourceful nurses

Combining an occlusive transparent dressing and a suction system meant greater patient comfort and a better way to treat the wound.

By Margaret Wooding-Scott, RN, CCRN, Barbara Ann Montgomery, RN, ET. and Deborah Coleman, RN, MS, CS

We were disturbing Mrs. Davis for the third time this shift to change the soaked dressing over an abdominal wound too large for any pouch. The bed linens would have to be changed again, too.

As I gently pulled back the covers, Mrs. Davis opened her tired eyes for a moment. Intubated and on the ventilator, her look communicated her fatigue and resignation as surely as if she'd shouted. She had spent the last three months fighting to survive cancer and its complications.

Three years ago, Mrs. Davis had had a subtotal colectomy for adenocarcinoma of the colon. She was readmitted three months ago with metastasis to her liver and underwent further surgery. Postop complications of hemorrhaging, intra-abdominal abscesses, and wound dehiscence required return trips to the OR. In spite of the repairs, the

wound wasn't healing and ascitic fluid drained through the suture line. The sutures were removed so that the open wound could drain and be cleaned. It measured 30 cm side to side, 12 cm at the center, and 10 cm at either end.

Comfort was a high priority

Mrs. Davis' condition became increasingly unstable—bilirubin and creatinine were rising daily, signaling progressive liver and kidney failure. After extensive discussion, she and her family decided against any more surgery or heroic measures, and a "no-code" order was written. We were to keep her as comfortable as possible.

With the sheet pulled away, Mrs. Davis shivered until we placed a flannel blanket across her chest. We all shared the same thoughts—keep her comfortable . . . she needs to rest . . . she needs to be dry and warm . . . we need to find a better solution. We wanted more than anything to make her last days peaceful. Working with our enterostomal therapy nurse, and an OK

from her doctor, we did find a way.

As soon as it was time for the next dressing change, we brought the supplies to the bedside and told Mrs. Davis what we planned to do. We'd use a transparent dressing to protect the wound and a soft, double-lumen catheter (a Lavacuator) to manage the drainage. We've repeated the procedure—outlined in the step-by-step instructions beginning on page 24—with continued good results and shared our successes with other units.

Benefits beyond our expectations

Our technique not only protected the wound, diverted the drainage, and allowed for healing; it made Mrs. Davis more comfortable: It eliminated the need for frequent dressing changes, kept her dry, and allowed her much needed rest.

We could turn and position Mrs. Davis without fear of dumping pockets of fluid drainage onto the dressing and linens or of disturbing the integrity of a new dressing.

Collecting the drainage from Mrs. Davis' wound gave us important

THE AUTHORS: Ms. Wooding-Scott is a staff nurse in the surgical intensive care unit at the Ohio State University Hospital where Ms. Montgomery serves as an enterostomal nurse therapist. Since this piece was written, Ms. Coleman has become AIDS Program Coordinator for the Columbus Health Department in Ohio.

Produced by Karin L. Emra, RN, BSN

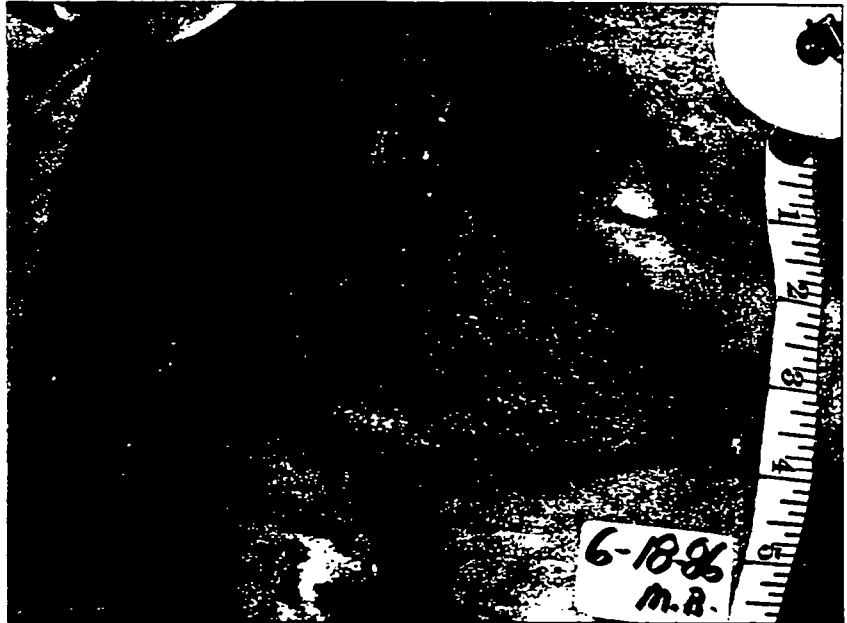
clinical information. The amount of drainage was staggering; up to 700 ml each shift. Samples were analyzed for electrolyte and amylase content. This data as well as the record of drainage output played a vital role in determining replacement fluids to manage her blood pressure and provide the correct total parenteral nutrition therapy.

Such determinations are especially important in critically ill, hemodynamically unstable patients. The big swings in volume that Mrs. Davis had experienced were controlled by stabilizing her fluid status, and her condition improved enough that we were able to taper her off vasoactive drugs..

The transparent dressing permitted us to immediately assess any changes in the drainage and to detect bleeding. Each shift recorded drainage volume, checked the dressing for leaks and the wound surface for changes, and made certain that both lumens of the catheter were patent. Routine irrigation through the irrigation/vent port on the Lavacuator with 30 ml of normal saline together with its vented design helped prevent clogging. If prescribed, wound irrigations with an antibiotic solution can be administered through the Lavacuator while maintaining a closed system.

If the dressing leaked, it was not necessary to remove the entire dressing. We simply cut away the Op-Site at the leak, cleaned and dried the skin, and reapplied Skin-tac-H. Then we cut a patch of Op-Site one inch larger than the opening we'd made and applied it.

Mrs. Davis' dressing remained intact for seven days. Although



Problem



Solution

the size of the wound remained the same, its appearance improved noticeably.

Savings in time and in money

We've continued to use this dressing technique with other patients with great success. Because frequent dressing changes are eliminated, healing granulation tissue and the white blood cells and antibodies on the wound's surface are undisturbed. The moist environment prevents dehydration. Epithelialization occurs more quickly than with standard dressings.

The costs and time invested are far less than with a traditional dressing. Depending on the needs of the patient and the integrity of the system, the dressing—as in Mrs. Davis' case—may be left in place for up to seven days.

As an added benefit, time we had spent redressing the wound was now precious time Mrs. Davis could share with her family. ■

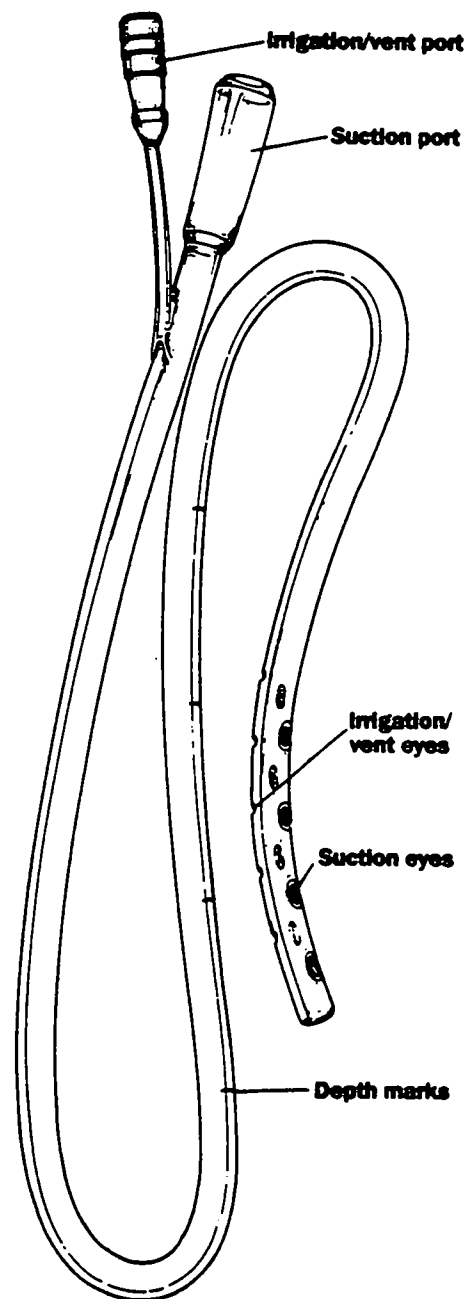
Bibliography. Alper, J.C., Welch, E.A., et al. Moist wound healing under a vapor permeable membrane. *J. Am. Acad. Dermatol.* 8:347, Mar. 1983. Bruno, P. The nature of wound healing: Implications for nursing practice. *Nurs. Clin. North Am.* 14:667, 1979. Curtin, L. Wound management: Care and cost. An overview. *Nursing Management* 15:22, 1984. Flynn, M.E. and Rovee, D.T. Wound healing mechanisms. *Am. J. Nurs.* 82:1543, 1982. Hunt, T.K. and Dunphy, J.E. *Fundamentals of Wound Management.* New York: Appleton-Century-Crofts, 1979. Montgomery, B.A. Easy dressing of large, draining abdominal wounds using moisture vapor permeable film. In *Techniques for Surgeons.* O'Leary, J.P. and Weltering, E.A., eds. New York: John Wiley & Sons, 1985. Montgomery, B.A. Techniques for use of a new dressing: A moisture vapor permeable film. *J. Enterostom. Ther.* 8:26, 1981. Winawer, S.J., Enker, W.E., and Lightdale, C.J. Malignant tumors of the colon and rectum. In *Bockus Gastroenterology* (2nd ed.), Berk, J.E., ed. Philadelphia: W.B. Saunders Company, 1985. Witkowiak, J.B. and Parish, L.C. Synthetic dressings: Wound healing in the '80s. *Hosp. Ther.* 11:75, 1986.

An effective dressing for a large, draining abdominal wound

The wound care technique shown here uses the soft, pliable, double-lumen tube (at right) and a moisture vapor-permeable (MVP) dressing to contain and collect drainage, protect the wound, and encourage healing. Get the physician's OK for your plans, then gather the supplies that you'll need for both cleaning and dressing the wound. Lightly shave the skin around the wound, then wash the skin with a mild soap and water, rinse well, and dry thoroughly. Use acetone-alcohol swabs to defat the skin surrounding the wound to a two-inch border. Avoid the tender wound edge. Using aseptic technique, clean the wound itself with sterile normal saline.

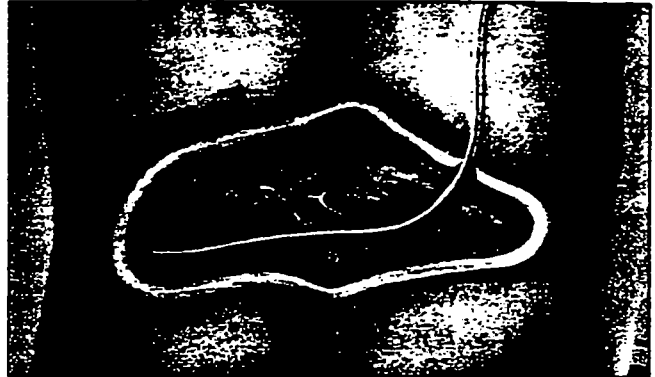
Supplies

- Shave kit.
- Basin of warm tap water, mild soap, wash cloth, towel.
- Acetone-alcohol swabs.
- Sterile normal saline.
- Sterile gloves (two pair).
- Sterile gauze pads.
- Scissors.
- Op-Site by Smith & Nephew (another transparent MVP dressing may be used, but it has to be one that adheres to itself—Tegaderm, for example).
- Skin-tac-N by Mason Laboratories or fracture of benzoin.
- Stomacheeve paste by Convatec.
- Lavacuator by American Hospital Supply Co.
- Low section wall device with connecting tubing and tubing adaptor.





Apply a two- to three-inch border of Skin-tac-H, or other skin adhesive, to the skin surrounding the wound. After this becomes tacky, apply Stomahesive paste near the wound edge, circling the entire wound. This will serve as a seal to help prevent leakage and is helpful on irregular surfaces.



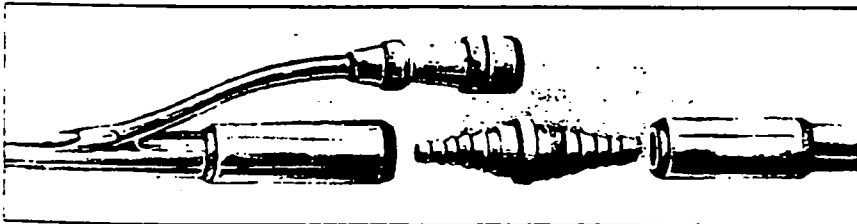
Lay the Lavacuator along the lower surface of the wound but a sufficient distance from the edge to assure that only drainage is suctioned. Have the catheter exit from the upper edge of the wound.



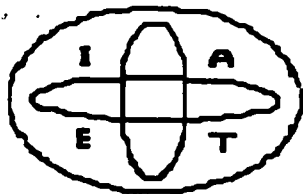
Measuring the wound side to side, cut the Op-Site into workable strips long enough to allow for a two-inch border on each side of surrounding skin. Starting at the bottom of the wound, lay each strip down without tension. Overlap each previous strip by at least one inch.



When you reach the point where the Lavacuator exits the wound, lift it slightly, and pinch the Op-Site around it to form a seal.



Connect the suction port of the Lavacuator to the wall suction tubing with a catheter adaptor.



Michigan, Ohio, Kentucky, West Virginia, Indiana
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Volume XXIII

July, 1989

No. 3

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President's Message

Spring has come and gone, and with it, the MidEast Region Executive Board and Committee Chairs had a very productive all-day meeting in April. The meeting greatly contributed to the operation of regional business and in developing teamwork. The 1989-1990 Regional Objectives are printed later in this issue.

The 21st IAET Annual Conference in Washington, D.C., was well attended by our region; we had 86 members registered for the conference. As usual, Annual Conference was a very busy time for all of us, with attending the educational sessions, meetings, exhibit hall, taking the certification exam, enjoying the social events, and doing a little sight-seeing.

Our Regional Meeting was also well attended and we had twenty-six new ET nurses and/or first time conference attendees at the meeting. Our Region welcomed each of them with a carnation corsage; we hope that this conference is the first of many national and regional conferences that they will attend. I would like to thank our "official greeters" at the Regional meeting who welcomed our membership as they entered the meeting: Joy Cline (WV), Phoebe Alfke (IN), Pat Grizzle (KY), Sharon Ballard (MI), and Brenda Kerschbaum (OH).

The MidEast Region thanked Joyce Hawley who did an excellent job as our Regional Trustee for the past four years and who was the Chair of the National Membership Committee. We welcomed Deanna Peters as our new Regional Trustee and the new Chair of the National Scholarship Committee. Congratulations to Phyllis Brown, who won the IAET First Place Award for ET Nurse Day activities for the second straight year.

Please check this newsletter for information on the MidEast Region Excellence in Writing Award and for the results of the 1988 MidEast Region Questionnaire (Questions 1-5). The Excellence in Writing Award Committee is looking forward to reviewing your manuscripts this fall.

Have a great summer,
Karen Granby, RN, MS, CETN

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National News

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	EF-09	URODYNAMIC PROCEDURES - Mikel Gray, PhD (CAN) PNP, CURN	\$ 8.00	
	EF-10	ABSTRACT SESSION III	\$ 8.00	
	EF-11	SCIENTIFIC ASPECTS OF PRESSURE RELIEF - Thomas A. Krouskop	\$ 8.00	
	EF-12	STOMAL PLANE DYNAMICS - M. D'Orazio, CETN	\$ 8.00	
	EF-13	TECHNICAL MANAGEMENT OF OTHER OSTOMIES - Joy Boarini, RN, MSN, CETN	\$ 8.00	
	EF-14	PELVIC EXENTERATION: AN OVERVIEW - Dorothy Smith, RN, MS, CETN	\$ 8.00	
	EF-15	PERISTOMAL SKIN LESIONS - Mary Zink, RN, BSN, CETN	\$ 8.00	
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	EF-23	ABSTRACT SESSION VI	\$ 8.00	
	EF-24	ISSUES IN PROFESSIONAL PRACTICE	\$ 8.00	
	EF-25	RECERTIFICATION - Darlene Paduano, RN, MSN, CETN	\$ 8.00	
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	EF-27	THE MACROENVIRONMENT OF THE HEALING WOUND - G. Rodeheaver	\$ 8.00	
	EF-28	CLINICAL CONTROVERSIES OF WOUND CARE - K. Alterescu, Dr. Carpenter, Dr. Rodeheaver, B. Oot-Girimini	\$ 8.00	
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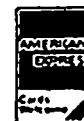
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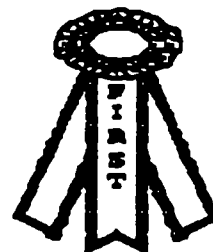


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Gaymar Industries is pleased to announce the following winners of Gaymar's booth raffle held at the Washington, D.C., IAET Conference:

The Grand Prize winner of a free trip to the 1990 IAET Conference in Las Vegas was:

**Petty Wise, RN, ET
Centre Community Hospital
State College, PA**



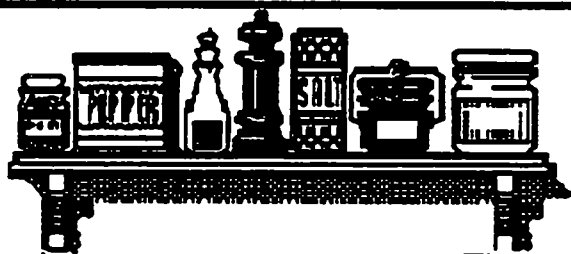
Winners of an ES-1 Education Slide Program on Pressure Ulcers were:

**Mary Ann Morgan, RN, CETN
Tower Bucks Hospital
Bristol, PA**

**Cindy Sylvia, ET
Capitol Hill Hospital
Washington, DC**

**Mary Ann Murphy, RN
Skin Care Specialist
Providence Hospital
Washington, DC**

Congratulations to our winners and thank you to all who participated!



BUFFALO CHICKEN WINGS

To prepare chicken wings:

Dejoint and cut the tips off of chicken wings.*
Fry wings in a deep fryer (the oil temperature should be approximately 350 degrees)
Cook until crispy - approximately 12 to 15 minutes.

Remove from fryer and coat wings lightly with special "hot sauce" (see reverse)

Serve wings warm.

*You may purchase wings already prepared in this style.

To prepare hot sauce:

Ingredients

1 cup Frank's Louisiana Hot Sauce
1/4-1/2 cup melted butter
1/4 tsp. chili powder
1/4 tsp. cayenne pepper
1/4 tsp. granulated garlic
1/4 tsp. granulated onion
(optional)
1/4 tsp. salt
1/4 tsp. pepper
4-6 drops Tabasco sauce

This makes enough for approximately 50 wings. Mix butter with Frank's Hot Sauce. Add dry spices and tabasco. Taste sauce, if too spicy or hot, add more butter until suitable. (Add more Frank's Hot Sauce if you like the sauce spicier or hotter).

Put sauce in a container. Add crispy cooked chicken wings, cover and shake, allowing sauce to cover wings.

Remove wings and serve. You may reserve the excess sauce for future use.

The Buffalo Tradition is to serve the wings warm, along with carrot and celery sticks and a bowl of thick-style blue cheese salad dressing for dipping the vegetables and wings.



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**MIDEAST REGION
INTERNATIONAL ASSOCIATION for ENTEROSTOMAL THERAPY
REGION BOARD MEETING
APRIL 8, 1989
COLUMBUS, OHIO**

The meeting was called to order by Karen Granby, President at 9:15 a.m.

Quorum determination was made by Parliamentarian Susan Brady. (Attendance roster on file with minutes.)

Topic: Style Assessment

Karen Granby

Action: Utilizing the Kersey Temperament Sorter, the Board Members participated in small group work followed by group discussion

Topic: Approval of the Board Meeting Minutes from October 27, 1988

Comment/Discussion: Minutes were reviewed as printed in the newsletter. One correction was made to the Treasurer's Report: that the Financial statement was presented and placed on file rather than attached.

Action: Minutes were accepted with the correction. Motion to accept the minutes was made by Olga Cameron, seconded by Sharlene Kennedy.

Topic: Treasurer's Report

Betty Petrey

Comment/Discussion:

1. Checking account balance as of February 28, 1989: \$7,064.34
2. Number of shares in the Putnam High Yield as of February 28, 1989: 304
3. Profits received on March 9, 1989 from the "Skin Is IN" conference in Charleston, W. Va. was \$5,494.23. Nancy Martin and her committee was congratulated.
4. The MidEast has been directed to divest its shares in the Putnam High Yield Trust Fund because this fund has been deemed to speculative for a non-profit organization. It has been recommended that we consider other "Safe investment arenas" like C.D.'s, treasury notes or special savings accounts.

Action: #4 Putnam High Yield Trust Fund

Marilyn Spencer made the motion that when this fund is liquidated, the assets be deposited into the MidEast checking account for the immediate time, seconded by Deanna Peters. Our Financial advisor at Advest is assisting us in the transfer of these monies into our account.

Topic: By-Laws

Rosmarie Van Ingen

Comment/Discussion: A recommendation was made by Rosemarie that the by-laws be placed on a CPT computer disc. The approximate cost for placing the by-laws on the computer disc will be approximately \$250.00. She pointed out that the last revisions cost the MidEast \$175.00. Therefore, storing them on a computer disc would be both cost effective and time saving. In the event the next chair person does not have access to a CPT computer the information can be easily transferred to an IBM computer disc.

Action: Susan Brady made the motion we accept the recommendation made by Rosemarie, seconded by Sharon Ballard, motion carried.

Topic: Proposed by-law changes

Rosemarie Van Ingen

1. Article 111-Membership

Section 1-E: Honorary Membership

Comment/Discussion: Provides a mechanism for conferring Honorary Membership

Action: Deanna Peters moved we recommend this by-law addition to the General Membership in June, seconded by Sharon Ballard, motion carried

2. Article XIV-Affiliate Group Organization

Section 1-Affiliate Groups

Comment/Discussion: Complies with IAET By-Law

Action: Marilyn Spencer moved that we recommend this by-law addition to the General Membership in June, pending the correction of the spelling of the words regulation and complies, seconded by Sharon Ballard, motion carried.

3. Article XIV-Affiliate Group Organization

Section 11-Affiliate Control

Comment/Discussion: Complies with IAET By-law

Action: Sharlene Kennedy moved we recommend this by-law addition to the General Membership in June, pending the correction of the spelling of the word complies, seconded by Sharon Ballard, motion carried

4. Article XV 11-Amendments

Section 1-Amendments

Comment/Discussion: By-law clarification will be presented to the General Membership in June.

Action: Betty Petrey move we accept this by-law as written, seconded by Sharlene Kennedy, motion carried.

Regional Trustee

Joyce Hawley

Topic: The Conflict of Interest Position Statement

Comment/Discussion: This issue has yet to be resolved. There is still considerable discussion among IAET Board Members and the General Membership over the content of the position statement and the disclosure statement.

Action: A statement will appear in the newsletter encouraging the membership to be prepared for the discussion during the House of Delegates meeting in Washington, D.C.

Government Affairs Committee

Olga Cameron

TOPIC: Goals for GAC

Comment/Discussion: Completion of operational manual in relation to GAC which will include Nurse In Washington Internship information. Also they will be developing a folder for all information related to the Government Affairs Committee

Topic: Nurse in Washington Internship

Comment/Discussion: Goal is to send an ET nurse to the "Nurse In Washington Internship" program. The 1990 NIWI will be January 27-31, 1990. The deadline for application is September 1, 1989. Those persons interested in being a candidate should contact Olga Cameron.

Action: A spot will be reserved for an ET nurse to attend the NIWI for 1990. Further discussion on this topic will occur at the June meeting in Washington, D.C.

Topic: Report of the 1989 Nurse In Washington Internship

Sharon Ballard

Comment/Discussion: She reported this was a wonderful opportunity to network with other organizations. A complete report will be presented by her in Washington D.C.

Membership

Marilyn Spencer

Topic: Current membership report of MidEast Region

Comment/Discussion: Membership

Active	166
Associate	10
Retired	3
<u>Honorary Life</u>	<u>3</u>
Total	182

Non-Renewal membership as of April 1, 1989

Active	66
<u>Associate</u>	<u>14</u>
Total	80

She has requested that in order to avoid an interruption in professional communication it would benefit everyone to confirm their 1989 membership status.

Topic: Membership Directory

Comment/Discussion: The membership directory will be ready by June. The master list has been placed on a IBM computer disc. A double asterisk will be used to identify the Enterostomal Therapy Nurse for referrals. She also asked for a recommendation from the board as to the format that will be used to print the directory. The printer has suggested that the directory be typed on 8 1/2"x11" sheets with the names appearing on the front and back. The directory then would be stapled together in a booklet form.

Action: Sharlene Kennedy made the motion that the membership directory be placed on the 8 1/2"x11" paper, stapled and mailed to the membership at which time the members can place it in a folder of their own, seconded by Sharon Ballard, motion carried.

Topic: Nominations

Nancy Rioux

Comment/Discussion: Nancy reported that Phyllis Brown has agreed to participate on the Nominating Committee, but has not yet confirmed the second individual. She requested the board approve Phyllis and we could at the June meeting approve the second individual.

Action: Joyce Hawley moved that we approve Phyllis Brown as nomination committee member, seconded by Marilyn Spencer, motion carried.

Topic: Checker and Teller for Election at National

Action: Nancy Rioux and Olga Cameron agreed to these positions.

Topic: Timing of Voting At National

Comment/Discussion: Voting has been scheduled to take place before the House of Delegates meeting on Friday, June 6, 1989. The Board is concerned that this is an inappropriate time.

Action: Sandy Duda proposed that a letter of concern regarding the inappropriateness of the timing of voting being presented before the house of delegates meeting be sent to IAET President, Regional Presidents and Planning committee. Karen Granby agreed to draft the letter and forward it on to these individuals.

Topic: Operational Manual

Brenda Kerschbaum

Comment/Discussion: Brenda passed out new information related to the By-laws which she asked us to add to our operation manuals following page 40. In June, she will be providing us with additional information related to the Membership committee.

Topic: Newsletter publications

Sandra Duda

Comment/Discussion: Sandra made a proposal to reduce newsletter publication from 4 to 3 per year. However, the Board felt that the newsletter provided the general membership with current information.

Action: Joyce Hawley moved that we continue to have 4 publications of the Mid-Eas Dropper per year, seconded by Marilyn Spencer, motion carried.

Topic: Fundraising(National)

Barbara Montgomery

Comment/Discussion: Barbara will be unable to attend conference this year and Olga Cameron has agreed to be in charge of the fundraising activities. We will need people to "man" the booth and asked that we all participate in this important activity. This year we will have porcelain jewelry and many other terrific items.

Topic: Fundraising for Annual Membership Meeting

Comment/Discussion: Barbara presented the suggestion that we have an auction this year. She will be contacting Howard Rose from Mentor to act as auctioneer. We will be needing prizes for this auction, so she asked that we make contact with larger pharmacies and sales representatives for donations.

Topic: Delegates

Jane Beerck

Comment/Discussion: Jane has received a positive response from 6 Delegates and 1 Alternate that they will be attending National. She will be following up on those individuals who have yet to respond.

TOPIC: Historian

Pam Stigler: not present

Comment/Discussion: Karen Granby has forwarded photographs taken of Bonnie Bolinger during the 1988 President's Award.

Topic: Continuing Education

Patrice Sprung: not present

Comment/Discussion: no report

SPECIAL COMMITTEES

TOPIC: Project Share

Marilyn Spencer

Comment/Discussion: National office has informed her that our adopted country will be India.

Stamps: Our region has provided immunization for 180 persons in 1988 and 212 persons in 1989. Unfortunately this project has been eliminated as of April 1, 1989.

Topic: Newsletter Funding

Sharlene Kennedy

Comment/Discussion: Reports that the responses to her letters for advertising in the newsletter has been poor. We did however make \$700.00 from our first mailing. She made the recommendation that each state obtain atleast 5 adds in order to increase our revenues. This coming year, an established yearly fee will be implemented for advertising in the newsletter.

Topic: Youth Rally

Susan Brady

Comment/Discussion: The Youth Rally will be held July 13-17, 1989 in San Diego for youths between the ages of 12-17. So far she has recieved two names from Indiana. There is still time to submit names of youths who are interested in attending. Information needed is: name, address and type of ostomy.

Announcements

Topic: ET Nurse Day

April 19, 1989

Comment/Discussion: Promotional packets have been mailed out from National.

Topic: Absentee Ballot

Comment/Discussion: Applications are now available to all active memebers of the IAET for absentee ballots. A notice will appear in the Mid-Eas Dropper. For the first time the IAET Nomination Committee will award a prize to the region which has the highest number of absentee ballot votes.

Topic: National Conference

Board Meeting

Tuesday, June 6, 1989

Time: 2-4 P.M.

Membership Meeting

Wenesday, June 7, 1989

Time: 3-6 P.M.

Topic: Recertification Examination

Deanna Peters

Comment/Discussion: The examination will be offered in Michigan in November for those members who are unable to take the exam in June. The location has yet to be determined.

NEW BUSINESS

TOPIC: Financial Task Force

Karen Granby

Comment/Discussion: Since the MidEast Region has been recieving many request for monies, guidelines need to be formulated for the allocation of these funds.

Action: Karen will be working with Betty Petrey to develop theses guidelines. Further discussion will occur at the June Board Meeting.

Topic: Annual Excellence in Writing Award

Karen Granby

Comment/Discussion: Beginning in 1989, this award of \$100.00 has been established by Bonnie Bolinger; it will be given to a member(s) of the MidEast Region. The purpose of this award is to encourage our members to write for professional journals. Karen also requested volunteers to serve on the committee who will be selecting the recipient(s).

Action: Brenda Kerschbaum volunteered to serve on the committee. Karen will also be seeking other interested individuals.

Topic: Norma N. Gill-Thompson Foundation Scholarship Award

Karen Granby

Comment/Discussion: Karen recieved communication from Marilyn Mc Manus, chairperson of the Norma N. Gill-Thompson Scholarship Award, requesting a recommendation for future allocation of this annual fund.

Action: Marilyn Spencer made the motion that the NNGF Committee spend the Scholarship annually in any manner they deem neccessary, with the request of yearly notification of the award, seconded by Jane Beerck, motion carried. Karen will draft a letter to Marilyn Mc Manus communicating the Boards' wishes.

Topic: Medicare Reimbursement Update

Annie Logan, Nationwide Insurance Medicare Operations


Comment/Discussion: Annie reported that Nationwide Insurance Company as the Medicare carrier for Ohio and West Virginia have revised and expanded the Health Care Procedure Codes (HCPC) supply manual. These codes have been well recieved by the suppliers in our service areas.

Motion was made by Marilyn Spencer, seconded by Joyce Hawley to adjourn the meeting. Meeting adjourned at 5:30 p.m.

Respectfully Submitted,

Olga M. Ramos-Wilson, R.N., C.E.T.N.
Olga M. Ramos-Wilson, RN, CETN.

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REGIONAL NEWS

1989-1990 MidEast Regional Objectives

1. Increase membership participation on the regional and national levels.
2. Strengthen the funding base of our region.
3. Maintain timely communication to the Region of Regional and IAET business and activities.
4. Promote and support scholarly writing and research activities.
5. Provide educational programs that meet the goals and needs of the MidEast Region members and the IAET.
6. Establish guidelines and criteria for the selection of activities to receive regional funding.

COMMITTEE REPORTS

Nominating: I am pleased to announce the following list of candidates for the November elections:

Treasurer: Sharlene Kennedy (MI)
Betty Petrey (OH)
Jo Marion (MI)

Trustee: Phyllis Brown (OH)

Delegates: Bob Trout (MI)
Adrian Miller (OH)
Joy Cline (WV)
Ethel Pryor (MI)
Dorothy Best (OH)
Dorothy Culp (OH)
Linda Harlan (OH)

I appreciate the enthusiastic response. Due to the numerous notes submitted during our regional meeting, please contact me if I accidentally misplaced your name. Anyone interested in running for the

office of Treasurer or Trustee or who wishes to serve as a delegate at the Las Vegas Convention (June 12 - June 15, 1990) please contact me by phone or note.

Nancy Rioux, CETN
(H) 513-860-2555
(W) 513-867-6629

Government Affairs: No report.

By-Laws: No report.

Budget and Finance: No report.

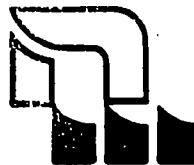
Continuing Education: No report.

Public Relations: No report.

Membership: No report.

Publications: Submit your ideas, concerns, "helpful hints", or experiences with difficult and/or unusual ET nursing situations. There is a wealth of knowledge in this region. **PLEASE** share with us so we can all benefit. Send your tidbits to: Sandy Duda, BSN, CETN
200 Westwind Drive
Avon Lake, OH 44012

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President Elect Report:

Brenda Kerschbaum

Operational Manual: Guidelines for reimbursement has been added to the operational manual (pg. 42). If you did not receive your copy in Washington, look for me at the Toledo conference to receive your copy. If any officer or committee chair has updated information for the operational manual, please forward to me so it can be given out at the November meeting. Thanks.

IAET Conference: We were pleased to meet the twenty-six first time attendees (MidEast members) at the National Conference. Hope you enjoyed yourself and were able to

network with other MidEast members. The new members and first time conference attendees were presented with a corsage at the MidEast business meeting. We look forward to getting to know you better at the November Regional meeting in Toledo.

SPECIAL COMMITTEES

Youth Rally: No report.

Fundraising Committee: No report.



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Newsletter Fundraising: Sharlene Kennedy: I've been busy obtaining ads for the **MidEast Dropper** newsletter. Our goal was \$1,000. We are now at 900! I appreciate your help in soliciting ads. Please, it is not too late to send in applications from your local dealers. I've enclosed an application form. Continue the good work!

The costs are as follows:

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One page:	250.00

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Sharlene Kennedy, RN, BSN, CETN

7371 N. Gale Road

Otisville, MI 48463

Home phone: (313) 653-7600

Work phone: (313) 257-9000

NEW S.H.A.R.E. PROJECT WAREHOUSE ADDRESS

Please be advised that the S.H.A.R.E. Project collection point and warehouse, for ostomy supplies to be sent to foreign countries, has been moved from North Ridgeville, Ohio.

Effective immediately, the new shipping address for donations is:

S.H.A.R.E. Project
c/o North Coast Tool & Die Company
640 Sugar Lane
Elyria, OH 44035

Your donation of ostomy products is greatly appreciated, please eliminate delivery problems by sending them to this new address.

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Secretary, Friends of
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Candidate for Treasurer

I have served our Region as a delegate several years. I have attended the National and Regional meetings yearly since I graduated in 1982. I have been a trustee for the past two years and have enjoyed the responsibility tremendously. I would now like to serve the MidEast Region in the capacity of treasurer.

I have served you as a trusted trustee. Now please trust me as your Treasurer.

I hope to see everyone in Toledo. It looks like it will be a great program. Have a great summer.

Sharlene Kennedy

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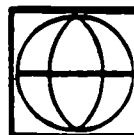
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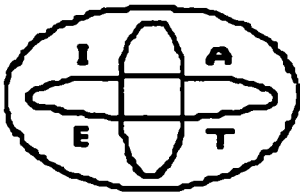
**WORLDWIDE
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MIDEAST REGION QUESTIONNAIRE RESULTS

Number of responses per State:	Michigan	10
	Indiana	1
	Ohio	22
	Kentucky	1
	W. Virginia	1
	Area not specified	4

1. Do you routinely meet with your closest peers? All but 2 said yes.

2. How often do you meet:
- | | | |
|--------------|----------------------------|--|
| Michigan: | Quarterly | |
| Indiana: | Every 2 months | |
| Kentucky: | Once per month | |
| W. Virginia: | Once per month | |
| Ohio: | (2) Weekly staff meetings | |
| | (3) Every other month | |
| | (4) Monthly | |
| | (2) Twice a year | |
| | (4) Quarterly | |
| | (2) not on a regular basis | |

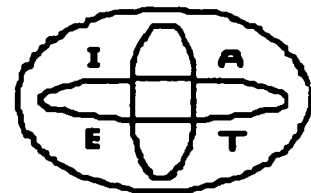


3. If you don't meet with other ET nurses, what is the main reason you don't?
- a) maternity leave
 - b) job change to a job outside of ET nursing
 - c) too busy
 - d) three said due to time and daily schedule
 - e) full-time work, child rearing, multiple rolls, caring for ill parents
 - f) unable to get time off, travel distance, inclement weather
 - g) no support for Home Health Care

4. Do you meet with other nurse support groups? Yes - 13 No - 22

5. If you do have a regular ET nurse group, would they be willing to serve as a committee to the Mideast Region if asked? Yes - 11 No - 2

- Other comments:
- I think so - 1
 - Perhaps - 1
 - Possibly - 1
 - Probably - 6
 - They do already - 2
 - Don't know - 6
 - Can't answer for all of them - 1
 - You'd have to ask



Our group isn't formal, only 5 of us, but we probably could.

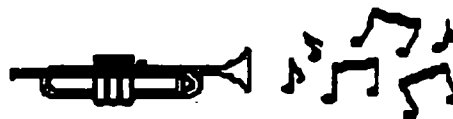
Unknown, but doubt it.

We probably would because our group works together well and are anxious to discuss and/or work on other projects.



Attention Writers!!

The new **MidEast Region Excellence in Writing Award** will be presented annually at the November regional meeting. But in order to present this award the committee needs to know who has been writing. If you or a MidEast ET colleague has published recently, please submit it for evaluation. Don't be shy! Toot your own horn!!



Please read the criteria listed below. If you qualify, send in your manuscripts (3) no later than September 15, 1989.

MIDEAST REGION EXCELLENCE IN WRITING AWARD

This award is designed to stimulate scholarly writing for professional journals by the members of the MidEast Region of the IAET. An honorarium of \$100 and a certificate will be awarded to the author(s) of a manuscript that makes a significant contribution to the sphere of ET nursing.

The following rules and regulations apply to the award:

- The author(s) must be a member of IAET and the MidEast Region.
- Only manuscripts of 1000 words or more will be considered.
- All manuscripts must have either been submitted or accepted for publication by a professional journal (Examples: JET, Decubitus, Ostomy and Wound Management, AJN, RN, Nursing Research, Nursing Economics, etc.)
- All manuscripts must be related to the speciality of ET nursing practice (e.g. ostomy, draining wounds/fistulae, pressure ulcers, and incontinence). The focus of the manuscript can be from an education, clinical practice, administrative, economic, research, or legislative viewpoint.
- The MidEast Region's Excellence in Writing Award Committee will select the outstanding manuscript. If, however, no manuscript is worthy of the award, it will not be given in a particular year.
- Manuscripts will be reviewed anonymously and by three committee members. Three manuscripts must be submitted.
- Manuscripts should be sent directly to the President, Karen Granby, RN, MS, CETN, 7475 Forest Brook Boulevard, Centerville, OH 45459.
- The award will be conferred at the Annual MidEast Regional Conference.
- Submissions must be received by September 15th each year. Manuscripts received after that date will be considered for the subsequent award.

This award is funded by Bonnie Bolinger, RN, ET.



Tri-State

The Tri-State ET's met May 16, 1989, at the Town Center in Charleston, West Virginia. A program was given on the status of Third Party Reimbursement in the state of West Virginia, by Bobbi Hatfield, Delegate of the West Virginia Legislature, Carol Fulks, Executive Director of the WVNA and Alvita Nathaniel, Chair - Health Planning and Legislative Committee, WVNA.

Dates to Remember: **September 19, 1989** - Calgon Vestal and the Tri-State ET's will be having an all day seminar on "Skin and Wound Care" at the Charleston House Holiday Inn, Charleston, West Virginia. **October 17, 1989** - All day Vendor's Fair - Gateway Inn, Holiday Inn Huntington, West Virginia, 9:00 a.m. to 3:00 p.m. for all Tri-State ET's and other interested ET's in the area.

Six ET's from the Tri-State were able to attend the recent IAET conference in Washington, D.C.

Congratulations go to the following in the Tri-State Area: **Megan McCarthy, RN, ET**, St. Joseph Hospital, Parkersburg, West Virginia, is the proud mother of **Lindsay, 7 lb. 9 oz.**, born April 17, 1989; **Joy Cline, RN, CETN**, Pleasant Valley Hospital, Pt. Pleasant, West Virginia, has had her article,

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"Hints for Warm Weather" published in the UOA Metro Maryland Newsletter; **Phyllis Brown, RN, CETN**, Holzer Medical Center, Callipolis, Ohio, received National recognition at the IAET convention for first place for her ET day.

Phyllis Brown, RN, CETN
(H)614-245-5059

Louisville, Kentucky Area

The Louisville, Kentucky, are ET Nurses are having a busy Spring and Summer.

We welcomed a new member to the group recently. **Millie Kraminski, RN, BSN, ET**, returned from the Cleveland Clinic ETNEP Program and sat for Boards in Washington in June. She is employed by Baptist Hospital, East, Louisville.

Melanie Reece, RN, BSN, will be attending Emory University ETNEP Program in the Fall and is employed by VNA of Louisville.

Debby Hartlage, RN, BSN, will also attend the Fall Program at Emory.

Our March program was hosted by **Jean Hicks, RN, CETN**. Methodist-Evangelical Hospital. An excellent presentation on Symptom, Results and Management of Stress was given by Sarah Ewing, Chaplain.

In May, **Pam Stilger, RN, CETN**, and **Bess Liversedge, RN, CETN**, Louisville, VNA, hosted our meeting. The President and Vice President of the Kentuckiana Chapter UOA gave an informative program about visitation. ET Nurses were asked to make suggestions to improve and advance the program. **Kathy Cook, RN, Clinical Coordinator** of the Continenence Clinic of Kentucky and Indiana spoke to the Group about incontinence and continence clinics.

Four of the Louisville ET nurses attended the IAET Conference

in Washington, D.C. The ET's gained much knowledge and enjoyed all the Conference functions.

The next meeting will be in July, hosted by Debbie Garughty, RN, BSN, CETN, Sts. Mary and Elizabeth Hospital. This will be a "fun" meeting with our annual cookout.

Brenda Goodson, RN, BSN, CETN
(H)502-267-6434

Pat Grizzle, RN, BSN, CETN

Southwestern Michigan Enterostomal Therapy Nurses Group

We have met twice since the last **Dropper**. In April we were invited to Bronson Hospital in Kalamazoo by Beth Griggs and Helen van Sweden for a sharing session. Some really ingenious and creative ideas were discussed. It was a very lively and informative day. We also discussed the upcoming certification exam which we will take in Grand Rapids on November 11.

In June we were hosted by Alice Maring at Butterworth Hospital in Grand Rapids. A very informative program by Richard J. Kahnoski, Urologist, was presented regarding the Indiana Continent Reservoir.

We then firmed up plans for our own recertification review program. Each of the six test topics were assigned to small groups of ET nurses to prepare an hour review. We will meet September 23 from 10:30 a.m. to 4:00 p.m. at Blodgett Hospital in Grand Rapids to share and review.

Did you enjoy D.C.? Hope all's well with you!

Carol Hepp
(H)616-455-4996



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Cleveland Area ET Nurses

Joy Bredenbeck, RN, ET, of Lakewood Hospital was hostess for a well attended Cleveland Area ET Nurses Meeting, April 20, 1989. Grace Herwig, Psychiatric Clinical Specialist, facilitated the group discussion concerning "Stress and the ET Nurse".

On May 10, 1989, at 5:30 p.m., the VNA^{ET} Nurses of Cleveland graciously hosted a buffet dinner and Rap Session. Upcoming ET nurse events were reviewed and future local meetings planned.

Rosemary May, RN, ET, of Kaiser Permanente and private ET Nurse consultant, is planning a meeting in mid-September entitled "Ostomy Care and Teaching of the Hearing Impaired". Elaine Rozic, RN, ET, of St. Vincent's Hospital, will host a mid-November meeting concerning "Ostomy and Eating Disorders".

All those interested in ET nursing are invited.

Cheryl Van Horn, ET
(W)216-444-6677

Cincinnati

Greetings from the Cincinnati area ET Nurses.

Congratulations to Ruth Barley, RN, CETN, from the Franciscan Health Systems of Cincinnati and Linda Flesch RN, CETN, of University Hospital, who recently completed their Masters Degrees. Ruth has accepted a position as Oncology Clinical

Specialist for the Franciscan Health Systems of Cincinnati.

Kelly Wells, RN, CETN, has accepted a position with the Neurological Surgical Associates group in Cincinnati. Good luck Kelly!

Linda Ruter, RN, CETN, recently spoke to the Ohio River Valley Chapter of the Association of Rehab Nurses on Prevention of Pressure Sores.

Mindy McCorkle, RN, CETN, and Margie Dreffer, RN, CETN, spoke on Pressure Sore Assessment and Treatment at the Convatec workshop in Cincinnati.

Margie Dreffer, RN, CETN, Linda Ruter, RN, CETN, and Peggy Valmassoi, RN, CETN, attended the Wound Symposium in New Orleans this spring.

Nancy Rioux RN, CETN, Peggy Valmassoi, RN, CETN, and Mindy McCorkle, RN, CETN, attended the IAET National Convention in Washington. This was Mindy's first conference and she won two door prizes. Beginners luck!!

Vivian Metcalf, RN, CETN, has accepted a position as Enterostomal Therapist at the VA Hospital in Cincinnati. She replaces Chris Wentler whose family was transferred to England.

We are looking forward to our annual picnic in July hosted by Sr. Consolata Wolking at the St. Walburg Convent.

Minday McCorcle, RN, CETN
(H) 513-583-9848

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NOTEWORTHY



Phyllis Brown, BSN, CETN (Gallipolis, Ohio) won IAET First Place Award for promotion of ET Day for the second year!

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Carelyn Fylling, RN, MS
Davina J. Gosness, RN, PhD.
Linda McGee, RN, CETN
Carolyn Pontius, MSN, RN
George Rodeheaver, PhD.

FOR ADDITIONAL INFORMATION OR CONFERENCE BROCHURE CONTACT:

Pat Edwards
Harper-Grace Hospitals
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(313) 745-9461

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Calendar of Events

U. D. A. - National
August 2 - 5, 1989
Miami, Florida

ET Update
Cleveland Clinic Foundation
August 15 - 16, 1989
Cleveland, Ohio

Call Joan Van Neil, RN, MA, CETN at (216)444-5966 for further details

MidEast Region Symposium
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Questions: Call Sue Sinkovic 419-867-9390



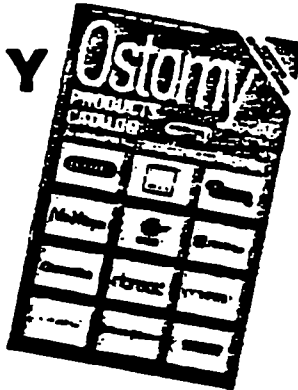
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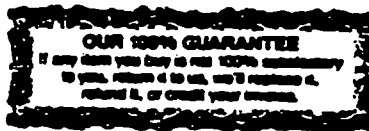
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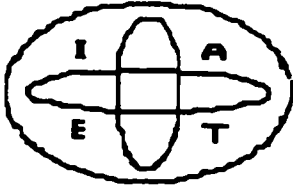
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Volume XXIII

September, 1989

No. 4

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SECRETARY:

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H-(313)349-8358

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Pam Stilger
W-(502)584-2456
H-(502)964-6601

President's Message

As our Annual MidEast Regional Conference approaches, I hope that most of you will be able to attend. The Toledo ET Nurses have planned an excellent educational program on Friday, November 3rd. The Grand Opening of the Exhibits is on Thursday, November 2nd and our Membership Meeting and Elections are on Saturday, November 4th. Our annual regional conference provides us with the opportunity to learn together, conduct regional business, and to network with one another.

One of the primary ways that we conduct regional business is through our various committees. If you are not currently involved on a regional level and would like to be, I would suggest joining a committee. This is an excellent method to become involved, and both you and the Region would benefit from the experience. I know that all of the Committee Chairpersons would gladly appreciate the addition of new ideas and talent to their committees.

Another way of serving your region is to run for an office. In 1989, the offices of Treasurer, Trustees (2), and Delegates (8, with 2 alternates), will be elected. It is still not too late to become a candidate. If you are interested or want more information about an office, contact Nancy Rioux (Chairperson, Nominating Committee).

We have a strong and active region, but so much more can be accomplished on a regional and national level with your assistance. Our region needs "YOU"!

I will look forward to meeting and talking with you in Toledo.

Sincerely,
Karen Granby, RN, MS, CETN

STANDING COMMITTEES

NOMINATING:

Nancy Rioux
W-(513)867-6629
H-(513)860-2555

GOVERNMENT AFFAIRS:

Olga Cameron
W-(313)966-3300
H-(313)966-4502

BY-LAWS:

R. Van Ingen

BUDGET & FINANCE:

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National News

IAET President's Message

Communication is the foundation on which every organization is built. Over the last few months as I spoke with ET nurses all over the country and especially at the IAET Annual Conference in June. I heard many of you voicing your concern regarding the communication systems of our organization. As the newly elected President of the IAET, I too am concerned.

One of my primary goals during my term of office is to improve the communication systems of the IAET. I believe communication starts with

the individual member. Our organization would not exist if it were not for you, the membership. Therefore, as a first step to improving communication, I will begin here in your regional newsletters. I will be contributing a short article to each issue in an effort to keep you informed of my goals, objectives, and activities.

As I travel around the country representing the IAET, I will be contacting individual ET nurses in the area and inviting them to informal "get togethers" in an effort to meet as many of you as I can. In this way, I will have the opportunity to hear your comments, ideas, and suggestions firsthand.

Finally, you always have access to a wonderful source of information in your Regional President and Regional Trustee. I will be sending them regular communications and information. Do not hesitate to contact them.

I am always open to your suggestions for improving communication. Remember, communication is a two-way street. Your input is valuable to me.

Kristy Wright, RN, CETN
 President, IAET
 P. O. Box 268
 New Bedford, PA 16140

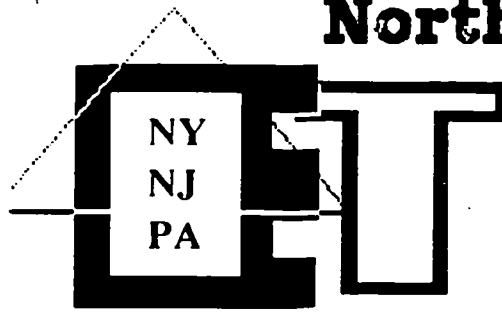


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Northeast Region



August 4, 1989

Dear Colleague,

Recently we learned that the Capitol Health Systems Management cannot support continuation of the Harrisburg Hospital School of ET Nursing. Effective November 6, 1989, the school is requesting inactive status. This decision was related to the upheavals in healthcare and increasing economic pressures.

By requesting inactive status the school will have time to reorganize and present a case to administration for cost effective education of ET nurses. The ramifications of closing this school are evident. There was no prior indication that the school was in financial difficulties. It has brought home concerns we all share in justifying our positions. We feel this is a major concern that the IAET and all regions need to address if our educational programs are to continue.

We ask that you lend support to the school by writing letters of encouragement for continuation of the program. Include your own accomplishments and encourage administration and physicians that are supportive to do the same. Letters should be addressed to:

John Kramer, CEO/President
Capitol Health Systems
17 South Market Square
P. O. Box 8700
Harrisburg, PA 17105

This issue will be added to the Business meeting of the fall Northeast Region meeting. Your input will be appreciated. Consider if the ET nursing programs should receive funding from the IAET, IAET Foundation or others.

Thank you for your support.

Merle Brown-Etris, RN, ET
President NER

Barbara Oot-Giromini, RN, ET
Vice President NER

Northeast Region International Association for Enterostomal Therapy

Semi-Annual Board Meeting
June 6, 1989
Washington, D.C

The Meeting was **called to order** at 2:10 p. m. by President Karen Granby, President.

Quorum determination was made by Parliamentarian, Susan Brady.
(Attendance roster placed on file with the minutes.)

Topic: Approval of the Regional Board Meeting Minutes of April 8, 1988

Olga M. Ramos-Wilson

Comment/Discussion: The Chair noted typographical errors on page 4: Jane has received[error:recieved], page 5 Announcements [error:Annoucements] and page 6: Karen has received[recieved]

Action: The minutes were corrected as noted. Sharlene Kennedy made the motion to accept the minutes as corrected, seconded by Rosemarie Van Ingen. Motion carried.

Topic: Treasurer's Report

Betty Petrey

Comment/Discussion: The Financial statement was presented for May 31, 1988-June 1, 1989 and placed on file. The Bond for the Mid-East Treasurer has been purchased at a cost of \$100.00. Shares from the Putnam High Yield Trust are now in the process of being sold. With the Boards approval these funds would then be transferred into our Advest Brokerage Firm Checking Account which is currently yielding a variable interest rate of 8-8.5 %.

Action: The board unanimously agreed that the assets from the Putnam High Yield Trust be deposited into the Advest account.

Topic: Proposed Budget for June 1, 1989-May 31, 1990

Betty Petrey

Comment/Discussion: Final determination was tabled until committee reports were presented.

Committee Reports

Topic: By-Laws

Rosemarie Van Ingen

Comment/Discussion: There were no changes in the proposed by-laws which had been approved at the April Regional Board Meeting. Our by-laws have been placed on a CPT computer disc at a charge of \$350.00.

Rosemarie attended the National By-law committee meeting on June 5, 1989, this group will be working on a Policy and Procedure Manual.

Finance/Fundraising

Olga Cameron

Comment/Discussion: A hand painted procelain necklace and earring set will be raffled during the conference. Items to be sold include: pointers, ET touch slides, can top flipper and jar lid openers.

An auction is planned as the fundraising activity at our November meeting.

Government Affairs

Olga Cameron

Comment/Discussion: Letters with return cards were mailed to those listed on the G.A.C. membership list. All the cards have not been returned to allow updating of the list.

Sherry Ballard, associate G.A.C. chairperson, met with Olga to review information needed for the G.A.C. Manual aswell as the folders which will be given to all committee members. National guidelines will be incorporated into both folders/book along with duties and suggestions for legislative involvement as distributed at the fall meeting.

On May 20, 1989, Olga hosted the Michigan Nurses Coalition meeting in Lansing. Agenda included: Review of Project Muscle, Medicare cuts, Breast Cancer control bill, Registered Care Technologist, and Encroachment issue.

Nurse in Washington Internship will be attended by the National Coalition member.

Olga also reported on the National G.A.C. program which included an overview of how the NIW representative functioned when they returned to their own region, Medicare-Medicaid coding system, and proposed legislation.

Sharon Ballard will be providing a presentation on the Nurse in Washington program in November.

Topic: Membership

Crina Flourta

Comment/Discussion: Mideast Membership: 240
MidEast Membership Directory will be ready by fall.

Topic: Standardization of new member packets

Comment/Discussion: Suggestions made at the national membership committee meeting for items to be included a welcome letter, list of officers and committee chairpersons, a copy of the latest Newsletter and the history of the region. Other suggestions made that would be options would be a copy of the By-laws and Operational Manual. Incentives to encourage new members to attend their first regional meeting should also be considered.

Topic: I.A.E.T. Membership List

Comment/Discussion: Central office will continue to mail an updated membership list to committee chairperson on September 1st., March 15th and at the conference. The membership chairperson will also receive a list of the nonrenewals. Individuals will be contacted by January 31, encouraging renewal. When renewing ones membership, the E.T. should also include the year in which you were recertified. If a member has a change of address Central Office should be notified.

Topic: Nominations

Nancy Rioux

Comment/Discussion: Nominations are currently being accepted for Treasurer, Regional Trustee(2) and Delegates(7). Minnie McCokle was nominated as member of the Nominating Committee.

Topic: Operational Manual

Brenda Kerschbaum

Comment/Discussion: Guidelines for the Membership Committee were added to the operation manual.

Topic: Publications:

Sandra Duda

Comment/Discussion: Reporters from Columbus and Indiana are still needed.

Both Sandy and Barb Hoveyar have discussed the Boards recommendation that they continue to publish 4 Newsletters per year at great length and they have many concerns regarding their obligations due to time constraints. Sandy proposed that the board consider approving an increase in the funds allocated for the newsletter. This extra monies would be utilized to have a current mailing list place on a computer disc, and allow the printer to provide labor for the assembly, labeling, folding and posting of the newsletter.

Action: Betty Petrey recommended that an extra \$1,000 included in the proposed budget.

Topic: Delegates

Jane Beerck

Comment/Discussion: 7 delegates and 1 alternate have registered.

Topic: Newsletter Funding

Sharlene Kennedy:

Comment/Discussion: Nine(9) ads have been received for a total of \$475.00. Two new ads have been obtained.

Action: Two-hundred letters have been sent to manufactures and D.M.E. requesting them to advertise. Fifty letters were also sent to E.T.'s encouraging them to solicit ads in their community.

Karen commended Sharlene on her efforts in contacting the E.T.'s

Topic: Youth Rally

Susan Brady

Comment/Discussion: Two youths will be sponsored by the MidEast Region. A scholarship will be sought a the third child.

Topic: Financial Task Force

Betty Petrey

Comment/Discussion: National office has sent a Wish List which they would like the region to fund. A suggestion was made that we participate in a grant activity. Karen Grandy be mentioned that our region was participating in 3 out of the 6 options they provided. She suggested this list be discussed in further detail in November.

Topic: Excellence in Writing Award

Karen Granby

Comment/Discussion: Volunteers are being sought to review manuscripts.

This Award will be presented at our November meeting.

UNFINISHED BUSINESS:

TOPIC: ANNUAL MIDEAST REGION CONFERENCE

Brenda Kerschbaum

Comment/Discussion: The focus of this program will be on the management of G.I. and G.U. incisional and draining wounds. Currently the committe is in the process of applying for C.E.U's.

Topic: Scholarships

Karen Granby

Comment/Discussion: Barbara Montgomery has received the 1988 Advanced Degree Award, however; she has yet to received the monies from Central Office.

Action: The chair will continue will follow-up on this matter until the funds are received by Barb:

Topic: MidEast Scholarship

Karen Granby

Comment/Discussion: Constance Anthony received \$1,000. on April 1st. The recipient is from Holt, Michigan.

Topic: MidEast Region Questionnaire Results

Karen Granby

Comment/Discussion: Results will be printed in the MID-EAS Dropper

Topic: Approval of Proposed Budget

Betty Petrey

Comment/Discussion: Explanation was made re: changes and increases in amounts. *see copy

Topic: Proposed Regional Objectives

Karen Granby

Comment/Discussion:

1. Increase membership participation on the regional and national levels.
2. Strengthen the funding base of our region
3. Maintain timely communication to the Region of Regional and IAET busines activities.
4. Promote and support scholarly writing and research activities.
5. Provide educational programs that meet the goals and needs of the MidEast Region members and the IAET.
6. Establish guidelines and criteria for the selection of activities to receive regional funding.

Action: Rosemarie Van Ingen move the objectives be accepted as proposed,seconded by Sharlene Kennedy. Motion carried

Announcements

A welcome reception will be held for 150 E.T. nurses attending the conference for the first time.

The 1990 Annual Conference will be held at the Le Merge Hotel, Las Vegas Nevada June 12-15th.

Grants given to the IAET

Convatec:\$15,000 to provide members with education on Medicare reimbursement.

Hollister :\$18,000 for research on urinary incontinence

Meeting adjourned at 4:00 p.m.

Respectfully submitted

Olga M. Ramos-Wilson,RN.,E.T,

MIDEAST REGION
INTERNATIONAL ASSOCIATION for ENTEROSTOMAL THERAPY
SEMI-ANNUAL MEMBERSHIP MEETING
JUNE 7, 1989
Washington, D.C.

The meeting was called to order by Karen Granby, President at 2:15 P.M.

Officers and Past President Joyce Hawley were introduced.

Quorum determination was made by Parliamentarian Susan Brady.
(Attendee roster on has been placed on file with minutes)

New Members and First time conference attendees were presented with corsages.

Secretary's Report

Olga M. Ramos-Wilson

Topic: Approval of the Annual membership meeting minutes from October 29, 1989

Action: Joan Van Neil made the motion that the minutes be accepted as printed in the January issue of the Mid-Eas Dropper, seconded by Phoebe Alfke.

Treasurer's Report

Betty Petrey

Comment/Discussion: The financial report from May 31, 1988-June 1, 1989 was presented.

Profits from the November seminar in Charleston, W. Va. was \$5,494.23.

LL&E Royalties have been sold for \$2,100.82 as announced at the November membership meeting.

The Putnam High Yield Trust Fund of 304 shares which the MidEast had been directed to divest are currently being sold. The assets will be deposited in our Advest Brokerage Firm account.

Regional Trustee Report

Joyce Hawley

Comments/Discussion: Membership Directory from IAET will be published later this summer

The IAET membership committee met and recommended that the position of chairperson continue to be a Regional Trustee. This committee will also be developing a standardized information packet for new members.

Current statistics from Central office are different from those which were received by the Regional membership chairperson. Mideast membership is 240, the decrease in membership has affected our representation at the House of Delegates.

Members were encouraged to complete the IAET Membership Survey before leaving conference.

A **gift presentation** was made to show the Region's appreciation for Joyce's commitment.

Committee Reports

Mid-East By-Laws

Rosemarie Van Ingen

Topic: Proposed By-law changes

Article III- Membership

Section I-Classification

E. Honorary Membership

Action: Rosemarie Van Ingen moved we accept the by-law as read, seconded by Sharon Ballard. Motion carried

Article XIV-Affiliate Group Organization

Section I-Affiliate Group

Action: Rosemarie Van Ingen moved we accept the by-law as read, seconded by

Deanna Peters. Motion carried.

Section II-Affiliate Control

Action: Rosemarie Van Ingen moved we accept the by-law as read, seconded by Nancy Rioux. Motion carried

By-laws have been placed on a CPT computer disc at a cost of \$310.00.

IAET Proposed By-laws

Rosemarie Van Ingen

Many members verbalized that they had not received their Pre-Conference booklet with these by-laws thirty days before the Conference.

Introduction of Presidential candidate, Kristy Wright.

Article IV-Meeting

Section 5-Directors Special Meeting

Comment: Provides for convening a special Board of Directors Meeting in addition to the three regularly scheduled meetings

Action: Rosemarie Van Ingen moved we accept this by-law as read, seconded by Jane Beerck. Motion carried.

Article VII- Board of Directors

Section 4-Vacancy

Comment: Provides an explanation for the purposes of re-electing a Trustee should the office become vacant before completion of the term.

Action: Rosemarie Van Ingen moved this by-law be accepted as read, seconded by Sharlene Kennedy.

Article VIII-House of Delegates

Section I-Composition

Comment/Discussion: Concern was verbalized regarding voting by IAET and ETNEP representative.

Voting was tabled until clarification was received by Joyce Hawley who attended IAET Board Meeting.

Article IX-Committees
Section 5- The Standing Committees
Comment/Discussion: Addition of Ethic Committee as a Standing Committee.

Action: Rosemarie Van Ingen moved this by-law be accepted as read, seconded Bob Trout.

Bonnie Bolinger presented the Mid-East with a check of \$100.00 for The Excellence in Writing Award.

Glenda Motta presented a \$500.00 grant to the Mid-East for Incontinence education.

Introduction of Nancy Faller, presidential candidate and Nancy Gomez, vice-presidential candidate. Their goal is increase in communication within the organization.

Continuing Education

Patrice Sprung: present
No report

Fundraising

Olga Cameron
Comment/Discussion: Profits from the raffle and items sold at the conference help to fund our scholarship and sending youths to the UOA Youth Rally.

Government Affairs Committee

Olga Cameron
Comment/Discussion: Sherry Ballard and Olga reviewed information which they will include in the G.A.C. operational manual.

Olga hosted the Michigan Nurses Coalition in May
Agenda included : Project Muscle, Medicare cuts, Breast Cancer control bill, Registered Care Technologist and Encroachment Issue.

Membership

Crina Flourta
Comment/Discussion: Current MidEast Membership is 240.

Due to technical difficulties the Directory has not been completed.

Nomination:

Nancy Riox
Comment/Discussion: Candidates for the November election:

Treasure: Sharlene Kennedy

Betty Petrey

Jo Marion

Trustee: Phyllis Brown

Operational Manual

Brenda Kerschbaum
Comment/Discussion: Guidelines for reimbursement will be distributed.

Newsletter

Sandy Duda
Comment/Discussion: Members should contact her with any change of address.

Publication of four(4) Newsletter per year will continue.

Delegates

Jane Beerck

Comment/Discussion: Seven delegates and two alternates were in attendance at the meeting

Historian

Pam Stigler

Comment/ Discussion: Historical chronicles have been updated

Introduction of Vice-presidential candidate Ruth Bryant.

Deanna Peters was introduced as the Regional Trustee

Special Committee**Newsletter Funding**

Sharlene Kennedy

Comment/Discussion: \$475.00 have been received in ads for the newsletter
She encouraged members to solicit ads in their community.

Youth Rally

Susan Brady

Comment/Discussion: 3 youths will be attending from Indiana.

Financial Task Force

Betty Petry

Comment/Discussion: Dues reimbursement from National amounts to \$2,928.00

Excellence In Writing Award

Karen Grandy

Comment/Discussion: This award will be made at the November meeting.

Unfinished Business**Annual Conference: November 2,3,and 4**

Sue Sinkovic

Comment/Discussion: Meeting will be held at the Holiday Inn Perrysburg.

Scholarship for 1988-1989

Karen Granby

Comment: Advance Degree for 1988 was awarded to Barb Montgomery.
Constance Anthony received the Bernadette Smith Award.

MidEast Questionnaire results will be published in the MID-EAS Dropper.

Sharon Ballard thanked the membership for the opportunity to attend the Nurse in Washington Internship. She will be making a presentation of her experience at the November Conference.

Conflict of Interest Position Statement was presented by Joyce Hawley.

Action: Kathleen Wood moved that the Delegates be directed to vote in favor of the Conflict of Interest Position Statement,seconded Sharlene Kennedy

Comment/Discussion: Members felt that it was important to attend the educational session on the position statement.

Action: Carol Mibok moved that after attendance of the educational session, that Mideast region members contact our delegate chairperson with their concerns or intent in writing, seconded by Sharon Ballard.

Proposed Budget for 1989-1990

Betty Petrey


Comment/Discussion: Review and explanations of revisions were made.

Action: Since a quorum was no longer present, the Proposed Budget will be reintroduced at the Annual Meeting in November for approval.

Meeting adjourned at 6:15 p.m.

Respectfully submitted,

Olga M. Ramos-Wilson
Olga M. Ramos-Wilson, CETN



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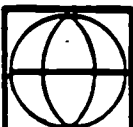
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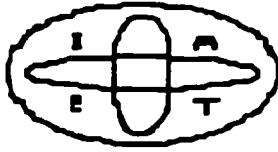
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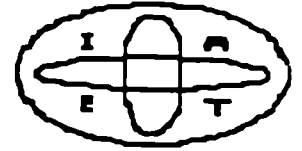
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Results of 1988 MidEast Membership Questionnaire Questions 6-8 (Conclusion)



6. What would be the best way to enhance communication between already organized ET nurse groups?

Join State speciality nurse organizations.

Rotate meeting sites in each state.

Communication is OK, it's the competitiveness that keeps the ET nurses from supporting one another.

Encourage each group to do record keeping (minutes), and send the MidEast Region President a copy. This information would keep the President better informed and in a more timely fashion, then the President could directly communicate with a particular group if desired.

Regular scheduled meetings with an agenda.

Dropper should be shorter and come sooner--often old news.

Be sure to send report of meetings in the **Dropper**.

Educational devices could be offered to groups at reasonable prices.

Co-host educational seminars/programs.

"Special Edition" of newsletter or phone tree if issue is urgent.

Section in **Dropper** to promote workshops in geographic areas.

Council type program.

Phone calls if an emergency or need to communicate fast.

Local groups could be listed in the **Dropper** according to their area, and the name of ET nurses responsible to contact in order to share happenings specific to own group.

Invite neighboring area ET nurses to join for meetings.

Meeting of representatives from each group with officers 1-2 times a year.

Phone tree.

Make better use of **Dropper** as communicative tool.

It depends on the ET nurse group! Local ET nurses use flyers and postcards, National ET nurses use publications and brochures, Regional ET nurses use flyers and newsletters with occasional postcards.

Regional meetings--More of us could go if it were over a weekend. Difficult to get time off any more, too busy.

Have one person from each group designated as a communication officer and send or call all communications to them.

Send copy of meeting minutes to the other groups.

Sharing program objectives and ideas.

Coordinating and standardizing teaching methods and ideas within local geographical areas.

Assign one person as a reporter.

ET nurses who practice in isolation should get themselves on mailing lists of some of the other groups and maintain phone contact too. Regional meetings are good places to network, also "reps" sometimes provide some of that information.

Possibly invite outside ET nurses to participate in programs.

Let groups know they can function as a committee--someone in the group has to accept leadership role in order to coordinate functions.

Regional President could ask a group to take over a project or committee.

7. What would be the best way to communicate these "ET Nurse Groups" to those who do not attend?

Periodically (twice a year) publish a list of the local ET nurse groups in the Dropper. Include meeting schedule and contact person.



Coloplast

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Tampa, Florida 33634

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Notify one month prior and present yearly schedule of meetings (location, topics, etc.).

Getting those who don't attend to give a program, therefore include them in some way.

Invitations to meetings.

Ad in newsletter.

Personal letter or phone call to those who do not attend.

Canvass for additional members.

Use the JET

Send minutes from meeting to those unable to attend.

Perhaps a directory of the informal groups such as SE Mich., West. Mich., Toledo Area, with the information on how often they meet, and the suggestion that contacting any ET nurse in that area should get them included.

Obtain active member names and associate member names--mail out newsletter or updated information to them on a quarterly basis.

8. How do you feel the MidEast Region can improve?

Communication and membership drive.

Get new people in. Old members do not support all members (same people in office year after year, they just change offices).

Not very friendly when we do meet. Make newer people feel welcome. Very cliquy feeling.

Future Planning Committee to determine best way to use our monies for our membership (education as well as those we serve).

I feel it is an excellent group, always helpful to me.

I wish there were a form of identification Associate members could wear.

Encourage full participating from all States.

Increase frequency of newsletters to help with cohesiveness.

Continue to encourage ET nurses to become involved on committees, run for office, etc. I think the personal approach in seeking people to become involved can be an effective, albeit time-consuming way to encourage participation.

More co-hesiveness, participation, sharing with less criticism of our peers.

Make Regional meetings more brief.

Members not very friendly, or maybe outgoing, to newer people.

Programs of interest to everyone.

New members to run for National offices so we feel our voice is heard.

You're doing a good job--keep it up.

Do not delete the July newsletter, those attending need to be kept informed.

Improve communications, publications, membership-needs updating.

Small group meetings are great. Need to publish dates, etc., when they meet.

Cheaper conferences because if I spend my vacation time and money to go to National conference, I can't afford Regional meetings too.

Try to get Kentucky, Indiana, and West Virginia more involved.

Continue the dedication and enthusiasm.

Bi-annual Regional meetings.

Regional mini-meeting in addition to official Regional meeting. Possibly one in spring.

You may need a reporter from the Bluegrass Area ET nurse group.

To me, the MidEast region is fine.

Summarized by
Deanna Peters, RN, CETN

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Pre-Conference IAET Board "Highlights"

A Wish List has been compiled by IAET and Regions are being asked to consider supporting an item of their interest. The list is made up of proposed projects; for example, ongoing funds for Standards.

1990 Conference Site will be in Las Vegas. Location is next door to Caesars Palace at the MIRAGE. Rate will be \$68.00/night. June 12-15.

ET Nurse day is always the 3rd Wednesday of April. In 1990 it is planned for April 18th. In the future, only new members will receive a complete promotional packet regarding ET Nurse day. Other members are asked to save the information for future reference. A memo will be sent, however, to each member prior to the event.

After 1990, Certification is not going to be planned in conjunction with conference. 188 are taking the exam this time, of which

73 are being recertified. Future applicants must produce a copy of their graduation certificate from an approved school prior to taking the exam. Gold pins are now available to all board certified ET nurses. Cost is \$30.00

Concerns share regarding "Job security for ET Nurses"

1. Need research data to support cost effectiveness.
2. Need data shared regarding reasons to retain ET Nurses.
3. Need to know how to write proposals to our administrators and learn the language to convince of need for retention of ET nurses within the institutions.

IAET name change proposed. Reasons submitted to justify changing:

1. Identity problems.
2. IAET doesn't state "nursing" as an important entity. General feeling was that the word "nursing" should be stated.
3. Suggested saying - E.T. Nursing Journal instead of Journal of Enterostomal Therapy.
4. ~~JET~~ publisher recommended selecting a general title to "cover" wound care and incontinence as well as stomal therapy.
5. Was proposed to state on front of ~~JET~~, the statement of purpose of journal.

Alternative Pathways proposed for entry into ET Nursing training (See Alternative Pathway Recommendation)

1. Plan is to implement by January 1, 1990.
2. Currently there are 8 ETNEP programs.

ETNEP DIRECTORS RECOMMENDATION

FOR ALTERNATIVE ENTRY PATHWAY

The ETNEP Directors recommend the establishment of an alternative to the baccalaureate degree with a major in nursing requirement for admission into an ETNEP. The proposed alternative pathway is as follows:

Requirements:

1. RN
2. Baccalaureate Degree (or)
3. Demonstration of Baccalaureate nursing competencies to include:
 - Health Assessment
 - Community Health Nursing
 - Leadership/Management
 - Systematic Investigation

Baccalaureate nursing competencies may be demonstrated by either:

1. Satisfactory completion of course work for college credit, documented by transcript, or
2. Satisfactory completion of approved baccalaureate achievement tests (e.g., NLN Mobility Profile; ACT-PEP)
3. Masters in nursing without baccalaureate in nursing.

The process for admission approval is as follows:

1. Submission of portfolio demonstrating achievement of competencies.
2. Review by committee composed of two ETNEP directors and one member of the Accreditation Committee.

"Highlights of" Post Conference Board Meeting of IAET

1. Proposed dates for 1990 conference -- June 11 - 15 will be held in Las Vegas at the "Mirage".

2. Alternative Entry Pathway was approved by the Board.

a. Data collected was analyzed by a task force.

b. Reasons considered:

*Nursing shortage.

*Concern for viability of organization.

*To allow rural nurses entry.

3. Association name change will be placed on agenda for Executive Work session.

4. Ethics Committee -- recommended as a standing committee.

a. Proposed composition is 5 "full members".

b. President will appoint a chairperson.

c. Names of committee members will be solicited by Nominations Chairman, and 4 members selected by "lottery drawing".

d. Committee will be asked to consider an advisory panel consisting of:

Clergy

Attorney

Ethicist

e. Committee will be provided with House of Delegates recommendations, and will report back to Board at Semi-Annual meeting.

5. IOA Magazine -- IOA can no longer afford postage to send magazine and will stop automatic mailing at the end of 1989. IOA asked IAET to distribute the

magazine if it were provided free to the association. Approximate cost to distribute is \$800/issue two times per year. Due to budget constraints, IAET will not assume cost of taking over the mailing.

Report to MidEast Region

by: Deanna Peters, RN, CETN
Regional Trustee

My sincere thanks to the Region, for electing me to represent you on the IAET Board. The pre and post conference board meetings proved to be most interesting. Many issues were presented and plans for resolution made.

My committee assignment on the IAET Board is that of Scholarship. This is a change from what was originally assigned to me at the post conference meeting. Originally I was appointed to be "chair" of the Standards Committee.

A transition meeting was held with Margaret Minogue, the previous Scholarship Chairman, on August 18th. I went to Duluth, Minnesota, to review all the financial records as well as finalize the appointment of committee members. I encourage all of you to consider furthering your education, and making application for financial assistance.

As I'm updating my report to you, (August 27) I'm flying over the Grand Canyon and Denver, Colorado, on my return flight from Irvine, California. Kristy Wright, IAET President phoned me two weeks ago and requested that I make

arrangements to meet with Fred Droz to address Scholarship concerns. This meeting proved to be very productive and beneficial for both of us.

Upon my return home, I will be processing 4 Advanced Degree and 11 ETNEP applications. In addition to this, many policy and procedure revisions will be written to present to the Board in February.

Consideration is being given to change the application and evaluation tool. My goal is to streamline the process and facilitate the awarding of funds to the recipient.

My committee assignment is indeed challenging and will provide me with a tremendous learning experience.

The IAET Board of Directors was asked to select goals for 1989-1990 in order to determine the direction the IAET will take for the next year. **Priority goals selected were:**

- * Promotion and justification of the speciality of ET Nursing.
- * Educating ET Nurses to the full scope of practice with the initial emphasis on wound care.

General items of interest:

Board Certification -

- a) is voluntary
- b) is nationally recognized
- c) requires completion of IAET accredited school prior to making application to take exam
- d) certification is good for 5 years
- e) test will be scheduled separate from IAET convention

f) certification ensures credibility and protects the consumer

Each year the Board considers CEU's as a possible option, but don't feel it is equivalent to the formalized testing requirements.

g) the exam measures continued competency of practice and the standards are set by testing corporation

h) cost of Certification exam -- \$145.00-\$200.00

CEU option (\$75-\$100 per contact hour = comparison equivalent)- Estimated cost over 5 years is \$750.00

i) "Grace period allowed only if fail exam

(1) 6 months time limit, but must take and pass

***This only applies to recertification status**

Ways to prepare for Certification-

- a) If currently practicing as an ET nurse, you won't need review of utilizing 75% of practice time
- b) Certification Handbook available for candidates
- c) Review Journal Articles
- d) Study guides cannot be provided by ETNCB
- e) IAET can provide review sessions.



FIDELITY

Prescriptions

42 Wyoming Street
Dayton, Ohio 45409

513/224-1157

Facts:

- *New York offers \$1000 perk for certification
- *Many institutions reimburse for cost of exam
- *First certification exam offered in 1979 (64 took exam)
- *Skin, incontinence material added to test material in 1986
- *In 1989, 188 took the exam. Seventy-three of these persons were recertifying.
- *There are 1300 Certified ET Nurses
- *90% of ET nurses are members of IAET
- *90% of those who take the exam pass it

Proposed exam dates-

November 11, 1989

June 9, 1990

November 10, 1990

Rationale for removing exam from IAET Conference location: 1) Dates of conference not always known 2-3 years in advance, and test dates must be set that far in advance.

*Concern expressed regarding financial limitations if date is spearated from IAET Conference.

*Possibility of setting the date in conjunction with Regional Meetings was suggested.

Committee Reports

By-Laws Report: By-Laws are up-to-date and on a CPT computer disc.

We now have IAET "Guidelines on the Development of Regional Affiliates". All officers will receive a copy to be placed in the Region Operational Manual with the By-Laws.

Copies of current By-Laws will be available at the Regional meeting in Toledo.

Proposed By-Law Revision

Current By-Law: Article IV-Meetings, Section II-Quorum

At an annual or special meeting of the members, a quorum shall consist of fifty percent (50%) of those active members attending said meeting, providing that not less than fifteen (15) active members are present.

Proposed By-Law: Article IV-Meetings, Section II-Quorum

A quorum for the transaction of business at a meeting held by MidEast Region members shall consist of fifty percent (50%) of those active members attending said meeting. After the meeting has opened for business, a diminishing number of voting members shall not affect the quorum.

Rationale: Provides for continuation of regional business.

Submitted by:

Rose-Marie Van Ingen, BS, CETN
Chair, By-Laws Committee

Government Affairs: No report

Budget and Finance: (see attached)



MIDEAST REGION IAET
FINANCIAL REPORT
May 31, 1988 - June 1, 1989



REVENUE:

Newsletter Ads	\$ 150.00
Interest	850.95
Dues	2967.33
Seminar	5494.23
Fund Raising	2526.00
Misc.--LL&E Royalty	2100.82

TOTAL \$14,119.33

EXPENSES:

Newsletter	
Printing	\$1247.15
Typing and Assembly	396.15
Postage	536.19
Advertising Expense	20.00
Regional Work	
Typing and Printing	464.98
Postage	81.86
Scholarship	
National	250.00
Regional	550.00
Conference	
Travel	2725.20
Lodging	1490.26
Per Diem	870.00
Meeting Room and Misc.	764.37
Delegate and Committee Ch.	850.00
Youth Conference	921.00
Fund Raising	2201.00
Miscellaneous	247.19

TOTAL \$13,615.35

Balance in Advest Brokerage Account April 25, 1989

TOTAL \$11,093.66

Putnam High Yield Trust shares totaling 304 are being sold at market value.
The monies will be deposited with our Advest Brokerage Firm.

Elizabeth Petrey

Budget approved by MidEast Board. Membership will vote on Budget at November meeting.



MIDEAST REGION IAET PROPOSED BUDGET



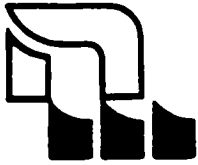
June 1, 1989, to May 31, 1990

REVENUE:

Newsletter Ads	\$ 500.00
Dues	3,000.00
Interest	1,000.00
Seminar	2,500.00
Fund Raiser	3,000.00
TOTAL	\$10,000.00

EXPENSES:

Newsletter (4)	\$ 3,500.00
General Regional Work	1,000.00
Scholarship	
IAET	1,000.00
W.C.E.T.	250.00
Regional	
Nurse Intern-Washington	1,500.00
Conference	
Travel, Lodging, Per Diem	5,000.00
Delegate	400.00
Committee Chair	600.00
Historian	100.00
U.O.A. Youth Rally	
Youth	750.00
ET	500.00
Committee Expenses	
By-Laws	350.00
Nominating	50.00
Operation Manual	50.00
Government Affairs	100.00
Fund Raising	2,000.00
Membership Directory	2,000.00
TOTAL	\$19,150.00



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Continuing Education Report:

Patrice Sprung has resigned as C.E. Committee Chairperson. I would like to thank her for her efforts as C.E. Chair. Anyone interested in becoming a member or the Chair of this committee, please contact Karen Granby.

Public Relations: No report.

Membership: The MidEast Region directory is typed and ready for the printers. M. Spencer, RN, CETN, Chair, Membership Committee

Publications: *Printing deadlines:*

**January 15, 1990; April 9, 1990;
July 9, 1990; September 3, 1990.**

Please submit any "news", either personal or professional, for inclusion in our newsletter. We want to be responsive to your needs; please keep us informed so we can share with the rest of the region. Thanks to all who have contributed to the newsletter this past year. Sandy and I feel pleased with the strides we have made; it only happened with your support and contributions.

Nominating Committee: Current slate of candidates for November 1989 Election:

Treasurer (1)

Betty Petrey (OH)
Sharlene Kennedy (MI)
Jo Marion (MI) (withdrawn)

Board of Trustees (2)

Barbara Montgomery (OH)
Phyllis Brown (OH)

Delegates (8)

Dorothy Best (OH)
Joy Cline (WV)
Dorothy Culp (OH)
Linda Harlan (OH)
Carol Hepp (MI)
Adrian Miller (OH)

Additional candidates may be added to the ballot. Members in good standing for at least one year prior to the elections are encouraged to run for office. No person shall be nominated for office unless such person has agreed in writing to serve if elected, and no person shall be nominated from the floor unless such person is present and orally consents to serve if elected; or, if not present, has agreed in writing to serve if elected.

I suggest a candidate not present choose someone who will be present to speak in their behalf.

Kentucky and Indiana: **Where are you?** The present list of candidates are from Ohio, Michigan, and West Virginia. We would love to hear from Kentucky and Indiana too.

Thanks again, see you in Toledo
Nancy Rioux, RN, CETN



Election Information Resumes of Candidates

Reelect Betty Petrey, Treasurer

I have served as MidEast Region Treasurer for one term and would appreciate your vote in November for reelection as Treasurer.

During my term as Treasurer, the region was instructed by national office to divest ourselves of securities investments. I accomplished this with the help of our Advesk bank consultant. Our monies are in a high interest savings account.

I am a Board Certified ET Nurse and am employed by Firelands Community Hospital in Sandusky, Ohio.

When reelected I pledge to look to the region's best "interest" and continue to be an active board member dedicated to the growth and prosperity of the MidEast Region.

Thank you for your consideration.

Betty Petrey, RN, CETN.

Candidate for Treasurer

I have served our Region as a delegate several years. I have attended the National and Regional meetings yearly since I graduated in 1982. I have been a trustee for the past two years and have enjoyed the responsibility tremendously. I would now like to serve the MidEast Region in the capacity of Treasurer.

I have served you as a trusted trustee. Now please trust me as your Treasurer.

I hope to see everyone in Toledo. It looks like it will be a great program. Have a great summer.

Sharelene Kennedy

26

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Election Information Resumes of Candidates

Delegates

I am in independent ET nursing practice in Toledo, Ohio and have been an ET for eight years. I graduated from the Harrisburg Hospital ET School and am currently Board Certified. I have been a delegate before and feel that with this experience I have a lot to offer the membership, i.e. good understanding of board workings (National); logic behind Board decisions, etc. I am a member of the Government Affairs Committee and have been for several years. I feel this committee is vital to the future of health care and that of ET nurses as well as all nurses. I look forward to serving the membership as a delegate.

Thanks, Dorothy Best, RN, CETN

First of all, I wish to thank all of you for giving me the opportunity to serve as delegate from our MidEast Region at the 1989 Washington, D.C., convention. I enjoyed the experience and learned a lot.

I have submitted my name to be placed on the ballot for delegate to the 1990 convention. I am able and eager to serve the Region in this capacity.

I serve as secretary of the local Tri-State ET organization based out of Charleston, WV. I have not missed a local meeting since I have been an ET nurse; as a result, I feel that I know how the local ET nurses feel about issues and can represent them as a delegate from WV in an effective manner.

I graduated with a Diploma in nursing from Charleston General Hospital School of Nursing, Charleston, WV, in 1966, BSN from Marshall University, Huntington, WV, in 1986, Rupert B. Turnbull School of Enterostomal Therapy, Cleveland, OH, in 1987. I became certified in ET Nursing in 1988.

My work experience prior to ET Nursing was mainly in the administrative field. I have been a Head Nurse, Supervisor, Assistant Director of Nurses, and Director of Nurses.

I would appreciate your vote, and promise if elected, to do my best to represent the Region as a delegate in 1990.

Joy Cline, RN, BSN, CETN



Election Information Resumes of Candidates

Delegate

I would like to again serve as a MidEast Region Delegate to the IAET National. I have served as a delegate the past two years and I feel I have represented the region on issues of debate and topics of concern.

Since I have joined the IAET, I have attended all National meetings and my record should indicate concern for our region. Thank you for your attention.
Adrian J. Miller, RN, BSN, CETN

I would like to serve as a delegate for the MidEast Region at the National IAET.

I graduated from the Rupert B. Turnbull School of Enterostomal Therapy in 1983. I have served as a reporter for the Southwest Michigan region for the past two years. I'm currently employed at Blodgett Memorial Medical Center in Grand Rapids, Michigan, as a CETN.

Carol Hepp, BSN, CETN

Trustee

I am running for reelection as trustee. I have been an ET and a member of the MidEast Region since 1976. I served in several offices of the Region as Trustee, Editor of the Newsletter, Treasurer, and Trustee in charge of fund raising, and Public Relations.

I've served the region with a serious commitment to its benefit and would like to continue for another term as trustee.

Barbara Montgomery, RN, CETN

I have served our Region (Tri-State area) as a reporter for the MidEas Dropper for the past two years. I am currently on the Nominations Committee.

I graduated from OSU School of Nursing with a BSN. In 1983, I graduated from the Rupert B. Turnbull School of Enterostomal Therapy. I became certified in 1984. I am currently employed as an ET Nurse at the Holzer Medical Center in Gallipolis, Ohio.

I would like to serve our region as a Trustee. Thank you for your support.

Phyllis Brown, BSN, CETN

Special Committees

Operations Manual: No report.

Youth Rally:

Dear Youth Rally Contributor,

On behalf of the Youth Rally participants, Youth Rally counselors, and Youth Rally chairperson, Peggy Christ, may I offer my sincer thanks for your part in the 1989 United Ostomy Association Youth Rally. Over 100 youths were able to spend a great time in San Diego (and even learn some new things) because of your generosity. Many of these children's lives were radically improved because they realized that "they are not alone."

Please accept this certificate as a small token of our appreication. Thank you so much for reaching out to others to help them live independently tomorrow.

Yours with UOA,

Mary Jane Wolfe
UOA Youth Committee Chair

The youths our region sponsored were:

Crystal, age 15; has had an ileostomy since 1987.
Timothy, age 15, has had a colostomy since 1988.
Both are from Indiana.

Also, our region found two scholarships through the UOA for two more youths from our region:

Aaron, 10 years old with a colostomy and in a wheelchair (born without legs), from Indiana; and

Matt, with an ileostomy (permanent) and short leg braces, from Ohio.

I want to thank all those who sent in names of youths.

Please start thinking early of more youths for next year. Next year's rally will be in the Catskills in New York.

Thanks again,
Sue Brady, RN, CETN,
Youth RAlly Chair

7-16-89



Dear Sponsors,

Let thank you very much ~~for~~ in letting me come on the trip. I have enjoyed everything - Thank you...

Jim



Dear Sir,
I'd like to thank you for sponsoring my trip to San Diego. It was a wonderful trip.

Thank you,
Crystal

Share-Projects: No report

Newsletter Fundraising: No report

Fundraising: The auction scheduled for the fall symposium has been cancelled. Please submit arts and crafts to be raffled. B. Montgomery, RN, ET, Fundraising Chair



Around the Region

Southwest Michigan Enterostomal Therapy Nurses Group

Fifteen ET Nurses from Michigan and Indiana will be taking the certification exam in Grand Rapids in November. In preparation for this we are organizing our own review course to be held September 23 at Blodgett Memorial Medical Center.

Our next area meeting will be held October 18 in Stevensville. Donna Pennington will host a presentation on Pyoderma Gangrenosa. Carol Hepp, BSN, CETN

Southeastern Michigan ET Nurses and Ostomy Specialists

Marilyn Ehrlich, RN, ET, hosted our August 16 meeting at the University of Michigan Hospitals. The afternoon was paced full of interesting speakers presenting topics ranging from "Cutaneous Manifestations of the Collagen Vascular Diseases" by Dr. McCune to "Pull-Through Options" by Dr. Eckhauser. Case studies were presented by Dr. Burney and Phyllis Erb related to wound management. Dr.

Bolton, from Convatec, gave a presentation on her research titled "Scientific Rationale for the use of Occlusive Dressings". Barb Lewis presented a case study on a patient she followed with peristomal skin problems that was later diagnosed by a local dermatologist as Degos' Disease. (Roenigk, H. & Farmer, R. Degos' Disease (Malignant Papulosis), *JAMA*, Vol.206, No. 7. November 11, 1968, 1508-1514.) Thank you Marilyn for lunch and the tremendously educational afternoon program.

Our group has a new member who traveled all the way from Toronto to network with other ET nurses: **Mary McCaffrey**, RN, ET, 15 Greenwood Drive, Apt. 9, Stratford, Ontario, N5A 7K1. Mary just completed her ET nurse training and is to be commended for driving such a long way to spend an afternoon with our group. Welcome.

I just received a very well put together educational kit with slides, script and flip chart titled: "Working with the Incontinent". The kit is free from the Kimberly-Clark Corporation and one that I discovered last June when I attended my first national IAET conference. So I thought I would pass it along to those ET nurses unable to attend. Call 1-800-558-6423 to receive your free it.

Next meeting in December at Mt. Carmel Hospital in Detroit, Michigan. Hosted by Julianne Stroud, RN, ET. B. Diane Singer, BSN, RN, CETN

No reports received from Ohio, Indiana, West Virginia, or Kentucky.

PINS FOR SALE

As a PR project for ET Nurse Day, the New England Region had pins made for all its members. They read:

I'm an ET Nurse

Ask me what I do

This pins were sold at the IAET meeting in DC, but sold out quickly. They are now available by mail, at \$3.00 each, including postage. Checks should be made out to the New England Region IAET. Nancy A. Faller, RN, ET, RR#1, Box #3146, Mendon, VT 05701.

Thanks - Thanks - Thanks

I would like to thank all of you for your support during my illness. Your calls and cards were much appreciated and especially the "special" care package I received from conference -- What a neat surprise.

Thanks for caring and sharing your "warm fuzzies". I'm looking forward to seeing you all in Toledo.

Barbara Montgomery

Conference News

Conference time is at hand and Toledo is extending an invitation to all of you MidEast ET's to come and share in the good things we've planned on November 2, 3, and 4. The theme is, ***"Holy Toledo: It's Tubes, Drains, and Management Pains"***.

Some highlights of the conference will be:

Thursday: Board meeting from 12:00 to 5:00 p.m.

Grand Opening from 7:00 to 9:00 p.m.

Friday: If enough interest is shown, makers of Tranquility incontinence products will conduct a tour of their plant to observe the various stages of manufacturing. So be sure to check the appropriate box on your registration brochure if you are interested.

Saturday: Helpful hints for use of photography in ET nursing.

Business meeting -- Out by 12:00 noon.

Come share with us! Mary Lou Measles

Calendar of Events

Wound Repair: Advances in Research Theory & Clinical Practice
October 13 - 14, 1989

St. Paul, Minnesota

Sponsored by Abbott Northwestern ET Nursing Educational Program

Annual MidEast Region Conference

Toledo, Ohio

Thursday, November 2, 1989 Open Board Meeting

12:00 p.m. - 5:00 p.m. Lunch Provided

Friday, November 3, 1989


8:00 a.m. to 5:00 p.m. Tubes, Drains and Management Pains

Saturday, November 4, 1989

8:00 - 9:00 a.m. Medical Photography

9:00 a.m. - 12:00 p.m. Business Meeting and Election of Officers

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Tubes, Drains and Management Pains

Thursday, November 2, 1989

- 12:00 - 5:00 p.m. Mideast Regional Board Meeting (Lunch Provided)
3:00 - 7:00 p.m. Early Registration
7:00 - 9:00 p.m. Grand Opening of Exhibits
Welcome Reception Sponsored by S.S.I.

Friday, November 3, 1989

Tubes, Drains, and Management Pains

- 7:00 - 8:00 a.m. Registration: Continental Breakfast; EXHIBITS OPEN
8:15 - 8:30 a.m. Welcome
8:30 - 9:45 a.m. The Fundamentals of Incisions, Tubes, Drains, and Fistulas
Gerold Stark, M.D.
9:45 - 10:15 a.m. Break; EXHIBITS OPEN
10:15 - 11:30 a.m. Gerontological Nursing Considerations for the Older Surgical Patient
Debra Buchman, M.S., R.N., C.
11:30 - 1:00 p.m. Luncheon: EXHIBITS OPEN
1:00 - 2:00 p.m. Abdominal Assessment of the Surgical Patient
Yvette Petti, R.N., B.S.N., M.Ed.
2:00 - 3:00 p.m. Workshops:
A. Government Affairs Committee Presentation
Olga Cameron, R.N., E.T.; Sharon Ballard, R.N., E.T.
B. Case Presentations of Incision/Wound Care Techniques:
Gastrostomy Tube Management
Diane Singer, R.N., B.S.N., E.T.
Pharyngeal Fistula Management
Adrian Miller, R.N., B.S.N., C.E.T.N.
Wound Care Today and Tomorrow
Marilyn Spencer, B.S.P.A., R.N., C.E.T.N.
Management of a Dehised Wound
Rose Marie VanIngen, C.E.T.N.
C. G.U. Tubes and Drains
Nancy Jasin, R.N., B.Ed.
3:00 - 3:30 p.m. Break; EXHIBITS OPEN
3:30 - 4:30 p.m. Workshops A, B, C (repeated as above)
4:30 - 5:00 p.m. Evaluation; CEUs; Adjournment
8:00 - 11:00 p.m. Festivity Sponsored by Convatec

Saturday, November 4, 1989

- 7:00 - 8:00 a.m. Breakfast Buffet
8:00 - 9:00 a.m. Photography and Nursing
Adrian Miller, R.N., B.S.N., C.E.T.N.
9:00 - 9:30 a.m. Break
9:30 - 12:00 p.m. Mideast Regional Business Meeting