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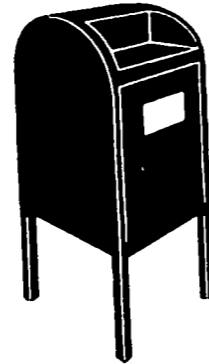
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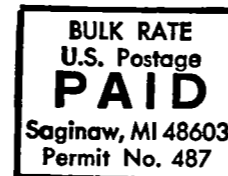
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Saginaw, MI 48602



MID-EAS DROPPER  
Judy Werner, RN, BSN, CETN  
St. Luke's Hospital  
700 Cooper Avenue  
Saginaw, MI 48602



Mrs. Margaret Valmassoi, RN, CETN  
6255 Vista Ridge Lane  
Cincinnati OH 45227

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Mid-East  
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# MID-EAS DROPPER

Michigan, Ohio, Kentucky, West Virginia, Indiana

Volume XXVIII

February 1996

No. 14

## President

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Otisville, MI 48463  
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## President's Message

Happy New Year to all. As 1996 began, I found myself reflecting about times past and future. We have noted the retirement of some of the legends in our field, Marilyn Spencer, Rosemarie Van Ingan, Ethel Pryor, and Katherine Jeter. And sadly, the loss of someone near and dear to many of us, Leonard Fenton. Mr. Fenton, one of the founders of Marlen Manufacturing died late in December 1995. His vision, perseverance, and dedication led to the improvement in the quality of life for countless persons with ostomies.

As you may have heard, non-RN's will no longer be able to sit for WOCN recertification. Whatever your thoughts are about this decision by the WOCN certification board, none of us should forget what these non-RN's have meant to E. T. Nursing. It was a patient perceived need that spawned the birth of our specialty. Without Norma Gill there might not even be a WOCN. Who among her patients found her skills inadequate because she was not a nurse? Certainly not me (or my Mom). Remember, initially Dr. Turnbull could not interest nursing leaders in this "nursing" specialty of enterostomal therapy.

This may sound strange coming from a Master's prepared nurse because I value nursing and nursing education but I also value compassionate skilled care that can be rendered by paraprofessionals. Work redesign is a phenomenon sweeping the country which has resulted in many ET or Wound, Ostomy, and Continence -related tasks being carried out by patient care technicians. There may yet be a role for the non-nurse interested in ostomy care in the new world order of health care delivery.

One of my colleagues that I admire most, Cheryl Van Horn, BS, CETN announced her retirement. Cheryl has been a valued teacher and preceptor whose sensitive, skilled, and compassionate care serves as an example to us all. No, Cheryl is not a nurse, but I doubt it made the slightest difference to her patients or students. It certainly did not matter to me as her boss. I felt privileged to have her among my staff. Cheryl, Norma, Sally, Rosemarie, Katherine and all the other non nurse ET's rest assured, you will not be forgotten. Your contributions will live on in your patients, students, and friends.

To the WOCN membership - remember your past for it can help guide your future.—Paula Erwin-Toth

PS - I am pleased to accept the nomination to run as Secretary of the WOCN. It is my sincere hope to be able to represent the outstanding members of our professional organization on a national level.

(continued on page 2)

Terri Boyd  
6540 Crietz Road  
Dimondale, MI 48821  
W- (517) 349-7880 or  
1-800-773-6316  
FAX (517) 349-3475

**Historian:**

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Cincinnati, OH 45227

**Parliamentarian:**

Glenna Altizer  
505 College Ave.  
Barboursville, WV 25504  
W- (304) 526-2285  
H- (304) 733-0766  
FAX (304) 526-2008

**SPECIAL COMMITTEES**

**Operational Manual:**

Sharon Ballard-Krishnan  
(See previous listing)

**Newsletter Fundraising:**

Sharlene Kennedy  
(see previous listing)

**Excellence in  
Writing Award:**

Robert Trout  
Sparrow Hospital  
PO Box 30480  
Lansing, MI 48909-7980  
(517) 483-2687

**ET Nurse of the Year Award:**

Sharon Ballard-Krishnan  
(See previous listing)

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Royal Oak, Michigan

**Victor Fazio, MD**  
Cleveland Clinic Foundation  
Cleveland, Ohio

**W. Patrick Maxier, MD**  
Ferguson Clinic  
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Sharlene Kennedy  
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**Budget & Finance:**

Judy Werner  
(see previous listing)

**Research:**

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H- (313) 886-0464

**Continuing Education:**

Barb Blaylock  
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W- (419) 321-4645  
H- (419) 691-1759

**Fundraising:**

Joan Swickley  
(See previous listing)

**Government Affairs:**

Martha Saulman  
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Corydon, IN 47112  
H- (812) 738-4071

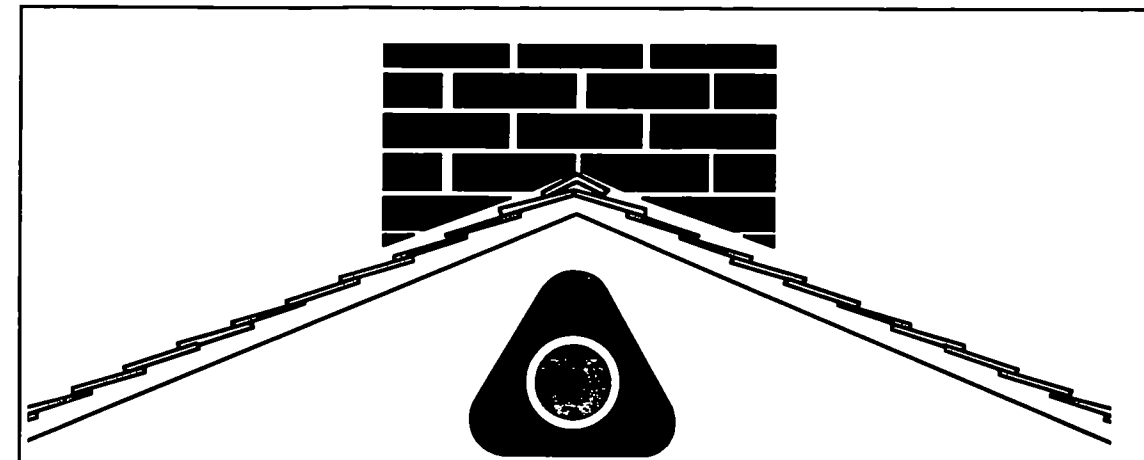
Elizabeth Winn  
6384 Engle Road  
Brook Park, OH 44142  
H- (216)-267-8215

**Nominating:**

Terri Boyd  
(see previous listing)

**Public Relations:**

Linda Hoelzle  
Memorial Hospital  
715 South Taft Avenue  
Fremont, OH 43420



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# Committee Reports

## Research Committee

The Research Committee Survey was completed by 53 nurses. Only 17 were returned by mail from the Mid-Eas Dropper. The remainder (n=36) were obtained from members attending a local meeting in Detroit or the Mideast Region Fall Meeting in Indianapolis. I will summarize the results. The sample size for items will vary since some responders did not answer all items.

The ET nurses tended to have a BSN (n=33) or MSN (n=12) degree. Employment tended to be in acute care (n=43) or home care (n=23). The years of experience as an ET nurse ranged 1 to 23 years (n=7.2, SD=6.1). Fourteen persons had presented research, 14 had a publication, and 16 had participated in a research project. There were 47 persons (89%) interested in a regional research project. The nurses' comfort with various aspects of research is presented in Table 1. Except for understanding the steps of the research process (M=3.0) and critique a research article (M=2.9), all items were rated as poorly prepared or uncomfortable. The majority of persons stated they would attend a presentation on the topic at a regional meeting.

Table 2 presents information about the ET nurses' ability to arrange research time in a work schedule. The nurses rat-

ed research as important (M=3.5), expressed an interest in research (M=3.3), and had colleagues with whom to share research ideas (M=3.2). They felt they lacked time to participate in research (M=2.6), were not rewarded for participating in research (M=2.7), lacked a research mentor (M=2.5), and lacked institutional support and resources to do research (M=2.4). The Research Committee was viewed positively (M=3.3), but some members did write that they had no way to rate this item.

Considering the number of members who receive the Mid-Eas Dropper, the response to this survey was very low and a great disappointment. It is not known if the non-responders were very comfortable or very uncomfortable with research. The Research Committee felt that the Mid Eas Dropper was the most cost effective manner to distribute the survey. The results must be considered cautiously. Considering the number of positive responses to attending a presentation about research, presentations, or publications, the MidEast Region should consider a lecture (30 min. to 1 hour) or work session on one of the topics each year at the Regional Meeting. Possibly it could be scheduled as a breakfast session or during the lunch break so as to not inter-

fere with the structured program. There appears to be interest in a regional research project. Whatever project is developed would need to be done as simply as possible since these ET nurses expressed little time to do research or institutional support for research. Although several research topics were suggested, the most common were prevalence/incidence of pressure ulcers (n=4), validation of the ET nurse's role (n=2), pressure ulcer prevention (n=2), and sterile vs non-sterile technique in wound care (n=2). The following ET nurses agreed to serve as mentors for members who request assistance - Carol Mikols, West Branch, MI, Deborah Williams, West Branch, MI, Robert Frount, Lansing, MI, Mary Berry, Detroit, MI, Barbara Pieper, Detroit, MI, and Barbara Blaylock, Toledo, OH. The Research Committee appreciates your input, and will continue to examine the results of this survey.—Barbara Pieper

**NOTE:** Please see Tables on next page.

**TABLE 1** Preparation and Comfort with Research, Research Presentation, and Publication (N=53)

| TOPIC  | PREPARATION/COMFORT |     | Would you attend a presentation on this topic at a regional meeting? |    |
|--|---------------------|-----|--|----|
|  | MEAN                | SD  | Yes  | No |
| Critique a research article                    | 2.9                 | 1.3 | 34   | 15 |
| Write a research proposal                      | 2.0                 | 1.1 | 38   | 11 |
| Understand steps of the research process       | 3.0                 | 1.3 | 34   | 14 |
| Prepare an oral research presentation          | 2.4                 | 1.3 | 36   | 12 |
| Prepare a research poster                      | 2.4                 | 1.4 | 38   | 13 |
| Write an abstract                              | 2.3                 | 1.4 | 38   | 13 |
| Write a manuscript for publication             | 2.2                 | 1.4 | 37   | 13 |
| Turn QI, CQI, CI, etc. into a research project | 2.1                 | 1.2 | 40   | 11 |
| Collect data for a multi-site project          | 2.5                 | 1.3 | 46   | 5  |

**TABLE 2** Perception of Integrating Research into Role (N=53)

| TOPIC  | RATING |     |
|--|--------|-----|
|  | M      | SD  |
| I have time to participate in research   | 2.6    | 1.1 |
| My position rewards participation in research.   | 2.7    | 1.3 |
| I have colleagues with whom I can share research ideas.  | 3.2    | 1.4 |
| I have adequate mentoring to participate in research.  | 2.5    | 1.3 |
| Nursing research is very important to my practice.   | 3.5    | 1.3 |
| I am personally interested in conducting nursing research.   | 3.3    | 1.2 |
| Research articles in professional and specialty journals meet my needs.  | 3.1    | 1.0 |
| My employing facility/institution gives me the resources and support I need to participate in nursing research.    | 2.4    | 1.2 |
| The Research Committee of the MidEast Region provides appropriate mentoring and recognition awards to the members. | 3.3    | .9  |

## Operations Manual

The Operations Manual committee met this summer and reviewed all of the procedures. Most all committee chairs submitted their revisions to me but I am waiting for a few more.

The revisions are being copied and prepared for typing. The updated manual will be ready for the Spring 1996 Board Meeting.

Special thanks to those who made by life much easier this summer. These dedicated nurse volunteers committed a weekend, at their own expense, to venture to northern Michigan to help update our operations manual (Connie Anthony, Terri Boyd, Sharlene Kennedy, Rosemarie VanIngen, and Judy Werner).

The manual will be typed using Microsoft Word and disks will be distributed to all officers and the bylaws chair. Printed manuals will be submitted to the board members at the board meeting. Members of the Region may request a manual by sending a request in writing to the President-Elect of the Region.—*Sharon Ballard-Krishnan*

|   |  |   |
|---|--|---|
| <b>H. New Business</b>                          |  |   |
| 1. Liability of Officers and Board of Directors | 1. S. Krishnan will check into need for liability insurance for officers.  |   |
| 2. Medical Advisory Board                       | 2. D. Forster raised issue: what is function of Medical Advisory Board and do we need a Medical Advisory Board   | 2. D. Forster to develop survey for newsletter to determine feelings of membership re: need for Medical Advisory Board. |
| <b>I. Announcements</b>                         |  |   |
| 1. New Banner                                   | 1. New Banner made by Rosemarie Van Ingen  | 1. Allyn Davies to send thank-you to Rosemarie Van Ingen.   |
| 2. Illness                                      | 2. Ethyl Pryor has been ill. Cards would be appreciated.   |   |
| 3. Scholarship Dollars                          | 3. Fran Demo, Scholarship Committee thanked Mid-East Region for the scholarship money. Reassured membership that criteria can be specific re: who can use. |   |
| <b>J. Adjournment / Networking</b>              |  |   |
|   | 1. Karen Granby moved to adjourn. Seconded by Esther Aszodi.   | 1. Meeting adjourned, 2:00 p.m.   |

Respectfully submitted,

Allyn Davies

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 David Oak - South OH, Indiana, Kentucky, (800) 213-9574 Ext. 419

# Minutes

| F. Committee Reports                                   |  |   |
|--|--|---|
| 1. By-Laws - Connie Anthony                            | 1. Sandy Duda reported that Connie Anthony will send by-laws to anyone interested. Cost of general mailing prohibitive. Changes in by-laws to be addressed in the Spring.  |   |
| 2. Continuing Education - Barb Blaylock                |  |   |
| 2a. 1995 Indianapolis - Kelly Jaszarowski              | 2a. K. Jaszarowski congratulated her committee on a great conference. Anticipated \$6,000 profit. 195 attendees on Friday (108 members) and 120 on Saturday.   | 2a. Data to be passed along to the 1996 group.  |
| 2b. 1996 Conference in Louisville                      | 2b. Conference planned for Oct. 17, 18, 19 in Louisville, KY; details to follow.   |   |
| 2c. 1997 Conference in Michigan S. Kennedy / J. Werner | 2c. 1997 Conference in Frankensmuth; details to follow.  |   |
| 3. Fundraising - Joan Sewickey                         | 3. J. Sewickey reported \$4,054 revenue from Denver. Profits from this conference - \$2,445.   |   |
| 4. Government Affairs                                  |  |   |
| 4a. Evelyn Lee / Bernice Hawk at NIWI.                 | 4a. 1994 NIWI graduates B. Wynn and M. Sautman will chair government affairs in 1996. In 1996, G. Altizer will attend NIWI. President-elect will attend in 1997. Effective 1997, Parliamentarian will alternate NIWI attendance with President-elect and whoever attended NIWI the previous year will chair committee.   |   |
| 4b. Continuing Education & Research Survey             | 4b. Evelyn Lee received few responses to survey printed in September '95 Dropper.  | 4b. Please return questionnaires to Evelyn Lee ASAP.  |
| 5. Historian - Peg Valmassori                          | 5. No Report. Paula Toth reported that she and D. Krasner are editing a book on the history of ET Nursing.   |   |
| 6. Nominations - Terri Boyd                            | 6. Reported 113 legal ballots, 12 invalid ballots. Election results:<br>Treasurer, Judy Werner - 109<br>Trustee, Sherlene Kennedy - 82<br>Laurie Tankersly - 28<br>Trustee, Sandra Duda - 62<br>Rosemarie Van Ingen - 51<br>Terri Boyd moved that vote be accepted. Seconded by Justina Yunger.<br>Terri Boyd moved to destroy ballots; seconded by Becky Roberts. | 6. Judy Werner is Treasurer<br>Sherlene Kennedy is Trustee<br>Sandy Duda is Trustee<br>Vote Accepted<br>Motion passed |
| 7. Public Relations - Linda Hochstetler                | 7. Mid-East Region buttons distributed. Will also be available at future meetings. Letters are sent out to welcome new members. Reminder to show support of region by checking regional rebate box on dues renewal form.   |   |
| 8. Publications - J. Werner / S. Kennedy               | 8. Judy Werner asked for address updates. Publication deadlines 1/15, 4/15, 9/15. If anyone has an interest in taking over newsletter, talk to Judy or Sherlene.   | 8. All areas asked to submit their activities for publication in newsletter.  |
| 9. Research - Barbara Pieper                           | 9. Research Needs survey distributed; please return. Barbara Pieper is looking for a new chair.  |   |
| 10. Excellence in Writing - Rebecca Roberts            | 10. Robert Trout will be new chair for Excellence in Writing. Four articles submitted for review. The winner of 1995 Excellence in Writing Award is Cindi Mosher from Bon Secours Hospital in Grosse Pointe, Michigan.   | 10. Congratulations to Cindi Mosher   |
| G. Unfinished Business                                 |  |   |
| 1. 1996 ANA Convention - Paula Erwin-Toth              | 1. Paula Toth reported that her abstract was not accepted for ANA conference; membership polled regarding still sending a representative to ANA Conference, preferably Paula Toth. Application due mid-January.  | 1. Mid-East Region to send Paula Toth as representative to ANA Conference 1996.                                       |

## Excellence in Writing Award

This award is designed to stimulate scholarly writing by the members of the MidEast Region of the WOCN. An honorarium of \$100 and a plaque will be awarded to the author(s) of a manuscript that makes a significant contribution to the sphere of ET Nursing. The following guidelines apply to the award:

- The author(s) must be a member of the MidEast Region of the WOCN.
- Manuscripts must be 500 words or more.
- Manuscripts must have been submitted for publication or published between the dates of September 16, 1995 and September 15, 1996 by a professional journal.
- All manuscripts must be related to the specialty of ET nursing practice. The focus can be from an educational, clinical, administrative, economic, research or legislative viewpoint.
- The MidEast Region's Excellence in Writing Award Committee will select the outstanding manuscript. Manuscripts will be reviewed anonymously by committee members.
- The award will be conferred at the 1996 MidEast Regional Conference in Louisville.
- Submissions must be received by September 15, 1996. Manuscripts received after that date will be considered for the subsequent award.
- Manuscripts should be sent directly to the 1996 chairperson: Robert Trout, 2785 Lamoreaux Lane, Holt, MI 48842.—Robert J. Trout, RN, BSN, CETN

### Excellence in Writing Report - 1995

Four articles were submitted for review. The reviews were:

Paula Erwin-Toth - Cost Effective Pressure Ulcer Management in Extended Care. Ostomy Wound Management 1995; 41:645-695.

Paula Erwin-Toth and Barbara Hocesvar - Wound Care: Selecting the Right Dressing. AJN 1995; 95: 46-51.

Cindi M. Mosher - Putting Pressure Ulcers on the Map. JWOCN 1995; 22:183-186.

Edith D. Hung-Raleigh, Mary Berry, and James Montie, MD - A Comparison of Adjustments to Urinary Diversions: A Pilot Study. JWOCN 1995; 22:58-63.

The winner of the Excellence in Writing Award for 1995 was Cindi M. Mosher. Cindi is a clinical nurse specialist at Bon Secours Hospital, Grosse Pointe, Michigan. Bob Trout has agreed to be the new chairperson for the Excellence in Writing Award.—Becky Roberts

## Outstanding ET Nurse Award: 1995

Committee Members: Mary Jo Billiter (Kentucky), Nancy Martin (West Virginia), Martha Saulman (Indiana), Susan Sinkovic (Ohio), and Charlene Taylor (Michigan).

Runners Up: Barbara Pieper, PhD, RN (Michigan), nomination submitted by Barbara Blaylock; and Kathy Wilson, RN, BSN, CETN (Indiana), nomination submitted by Lena McCuggin.

Outstanding ET Nurse for 1995: Trudy Blied, RN, CETN (Michigan), nomination submitted by Helen Arend.

I would like to congratulate Trudy, Barb and Kathy for being outstanding representatives of the MidEast region. Each of the winners are to receive a medal of achievement and the outstanding ET nurse shall receive a wall plaque as well.

I would like to thank my wonderful (and fun too!) committee. I am looking forward to working with all of my volunteers again next year.—Sharon Ballard-Krishnan

# MailBag

## "A Democratic Appeal"

To WOCN Board of Directors:

Your decision regarding making the regional dues rebate optional has generated concern among the members of the Mid-East Region.

In the past, MidEast Region members have been proponents of the need to keep the regional structure viable. The regions have all been instrumental in providing information, networking, and supporting WOCN members. As a region, we make sure to recruit and welcome new WOCN members into our collaborative network. The rebate helps to defray some of the costs of these efforts.

It is unfortunate that the regional presidents and the membership were not informed until after a decision was made. We do not necessarily dispute the outcome but rather the process utilized to make this decision. A strong regional base provides the national organization with much needed support. The MidEast Region has always supported the endeavors of the national organization and believed that for many years, a reciprocal relationship existed.

The members of the MidEast Region ask you to immediately reconsider this decision and allow further discussion of the member-

ship forum in Seattle. This could be followed by a mail vote of the entire WOCN membership. We respectfully request a response to our query as well as the minutes pertaining to this issue by November 5, 1995. Please fax the requested information to Paul Erwin-Toth, President MidEast Region, FAX (216) 445-6343, phone (216) 654-2829. We would also like to see this letter published in the WOCN News.

Thank you for your attention to this matter.

Sincerely, The MidEast Region Members

Paula Erwin Toth MSN RN CETN  
 Allyn Davies BSN RN ET  
 Allyn Davies BSN RN CETN  
 Jean Buckley RN BACETN  
 Shaolene Kennedy RN BSN GEN  
 Judy Werner RN BSN CETN  
 Sharon Ballard-Krishnan, RN, BS, CETN  
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 Dennis Doyle RN, BSN  
 Thery Ann Woodward RN, BSN, CETN  
 Aquilla Hengert RN, BSN, CETN

# Minutes

Mid-East Region (WOCN): The Wound Ostomy Continence Society

Meeting: Face Membership Meeting Date: 10/21/95 Called to Order: 12:15 p.m.  
 Chairperson: Paula Erwin-Toth Recorder: Allyn Davies Adjourned: 2:00 p.m.  
 Present: 60 members in attendance

| Agenda Item  | Discussion/Findings/Conclusion  | Action/Follow Up/Responsible Person  |
|--|---|--|
| <b>A. Call to Order - Paula Erwin-Toth, President</b>      |   |  |
| 1. Sign-In   | 1. All members signed in.   |  |
| 2. Introduction Parliamentarian                            | 2. Glenn Altizer introduced as Parliamentarian.   |  |
| 3. Quorum Determination                                    | 3. Glenn Altizer reviewed procedure for quorum determination.   | 3. No need for quorum  |
| 4. Additions/Deletions to Agenda                           | 4. Add Regional Rebate.   | 4. Added under Treasurer's report  |
| 5. Adoption of Agenda                                      | 5. K. Cranby moved that agenda be accepted, W. Steffer seconded.  | 5. Agenda adopted  |
| 6. Voting Reminder   | 6. Paula Toth reviewed voting eligibility.  |  |
| <b>B. Welcome - Paula Erwin-Toth</b>                       |   |  |
|  | 1. Indianapolis Planning Committee congratulated on a great conference.   |  |
|  | 2. Past Presidents recognized.  |  |
|  | 3. First-time attendees welcomed.   |  |
| <b>C. Secretary Report - Allyn Davies</b>                  |   |  |
|  | 1. A. Davies moved that Oct., 1994, minutes printed in Mid-East Dropper be accepted as written; S. Kennedy seconded.  | 1. Minutes accepted  |
|  | 2. Thank-you note from R. Bryant shared regarding scholarship donation in her brother's name.   |  |
|  | 3. Certificate of Appreciation received from UOA for Mid-East Region contribution to Youth Rally.   |  |
| <b>D. Treasurer Report - Judy Werner</b>                   |   |  |
| 1. Budget and Finance                                      | 1. Budget and Finance - Audit complete, Signatures on file, Check book balance \$32,294.32  |  |
| 2. Regional Rebate   | 2. Paula Toth read letter from R. Bryant regarding making regional rebate optional on the membership renewal form. MER relies on \$4,900 from regional rebate. Discussed process by which the National Board made this decision. A letter composed by the MER Board, which opposed the process utilized to make this decision was shared with membership and circulated for signatures. | 2. Mid-East Region will continue to budget for the regional rebate. Allyn Davies will forward letter from the Mid-East Region to R. Bryant, National Office and Editor of WOCN News. |
| 3. Newsletter Fundraiser                                   | 3. All members encouraged to sell ads for Mid-East Dropper  |  |
| 4. Tax Exempt Status                                       | 4. Letter sent to Fred Droz asking for legal info regarding using national tax exempt numbers   | 4. Judy Werner to follow up  |
| 5. Scholarship   | 5. Discussion regarding scholarship monies being ear-marked for Mid-East Region members. Criteria can be written very specifically.   | 5. Follow up with scholarship committee (national) to review Mid-East Region scholarships.   |
| <b>E. President-Elect Report - Sharon Ballard-Krishnan</b> |   |  |
| 1. B.T. Nurse of the Year                                  | 1. E.T. Nurse of the Year - 1995 was Trudy Blied (Michigan). Trudy was nominated by Helen Arend. Runners-up Kathy Wilson and Barbara Pieper. Each received a Medal of achievement and a wall plaque.  | 1. Congratulations to Trudy Blied, Kathy Wilson, and Barbara Pieper.   |
| 2. Operations Manual                                       | 2. Operations Manual was distributed to Board members in the Spring; will be on disk to facilitate revisions.   |  |
| 3. Youth Rally/VOA   | 3. Money distributed directly to Youth Rally; will no longer be an agenda item.   |  |

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Dear MidEast Region WOCN:  
The Friends of Ostomates Worldwide USA (FOW-USA) gratefully acknowledges receipt of your membership dues in the amount of \$100 for the fiscal year August 1, 1995 through July 31, 1996.

Your generous contribution will enable us to continue and to expand our outreach in helping ostomates around the world. The funds will be used to pay for packing and shipping donated ostomy supplies to areas of greatest need. Early in 1996 you will receive the FOW-USA Newsletter, with an update of our activities.

Project S.H.A.R.E. is a cooperative program sponsored by the United Ostomy Association's In-

ternational Relations Committee and the Friends of Ostomates Worldwide - USA. Together we can accomplish so much.

A brochure about FOW-USA and Project S.H.A.R.E. is enclosed. Thank you for your support.

Sincerely, TennieBee M. Hall,  
Membership Secretary Friends of Ostomates Worldwide - USA

NOTE: No goods or services of value were provided to the donor in consideration of this donation.


## Fundraising

Thanks to all of our members who attended the regional conference in Indianapolis and aided our fund-raising efforts. Many wonderful gifts were donated for our "Silent Auction" and as a result we made over \$700.00 and had a lot of fun, too.

We sold lots of our ET Nurse shirts as well, and have had more orders for the golf shirts and the sweatshirts since the conference. Since we marked much of our jewelry down, we sold many early Christmas presents at bargain prices.

The special raffle was another winner thanks to our generous vendors. The prizes this time were:

1. \$50 American Express Gift Certificate donated by Bard, won by Norma Bangel of Indianapolis.
2. \$100 American Express Gift Certificate donated by Bard, won by Sharlene Kennedy of Flint, Michigan.
3. CD Sound System donated by Owens & Minor, won by Denise Forster of Cleveland, Ohio.
4. \$100 Gift Certificate from Talbots, donated by Huntleigh, won by Liz Pinion of Lexington, Kentucky.—Joan Sewickley



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# Announcements

## HOT NEWS!

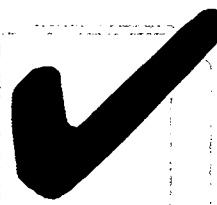
### Paula Erwin-Toth Runs For WOCN Secretary!

Mid-East Region president Paula Erwin-Toth has accepted the nomination to run for the WOCN office of secretary this spring.

Paula Erwin-Toth, Manager of Enterostomal Therapy Nursing at the Cleveland Clinic Foundation, received her Master Of Science in Nursing from the University of Akron. She is certified in E.T. Nursing and attended the R.B. Turnbull Jr. School of Enterostomal Therapy Nursing for her training.

Well-known all over the world, Paula Erwin-Toth has been instrumental in marketing the importance of E.T. Nursing to many different health care providers and their markets. Paula Erwin-Toth has diligently campaigned for and supported efforts to provide E.T. Nurses with third party reimbursement.

According to Sharon Ballard-Krishnan, Mid-East Region President-Elect, "Paula Erwin-Toth has contributed much to E.T. Nursing, the Mid-East Region, the United Ostomy Association and the patient care arena in general. Paula deserves to win this position as secretary."



Upon accepting her nomination, Paula Erwin-Toth remarked, "E.T. Nursing is both a vocation and avocation for me. I would be proud to serve the WOCN membership as secretary."

Look for the ballot with PAULA ERWIN-TOTH listed for WOCN secretary in near-future mailings from the WOCN.


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# Announcements

## Tri-State ET Nurses

The Tri-State ET Nurses Association met on October 11, 1995 at the Marriott Hotel in Charleston, WV. Along with Convatec, we cosponsored a presentation on Medicare Reimbursement for ostomy supplies. Our speaker was Gwen Turnbull, RN, BSed, CETN. The program was attended by 20 participants, including ET nurses, registered nurses and medical suppliers from West Virginia, Ohio and Kentucky.

*Please vote for our own Paula Erwin-Toth for WOCN National Secretary. Paula has done an outstanding job as our past president-elect and our current president and as ET-NEP Director of the Cleveland Clinic ET School. She will make an excellent National Secretary.*

**Mid-East Region WOCN Regional Conference**  
**October 17, 18, and 19, 1996**  
**Louisville, Kentucky**

**Congratulations...** to the Indianapolis Regional Planning Committee!! Not only did they offer us an excellent program and conference time, they made an outstanding profit from the conference. The final amount was \$14,576.12. Great job to all those who worked so hard and gave of their valuable time! Thank you to all from everyone in the Mid-East Region.

### Regional Planning Committee Members

Pam Houchens, Carolyn Smith, Fran Demo, Kathy Wilson, Melinda Sparks, Patty Lilly, Mary Baker, Carol Jones, Therese Staton, Jo Allen, Deb Hartman, Lena Mccubbin, Mary Arnold, Nancy Waltz, Lisa Kirk, Jana Props, and Martha Saulman.

## Southeast Michigan ET

The SouthEast Michigan ET group held a meeting November 9, 1995 in Bloomfield Hills, hosted by Mary Decker and Kathleen McKormick. There was an excellent presentation by Dr. Dwyen Fabia of Henry Ford Hospital dermatology department on problematic wound management.

At the September meeting in Frankenmuth, representatives from the task force reviewed survey results. The task force included: Mary Berry (Harper Hospital); \*Beverly Clark (Sinai Hospital); \*Barbara Horvath (Henry Ford Hospital); \*Diane Lenk (Botsford Hospital); \*Christine Rymal (Karmanos Cancer Institute); Kristine Sprague (Renaissance Home Care); and Rosemarie VanIngen (Private Practice). Those with an asterisk (\*) by their name were asked to serve on the Steering Committee for 95-96 to help implement the results of the survey.

Based on the survey, requesting pre-planned, mid-week, afternoon meetings, the following dates have been proposed for 1996. Mark your calendars!—*Judy Werner*

|  |  |
|--|--|
| Date: Wed., Feb. 21, 1996  | Date: August 1996  |
| Place: St. Joe's, Ann Arbor, MI  | Place: TBA   |
| Host: Barbara Boylan-Lewis, RN, CETN   | Host: Seeking a volunteer. Steering committee will assist with a speaker, etc., prn. |
| Topic: TBA   | Topic: TBA   |
| Date: Wed., May 8, 1996  | Date: Wed. Nov. 13, 1996   |
| Host: Diane Lenk, RN, MSN, CS, CETN  | Place: Karmanos Cancer Institute   |
| Place: Botsford Hospital   | Host: Christine Rymal, RN, BSN, OCN, CETN and Mary Connell, RN, BSN, OCN             |
| Topic: Master's Thesis: "The Nurse Administrator's Awareness of the ET Nurse Role" – Mary Berry, RN, MSN, CETN | Topic: Lymphedema Management   |

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# Announcements

## Indiana Skin Care Consortium

The Indiana Skin Care Consortium is an alliance of health care professionals dedicated to the promotion of highest quality skin and wound care. Participants represent a broad range of practice settings including acute care, extended care and home care throughout the state of Indiana. The group leadership is provided by three Indianapolis CETN's: Mary Baker, Terese Staton and Lena McCubbin.

This group was formed by the wound care nurses in the Indianapolis area hospitals who saw the need for collaboration with wound care education and practice in this region. The group sponsored an education workshop for the area nursing schools' faculty on updated wound care concepts in 1993. In November of 1994, the group sponsored a very successful external workshop on wound care and incontinence issues. Plans for future education include updating pharmacy students in current wound care products since many of the pharmacists practice in the retail market. In addition to sponsoring external workshops, the group focuses each meeting on educating members in current wound care issues.

For further information, you may contact Mary Baker, RN, CETN, Community Hospital East, Indianapolis, IN (317) 355-5973 or Patti Lilley, RN, CETN, Community Hospital North, Indianapolis, IN (317) 841-5650.—*Patti Lilley*



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from Wound Healing published by W.B. Saunders Co.; edited by Kalman Cohen M.D., et al.

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(continued on page 2)

## A Message From Our President...

Happy SPRING everyone! This year has been full of challenges and opportunities for E.T. and Wound, Ostomy & Continence Nurses. During January, two excellent WOCN meetings were held. The first, an education sum-

mit, gathered educators and leaders to discuss future trends for specialty education.

The second meeting, a leadership conference, was an opportunity for regional and national leaders to conduct frank discussions, problem solve and work on projects. I only wish all of you could have been there to see how productive and valuable this interaction was for all the attendees.

We realized that our shared mission and goals outweigh our differences. In this time of turmoil in health care, it is vital that we strive to work together. For the sake of our speciality and our patients, we cannot afford to be a house divided. One sense that I gained from this meeting is that all of us realized there are many different ways of meeting the needs of our members. Some tasks are best accomplished through the national office while others require a more "grassroots" approach.

Some E.T. and wound, ostomy and continence nurses prefer or are only able to obtain information directly from the national office. Others prefer structured regional or local groups with whom to network and develop their leadership activities. Ruth Bryant is to be commended for her leadership in organizing this valuable dialogue. It provided a firm foundation from which to build.—Paul Erwin-Toth, MSN, RN, CETN

Terri Boyd  
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**Operational Manual:**

Sharon Ballard-Krishnan  
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**Newsletter Fundraising:**

Sharlene Kennedy  
(see previous listing)

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# Guest Viewpoint

## In the healing arts, nurses are tops.

The proud profession of nursing appears to be undergoing dramatic, one could almost say drastic, changes in terms of its fundamental missions of patient care and health education.

What has happened to this great humanistic profession, always committed to treating human maladies, emphasizing the relief of suffering and pain?

For several centuries, it has been inappropriately identified almost exclusively with hospital care; but, historically, nursing always has provided one-to-one care in the poorest and most deprived communities.

Nowadays, nurses are intensifying their presence in such areas as preventive medicine, as well as in intimate care in the homes of the sick.

Why does it appear nursing is under attack from both inside and outside the profession? Has the honor and respect gone out of this noble calling? If so, what has happened? Who is responsible?

Still, isn't every family in our fair land excited to have one of its daughters or sons in the nursing profession? It remains one of the most respected forms of employment. (Indeed, it outranks the medical profession in terms of public respect.)

Today, as I make my daily rounds in the inten-

sive care units, on the regular hospital floors and as I deal with visiting nurses over the phone, I am constantly reminded of their continued expertise and overwhelming concern for their patients.

Yes, many great nurses whom I have known and with whom I have been honored to work with have

retired or left the profession or gone into administration. But their places have been taken by a still committed, still dedicated professional.

Nowadays, complex machines are in danger of replac-

ing the nurse and the doctor, but, fortunately, that hands-on philosophy so characteristic of this health-care specialty remains an integral component of modern nursing care.

Without nurses in our major medical facilities, regardless of the level of biotechnological sophistication, few severely injured or ill patients would survive. Far more than the physician's involvement, the one-on-one care provided by the nurse to the sickest, the elderly and the poor is the basic reason a patient will be cured or his or her quality of life will be extended.

We must never forget how important the human touch and compassion are to the obliteration of pain and curing of disease. Even

today, the nurse cannot be replaced by a machine.

Nursing is changing and it must change. But it is not the advanced instrumentation that is invading the delicate nurse-patient relationship; it is a new economic virus emphasizing cost-containment that threatens to destroy this relationship.

In medicine, it is fast becoming a religion where patient care is based on economics and not on quality. In the process, the graduate, highly trained nurse may be found to be too expensive for the rapidly developing managed-care health system, becoming a vanishing species.

The nurse, because of cost, may not be able to spend time with patients, thereby being unable to set up proper bonding relationships. Still, can any of us imagine a first-class health-care delivery system of the future without nurses, regardless of cost?

Doctors diagnose and operate; doctors prescribe drugs. But the hour-to-hour vigilance and care of the sick is the true responsibility of the nurse. Yes, the great health-care profession of nursing is changing, and it must change.

But let's thank God that the nurses are still at our bedside when we are ill, and let's continue to give them the honor and respect they so justly are due.



The writer, Robert J.

White, MD, is a professor of neurosurgery at the Case Western Reserve University School of Medicine and director of neurological surgery and of the Brain Research Laboratory at Metro Health Medical Center in Cleveland.

# Committee Reports

## Membership Rebate

---

*Note: This letter is the response to the letter that was submitted to the February MID-EAS DROPPER regarding the \$12.50 rebate to the region. This letter was sent to national and the editor did not receive the response in time to print it with the February issue.*

December 7, 1995

Dear Barbara Blaylock  
and Paul Erwin-Toth:

Thank you for your letter seeking clarification of the Board's recent decisions concerning membership dues. In regards to the \$12.50 "rebate", the Board determined that because this is the individual members money, THEY should be in the drivers seat in determining where they want this money to be allocated. Since our inception as a professional organization with regions, the national level of WOCN has supported regional development by rebating \$12.50 of annual membership dues to the region. This was an automatic regional rebate that, in fact, most members were unaware of. We believe it is not only considerate but ethical that we explain to members how their dues are being distributed and allow them to participate in the allocation of their money. I would like to add that if a member fails to designate where they would like their \$12.50 to go, it will automatically be rebated to the region. Thus far, members are allocating their rebates to the region. In no way was the Board attempting to "undermine regional activities". Per your request, a copy of the September Council meeting minutes is enclosed.

Once our 1996 budget is approved (hopefully during our December conference call), we will summarize the 32-page budget and distribute it to regional presidents who can then circulate the report within the region. Additionally, we will print a report in the Spring 1996 newsletter. Please contact Maria Garcés at National Office mid to late December to request a copy if you like. I acknowledge that we have been negligent in communicating our budgetary status to members and are looking to correct that this year.

Finally, you suggest topics for the newsletter clarifying the role of Adler Droz, Inc. as the WOCN management firm, and the role of the Board versus members in decision making. These are excellent suggestions and I assure you these will occur in the Spring 1996 newsletter.

Again, thank you for the comments and suggestions.

Sincerely, Ruth Bryant,  
RN, MS, CETN, WOCN  
President

## Operations Manual

---

The updated manual will be distributed to Board members at our spring Board meeting. Extensive corrections have been made to reflect the name change and tidy up the manual. Hopefully, the manual will make it easier for officers and committees to function.

The manual will be saved in Microsoft Word™ to make future corrections easier and save much on \$\$\$ for revisions.

Whoever becomes the next President-Elect may contact me for my copy of the disk.—Sharon Ballard-Krishnan

# Conference Planning Report

## Dates

October 17-19, 1996

## Location

Louisville Marriott East  
1903 Embassy Square Blvd.

## Room Rates

\$75 single or double occupancy. Rooms will be blocked until Sept. 25.

## Topic

Lower Extremities: Ulcers  
- Prevention and Treatment  
Foot and Nail Care

## Content Outline

Thursday:

**Evening** - Grand opening of exhibits and hours d'oeuvres.

Friday:

**Morning** - General session focusing on etiology, identification and treatment of LE ulcers followed by foot and nail care.

**Afternoon** - Breakout sessions: "Hands On" and demonstrations, e.g., sequential compression, Una boot, ProFore, foot care, orthotics.

**Evening** - Dinner and entertainment.

Saturday:

**Morning** - Continuation of foot care, MER membership meeting.

## Cost

\$85 Full Conference

\$65 Friday Only

\$30 Saturday Only

\$30 WOCN Member

Guest for Thursday and Friday evening.

## Miscellaneous

- Anticipate two mailings.
- First time vendors expressing interest to exhibit
- Nationally known speakers - medical and nursing
- Will limit registration to first 200



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| Uro-San™                | Lubri-Wipe™        |
| Freedom Leg Bags        | Ostomy and other   |
| Clear Advantage™        | accessory products |
| Absorbent Pouch for Men |                    |

### Patient Education Materials

- Patient Guide -  
*Clean Intermittent Catheterization* (English and Spanish)
- Parent Guide -  
*Clean Intermittent Catheterization* (English and Spanish)
- Self-Cath Videos for Adults and Children (English and Spanish)
- Toobie, Self-Cath Coloring Book for Boys and Girls  
(English and Spanish)
- Flash Cards for Self-Cath Training for Boys and Girls
- *Continent Urinary Ostomy Guide*
- Guide for Adolescents and Young Adults -  
*Bladder Augmentation with or without Continent Urinary Ostomy*
- *Guide to Male External Catheterization* (English and Spanish)

 **MENTOR**  
UROLOGY

# Elections! Elections! Elections!

That time is here again. Yes—and I am looking for a few good ET's to run for region offices. This is a wonderful chance to become more active at the regional level, help your organization, and gain some excellent insight. This year, we will elect a President-elect, Secretary and two Trustees.

Wouldn't it be fabulous to have at least three candidates for each office to choose from? Some people I talk with are afraid they will loose if they run and some are afraid they will win. Now, would it really be that horrible? Three meetings a year and the region helps with transportation and lodging costs. In these days of our employers cutting back on education funds, this is a good perk.

Consider how you could help your region and fill out the coupon below. Mail it post haste to Terri Boyd, 6540 Crietz Road, Dimondale, Michigan 48821 by July 1, 1996. If you have any questions about the duties of any office, please call me at 517-646-6858 after 6PM weekdays or weekends.

Send a short resume and policy statement. A head shot photo will also help. The election is a mail vote so you don't need to campaign. The DROPPER will accept any campaign notices. See it's easy to run and doesn't cost you a cent. You only have to be a member for a year to run, so how about all you new ET's? This is a good way for us to get to know you.

**YES!!**

I want to run for Regional office of \_\_\_\_\_ . I understand that if I win I will need to attend the Spring Board Meeting, National convention and Regional convention and accept the duties of this office.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Kelly Jaszarowski  
for WOCN  
Secretary!!**

WOCN is a viable and premier organization which requires experienced leadership to maintain this reputation and more the organization into the next decade. I have dedicated the last three years to WOCN on the national level while remaining active on the regional level.

I am able to make decisions and to provide input regarding the future of WOCN which will benefit both the organization and the membership. Thus as my term for Director expires, I am requesting your support for a nationally and regionally experienced WOCN member in the office of secretary. THANK YOU for voting  
- KELLY JASZAROWSKI!!!

**Paula Erwin-Toth  
for WOCN National  
Secretary**

Please vote for our own Paula Erwin-Toth for WOCN National Secretary. Paula has done an outstanding job as our past president-elect and our current president and as ET-NEP Director of the Cleveland Clinic ET School. She will make an Excellent National Secretary!



**Few things define an individual  
as much as an occupation.**

# CHOICES

## ENTEROSTOMAL THERAPY NURSE

The Department of Colorectal Surgery at the Cleveland Clinic Foundation has an immediate opening for an Enterostomal Therapy Nurse. Applicant requirements include:

- Current licensure in the State of Ohio
- BSN from an approved school of nursing
- Graduate of an approved school of Enterostomal Therapy
- ET Board Certified
- Current, demonstrated clinical competence in a health care setting
- Recent teaching experience in a clinical setting

The primary responsibilities of this position are to provide specialized nursing care to Hospital/Clinic patients to ensure continuity and quality of care, and act as a liaison with patient and physician. Candidate selected will function as a faculty member in our world renowned School of Enterostomal Therapy. The Cleveland Clinic Foundation offers a competitive salary and benefits package along with an environment that encourages personal and professional development. For consideration, please send your resume, in confidence, to:

Paula Erwin-Toth, RN, MSN, CETN  
Manager, Enterostomal Therapy Nursing  
Director, ET Nursing Education/KK 54  
THE CLEVELAND CLINIC  
FOUNDATION  
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Cleveland, OH 44195  
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# Announcements

The Regional Meeting at Conference in Seattle will be 8:00AM-9:00AM on Sunday morning before the opening session. Now, before you groan too much, remember—our slides will still be on east-standard daylight savings time. We will feel like 9:00AM or 10:00AM. I will be wide awake and ready to go. Please refer to the schedule screen for room number. The board will meet at 6:30AM before the regional meeting. Please

bring handouts ready to distribute to keep our reports on track and save time.

**SPECIAL CONGRATULATIONS ...** to *Carol TenEyck, BSA, RA, CETN* who recently received an award from Sigma Theta Tau International Honor Society of Nursing in recognition of Excellence in Nursing Practice.

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JoAnn Martin, R.N.  
B.S.N., ET

JoAnn Mok  
Board Certified Enterostomal  
Therapist Nurse Specialist

# Awards

## MidEast Region Nurse Researcher Award

The MidEast Region WOCNS Nurse Researcher Award will honor an individual or group who has completed a nursing research study that has focused on wound, ostomy or continence care and disseminated the results through presentation or publication.

### Criteria

- The individual or group has completed a nursing research study which has followed appropriate research methods and protection of human rights.
- The research adds to the body of nursing knowledge in regards to ostomy, wound or continence care.

- The findings of the research have been published, submitted for publication, or presented at professional meetings.
- The study may have been a funded or unfunded project.
- Investigators doing manufacturer directed and subsidized R&D studies are excluded.

### Eligibility

#### Requirements

- Active member of the MidEast Region of WOCNS
- Primary investigator on the study
- Investigators doing manufacturer directed and subsidized R&D studies are excluded.

Submit five (5) copies of the entire application to:

Barbara Pieper  
1356 Yorkshire  
Grosse Pointe Park, Michigan 48230

### Deadline

September 4, 1996

### MIDEAST REGION WOCNS NURSE RESEARCH AWARD APPLICATION

Nominee Name \_\_\_\_\_

Professional Title \_\_\_\_\_

Employment Address \_\_\_\_\_

City State Zip \_\_\_\_\_

Home Address \_\_\_\_\_

City State Zip \_\_\_\_\_

Phone (Work) (Home) \_\_\_\_\_

Active Member MidEast Region?  Yes  No

Title of Research \_\_\_\_\_

Provide Brief Description of Study (No longer than two double-spaced pages) (State purposes, protocol, results and discussion) \_\_\_\_\_

Submission for Publication (List journal and date) \_\_\_\_\_

Presentation at professional meeting (please list) \_\_\_\_\_

Provide one Letter of Support.

# Outstanding ET Nurse Award

**Prerequisites:**

- Nominee must be a member of the MidEast Region of WOCN for a minimum of two years.
- Nominee must attend at least one WOCN meeting a year (either MidEast Regional Meeting or National Conference).
- Nominee must be board certified in ET Nursing.

**Deadline:**  
August 1, 1996

The award will be presented to the winner at our Annual Regional Conference. Send nominations to Sharon Ballard-Krishnan, 1550 Brandywine, Bloomfield Hills, Michigan 48304.

The Selection Committee is comprised of a WOCN member from each state in our region. The Selection Committee is not

appraised of the names or agency affiliation of nominees until the selection is completed.

Briefly describe the nominee's qualifications for the ward and provide examples based on the following criteria. (Note: the nominee must meet 80 percent of the criteria)

1. Demonstrates excellence in the full scope of ET Nursing practice.
2. Devotes at least 50 percent of professional practice to providing direct care to patients with dermal ulcers, stomas, wounds and incontinence.
3. Shares knowledge by providing professional and community education via one on one education, seminars and symposiums.
4. Promotes the speciality of ET Nursing by actively participating in

professional, political and/or community organizations.

5. Actively promotes the growth and development of ET Nursing by providing peer support, preceptoring and recruitment.

## OUTSTANDING ET NURSE AWARD APPLICATION

| <i>Nominee</i> | <i>Submitted By</i> |
|----------------|---------------------|
| Name _____     | Name _____          |
| Address _____  | Address _____       |
| Agency _____   | Agency _____        |
| Position _____ | Position _____      |
|                | Daytime Phone _____ |
|                | Evening Phone _____ |

# Awards

## Kerschbaum Research Award

### Purpose

The purpose of this award is to encourage ET nurses and nurses specializing in wound, ostomy and continence care to contribute to advancement of nursing knowledge through research.

### Eligibility

#### Requirements

- Active member of the MidEast Region of WOCN

- Primary investigator on a study
- Currently engaged in the study for which funding is requested or planning to implement the study within one year of funding.

### Funding

- \$200 per applicant per available funds.
- Funding may be requested for photocopying, consultation, postage, computer supplies, etc.

- Applications will be competitively reviewed by three members of the Research Committee.

Submit five (5) copies of the entire application to:

Barbara Pieper  
1356 Yorkshire  
Grosse Pointe Park,  
Michigan 48230

### Deadline

September 4, 1996

## Newsletter Ads

Show your newsletter to your reps and tell them about this excellent way to get exposure for their companies via the MidEast Dropper.

### MIDEAST DROPPER NEWSLETTER AD FORM

*(Please enclose this form with your ad)*

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Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

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Mail to:

Sharlene Kennedy, RN, BSN, CETN  
7371 N. Gale Rd., Otisville, MI 48463  
Home Phone: (313) 653-7600  
Work Phone: (313) 257-9000, pager #2327  
Voice Message: (313) 257-9526

Ads run for one year (*three issues*)

Business Card \$35

1/4 Page \$75

3/4 Page \$175

1/2 Page \$150

Full Page \$250

**Newsletter Deadlines: January 15; April 15; September 15**

**APPLICATION FORM FOR RESEARCH FUNDS**

Name: \_\_\_\_\_

Present Address: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

**Educational Background:**

| Institution & Location | Inclusive Dates of Attendance | Diploma, Degree | Major |
|------------------------|-------------------------------|-----------------|-------|
| _____                  | _____                         | _____           | _____ |
| _____                  | _____                         | _____           | _____ |
| _____                  | _____                         | _____           | _____ |
| _____                  | _____                         | _____           | _____ |

Experience Record (last two positions): \_\_\_\_\_

| Title of Position | Employer Name & Address | Inclusive Dates |
|-------------------|-------------------------|-----------------|
| _____             | _____                   | _____           |
| _____             | _____                   | _____           |

Starting Date of Research Project: \_\_\_\_\_ Completion Date of Project: \_\_\_\_\_

Title of Research Project: \_\_\_\_\_

Date of Approval from Human Subjects Committee: \_\_\_\_\_

*(If neither exempt nor yet approved, please add a separate page discussing potential risks and benefits associated with the research and proposed safeguards).*

Discuss how the funding will be spent.

In no more than two typed pages, describe the purpose, background and methodology of the study.

**RESEARCH GRANT AGREEMENT**

If my request is approved by the Mideast Region Research Committee, I agree:

1. To use the money as described in the application and return any unused funds to the Treasurer.
2. When the study is completed, submit receipt(s) for the money spent and an abstract of the study to the chairperson of the Research Committee.
3. When the research is published or presented, appropriate recognition of funding source (Mideast Region, WOCNS) will be given.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

Title of Project \_\_\_\_\_

Project Beginning Date \_\_\_\_\_ Project Completion Date \_\_\_\_\_

Detach and Mail ... Updated Information is Appreciated ...

Name, Address or Employment Change?  
Please check appropriate box...

Date: \_\_\_\_\_

Name: \_\_\_\_\_  
(First Name, Last Name, Previous Name)

Home Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_

Phone (Home): \_\_\_\_\_

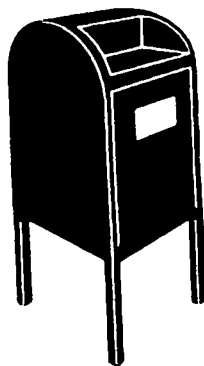
Work Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_

Phone (Work #): \_\_\_\_\_

Professional Status: \_\_\_\_\_

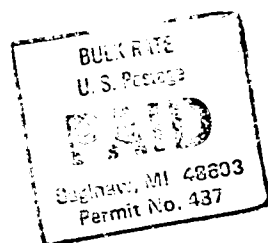
Do you wish change published in DROPPER?  Yes  No

Mail To:  
Judy Werner, RN, BSN, CETN  
St. Lukes Hospital  
700 Cooper Avenue  
Saginaw, MI 48602



\_\_\_\_\_  
(Your Signature)

**MID-EAS DROPPER**  
Judy Werner, RN, BSN, CETN  
St. Luke's Hospital  
700 Cooper Avenue  
Saginaw, MI 48602



Mrs. Margaret Valmassoi, RN, CETN  
6256 Vista Ridge Lane  
Cincinnati OH 45227

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# MID-EAS DROPPER

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Otisville, MI 48463  
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H- (810) 653-7600

Terri Boyd  
6540 Crietz Road  
Dimondale, MI 48821  
W- (517) 349-7880 or  
1-800-773-6316  
FAX (517) 349-3475

*(continued on page 2)*

## A Message From Our President...

Thanks to all of you who have made my transition from President-Elect to President quite simple. I am fortunate to have committees being chaired by such wonderful professionals and friends.

The Louisville Conference Planning Committee and Continuing Education Committee have been hard at work and promise an outstanding educational experience October 17-19, 1996. Mark these dates on your calendars. You may want to consider bringing family members or friends along. The room rates are reasonable and Louisville is quite a hospitable place to visit. More information is contained within this newsletter and in a conference brochure you should be receiving in the mail.

Please take a moment and look over all of the committees listed in this newsletter. If you should find anything intriguing, it would be very nice if you would call the committee chair and add your name to the list. No one understands what it is like to be working full-time, going to school again, raising a family and volunteering your time—all at the same time—more than I do. I am doing it all night now. But if we all pitch in, just a little tiny bit, the work may be lighter and our Region stronger. Most committee work requires less than four hours per person in one year.

Sharlene Kennedy and Judy Werner have done an outstanding job with our newsletter for several years now. After the fall conference, Pat Lilley will be taking over. She may be reached at (317) 835-4439 (H) or (317) 841-5650 (W). Thanks to Sharlene and Judy for always being there when a committee needed strength and to Pat, our new newsletter chair. Sharlene and Judy's next venture is planning our 1997 Regional Conference in Michigan!

I hope to see much support for Barb Pieper's research committee in the next two years. If you have not participated in a research project in the past, this may be a great opportunity to work through the process and shed a bad case of researchophobia. Drop Barb a line if you are interested.

Bob Trout has been kind enough to make some suggestions to our membership to alleviate another phobia - e-mail-o-phobia! Look for them in the Mid-Eas Dropper. If anyone else has ideas pertaining to advanced technologies, computer program suggestions and the like, please submit them for publication in our newsletter.

It was very exciting to see two members from our Region, Kelly Jaszarowski and Paula Erwin-Toth, accept nominations for a national office this past spring. Both have contributed much time and energy to our region. Their work did not go unnoticed nationally. It was a very close race between Kelly and Paula, who both ran for the office of WOCN national secretary.

*(continued on inside page)*

**Historian:**

Margaret Valmasoi  
6256 Vista Ridge Lane  
Cincinnati, OH 45227

**Parliamentarian:**

Glenna Altizer  
505 College Ave.  
Barboursville, WV 25504  
W- (304) 526-2285  
H- (304) 733-0766  
FAX (304) 526-2008

**SPECIAL COMMITTEES****Operational Manual:**

Sharon Ballard-Krishnan  
(See previous listing)

**Newsletter Fundraising:**

Sharlene Kennedy  
(see previous listing)

**Excellence in Writing Award:**

Robert Trout  
Sparrow Hospital  
PO Box 30480  
Lansing, MI 48909-7980  
(517) 483-2687

**ET Nurse of the Year Award:**

Sharon Ballard-Krishnan  
(See previous listing)

**MEDICAL ADVISORS**

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**STANDING COMMITTEES****By-Laws:**

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146 Linden Blvd.  
Mason, MI 48854  
H- (517) 676-0658

**Budget & Finance:**

Judy Werner  
(see previous listing)

**Continuing Education:**

Barb Blaylock  
3055 Eastmoreland  
Oregon, OH 43616  
W- (419) 321-4645  
H- (419) 691-1759

**Fundraising:**

Joan Swickley  
(See previous listing)

**Government Affairs:**

Martha Saulman  
2173 N. Hwy. 337  
Corydon, IN 47112  
H- (812) 738-4071

Elizabeth Winn  
6384 Engle Road  
Brook Park, OH 44142  
H- (216) 267-8215

**Nominating:**

Terri Boyd  
(see previous listing)

**Public Relations:**

Linda Hoelzle  
Memorial Hospital  
715 South Taft Avenue  
Fremont, OH 43420

**Publication:**

Judy Werner  
FAX (517) 771-6672

Sharlene Kennedy  
(see previous listings)

**Research:**

Barb Pieper  
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**Hold the Foam!**

All WAFFLE products are made from non-abrasive, medical grade vinyl to permit movement without skin shear and ensure total quality performance, mobility and patient comfort.

There is much talk these days about mattress replacements. On the surface, foam seems to be a cheaper alternative. But the truth of the matter is, foam is foam—whether it's an egg crate or an expensive mattress replacement. The inevitable complications caused by foam end up costing you more in the long run.

Foam retains bacteria and unpleasant odors while WAFFLE products come standard with moisture escape and incontinent drainage holes, permanent flame retardant and anti-microbial which is easily cleaned and disinfected.



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**DO THE MATH!**

The example below shows the considerable cost savings from using WAFFLE products in a 50 bed facility.

A.) 50 Foam mattress replacements at \$400 each for 3 years, with one ulcer per month costing a minimum of \$5,000:

|                                |            |
|--------------------------------|------------|
| 50 X \$400                     | = \$20,000 |
| \$20,000 ÷ 3 years             | = \$6,666  |
| \$6,666+ (\$5,000 X 12 months) | = \$66,666 |

vs.

B.) \$42 WAFFLE Mattresses with average life of 90 days on all 50 beds, no breakdown:

|               |                              |
|---------------|------------------------------|
| 365 days ÷ 90 | = 4 WAFFLES per bed per year |
| 4 X 50        | = 200 WAFFLES per year       |
| 200 X \$42    | = \$8,400                    |

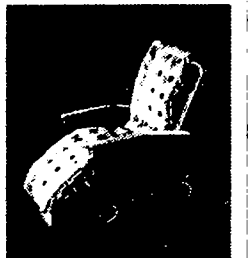
**TOTAL SAVINGS = \$58,266 PER YEAR**

Also, the disposal of foam as a medical waste product must be factored into the equation.

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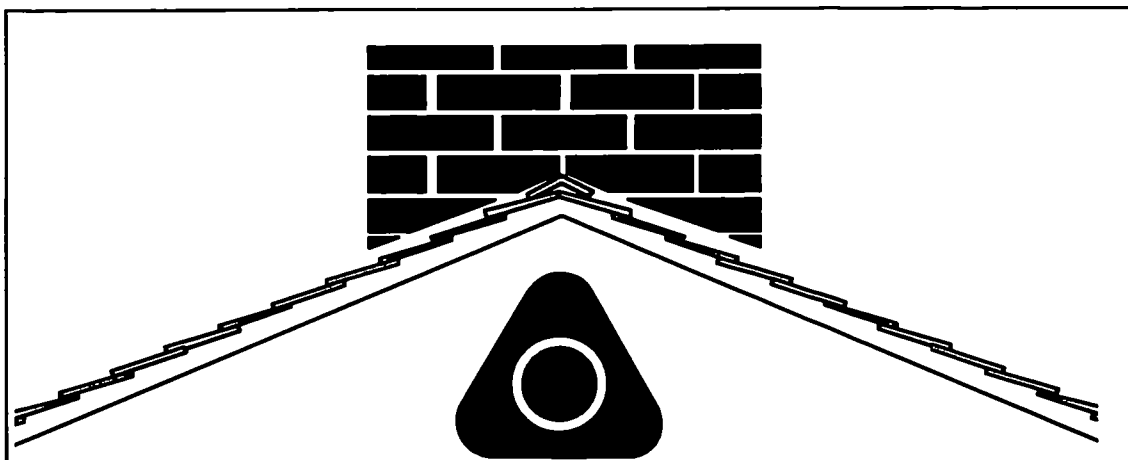


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## NIWI Report

The 1996 Nurse in Washington internship was a great success. There were 77 nurses from all over the country representing over 20 specialty organizations. The WOCN was represented by six ET nurses.

Our few (not enough) days at the conference were jam-packed with information and speakers. The main topic on just about everyone's mind at the time was the budget battle. During the week we were there, the Democrats and Republicans were preparing for another possible government shutdown. One of the major issues of the budget battle has been Medicare and Medicaid reform proposals. NIWI participants shared a panel discussion session with participants of the Nursing Economics conference with addressed this issue. Speakers on the panel included Sheila Burke, RN, Chief of Staff for Senator Bob Dole (R-KS) and Mary Wakefield, RN, Director, Center of Health Policy at George Mason University. The panel agreed that there needed to be some form of reform and/or growth con-

tainment; they just couldn't agree on how to achieve it. The Congressional Budget Office projects that Medicare expenditures will grow from \$176 billion in 1995 to \$286 billion 2000. This is an average growth of 10.2% over the next five years. The CBO also projects that Medicaid expenditures will grow from \$157 billion in 1995 to \$262 billion in 2000. This represents a growth rate of 10.8% over the next five years. So, you can see that this is an issue that will continue to have much discussion and debate in the coming election year.

The six ET nurses spent an interesting lunch with Gregory Andrews, who is the lobbyist for the WOCN. Greg gave us some good pointers on how to use our expertise to lobby our Congressional members. He also briefed us on the issues he is currently working on for the WOCN. This includes a project on telemedicine in rural areas.

One other interesting topic presented at the conference dealt with a study

conducted by the Institute of Medicine titled, "Nursing Staff in Hospitals and Nursing Homes: Is It Adequate?" Outcomes of the study included recommendations that hospitals expand the use of registered nurses with advance practice preparation and skills to provide clinical leadership and cost-effective patient care, particularly for patients with complex management problems. The results and recommendations of this study created quite a bit of discussion amount the attendees. And, as you can see, it could affect ET nurses greatly.

If you would like a copy of the summary of the study, contact:

Division of Health  
Care Services  
Institute of Medicine  
2101 Constitution  
Avenue, NW  
Washington, DC 20418  
or call  
1-800-624-6242.

The summary is also available on the Internet at:  
<http://www/nas.edu>  
—Glenna Altizer, RN,  
BSN, ET

### **A Message** *(continued from front page)*

Paula now hold the Office of Secretary. Our region regrets losing Kelly to a move which will place her in another region. Best wishes to Kelly and Paula.

Terri Boyd could always use help come election time. Give her a call at (517) 646-6858 after 6PM if you can help her with counting ballots. It is a fun job and the time goes by quickly.

I look forward to great times ahead for our MidEast region. The national WOCN showed much support at the leadership conference this past winter for improved communications and relations with the regions. Their efforts were appreciated and will be reciprocated when professionally appropriate.

To all of you, have a prosperous fall, healthy holiday, and a happy New Year. Feel free to fax me at (810) 299-3691 or call (810) 852-0638 after 8PM should you find the need. Thank you for your support!—  
Sharon Ballard-Krishnan,  
BS, RN, CETN

# Committee Reports

## You Mail, I Mail, E Mail!

ET nurses are great communicators with patients and staff but often not as good keeping in touch with each other. One option to improve our networking is through the computer, specifically e-mail. For many situations, e-mail is an excellent opportunity that requires little or no experience with the Internet or advanced computer wizardry.

This year's conference in Seattle provided a wonderful opportunity to work with computers and explore WOCN's web site. The handout provided during the computer sessions was an excellent overview of computerese. E-mail uses similar methods to accessing sites to send mail but can be simpler.

## Fundraising Report

The fund-raising efforts at the Seattle conference were once again a great success! We sold out of our ET nurse sweat-shirts and will have them available at Louisville as well as our golf shirts. We will also have our silent auction so be sure to bring an interesting donation. We hope to have a special raffle again—bring your checkbooks! Please leave a slot of time to help in the regional booth if you can. Many thanks to all of you who helped so much at the conference.—Joan Sewickley, RN, BA, CETN

E-mail defined is "electronic mail." Your address is wherever you access a computer. It's as easy as typing a letter on a word processor. Within e-mail, it only takes a short combination of buttons to send a letter, and it is instantaneously sent to another person's computer. The major stepping stones required are in setting up a system through which e-mail can be sent.

The first step is getting the hardware (computer equipment). You must have some type of fairly recently built computer and a modem. The modem can be external or internal and provides a telephone hookup with other computers. The second step is

finding a software program with an e-mail system in the Internet or another network. Examples of systems that have e-mail are Compuserve, American On Line, Global Network, Microsoft, and others (call any of these and ask for an installation disk, and you'll likely get a free trial offer). A fairly reasonable charge is accrued per minute of use. Another often used e-mail system is through public universities. Michigan State University, for example, offers "free" (I'm sure I paid for it with my tuition) e-mail services for students and alumni. Also, large corporations and federal and state government have their own access to systems.

Electronic mail offers a great opportunity to network with non-urgent issues. I can check my e-mail daily at home or at work. If family members have e-mail capabilities, it's a great way to keep in contact without long distance calls. Hopefully, in the future, we will be including e-mail addresses with our directory and all keep in better touch.—Bob Trout

## Tri-State ET Report

The Tri-State ET Nurse group met May 21, 1996 in Charleston, West Virginia. There were five members present. Glenna Altizer, RN, BSN, ET presented a report on the 1996 NIWI conference and discussed ways ET nurses could have an impact on their elected officials. Members were also presented with a demonstration of the RIK bed.

The next meeting will be held September 11 in Clarksburg, West Virginia. Dr. C. Bradley Franz will be giving a presentation on dermatology.

### WINNERS OF THE SPECIAL RAFFLE

1. Cross pen and pencil set – donated by Carrington – won by Bernie Sodaitis
2. Mont Blanc pen – donated by Smith & Nephew United – won by Mary Merrill
3. \$100 Talbot's Gift Certificate – donated by Braun – won by M. Sugrue
4. \$150 Talbot's Gift Certificate – donated by Convatec – won by Bev Wallace
5. Coach purse – donated by R.T. Shaw Medical – won by Bev Wallace
6. Cannon camera – donated by Healthpoint and J&J – won by Becky Wills
7. Cleveland Clinic slides – donated by Paula Erwin-Toth – won by Mary Baker

### APPLICATION FORM FOR RESEARCH FUNDS

Name: \_\_\_\_\_

Present Address: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

Educational Background:

| Institution & Location | Inclusive Dates of Attendance | Diploma, Degree | Major |
|------------------------|-------------------------------|-----------------|-------|
| _____                  | _____                         | _____           | _____ |
| _____                  | _____                         | _____           | _____ |
| _____                  | _____                         | _____           | _____ |

Experience Record (last two positions): \_\_\_\_\_

| Title of Position | Employer Name & Address | Inclusive Dates |
|-------------------|-------------------------|-----------------|
| _____             | _____                   | _____           |
| _____             | _____                   | _____           |

Starting Date of Research Project: \_\_\_\_\_ Completion Date of Project: \_\_\_\_\_

Title of Research Project: \_\_\_\_\_

Date of Approval from Human Subjects Committee: \_\_\_\_\_

*(If neither exempt nor yet approved, please add a separate page discussing potential risks and benefits associated with the research and proposed safeguards).*

Discuss how the funding will be spent.

In no more than two typed pages, describe the purpose, background and methodology of the study.

### RESEARCH GRANT AGREEMENT

If my request is approved by the Mideast Region Research Committee, I agree:

1. To use the money as described in the application and return any unused funds to the Treasurer.
2. When the study is completed, submit receipt(s) for the money spent and an abstract of the study to the chairperson of the Research Committee.
3. When the research is published or presented, appropriate recognition of funding source (Mideast Region, WOCNS) will be given.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

Title of Project \_\_\_\_\_

Project Beginning Date \_\_\_\_\_ Project Completion Date \_\_\_\_\_

# Awards

## Kerschbaum Research Award

### Purpose

The purpose of this award is to encourage ET nurses and nurses specializing in wound, ostomy and continence care to contribute to advancement of nursing knowledge through research.

### Eligibility Requirements

- Active member of the MidEast Region of WOCN

- Primary investigator on a study
- Currently engaged in the study for which funding is requested or planning to implement the study within one year of funding.

### Funding

- \$200 per applicant per available funds.
- Funding may be requested for photocopying, consultation, postage, computer supplies, etc.

- Applications will be competitively reviewed by three members of the Research Committee.

Submit five (5) copies of the entire application to:

Barbara Pieper  
1356 Yorkshire  
Grosse Pointe Park,  
Michigan 48230

### Deadline

September 1 or March 1 every year.

## Newsletter Ads

Show your newsletter to your reps and tell them about this excellent way to get exposure for their companies via the MidEast Dropper.

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Voice Message: (313) 257-9526

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Business Card \$35

1/4 Page \$75      3/4 Page \$175  
1/2 Page \$150      Full Page \$250

Newsletter Deadlines: January 15; April 15; September 15

## Conference Update

With the Regional Conference only a few weeks off, the Planning Committee is working on the final details for this very exciting, informative conference. This year's conference will focus on prevention and treatment of lower extremity ulcers.

It has been estimated that nearly three quarters

of the 54,000 diabetes-related amputations per-

formed each year in the United States could be prevented with proper foot care. Until recently, ET nurses have addressed the management of diabetic ulcers with lim-

ited emphasis on prevention of this costly problem. As with pressure ulcers,

prevention is a far more cost-effective management strategy. ET nurses have been a major force in preventing pressure ulcers. It is now time for us to have a similar impact on reducing serious diabetic ulcers by initiating preventive foot care programs. This year's conference will give you the "how to's".

The Planning Committee is urging you to attend the entire conference - Thursday evening thru Saturday afternoon since half of the preventive foot care content will be offered on

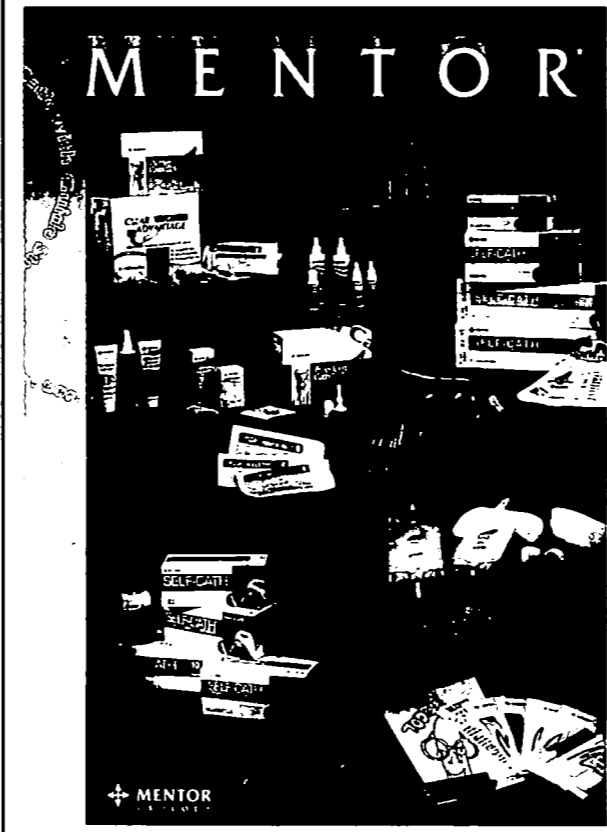
Saturday morning. Plus, you won't want to miss Friday evening's dinner and entertainment at Churchill Downs Kentucky Derby Museum.

### Speakers:

**Claude Burton III, MD**  
Dr. Burton is a board certified dermatologist and associate professor of medicine at Duke University as well as a nationally recognized expert in the management of lower extremity ulcers. Sponsored by Convatec, a Bristol-Myers Squibb Co.

(Continued on page 4)

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| Uro-San <sup>®</sup>          | Lubri-Wipe <sup>®</sup>  |
| Freedom <sup>®</sup> Leg Bags | Ostomy and other         |
| Clear Advantage <sup>®</sup>  | accessory products       |
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#### Patient Education Materials

- Patient Guide - Clean Intermittent Catheterization (English and Spanish)
- Parent Guide - Clean Intermittent Catheterization (English and Spanish)
- Self-Cath Videos for Adults and Children (English and Spanish)
- Toobie, Self-Cath Coloring Book for Boys and Girls (English and Spanish)
- Flash Cards for Self-Cath Training for Boys and Girls
- Continent Urinary Ostomy Guide
- Guide for Adolescents and Young Adults - Bladder Augmentation with or without Continent Urinary Ostomy
- Guide to Male External Catheterization (English and Spanish)



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**Conference Update**  
(continued from page 3)

Jan J. Johnson, RN,  
MSN, CETN

Ms. Johnson is a clinical nurse specialist and nurse clinician for the Dermatology Wound Clinic at Duke University Medical Center. Sponsored by Convatec, a Bristol-Myers Squibb Co.

Teresa Kelechi,  
MSN, RNCS

Ms. Kelechi is a gerontological clinical nurse specialist for the Foot Care Clinic at the Center for the Study of Aging, Medical University of South Carolina. Sponsored by Coloplast/Sween & Beiersdorf/JOBST

**AGENDA**

**Thurs., Oct. 17**

5:00-6:30PM Conference Registration  
6:30-9:00PM Grand Opening of Exhibits Terrace, Second Floor  
Cocktails, Hors d'oeuvres  
Sponsored by Enteron Medical Inc.

**Fri., Oct. 18**

7:00-8:00AM Conference Registration  
Welcome Breakfast Pool Side  
Sponsored by Smith & Nephew United  
8:00-9:45AM Current Trends in Diagnosis & Treatment of Lower Extremity Ulcers  
Speaker: Dr. Claude Burton  
9:45-10:30AM **BREAK** - Visit Exhibits Terrace, Second Floor  
Break sponsored by MidWest Wound Care Managers  
10:30-11:30AM Practical Leg Ulcer Management  
Speaker: Jan Johnson  
11:30-1:30PM **BUFFET LUNCH/VISIT EXHIBITS**  
1:30-3:30PM Nursing Foot Care: Clinical Practice Guidelines, Assessment Parameters, Toenail Care  
Speaker: Teresa Kelechi  
3:30-3:45PM **BREAK**  
Sponsored by Cox's Pharmacy & RIK Mattress  
3:45-4:30PM Breakout Sessions  
• Ankle/Brachial Index & Compression Therapy Demonstration  
Speaker: Jan Johnson  
• Identifying Common Foot Problems  
Speaker: Teresa Kelechi  
4:30-4:45PM Evaluations and Certificates  
6:00-9:00PM Dinner and Entertainment  
Kentucky Derby Museum at Churchill Downs Race Track  
The evening is sponsored by Hollister Inc.

**Sat., Oct. 19**

8:00-8:30AM Conference Registration  
Continental Breakfast  
Sponsored by Crown Therapeutics,  
Healthpoint Medical and VNA of Louisville  
8:30-10:30AM Procedures/Skills Review: Paring Hyperkeratotic Lesions,  
Packing Ingrown Toenails, Reducing Abnormal Load  
Speaker: Teresa Kelechi  
10:30-10:45AM **BREAK**  
Sponsored by Dermacare Inc.  
10:45-11:45AM Footwear and Products  
Speaker: Teresa Kelechi  
11:30-Noon Foot Care: Clinical Practice Issues  
Speaker: Teresa Kelechi  
12:00-12:15PM Evaluation and Certificates  
12:15-2:30PM **BUFFET LUNCH/MIDEAST REGION MEMBERSHIP MEETING**

**Outstanding ET Nurse Award**

I would like to thank my committee who has been willing to stay with me for one more year and everyone who sent in nominations for the MidEast Region's Outstanding ET Nurse of the Year for 1996.

The deadline for entries was August 1, 1996. Now the committee will review the entries and select the winner who will be announced at the regional conference.

**The 1996 ET Nurse of the Year Committee:**

Sharon Krishnan, Non-Voting Member/Chair  
Mary Jo Billitter (Kentucky)  
Nancy Martin (West Virginia)  
Charlene Taylor (Michigan)  
Sue Sinkovic (Ohio)  
Martha Saulman (Indiana)

The coupon for the 1997 Outstanding ET Nurse of the Year is located in this newsletter. Start thinking about who you would like to see win an award for doing more than what normal duty calls for!—Shari Krishnan, Chair

**Prerequisites:**

- Nominee must be a member of the MidEast Region of WOCN for a minimum of two years.
- Nominee must attend at least one WOCN meeting a year (either MidEast Regional Meeting or National Conference).
- Nominee must be board certified in ET Nursing.

**Deadline:**  
August 1, 1997

The award will be presented to the winner at our Annual Regional Conference. Send nominations to President-Elect.

The Selection Committee is comprised of a WOCN member from each state in our region. The Selection Committee is not appraised of the names or agency affiliation of nominees until the selection is completed.

Briefly describe the nominee's qualifications for the award and provide examples based on the following criteria. (Note: the nominee must meet 80 percent of the criteria)

1. Demonstrates excellence in the full scope of ET Nursing practice.
2. Devotes at least 50 percent of professional practice to providing direct care to patients with dermal ulcers, stomas, wounds and incontinence.

3. Shares knowledge by providing professional and community education via one on one education, seminars and symposiums.
4. Promotes the speciality of ET Nursing by actively participating in professional, political and/or community organizations.
5. Actively promotes the growth and development of ET Nursing by providing peer support, preceptoring and recruitment.

**OUTSTANDING ET NURSE AWARD APPLICATION**

| Nominee        | Submitted By        |
|----------------|---------------------|
| Name _____     | Name _____          |
| Address _____  | Address _____       |
| Agency _____   | Agency _____        |
| Position _____ | Position _____      |
|                | Daytime Phone _____ |
|                | Evening Phone _____ |

# Awards

## MidEast Region Nurse Researcher Award

The MidEast Region WOCNS Nurse Researcher Award will honor an individual or group who has completed a nursing research study that has focused on wound, ostomy or continence care and disseminated the results through presentation or publication.

### Criteria

- The individual or group has completed a nursing research study which has followed appropriate research methods and protection of human rights.
- The research adds to the body of nursing knowledge in regards to ostomy, wound or continence care.

- The findings of the research have been published, submitted for publication, or presented at professional meetings.
- The study may have been a funded or unfunded project.
- Investigators doing manufacturer directed and subsidized R&D studies are excluded.

### Eligibility Requirements

- Active member of the MidEast Region of WOCNS
- Primary investigator on the study
- Investigators doing manufacturer directed and subsidized. R&D studies are excluded.

Submit five (5) copies of the entire application to:

Barbara Pieper  
1356 Yorkshire  
Grosse Pointe Park, Michigan 48230

**Deadline**  
September 1 every year.

### MIDEAST REGION WOCNS NURSE RESEARCH AWARD APPLICATION

Nominee Name \_\_\_\_\_

Professional Title \_\_\_\_\_

Employment Address \_\_\_\_\_

City State Zip \_\_\_\_\_

Home Address \_\_\_\_\_

City State Zip \_\_\_\_\_

Phone (Work) (Home) \_\_\_\_\_

Active Member MidEast Region?  Yes  No

Title of Research \_\_\_\_\_

Provide Brief Description of Study (No longer than two double-spaced pages) (State purposes, protocol, results and discussion) \_\_\_\_\_

Submission for Publication (List journal and date) \_\_\_\_\_

Presentation at professional meeting (please list) \_\_\_\_\_

Provide one Letter of Support.

Few things define an individual as much as an occupation.

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- Recent teaching experience in a clinical setting

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Paula Erwin-Toth, RN, MSN, CETN  
Manager, Enterostomal Therapy Nursing  
Director, ET Nursing Education/KK 54  
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Katie Kluger  
Indiana  
ext. 6114

Tracey Keeling  
Kentucky  
ext. 6129

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from Wound Healing published by W.B. Saunders Co., edited by Kalman Cohen M.D., et al.

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## New '96 Candidates

It is with great pleasure that I present to you the membership of the MidEast Region your slate of candidates for 1996. I asked each candidate for a short resume and statement but condensing ET nurses resumes is very difficult. Seems we are a very active group! Four pages single spaced is not unusual. All of these candidates are so well qualified. I wish we could vote for all of them. The response this year is so gratifying. Good luck to everyone!—Terri Boyd

### PRESIDENT ELECT

Linda Warren, RN,  
CRRN, CWCN, CETN,  
MSN, CNS (Michigan)  
Judy Werner, RN, BSN,  
CETN (Michigan)

### SECRETARY

Allyn Davies, RN,  
CETN (Ohio)  
Martha Saulman, RN, BSN,  
CETN (Indiana)

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Diane Morgan, RN, BSN,  
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CETN (Indiana)  
Joan Sewickley, RN, BA,  
CETN (Ohio)  
Carolyn Smith, RN, BSN,  
ET (Indiana)  
Laurie Tankersley, RN,  
BSN, CETN (Michigan)

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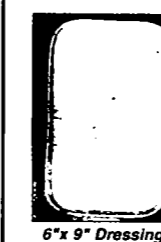
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## A Note From our ET Editor

This is the last newsletter you will receive from me. I asked for a raise, they turned me down (course, I don't make anything now), so - I quit! No, just kidding!! Alice Lilly has volunteered to do the newsletter and we are quite willing to turn it over to her. Sharlene and I have been doing it for about five years now and I have made many changes and had a lot of fun doing it. Alice is excited about taking the newsletter on and I know she'll enjoy it.

Please help her out by forwarding newsletter material or info on area meetings to her. Also, send her your changes of address because keeping the mailing list updated is the hardest job. I know ETs don't leave the profession often, but boy—you ETs are the movingest people!

Sharlene and I would like to thank you for your support and help over the past five years that we were doing the newsletter. We also want to extend a welcome to Alice, the new newsletter editor.

I look forward to seeing everyone in Louisville in October. Start saving your money now because the 1997 fall conference is in Frankenmuth, Michigan. Frankenmuth is home to Bronner's, the largest Christmas store in the world (5 acres), is near the largest shopping outlet mall in a five-state region (Birch Run), and is the number one tourist spot in the State of Michigan. It is a very quaint, authentic German town with all the customs and architecture you would see in old world Germany. We plan on having an independent "marketing survey experience" on Sunday. Plan your 1997 calendar now—mark off October 9-11. The fall colors should be beautiful and the weather is still nice that time of year.

Thanks!—*Judy Werner*

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# Minutes

| Mid-East Region (WOCN): The Wound Ostomy Continence Society |   |   |
|---|---|---|
| Meeting: Semi-Annual Membership Mtg<br>Seattle, Washington  | Date: June 16, 1996<br>Recorder: Allyn Davies   | Called to Order: 7:00 am<br>Adjourned: 8:45 am                                      |
| Chairperson: Paula Erwin-Toth                               |   |   |
| Present: 46 members in attendance                           |   |   |
| Agenda Item   | Discussion / Finding / Conclusion   | Action / Follow-up / Responsible Person   |
| <b>A. Call to order - President, Paula Toth</b>             | Meeting called to order by Paula Toth   |   |
| 1. Sign in  | All members instructed to sign in   |   |
| 2. Introduction of Parliamentarian - Glenna Altizer         | Glenna Altizer introduced as Parliamentarian  |   |
| 3. Quorum Determination                                     | Glenna Altizer reviewed procedure for quorum determination  | No need for quorum  |
| 4. Additions/Deletions to agenda                            | Paula asked for additions or deletions to agenda  | No changes to agenda  |
| 5. Adoption of agenda                                       |   | Agenda adopted  |
| 6. Voting reminder  | P. Toth reviewed voting eligibility   |   |
| <b>B. Welcome</b>   | P. Toth welcomed all members to Seattle. Past presidents and first time attendees recognized. Kelly Jaszeroski recognized as outgoing Director. She was thanked for her contributions to Mid-East Region, i.e., mastering the mail rate. We wished her well as she moves to her new region. |   |
| <b>C. Secretary Report: Allyn Davies</b>                    |   |   |
| 1. Minutes, October 21, 1995                                | Minutes for the October 21, 1995 meeting were printed in the February 1996 Mid-East Dropper. There were no additions or corrections to the minutes. A. Davies moved that minutes be accepted as written. Teri Boyd seconded.  | Minutes accepted as written.  |
| <b>D. Treasurer Report: Judy Werner</b>                     |   |   |
| 1. Budget and Finance                                       | Paula Toth thanked Judy for all her hard work. Judy will be finishing her term of treasurer in October. J. Werner reported checkbook balance of \$45,144.19.  |   |
| <b>E. President-Elect: Sharon Ballard Krishnan</b>          | Paula reported for S. Ballard-Krishnan. If P. Toth wins WOCN secretary election, she will resign as President of Mid-East Region.   | S. Krishnan will assume President of Mid-East Region if Paula is elected WOCN secy. |

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|---|--|---|
| 1. ETN of the year  | Deadline for nominations is Aug. 15.   | Members encouraged to nominate peers for ETN of the year.                     |
| 2. OP Manual  | OP Manual is being finalized on disk to facilitate changes in the future.  |   |
| 3. Affiliate States: Roles and Responsibilities             | We need to clarify rules regarding affiliate finances and program. Affiliate should have a board rep as a non-voting member. | Need to discuss further at next board meeting.                                |
| <b>F. Committee Reports</b>                                 |  |   |
| 1. Bylaws: C. Anthony                                       | G. Altizer reported for C. Anthony. Bylaws to be voted on for fall meeting.  |   |
| 2. Continuing Education 1996 Louisville, KY: Millie Kranski | Flyers distributed for Oct 17, 18, 19 conference in Louisville. Report on file.  |   |
| 1997 Frankenmuth, MI: J. Werner, S. Kennedy                 | 1997 - Oct 9-11 in Frankenmuth. Great shopping!  |   |
| 3. Fundraising: J. Sewickley                                | Report on file   |   |
| 4. Government Affairs: M. Sautman, E. Winn                  |  |   |
| 4a. NIWI  | G. Altizer attended NIWI and shared highlights - 200 nurses attended.  | G. Altizer will publish her report for Mid-East Dropper.                      |
| 5. Historian: Peg Valmasol                                  | No report  |   |
| 6. Nominations: Teri Boyd                                   | In October, we need to elect two trustees, President-Elect, and a Secretary  | Anyone interested in running for one of these offices should contact T. Boyd. |
| 7. Public Relations: Linda Hoelze                           | No report  |   |

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| 8. Publication: S. Kennedy, J. Werner  |   |   |
| 8a. Newsletter deadline                | Newsletter deadlines 1/15, 4/15, and 8/15.  | Send articles re: local meetings and activities   |
| 8b. Advertising                        | Forms to help with selling ads distributed. Judy and Sharlene are looking for interested people to replace them as editors.   | All members should sell at least one ad. Patty Lilly volunteered to take over Mid-East Dropper. |
| 9. Research: Barb Pieper, Doreen White | Research survey response was poor. No one has applied for research funds. Encouraged research abstracts for fall meeting. Discussed interest in multisite research project. |   |

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| 10. Excellence in Writing: Bob Trout                 | Has received two applications. Criteria for excellence in writing award reviewed.  |  |
| <b>G. Unfinished Business</b>                        |  |  |
| 1. Report on Leadership Conference                   | P. Toth reported on successful leadership conference. Major theme stressed: open communication.  |  |
|  | Mid-East spring board meeting canceled due to schedule conflicts. Discussed pros and cons of board meeting by conference call. Discussion demonstrated support of conference call. |  |
| <b>H. New Business</b>                               |  |  |
| 1.   | Flower Fund: Guidelines need to be developed as to when and who receives flowers for death in family.  | A. Davies to form committee to develop guidelines. Angie Land and Mary Morrill volunteered to work on committee. |
| <b>I. Announcements</b>                              | P. Toth informed everyone about new book edited by P. Toth and D. Krasner as a tribute to Norma Gill, about history of ET Nursing.   | Order forms for book available.  |
|  | Lena McCubbin reported:<br>a. Helen Fogel retired<br>b. Need for ET nurses network. Need to identify ET nurses accepting outside referrals.  | L. McCubbin to develop survey for Mid-East Dropper.  |
| <b>J. Adjournment</b>                                | Carol Hepp moved to adjourn; Becky Roberts seconded.   | Motion carried. Meeting adjourned 8:45 am.   |
| Respectfully submitted,<br>Allyn Davies<br>Secretary |  |  |