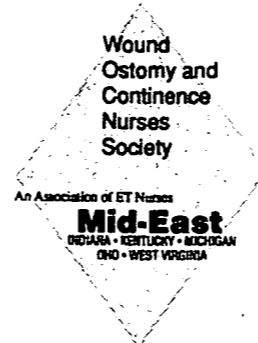
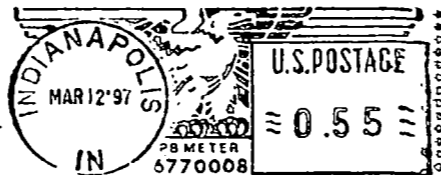


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**Patti Lilley, RN, BSN, CETN**  
**8937 West 800 North**  
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*A Publication Serving the MidEast Enterostomal Therapy Nursing Profession*

# MID-EAS DROPPER

*Indiana, Kentucky, Michigan, Ohio, West Virginia*

**February 1997**

Margaret A. Valmassoi RN CETN  
6256 Vista Ridge Lane  
Cincinnati, OH 45227

## A Message From Our President . . .

Happy New Year to everyone! The New Year started out better for the Mid-East Region with the membership still being able to direct a portion of their annual WOCN dues to the Region or Affiliate of their choice in 1997.

Thanks to all of you who candidly spoke-up at the Regional Business Meeting in October and allowed your opinions to be heard. Your Regional board members need to hear your comments and we do our best to represent you. Please keep in mind that because of the structure of the WOCN, the power of the Regional officers alone at the national level is limited. Our power comes from the Region's members. Congratulations for making your voices so strongly heard!

I appreciated many of you taking the time to speak with me about committees and the roles that you wish to play in 1997. The Board and new committee chairs are all taking their roles seriously. This makes me a very happy president!

Please note that Patti Lilley is now our Newsletter Chair. The entire Mid-East Region membership is welcome to publish work in the Mid-Eas Dropper. Patti has published the submission deadline dates and address in this letter. Committee chairs report to the Board and general Mid-East membership through their submissions published in the "Dropper".

Laurie Tankersley became our instant official photographer at the Regional Conference. Between Laurie's and Patti's efforts, we can now share some of our finest visual memories in the Mid-Eas Dropper.

Thank you to the Louisville E.T. Nurses for a fine conference. Millie's report is contained within.

For questions pertaining to the 1997 Regional Conference in Michigan, please contact Sharlene Kennedy and Judy Werner. Think about bringing your families along.

Allyn Davies has made arrangements for conference calls for the Mid-East Region Board members. We hope that this will save time and money by replacing the traditional long-distance travel between five states to have meetings. A conference call is planned for the Board in the early spring. Allyn will be sending out reminders of the date, time, and conference meeting line telephone number(s).

I have a strong feeling that the issues pertaining to the membership dues and allocations to Regions and Affiliates are not behind us permanently. Please keep an eye on your WOCN "Hot Topics" and the "WOCN News" for more information. Mail me your responses, positive or negative, to the address on this newsletter. The Board hopes to spend its time on issues important to the Mid-East Region membership. I will not know which issues are important to you if I do not hear from you. ALL responses will be read and shared with the Board.

For anyone new to our Region, welcome! If you or a friend have not received information about our Region, contact our new PR chair, Mary Merrill, at the address listed on this newsletter. Mary is also our "sunshine chair" and will send out greeting cards for significant events that she is notified about.

Before closing, I would like to extend my last thank you to Marilyn Spencer, Rosemarie Van Ingen, and Norma Gill-Thompson for being available at the Regional conference to help answer numerous questions pertaining to the history of our Region. Their input is always appreciated. Have a wonderful winter!

*Sharon Ballard-Krishnan, BS, RN, CETN*

**Please detach and mail the form below.**  
**Updated information is appreciated!**

**Name, Address or Employment Change?**  
Please check the appropriate box . . .

Date: \_\_\_\_\_

Name: \_\_\_\_\_  
*(First Name, Last Name, Previous Name)*

Home Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_

Phone (home): \_\_\_\_\_

Work Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_

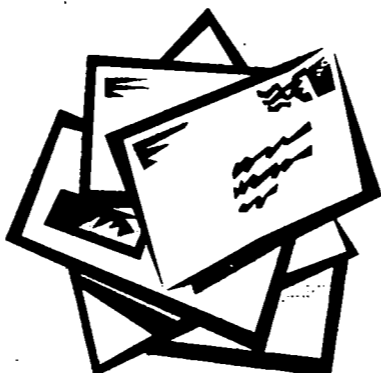
Phone (work): \_\_\_\_\_

Professional Status: \_\_\_\_\_

Do you wish change published in the Mid-Eas Dropper?  Yes  No

Your Signature: \_\_\_\_\_

Mail to:  
**Patti Lilley, RN, BSN, CETN**  
**8937 West 800 North**  
**Indianapolis, IN 46259**



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 Bloomfield Hills, MI 48304  
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<p><b>PRESIDENT-ELECT</b>          Judy Werner          St. Luke's Hospital          700 Cooper Ave.          Saginaw, MI 48602          W: (517) 771-6002          H: (517) 686-5767          Fax: (517) 771-6672</p>	<p><b>SECRETARY</b>          Allyn Davies          8196 Creekside Trace          Broadview Heights, OH          44147          W: (216)459-5436          H: (216) 526-6429</p>	<p><b>TREASURER</b>          Sharlene Kennedy          7371 N. Gale Road          Otisville, MI 48463          W: (810) 257-9526          H: (810) 653-7600</p>	<p><b>TRUSTEES (4)</b>          See Below</p>
<p><b>TRUSTEE #1</b>          Sandy Duda          1448 Cedarwood Dr., #C2          Westlake, OH 44145          W: (216) 931-1355          H: (216) 808-8429          Fax: (216) 694-6343</p>	<p><b>TRUSTEE #2</b>          Joan Sewickley          84 Red Dog Lane          Lake Milton, OH 44429          W: (800) 289-1261, Ext. 4459          H: (330) 654-5369          Fax: (330) 654-3426</p>	<p><b>TRUSTEE #3</b>          Carolyn Smith          3917 S. Houck          Marion, IN 46953          W: (317) 662-4658          H: (317) 674-5761</p>	<p><b>TRUSTEE #4</b>          Laurie Tankersley          971 Otney Road          Jackson, MI 49201          W: (800) 634-2938          H: (517) 764-6853</p>
<p><b>COMMITTEES</b></p> <p><b>Standards</b>          Vacant</p> <p><b>Research</b>          Barb Pieper          1356 Yorkshire          Gross Point, MI 48230          W: (313) 577-8057          H: (313) 886-0464</p> <p><b>Ethics</b>          Vacant</p> <p><b>Government Affairs</b>          Martha Saulman          2173 N. Highway 337          Coryden, IN 47112          W: (812) 283-2964          H: (812) 738-4071</p> <p>Elizabeth Winn          6384 Engle Road          Brookpark, OH 44142          W: (216) 931-1355          H: (216) 267-8215          Fax: (216) 694-6343</p>	<p><b>COMMITTEES</b></p> <p><b>Publication (Newsletter)</b>          Patti Lilley          8937 West 800 North          Indianapolis, IN 46259          W: (317) 841-5650          H: (317) 835-4439</p> <p><b>E.T. Nurse Day</b>          Vacant</p> <p><b>E.T. Nurse Of The Year</b>          Judy Werner          St. Luke's Hospital          700 Cooper Ave.          Saginaw, MI 48602          W: (517) 771-6002          H: (517) 686-5767          Fax: (517) 771-6672</p> <p><b>PR/Sunshine</b>          Mary Merrill          122 Winthrop Road          Columbus, OH 43214          W: (614) 293-8897          H: (614) 262-9340          Fax: (614) 293-5669</p>	<p><b>COMMITTEES</b></p> <p><b>Conference Planning</b>          Sharlene Kennedy          7371 N. Gale Road          Otisville, MI 48463          W: (810) 257-9526          H: (810) 653-7600</p> <p><b>Scholarship</b>          Vacant</p> <p><b>Excellence In Writing</b>          Robert Trout          2785 Lamoreaux Lane          Holt, MI 48842          W: (517) 483-2687          H: (517) 393-3209</p>	<p><b>COMMITTEES</b></p> <p><b>Operations Manual</b>          Judy Werner          St. Luke's Hospital          700 Cooper Ave.          Saginaw, MI 48602          W: (517) 771-6002          H: (517) 686-5767          Fax: (517) 771-6672</p> <p><b>Bylaws</b>          Connie Anthony          146 Linden Blvd.          Mason, MI 48854          H: (517) 676-0658</p> <p><b>Nominations</b>          Betty Winn          6384 Engle Road          Brookpark, OH 44142          W: (216) 931-1355          H: (216) 267-8215          Fax: (216) 694-6343</p> <p><b>Historian</b>          Margaret Valmassoi          6256 Vista Ridge Lane          Cincinnati, OH 45227          (513) 561-4086</p> <p><b>Fundraising</b>          Joan Sewickley          84 Red Dog Lane          Lake Milton, OH 44429          W: (800) 289-1261, Ext. 4459          H: (330) 654-5369          Fax: (330) 654-3426</p>
<p><b>Parliamentarian</b>          Glenna Altizer          505 College Ave.          Barboursville, WV 25504          W: (304) 526-2285          H: (304) 733-0766          Fax: (304) 526-2008</p>			



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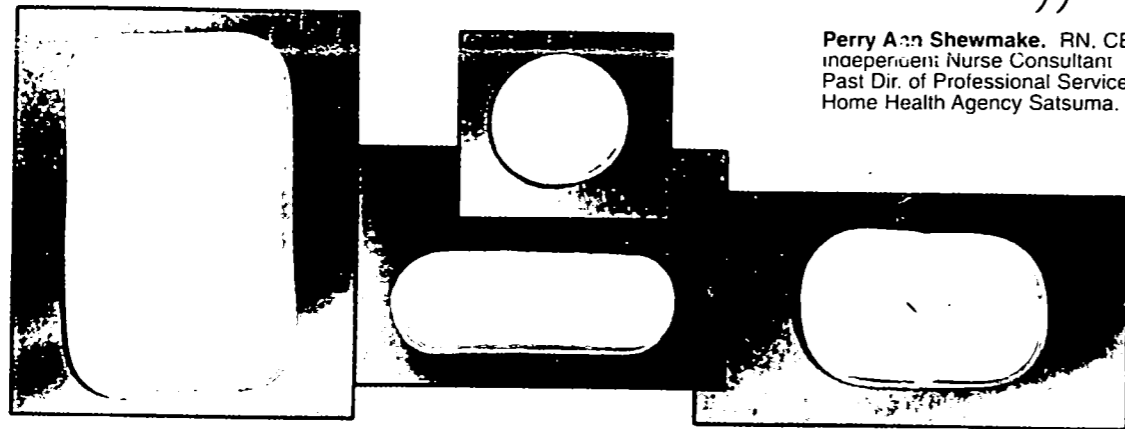
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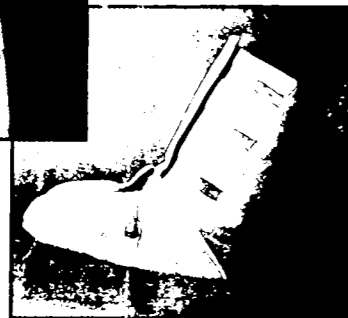
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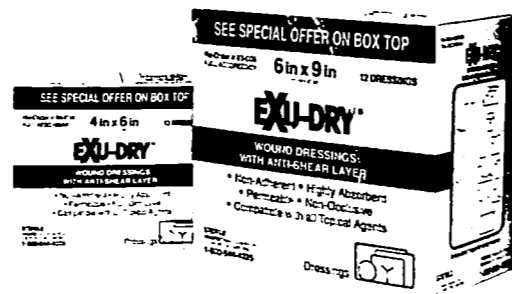


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## Committee Reports

### ELECTIONS

I am looking forward to serving the MidEast Region as Trustee, and I greatly appreciate your support. The Regional Conference in Kentucky in October was enlightening both personally and professionally. The representatives from National were present, Laurie Lovejoy, RN, MSN, CETN, GNP President, WOCNCB, and Donette B. Nelson, RN, MSN, CETN, FHNP Director Area 1, to answer questions regarding National issues affecting the Regional level.

Without further ado, I am honored to announce the election results of October 1996.

- President-Elect** - Judy Werner
- Secretary** - Allyn Davies
- Trustee** - Joan Sewickley
- Trustee** - Laurie Tankersley
- Trustee** - Carolyn Smith
- Treasurer** - Sharlene Kennedy

Please consider running for office in the future!  
Laurie Tankersley



### FUNDRAISING

Fundraising Committee report from the Mid-East Regional Conference in Louisville, KY on October 17, 18 and 19, 1996. The Fundraising Committee raised \$1,969 from our efforts. Sales of all items amounted to \$902, the special raffle raised \$313, and the Silent

Auction raised \$756. A good time was had by all at the silent auction. Many very special and festive gifts were donated, depicting all the holidays. There were scary Halloween haunted houses, lovely Thanksgiving decorations, and many beautiful Christmas pieces. There was even a golf bag! Many, many thanks to all who donated such special gifts to be auctioned.

The winners of the special raffle were also delighted. The very beautiful Coach purse which was donated by R.T. Shaw Medical was won by our Parliamentarian, Glenna Altizer, from our Tri-State Affiliate, and is from West Virginia. The \$100 was won by Kris Feil, who was most happy with that particular gift before the holidays. That gift was donated by Cardiosystems. Baxter also donated a beautiful 14 caret gold bracelet which was another well received prize. We will be having another booth with sales and raffle at the national conference in Nashville and would appreciate any offer to be a committee member for fundraising. Please contact Joan Sewickley, if you would like to help with the Fundraising Committee. Call 1-800-289-1261, ext. 4459 and leave a voice mail, and Joan will return your call and greatly appreciate your help.—Joan Sewickley



Joan and Tucker working hard as ever

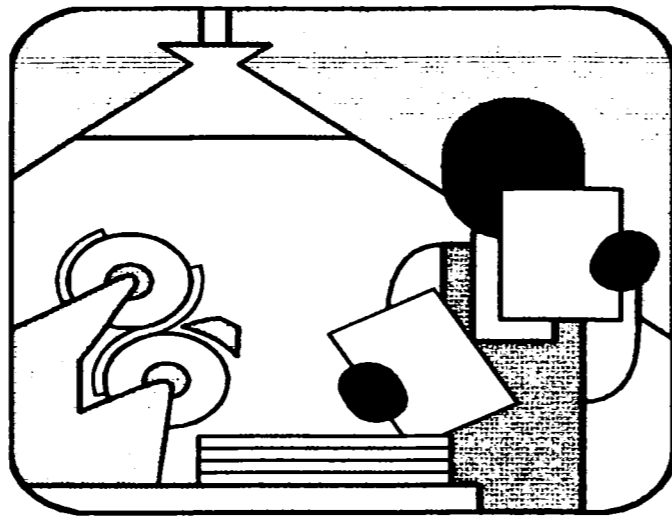
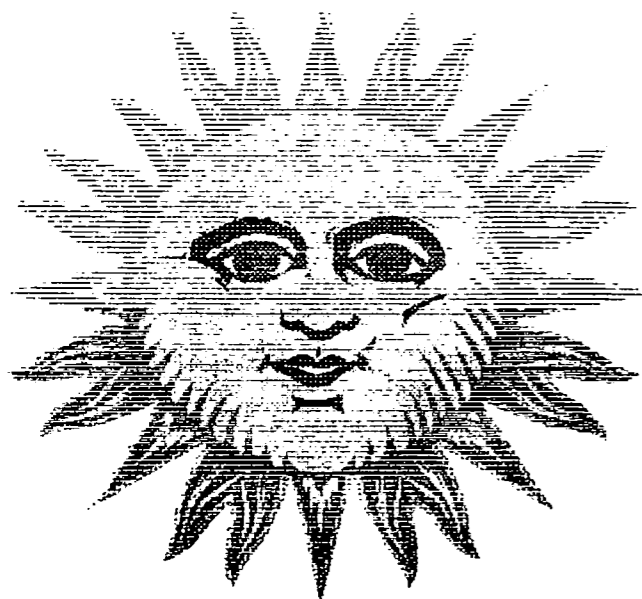


## Committee Reports, Continued

### PR/SUNSHINE COMMITTEE

At the recent regional meeting held in Louisville, the PR Committee and Sunshine responsibilities were blended, and I was asked to fulfill this responsibility. Thank you for your confidence in me. Since I am new at this, my priority will be to send cards to current members to acknowledge significant events in their lives, such as accomplishments, losses or illnesses when those events are brought to the attention of the Sunshine person. Please call or fax me with any news about colleagues that can be shared. I will send a card on behalf of the region. Since the regional meeting, cards have been sent to eleven people. You can reach me at work (614) 293-8897 or fax (614) 293-5669. I will look forward to hearing from you with your news!

My second priority will be to contact all new members to welcome them to the MidEast Region, send them a copy of the most current Mid-Eas Dropper, and be a contact person for them regarding organization business. In the future, my goal will be to develop a plan to promote the activities of the region on a systematic



basis, such as E.T. Nurse Day, and to provide regular news for the WOCN News.—*Mary D. Merrill*

### PUBLICATIONS

I would like to encourage members to submit articles for publication in the Dropper. I know many of you have lots of ideas and are involved in many ways that promote E.T. nursing. Just write down a paragraph or two to share with our members and include any photographs you may want printed.

I would also like to remind the trustees and committee chairperson to submit reports to me for publication. The deadlines for publication are as follows:

- **January 15 for the February issue**
- **April 15 for the May issue**
- **August 15 for the September issue**

Please be prompt. If any of you have ideas for any changes or "new looks" for the Dropper, please contact me. I would like to have a "news reporter" from each state in our region that would submit articles of interest for the newsletter. Any volunteers? Let's have fun with our newsletter! Thanks.—*Patti Lilley*

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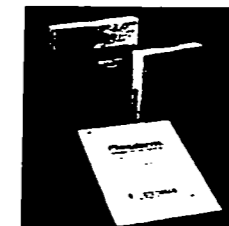
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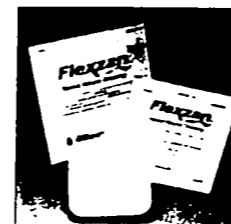
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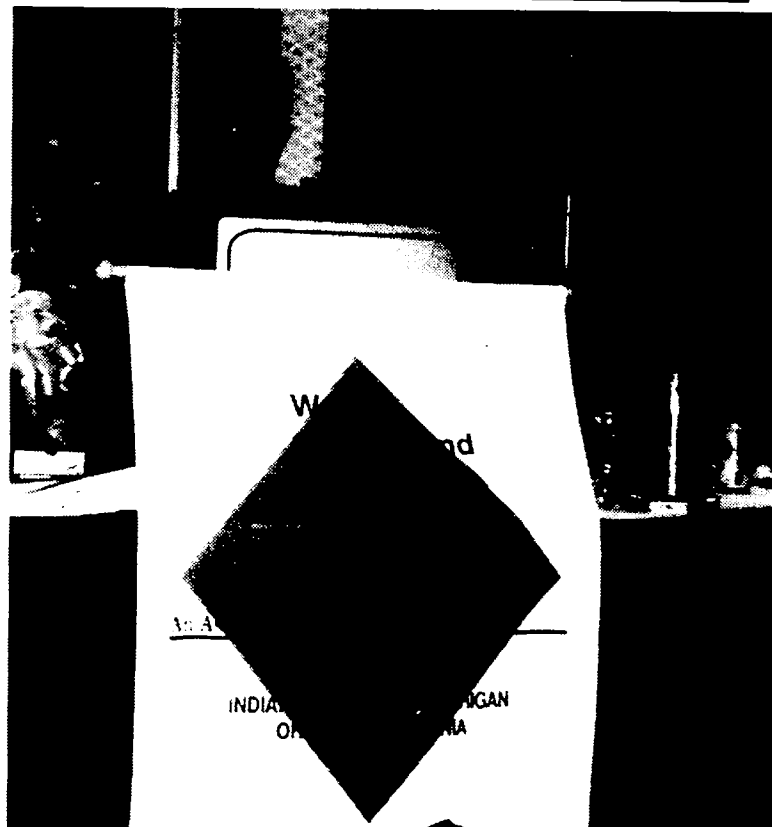
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# Awards

## E.T. NURSE OF THE YEAR

Congratulations to Shirley Alltop who won **E.T. Nurse Of The Year**. Shirley was nominated by Mary Merrill.

## EXCELLENCE IN WRITING

Robert Trout presented the 1996 **Excellence In Writing** award to Rick Rayone at the Louisville Regional meeting. Rick's article is entitled "Problem Solving and Trouble Shooting: The Indwelling Catheter." Congratulations to Rick!

## PRESIDENT'S AWARD

Sharon Ballard-Krishnan presented the **President's Award** to Judy Werner and Sharlene Kennedy. Both received \$100 and a plaque.

## OUTSTANDING E.T. NURSE AWARD

### Prerequisites:

- Nominee must be a member of the MidEast Region WOCN for a minimum of two years.
- Nominee must attend at least one WOCN meeting a year (either MidEast Regional Meeting or National Conference).
- Nominee must be board certified in E.T. Nursing.

**Deadline: August 1, 1997**

The award will be presented to the winner at our Annual Regional Conference. Send nominations to Sharon Ballard-Krishnan, 1550 Brandywine, Bloomfield Hills, MI 48304.

The Selection Committee is comprised of a WOCN member from each state in our region. The Selection Committee is not appraised of the names

or agency affiliation of nominees until the selection is completed.

Briefly describe the nominees qualifications for the award and provide examples based on the following criteria. (Note: The nominee must meet 80 percent of the criteria.)

1. Demonstrates excellence in the full scope of E.T. Nursing practice.
2. Devotes at least 50 percent of professional practice to providing direct care to patients with dermal ulcers, stomas, wounds and incontinence.
3. Shares knowledge by providing professional and community education via one-on-one education, seminars and symposiums.
4. Promotes the specialty of E.T. Nursing by actively participating in professional, political and/or community organizations.
5. Actively promotes the growth and development of E.T. Nursing by providing peer support, preceptoring and recruitment.

### OUTSTANDING E.T. NURSE AWARD APPLICATION

Nominee:

Name \_\_\_\_\_

Address \_\_\_\_\_

Agency \_\_\_\_\_

Position \_\_\_\_\_

Submitted by:

Name \_\_\_\_\_

Address \_\_\_\_\_

Agency \_\_\_\_\_

Position \_\_\_\_\_

Daytime Phone \_\_\_\_\_

Evening Phone \_\_\_\_\_



**THE E.T. NURSE AS A COMMUNITY RESOURCE**

One of the responsibilities of an E.T. Nurse is staff development and education; and at my hospital, that means all the nursing staff goes through a four hour workshop we call the "Nuts and Bolts of Ostomy and Wound Care." We have presented this twice a year for the last two years and now will do a yearly event for all new employees. This workshop is a two hour lecture and two hour hands on skill check on ostomy and wound care. We teach all who attend how to: choose and apply an appropriate pouching system for simple ostomies, properly stage pressure ulcers by AHCPH guidelines, measure and document wounds consistently, choose an appropriate dressing and its application, and the correct technique for packing open wounds. As a result, our nursing staff feels much more confident and empowered in patient care decisions in ostomy and wound care and there is now a continuity of care through out the hospital, instead of everyone doing what they thought was best. Now why am I telling you this you ask? After all, it's like preaching to the choir isn't it?

Well, we recently invited the local nursing homes to attend this workshop; and to my great disappointment, none accepted. They all felt they couldn't adequately staff the facilities to cover the time required. However, one facility did ask if we could break it down into two sessions of two hours each and present it at their facility to all 40 nurses. We agreed, and the hospital decided to write off my time as good public relations and community service. This will be a good day in E.T. Nursing. The more nurses we educate in ostomy and wound care, especially in those areas where such knowledge is limited, the more empowered we all become and the quality of patient care can only improve. This is one small way to establish the E.T. Nurse as the premier educator and resource person for wound, ostomy, and continence questions in the community. It is a small step, but an important one.  
*Carolyn S. Smith, RN, BSN, CETN*

**NATIONAL E.T. NURSE DAY - APRIL 16, 1997**

The third Wednesday in April is designated as E.T. Nurse Day. This is an opportunity for all of us to promote what we do all year long and bring attention to the role of the E.T. nurses in all health care settings. Put on your creative thinking caps to develop a strategy to publicize E.T. nursing. WOCN sponsors a contest each year to recognize the most creative entry. Winners receive a conference registration for the coming year's national meeting. Entry forms are in the WOCN News, so look for yours and let us know what you did to highlight this day in your area.

**CALL FOR POSTER ABSTRACTS**

The MidEast Region Planning Committee invites you to submit a poster abstract describing a research or practice innovation in the Enterostomal Therapy nursing area. The MidEast Regional Conference "Bags, Bugs, Butts, and Bedsores" will take place in Frankenmuth, Michigan on October 9, 10, and 11, 1997.

Contact Linda McGee, RN, CETN, MidMichigan Regional Medical Center, 4005 Orchard Drive, Midland, MI 48670. Phone (517) 839-3122 for an abstract information packet. Deadline for abstract submission is June 1, 1997.

**MARK YOU CALENDARS**

**MER Spring Board Teleconference Call**  
 Date: April 16, 8:00-9:00 p.m. Reminders with the access numbers will be sent.

**WOCN National Conference**  
 June 9-12, 1997, Nashville, Tennessee

**MER Regional Conference**  
 October 9-11, 1997 in Frankenmuth, Michigan

If you would like to add any important dates to our MER calendar, please contact Allyn Davies (216) 778-7546 or fax (216) 778-5560.



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Standards	Publications (i.e. newsletter, etc.)	Conference Planning	Operations Manual
Research/Survey	E.T. Nurse Day	Scholarship	Bylaws
Ethics	E.T. Nurse Of The Year	Excellence In Writing	Nominations
Government Affairs	UOA Youth Rally		Historian
			Fundraising

**CONSIDERATIONS/COMMENTS**

- A. Trustees #1 and #3 must have the educational requirement of a BSN or above.
- B. President-Elect shall oversee the functions of Trustees #1 and #4.
- C. Secretary shall oversee the functions of Trustees #2 and #3.
- D. Trustees #1 and #3 shall be nominated and elected on alternating, i.e. odd and even years.

# Note Of Appreciation

## MEMORANDUM

DATE: January 7, 1997  
 TO: Millie Krainski and Louise Shawkat  
 Co-Chairs of the 1996 Regional Conference  
 FROM: The Board of the Mid-East Region  
 SUBJECT: NOTE OF APPRECIATION

We appreciate your hard work and organization in planning this conference. A good time was had by all. Thanks for a job well done!!

### Committee Members:

Marian Swisher  
 Kathy Nugent  
 Jennifer Hunter  
 Kathy Loran  
 Judy Pagano  
 Jacque Jenkins  
 Pam Stilger  
 Pam Medly  
 Brenda Goodson  
 Pat Grizzle  
 Joan Baptie-Hardin

Congratulations to you and your committee for a very successful conference. The speakers were informative and stimulating. By the end of the conference, most of us were ready to start our own Foot Clinics!! Our evening at Church Hill Downs was also memorable.



Many thanks to the 1996 Regional Conference committee, helpers and vendors.

### NEWSLETTER ADS

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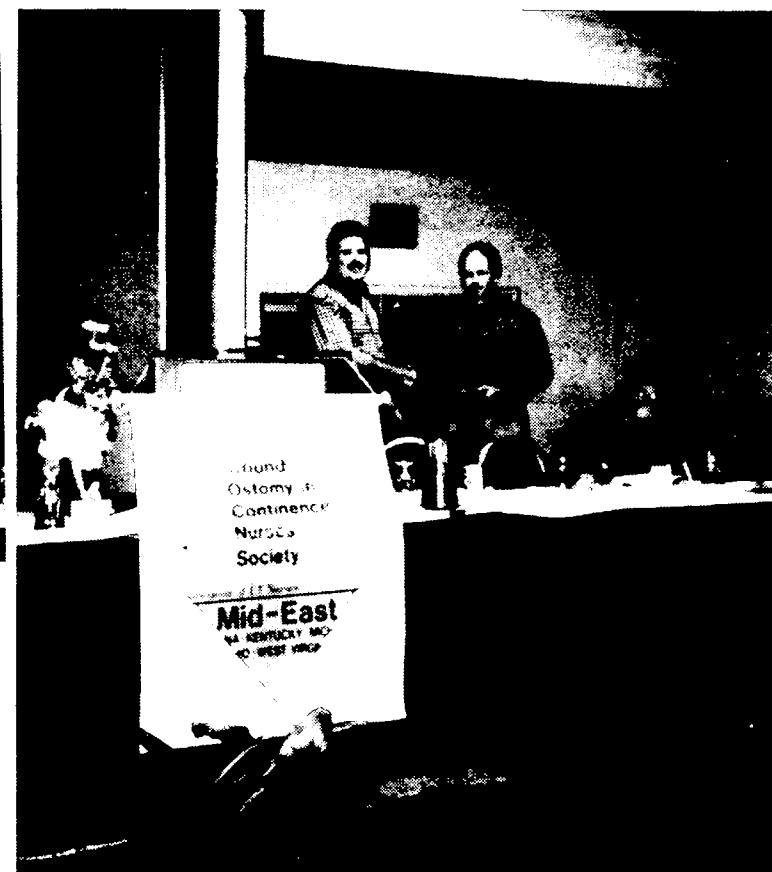
3. Results of Election	President Elect Linda Warren, 29 votes Judy Werner, 63 votes Secretary Allyn Davies, 62 votes Martha Saulman, 31 notes Trustee Diane Morgan, 24 votes Peg Pinkowski, 25 votes Joan Sewickley, 53 votes Carolyn Smith, 37 votes Laurie Tankersley, 39 votes	Judy Werner is President-Elect  Allyn Davies is Secretary  Joan Sewickley is Trustee #2 Laurie Tankersley is Trustee #4
4. Officers for Election next year	Next year we will need to elect a treasurer and two trustees (#1 and #3)	
5. Destruction of Ballots	L. Tankersley moved that ballots be destroyed. 2nd by Carolyn Smith	Motion carried. Ballots to be destroyed.
	Betty Winn will replace Terri Boyd as nominations chair. S. Krishnan thanked Terri for all of her hard work as nomination chair.	
J. Research - Barb Pieper	No one has applied for Research funds. Barb Pieper accepted the Research Award on behalf of Barbara Beylin Lewis.	
K. Excellence in Writing - Robert Trout	R. Trout thanked his committee for their hard work in reviewing the manuscripts. The winner of the 1996 Excellence in Writing Award was presented to Rick Rayome for his article, entitled "Problem Solving and Trouble Shooting: the Indwelling Catheter."	
L. Publications - Patti Lilley	Patti Lilley will be new editor. She plans to keep deadlines the same; 1/15, 4/15, and 8/15.	
VIII. Unfinished Business: Flower Committee - Allyn Davies	Proposal on file. Committee met by conference call. MER board agreed to act on proposal. MER will appoint a Sunshine Chair who will send cards to members who are experiencing significant events, i.e., death, graduation, illness, job change. Sunshine Chair to summarize who received cards in each issue of Dropper.	Mary Merrill appointed as Sunshine Chair. All members to notify Mary Merrill if a card needs to be sent. Service to be publicized in Dropper.
IV. New Business		
A. Trustee Role Revisited - S. Kennedy	S. Kennedy reviewed the roles of the trustees and explained the relationship of trustees and committee chairs. See attached flowchart for trustee responsibilities. Goal is to increase communication, improve operation of MER, and share workload	Trustee #1: Sandy Duda Trustee #2: Joan Sewickley Trustee #3: Carolyn Smith Trustee #4: Laurie Tankersley
B. Allowance Frequency to Committee Chair - Judy Werner	Discussed board decision to increase Chair allowances to \$100 for both national and regional conference since it is an expectation that committee chairs attend business meetings. No concerns verbalized from membership.	
C. Communication from National, September 1996		
1. Overview	S. Krishnan provided an overview of letter distributed by Ruth Bryant re: regional rebate being phased into "Education Trust Fund" as organizational structure recognizes affiliates rather than eleven regions.	
2. Telephone Conference - Ruth Bryant	The regional presidents had a telephone conference with Ruth Bryant to discuss dissatisfaction with how National WOCN made this decision without consulting the membership. As a result, this decision will be placed on hold until the membership can be surveyed, via the Dropper, prior to the leadership conference. G. Altizer reported on behalf of the Tri-State affiliate, that the Tri-State affiliate plans to continue as part of MER.	S. Krishnan encouraged all members to answer the survey.
3. Survey Prior to Leadership Conference		
4. Directors WOCN	Donnette Nelson and Laurie Lovejoy from National Board were present to discuss the concerns of the membership and describe how and why national made the decision to recognize affiliates as regions. They will take the verbalized concerns back to the National Board re: to the organizational restructuring and regional rebate. The general consensus of the MER is that National Board continues to make decisions without consent of the membership	
X. Announcements	Fihyl Pryer thanks the MER for their cards and remembrances.	
XI. Adjournment	Bonnie Octman moved that meeting be adjourned. 2nd by Kathy Wilson.	Motion passed. Meeting adjourned.
Respectfully Submitted, Allyn Davies, Secretary		

# Photos

"The Mideast Region salutes Marilyn Spencer Rosemarie Van Ingen, and Norma Gill-Thompson for all their support, loyalty and hard work over the years!"



President awarding trophies to Treasurer and Trustee.



Bob Trout presents the 1996 Excellence in Writing Award to Rick Rayone.



Attendees at Mideast Regional Board Meeting 10-19-96.



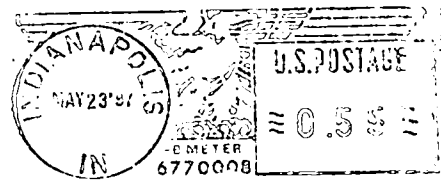
# Minutes

Mid-East Region (WOCN): The Wound Ostomy Continence Society		
Meeting: MER General Membership Mtg Louisville, KY	Date: October 19, 1996 Recorder: Alyn Davies	
Chairperson: Shari Krishnan		
Present: 56 members in attendance		
<b>I. Call to order - S. Krishnan</b>		
A. Welcome	Meeting called to order by S. Krishnan	
B. Sign-in Reminder	All members welcomed. First time attendees and past presidents recognized. Norma Gill present and recognized by group. S. Krishnan thanked M. Krainski and committee for a successful conference. All members instructed to sign in.	
<b>II. Parliamentarian - G. Altizer</b>		
A. Quorum Determination	G. Altizer reviewed procedures for quorum determination.	No need for quorum.
B. Voting Guidelines	Voting eligibility reviewed. Bob Trout moved business requiring a vote at this meeting be conducted by previous bylaws (2/3 vote of those present). 2nd by B. Mitchell.	Motion carried. Business requiring a vote will require a 2/3 vote to pass.
<b>III. Additions/Deletions to Agenda</b>		
Mary Baker moved to accept agenda. 2nd by Rita Pochard.		
Agenda accepted.		
<b>IV. Secretary Report - Alyn Davies</b>		
Minutes from National mtg printed in Fall 1996 Dropper. Two changes noted: C. Hepp should be changed to C. TenEyck and Judy Werner's term as treasurer will be through October 1997. A. Davies moved minutes be accepted with these two changes. 2nd by Angie Lanks.		
Changes noted.		
Minutes accepted with changes.		
<b>V. Treasurer's Report - Judy Werner</b>		
Report on file. \$41,086.43 checkbook balance. 1997 budget presented. Judy Werner moved budget be accepted. 2nd by M. Saulman. MER received \$4,900 rebate in 1995 from National.		
Budget accepted.		
<b>VI. President-Elect/President - Shari Krishnan</b>		
A. Operations Manual	Operations Manual is now on disk. All board members given a disk.	Anyone wanting a copy of the Ops manual may contact the new President-Elect.
B. ET Nurse of Year	Congratulations to Shirley Alltop who won ET Nurse of Year. Shirley was nominated by Mary Merrill.	
C. President's Award	S. Krishnan presented the President's Award to Judy Werner and Sharlene Kennedy. Both received \$100 and a plaque.	Congrats Judy and Sharlene!
<b>VII. Committee/Trustee Results</b>		
A. Bylaws - Connie Anthony	No changes in bylaws last year. Copy of Bylaws available. Connie requested input by 1/15/97 re: any changes. Any changes to be discussed in Dropper prior to a vote.	Send input to C. Anthony re: changes in bylaws by 1/15/97.
B. Continuing Education - S. Kennedy	B. Blylack resigned from Continuing Ed chair. Sharlene Kennedy will assume role for now.	S. Kennedy to assume Continuing Ed chair.
C. 1996 Conference - M. Krainski and L. Shawkat	M. Krainski and L. Shawkat reported on a successful conference. Financial results pending.	
D. 1997 Conference - S. Kennedy and J. Werner	1997 Conference scheduled for October 9, 10, 11 in Frankenmuth, Michigan. Encouraged members to stay an extra day to shop.	
E. 1998 Conference - Glenna Altizer	1998 Conference committee beginning to look for sites in West Virginia. Info will be forthcoming.	
F. Fundraising - Joan Sewickly	Joan reported fundraising proceeds of \$1,969. Joan was congratulated on another successful fundraising effort. A special thank you given to Tucker for being a terrific volunteer!	
G. Government Affairs - Martha Saulman and Betty Winn	Martha and Betty have plans to increase communication via mailing, and increase awareness of political issues and regional "hot topics."	
H. Historian - Peg Valmossoi	Peg not present. Laurie Tankersly taking pictures at meetings for scrapbooks.	
I. Nominations - Terri Boyd	T. Boyd verbalized difficulties re: getting ballots out. Apologized for late ballots. Received 100 ballots. Rosemarie Van Ingen made motion that 30 days rule listed in bylaws to allow for return of ballots be suspended for this election. 2nd Angie Lamb.	Motion carried. Bylaws suspended for this election.
1. Comments re: Late ballots		
2. Suspension of Bylaws		



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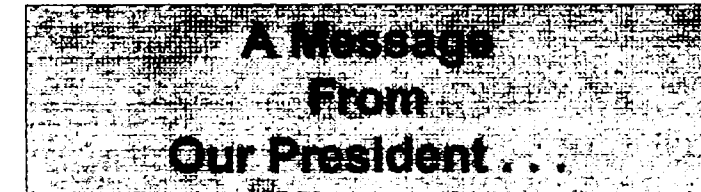
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The spring weather has thawed out your leadership and all of us are vigorously on the move preparing for the National WOCN Conference in Nashville. Our Regional General Membership Meeting is scheduled for Sunday, June 8, 1997, and will begin promptly at 2:00 p.m. Food and refreshments will be served. Please bring this and the previous copy of the Mid-Eas Dropper with you to the meeting. It will make it easier for you to follow the agenda and maintain an interest in the conversations. I hope to have everyone out to enjoy Nashville by 3:30 p.m. Keep your fingers crossed!

A second very important meeting to attend is the Membership Forum scheduled to take place on Wednesday, June 11, 1997, at 8:00 a.m. Folks, there will be information presented at the meeting which may have a great impact on the way you choose to recertify in the future. If you plan on certifying or recertifying in the near future, you will want to be certain that you do not miss this session. Additionally, the proposed structural changes pertaining to the regions and their affiliates will be discussed. The Mideast Region will be impacted, but your Board anti-

pates few problems based on the information we have received thus far. It appears that we will go through a name change which will necessitate a major updating and several modifications of our bylaws.

You may be receiving a pre-conference newsletter from the National WOCN describing the above mentioned issues and others in the appropriate language with specific details. To date, the information that was suggested was only presented in an informal conversational format at the Professional Practice Institute. Past experience has compelled me to hold off on writing about the specifics until I receive a formal written notice from National. Later in the summer, you will be receiving a ballot to vote on the issues discussed at the Membership Forum.

The Mideast Region has always been dedicated to the mission of being clearly identified as the local forum (in Indiana, Kentucky, Michigan, Ohio, and West Virginia) for ET Nursing and WOCN-related issues. Over many decades, our desire to stay together has kept us collaborating successfully. It is that same desire which will keep our members from five different states working together for many more years to come.

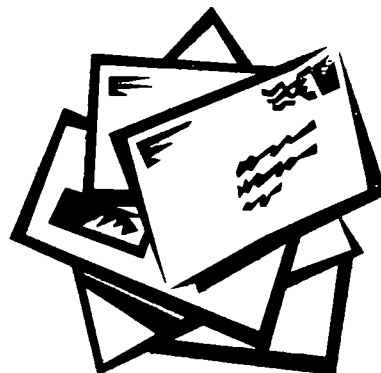
*Sharon Ballard-Krishnan, MA, RN, CETN*

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<p><b>TRUSTEE #1</b>          Sandy Duda          1448 Cedarwood Dr., #C2          Westlake, OH 44145          W: (216) 931-1355          H: (216) 808-8429          Fax: (216) 694-6343</p>	<p><b>TRUSTEE #2</b>          Joan Sewickley          84 Red Dog Lane          Lake Milton, OH 44429          W: (800) 289-1261, Ext. 4459          H: (330) 654-5369          Fax: (330) 654-3426</p>	<p><b>TRUSTEE #3</b>          Carolyn Smith          3917 S. Houck          Marion, IN 46953          W: (317) 662-4658          H: (317) 674-5761</p>	<p><b>TRUSTEE #4</b>          Laurie Tankersley          971 Olney Road          Jackson, MI 49201          W: (800) 634-2938          H: (517) 764-6853</p>
<p><b>COMMITTEES</b></p> <p><b>Standards</b>          Vacant</p> <p><b>Research</b>          Barb Pieper          1356 Yorkshire          Gross Point, MI 48230          W: (313) 577-4057          H: (313) 886-0464</p> <p><b>Ethics</b>          Vacant</p> <p><b>Government Affairs</b>          Martha Saulman          2173 N. Highway 337          Coryden, IN 47112          W: (812) 283-2964          H: (812) 738-4071</p> <p>Elizabeth Winn          6384 Engle Road          Brookpark, OH 44142          W: (216) 931-1355          H: (216) 267-8215          Fax: (216) 694-6343</p>	<p><b>COMMITTEES</b></p> <p><b>Publication (Newsletter)</b>          Patti Lilley          8937 West 800 North          Indianapolis, IN 46259          W: (317) 274-2541          H: (317) 835-4439          Fax: (317) 278-0917</p> <p><b>E.T. Nurse Day</b>          Vacant</p> <p><b>E.T. Nurse Of The Year</b>          Judy Werner          St. Luke's Hospital          700 Cooper Ave.          Saginaw, MI 48602          W: (517) 771-6002          H: (517) 686-5767          Fax: (517) 771-6672</p> <p><b>PR/Sunshine</b>          Mary Merrill          122 Winthrop Road          Columbus, OH 43214          W: (614) 293-8897          H: (614) 262-9340          Fax: (614) 293-5669</p>	<p><b>COMMITTEES</b></p> <p><b>Conference Planning</b>          Sharlene Kennedy          7371 N. Gale Road          Otisville, MI 48463          W: (810) 257-9526          H: (810) 653-7600</p> <p><b>Scholarship</b>          Vacant</p> <p><b>Excellence In Writing</b>          Robert Trout          2785 Lamoreaux Lane          Holt, MI 48842          W: (517) 483-2687          H: (517) 393-3209</p>	<p><b>COMMITTEES</b></p> <p><b>Operations Manual</b>          Judy Werner          St. Luke's Hospital          700 Cooper Ave.          Saginaw, MI 48602          W: (517) 771-6002          H: (517) 686-5767          Fax: (517) 771-6672</p> <p><b>Bylaws</b>          Connie Anthony          146 Linden Blvd.          Mason, MI 48854          H: (517) 676-0658</p> <p><b>Nominations</b>          Betty Winn          6384 Engle Road          Brookpark, OH 44142          W: (216) 931-1355          H: (216) 267-8215          Fax: (216) 694-6343</p> <p><b>Historian</b>          Margaret Valmassoi          6256 Vista Ridge Lane          Cincinnati, OH 45227          (513) 561-4086</p> <p><b>Fundraising</b>          Joan Sewickley          84 Red Dog Lane          Lake Milton, OH 44429          W: (800) 289-1261, Ext. 4459          H: (330) 654-5369          Fax: (330) 654-3426</p>

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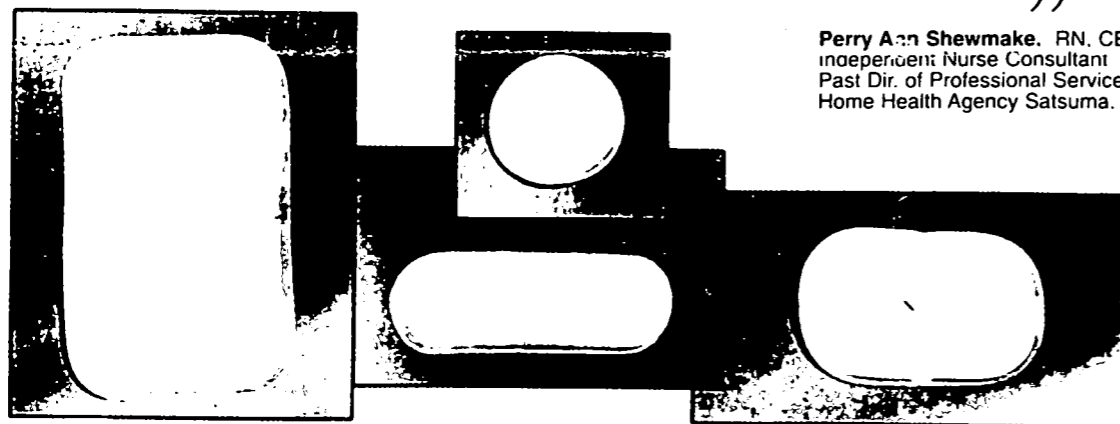
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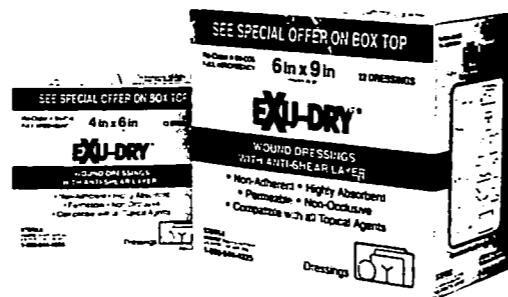


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## Reports

**1997 WOCN PROFESSIONAL PRACTICE INSTITUTE  
MARCH 1997**

Here is a brief summary of the conference that Sheri and I attended as officers. Sheri is going to report about the name change for Regionals and Affiliates, and I will give a brief update on other issues. The one that will probably affect most of us as ET Nurses is the proposed Recertification Option Program whereby you may recertify by using C.E.U.'s rather than by retesting. Laurie Lovejoy is chairing this committee (you may remember her from our Fall Conference), and they have done a lot of excellent work on this. It will be presented at National Conference in June in Nashville. The many areas that you can accrue "points" towards your C.E.U.'s are numerous—not just attending lectures, but holding office, conference planning committees, publication, research, teaching, organization membership, and many other areas as long as it pertains to Wound, Ostomy and Continence Nursing. Again, this whole concept will be presented to us in detail.

Some of the other workshops that met were:

1. **ETWOC Nurse Certification Review Course** - A proposed video that can be purchased for review and a Self-Study Module.
2. **Care Content for Nursing Curricula** - Discussion on proposed content for nursing education schools to teach regarding wound, ostomies and continence.
3. **Clinical Fact Sheets** - Continuing work on Fact Sheets for membership.
4. **Preceptor/Fellowship Program** - Developing and initiating a membership list of members who are qualified and willing to share expertise. Proposing four levels of preceptor/fellowship.
5. **Data Collection Tool** - Work on existing database and developing outcomes.

6. **Business Plan Template** - Discussion on Mission, Vision and Goals, Business Plans/Computers/Web Site.
7. **Nurse Practitioner Initiative** - Brainstorming on letter to NP's regarding "who we are" and "what we can do".
8. **Building Committee** - How we can become a closer knit membership.
9. **Survey of Non-Renewals** - Letter to see why they have not renewed membership.
10. **Legislative Agenda** - With Greg Andrews our Legislative Consultant—also presentation of work being done in Washington.

As you can see, it was a very good and productive two days. If there are any questions of any of the material, call Sheri or myself, and we will also summarize it at the membership meeting in Nashville.  
Judy Werner



## Committee Reports

### **BARBARA BOYLAN-LEWIS RECEIVES 1996 MIDEAST REGION NURSE RESEARCHER AWARD**

The Research Committee was pleased to award the Mideast Region Nurse Researcher Award to Barbara Boylan-Lewis, MA, RN, CETN. With a group of nurses at St. Joseph Mercy Hospital where she is employed, she conducted research on the predictive validity of the Braden Scale and of nurse perception in identifying pressure ulcer risk. The study of the predictive validity of the Braden Scale contributed data to a larger study that included 12 sites. She helped to author a paper entitled "Predictive Validity of the Braden Scale and Nurse Perception in Identifying Pressure Ulcer Risk" (VandenBosch, Montoye, Satwicz, Durkee-Leonard, & Boylan-Lewis, 1996) in *Applied Nursing Research*. The committee commends her on her work and congratulates her upon receiving the award. Below is an abstract of the study submitted by Ms. Boylan-Lewis:

#### Predictive Validity of the Braden Scale and Nurse Perception in Identifying Pressure Ulcer Risk

The purpose of this study was to determine the cut-off point, and the sensitivity and specificity of the Braden Scale in the prediction of pressure ulcers for hospitalized adults. In addition, nurse's clinical judgements of patient risk of pressure ulcer development without the Braden Scale were compared to clinical judgements with the Braden Scale.

The study was approved through review by a human subjects committee. It was conducted in a 550 bed Midwestern community teaching hospital. Subjects were drawn from general care medical-surgical units, intensive care, an oncology unit, and a 40 bed inpatient rehabilitation unit. The subjects were randomly selected within 24-48 hours of hospitalization from routine admissions expected to have a one-week or longer hospital stay. The Braden Scale was used to develop a cut score for prediction of pressure ulcers. A Skin Assessment Form that documented skin status and the presence, location, and staging of any pressure ulcers

was also used. Interrater reliability training of eleven nurse data collectors was conducted one week prior to study implementation and all ratings achieved a 90% or higher level of agreement. To avoid bias, two separate data collection roles were used. The first role obtained informed consent, completed demographic data, and rated the patient with the Braden Scale. The second role completed the Skin Assessment Form; and at the first data collection period, asked the staff nurse caring for the patient to use clinical judgement to answer "yes" or "no" to the question, "Do you think this patient will develop a pressure ulcer while they are in the hospital?" Subjects were assessed on admission and three times a week up to a maximum of two weeks using the Braden Scale and the Skin Assessment Form.

One hundred and three subjects participated. The sample consisted of 52.7% male subjects and 47.3% female subjects. A wide variety of medical and surgical diagnoses were represented. Twenty-nine subjects developed pressure ulcers. The coccyx/sacral area was the most common pressure ulcer site. Results of the *t* test demonstrated the Braden Scale was the most highly significant finding ( $p = .0038$ ) in the prediction of pressure ulcer positive and pressure ulcer negative groups. The Braden Scale cut-off point was set at 17 with a sensitivity of .59 and a specificity of .59. When the Braden Scale was not used, nurses' clinical judgements of pressure ulcer risk were not significant in predicting either pressure ulcer positive or pressure ulcer negative status.

Results of this study demonstrate the Braden Scale improves clinical judgement regarding pressure ulcer risk and assists nurses to target patients who will benefit from preventive measures. The Braden Scale does not require additional assessment; rather it requires use of assessment information in a prescribed manner. The tool is not 100% accurate in pressure ulcer prediction as some subjects developed pressure ulcers who were not predicted to do so. Therefore, clinical implementation of the Braden Scale must be combined with frequent and thorough skin assessment. The results of this study, along with the research agenda proposed by the Panel for Prediction and Prevention of Pressure Ulcers, Agency for Health Care Policy and Research, support the need for continued research and refinement of pressure ulcer risk prediction tools.

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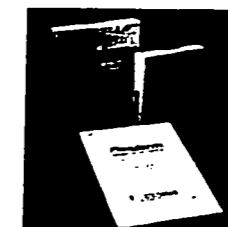
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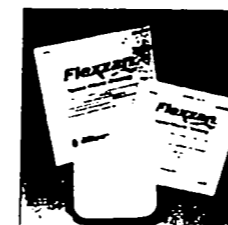
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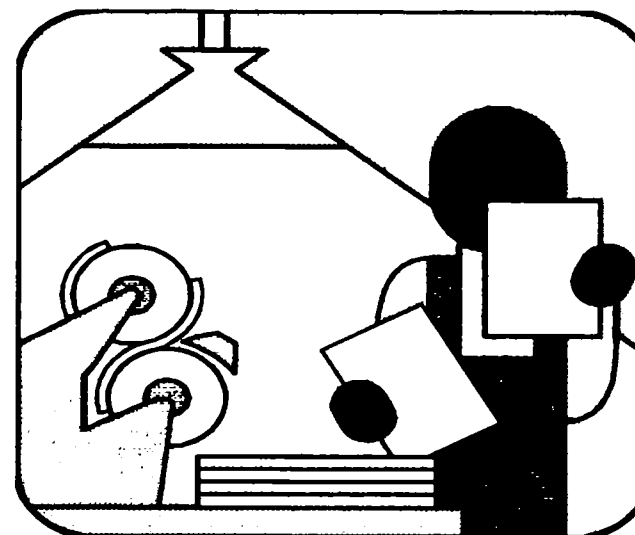


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## Committee Reports & Awards



### PUBLICATIONS

I hope everyone enjoyed the February issue of the Dropper. I have had fun setting up the layouts and editing the news that comes in. However, I would like to see more news sent to me. I still would like a news reporter from each state to send in interesting information from our fellow ET's. If anyone is interested in reporting for their state, please contact me at the address listed inside the front cover.

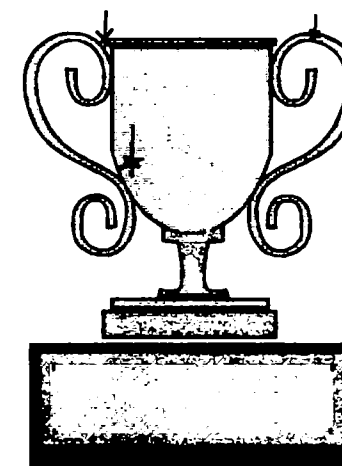
**Remember the next newsletter deadline:  
August 15 for the September issue. Thanks.**  
Patti Lilley

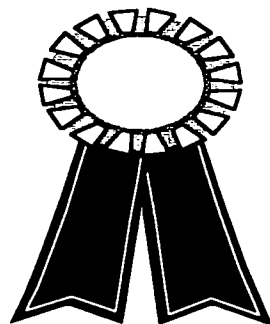
### ATTENTION SCHOLARLY AUTHORS!

The Mideast Region Excellence in Writing Award was created to encourage scholarly writing by Region members. If you or somebody you know have written an article, book chapter or other manuscript that makes an impact on ET Nursing, please submit it! Keep these guidelines in mind:

- At least one of the authors must be a member of the Mideast Region of the WOCN.
- Manuscripts must be 500 words or more and submitted for publication or published between September 16, 1996, and September 15, 1997.
- The ET Nursing focus of the manuscript can be from an educational, clinical, administrative, economic, research or legislative viewpoint.
- The prestigious Mideast Region's Excellence in Writing Award Committee will select the outstanding manuscript. Manuscripts will be reviewed anonymously by committee members.
- The award will be conferred at the 1997 Mideast Regional Conference in Frankenmuth.
- **Submissions must be received by September 15, 1997.** Manuscripts received after that date will be considered for the next year's award.

An honorarium of \$100 and a dandy plaque will be awarded to the author(s). Send manuscripts directly to the 1997 Chairperson: Robert Trout, 2785 Lamoreaux Lane, Holt, Michigan 48842.





**OUTSTANDING ET NURSE AWARD**

**Prerequisites:**

- Nominee must be a member of the Midwest Region WOCN for a minimum of two years.
- Nominee must attend at least one WOCN meeting a year (either Midwest Regional Meeting or National Conference).
- Nominee must be board certified in ET Nursing.

**Deadline:** August 1, 1997

The award will be presented to the winner at our Annual Regional Conference. Send nominations to Judy Werner, c/o St. Luke's Hospital, 700 Cooper Avenue, Saginaw, Michigan 48602.

The Selection Committee is comprised of a WOCN member from each state in our region. The Selection Committee is not appraised of the names or agency affiliation of nominees until the selection is completed.

Briefly describe the nominees qualifications for the award and provide examples based on the following criteria. (Note: The nominee must meet 80 percent of the criteria.):

1. Demonstrates excellence in the full scope of ET Nursing practice.
2. Devotes at least 50 percent of professional practice to providing direct care to patients with dermal ulcers, stomas, wounds and incontinence.
3. Shares knowledge by providing professional and community education via one-on-one education, seminars and symposiums.
4. Promotes the specialty of ET Nursing by actively participating in professional, political and/or community organizations.
5. Actively promotes the growth and development of ET Nursing by providing peer support, precepting and recruitment.

**OUTSTANDING ET NURSE AWARD APPLICATION**

**Nominee:**

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Agency \_\_\_\_\_

Position \_\_\_\_\_

**Submitted by:**

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Agency \_\_\_\_\_

Position \_\_\_\_\_

Daytime Phone \_\_\_\_\_



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Standards	Publications (i.e. newsletter, etc.)	Conference Planning	Operations Manual
Research/Survey	E.T. Nurse Day	Scholarship	Bylaws
Ethics	E.T. Nurse Of The Year	Excellence In Writing	Nominations
Government Affairs	UOA Youth Rally		Historian
			Fundraising

**CONSIDERATIONS/COMMENTS**

- Trustees #1 and #3 must have the educational requirement of a BSN or above.
- President-Elect shall oversee the functions of Trustees #1 and #4.
- Secretary shall oversee the functions of Trustees #2 and #3.
- Trustees #1 and #3 shall be nominated and elected on alternating, i.e. odd and even years.

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<b>Mail to:</b> Patti Lilley, RN, BSN, CETN 8937 West 800 North Indianapolis, IN 46259 Home: (317) 835-4439 Work: (317) 841-5650	<b>Ads run for one year (three issues):</b> Business Card \$35 ¼ Page \$75 ½ Page \$150 ¾ Page \$175 Full Page \$250
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## Call For Nominations

Two Trustee positions are up for election.

**Trustee #1 Professional Practice:** Responsibilities include the following committees—*Standards, Research/Survey, Ethics and Governmental Affairs.*

**Trustee #3 Continuing Education:** Responsibilities include the following committees—*Conference Planning, Scholarship and Excellence in Writing.*

Both of these Trustee positions require a BSN or above. The term of service is for two years.

Mail ballots will be used for elections. Results will be announced at the October 11 membership meeting at the Regional Conference in Frankenmuth, Michigan.

You may nominate yourself or someone else. *Please*, if you nominate someone else, be sure you get their permission that they are willing to run, and that they have a BSN or above.

Tear off the bottom half of this page and send nominations to:

**Betty Winn  
6384 Engle Road  
Brook Park, Ohio 44142**

**Nominations must be received by August 1, 1997.**

Ballots will be mailed the week of August 25, and they will need to be returned by September 22 to ensure there will be enough time to count all the ballots.

**I NOMINATE:**

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Telephone ( ) \_\_\_\_\_

FOR: (please circle one)

**TRUSTEE #1**

**TRUSTEE #3**

**I have checked with the nominee and he/she is willing to run and has a BSN or above.**

Signature: \_\_\_\_\_

## News From Around The Region

### MARK YOUR CALENDARS

#### **WOCN National Conference**

June 9-12, 1997, Nashville, Tennessee

#### **MER Regional Conference**

October 9-11, 1997, in Frankenmuth, Michigan

If you would like to add any important dates to our MER Calendar, please contact Allyn Davies at (216) 778-7546 or fax (216) 778-5560.

### COLORECTAL CANCER PLAN

The Colorectal Cancer Advisory Group, part of the Michigan Department of Community Health, is in the process of developing state guidelines to reduce morbidities and mortalities related to colon and rectal cancers. The five key areas being addressed are Prevention, Screening, Diagnosis, Treatment, and Post-Treatment Rehabilitation and Care/Long Term Care/Quality of Life Issues. As an ET Nurse, I have been asked to participate in order to provide input primarily on the last of the key areas. Specific areas being considered are access, survivorship supportive care such as nutritional or symptom management, patient predictors of outcomes, outpatient follow-up, use of skilled home care, long term care or hospice services, community and patient education, and unmet family needs. If anyone wishes to provide input on any areas listed or other related areas, please call Robert Trout at (517) 483-2687 or e-mail at troutrob@pilot.msu.edu. A draft of the plan is scheduled to be completed by the end of the year.

### EMORY UNIVERSITY OFFERS DISTANCE LEARNING IN WOUND, OSTOMY, CONTINENCE NURSE EDUCATION PROGRAM

The Emory University WOCNEP now offers a Distance Learning Program for qualified RNs to become

a Wound Care Nurse, an Ostomy Care Nurse, a Continence Care Nurse, or a full scope Wound, Ostomy, Continence Care Nurse (ET Nurse). The Distance Learning Program includes the same didactic and clinical instruction as is provided by the traditional "on-site" and the "split option" programs; however, it is packaged differently to facilitate "self-instruction".

The Distance Learning Program involves four major components: A Theory Component, On-site Instruction, Clinical Instruction, and a Project Component. The first three components are completed sequentially, while the fourth component can be completed at any time during the program.

The Theory Component involves completion of four self-study modules. Each module contains study guides, learning exercises, case studies, and a proctored module examination.

After successful completion of the self-study modules, the student participates in a one week on-site program which is designed to complement the self-study component and prepare the student for clinical instruction. The student will be involved in several simulated lab experiences and clinical decision-making exercises. Students will also have the opportunity to network with each other. The final exam and products test are given during this week.

When the on-site program is complete, the student is ready to begin clinical instruction for a specified number of hours with two Emory University WOCNEP approved preceptors.

The Project Component includes: Development of an In-service Education Program, Presentation of an In-service Education Program, and an Individual Student Project of their choice. The projects can be completed and submitted at anytime during the program.

Emory has expanded staff and faculty to accommodate the Distance Learning Program. Teleconferences are scheduled regularly to facilitate open lines of communication. For more information, call (404) 778-4067.

# Mark your calendar

for the 1997 Midwest Regional Conference,  
Renamed : "Healing with the ET Touch"



October 9-10, 1997  
Frankenmuth, MI  
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**For conference information: Charlene Taylor (616) 347-2225**

# Call for Posters

for the  
1997 WOCN  
MidEast Regional  
Conference  
October 9 - 10, 1997  
Frankenmuth, MI

renamed:  
"Healing with the ET Touch"



**Deadline for submission extended to  
July 15**

*The MidEast Region Conference Planning Committee invites you to participate in the poster session of the 1997 conference,  
"Healing with the ET Touch."*

*Guidance in preparation of the poster is provided in the abstract information packet. It's easier than you might expect! Topic suggestions include descriptions of research, a practice innovation, or a practice challenge in wound, ostomy or continence care.*

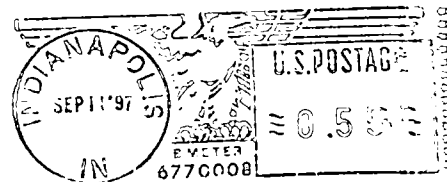
*Information and abstract packets are available by contacting:*

Linda McGee, RN, CETN  
MidMichigan Regional Medical Center  
4005 Orchard Drive, Midland, MI 48670  
(517) 839-3122



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# MID-EAS DROPPER

*Indiana, Kentucky, Michigan, Ohio, West Virginia*

September 1997

Margaret A. Valbassoi RN CETN  
6256 Vista Ridge Lane  
Cincinnati, OH 45227

## A Message From Our President . . .

I am looking forward to seeing everyone at the fall Regional Conference October 9-11, 1997. Our conference chairs, Sharlene Kennedy and Judy Werner, are excited about sharing their Frankenmuth neighborhood and hospitality with us. As always, we may all count on fine educational sessions and the opportunity to network with our nursing friends from different states.

The Mideast Region fall membership meeting will be held on Saturday. Please bring this newsletter with you and refer to the conference registration folder for the location and the time of the meeting. It may be a good idea to contact Sharlene or Judy for specific times if you must make flight arrangements.

As you browse through this issue of the MID-EAS DROPPER and read the committee reports, it will become apparent that the Region has had a very productive year. I feel very lucky to have had the

chance to work with a wonderful group of volunteers who have rolled-up their sleeves to help keep the Region's operations running smoothly. It is great to have people asking me how they can help! You all know who you are. Thanks

Keep your eyes on the WOCN News and any other mailings coming from the national office. Bernadette Cullen is our new national president and needs to hear from you with any compliments or concerns pertaining to national issues. It is not unusual to hear of proposed organizational changes before the end of the year. Your early response helps better guide the national board. Don't be shy.

Martha Saulman, Rosemarie Van Ingen, Terri Boyd, Laurie Tankersley, and I were working on proposed bylaw changes this summer. You will be receiving and voting on them through the mail in the fall. Once this is done, the work for 1997 will be finished, and we will be looking at new goals for 1998. I am certain it will be another great year. See you soon!—Sharon Ballard-Krishnan, MA, RN, CETN

**Please detach and mail the form below.  
Updated information is appreciated!**

Name, Address or Employment Change?  
Please check the appropriate box . . .

Date: \_\_\_\_\_

Name: \_\_\_\_\_  
(First Name, Last Name, Previous Name)

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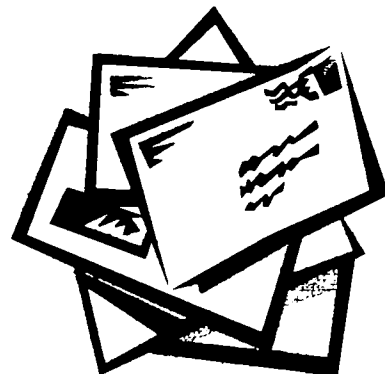
Phone (work): \_\_\_\_\_

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Do you wish change published in the MID-EAS DROPPER?  Yes  No

Your Signature: \_\_\_\_\_

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<p><b>PRESIDENT-ELECT</b>          Judy Werner          St. Luke's Hospital          700 Cooper Ave.          Saginaw, MI 48602          W: (517) 771-6002          H: (517) 686-5767          Fax: (517) 771-6672</p>	<p><b>SECRETARY</b>          Allyn Davies          8196 Creekside Trace          Broadview Heights, OH          44147          W: (216)459-5436          H: (216) 526-6429</p>	<p><b>TREASURER</b>          Sharlene Kennedy          7371 N. Gale Road          Otisville, MI 48463          W: (810) 257-9526          H: (810) 653-7600</p>	<p><b>TRUSTEES (4)</b>          See Below</p>
<p><b>TRUSTEE #1</b>          Sandy Duda          1448 Cedarwood Dr., #C2          Westlake, OH 44145          W: (216) 931-1355          H: (216) 808-8429          Fax: (216) 694-6343</p>	<p><b>TRUSTEE #2</b>          Joan Sewickley          84 Red Dog Lane          Lake Milton, OH 44429          W: (800) 289-1261, Ext. 4459          H: (330) 654-5362          Fax: (330) 654-3426</p>	<p><b>TRUSTEE #3</b>          Carolyn Smith          3917 S. Houck          Marion, IN 46953          W: (765) 662-4658          H: (765) 674-5761</p>	<p><b>TRUSTEE #4</b>          Laurie Tankersley          971 Olney Road          Jackson, MI 49201          W: (313) 327-3329          H: (517) 764-6853</p>
<p><b>COMMITTEES</b></p>	<p><b>COMMITTEES</b></p>	<p><b>COMMITTEES</b></p>	<p><b>COMMITTEES</b></p>
<p><b>Standards</b>          Vacant</p>	<p><b>Publication (Newsletter)</b>          Patti Lilley          8937 West 800 North          Indianapolis, IN 46259          W: (317) 274-2541          H: (317) 835-4439          Fax: (317) 278-0917</p>	<p><b>Conference Planning</b>          Sharlene Kennedy          7371 N. Gale Road          Otisville, MI 48463          W: (810) 257-9526          H: (810) 653-7600</p>	<p><b>Operations Manual</b>          Judy Werner          St. Luke's Hospital          700 Cooper Ave.          Saginaw, MI 48602          W: (517) 771-6002          H: (517) 686-5767          Fax: (517) 771-6672</p>
<p><b>Research</b>          Barb Pieper          1356 Yorkshire          Gross Point, MI 48230          W: (313) 577-4057          H: (313) 886-0464</p>	<p><b>E.T. Nurse Day</b>          Vacant</p>	<p><b>Scholarship</b>          Vacant</p>	<p><b>Bylaws</b>          Martha Saulman          2173 N. Highway 337          Coryden, IN 47112          W: (812) 283-2964          H: (812) 738-4071</p>
<p><b>Ethics</b>          Vacant</p>	<p><b>E.T. Nurse Of The Year</b>          Judy Werner          St. Luke's Hospital          700 Cooper Ave.          Saginaw, MI 48602          W: (517) 771-6002          H: (517) 686-5767          Fax: (517) 771-6672</p>	<p><b>Excellence In Writing</b>          Robert Trout          2785 Lamoreaux Lane          Holt, MI 48842          W: (517) 483-2687          H: (517) 393-3209</p>	<p><b>Nominations</b>          Betty Winn          6384 Engle Road          Brookpark, OH 44142          W: (216) 931-1355          H: (216) 267-8215          Fax: (216) 694-6343</p>
<p><b>Government Affairs</b>          Martha Saulman          2173 N. Highway 337          Coryden, IN 47112          W: (812) 283-2964          H: (812) 738-4071</p>	<p><b>PR/Sunshine</b>          Mary Merrill          122 Winthrop Road          Columbus, OH 43214          W: (614) 293-8897          H: (614) 262-9340          Fax: (614) 293-5669</p>	<p><b>Historian</b>          Margaret Valmassoi          6256 Vista Ridge Lane          Cincinnati, OH 45227          (513) 561-4086</p>	
<p>Elizabeth Winn          6384 Engle Road          Brookpark, OH 44142          W: (216) 931-1355          H: (216) 267-8215          Fax: (216) 694-6343</p>		<p><b>Fundraising</b>          Joan Sewickley          84 Red Dog Lane          Lake Milton, OH 44429          W: (800) 289-1261, Ext. 4459          H: (330) 654-5369          Fax: (330) 654-3426</p>	

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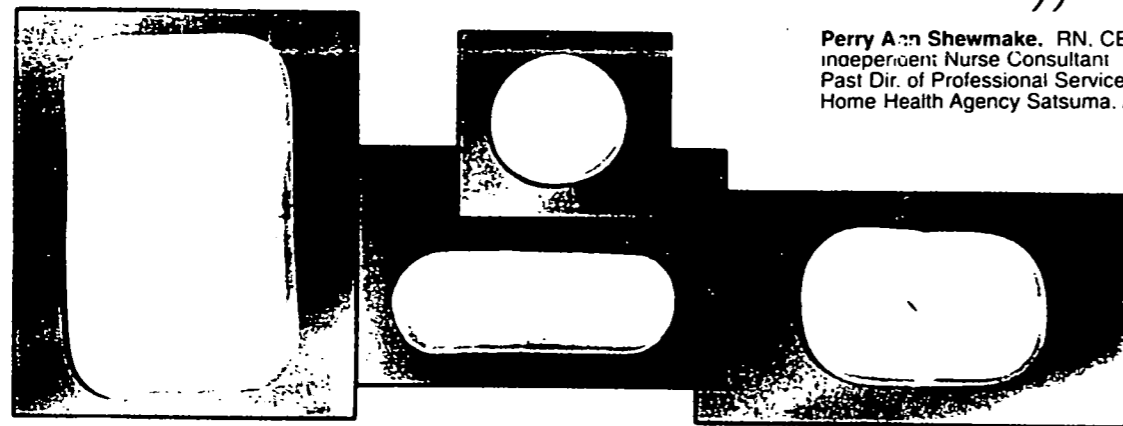
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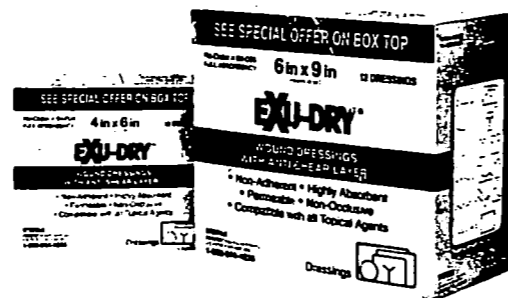


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# Committee Reports

## FUNDRAISING

This is a message for all of you regarding the upcoming conference in Frankenmuth, Michigan. We will have our fundraising booth as usual at this regional meeting. We'll be selling our ET Nurse shirts, sweatshirts and also having a raffle. The other fundraising event which is always lots of fun will be our "Silent Auction". For those of you who do not know how a silent auction works, I'll explain.

You are welcome to bring items to the conference to donate. These items could be something handmade, a novelty item of some kind, perhaps a decorator item, or just something FUN. For example, last year in Kentucky, we had everything from a golf bag to Halloween napkins!! Many handmade craft items such as wall hangings or floral pieces were also there. All items are placed on a table with a long sheet of paper in front of the item, and everyone who goes to the table can write down a bid for the item on the paper. (The trick is to be the last and highest bidder for the item.) The time that the bidding will close will be announced (usually followed by a mad scramble to be the person with the last bid on the particular item you want), and then bidding will be closed. The last name on the list is the person who will be the purchaser of that item. It's always lots of fun and pure profit for the organization. So please remember to bring some item to donate, and your checkbook to be able to purchase something.

Unfortunately, we are not set-up to take charges, so you can save your plastics for the great shopping at the wonderful Christmas stores in Frankenmuth.

Please also save some time to donate to working at the booth. We only ask for an hour of your time, but it does allow for your committee to also participate in other conference activities. Thanks, and we'll see you in Frankenmuth!—Joan Sewickley



## Committee Reports

### GOVERNMENT AFFAIRS

The GAC Chair passes to Glenna Altizer in October during the Fall Mideast Region membership meeting. Activities since the Fall 1996 meeting were directed at improving communication to the membership regarding WOCN "political" issues, as well as state/national government health care issues relevant to the patient population ET Nurses serve. Letters were mailed in December of 1996 to the membership communicating news from the national organization and the Mideast president to initiate our goal to better serve the membership in keeping everyone informed of current "political" issues.

A binder with a synopsis of past GAC activities has been created and will be passed to Glenna for additions. Representation from each state has been renewed to assist Glenna with government health care affairs. They are: Jennifer Hunter from Kentucky; Mary Baker from Indiana; Bernice Huck from Michigan; Betty Winn from Ohio; and of course, Glenna will represent West Virginia.—*Martha Saulman and Betty Winn, Co-Chairs*

### BYLAWS

Martha Saulman has accepted the Chairperson of the Bylaws position at the request of Trustee Laurie Tankersley. Connie Anthony has resigned. A revision of the Bylaws was completed in July with the past



chairperson Rosemarie Van Ingan. Rosemarie has served the Mideast Region in this role very faithfully in order to follow in a legal manner. She is applauded for her dedication and diligence to our association of ET Nurses. A conference call with the Board Members will be held September 10 to discuss and approve the revisions. This will make the revisions available to the membership at the Fall meeting.

### CONFERENCE PLANNING

The first bulk mailing of the brochure for the October conference was sent out August 6, 1997, and should be in your mailbox soon. A second mailing is planned.

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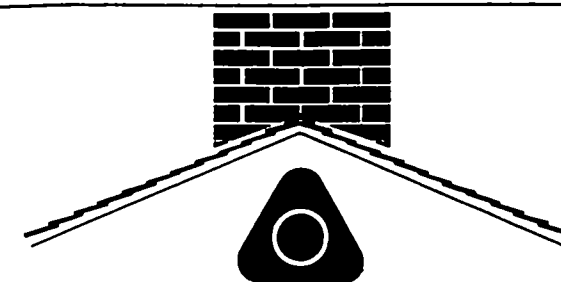
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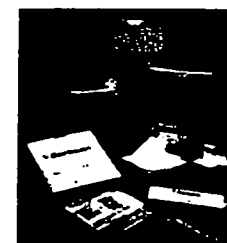
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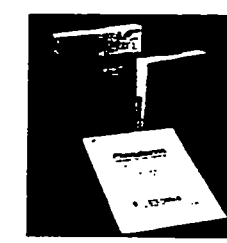
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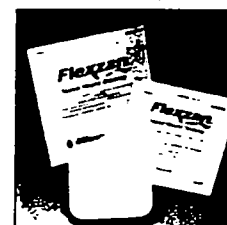
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## Committee Reports & Awards

### SCHOLARSHIP COMMITTEE

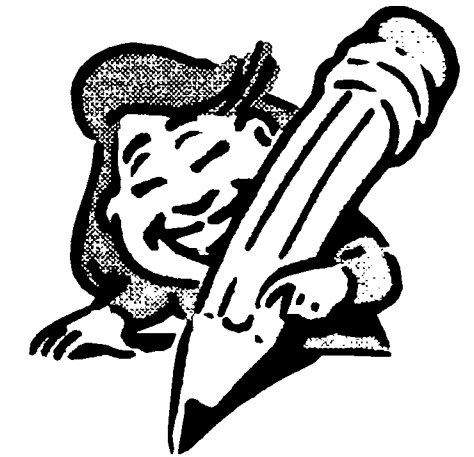
The WOCN Scholarship Committee and the WOCN Foundation has selected three recipients in the Mideast Region for scholarships. Please join me in congratulating the following scholarship winners:

- Cynthia Rowland, Trafalgar, Indiana, received the R. B. Turnbull ETNEP Scholarship. This award totals \$1,000.
- Janice Powers, Indianapolis, Indiana, received the Mideast Region Charles Bryant ETNEP Scholarship. This award totals \$500.
- Diane Wolfe, Beverly Hills, Michigan, received the Mideast Region Charles Bryant ETNEP Scholarship. This award totals \$250.

When applying for any scholarship or grant money, always double check your paperwork to make sure all requested information is complete; your writing is legible; and the correct number of copies are included. Many times applications are rejected for these simple oversights.

The following people have expressed an interest in participating in a scholarship committee from the Mideast Region: Carolyn Painter, Fort Wayne, Indiana; Dorothy Benz, Ox, Ohio; Millie Kransky, Louisville, Kentucky;

and Marilyn Whitehead. If anyone else is interested, please call me at (765) 674-5761 or (765) 662-4658. Look for more on this at Regional.—Carolyn Smith, RN, CETN



### EXCELLENCE IN WRITING

Please send any articles to Robert Trout, P.O. Box 30480, Lansing, Michigan 48909-7980. The deadline is September 15.

### AWARDS

Congratulations to Sharon Ballard-Krishnan for her 1996-1997 Outstanding Thesis and Dissertation Award from Central Michigan University. Her project was titled, "Frankie Edith Parker: The First Beat Woman A Call For Recognition."



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Nancy Waltz, Lisa Kirk and Melinda Sparks - ET team, St. Vincent Hospital, Indianapolis, Indiana

**A CALL FOR ALL E-MAIL ADDRESSES**

Bob Trout has been trying to collect e-mail addresses for members from our Mideast Region to establish a directory. I thought that maybe we could all help him out by sending our e-mail addresses to Patti Lilley for publication in the next newsletter. The deadline is January 15, 1998, for the February 1998 issue. Patti's address is published in this newsletter.

Please include your full name (first, middle, last) and credentials (i.e. RN, CETN, BS, BA, BSN, MSN, PhD, etc.) along with your e-mail address. The list will be alphabetized and printed as a reference for our members. If you do not care to have your e-mail address published, please do not send it to Patti. Thank you for your help!—*Sharon Ballard-Krishnan*

**THANK YOU**

A big note of thanks to Rosemarie Van Ingan and Teri Boyd for their assistance on Bylaws Revision/Update on 7/26/97.—*Laurie Tankersley*

**MARK YOUR CALENDARS**

**Option Care Conference "Skin Care: Evolution to Resolution"**

October 22, 1997  
Thomas Edison Inn - Port Huron, Michigan  
Call Sandy Penz at (810) 465-3005 for conference information and details.

**Mideast Regional Conference**

October 9-11, 1997  
Frankenmuth, Michigan

**SOUTHEAST MICHIGAN ET MEETING**

On May 21, 1997, the Southeast Michigan ET Meeting was held at the Ann Arbor Comfort Inn, hosted by Laurie Tankersley from St. Joseph Mercy Home Care. The program speakers were Norma Gill-Thompson, ET; Marilyn Spencer, RN, BSPA, CETN; and Rosemarie Van Ingen, BS, CETN. "Birth & Growth of ET Nursing" was the program topic. We had 65 attendees. The weather was perfect. (Michigan's weather has been very slow in warming this Spring.) The program was excellent; there was time for book signings and a lot of networking going on, both before and after the program. Our sincere THANK YOU's go to the following companies for graciously supporting this meeting: **Advanced Therapeutics, Coloplast, Convatec, DeRoyal, Dow Hickam, Hollister, Pierce Medical, Rik Medical.**

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		<p>The MER board will decide in post-Board meeting the merits of writing a position statement.</p> <p style="text-align: right;">Meeting adjourned.</p>
<p><b>VIII. Past President - P. Erwin-Toth</b></p> <p>Paula complimented the Region on their activities. She shared her reasons for resigning from Secretary of the National Board due to conflict of interest. She now sits on the National Council as ETNEP liaison. Paula received support for her decision and we are glad to have her back to participate actively in regional activities.</p>	<p>We will purchase labels from WOCN at \$25.00/set to facilitate our timely business.</p> <p>Report on the Leadership Conference is printed in the Mid-East Dropper.</p>	<p>Membership Forum is scheduled for 6/11 at 8 a.m. All members encouraged to attend. Discussion at Forum will include elimination of byline "an association of ET Nurses". Letter of opposition to elimination of byline was shared, written by the New England region.</p> <p>Speakers from region were recognized: Paula Erwin-Toth and Diane Singer.</p> <p>No further discussion.</p> <p>C. Smith moved that meeting be adjourned. 2<sup>nd</sup> by Terri Boyd.</p>
<p><b>IX. Unfinished Business</b></p> <p>A. Mailing List for elections or official business.</p> <p>B. Leadership Conference</p>		<p><b>X. New Business</b></p> <p>A. Membership Forum</p>

Respectfully submitted,

Allyn Davies, Recorder

1998 – G. Altizer reported that conference will be at the Charleston Marriott. Dates not yet firmed up.

1999 – P. Toth will look into Cleveland to host regional. A. Davies to help.

2. C. Smith reported that M. Saulman agreed to chair the Scholarship committee.

Awaiting information from National on status of our scholarships. Discussion among members about members of region who had applied for scholarships but were denied by National with no reason given.

3. R. Trout reported that only one article has been received. He will conduct a literature search and invite regional members who have published to submit for the Excellence in Writing Award.

1. J. Werner reported that she will re-look at the Operations Manual in the Fall.

2. L. Tankersly is looking for someone to be the by-laws chair. Important job as many of the by-laws need to be changed.

3. In the fall, we need to elect a new Trustee #1 and #3. These candidates must have their BSN. We also need to elect a Treasurer.

4. No report.

5. J. Sewickley reported that we made \$1994.00 at our last regional conference. She reminded all members to bring their Silent Auction items to Frankenmuth. There will be no fundraising booth here in Nashville.

2. Scholarship – vacant office

3. Excellence in Writing – R. Trout

D. Trustee #4 – L. Tankersly

1. Operations Manual

2. By-laws – vacant office

3. Nominations – B. Winn

4. Historian – P. Valmassoi

5. Fundraising – J. Sewickley

3. Martha asked for volunteers to sit on scholarship committee. C. Smith to call D. Kiehl to ask her to write an article for the Dropper re: requirements and how to get accepted for scholarships.

2. Anyone interested in becoming the By-laws chair, contact L. Tankersly.

3. Anyone interested in running for Trustee or Treasurer, should contact Betty Winn.

# Register Now

for the 1997 Mid-East Regional Conference,  
"healing with the ET touch"



October 9-11, 1997  
Frankenmuth, MI  
"Michigan's Little Bavaria"

**Plan to attend:** Check your conference brochure for topics covering the full scope of ET Nursing practice, and for info about Friday night's fun, food and frolic.

**Plan to bring an item for the Silent Auction,** the regional fundraiser. For a description and details, check the article about the auction in this issue of the "Dropper."

### Plan a Family Weekend in Beautiful Mid-Michigan !

The perfect place for Christmas Shopping: Frankenmuth Bavarian Village, Birch Run Outlet Mall, Bronner's Christmas Wonderland (the World's largest Christmas Store).

Attractions: Peak fall color, golf, Crossroads Village, petting zoo and more. Two swimming pools and family fun areas at the Bavarian Lodge.

For conference information: Charlene Taylor (616) 347-2225

**Mid-East Region WOCN National Meeting**

Meeting Minutes for Membership – Nashville

Date : June 8, 1997 at 2:pm.

Called to Order by S. Krishnan at 2 p.m.

Recorder: A. Davies

Present: 50 members signed in

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I. Call to order, Introductions, Welcome – S. Krishnan	Mtg called to order by S. Krishnan. Introduction of members made. New members and 1 <sup>st</sup> time attendees recognized. Past presidents in attendance were recognized.	Informational
II. Quorum determination/voting guidelines- G. Altizer	Voting guidelines, Robert's Rules of order, and debating guidelines reviewed. No need for quorum determination since implementation of mail vote.	Quorum determination will be addressed by By-law committee and will be removed from agenda in the future.
III. Additions/Deletions to Agenda – S. Krishnan	No additions or deletions to agenda. P. Toth moved that agenda be accepted as written. 2 <sup>nd</sup> by S. Sewickley	Agenda accepted as written.
IV. Secretary Report – A. Davies	The minutes from the Fall meeting were printed in the February, 1997 Dropper. No additions or corrections. A. Davies move that minutes be accepted as written. 2 <sup>nd</sup> by L. McGee.	Minutes accepted as written.
V. Treasurer's Report – S. Kennedy	S. Kennedy reported \$62,456.00 in the checking account. The Regional conference made \$21,000. Discussion from membership about how money to be utilized. Money to spent wisely in ways that impact the membership. Will dedicate some funds to new scholarship committee.	Informational. New scholarship committee to be formed.
VI. President – Elect – J. Werner	J. Werner reminded members to nominate their peers for ET Nurse of the Year. Participation	Nominations due August 1.

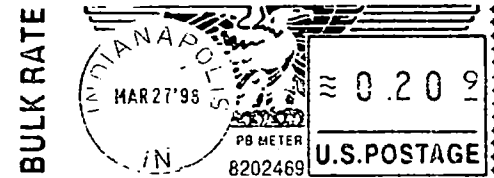
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	encouraged.	
<b>VII. Trustee and Committee Reports</b> <b>A. Trustee # 1 – S. Duda</b> 1. Standards – Vacant Office 2. Research – B. Pieper 3. Ethics – Vacant office – S. Duda 4. Government Affairs- M. Saulman, B. Winn  <b>B. Trustee # 2 – J. Sewickly</b> 1. Publication – Patti Lilley  2. ET Nurse Day- vacant office 3. ET Nurse of Year – J. Werner 4. PR/Sunshine – M. Merrill  <b>C. Trustee # 3 – C. Smith</b> 1. Conference Planning – S. Kennedy	1. Standards – no report 2. L. McGhee reported that 6 research abstracts have been received for Fall Conference. B. Pieper would like to start a regional research project. More information forthcoming. 3. No report. 4. Government Affairs will purchase labels from National to ensure all of our communication is timely. Labels to be used also for Dropper.  1. P. Lilley reported that she will use labels from Government Affairs committee. All members are encouraged to send any updated addresses to National. Patti also asked for reporters from each state. 2. No report. Chair needed. 3. Application in the Dropper. Deadline is August 1. 4. M. Merrill will send card from region to any member having a significant life event. Contact Mary if any cards should be sent. Mary is also sending information from region to all new ET's in our region.  1. S. Kennedy reported that the Regional Conference will be in Frankenmuth on October 9, 10, 11. Advanced and intermediate tract will be available. 10 CEU's to be awarded. Friday night event will be a western theme. Room rate \$89-	1. Anyone interested in becoming Standards or Ethics chairperson should contact S. Duda 2. Send Research abstracts by July 15 for Fall conference to L. McGhee.  1. Article deadline for next Dropper is August 15. Any one interested in becoming a reporter from their state, contact P. Lilley.  2. Call J. Sewickly if interested in assuming ET Nurse Day Chair. 3. Deadline for ET Nurse of Year is Aug. 1.



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# MID-EAS DROPPER

Indiana, Kentucky, Michigan, Ohio, West Virginia

March 1998



Happy New Year! I am very excited to help the Region get started with its work for 1998. We have several major projects developing.

Mary Herbeck has volunteered to be our new Research Chair. Mary's major project for this year will be looking into the costs for the Mid-East Region to have our own home page on the Internet. The decision to have the Research Chair assume this function was two fold. First, people who routinely participate in research projects are typically comfortable computer and Internet users. Secondly, it would be nice if visiting the Mid-East Region's Web site, somehow, would help facilitate research within and outside of our Region. Mary said that she frequently worked on-line while in graduate school. This made her an ideal candidate to tackle this project. Additionally, Mary reported that she had family members who are familiar with what it takes to develop Web sites!

If the Web site project goes well, we hope to offer all of the Region's printed materials on-line. This would include conference materials, the Mid-Eas Dropper, bylaws, the operations manual, scholarship applications, and any other new postings from our membership. Selected hyperlinks would make it easier for all of us to communicate with each other and locate information necessary to better perform committee functions. The Region may also realize some cost savings by minimizing long distance telephone calls among board members.

Robert Trout has assembled a preliminary list of e-mail addresses for the Mid-East Region. They are published in this issue of the Mid-Eas Dropper. If you wish to have your name and e-mail address added to this list and published in the next newsletter, please contact our newsletter editor, Patti Lilley, Carolyn Smith and her scholarship committee

will be "cleaning-up" the scholarship process for the Mid-East Region. There has been some confusion regarding the scholarship application process and distributions made for the provision of scholarships in past years. At the fall 1997 Regional Conference, our membership had approved to increase the budget for scholarships and to have the scholarship committee make recommendations pertaining to disbursement of scholarship dollars. Hopefully, the Mid-East Region members will have more scholarship opportunities made available to them by the end of 1998.

And the last major project in-the-making, but certainly not the least important, is our fall Regional Conference, which is being chaired by Glenna Altizer. It will be held in West Virginia, so mark your calendars. Our Regional conferences seem to get better and better every year, and this one should not be an exception to the trend.

The Mid-East Region thanks Sharlene Kennedy, Judy Werner, and a dynamic conference planning committee for a lovely fall conference in Frankenmuth, Michigan. I hope that our Kentucky friends have recovered from 1996 and that our Cleveland buddies are resting-up for 1999! Planning and hosting a conference requires an enormous amount of energy. We are fortunate to have been able to find the energy that it takes to successfully, year after year, host such wonderful educational sessions.

Before I close, I would just like to remind all of you to carefully read the materials coming to you from the national WOCN office and the Certification Board. The certification process is changing, so please prepare yourself for these changes by becoming familiar with the information being sent to you.

It is a privilege for me to be your President. I have really enjoyed myself and look forward to 1998 being another fine year. Thank you for all of your support.—Sharon Ballard-Krishnan, MA, RN CETN

Margaret A. Valmassoi RN CETN  
6256 Vista Ridge Lane  
Cincinnati, OH 45227

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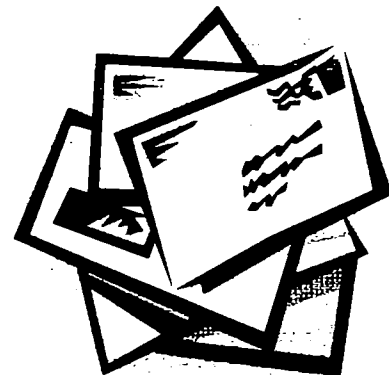
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 Fax: (248) 299-3691  
 E-mail: sharikrish@aol.com

<p><b>PRESIDENT-ELECT</b>          Judy Werner          St. Luke's Hospital          700 Cooper Ave.          Saginaw, MI 48602          W: (517) 771-6002          H: (517) 686-5767          Fax: (517) 771-6672</p>	<p><b>SECRETARY</b>          Allyn Davies          8196 Creekside Trace          Broadview Heights, OH 44147          W: (216)459-5436          H: (216) 528-6429</p>	<p><b>TREASURER</b>          Sharlene Kennedy          7371 N. Gale Road          Otisville, MI 48463          W: (810) 257-9526          H: (810) 653-7600          Fax: (810) 257-9471</p>	<p><b>TRUSTEES (4)</b>          See Below</p>
<p><b>TRUSTEE #1</b>          Rebecca Roberts          University Hospitals of Cleveland          11100 Euclid Ave.          Cleveland, OH 44106          W: (216) 844-2902</p>	<p><b>TRUSTEE #2</b>          Joan Sewickley          84 Red Dog Lane          Lake Milton, OH 44429          W: (800) 289-1261, Ext. 4459          H: (330) 654-5362          Fax: (330) 654-3426</p>	<p><b>TRUSTEE #3</b>          Carolyn Smith          3917 S. Houck          Marion, IN 46953          W: (765) 662-4658          H: (765) 674-5761</p>	<p><b>TRUSTEE #4</b>          Vacant</p>
<p><b>COMMITTEES</b></p>	<p><b>COMMITTEES</b></p>	<p><b>COMMITTEES</b></p>	<p><b>COMMITTEES</b></p>
<p><b>Standards</b>          Vacant</p>	<p><b>Publication (Newsletter)</b>          Patti Lilley          8937 West 800 North          Indianapolis, IN 46259          W: (317) 274-2541          H: (317) 835-4439          Fax: (317) 278-0917</p>	<p><b>Conference Planning 1998</b>          Glenna Altizer          6688 Mud River Rd.          Barboursville, WV 25504          W: (304) 526-2285          H: (304) 733-0766          Fax: (304) 526-2317</p>	<p><b>Operations Manual</b>          Judy Werner          St. Luke's Hospital          700 Cooper Ave.          Saginaw, MI 48602          W: (517) 771-6002          H: (517) 686-5767          Fax: (517) 771-6672</p>
<p><b>Research</b>          Mary Herbeck          Life Care Alliance          1699 W. Mound St.          Columbus, OH 43225          W: (614) 278-3145</p>	<p><b>E.T. Nurse Day</b>          Vacant</p>	<p><b>Scholarship</b>          Carolyn Smith          3917 S. Houck          Marion, IN 46953          W: (317) 662-4658          H: (317) 674-5761</p>	<p><b>Bylaws</b>          Martha Saulman          2173 N. Highway 337          Coryden, IN 47112          H: (812) 738-4071</p>
<p><b>Ethics</b>          Vacant</p>	<p><b>E.T. Nurse Of The Year</b>          Judy Werner          St. Luke's Hospital          700 Cooper Ave.          Saginaw, MI 48602          W: (517) 771-6002          H: (517) 686-5767          Fax: (517) 771-6672</p>	<p><b>Excellence In Writing</b>          Robert Trout          2785 Lamoreaux Lane          Holt, MI 48842          W: (517) 483-2687          H: (517) 393-3209</p>	<p><b>Nominations</b>          Betty Winn          6384 Engle Road          Brookpark, OH 44142          W: (216) 931-1355          H: (216) 267-8215          Fax: (216) 694-6343</p>
<p><b>Government Affairs</b>          Glenna Altizer          6688 Mud River Rd.          Barboursville, WV 25504          W: (304) 526-2285          H: (304) 733-0766          Fax: (304) 526-2317</p>	<p><b>PR/Sunshine</b>          Mary Merrill          122 Winthrop Road          Columbus, OH 43214          W: (614) 293-8897          H: (614) 262-9340          Fax: (614) 293-5669</p>	<p><b>Historian</b>          Margaret Valmassoi          6256 Vista Ridge Lane          Cincinnati, OH 45227          (513) 561-4086</p>	<p><b>Fundraising</b>          Joan Sewickley          84 Red Dog Lane          Lake Milton, OH 44429          W: (800) 289-1261, Ext. 4459          H: (330) 654-5369          Fax: (330) 654-3426</p>

**Parliamentarian**  
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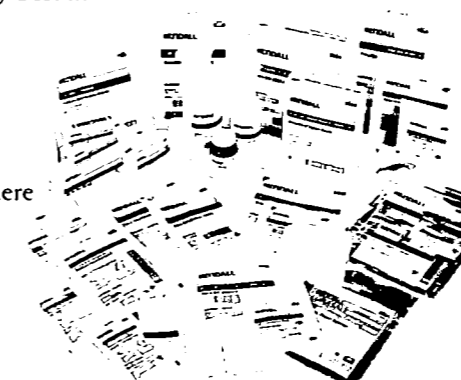
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 Scenario: At 75th birthday, living with advanced diabetes  
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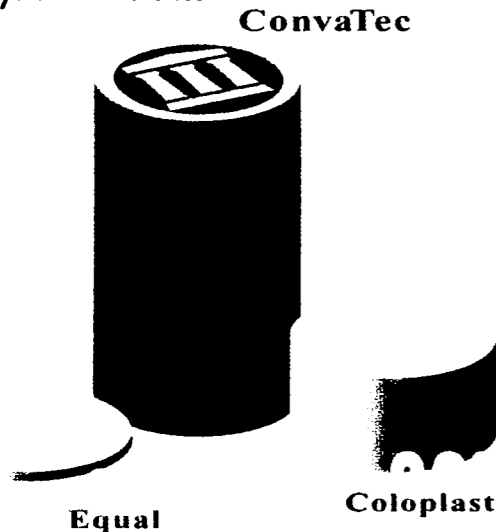
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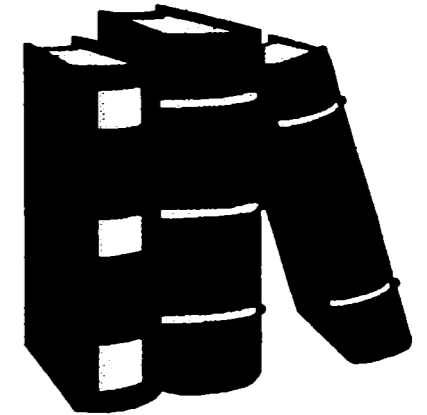
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## Committee Reports



### 1997 MID-EAST REGION EXCELLENCE IN WRITING AWARD

Six quality articles were submitted for evaluation for the 1997 Excellence In Writing Award this last year, authors being from four of the five states in the region. The winner of \$100 and a dandy plaque was Peg Pinkowski of Baroda, Michigan. Her article, "Urinary Incontinence in the Long Term Care Facility" that appeared in the WOCN received the highest marks from the reviewers.

The other authors from the region that had articles represented were Glenna Altizer, Patricia Barrett, Barbara Davis, Gail Garvin, Vicki Godbey, Paula Erwin-Toth, Karen Kennedy, and Debra Roberts. Congratulations to all of the above for their continued pursuit of scholarly writing.

I would like to thank this year's reviewers for the time spent evaluating these excellent publications: Mary Ann Capp, Mary Merrill, Carol TenEyck and Patricia Williams. Each reviewer serves two years at a time. Please consider volunteering to serve your state and the region in this capacity.

It is not too soon to submit manuscripts for the 1998 award. Manuscripts should be 500 words or more and published between September 15, 1997, and September 15, 1998. Please send any correspondence to Robert Trout, 2785 Lamoreaux Lane, Holt, Michigan 48842, or e-mail at [troutrob@pilot.msu.edu](mailto:troutrob@pilot.msu.edu).—  
*Bob Trout*

### BYLAWS COMMITTEE REPORT

The revisions to the articles of the association were sent out for mail vote in October, 1997. They were voted upon and approved by a majority of the vote. The revisions were of Article IV, Sections II, III, IV and V pertaining to allowing transaction of business at regional meetings qualifying the percentage of the eligible membership present necessary to conduct business and voting. Article V, Section VIII and IX pertained to president elect's and secretary's duties. Article VI, Section II defined the trustee structure. Article X, section was revised to allow voting any time of the year. The other approved changes pertained to "housekeeping", i.e. grammar and spelling.

The updated articles of the association will be sent to the officers, trustees and committee chairs in hard copy. They will also be available on disk for those who let me know. The general membership may request a copy in format of choice by calling or writing Martha Saulman, Bylaws Committee Chair as listed in this "Dropper". Additional contact may be made at Fax 1-502-899-6108 to the attention of Martha Saulman. My heart felt thanks to all who assisted me in this undertaking, especially Betty Winn and her "committee" of mailers.—  
*Martha Saulman*

**THANK YOU**

Dear Sharlene and the Michigan Conference Committee,

The members of the Mid-East Region would like to commend you on a great conference in a beautiful setting. Frankenmuth was certainly a choice location and worth waiting for! The speakers all did a great job, and we each took some new or renewed information home with us. How great that many of these tremendous speakers were members of our own region!! They did us all proud. The program planned by your Committee was well organized down to the last detail. We had a great time, enjoying the shopping, food, setting and the networking.

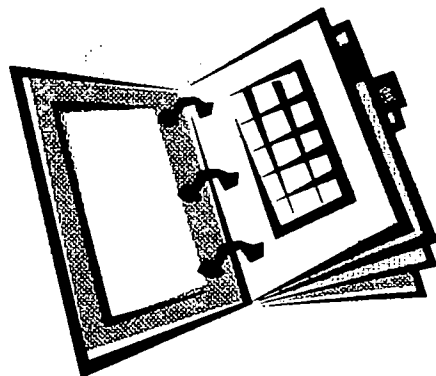
Congratulations on a very successful conference. We all appreciated your efforts on our behalf.

Sincerely,

**MID-EAST REGION MEMBERS**

Committee Members

- Sharlene Kennedy
- Judy Werner
- Linda McGee
- Lynne Beiberitz
- Barbara Hoag-Ikkka
- Julie McAuley
- Carol Mikols
- Carolyn Priest
- Wendy Rose
- Christine Rymal
- Charlene Taylor
- Joy Welty
- Deborah Williams



**MID-EAST REGION CALENDAR**

**Professional Practice Institute**  
March 6-7, 1998  
New Orleans, Louisiana

**MER Board Conference Call**  
April 29, 1998  
8:00 p.m. to 10:30 p.m.  
Details to be sent later.

**National WOCN Conference**  
June 14-18, 1998  
Salt Lake City, Utah

**MER Board Meeting**  
June 14, 1998  
7:00 p.m. to 10:00 p.m.

**Post MER Board Meeting**  
June 17, 1998  
6:00 p.m.

**Regional Meeting**  
October 22, 23, 24, 1998  
Charleston, West Virginia

**Regional Meeting**  
October 15, 16, 17, 1999  
Cleveland, Ohio

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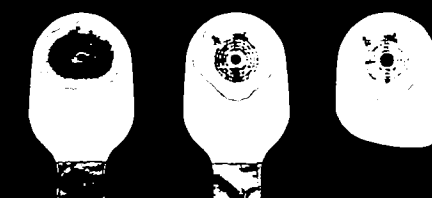
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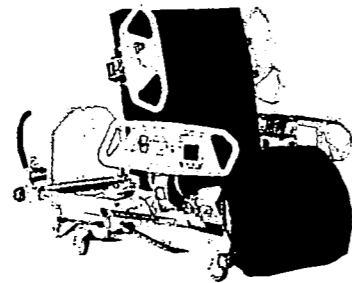


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## News From Around The Region



### E-MAIL ADDRESSES

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**Veroski, Kelly**  
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### MARK YOUR CALENDARS!!!

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### **WOCN MID-EAST REGIONAL CONFERENCE**

**Renaissance Hotel  
Tower City Center  
Public Square**

For more information or if you would like to serve on the planning committee, please contact:

Paula Erwin-Toth  
(216) 444-5966  
Fax: (216) 445-6343  
or  
Allyn Davies  
(216) 459-7546



### SURVEY - CHARGING FOR SERVICES

The Wound, Ostomy, Continence Nurses of the Greater Indianapolis area are interested in current information on how their peers are charging for services provided. We have discovered a wide variation in practices among our group and would be interested in information from others in the Mid-East region. Please take a few minutes to complete this survey (please complete only one survey per practice setting—if you have 3 WOC nurses, only one survey should be completed), and return to Mary Andrychuk by March 30, 1998. We will compile the results and feature them in a future issue of the Mid-Eas Dropper. Thanks for your participation!!

1. Practice Setting  
 % Inpatient  
 % Outpatient  
 % Home Care  
 % Extended Care/Nursing Home  
 % Other (specify): \_\_\_\_\_
2. Services provided:  
 % Ostomy  
 % Wound  
 % Continence  
 % Other (specify): \_\_\_\_\_
3. Do you charge for services?  
 Inpatient only  
 Outpatient only  
 Inpatient & Outpatient  
 Other (specify): \_\_\_\_\_  
 I/my department does not charge for services because:
4. If you charge, please describe time/service increment and associated dollar amounts.  
**Example #1:** We charge per 15 minute time interval for both inpatient and outpatient services. The associated charge for each 15 minute interval is \$15. Supply costs are included in rate.  
**Example #2:** We charge a flat rate of \$60 for outpatient services with the charges for supplies added to flat rate. We do not charge for inpatient services.
5. What codes (ICD-9, CPT, etc.), if any, do you utilize to clarify/document your charges?
6. What is your current departmental staffing (number of FTE's doing WOC work)?
7. What is the average daily adjusted patient census (acute care), average visit rate (home health care) or average daily census (extended care) for your practice setting?  
Daily adjusted patient census: \_\_\_\_\_  
Average visit rate: \_\_\_\_\_  
Daily census: \_\_\_\_\_  
I don't know: \_\_\_\_\_
8. Are you being reimbursed consistently for your services?  
 Yes, Inpatient  
 Yes, Outpatient  
 No, Inpatient  
 No, Outpatient  
 Other (specify): \_\_\_\_\_  
 I am aware of occasional denials.  
 I have no idea.
9. Other comments:

Please return survey to: Mary Andrychuk, RN, CETN, WOCN, Community Hospitals Indianapolis, 1500 N. Ritter Ave., Indianapolis, Indiana 46219.

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Present: 64 members signed in

Agenda Item	Discussion/ Finding/ Conclusion	Action/ Follow Up/ Responsible Person
I. Call to Order/Welcoming/ Self Introductions: S. Krishnan	Meeting called to order by S. Krishnan. All members welcomed. Self introductions made. Past presidents welcomed.	
II. Quorum Determination/ Voting Eligibility G. Altizer	No need for quorum. We are able to conduct business at our meetings. Bylaws are being changed to reflect our voting needs.	
III. Additions/Deletion to the Agenda	No additions or deletions to the agenda. B. Roberts moved that agenda be adopted as written. 2nd by T. Boyd.	Motion passed. Agenda adopted.
IV Secretary Report – A. Davies.	The minutes from the National meeting were published in the September Dropper. There were no additions or corrections. A. Davies moved that the minutes be accepted as written. 2nd by F. Demo	Minutes accepted as written.
V. Treasurers Report – J. Werner	\$53,422.30 checkbook balance. Proposed budget presented by S. Kennedy. Shar. Moved that proposed budget be accepted as written. 2nd by C. Mikols. Topics discussed: expenses for Bylaw committee. Expenses clarified by committee. Discussion also occurred about increasing the scholarship monies. C. Smith moved that bylaws be suspended for this meeting to allow for voting at the membership meeting. 2nd by	Motion denied due to need for more discussion

Agenda Item	Discussion/ Finding/ Conclusion	Action/ Follow Up/ Responsible Person
	R. Trout. C. Smith to form a Task Force to study scholarship issues. P. Lilley moved that our scholarship fund be increased to \$4,000 per year. 2nd by D. Peters.. MER will follow our current guidelines until the Task Force is able to make recommendations to formalize and operationalize a process that would allow the MER to facilitate our own scholarships.. S. Kennedy moved that the amended budget be accepted. 2nd by J. Sewickley.	Motion carried. By-laws suspended.  Motion carried. Scholarship fund to be increased to \$4,000 year once Task Force operationalizes a process.  Amended budget accepted.
VI. President Elect – J. Werner	No nominations received for ET Nurse of the Year.	
VII. Trustee and Committee Reports Trustee # 1: S. Duda 1. Standards 2. Research  3. Ethics 4. Government Affairs – G. Altizer  Trustee # 2: J. Sewickley 1. Publications – P. Lilley	Standards chair is vacant. Will fill if a need arises. Research: Mary Horbec from OSU has agreed to be the new Research Chair. The research committee will investigate developing a WEB site for MER. The committee will investigate the costs and check into adding on to the WOCN page. They will report their results. Ethics – Pat Gallagher has agreed to chair the Ethics committee. Government Affairs- List of E-mail addresses to be compiled by R. Trout to facilitate timely communication and updates. Send E-mail addresses to R. Trout @ PILOT.MSU.EDU  P. Lilley asked for reporters from all of the states in MER. We need to solicit ads, the ad form appears on page 4 of the Sept. Dropper. The Dropper needs all of our support. Report is on file. Call Patty Lilley if you are not	Send E-mail addresses to R. Trout.

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Agenda Item	Discussion/ Finding/ Conclusion	Action/ Follow Up/ Responsible Person
2. ET Nurse Day - vacant	receiving your Dropper. ET Nurse Day - eliminate this committee since ET Nurse Day no longer exists.	
3. P.R./Sunshine	Mary Merrill will send out cards to members of the region who are ill or experiencing significant life events.	
Trustee # 3 - C. Smith		
1. Conference Planning - S. Kennedy	1997 Frankenmuth - There were 250 attendees. Financial information not available. The committee was congratulated on a great conference.  1998 G. Altizer reported that the conference will be in Charleston, W. Va on Oct. 22, 23,24. Needs assessment will be sent out.	
2. Scholarship - C. Smith	1999 - A. Davies reported that conference will be in Cleveland. Dates to be announced.	
3. Excellence in Writing - R. Trout	Scholarship- See previous discussion under treasurer's report. Excellence In Writing: R. Trout reported that there were 6 articles submitted. The winner was Peg Pinkowski for her article, "Urinary Incontinence in the Long Term Care Facility", published in JWOCN. Congratulations Peg!	J. Werner to have a committee revise OPS Manual in the fall.
Trustee # 4 - L. Tankersly		
1. OPS Manual J. Werner	OPS Manual - The operations manual is due to be revised. A group will get together to work on the manual sometime in the fall.	Results of By-law election to appear in the next Dropper.
2. Bylaws - M. Saulman	Bylaws - The bylaw ballots have been sent and are due back by October 21.	
2. Nominations - B. Winn	Nominations: B. Winn reported the following election results: 384 ballots sent out, 184 returned, 167 valid, 17 invalid.	Sharlene Kennedy is Treasurer.

Agenda Item	Discussion/ Finding/ Conclusion	Action/ Follow Up/ Responsible Person
5. Historian - P. Valmassoi	Treasurer - 160 votes for Sharlene Kennedy	Becky Roberts is Trustee # 1.
6. Fundraising - J.Sewickley s	Trustee #1: Becky Roberts 125 votes Linda Warner 40 votes  Trustee #3: Carolyn Smith: 115 votes Diane Morgan 50 votes Congratulations to all new officers. Historian - no report. Fundraising: Joan reported that we will not have a fundraising booth at National Results of fundraising in Frankenmuth: Raffle: 275 Silent auction 550 Sales 311 (spent) 211 \$934 profit. Thanks to Tucker for all of his help.	Carolyn Smith is Trustee # 3.
VIII. Past President - P. Toth	No report.	
IX. UnFinished Business	S. Krishnan recognized Rosemarie VanIngen for all of her help with Bylaws and Allyn Davies for communication enhancement.	
A. President's Award	S. Krishnan encouraged members to contact her with concerns. Her new phone number is 248-852-2891. E. mail address is Shari KRISH@aol.com	
B. S. Krishnan new phone number		
X. New Business	No new business	
XI. Adjournment	J. Sewickly moved that meeting be adjourned 2nd by L. Tankersly. Meeting adjourned.	

Respectfully submitted,  
*Allyn Davies*  
 Allyn Davies, Secretary Mid-East Region



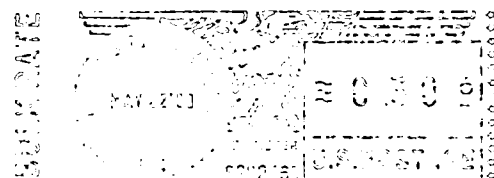
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# MID-EAS DROPPER

*Indiana, Kentucky, Michigan, Ohio, West Virginia*

**May 1998**

## A Message From Our President . . .

"Will play nice with others" is one of my disabled son's annual educational goals. Being Springtime and planning for the next school year, I am regularly reminded of his progress in acquiring and the importance of polishing this very basic and inherently expected social skill.

It is also at this time of year that I am most often reminded of the many "we versus they" issues within our own organization. "We" representing our Region. "They" representing the National Board members. I would like to think of all of us as "we". "We" as professionals. "We" as colleagues. "We" as WOCN members.

During my term as your President, one of the biggest challenges that I have had to face is how to effectively and gingerly nurture the "we" in the context of a "we versus they" environment. Since our dues are collected by the WOCN's National Office, our tax exempt status originates from the same entity, and we cannot ignore National WOCN by-laws, our Region must, whether we like it or not, embrace many of WOCN's decisions and changes.

For the most part, the Region's Board and membership have been able to move ahead with changes, as they have been presented. There are, however, a couple of model instances where changes have typically presented some limited challenges to the Regional Board and its membership. The first challenge is logistical. Simply put, implementing a change can, sometimes, take up to a year or longer. The second, and probably most frustrating challenge, comes when a request for immediate Board action has been made by the membership in

response to a proposed or actual change. This is only because Board members have no more power than any of the Region's individual members. So, the Board must heavily rely on our membership's attendance at forum meetings, their letters, and unwavering support in order to make strong arguments on their behalf. With time being limited, this support, at times, is difficult to pull together.

The WOCN performs their work during every season of the year. Much of the work is done by volunteers. For those in our Region who really care about change, its process, and its impact, it is very important to look through all of your mailings and be familiar with issues, all year round. It is also vital to write to the appropriate change agents in a timely manner and offer your input and opinions on matters which concern you most. Sometimes issues cannot wait until June's National Conference to be addressed. Too much WOCN volunteer time may have gone into a project by June for the National Board to graciously allow for it be dropped.

"We versus they" struggles can be draining and exhaust limited volunteer time. I like to fight battles that I can win and save my own leftover energy and time for my Region's work. So, once in a while, I may let go of an issue, here and there, and "play nice".

I'd like to hear from our membership throughout the year to establish an agenda based on priorities established by you. Please drop me a line. That is what I'm here for! Looking forward to seeing you in June.—Sharon Ballard-Krishnan, MA, RN CETN

Margaret R. Vaimassoi RN CETN  
6256 Vista Ridge Lane  
Cincinnati, OH 45227

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Please check the appropriate box . . .

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Name: \_\_\_\_\_  
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Phone (home): \_\_\_\_\_

Work Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_

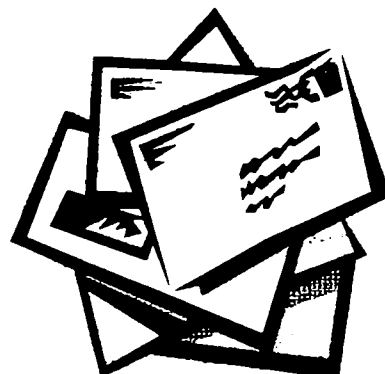
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Professional Status: \_\_\_\_\_

Do you wish change published in the MID-EAS DROPPER?  Yes  No

Your Signature: \_\_\_\_\_

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Patti Lilley, BSN, RN, CETN  
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**PRESIDENT**  
 Sharon Ballard-Krishnan  
 1550 Brandywine  
 Bloomfield Hills, MI 48304  
 H/W: (248) 852-2891  
 Fax: (248) 289-3891  
 E-mail: sharikrish@aol.com

<p><b>PRESIDENT-ELECT</b>          Judy Werner          St. Luke's Hospital          700 Cooper Ave.          Saginaw, MI 48602          W: (517) 771-8002          H: (517) 686-5767          Fax: (517) 771-8672</p>	<p><b>SECRETARY</b>          Allyn Davies          8198 Creekside Trace          Broadview Heights, OH          44147          W: (440)459-5436          H: (440) 526-6429</p>	<p><b>TREASURER</b>          Sharlene Kennedy          7371 N. Gale Road          Otisville, MI 48463          W: (810) 257-9528          H: (810) 653-7600          Fax: (810) 257-9471</p>	<p><b>TRUSTEES (4)</b>          See Below</p>
<p><b>TRUSTEE #1</b>          Rebecca Roberts          University Hospitals of          Cleveland          11100 Euclid Ave.          Cleveland, OH 44106          W: (216) 844-2902</p>	<p><b>TRUSTEE #2</b>          Joan Sewickley          84 Red Dog Lane          Lake Milton, OH 44429          W: (800) 289-1261, Ext. 4459          H: (330) 654-5362          Fax: (330) 654-3426</p>	<p><b>TRUSTEE #3</b>          Carolyn Smith          3917 S. Houck          Marion, IN 46953          W: (765) 662-4658          H: (765) 674-5761</p>	<p><b>TRUSTEE #4</b>          Sandy Duda          1448 Cedarwood Dr., #C2          Westlake, OH 44145          W: (216) 931-1355          H: (440) 808-8429          Fax: (216) 694-6343</p>
<p><b>COMMITTEES</b></p> <p><b>Standards</b>          Vacant</p> <p><b>Research</b>          Mary Beth Herbeck          University Home Care Ser.          909 W. 5<sup>th</sup> Ave.          Columbus, OH 43212          W: (688) 291-2273, VM230          Fax: (614) 291-1131</p> <p><b>Ethics</b>          Pat Gallagher          1109 Memrose Dr.          Westlake, OH 44145          H: (440) 356-0759          W: (216) 931-1355          Fax: (216) 694-6343</p> <p><b>Government Affairs</b>          Glenna Altizer          6688 Mud River Rd.          Barboursville, WV 25504          W: (304) 526-2285          H: (304) 733-0766          Fax: (304) 526-2317</p>	<p><b>COMMITTEES</b></p> <p><b>Publication (Newsletter)</b>          Patti Lilley          8937 West 800 North          Indianapolis, IN 46259          W: (317) 274-2541          H: (317) 835-4439          Fax: (317) 278-0917</p> <p><b>E.T. Nurse Day</b>          Vacant</p> <p><b>E.T. Nurse Of The Year</b>          Judy Werner          St. Luke's Hospital          700 Cooper Ave.          Saginaw, MI 48602          W: (517) 771-8002          H: (517) 686-5767          Fax: (517) 771-8672</p> <p><b>PR/Sunshine</b>          Mary Merrill          122 Winthrop Road          Columbus, OH 43214          W: (614) 293-8897          H: (614) 282-9340          Fax: (614) 293-5669</p>	<p><b>COMMITTEES</b></p> <p><b>Conference Planning 1998</b>          Glenna Altizer          6688 Mud River Rd.          Barboursville, WV 25504          W: (304) 526-2285          H: (304) 733-0766          Fax: (304) 526-2137</p> <p><b>Scholarship</b>          Carolyn Smith          3917 S. Houck          Marion, IN 46953          W: (317) 662-4658          H: (317) 674-5761</p> <p><b>Excellence In Writing</b>          Robert Trout          2785 Lamoreaux Lane          Holt, MI 48842          W: (517) 483-2687          H: (517) 393-3209</p>	<p><b>COMMITTEES</b></p> <p><b>Operations Manual</b>          Judy Werner          St. Luke's Hospital          700 Cooper Ave.          Saginaw, MI 48602          W: (517) 771-8002          H: (517) 686-5767          Fax: (517) 771-8672</p> <p><b>Bylaws</b>          Martha Saulman          2173 N. Highway 337          Coryden, IN 47112          H: (812) 738-4071</p> <p><b>Nominations</b>          Betty Winn          6384 Engle Road          Brookpark, OH 44142          W: (216) 931-1355          H: (216) 267-8215          Fax: (216) 694-6343</p> <p><b>Historian</b>          Margaret Valmassol          6256 Vista Ridge Lane          Cincinnati, OH 45227          (513) 561-4086</p> <p><b>Fundraising</b>          Joan Sewickley          84 Red Dog Lane          Lake Milton, OH 44429          W: (800) 289-1261, Ext. 4459          H: (330) 654-5362          Fax: (330) 654-3426</p>
<p><b>Parliamentarian</b>          Glenna Altizer          6688 Mud River Rd.          Barboursville, WV 25504          W: (304) 526-2285          H: (304) 733-0766          Fax: (304) 526-2317</p>	<p><b>Past President and          1998 Conference Planning</b>          Paula Erwin-Toth          9500 Euclid Ave., KK-54          Cleveland, OH 44195          W: (216) 444-5968</p>		

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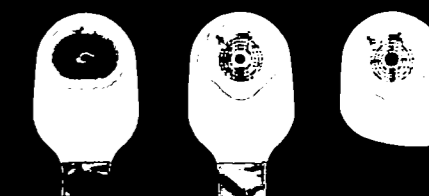
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## BEST PRACTICE NETWORK

The Best Practice Network, initiated in 1996 by leaders from the world of nursing, was established as a forum to acknowledge and promote the sharing of health care practice innovations, which have been implemented with substantiated success in providing health care for patients and the community. The WOCN is one of the sponsoring organizations of the Best Practice Network.

A Best Practice is a program or a service which has been recognized for excellence by the Best Practice Network. To qualify as a Best Practice, the program or service must:

- Provide significant health care benefits for patients or the community, and
- Be successfully implemented, evaluated, and documented, and
- Represent a substantial improvement in current practices or procedures, or
- Demonstrate a truly innovative approach to solving a problem.

To qualify as a Best Practice, a program or service does not have to be vast in scope; neither must it revolutionize health care; but it must demonstrate either a better way or a new way of achieving its own goals.

As ET nurses, we all make a positive difference in patient care and community well-being. As a group, we are innovative and drive many of the "best practices" in our facilities. As experts in the area of wounds, ostomies, and incontinence, we should be providing guidance to other health care professionals about our best practices. I encourage the nurses of the Mid-East Region to submit one of your best practices to the Best Prac-

tice Network. Information about how to apply can be found on the Best Practice Web site: [www.best4health.org](http://www.best4health.org) or by calling 1-800-809-2273; E-mail: [join-us@best4health.org](mailto:join-us@best4health.org).—Allyn Davies, RN, CETN

## PRESIDENT'S RESPONSE TO CERTIFICATION BOARD QUESTIONS

I have received several calls of concern pertaining to the latest Wound Ostomy Continence Nursing Certification Board's certification requirements. There has also been talk about, perhaps, coming up with a Regional position statement regarding the new requirements.

Please allow for me to share a little background information with you. For the last several years, Judy Werner and I (as your President-Elect and President) have been attending leadership seminars sponsored by the WOCN. When issues pertaining to certification have been discussed, the audience has consistently been told that the WOCN Certification Board is a completely separate entity from the WOCN Board. Additionally, the Mid-East Region's Board members have no voting capacity or seat at the National Board level.

Keeping the above stated in mind, I believe (and this can always change with new information and compelling arguments from our Regional membership) that the most effective way to handle individual concerns pertaining to the new certification process would be to write detailed letters directly to the Certification Board. It would not hurt to courtesy copy the WOCN President, should you think it appropriate to bring your concern to her attention.

The only problem that I have with designing a Regional position statement is that it may be only those people who have a problem with the latest certification process who wish to have a position statement written. My concern is that there may be Regional members who do not find overt problems with the new process and their views would not be represented in a position statement. This is my own personal opinion,

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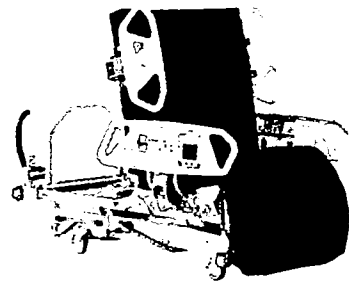
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## News From Around The Region

### MID-EAST REGIONAL FALL CONFERENCE

October 22-24, 1998

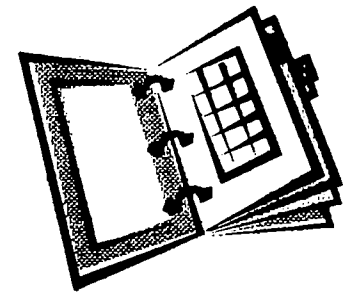
Charleston Marriott, Charleston, WV

Tri-State ET Nurses Association welcomes the Mid-East Region to West Virginia for their Fall conference. We hope to see many of you there. We are still finalizing speakers and topics, but we do have some great things in the works.

The weekend will kick-off Thursday night with a wine and cheese reception and vendor displays. Friday we will be offering a full day of educational offerings. Friday night we will be going to West Virginia's new attraction, Tamarack. Tamarack is a unique, world-class facility offering the "Best of West Virginia" crafts. These include textiles, glass, metals, wood, pottery, jewelry, baskets and clothing. We will also be treated to a sit down dinner prepared by the world famous Greenbrier Resort. Saturday we will have a one-hour CE presentation from 9:00 a.m. to 10:00 a.m. followed by the business meeting. We hope to have everyone on the road by noon.

We are also looking into the possibility of being able to offer the Certification Exam that weekend. We hope to be able to report that to you at Salt Lake City in June.

Room rates at the Marriott will be \$84 a night if registered by September 30. The phone number for the Marriott is 304-345-6500. If you have any questions, contact Glenna Altizer at 304-526-2285. See you in October.



### MID-EAST REGION CALENDAR

#### **MER Board Conference Call**

Tuesday, May 5, 1998

8:00 p.m. to 10:00 p.m.

#### **National WOCN Conference**

June 14-18, 1998

Salt Lake City, Utah

#### **MER Membership Meeting**

June 14, 1998

7:00 p.m. to 10:00 p.m.

Salt Lake City, Utah

#### **MER Post Board Meeting**

June 15, 1998

7:00 a.m. to 9:00 a.m.

#### **MER Regional Meeting**

October 22, 23, 24, 1998

Charleston, West Virginia

#### **MER Regional Meeting 1999**

October 15, 16, 17, 1999

Cleveland, Ohio



Congratulations to Denise Forster Paulsen, ANP, CETN, (Cleveland) who gave birth to Noah on March 6, 1998. Noah weighed 7 pounds, 12 ounces. Mom and baby are both doing well.

Congratulations also goes to Laurie Tankersly (Michigan) who gave birth to a baby girl. The baby's name is Anna Catherine.

## Committee Reports, Continued

### Michigan

Some bills from the Michigan Legislature includes **HB 4888** which regulates the hours worked by resident physicians; **SB 0482** addresses staffing requirements of nursing homes. Information about the Michigan Legislature can be found at [www.michiganlegislature.org](http://www.michiganlegislature.org) or by phone at 517-373-0169.

### Indiana

Bills from the Indiana State Assembly include **SB 390** which regulates rewards allowed in medical malpractice cases; **SB 19** which extends eligibility for children under 18 in the state Medicaid program. Information about Indiana can be found at [www.ai.org](http://www.ai.org) or 317-232-9550.

### Ohio

Ohio General Assembly is still in session—will have a report in the next issue. Contact them at [www.ohanet.org](http://www.ohanet.org) or call 614-728-0711.

### West Virginia

The West Virginia Legislature server has been down so I could not obtain information. However, the address is [www.wvnet.edu](http://www.wvnet.edu) or call 304-347-4800.

I hope this information was useful. Let me know what you think.—*Glenna Attzer, Chair*



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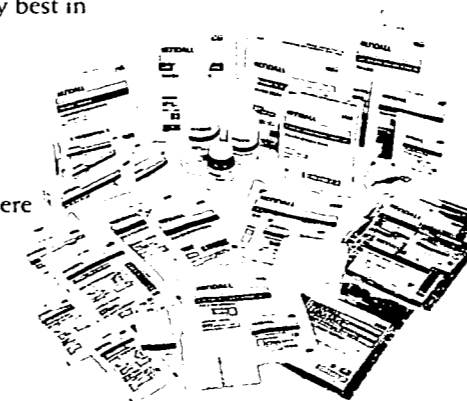
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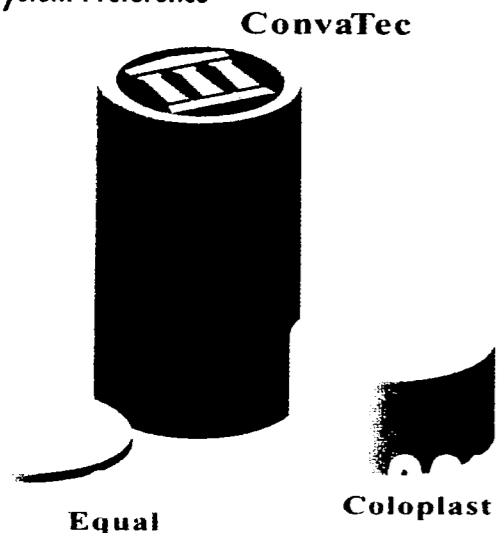
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\*Responses from a comparison of the ConvaTec Stomahesive or Durahesive Flexible Wafer coupled with the SUR-FIT AutoLock Drainable Pouch and the Coloplast Assura Two-Piece Ostomy System. (n=40) Data on file.

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## Committee Reports

### RESEARCH COMMITTEE REPORT

The proposal from the management firm of Adler Droz, Inc., was received in early March for the professional development/maintenance of a Web site for MER. ADI is the company that WOCN contracts with for management of their Web site and home page. Those of us who have visited the Web site have been impressed with both the design and the quality of the information posted.

The terms of the proposal set forth from ADI are as follows:

- A flat fee of \$5,000 with half being paid at time of signing a contract and the remainder upon project completion.
- A fee of \$175 per month for maintenance of Internet and telephone access. For services above and beyond what is specified, a \$50 per hour fee will be charged.
- If MER decides to retain the services of ADI, a Web site task force needs to be appointed to oversee development and work in conjunction with ADI.

Current plans include seeking comparative information on the subject of Web site development and maintenance from local consultants. In addition, the chair of the Web Team at the national office will be contacted for suggestions in Web site development. Certainly, RFP's from other management firms would be helpful in comparing products and prices. What is needed from MER leadership is budget guidelines. Please send any comments to:

Mary Beth Herbeck, MS, RN, CWOCN  
 33 Chatham Road  
 Columbus, OH 43214  
 E-mail: pherbeck@aol.com

### PUBLICATIONS REPORT

Remember to bring your newsletter to our June National Conference. It is a requirement in our Regional Operations for all Board members to submit a report. Our newsletter is our official document to record minutes, reports, and share news from around the region. Please remember the deadline for submitting reports in order to get the newsletter printed in a timely fashion. They are January 15<sup>th</sup>, April 15<sup>th</sup>, and August 15<sup>th</sup>.—Patti Lilley

### GOVERNMENT AFFAIRS COMMITTEE

This is the first in what I hope to be a regular feature in the Dropper. Myself and the committee will try and stay up-to-date on health care issues in the Federal and State Governments. This month I will focus on state governments with information to help keep you informed.

### Kentucky

The Kentucky State Assembly is finishing up its session in April. Several bills were passed that is of interest to nurses including HCR 79 which creates the Task Force on Unlicensed Assistive Nursing. HB 187 which prohibits a licensed hospital from prohibiting a Registered Nurse from wearing a badge or other insignia indicating that the person is a licensed, registered, certified or otherwise regulated health care provider. Information about the Kentucky General Assembly can be found on the Internet at [www.lrc.ky.us](http://www.lrc.ky.us), or you can call 1-800-809-0020 to check on the status of a bill or 1-800-372-7181 to leave a message for your legislator.



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with no data to support it.

As your president, I would be happy to support a position statement from the Region as long as I knew, for certain, that it represented the viewpoints of most of our Region's membership. If someone would like to send questionnaires to the membership and publish the results in the next Mid-Eas Dropper, that would be fine. Just let me know first to prevent duplicated efforts and gain the formal approval from our research chair. Patti Lilley, our newsletter editor, could then forward copies of the Mid-Eas Dropper, containing the questionnaire results, to the WOCN Certification Board. The Certification Board could then decide what actions, if any, they would like to take with the collated results from our Region.

Because certification is a Certification Board issue, we will not be spending very much time discussing it formally at our Region's meeting in Utah. Again, it is not because issues surrounding certification are not important, but, rather, it is because there is not much that the Region's Board can do about certification concerns, at this point. If any of the membership feels differently, please feel free to call or write to me. I welcome any and all input.

In the meantime, especially those who have certifications that expire in the near future, I would strongly recommend that you make yourselves very familiar with the recertification process options and contact the Certification Board for answers to any and all questions that you may have. Please do not wait until the last minute. It will take time to get your materials together. For your convenience, here is a list of the Certification Board members:

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315 South K Street - MS A5-NADS  
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### Treasurer

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### Board Liaison

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### Past President

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E-Mail: llovejoy@worldnet.att.net

News From Around The Region, Continued

Public Member (Term: 1998 & 1999)  
James P. Jochum

Good luck to all of you. Contact me if you  
have any comments or questions. Fondly—  
Sharon Ballard-Krishnan

## AHCPR Understanding Incontinence Guideline Now Available

The consumer version of *Acute and Chronic Incontinence, Clinical Practice Guideline Update*, is now available. The WOCN National Office has a limited number of guidelines available upon request. You may also obtain copies of this AHCPR Publication No. 96-0684 from AHCPR, Executive Office Center, Suite 501, 2101 E. Jefferson Street, Rockville, MD 20852.

Printing of the publication was made possible by a grant from the WOCN, the Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN), and SRS Medical Systems, Inc. ♦

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# MID-EAS DROPPER

Indiana, Kentucky, Michigan, Ohio, West Virginia

September 1998

## A Message From Our President . . .



Well-written American novels have basic structural requirements that make them interesting and successful. One such element is known as a "plot point". Plot points hurl the viewers from the end of one act into the beginning of another by spinning the storyline in totally different or unanticipated directions. They arouse an interest in wanting to know what is to come next and keep people glued to their seats.

The Mideast Region members who attended the general membership meeting in Salt Lake City were at the heart of a Regional plot point! After a productive discussion session, a unanimous decision was made by those in attendance to write a letter to the WOCN Certification Board, describing key issues of concern pertaining to the Certification Exam and its requirements. Within a day, the collaborative mission of delivering a professionally written letter to the appropriate individuals was accomplished.

Although the letter was impressive in itself, I recall the experience of the process involved in writing that letter to be one of the richest I have witnessed in my term as the Mideast Region President. I wish that all of our members could have been there! Many opinions were expressed and differing needs highlighted. Varying educational and vocational backgrounds were represented. Anger was in the air. A general uneasiness was all around. Microphones were well attended. But, in the end, we all came together with one unified voice. The general membership and the Board, working together. And the next day, a compliment came in our direction from the National WOCN President telling us how well she thought our letter was written.

So, even if the outcome from the letter turns out to

be less than optimal, the team work involved, at just the right time, made this story a successful one.

While we stay glued to our seats, waiting for a response from the Certification Board, I hope that the positive energy generated at June's meeting will hurl us toward more productive work sessions at our annual Mideast Region, being held in Charleston, West Virginia, October 22-24, 1998. The Mideast Region General Membership meeting will be held on Saturday, October 24, 1998. For those of you who are making flight arrangements, a mid-Saturday afternoon flight is advised (if you do not want to miss anything). Meetings are much more productive and interesting with everyone in attendance.

And finally, with all of this talk about "plot points", Judy Werner is about to spin in a new direction, as she takes over the Presidency in October. I wish her the best of luck. She dedicates much of her free time to the Region and already is a wonderful leader.

Many thanks to all of you who have made my experience as President a positive one! I look forward to seeing everyone in Charleston. \_\_\_\_\_  
Sharon Ballard-Krishnan, MA, RN, CETN

\*\* Letter is reprinted in the newsletter under "News From Around the Region".

Margaret A. Valmassoi RN CETN  
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Professional Status: \_\_\_\_\_

Do you wish change published in the MID-EAS DROPPER?  Yes  No

Your Signature: \_\_\_\_\_

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Indianapolis, IN 46259



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 Sharon Ballard-Krishnan  
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 Bloomfield Hills, MI 48304  
 H/W: (248) 852-2891  
 Fax: (248) 299-3891  
 E-mail: sharikrish@aol.com

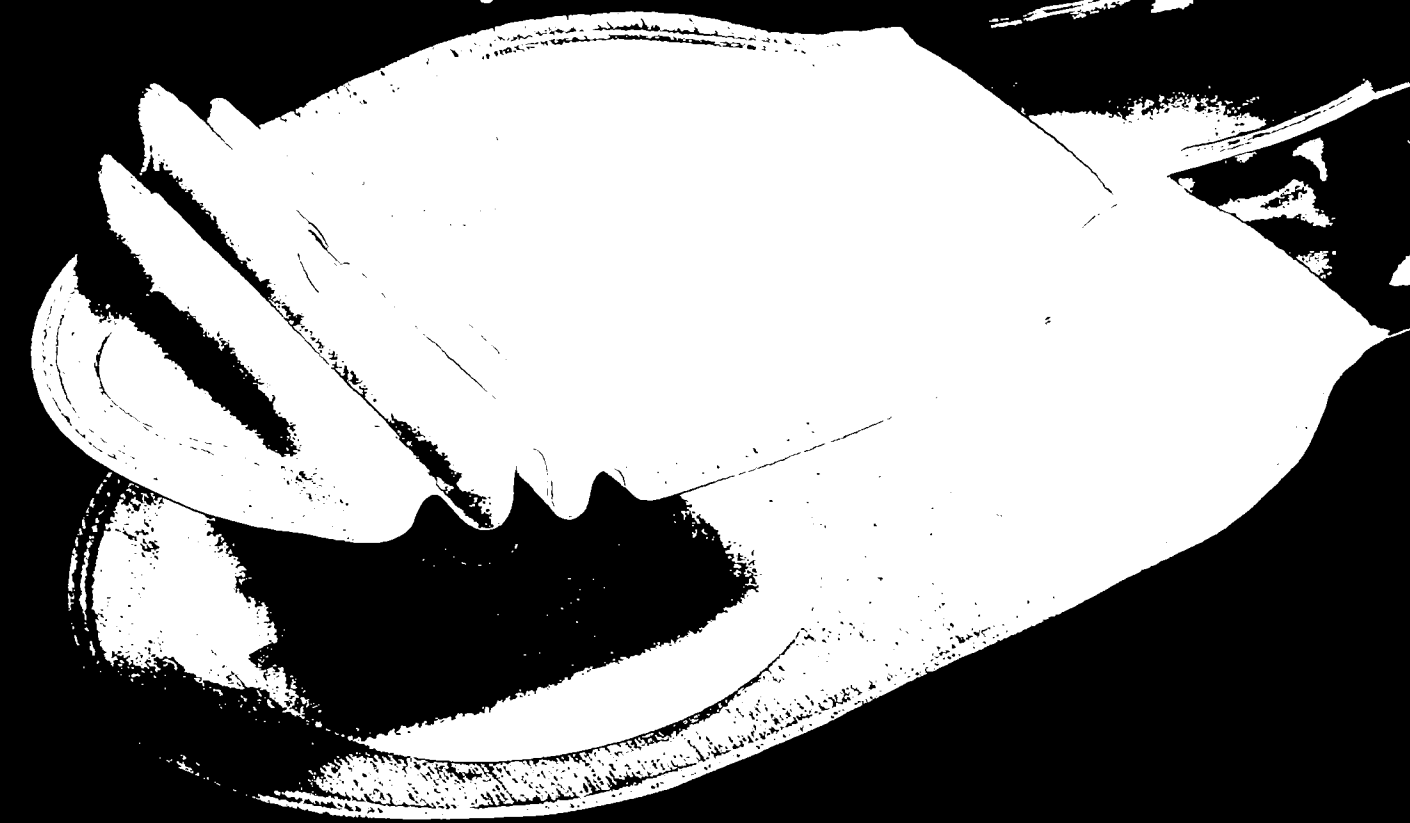
<p><b>PRESIDENT-ELECT</b>          Judy Werner          St. Luke's Hospital          700 Cooper Ave.          Saginaw, MI 48602          W: (517) 771-8002          H: (517) 688-5767          Fax: (517) 771-8672</p>	<p><b>SECRETARY</b>          Allyn Davies          8198 Creekside Trace          Broadview Heights, OH          44147          W: (440)459-5438          H: (440) 528-8429</p>	<p><b>TREASURER</b>          Sharlene Kennedy          7371 N. Gale Road          Otisville, MI 48463          W: (810) 257-9526          H: (810) 853-7600          Fax: (810) 257-9471</p>	<p><b>TRUSTEES (4)</b>          See Below</p>
<p><b>TRUSTEE #1</b>          Rebecca Roberts          University Hospitals of          Cleveland          11100 Euclid Ave.          Cleveland, OH 44108          W: (216) 844-2902</p>	<p><b>TRUSTEE #2</b>          Joan Sewickley          84 Red Dog Lane          Lake Milton, OH 44429          W: (800) 289-1261, Ext. 4459          H: (330) 654-5362          Fax: (330) 654-3428</p>	<p><b>TRUSTEE #3</b>          Carolyn Smith          3917 S. Houck          Marlon, IN 46953          W: (765) 682-4658          H: (765) 674-5761</p>	<p><b>TRUSTEE #4</b>          Sandy Duda          1448 Cedarwood Dr., #C2          Westlake, OH 44145          W: (216) 931-1355          H: (440) 808-8429          Fax: (216) 694-6343</p>
<p><b>COMMITTEES</b></p>	<p><b>COMMITTEES</b></p>	<p><b>COMMITTEES</b></p>	<p><b>COMMITTEES</b></p>
<p><b>Standards</b>          Vacant</p>	<p><b>Publication (Newsletter)</b>          Patti Lilley          8937 West 800 North          Indianapolis, IN 46259          W: (317) 274-2541          H: (317) 835-4439          Fax: (317) 278-0917</p>	<p><b>Conference Planning 1999</b>          Glenna Altizer          6688 Mud River Rd.          Barboursville, WV 25504          W: (304) 526-2285          H: (304) 733-0766          Fax: (304) 526-2137</p>	<p><b>Operations Manual</b>          Judy Werner          St. Luke's Hospital          700 Cooper Ave.          Saginaw, MI 48602          W: (517) 771-8002          H: (517) 688-5767          Fax: (517) 771-8672</p>
<p><b>Research</b>          Mary Beth Herbeck          University Home Care Ser.          909 W. 5<sup>th</sup> Ave.          Columbus, OH 43212          W: (888) 291-2273, VM230          Fax: (614) 291-1131</p>	<p><b>E.T. Nurse Day</b>          Vacant</p>	<p><b>Scholarship</b>          Carolyn Smith          3917 S. Houck          Marlon, IN 46953          W: (317) 662-4658          H: (317) 674-5761</p>	<p><b>Bylaws</b>          Martha Saulman          2173 N. Highway 337          Coryden, IN 47112          H: (812) 738-4071</p>
<p><b>Ethics</b>          Pat Gallagher          1109 Memrose Dr.          Westlake, OH 44145          H: (440) 356-0759          W: (216) 931-1355          Fax: (216) 694-6343</p>	<p><b>E.T. Nurse Of The Year</b>          Judy Werner          St. Luke's Hospital          700 Cooper Ave.          Saginaw, MI 48602          W: (517) 771-8002          H: (517) 688-5767          Fax: (517) 771-8672</p>	<p><b>Excellence In Writing</b>          Robert Trout          2785 Lamoreaux Lane          Holt, MI 48842          W: (517) 483-2687          H: (517) 393-3209</p>	<p><b>Nominations</b>          Betty Winn          6384 Engle Road          Brookpark, OH 44142          W: (216) 931-1355          H: (216) 267-8215          Fax: (216) 694-6343</p>
<p><b>Government Affairs</b>          Glenna Altizer          6688 Mud River Rd.          Barboursville, WV 25504          W: (304) 526-2285          H: (304) 733-0766          Fax: (304) 526-2317</p>	<p><b>PR/Sunshine</b>          Mary Merrill          122 Winthrop Road          Columbus, OH 43214          W: (614) 293-8897          H: (614) 262-9340          Fax: (614) 293-5689</p>	<p><b>Historian</b>          Margaret Valmassol          6256 Vista Ridge Lane          Cincinnati, OH 45227          (513) 581-4088</p>	<p><b>Fundraising</b>          Joan Sewickley          84 Red Dog Lane          Lake Milton, OH 44429          W: (800) 289-1261, Ext. 4459          H: (330) 654-5362          Fax: (330) 654-3428</p>

**Parliamentarian**  
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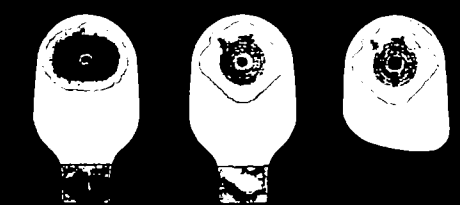


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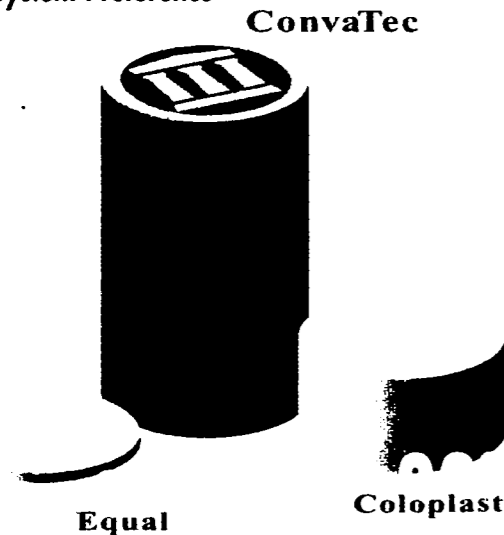
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## Committee Reports

### RESEARCH COMMITTEE

No counter proposal has been received yet from Alder Droz, Inc. regarding website development. Communication continues with various website developers in order to collect information of interest to our particular situation. Volunteers are still needed to sit on the Research Committee for this project. If interested, please contact Mary Beth Herbeck at 1-888-291-2273 ext. 230 (work) or 1-614-268-9603.

—————*Mary Beth Herbeck*

### OUTSTANDING ET NURSE AWARD

We all work very hard and are rarely recognized for the contributions we all make. The Mid-East Region provides that vehicle for recognition of an outstanding individual who is nominated by their peers for the Outstanding ET Nurse Award. Why not nominate that ET nurse/friend of yours who you believe deserves recognition? The award will be presented during the MER membership meeting in Charleston.

Send the application to President-Elect, Judy Werner @ St. Luke's Hospital, 700 Cooper Avenue, Saginaw, MI 48602. Phone # (517) 771-6002.

Deadline: September 1, 1998

### Prerequisites:

- Nominee must be a member of the Mideast Region of the WOCN for a minimum of two years.
- Nominee must attend at least one WOCN meeting a year (either Mideast Regional or National Conference).
- Nominee must be board certified in ET Nursing.

The award will be presented to the winner at our Annual Regional Conference. Send nominations to President-Elect.

The Selection Committee is comprised of a WOCN member from each state in our region.

The Selection Committee is not appraised of the names or agency affiliation of nominees until the selection is completed.

Briefly describe the nominee's qualifications for the award and provide examples based on the following criteria. (Note: the nominee must meet 80 percent of the criteria.)

1. Demonstrates excellence in the full scope of ET Nursing practice.
2. Devotes at least 50 percent of professional practice to providing direct care to patients with dermal ulcers, stomas, wounds and incontinence.
3. Shares knowledge by providing professional and community education via one on one education, seminars and symposiums.
4. Promotes the specialty of ET Nursing by actively participating in professional, political and/or community organizations.
5. Actively promotes the growth and development of ET Nursing by providing peer support, preceptoring and recruitment.



**OUTSTANDING ET NURSE AWARD APPLICATION**

Nominee	Submitted by
Name _____	Name _____
Address _____	Address _____
Agency _____	Agency _____
Position _____	Position _____
	Day phone _____
	Home _____

**News From Around The Region**

**NEWS ABOUT MER CONFERENCE**

The MER Conference is coming up in Charleston, West Virginia on October 22, 23, and 24. Brochures will be mailed soon. Hope to see you all there!

We were not able to be a site for the Certification Exam the weekend of the October conference. The company that administers the exam required us to have at least ten participants and we had only seven responses. Thanks to everyone who responded. I hope we can see you next time in West Virginia.

Glenna Altizer

**SILENT AUCTION REMINDER**

Don't forget to bring your Silent Auction donations to the Regional Conference. Remember this is pure profit for the region and it is always lots of fun to participate. What more could you

want? A little education and SHOPPING! Examples of silent auction donations are: Christmas ornaments, stationary, wine, candy, table linens, handmade crafts, and toiletries. You don't need to go out and buy anything; maybe you would like to donate something you have around your house. The more donations, the more fun! Bring your money!

**AFTER THE PRESIDENCY.....**

Serving the MidEast Region as your President has certainly been an honor and a privilege for me. When I accepted this four year volunteer time commitment (the longest term required for an elected position in our Region), I made the Region a major priority in my life. I have always treated my Presidency, and other past MidEast Region leadership roles, with the same amount of respect as would have my salaried jobs. This is because I felt that many ET Nurses, and MidEast Region leaders before me, had made a profound difference in my life. It was my hope and best intention to return some of the countless favors and to foster continued leader-

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Rene Kalkbrenner RN, MSN, CWOCN  
President, WOCNCB  
Tacoma General Hospital  
315 South K Street-MS AS-NADS  
Tacoma, WA 98415-0986

June 15, 1998

Dear Rene,

During our discussion at the Mid-East Region membership meeting on June 14 in Salt Lake City, concerns were expressed regarding changes in certification eligibility requirements. The concerns were numerous but the following represents the critical issues:

- Permitting non-BSN nurses to sit for the exam until the year 2000 diminishes the professional credibility of our specialty practice.
- The lack of formal education, which has seen the cornerstone of our practice, has the potential to lower the standards and credibility with our patients and professional colleagues.
- The weight of the point assignment in the Professional Growth Portfolio does not adequately recognize and reward the activities of the full-time clinician.

The members of MER request that the WOCNCB consider the following actions:

- Restore the Baccalaureate requirement to be eligible for certification.
- Require candidates to be a graduate of an accredited ETNEP/WOCNEP or complete a minimum number of contact hours in the specialty areas of WOC practice.
- Redesign point distribution in the PGP to reflect the contribution of the active ET/WOC clinician.
- Restore the option for individuals certified in the full scope of practice to be designated CETN or CWOCN.

We realize the decisions by the WOCNCB members were not made lightly. However, we feel strongly that the credibility and professionalism of our specialty practice has been compromised. As consumers of WOCNCB we do not believe the recent decisions are in the best interests of ET/WOC nurses and most importantly our patients.

A response to our concerns can be directed to Judy Werner, President-elect MER.

Sincerely yours,

Members of MER

Judy Werner RN, BSN, CETN  
St. Lukes Hospital  
700 Cooper Ave.  
Saginaw, MI 48602  
(W) 517-771-6002

cc. Dorothy Doughty  
Bernie Cullen  
Regional Presidents

Present: 45 members in attendance

Agenda Item	Discussion/ Finding/ Conclusion	Action/ Follow Up/ Responsible Person
I. Call to order: Welcome.	Meeting called to order by Shari Krishnan. All members were welcomed. Past president and first time attendees introduced.	
II. Quorum Determination/Voting Guidelines. G. Altizer	G. Altizer explained the voting guidelines and rules for discussion. It was determined that a quorum was present so that business can be conducted.	Informational
III. Additions/Deletions to Agenda - S. Krishnan	R. Trout moved that all committees under Trustee # 3 give report after the treasurer report. 2 <sup>nd</sup> P. Toth A motion made to move the Past president report to after the treasurer report. 2 <sup>nd</sup> by C. Smith	Both motions carried.
IV. Secretary Report - A. Davies	The minutes from the last membership meeting were printed in the Spring Dropper. There were no additions or corrections. A. Davies moved that minutes be accepted as written. 2 <sup>nd</sup> by S. Duda. The Post Board meeting will occur on Monday a.m. from 7 a.m. - 9 a.m. in the Board conference room.	Minutes approved as written.
V. Treasurers Report - S. Kennedy	S. Kennedy reported approximately \$69,662.40 in the checkbook. The profit from the Fall conference was \$16,689. The books will be audited over the summer. S. Kennedy will look into investment opportunities and be prepared to discuss at our fall meeting.	
VI. Trustee and Committee Reports. Trustee # 3 C. Smith 1. Conference 1998 - G. Altizer	G. Altizer reported that the 1998 regional conference will occur on October 22, 23, 24 in Charleston, West Virginia. Cost of conference is \$70.00. Gwen Turnbull will speak on Medicare reimbursement related to prospective payment. There will also be a speaker on ways to limit litigation related to wounds. Glenna is attempting to make Charleston a certification site since the exam date is October 24. Anyone interested in taking the test in Charleston should let Glenna know. Conference 1999 - P. Toth reported that the 1999	

Agenda Item	Discussion/ Finding/ Conclusion	Action/ Follow Up/ Responsible Person
2. Conference 1999 - P. Toth	Conference will occur in Cleveland at the Renaissance Hotel on October 14, 15, and 16. Starting to work on the program.	
3. Conference 2000 - C. Smith	Conference 2000: C. Smith stated that a committee is being formed to start talking about potential sites for 2000 in Indiana.	
4. Scholarship - C. Smith	Scholarship: C. Smith led discussion related to Mid-East Region administering their own scholarships. C. Smith felt it is not realistic for the region to administer their own scholarships due to the stringent guidelines and timelines. It is her recommendation that National should continue to administer the scholarships. MER should hold National accountable for improved communication. MER has not sent our scholarship monies for two years while this issue has been debated. The membership supported continuing to have National take care of our scholarships due to the tremendous work involved. C. Smith to follow up with National and report via the Dropper who received our scholarships. Excellence in Writing - Bob stated that he is looking for a replacement for chair of committee if anyone is interested. There seems to be limited interest and submissions in spite of reminders printed in the Dropper. The membership agreed to reassess in one year based on level of interest generated by the members.	
5. Excellence in Writing - R. Trout	No standards chair. No report. Research: Report on file. Mary is looking for committee members. M. Herbeck is investigating the feasibility of the MER Developing a Web site. Information has been obtained from Adler Droz about using the National's WOCN Web site. Current plans include seeking comparative information on the subject of website development. Ethics - No report Government Affairs- G. Altizer is looking for committee members from each state. She would like to implement a telephone, Fax, and E-mail tree. An E-mail list was passed around and Glenna will maintain a master list. Glenna has been searching for an easier Parliamentary process than Robert's Rules of Order.	
Trustee # 1 R. Roberts 1. Standards 2. Research M. Herbeck		

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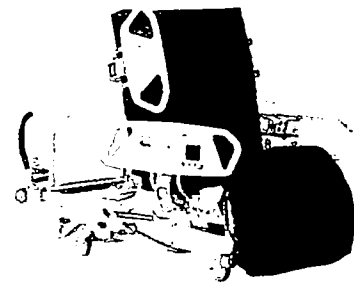
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## News From Around The Region, Continued

ship within our ranks.

During my Mid East Region Presidency, I have also worked full-time, given over 1500 hours a year of volunteer time to non-profit organizations, completed my master's degree, graduated from the Partner in Policymaking Program, and, most importantly, have been raising my six year old son, who is severely developmentally disabled. Needless to say, I would like to recapture some of my hours from volunteer work and redirect them toward being my son's best advocate. Right now, he needs my time the most.

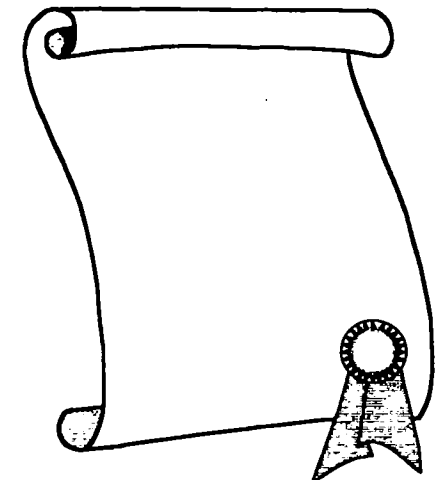
I wish to thank each and every one of you for assisting me in acquiring numerous important leadership skills that have helped me tread through sticky situations in other facets of my life. Additionally, there is no school on this earth that could have prepared me better for future roles as a community leader. For that, I will always be grateful.

Please, even though you may not see me around as often, keep in touch. I care deeply about this Region and its members. I'm proud to have been part of its history.  
Sincerely yours, *Shari Krishnan*

### ATTENTION SCHOLARLY AUTHORS!

1998 Mideast Excellence in Writing Award

- The Award is presented to the author or authors from the region whose manuscript is deemed the most valuable contribution of Wound Ostomy and Continence Nursing of those submitted. This award is designed to stimulate scholarly writing by the members of the MidEast Region of the WOCN. An honorarium of \$100 and a plaque will be awarded to the winner(s) and is made possible through the region and Bonnie Bollinger's contributions.



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The following guidelines apply to the award:

- The author(s) must be a member of the MidEast Region of the WOCN
- Manuscripts must be 500 words or more
- Manuscripts must have been submitted for publication or published between the dates of September 16, 1997 and September 15, 1998
- All manuscripts must be related to the specialty of ET Nursing practice. The focus can be from an educational, clinical, administrative, economic, research or legislative viewpoint
- The prestigious MidEast Region's Excellence in Writing Award Committee will select the outstanding manuscript. Manuscripts will be reviewed anonymously by committee members
- The award will be conferred at the 1998 MidEast Regional Conference in West Virginia
- Manuscripts received after September 15, 1998 will be considered for the subsequent year award

*If you or somebody you know have written an article, book chapter or other manuscript that makes an impact on ET Nursing, please submit it!*

Please send any manuscripts or correspondence to: Robert Trout, 2785 Lamoreaux Lane, Holt, MI 48842 or e mail at troutrob@pilot.msu.edu

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# WOUND CARE:

## "MEETING THE CHALLENGES OF THE FUTURE"

Friday and Saturday  
 October 23,24 1998  
 Charleston Marriott  
 Charleston, West Virginia

PRESENTED BY:  
 MIDEAST REGION OF THE  
 WOUND, OSTOMY & CONTINENCE  
 NURSING SOCIETY

Brochures are being mailed to members  
 For more information contact:  
 Glenna Altizer @ (304) 526-2285 M-F 9am-5pm

Agenda Item	Discussion/ Finding/ Conclusion	Action/ Follow Up/ Responsible Person
3. Ethics - Pat Gallagher 4. Government Affairs - G. Altizer  Trustee #2 - J. Sewickley 1. Publication - P. Lilley  2. MER Nurse of Year - J. Werner  3. PR/Sunshine  Trustee #4 - Sandy Duda 1. OPS Manual - J. Werner	has not found one as yet  NIWI - Judy Werner and Sharlene Kennedy attended NIWI. They both enjoyed it immensely and learned a lot. They thanked the region for sending them. The two major issues discussed at NIWI were reimbursement on incontinence supplies and the Patient's Bill of Rights. (How many licensed personnel per patient; hospitals would need to reveal.)  Publication: Send E-mail updates to be included in the Dropper. Patsy is looking for reporters from each state. Deadlines for publication in the Dropper are January 15, April 15, and August 15. Patsy is also looking for photos.  MER Nurse of the Year. No applicants received. Since there were several issues that need to be communicated to the membership i.e. interest in Charleston as a certification site, MER Nurse of the year application, and Excellence in Writing, all with deadlines prior to the publication of the next Dropper, the following motion was made: L. McCubbin moved that a separate mailing should be issued to communicate these issues to the membership. 2 <sup>nd</sup> by C. Smith. PR/Sunshine - No report  OPS Manual - J. Werner reported that the updated OPS Manual is on disc. All board members will receive a disc. Bylaws - M. Saulman distributed the revised bylaws. Available to all members. Indemnification clause discussed which would cover the Board under any liability. National is covered under their insurance per Kelly Jaszewski. The board will discuss this issue at the next Board meeting. Nominations: Betty reported that 384 ballots sent, 184 returned. Still are receiving invalid ballots. Betty is looking for nominees for President Elect, Secretary, and Trustee # 2 and Trustee #4. Anyone interested in running for an office should contact Betty Winn.	Motion carried. A. Davies will facilitate the mailing

Agenda Item	Discussion/ Finding/ Conclusion	Action/ Follow Up/ Responsible Person
2. By-laws - Martha Saulman  3. Nominations - B. Winn  4. Historian  5. Fundraising - J. Sewickley	Historian - The Historian is keeping all copies of minutes and past Droppers. The Historian will keep all official documents of the Region.  J. Sewickley reported that we will have a fundraising booth. She is looking for volunteers to work.	

VII. Past President - P. Toth	Paula provided some insight into the changes made by the certification board and commented on the impact on the ETNEPs.	
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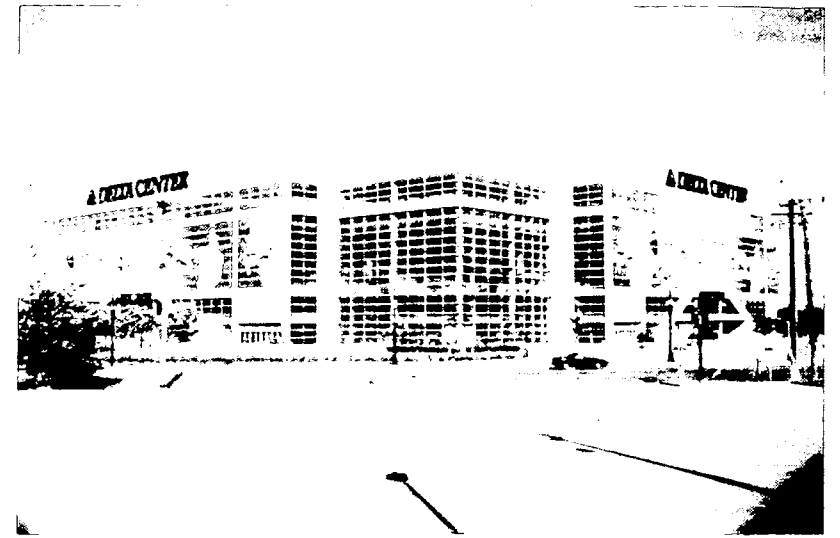
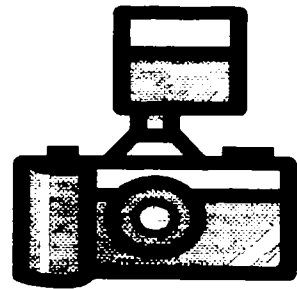
VIII. - Unfinished Business	None	
IX. - New Business A. Recertification	Judy Werner provided an overview of the changes made by the Certification Board. They are a separate entity and are not answerable to the WOCN. The membership discussed concerns about the changes made by the certification board. The major concerns of the membership were that you do not need a BSN to certify and you do not need to attend an ETNEP or designated program to sit for the exam. Sandy Duda was chosen to sit on a Task Force on recertification which will meet tomorrow. She will take the concerns verbalized by the group. Diane Morgan agreed to form an adhoc committee to summarize the discussion of the certification board and bring back to the board meeting. J. Swickley moved that Diane Morgan will chair an adhoc committee to summarize the feelings of the MER in a letter which will be approved by the MER Board.	Diane Morgan will chair a committee of volunteers to summarize the feelings of the MER related to recertification and present to the Board. The letter will be sent to the President of the Certification Board, Regional Presidents, President of the WOCN, Dorothy

X. Adjournment	Angie Lamb Martha Saulman moved that meeting be adjourned. 2 <sup>nd</sup> by A. Davies.	Meeting adjourned 11:00 p.m. Motion carried
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Respectfully Submitted,  
  
 Allyn Davies  
 Secretary

Having fun in Salt Lake City!

Guess who?



*Jazz*

