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Name, Address or Employment Change?

Date: _____

Name: _____

Home Address: _____
(First Name, Last Name, Previous Name)

City/State/Zip: _____

Employment: _____

Work Address: _____

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Phone (Home #): _____

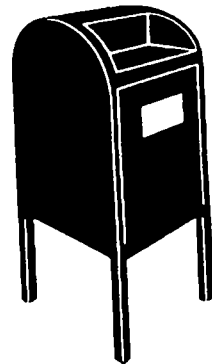
(Employment #): _____

Professional Status: _____

Do you wish change published in DROPPER? Yes No

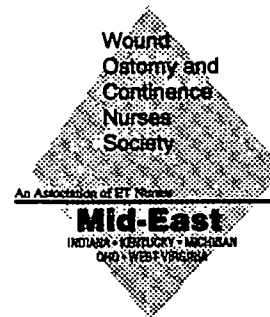
(Your Signature)

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St. Lukes Hospital
700 Cooper Avenue
Saginaw, MI 48602



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St. Luke's Hospital
700 Cooper Avenue
Saginaw, MI 48602

Mrs. Margaret Valmassoi, RN, CETN
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Cincinnati OH 45227



MID-EAS DROPPER

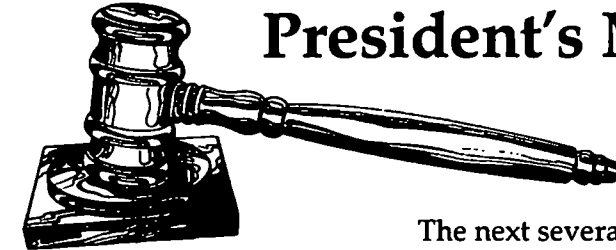
Michigan, Ohio, Kentucky, West Virginia, Indiana

Volume XXVIII

February 1995

No. 11

President's Message



It is hard to believe 1995 is already upon us.

The next several years are going to be full of challenges and opportunities for all of us. Based on the recent election, it is difficult to determine how changes in Congressional leadership will affect healthcare and the role of nurses. As strong advocates of individuals with wounds, ostomies, or incontinence, MidEast Region members need to let government officials know how important our role is to achieving cost effective care. We have an enormous task ahead of us! Need and opportunities abound in all practice settings for E.T. nurses, as well as those nurses focusing in specific areas of E.T. nursing practice. Everywhere there are still patients with ostomies in need of proper fitting and support. It never ceases to amaze me how even basic ostomy care is not adequately provided in many urban, suburban and rural centers.

One approach to meet those needs is to develop outreach programs. In Texas, Beverly Hampton and colleagues take their van on the road to rural communities to teach nurses the basics of ostomy, wound and continence management. I know what you are probably thinking. "I can barely get through my work day with patients, projects, and papers, At night, my family or schooling takes up what little time I have left. How on earth can I take on more responsibility?"

This is where I envision our Region being able to help. Over the course of the year, we can identify areas within the Region to hold workshops for nurses in the community. We need to target nurses who work in acute, ambulatory, home and long term care. By sharing our knowledge and expertise we will make the role of the E.T. or Wound, Ostomy, Continence Specialist nurse even more valuable. If we develop a workshop, the same content can be presented at several sites by a variety of MidEast Region members. In order to facilitate accomplishment of members' goals, your Officers and Trustees have proposed a plan to organize and streamline committee and project duties. Our goal is to be sure we are working to meet the needs of MidEast Region members as well as making the job "doable" for the Board and Committee Chairs. Please give us your input. All of your Officers and Board enjoy hearing from you. We are committed to keeping our region viable, active, and relevant.—Paula Erwin-Toth, RN, MSN, CETN

President

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Deerfield, OH 44411
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Trustees:

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1-800-773-6316
FAX (517) 349-3475

(continued on page 2)

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H- (810) 653-7600

Sandy Duda
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W- (216) 931-1355
H- (216) 933-7357

Historian:
Margaret Valmasoi
6256 Vista Ridge Lane
Cincinnati, OH 45227

Nominating:
Terri Boyd
(see previous listing)

STANDING COMMITTEES

Government Affairs:
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Detroit, MI 48227
H- (313) 272-7975

Bernice Huck
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Budget & Finance:
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(see previous listing)

Public Relations:
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Memorial Hospital
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Fremont, OH 43420

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Judy Werner
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H- (313) 886-0464

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Ananias C. Diokno, MD
Beaumont Hospital
Royal Oak, Michigan

Victor Fazio, MD
Cleveland Clinic Foundation
Cleveland, Ohio

W. Patrick Maxier, MD
Ferguson Clinic
Grand Rapids, Michigan

SPECIAL COMMITTEES

Operational Manual:
Sharon Ballard-Krishnan
(See previous listing)

Youth Rally/UOA:
Sharon Ballard-Krishnan
(See previous listing)

Fundraising:
Joan Swickley
St. Elizabeth Hospital
1044 Belmont Ave.
Youngstown, OH 44501
W- (216) 746-7211
H- (216) 654-5362

Newsletter Fundraising:
Sharlene Kennedy
(see previous listing)

Excellence in Writing Award:
Rebecca Roberts
2954 Corydon
Cleveland, OH 44118
(216) 932-0961

ET Nurse of the Year Award:
Sharon Ballard-Krishnan
(See previous listing)

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Present By-Law	Proposed By-Law	Rationale
ARTICLE IV - MEETINGS Section I - Meetings: A meeting of the membership shall be held twice each year at such time and places as shall be determined by the Board of Trustees at the annual membership meeting. Each eligible member shall be notified thereof by written notice at least 30 days prior to the date selected thereof.	ARTICLE IV - MEETINGS Section I - Time and Place: a. A meeting of the membership shall be held twice each year at such time and places as shall be determined by the Board of Trustees at the annual membership meeting. Each eligible member shall be notified thereof by written notice at least 30 days prior to the date selected thereof. b. At either meeting a discussion of issues will be held in a facilitated form by the Board of Directors and the membership. Any matter requiring a vote by the membership will be accompanied by pro and con statements.	All voting will be done on mail
Section II - Quorum: A quorum for the transaction of business at a meeting held by Midwest Region shall consist of fifty percent (50%) of those eligible members attending said meeting. After the meeting has opened for business, a diminishing number of eligible members shall not affect the quorum, providing that not less than fifteen (15) eligible members are present.	Section II - Membership Vote: All matters requiring a vote by the membership shall require a ballot with the matter in the form of a resolution, to be mailed to all eligible voting members. Approval shall be validated only upon the number of votes cast by twenty five (25%) of the eligible voters. It shall be adopted by a majority vote of the ballots returned to the Nominations Chair within thirty (30) days after the date upon which the resolution was mailed. Except By-Laws which require a two thirds (2/3) vote. Votes will be counted, recorded and reported to the Officers and Trustees.	Provides a more efficient method
Section III - Membership Vote: All matters before a membership meeting shall require for a passage a vote of two-thirds of the eligible members present and voting.	Section III - Membership Vote: Delete	
Section V - Voting: Each eligible member shall have one vote per issue at Regional meeting. No vote shall be cast by proxy.	Section V - Voting: Delete	
ARTICLE V - OFFICERS Section I - Officers Elected: Officers of this Region shall be elected at the annual Regional membership meeting and shall consist of the following: President, President-Elect, Secretary, and Treasurer.	ARTICLE V - OFFICERS Section I - Officers Elected: Officers of this Region shall be President, President-Elect, Secretary, and Treasurer.	Housekeeping.
Section IV - Order of Election: President-Elect shall assume the office of President at the second annual Regional meeting following his election as President-Elect. President-Elect, Secretary, one Regional Trustee, and one Trustee shall be elected at the annual Regional meeting on even years. The Treasurer and two Trustees shall be elected at the annual Regional membership meeting on odd years.	Section IV - Order of Election: The President, Treasurer and two Trustees shall be elected on odd years. President-Elect, Secretary, and two Trustees shall be elected on even years. President-Elect shall assume the office of President at the second annual Regional meeting following the election as President-Elect.	Housekeeping.
ARTICLE VI - REGIONAL TRUSTEE	Delete entire ARTICLE VI - REGIONAL TRUSTEE	Housekeeping
ARTICLE VII - BOARD OF TRUSTEES Section I - Membership: The Board of Trustees, in addition to the elected officers, shall consist of the immediate past-President, and four (4) elected Trustees.	ARTICLE VI - BOARD OF TRUSTEES Section I - Membership: The Board of Trustees, in addition to the elected officers, shall consist of the immediate past-President, and four (4) elected Trustees.	Housekeeping
Section II - Time of Election: Two members of the Board of Trustees shall be elected at the annual Regional membership meeting on odd years. One member of the Board of Trustees shall be elected at the annual Regional membership meeting on even years.	Section II - Time of Election: Delete	Housekeeping
Section III - Qualification: No person shall be elected to the Board of Trustees who has not been an eligible member for at least one year immediately prior to election, and who has not consented to serve in writing.	Section III - Qualification: No person shall be elected to the Board of Trustees who has not been an eligible member for at least one year immediately prior to election, and who has not consented to serve in writing. Two (2) Trustees must have educational background of B.S.N. or above.	See Operational Manual for new Regional structure change.
ARTICLE VIII - DELEGATES	Delete entire ARTICLE VIII - DELEGATES	Housekeeping
ARTICLE IX - COMMITTEES Section I - Membership Qualifications: All committee members shall be eligible members of this Region.	Section III - Membership Qualifications: Delete	Housekeeping
ARTICLE X - NOMINATIONS Section II - Qualifications: No person shall be presented by the Nominations Committee unless such person shall have agreed in writing to serve if elected, or if a write-in on the ballot will agree in writing to serve if elected.	ARTICLE X - NOMINATIONS Section II - Qualifications: Persons nominated shall give written consent and acknowledge the qualifications and responsibility for the position nominated for.	Housekeeping
ARTICLE XI - ELECTIONS Section II - Method of Vote: Election of Officers, Trustees and Delegates shall take place by MAIL ballot. Election shall be solely from those persons nominated as set forth in these By-Laws.	ARTICLE XI - ELECTIONS Section II - Method of Vote: Elections shall take place by a mail vote. Election shall be solely for those persons nominated and resolutions as set forth in these bylaws. Each eligible member will be mailed a voters permit and ballot thirty (30) days in advance of a Region meeting. Approval shall be validated only upon the number of votes cast by twenty-five (25%) of the eligible voters. The ballot must be returned to the Nominations Chair at least seven (7) days prior to the meeting.	Housekeeping Clarification in Operational Manual
Section III - Election of Officers: The offices of President-Elect, Secretary, and Regional Trustee shall be voted upon singly in the above order on even years. The office of Treasurer shall be voted upon the odd year.	Section III - Election of Officers: Delete	Redundant Stated in ARTICLE V OFFICERS Section II
Section IV - Election of Trustees: One Trustee shall be elected on even years, and two Trustees shall be elected on odd years.	Section IV - Election of Trustees: Delete	Same as above.
Section V - Declaration of Elected Officers: The candidate receiving the highest number of votes for each office shall be declared elected. Tie votes shall be broken by the drawing of lots.	Section III - Election Results: The person receiving the highest number of votes for each elected office shall be declared elected. Tie voting shall be broken by the drawing of lots.	Housekeeping
ARTICLE XVII - AMENDMENTS Section I - Amendments: These By-Laws may be altered, amended, added to, repealed, or suspended at either the Annual or Semi-Annual Membership Meeting by two-thirds vote of the eligible members present and voting. Such proposed amendments shall be presented by written notice to the eligible membership at least thirty(30) days prior to the meeting.	ARTICLE XVII - AMENDMENTS Section I - Amendments: These Bylaws may be amended by the membership by the affirmative vote of not less than two-thirds (2/3) of the ballots returned. The proposed amendments shall be submitted to the membership via mail vote with approval validated only upon the number of votes cast by twenty-five (25%) of the eligible voters.	

All numerical headings will be corrected after membership vote on proposed amendments has taken place.


R.V.J.

Proposed Organization of Board & Trustees for Midwest Region

Trustee #1 Professional Practice	Trustee #2 Public Relations Marketing	Trustee #3 Continuing Education	Trustee #4 Operations Operations	Considerations/ Comments
Committees:	Committees:	Committees:	Committees:	A. Trustees #1 and #3 must have the educational requirement of a BSN or above.
Standards	Publications (i.e., Newsletter, etc.)	Conference Planning	Operations Manual	B. President-Elect shall oversee the functions of Trustees #1 and #4.
Research/	ET Nurse Day	Scholarship	By-Laws	C. Secretary shall Survey oversee the functions of Trustees #2 and #3.
Ethics	ET Nurse of the Year	Excellence in Writing	Nominations	D. Trustees #1 and #3 shall be nominated and elected on alternating, i.e., odd and even years.
Government Affairs	UOA Youth Rally		Historian Fundraising	




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Government Affairs

Our respective state legislatures have closed the book on the 1994 legislative sessions. All bills not passed at the close of the 1994 session are considered dead since they do not carry over to the new legislature taking office in January.

In Michigan, we will begin 1995 with a republican controlled Senate, House and Governor's Office including twenty five new legislators. This presents a new opportunity for bringing forward nursing's legislative agenda. We hope the new year resolutions for Michigan WOCN members include attending Nurses Impact Days

(formerly Project Muscle). (See additional information and registration form included in this newsletter). This is an MNA supported but not an MNA sponsored activity. We employ our legislators. Let's inform them concerning our needs and what our patients' needs are.

We would like input from other States on legislation affecting nursing practice and patient care. We will be contacting a State member for networking and newsletter information in the near future. If you are interested in this liaison activity, please contact Bernice Huck at (313) 745-5659.

Linda Hoelzle and Doreen White, both of Ohio, were selected for the Nurse in Washington internship (NIWI) this year. This is an educational experience for Nurses in Washington sponsored by the National Federation for Specialty Nursing Organizations (NFSNO). If you are interested in learning how to impact the legislative and regulatory processes, it is not too soon to apply for scholarships for 1996. (See application in this newsletter) Political Savvy Is A Nursing Skill!!!!—*Evelyn Lee and Bernice Huck*

Fundraising News

Thanks to everyone who supported the Silent Auction at our regional conference. We had a successful fundraising effort. Our proceeds were as follows:

Silent Auction	\$533.00
Jewelry, etc.	694.93
Raffle	241.00
Total	1468.93


Congratulations to Connie Anthony who won the Giant Nestle Crunch Bar.

We hope to see you at the National Conference in Denver. Paula Toth has once again donated on behalf of the

Cleveland Clinic ET School, their 3 set slide series for our raffle prize at the National Conference. Thank you Paula et ai for your generous donation to the region.

I am happy to report that Joan Swickley will be our new Fundraising Chairperson. Joan has many good ideas and is anxious to serve the region in her new capacity. I want to thank you all for the help, support, and encouragement that you have given me during my last three years as fundraising chair.—*Allyn Davies RN, CETN*

Agenda Item	Discussion	Resolution
11. Excellence in Writing Rebecca Roberts	11. Reviewers and entries were introduced by R. Roberts. Excellence in Writing Award Winner: Barbara Pieper & Virginia Cleland for "An external urine-collection device for women: A Clinical Trial" (J.ET Nurs 1993; 20:50-55)	
G. Unfinished Business Paula Toth	G.	
1. Regional Survey	1. Regional survey was reviewed by P. Toth.	
2. Membership Needs	2. Priority items identified pertaining to the mission(s) of our region include: a. Education b. Networking An additional comment was made by Kelly Jaszarowski. She said that responses to comments made regarding the National conference in Baltimore will be published in a future WOCN News by Bonnie Cunningham.	
H. New Business Paula Toth	H.	
1. Regional Structure	1. Handouts with the proposed structure were distributed. No strong opposition identified when comments were asked for.	
2. Strategic Plan	2. The new structure will be published in the January 1995 MidEas Dropper. Comments to Paula Toth, President, will be accepted through February as outlined in the January 15, 1995 MidEas Dropper.	2. New structure to appear in MidEas Dropper. Comments to be taken as outlined in the Dropper.
3. Ethics Paula Toth	3. There are 2 openings for Ethics Committee. Paula Toth told the membership that if anyone attending this meeting is interested, the Board must know at the end of this meeting. Terri Boyd volunteered her services.	3. Decision as to who will be selected to place their name in the Ethics Committee "Lottery" will be made at the post-conference Board meeting.
4. WOCN Officers/Directors Paula Toth	4. Announcement made to the membership that national positions for President, Vice-President, and 4 Directors are open for nominations.	
5. National Leadership Conference, February 10-12 1994 Paula Toth	5. Paula Toth explained the purpose of the National Leadership conference and asked who would be interested in attending. P. Toth will attend for sure, and the Board will make a decision as to who the second person will be at the post-conference Board meeting.	5. Paula Toth to attend National Leadership conference. Second person to be selected at the post-conference Board meeting.
J. Announcements Paula Toth	J. Thanks to A. Lamb and her conference committee.	
K. Adjournment	K. Karen Granby made a motion to adjourn at 11:20 am. Seconded by MaryLou Walker.	K. Motion carried.




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Certified Enterostomal Therapy Nurse

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Agenda Item	Discussion	Resolution
2. Continuing Education Barbara Blaylock a. 1994 Conference Angie Lamb b. 1995 Conference Kelly Jaszarowski	a. Angie Lamb introduced Committee. Thanks by B. Blaylock and Region extended. b. Kelly Jaszarowski announced location and dates. Location: Ramada Plaza Hotel Downtown Indianapolis \$85 Single/Double \$10 Additional person Dates: October 19,20,21, 1995 c. P. Toth briefly mentioned that 1996 conference will be in Detroit and to think about hosts.	
3. Fund Raising Allyn Davies	3. A. Davies said Joan Sewickley will take over fund raising after this meeting. A total of \$1468.93 was raised at this meeting.	
4. Government Affairs Bernie Huck	4. One application for NIWI received. Anyone interested in attending NIWI may apply at this meeting. A decision as to who will go to the NIWI will be made at the post-conference Board meeting.	4. NIWI candidates will be selected at the post-conference Board meeting.
5. Historian Peg Valmassoi	5. P. Valmassoi to add Youth Rally thank-you notes and photos to the scrap books along with items from this conference, when contributed.	
6. Nominations Terri Boyd	6. a. 350 ballots sent out for mail vote b. 135 returned back as valid. c. 18 ballots returned as non-valid. (No names on envelope/ instructions not followed) d. 3 ballots returned with wrong address. e. Election Results: President Elect - Sharon Ballard-Krishnan with 98 votes. (Evelyn Lee had 36 votes, on 1 was a "no vote") Secretary - Allyn Davies with 98 votes. (Connie Anthony had 34 votes, there were 3 "no votes") Trustee - Terri Boyd with 73 votes. (Elizabeth Petrey had 60 votes and there were 2 "no votes")	e. New officers invited to serve their new roles at the post-conference Board meeting today.
7. Public Relations Linda Hoeltzle	f. Motion to destroy the ballots made by Terri Boyd. 7. L. Hoeltzle absent. If someone is interested in taking over this Chairmanship contact L. Hoeltzle. Otherwise L. Hoeltzle will keep the committee.	f. Motion carried.
8. Publications Sharlene Kennedy a. Newsletter Deadlines b. Advertising	8. a. Newsletter deadlines for 1995: January 15, April 15, August 15 b. Motion made by Sharlene Kennedy to raise the business card rate from \$35 to \$50.	b. Motion failed
9. Research Barbara Pieper	9. B. Pieper reported that: a. ET nurse was changed to nurse in documents regarding research produced by the WOCN b. No one applied for the Research Fund c. Research committee reports and applications have been and will continue to be published in the Dropper. d. The first poster session was held at this meeting. Poster sessions to be held at future meetings as well. e. B. Pieper created an abstract booklet for this conference. f. Barb Pieper announced that her term will end in one year.	
10. Share/Adopt-a-country Paula Toth	10. P. Toth announced that this committee has been eliminated and instead financial support has been and will continue to be, extended to Friends of Ostomies Worldwide by the Region.	



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Nurses Impact '95 – April 4, 1995 Nursing's Legislative Lobby Days

SCHEDULE

Monday, April 3
4:00 pm

Tour of Capitol Building

5:00 pm

Early Registration and Hors d'ouvres

Tuesday, April 4

7:00 am

Registration

8:00 am

Concurrent Sessions
Track One – Designed for nurses who wish to develop basic political skills

"Understanding the Legislative Process," – Senator Dianne Byrum

Track Two – Designed for nurses who are experienced in government relations or public policy development

"Becoming Involved in the Political Process— Parties, Campaigns and Candidate Recruitment," – Dianne Odrobina, Director, Senate Majority Policy Office

8:45 am

"Preparing for your Legislative Visit," – Tom Hoisington, President, Public Affairs Associates

9:15 am

Break

9:30 am

Issues Workshop

11:00 am

Legislative Update, House Health Policy Committee – Invited Speaker Chairman John Jamian

11:30 am

Legislative Update, Senate Health Policy

Committee – Invited Speaker Chairman Dale Shugars

12:00 pm

Luncheon Program "Presenting Yourself as a Savvy Professional," Nancy McKeague, Michigan Chamber of Commerce

1:00 pm

Talking with your Legislator and Observing Legislative Committee and Floor Activities

3:00 pm

"Nursing's Image and the Changing Health Care and Political Environment," – Former Miss America '88 Kaye Lani Rae Rafko, RN

4:00 pm

Legislative Reception

Program Highlights

- Hear from legislative and executive branch leaders about their plans for the new legislative session, and find out how state policies and legislation affect our health care system and our practice.
- Meet other concerned nurses from your own legislative district and start building your own grassroots network.
- Learn first hand about the legislative process by observing legislative committee and floor activities.
- Choose from two different educational tracks designed to give you the information and skills you need to be comfortable and affective when you meet with your legislator.
- Hear capital-insider Dianne Odrobina of the Senate Majority Policy Office discuss how you can become involved in your political party, campaigns and candidate recruitment.
- Gain successful strategies for political effectiveness from experienced lobbyists Nancy McKeague of the Michigan Chamber of Commerce and Tom Moisington, President of Public Affairs, Associates.
- Hear hospice spokeswoman RN Kaye Lani Rae Rafko (Miss American 1988) discuss nursing's image and the opportunity inherent in the changing political and health care environment.

Registration Form

YES! I want to help strength nursing's legislative influence!

House District _____

Senate District _____

City in which you are registered to vote: _____

Check your voter registration card

Registration – (Check fees which apply)

April 4 RN – \$60

Full-time Nrsng. Student – \$40

I will attend the Capital tour on April 3 at 4:00 pm

Social Security Number _____

Daytime Phone _____

Name _____

Address _____

City/State/Zip _____

REGISTRATION DEADLINE IS MARCH ____

Form will not be processed unless fee is enclosed. Make check or money order payable to: Project MUSCLE. Mail form and fee to: Project MUSCLE '94: 2310 Jolly Oak Road: Okemos, MI 48864. Use the FAX to register with credit card information at 517/349-5818. If you register by FAX, DO NOT mail a duplicate copy. For more information, call 517/349-5640.

APPLICATION FORM FOR RESEARCH FUNDS

Name: _____

Present Address: _____

Telephone Number: _____

Educational Background:

Institution & Location	Inclusive Dates of Attendance	Diploma, Degree	Major
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Experience Record (last two positions): _____

Title of Position	Employer Name & Address	Inclusive Dates
_____	_____	_____
_____	_____	_____

Starting Date of Research Project: _____ Completion Date of Project: _____

Title of Research Project: _____

Date of Approval from Human Subjects Committee: _____

(If neither exempt nor yet approved, please add a separate page discussing potential risks and benefits associated with the research and proposed safeguards).

Discuss how the funding will be spent.

In no more than two typed pages, describe the purpose, background and methodology of the study.

RESEARCH GRANT AGREEMENT

If my request is approved by the Mideast Region Research Committee, I agree:

- To use the money as described in the application and return any unused funds to the Treasurer.
- When the study is completed, submit receipt(s) for the money spent and an abstract of the study to the chairperson of the Research Committee.
- When the research is published or presented, appropriate recognition of funding source (Mideast Region, WOCNS) will be given.

Signature _____ Date _____

Address _____

Title of Project _____

Project Beginning Date _____ Project Completion Date _____

WOCN MidEast Region
Annual Membership Meeting
Saturday, October 29, 1994

Chairperson: Paula Toth, President
Recorder: Sharon Ballard-Krishnan, Secretary

Called to Order: 10:04 am
Adjourned: 11:20 am

Agenda Item	Discussion	Resolution
A. Call to Order Paula Erwin-Toth, President	1. Attendees signed-in	
1. Sign-in	2. Kelly Jaszarowski introduced as Parliamentarian	
2. Introduction of Parliamentarian	3. Kelly Jaszarowski reviewed procedure for determining a quorum	3. Quorum determined by Kelly Jaszarowski
3. Quorum Determination	4. Paula Toth added the following: H.3. Ethics H.4. WOCN Officers/Directors H.5. Leadership Meeting	
4. Additions/Deletions to Agenda	5. Motion by Paula Toth to accept the amended agenda	5. Motion carried
5. Adoption of Agenda	6. Paula Toth reviewed the guidelines for who can vote at this meeting	
6. Voting Reminder	B. Paula Toth welcomed attendees and recognized past presidents and first-time attendees	
B. Welcome Paula Erwin-Toth	C. Corrections to the MidEas Dropper identified: 1. Page 10, item F, Agenda item should read - Treasurer Report, Judy Werner, Treasurer 2. Page 11, item J.1., Discussion should read: Discussion and plea for guidance by Paula Toth. She also commented that even without a Master's Degree, most E.T. nurses practice in an advanced practice role. Many issues related to advanced practice nursing are of significant interest and concern to E.T. nurses.	3. Motion carried
C. Secretary Report Sharon Ballard-Krishnan, Secretary	3. Motion by Sharon Ballard-Krishnan to accept the amended minutes	3. Motion carried
D. Treasurer Report Judy Werner, Treasurer	1. Proposed 1995 budget was distributed. Motion to accept the budget (as amended by the Board on 10/27/95) made by Judy Werner. In discussion it was asked if excess Regional Monies go to National. Judy Werner responded "no." A side comment regarding the application for tax exempt status made by Judy Werner. National will no longer allow regions to utilize their tax exempt status	1. Motion carried
1. Budget and Finance	2. In 1994, \$830.00 received for newsletter ads	Judy to follow-up on tax exempt status and implement by 1995 National conference
2. Newsletter Fundraising		
E. President-Elect Report Sharon Ballard-Krishnan for Carol Hepp	1. No nominations this year	
1. E.T. Nurse of the Year	2. No report submitted for this Dropper. Thank-you notes and photos will be published in the Dropper by Judy Werner and forwarded to the Historian, Peg Valmassoi. Positive comments from Bernie Huck. Kelly Jaszarowski has an interested youth for this year.	
2. Operations manual	4. No other business.	
3. Youth Rally		
4. Other		
F. Committee Reports		
1. By-Laws Rosemarie VanIngen	1. Proposed By-Laws changes will be published in the next Dropper January 1995 and are to be voted on February 1995. By-Laws will be made available to new members upon receipt of demographic information. Existing members may request By-Laws by contacting R. VanIngen.	1. Proposed By-Laws to appear in January 1995 MidEas Dropper. Mail vote to take place February 1995.

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when your "AT RISK" patient, client or resident requires **HEEL PROTECTION.**

- ✓ reduces pressure below capillary closing pressure
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- ✓ permits moisture evaporation
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- ✓ protects toes from bed linens
- ✓ provides comfort and is light weight
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- ✓ allows for safe, limited ambulation
- ✓ easy access for skin care

Without relieving pressure, attempts at wound healing will be fruitless.

For ordering or more information contact **LUNAX CORP's** Customer Service Representative at: **1-800-264-4144**

The Lunax Boot is intended to promote cost-effective skin care management when used in conjunction with appropriate skin care protocol.

Approved Budget Jan. 1, 1995–Dec. 31, 1995

Balance Forward \$24,427.12 Actual (10 Month)

REVENUE:		
Newsletter Ads	\$1,000	\$830.00
Dues	4,000.00	4,463.00 (just received)
Interest	400.00	413.84
Seminar	5,000.00	8,500.00
Fundraiser	4,000.00	1,269.20
Misc.	200.00	100.00
	\$14,600.00	\$7,076.04
EXPENSES:		
Newsletter	2,500.00	1,903.00
General Work	1,500.00	637.89
Sponsorship		
WOCN	1,000.00	
NORMA		
GILL	250.00	
NIWI	3,000.00 2	612.70
Conferences		
Travel, Lodge		
Per Diem	6,000.00 (+1,500)	1220.43
Meeting Rooms		
Comm. Chair	500.00	
YOA Youth Rally	800.00	800.00
COMMITTEE EXPENSES:		
By Laws	100.00	
Nominating	230.00	
Historian	50.00	
Op. Manual	50.00	
Research	100.00	
Gov. Affairs	800.00	
P.R.	150.00	
Fundraisers	2,500.00	851.69
FOW	100.00	
MISC.		
Exc. in Writing	160.00	
Research	300.00	
TOTAL:	\$21,590.00	\$9,073.01

Mideast Region– Excellence in Writing Award

This award is designed to stimulate scholarly writing by the members of the MidEast region of the WOCN. An honorarium of \$100 and a plaque will be awarded to the author(s) of a manuscript that makes a significant contribution to the sphere of ET nursing.

The following rules apply to the award:

The author(s) must be a member of the MidEast Region of the WOCN.

Manuscripts must be 500 words or more.

Manuscripts must have been submitted for publication or published between the dates of October 1, 1994 and September 30, 1995 by a professional journal.

All manuscripts must be related to the specialty of ET

nursing practice. The focus can be from an educational, clinical, administrative, economic, research or legislative viewpoint.

The MidEast Region's Excellence in Writing Award Committee will select the outstanding manuscript. Manuscripts will be reviewed anonymously.

The award will be conferred at the 1995 MidEast Regional conference.

Submissions must be received by September 30, 1995. Manuscripts received after that date will be considered for the subsequent award.

Manuscripts should be sent directly to the 1995 chairman: Becky Roberts, 2954 Corydon Road, Clevealand Heights, Ohio, 44118.

Excellence in Writing Award Report – 1994

Three articles and one book chapter were submitted for review. The reviewers were: Megan Padden, Patricia Grizzle, Susan Stelton, Carol Mikols, and Judy Szemplak. The entries were:

Pieper, Barbara and Virginia Cleland. An external urine-collection device for women: a clinical trial. J ET Nurs 1993; 20:51-55.

Oetman, Bonnie and Robert Trout Innouatiue pouch niodincation for tigh-output ostomy drainage. JWOCN 1994; 21:34-37.

Erwin-Toth, Paula and Crina Floruta. Nursing management of continent ostomy diversions. Progressions 1993; 5:3-10.

Lavery, Ian and Paula Erwin-Toth. Stoma therapy. Chapter 4 from Intestinal Stomas, Principles, Techniques, and Management 1993, Quality Medical Pub., Inc.

The winners of the Excellence in Writing Award for 1994 were Barbara Pieper and the late Uirginia Cieland. Barbara Pieper graciously accepted the plaques, and donated the award money to the research committee in Uirginia Cieland's name. Congratulations to Barbara for the outstanding example she sets in publishing.

HEALTHPOINT

Healthpoint Medical specializes in innovative products for:

- Wound Care
- Incontinent Care
- OTC Antifungal
- Odor Elimination
- Protective Hand Cream

For more information, or to contact a sales representative in your area, call: 1.800.441.8227

UOA Conference Planned

Plans for the 1995 Great Lakes Regional Conference are being finalized and we would like to share with you some of the exciting and diversified programs and events which have been planned. Our General Session topics include:

Alternative Medicine – Join us for an overview of the various “non-conventional” medical treatments and learn about their myths and truths!

Jerk Skills – Have you ever needed a quick comeback or were afraid of the consequences if you did use it? Here’s your chance to pick up some hints!

Ostomies Across The Globe – View a slide presentation of ostomates in foreign countries and conditions existing there. Project S.H.A.R.E. will also give an update and you can see how your unused ostomy supplies are used and where they are going.

Journey – Certain to be an inspirational, uplifting session for all who participate!

Ostomy Panel Discussion – We are responding to the many requests to present more “personal experience” type programs.

Look Good, Feel Better – Local Chapter President and cosmetologist has been donating his time and talents to teach skin care and hair care to patients undergoing chemotherapy treatment!

30,000 Mile Tune-Up – We’ve presented a conference to improve our minds and bodies once disease has set in. So, during this final presentation, let us THINK PREVENTION and HEALTH MAINTENANCE!

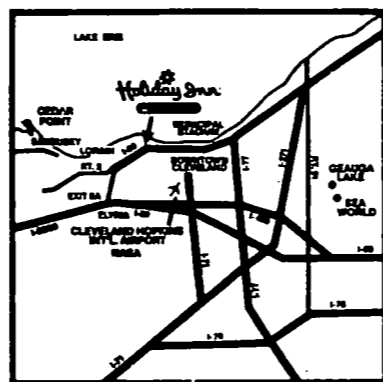
Our concurrent break-out sessions will include something for everyone whether you are a new or “seasoned” ostomate! The Stoma Clinic will be open on Saturday and preregistration would be appreciated. UOA will be providing two workshops which are available to all conference attendees. Also, the EXHIBIT HALL will be open on Saturday from 10:00 am until 5:00 pm so you can get updated on the latest ostomy supplies.

The LIFESCAPE PLAYERS will be on hand to present short psychosocial dramas and we’ve booked the VOCAL EXPRESS to entertain you while you get acquainted and reacquainted with your fellow conference attendees. In celebration of the Cleveland Ostomy Association’s 35th anniversary, they are underwriting the cost of Saturday’s luncheon. After dinner Saturday evening we are excited to present a lighthearted Murder Mystery, so sharpen your sleuthing skills—you’ll need them to figure out “who done it!”

As you can see by our agenda, we have tried to

provide the best all-around program for your educational enhancement and enjoyment. We hope you will agree and join us at the Westlake Holiday Inn on April 21-23! — UOA Conference Committee

TO VISIT US...



CONVENIENTLY LOCATED

The Holiday Inn Westlake is minutes from a variety of business, entertainment and transportation facilities: • 13 miles to Cleveland Hopkins International Airport • 15 miles to Downtown Cleveland • 15 miles to Municipal Stadium • 12 miles to NASA • 12 miles to Lorain • 6 miles to Elyria • 50 minutes to Cedar Point, Sea World and Orange Lake Park.

Holiday Inn

MENU
Saturday, April 22, 1994

Complementary Continental Breakfast
Available in our Hospitality Suite

Anniversary Luncheon - London Broil,
Soup, Vegetable, Dessert & Beverage

Banquet (\$20) - Choice of Top Round of
Beef or Chicken Marsala, Appetizer,
Salad, Dessert & Beverage

Sunday, April 23, 1994

Breakfast (\$7.25) - Juice, Eggs, Bacon,
Breakfast Potatoes, Basket of Danish,
Muffins and Bagels & Beverage

Spencer Retires...

After 22 years of service at Cleveland Clinic Foundation, Marilyn Spencer has retired as a full time Enterostomal Therapy Nurse.

During these past 22 years she has advanced her formal educational credentials, while remaining totally involved in the daily departmental activities that included patient care and teaching of students of Enterostomal Therapy Nursing who came to CCF from the local community and from around the world.

Students who were assigned to her as preceptor considered it a privilege to observe her expertise. Her wisdom and experience have rendered many catastrophic nursing problems manageable and have improved the plight and quality of life for many disabled patients.

She served as team leader of the department for many years. She authored patient instructional materials. She selected teaching slides from the library of photography of the CCF E.T. section and prepared the written rationale for each. These educational slides are now available for purchase and have been marketed worldwide.

Marilyn is sought after by the companies who manufacture and market ostomy and skin care products to present educational lectures throughout the world.

In addition to activities that directly affect the quality of care to patients at CCF, she has been an active member and officer of WCET. She is a founding member and has been involved from the concept of WCET which germinated in 1975. Since that time she has served on many committees, and as an officer, and as president. Her activities with IAET/WOCN include newsletter editor, membership chairperson, trustee and SHARE chairperson.

Throughout her professional career as Enterostomal Therapy Nurse she maintained her position as patient advocate, teacher and caregiver never losing sight of the reason that Enterostomal Therapy came into being.

Although she is now retired from the department of Enterostomal Therapy at Cleveland Clinic Foundation, her influence will long be remembered. She still delivers educational presentations. She is involved in community activities, including Enterostomal Therapy consultation, and she volunteers—at the Cleveland Clinic Foundation! One could say...Marilyn Spencer has retired...sort of...

—Cheryl Van Horn, CETN

New Addresses

Mary C. Arnold, MSN,
RNC, CRRN, CETN
5826 San Miguel Ct.
Indianapolis, IN 46250
(317) 579-9003

Work:
801 N. State Street
Greenfield, IN 46140
(317) 394-1771

Ethel Beckwith
6178 Wallis Drive
Fremont, MI 49412
(616) 924-9673
Work:
Grand Rapids Home
for Vet.
(616) 364-5300

Announcements

Sharlene Kennedy is running for Region 2 Director of WOCN. We all know what a great job Shar has done for our region—now we need her at the national level. Let’s all support Shar by voting for her.—Judy Werner

NEWSLETTER DEADLINES—
APRIL 15 • AUGUST 15 • JANUARY 15

ET Meetings

Cleveland Area ET Meeting
Jan Kelly RN,ET of Southwest General Hospital was hostess and presenter for the Cleveland Area ET's November 16,1994. Her topic was "When an ET Can't Phone Home", Putting Your Finger on Humor in Health Care. She had numerous helpful suggestions and handouts of tasteful and humorous approaches to help "Lighten Up" our often stressful professional environment.

Here's a sample of one of her handouts we may all find useful....

NOTICING NOTICES

To make things easier for all of us, please note this important notice about notices.

You may have noticed the increased amount of notices for you to notice. We notice that some of our notices have not been noticed. This is very noticeable. It has been noticed that the responses to the notices have been noticeably unnoticeable.

This notice is to remind you to notice the notices and respond to the notices because we do not want the notices to go unnoticed.

The Annual Regional Conference hosted by the Indianapolis Area ET Nurses will be held October 19-21, 1995 at the Ramada Plaza Hotel in downtown Indianapolis. Call (317) 635-2000 for reservations. Specify WOCN for group rate.

Mark your calendars for the **Cleveland Clinic Biannual ET Update Seminar** scheduled for Friday, September 22, 1995. Look for details in future issues of the Mideast newsletter and in the mail.

United Ostomy Association
The Cleveland Ostomy Association is hosting the Great Lakes Regional Conference. This is the ONLY UOA Regional Conference scheduled for 1995.

Theme: Looking for Answers...Everywhere!

When: April 21-23, 1995

Where: West Lake Holiday Inn, Westlake, Ohio

Contact: Dana Burke, COA President and Conf. Chairperson
(216) 439-7131

Please call if you'd like further details. Volunteers are needed. Donations are welcome.

Spring Board Meeting will be April 1, 1995 at Rosemarie VanIngen's house in Northville, Michigan from 12:00 Noon to 5:00 pm. All are welcome to attend. Please let Paula or Rosemarie know if you are planning on attending.

National Conference will be in Denver, Colorado this year - May 13th-18th. Next years 1996 conference will be in Seattle, Washington on June 14th-19th. Plan ahead!

Positions Available

HENRY FORD HOSPITAL—
Clinical Nurse Specialist—CETN
Wound Care Service Coord.:
Position requires demonstrated leadership, management/supervisory and business skills along with clinical expertise.

Clinical Nurse Specialist—CETN:
This person will function within the traditional CNS role with clinical expertise in wounds, ostomy and continence management.

For additional information, please call:
Nursing Development and Research
(313) 876-1098

Mailbag

Thank you for voting me into the position of President-Elect. I look forward to working with you and our Board members during my four-year term.

I feel fortunate to be a member of a Region that cares so much about our future, history, varied scopes of practice, and most of all, each other.

In this new year of 1995, we all need to be positive and stand tall together making our Region as strong as ever.

*Thank you again for your vote of confidence.
Fondly yours,
Shari Krishman*

Great Lakes Regional Conf. 1995 - Tentative Agenda

FRIDAY, APRIL 21

- 3:00 pm
• Registration
- 7:30 pm
• **LIFESCAPE PLAYERS** - -
Psychosocial drama troupe
- **VOCAL EXPRESS**
- Refreshments

SATURDAY, APRIL 22

- 7:30 am
• Registration
- 8:00 am
• Opening Remarks
- 8:15 am
• "Jerk Skills"
- 9:15 am
• **UOA LEADERSHIP - - RECRUITING VOLUNTEERS** (one hour)
- 9:30 am
• Cancer—What's New
- Inflammatory Bowel Updates
- Gynecologic Indications for Stomas

10:15 am

BREAKFAST/EXHIBITS

10:45 am

- Colostomy
- Ileostomy
- Urostomy
- Continent
- Diversions
- Pediatric Stomas

11:30 am

ANNIV. CELEBRATION LUNCH/EXHIBITS

12:45 pm

- "Alternative Medicine"

1:45 pm

- Impotence
- Female Sexual Aspects

2:30 pm

BREAK/EXHIBITS

3:00 pm

UOA LEADERSHIP PROBLEM SOLVING (1 1/2 hours)

3:00 pm

- Emotional
- Implications of Stomas
- TPN
- Humor

4:00 pm

- Ostomies Across the Globe
- Project S.H.A.R.E.

NOTE: EXHIBITS OPEN FROM 10AM UNTIL 5PM

6:30 pm

CASH BAR

7:00 pm

Banquet/Ostomate of the Year/Murder Mystery

SUNDAY, APRIL 23

7:00 am

HOT PLATED BREAKFAST

8:00 am

Opening and Closing Remarks - UOA President

8:30 am

"Journey"

9:00 am

BREAK

9:15 am

Ostomy Panel Discussion

10:00 am

"Look Good, Feel Better"

10:30 am

30,000 Mile Tune-Up

Holiday Inn - Westlake Group Reservation Card

Your group has blocked rooms at the Holiday Inn - Westlake. To make your particular room reservation, please complete this card no later than 21 days before check-in.

Group Name UNITED OSTOMY ASSOCIATION Group No. _____

Check-in date: _____ Check-out date: _____

Name _____ No. of Rooms _____

Address _____

City _____

Phone _____

All reservations will be held until 6 p.m. In order to guarantee your room for late arrival we request a deposit equal to your first night's room rate, or your major credit card number.

CC Type _____

CC# _____

Exp. date _____

One person \$ 63.00 (+tax)

Two persons \$ 63.00 (+tax)

Three persons \$ 63.00 (+tax)

Four persons \$ 63.00 (+tax)

Tax: 14.5%

King Bed Double Bed

Check-out time: 12 noon

Check-in time: 3 p.m.

Room type requested is subject to availability.

Holiday Inn - Westlake

(216) 871-8000

(800) 782-7418

Cut along dotted line and mail to:

Holiday Inn
WESTLAKE

1100 Crocker Road
Westlake, Ohio 44145
Attn: Reservationist

GREAT LAKES REGIONAL CONFERENCE REGISTRATION
 April 21,22,23 1995
 Holiday Inn - Westlake
 1100 Crocker Rd. Westlake, Ohio
 (216) 871-6000 (800) 762-7416

PLEASE PRINT

FAMILY REGISTRATION: Primary registrant _____

Additional family names: _____

INDIVIDUAL REGISTRATION: _____

ADDRESS: _____ PHONE: (____) _____

CITY/STATE/ZIP: _____

CHAPTER: _____ OSTOMY/SURGERY TYPE: _____

FAMILY REGISTRATION INCLUDES TWO COMPLIMENTARY COA ANNIVERSARY LUNCHEON TICKETS
 INDIVIDUAL REGISTRATION INCLUDES ONE COMPLIMENTARY COA ANNIVERSARY LUNCH TICKET

	By 3/15/95	After 3/15	Number	\$Amount
Family:	\$35	\$45	_____	_____
Individual:	\$25	\$35	_____	_____
Additional Lunch Tickets: Anniversary Lunch	\$10	\$10	_____	_____
Banquet/Awards/Murder Mystery: chicken: _____ beef: _____	\$20	\$20	_____	_____
Hot Sunday Breakfast:	\$7.25	\$7.25	_____	_____
				TOTAL: _____

ATTENDING FRIDAY NIGHT ACTIVITIES? YES: _____ NO: _____

MAKE CHECKS PAYABLE TO: GLRC - CLEVELAND CHAPTER

MAIL TO: SANDRA LIEBER
 3138 KENSINGTON ROAD
 CLEVELAND HEIGHTS, OHIO 44118
 (216) 321-8138

Cancellations MUST be received by April 7, 1995 in order to receive a refund.
 Refunds will be mailed within 2 weeks after the conference ends.

STOMA CLINIC REGISTRATION

***ISN'T IT TIME? WHEN'S THE LAST TIME YOUR STOMA WAS CHECKED BY AN E.T.?????

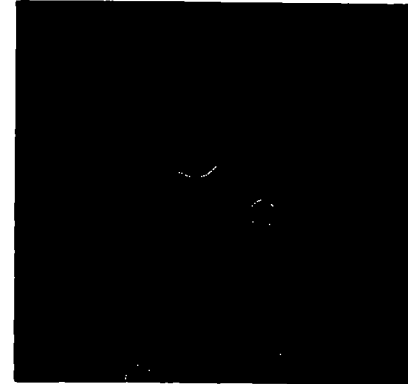
Name: _____ Type of Ostomy: _____

PLEASE BRING AN APPLIANCE CHANGE

MidEast Region Sponsors UOA Youth Rally

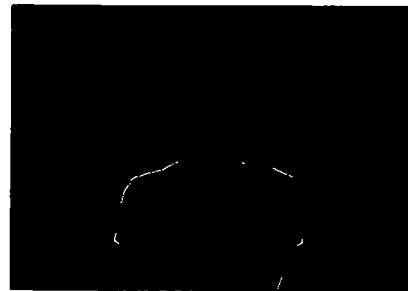
Dear Sponsor:

Thank you for sponsoring me to the Rally in Ohio. It was the best one I've been to. I hope to come back next year. Going to King's Island was the best! —Julie Bodemer



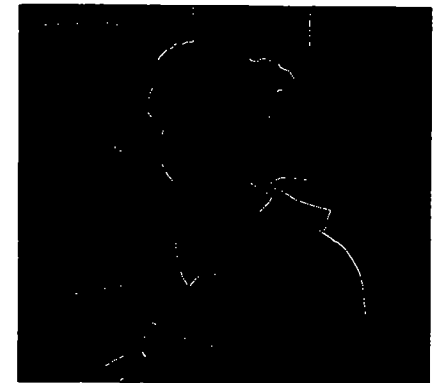
Dear MER WOCN:

Thank you so much for sponsoring my trip to the UOA Youth Rally. This is my second year as a camper and I have had the best time! I have made friends that I am sure will last a lifetime. We all have a truly special bond



here and it is a great feeling to know that I am not the only person out there with my special concerns.

I am really sad to be graduating from camp but I plan on coming back as a counselor so I can share my experiences with other campers. Thanks so much!
 Love, Kristin Davis



Dear Sponsor:


Well, I'd like to thank you for what you have done. I really had fun at the camp. All the games and really getting down to what we needed to talk about was really fun. Kings Island was great! I had never been there even though I live in Cincinnati—I had never went there. I had fun knowing that I wasn't the only one with the same problem. And this was my first time ever going to a camp like this one.

Love dearly,
 Lucille Davenport



Dear Sponsor:

I have never been there before. I would also love to go to Sea World. I would have lots of fun.
 Rikki Sellmeyer



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 Vice President of Marketing

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 Fenton, MI 48430
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Detach and Mail ... Updated Information is Appreciated ...

Name, Address or Employment Change?
Please check appropriate box...

Date: _____

Name: _____

Home Address: _____
(First Name, Last Name, Previous Name)

City/State/Zip: _____

Phone (Home): _____

Work Address: _____

City/State/Zip: _____

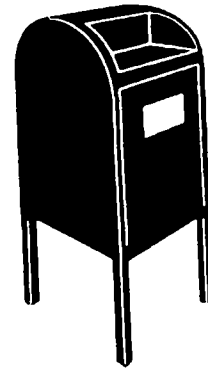
Phone (Work #): _____

Professional Status: _____

Do you wish change published in DROPPER? Yes No

(Your Signature)

Mail To:
Judy Werner, RN, BSN, CETN
St. Lukes Hospital
700 Cooper Avenue
Saginaw, MI 48602



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Judy Werner, RN, BSN, CETN
St. Luke's Hospital
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6256 Vista Ridge Lane
Cincinnati OH 45227

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Society

An Association of ET Nurses
Mid-East
INDIANA • KENTUCKY • MICHIGAN
OHIO • WEST VIRGINIA

MID-EAS DROPPER

Michigan, Ohio, Kentucky, West Virginia, Indiana

Volume XXVIII

September 1995

No. 13

President's Message

It is hard to believe our regional conference is nearly here. The group in Indiana has planned a timely and creative program. The implications of the AHCPR guidelines affect the practice of every ET & Wound Care nurse. It was great seeing so many of you in Denver—hopefully you will all be able to attend the October program.

The trend toward capitation—meaning reimbursement based on a global “cost per life” versus a “cost per case or episode”—has resulted in sometimes drastic cost cutting measures by health care organizations. In some parts of the country, ET nurses have been vulnerable to these slash and burn tactics. Financial decision makers may be unaware of the role the ET nurse can play in reducing costs. Appropriate selection and application of equipment and supplies, and education of patients, families and caregivers, are only a few of the ways ET nurses are ideal assets in a capitated system. Patients who are using equipment and supplies as directed will have fewer complications and use less health care resources than patients who are not adequately prepared.

In the meantime, we are still grappling with fee for service reimbursement issues. Many of us still rely on the fee for service system to justify continuation of our specialty. Unfortunately, reimbursement for nurses varies from state to state. The fact that as a group, ET nurses have varied educational preparations, we cannot present a homogeneous case to be considered for reimbursement. Hence, we are left justifying our services to regional insurance carriers and other providers who may not be aware of what ET nurses can do for their subscribers. The WOCN is appointing a reimbursement task force to examine reimbursement and strategies to position ET nurses as valued assets in a capitated system.

Dorothy Doughty will chair this task force and has asked me to serve on the committee. Please call, write or fax me with specific topics, issues or incidents you want me to convey to the committee.—Paula Erwin-Toth, RN, MSN, CETN

President

Paula Toth
9661 Yale Road
Deerfield, OH 44411
W- (216) 444-5966
H- (216) 654-2829
FAX (216) 445-6343

President-Elect:

Sharon Ballard-Krishnan
1550 Brandywine
Bloomfield Hills, MI 48304
W- (810) 858-2270
H- (810) 852-0638

Secretary:

Allyn Davies
8196 Creekside Trace
Broadview Hts., OH 44147
W- (216) 459-5436
H- (216) 526-6429

Treasurer:

Judy Werner
St. Luke's Hospital
700 Cooper Avenue
Saginaw, MI 48602
W- (517) 771-6002
H- (517) 686-5767
FAX (517) 771-6672

Trustees:

Sandy Duda
200 Westwind Drive
Avon Lake, OH 44012
W- (216) 931-1355
H- (216) 933-7357

Joan Sewickley
St. Elizabeth Hospital
1044 Belmont Ave.
Youngstown, OH 44501
W-(216) 746-7211
H-(216) 654-5362

Sharlene Kennedy
7371 N. Gale Road
Otisville, MI 48463
W- (810) 257-9526
H- (810) 653-7600

(continued on page 2)

Terri Boyd
6540 Crietz Road
Dimondale, MI 48821
W- (517) 349-7880 or
1-800-773-6316
FAX (517) 349-3475

Historian:

Margaret Valmasoi
6256 Vista Ridge Lane
Cincinnati, OH 45227

Parliamentarian:

Glenna Altizer
505 College Ave.
Barboursville, WV 25504
W- (304) 526-2285
H- (304) 733-0766
FAX (304) 526-2008

SPECIAL COMMITTEES

Operational Manual:

Sharon Ballard-Krishnan
(See previous listing)

Newsletter Fundraising:

Sharlene Kennedy
(see previous listing)

**Excellence in
Writing Award:**

Rebecca Roberts
2954 Corydon
Cleveland, OH 44118
(216) 932-0961

ET Nurse of the Year Award:

Sharon Ballard-Krishnan
(See previous listing)

MEDICAL ADVISORS

Ananias C. Diokno, MD
Beaumont Hospital
Royal Oak, Michigan

Victor Fazio, MD
Cleveland Clinic Foundation
Cleveland, Ohio

W. Patrick Maxier, MD
Ferguson Clinic
Grand Rapids, Michigan

STANDING COMMITTEES

By-Laws:

Connie Anthony
146 Linden Blvd.
Mason, MI 48854
H- (517) 676-0658

Publication:

Judy Werner
FAX (517) 771-6672
Sharlene Kennedy
(see previous listings)

Budget & Finance:

Judy Werner
(see previous listing)

Research:

Barb Pieper
1356 Yorkshire
Gross Point Park, MI 48230
W- (313) 577-8057
H- (313) 886-0464

Continuing Education:

Barb Blaylock
3055 Eastmoreland
Oregon, OH 43616
W- (419) 321-4645
H- (419) 691-1759

Fundraising:

Joan Swickley
(See previous listing)

Government Affairs:

Evelyn Lee
14449 Mettetal
Detroit, MI 48227
H- (313) 272-7975

Bernice Huck

53200 Venus Drive
Shelby Twp., MI 48316
H- (313) 781-3279

Nominating:

Terri Boyd
(see previous listing)

Public Relations:

Linda Hoelzle
Memorial Hospital
715 South Taft Avenue
Fremont, OH 43420

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Minutes

Agenda Item	Discussion/Finding/Conclusion	Action/Follow Up/Responsible Person
Unfinished Business		
1. Leadership Conference	1. Sharon Krishman and Judy Werner attended Leadership Conference in Arizona. Report in Mid-East Dropper. WOCN Marketing Plan presented and support for regions visible and encouraged. S. Kennedy also attended as a potential director.	
2. Region Restructuring	2. Restructuring Plan reviewed by Paula Toth. Trustees to oversee the committees. Formal in Mid-East Dropper.	
3. Spring Board Meeting	3. Spring Board Meeting was April 1 at the home of Rose Marie Van Inger. Board was complimented on their hard work and dedication.	
New Business		
1. Membership Forum	1.a. Ruth Bryant will not attend due to death in her family. Sharon Cassidy will preside. 1.b. Discussion about donation to Bryant family. Motion by Carolyn Smith: MER WOCN to provide a \$1,000 donation to WOCN in the name of Charles Bryant family. 2nd. by S. Krishman	1.b. Vote: YES 24 NO 16
	1.c. Primary amendment to motion by Louise Schawkot: MER WOCN to support a \$1,000 scholarship in the name of Chas Bryant. 2nd. Lena McCubben	1.c. Vote: YES 29 NO 10
	1.d. Secondary amendment for motion by Kelly Jaszerowski: MER WOCN to support \$1,000 in the name of Charles Bryant to be utilized for a research focused scholarship. 2nd. Sharlene Kennedy	1.d. Vote: YES 24 NO 14
		MER WOCN will send \$1,000 to National WOCN in the name of Charles Bryant family to be used for a Research focused scholarship.
2. 1996 ANA Convention	2. 1996 ANA convention date conflicts with 1996 WOCN conference. WOCN does not plan to be represented. Theme of ANA conference: Nursing Specialties. Paula Toth submitted an abstract to 1996 ANA Conference about ET Nursing. Motion: Lena McCubbin moved that the MER provide \$1,000 towards Paula Toth's traveling expenses to ANA Conference. 2nd. Connie Anthony	Motion passed.
	2.b. Amendment to Motion. Judy Werner moved that all expenses to 1996 ANA Conference be covered by MER. 2nd. Ethel Pryor	Amendment: Passed. MER will cover all expenses for Paula Toth to the 1996 ANA Conference.
1. Announcements	1. Paula Toth stated CCF will sponsor ET Nurse Update on Friday, Sept. 22. 2. Participation in the Nu-Hope Fun Run encouraged to increase scholarship funds. 3. Sally Thompson's husband expired suddenly. Address appeared in Mid-East Dropper.	
2. Adjournment/Networking	Crina Floruta moved that meeting be adjourned. 2nd. Carolyn Snider	Motion passed. Meeting adjourned 7:45pm.

Committee Reports

Public Relations

The date was March of 1995. The place, Washington, D.C. The atmosphere was exciting and politically tense. It was also wet (it rained!). Welcome to the 1995 Nurse in Washington Internship (NIWI). NIWI is an annual seminar sponsored by the National Federation of Nurse Specialists (NFSNO). As one of the many nurse specialist organizations belonging to NFSNO, WOCN sends representatives to participate in NIWI. Of the 89 nurse specialists present, six were from WOCN.

The week featured speakers from a variety of Washington agencies including Budget Policy and Priority, National Institutes on Health and the Department of Health and Human Services. It was a pleasure to learn that some of our Senators have nurses as their chiefs of staff, including hearing from Sheila Burke for

Senator Robert Dole. The end of our week was highlighted by appointments with our state representatives and senators to discuss current issues and to offer ideas.

Be assured that the concerns and ideas that you may have are of value in Washington. On the whole, nurse opinions are considered important because of being viewed as cost effective. The message heard over and over again was that everyone must be aware of government budgetary restraints and consider carefully how the available dollars can be used. Of interest was the fact that when legislators lack personal knowledge on a subject, they make decisions based on information that is provided to them. This information comes from research done by their legislative aides, through political action committees (PACs) or through efforts

initiated at the grass roots level by their constituents. Health care is a topic about which many legislators have very little knowledge. As nurse specialists who work within the health care system and its reimbursement intricacies, we can relate first hand knowledge of day to day concerns. Many times, legislators will listen more carefully to the view points of their constituents than to research because the day to day concerns are real and happening now.

We urge you to take the time to write to Washington and let them know of your ideas and thoughts. By keeping in touch on a regular basis, you will probably find Washington contacting you to see what you think.—Linda Hoelzle, RN, BSN, CETN, Public Relations Chair and NIWI Graduate and Doreen White, RN, BSN, CETN, NIWI Graduate

Publication

The editors of the MID-EAS Dropper are looking for a few good reporters. At one point, we had reporters from each state. We have not heard from anyone in a while.

MID-EAS Dropper needs news items. Where are the investigative reporters? If anyone is willing to send news events from their state or even

their section of the state, please let us know.

The editors wish to keep the membership informed and improve the newsletter at the same time. Information is wanted on conferences, other educational programs, births, marriages, certifications, graduations, promotions, etc.

Please let us know who will be responsible for news from your area. We will send a reminder when items are due for publication. Deadlines are August 15, January 15, and April 15.—Sharlene Kennedy and Judy Werner



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Committee Reports

ET Nurse of the Year Award

The nominations have arrived and a winner will be announced at the Fall conference.

I need complete addresses, phone numbers and fax numbers of those individuals who volunteered to be on this committee while in Denver. The membership directory does not have updated lists or lists of members who just joined.

Please send the information to me as soon as possible. I am trying to get information from

the national office but would prefer for the volunteers to send it to me to assure that the information is up to date and complete.

If a committee member/volunteer does not hear from me, it is for one of two reasons:

- There were many volunteers and only one from each state is needed and the list will be rotated.
- I never received demographic information for you (address, fax#, etc.)

• A nomination was made by a person on the committee and participation in the selection process cannot take place.

Thank you to everyone. All of our nominees are real winners!—*Sharon Krishnan*


Note: See next page for award prerequisites and application

Youth Rally

Scholarships for six youth were sent to the United Ostomy Association.

It is typical for our Region to receive thank you notes from the recipients prior to the Fall conference. Thus far, I have not received any thank you notes but when I do, they will be published in the next MID-EAS Dropper to share with the membership.

Next year, the budgeted Youth Rally funds will be sent directly to the United Ostomy Association for distribution. Awards will be given only to those living within the Mid-East region. By directly giving the UOA the funds, they can better manage to spread out the financial assistance to more individuals.—*Sharon Krishnan*



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Agenda Item	Discussion/Finding/Conclusion	Action/Follow Up/Responsible Person
2. Operations Manual	2. Operations Manual report in Dropper. Committee to update this summer.	
3. UOA/Youth Rally	3. Report in Mid-East Dropper.	
F. Committee Reports		
1. Bylaws - Rose Marie Van Ingren	1. Bylaws up to date. Connie Anthony welcomed as new bylaws Chair. Board members will receive a copy of bylaws. All members will no longer receive a copy of bylaws due to high cost of reproduction and postage. If anyone would like a copy of bylaws, contact Connie Anthony.	
2. Continuing Education - Barb Blaylock a. 1995 Conference; Indianapolis Kelly Jaszewski b. 1996 Conference; Michigan Sharlene Kennedy/Judy Werner	2.a. 1995 MER Conference brochures distributed Oct. 19-21, 1995 in Indianapolis. 2.b. Frankenbooth not able to accommodate our group in 1996. Asked Kentucky (1997) to consider switching.	2.b. Representatives from Kentucky to contact Barb Blaylock with their response.
3. Fundraising - Joan Sewickly	3.a. Many great raffle prizes. Will be selling ET Nurse shirts and Stoma marking guides. 3.b. Paula Toth reported that Joan Sewickly was elected by the board to fill trustee position.	
4. Government Affairs - Evelyn Lee a. NIWI	4.a. NIWI report filed on Mid-East Dropper. 4.b. Needs assessment distributed. 4.c. Plan to re-establish phone tree.	4.b. Return Needs Assessment to E. Lee ASAP. 4.c. Anyone who is interested in helping, call E. Lee.
5. Historian - Peg Valmassor	5.a. No report. 5.b. Paula Toth reported that she and D. Krasner are editing a book on a historical perspective of ET Nursing.	
6. Nominations - Terri Boyd	6.a. Proposal for new trustee format accepted by a majority of the members. Format printed in Mid-East Dropper. 6.b. Next election in fall by mail vote: Need to elect a Treasurer and Trustee. 6.c. Terri Boyd elected to National WOCN Ethics Committee. Congratulations Terri!	6.b. Anyone interested in Treasurer or Trustee, contact Terri Boyd.
7. Public Relations - Linda Hoelzle	7. Report filed in Mid-East Dropper.	
8. Publications - Judy Werner/Sharlene Kennedy	8.a. Newsletter deadlines for 1995: January 15, April 15, August 15. 8.b. Paula Toth commended Judy and Sharlene for a great job!	
9. Research - Barb Pieper	9.a. Research awards guidelines printed in Mid-East Dropper. MER Nurse Research Award deadline is Sept. 1, 1995. Kerschbaum Research Award deadline is Sept. 1, 1995. 9.b. Poster session in Cincinnati represented with 6 posters. Hope to have 10 posters in Indianapolis. 9.c. Research needs survey printed in the Mid-East Dropper. Results of survey will be published. 9.d. Paula Toth commended Barb Pieper for being considered for the prestigious Sigma Theta Tau Award.	9.a. Deadline for research award applications is Sept. 1, 1995. 9.b. Deadline for abstracts for research poster for Indianapolis conference is Sept. 1, 1995. 9.c. Return needs survey to B. Pieper.
10. Excellence in Writing - Rebecca Roberts	10.a. Guidelines for manuscript Award presented. Manuscripts must have been submitted for publication or published between 10/1/94 and 9/30/95. Submissions forwarded must be sent by Sept. 30, 1995 to Becky Roberts.	10.a. Submission for Excellence in Writing Award must be received by Sept. 30, 1995 to Becky Roberts.

(continued)

Newsletter Deadlines: August 15, January 15 and April 15

Minutes

Mid-East Region (WOCN)

Meeting: Spring Membership Meeting Date: 5/14/95 Called to order: 6:30pm
 Chairperson: Paula Erwin Toth Recorder: Allyn Davies Adjourned: 7:45pm

Present: 43 Members in Attendance

Agenda Item	Discussion/Finding/Conclusion	Action/Follow Up/Responsible Person
A. Call to Order Paula Erwin Toth, President		
1. Sign in	1. Attendees signed in	
2. Introduction Parliamentarian - Glenna Altizer	2. Glenna Altizer introduced as Parliamentarian	
3. Quorum Determination	3. Glenna Altizer reviewed procedure for quorum determination	3. No need for quorum
4. Voting reminder	4. Paula Toth reviewed voting eligibility	
5. Additions/Deletions to Agenda	5. No additions/deletions to agenda	
6. Adoption of Agenda	6. Motion by Paula Toth to accept agenda	6. Motion carried
B. Welcome - Paula Erwin Toth		
	B. Paula welcomed attendees and recognized past presidents and first time attendees. Paula recognized and thanked the following outgoing Chairs: Allyn Davies - Fundraising Rose Marie Van Ingren - Bylaws Paula also welcomed Connie Anthony, new bylaws Chair.	
C. Secretary Report - Allyn Davies		
1. Minutes, October 1994	1. Minutes for October 1994 meeting published in the Mid-East Dropper. No additions or corrections. Motion by A. Davies to accept minutes as written	1. Motion carried
D. Treasurer's Report - Judy Werner		
1. Budget and Finance	1. Reported checkbook balance of \$31,669.08.	
2. Newsletter Fundraising	1. Sharlene Kennedy reported that letters will be sent to vendors in August asking for support. Encouraged all members to seek vendor support for newsletter ad. Ad form in the May 1995 Mid-East Dropper.	1. All members encouraged to seek vendor support for Newsletter Ad.
3. Tax Exempt Status	1. National WOCN no longer allows regions to use their tax exempt number. Judy Werner investigating how to obtain tax exempt number.	1. If anyone has any information on how to obtain tax exempt number, contact Judy Werner.
E. President Elect - Sharon Ballard Krishnan		
1. ET Nurse of Year	1. Application/qualifications published in Mid-East Dropper. Deadline Aug. 1. Winner to be presented at Annual Conference.	1. Send ET Nurse of Year applications to S. Krishnan by Aug. 1.

(continued)

Outstanding ET Nurse Award

Prerequisites

- Nominee must be a member of the MidEast Region WOCN for a minimum of two years.
- Nominee must attend at least one WOCN meeting a year (either MidEast Regional Meeting or National Conference).
- Nominee must be board certified in ET Nursing.

Deadline

August 1, 1995

The award will be presented to the winner at our Annual Regional Conference. Send nominations to - Sharon Ballard-Krishnan, 1550 Brandywine, Bloomfield Hills, MI 48304.

The Selection Committee is comprised of a WOCN member from each state in our region. The Selection Committee is not appraised of the names or agency affiliation of nominees until the selection is completed.

Briefly describe the nominees qualifications for the award and provide examples based on the following criteria. (Note: The nominee must meet 80 percent of the criteria)

1. Demonstrates excellence in the full scope of ET Nursing practice.
2. Devotes at least 50 percent of professional practice to providing direct care to

patients with dermal ulcers, stomas, wounds and incontinence.

3. Shares knowledge by providing professional and community education via one on one education, seminars and symposiums.
4. Promotes the speciality of ET Nursing by actively participating in professional, political and/or community organizations.
5. Actively promotes the growth and development of ET Nursing by providing peer support, preceptoring and recruitment.


OUTSTANDING ET NURSE AWARD APPLICATION

Nominee

Name _____
 Address _____
 Agency _____
 Position _____


Submitted By

Name _____
 Address _____
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 Position _____
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Committee Reports

Fundraising

Many thanks to all of you who attended the National Conference in Denver and participated in our fundraising efforts. Our "ET Nurse" embroidered polo shirts were a great success and will be available again in Indianapolis, along with some "ET Nurse" embroidered sweat shirts. We'll also be selling stoma marking guides, our glass and ceramic jewelry and Christmas cards.

We will once again have a special raffle and also a silent auction, so please remember to bring items to donate to the silent auction.

We hope to see all of you in Indianapolis for regional conference. Come visit our booths!—Joan Swickley

The winners from our special raffle in Denver were:

WINNER	GIFT	DONATED BY
Denise Murray (Idaho)	Richo Camera Dow	Hickam & Hollister
Sue Ellen Smith (Arkansas)	Mont Blanc Pen	Smith & Nephew
Betty Swap (Virginia)	Waterford Clock	Convatec
Elaine Cheyne (Colorado)	Dooney & Bourke Wallet	J&J
Barb Vincensi (Michigan)	Waterford Letter Opener	Convatec
Deb Barber	Schaeffer Pen & Pencil	Carrington
Rosemarie VanIngen (Michigan)	Gift Cert. Talbots	Braun
Mindy Harper (Ohio)	Coach Purse	RT Shaw
Melinda Swartz (New Jersey)	Dooney & Bourke Wallet	Cardiosystems
Olivia Flores	CCF Slides	Paula Erwin-Toth

Government Affairs

The July 1995 Journal of the WOCN and the summer issue of the WOCN News both have articles discussing recertification of WOCN members by continuing education.

The January 1994 AJN released a report, "On Your Guide to Certification" that listed over 60 nursing specialties and their recertification process. Over half of the specialties gave their members the option of recertifying through testing or continuing education.

The recertification discussion was started in 1992 by the MidWest Region with no progress made to this date towards giving the WOCN members an alternative to a recertification exam.

Please complete the recertification survey on the next page so that this information can be forwarded to Ruth Bryant, WOCN president. As co-chair of the MidEast Region, I would like to take an active role with interacting with other regions in the discussion on recertification examinations.—Evelyn Lee

Educational Opportunities...

The MidEast Region of WOCN and The Association of ET Nurses' will be hosting their regional conference which will be held on October 19, 20, and 21, 1995 at the Ramada Plaza Hotel, Indianapolis, Indiana.

The conference is designed to offer both basic and advanced concepts of selected aspects of wound care and the influence of national guidelines which will interest the generalist as well as the experienced ET nurse.

Please enclose your license number to obtain contact hours and include your title as you would like it to appear on your name badge.

For more information, see the insert in this issue of MID-EAS Dropper, or contact Pam Houchins at (317) 929-8505.

Options in Action. A Wound and Skin Management Seminar will be presented by Hurley Medical Center, Flint, Michigan with Smith & Nephew United, Inc. on Wednesday, November 1, 1995 from 8:00 am - 4:30 pm.

Call Sharlene Kennedy at (810) 257-9526 for further information.

REGIONAL CONFERENCE - "GUIDELINES: WHO CARES?" REGISTRATION

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 Phone (Work) _____ (Home) _____
 Social Security # _____ License # _____ State _____
 WOCN Member Non-Member

BY 9/19/95 AFTER 9/19/95

Thursday, Friday and Saturday \$85 \$95
 Friday Only \$65 \$75
 (Attending Thursday night?) Yes No
 Saturday Only \$30 \$40
 (Attending Friday night?) Yes No
 Guest Fee for Thurs. and/or Fri.
 Evening Activities \$30 \$40

Make check payable to: WOCN, MidEast Region/Central Indiana Chapter
 Mail check and registration to: Pam Houchhens, RN, ET
 5315 W. Thompson Rd., Indianapolis, IN 46221

Mailbag

Dear Allyn Davies:

On behalf of the WOCN, the WOCN Foundation, and the Scholarship Committee, I would like to thank the MidEast Region for their \$1,000 contribution to the WOCN Foundation in memory of Charles Bryant.

As requested, the funds will be distributed in a \$1,000 Research Based Scholarship.

Again, thank you for contributing to research based education.

Sincerely,
 Maria Sagona
 Executive Director
 Wound, Ostomy and Continence
 Nurses Society

New Addresses

Deanna Peters, RN, BSN,
 CETN, OCN
 Home Address:
 5030 Mapleridge Drive
 Kalamazoo, MI 49008
 (616) 385-1822

Work:
 Hospice of Greater Kalamazoo
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 Kalamazoo, MI 49007
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Address _____

Title _____

Speciality _____

Last Date of WOCN Certification _____

Should continuing education be an option to recertification? Yes No

Should the current mechanism of recertification continue? Yes No

Comments or ideas on continuing education and the recertification process _____

Evelyn M. Lee, RN, BSN, CETN, CRNI
 14449 Mettetal
 Detroit, Michigan 48277

Committee Reports

Excellence in Writing Award

This award is designed to stimulate scholarly writing by the members of the MidEast Region of the WOCN. An honorarium of \$100 and a plaque will be awarded to the author(s) of a manuscript that makes a significant contribution to the sphere of ET nursing.

The following rules apply to the award:

- The author(s) submitting the article must be a member of

the MidEast Region of the WOCN.

- Manuscripts must be 500 words or more.
- Manuscripts must have been submitted for publication or published between the dates of October 1, 1994 and September 30, 1995 by a professional journal.
- All manuscripts must be related to the specialty of ET nursing practice. The focus can be from an educational,

clinical, administrative, economic, research or legislative viewpoint.

- The MidEast Regions' Excellence in Writing Award Committee will select the outstanding manuscript. Manuscripts will be reviewed anonymously.
- The award will be conferred at the 1995 MidEast Regional Conference.
- Submissions must be received by September 15, 1995.

(continued on next page)

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Excellence In Writing

(continued from page 8)

Manuscripts received after that date will be considered for the subsequent award.

- Manuscripts should be sent directly to the 1995 chairman – Becky Roberts, 2954 Corydon Road, Cleveland Heights, Ohio 44118.—*Becky Roberts*

Research

The Research Committee published a Research Needs survey in the May 1995 MID-EAS Dropper. Only 29 forms were returned. These data are being computerized. It would be extremely helpful if more members would complete the survey. The information may help the Region in program planning.

Unfortunately, no research abstracts were submitted for poster presentation at the Regional Conference in Indianapolis (October 19-21, 1995). If you have a research abstract, please submit it to me by September 25, 1995.—

Barbara Pieper, Chairperson

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NEWSLETTER ADDENDUM
(UPDATED ISSUES 2/13/95)

REGIONAL MEETING AT NATIONAL CONFERENCE will be held on Sunday, May 14, 1995 immediately following the new member reception at the conference center. Check your registration packet for the time and location.

AIRLINE TICKET RATES TO DENVER ARE EXPECTED TO INCREASE IN THE NEAR FUTURE to assist in funding the new airport. If you have not purchased your ticket already, the National Office of WOCN recommends that you do.

THE SPRING BOARD MEETING will be held at the home of Rosemarie Van Ingen(Northville, Michigan) on Saturday, April 1, 1995. All Board Members should contact Paula Toth for details.

BOARD MEMBERS AND COMMITTEE CHAIRS are asked to submit all reports for the Regional Meeting at National Conference in typewritten form and on drilled(3-holed) paper so the reports may be neatly collated and distributed to the membership in a manner easy to follow. Reports should include the following:

1. Name of the committee
2. Name of chair
3. Name of all committee members
4. 1994-1995 goals
5. Methods used/to be used to achieve goals
6. Status of outlined goals(completed, yet to be completed, etc.)
7. Name and signature of person preparing the report with the date the report was prepared.

Note: If the report was submitted for printing into the MidEas Dropper, and it is complete, just submit items 1, 2, 3, and note beneath these items that the report was printed in the MidEas Dropper and indicate the Dropper issue. 125 drilled copies are to be ready for distribution at the Regional Meeting at National Conference. Thank you for your consideration. Hopefully, the meeting will move along faster with ALL reports typewritten.

IMPORTANT INFORMATION WILL BE MAILED TO YOU FROM THE NATIONAL WOCN OFFICE in the near future. Please watch for the WOCN News and "Hot Topics" which are slated to arrive before the National Conference.

I hope that your New Year is going very well and that this information will be helpful to you.

Fondly yours,



Shari Krishnan