

Wound Ostomy and Continence Nurses Society

MID-EAS DROPPER

Mary Arnold Andrychuk, MSN, RNC, CRRN, CWOCN, CS  
10701 Firelight Court  
Noblesville, IN 46060



A Publication Serving the Mid-East Enterostomal Therapy Nursing Profession

# MID-EAS DROPPER

Indiana, Kentucky, Michigan, Ohio, West Virginia

March 2000

Margaret A. Valmassoi RN CETN  
6256 Vista Ridge Lane  
Cincinnati, OH 45227

## A Message From Our President . . .



**Please detach and mail the form below.  
Updated information is appreciated!**

The new century is here, the Y2K bug was wiped out before it got here and the flu bug has hit. It amazes me how much we worry about things we cannot change. One thing we as ET/WOC nurses can change is care for our patients. The Balanced Budget Act and resulting cuts in Medicare reimbursement have impacted all of us. Many of us spend hours trying to find a DME who is still carrying ostomy supplies, let alone accepting assignment or contracting with specific insurance carriers.

We need to be more politically active, communicating with our legislators. When I was in Washington at NIWI, I discovered how little our representatives (and the people who run their offices and do the legwork) know about patients with ostomies, wounds, or incontinence. The American Diabetes Association has a wonderful marketing and education plan. Ten years ago, people knew little about diabetes and costs associated with glucose monitoring supplies. Our patients and their nurses need to be actively educating the public and decision-makers about their needs. The MER has an active Government Affairs Committee. Chair Glenna Altizer is quite knowledgeable and will assist you to contact the proper legislators. The next time you are frustrated by "red tape" take ten minutes to call or write your legislator. They do listen. The "squeaky wheel" gets the grease.

*Judy Werner*

**Name, Address or Employment Change?  
Please check the appropriate box . . .**

Date: \_\_\_\_\_

Name: \_\_\_\_\_  
(First Name, Last Name, Previous Name)

Home Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_

Phone (home): \_\_\_\_\_

Work Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_

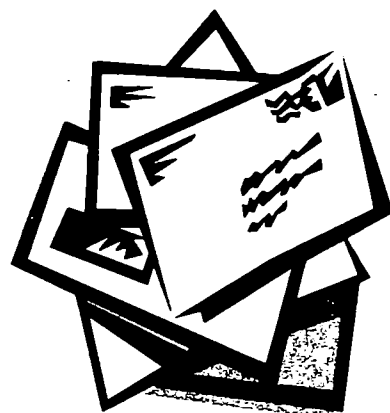
Phone (work): \_\_\_\_\_

Professional Status: \_\_\_\_\_

Do you wish change published in the MID-EAS DROPPER?  Yes  No

Your Signature: \_\_\_\_\_

Mail to:  
Mary Arnold Andrychuk  
10701 Firelight Court  
Noblesville, IN 46060



**PRESIDENT**  
 Judy Werner  
 St. Luke's Hospital 700 Cooper Ave.  
 Saginaw, MI 48602  
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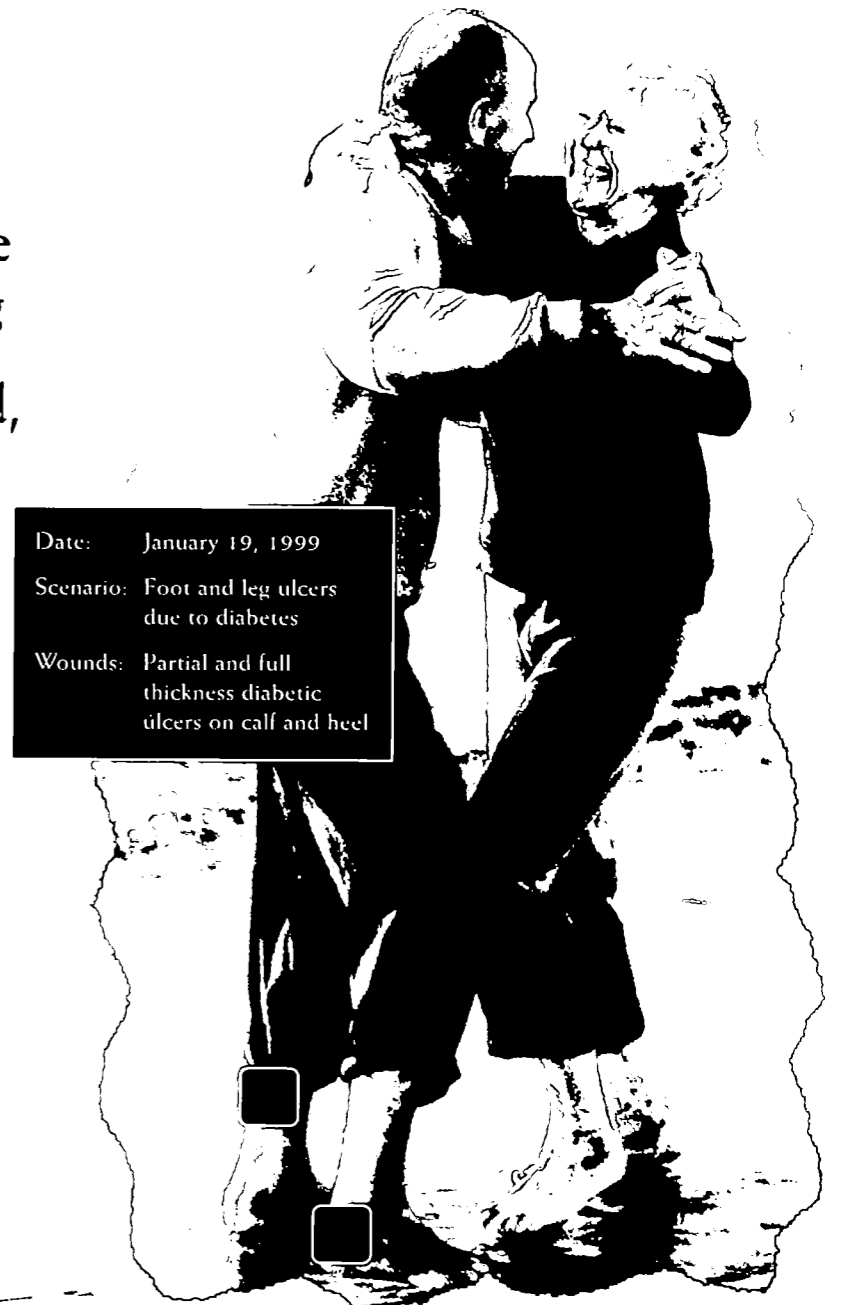
<p><b>PRESIDENT-ELECT</b>          Alyn Davies          9 Merrymaking Lane          Lloyd Harbor, NY 11743          H: (516) 692-5901          Email: Allyndl@aol.com</p>	<p><b>SECRETARY</b>          Betty Winn          6384 Engle Road          Brookpark, OH 44142          W: (216) 931-1355          H: (216) 267-8215          Fax: (216) 694-6343          Email: Betwin5351@aol.com</p>	<p><b>TREASURER</b></p>	<p><b>TRUSTEES (4)</b>          See Below</p>
<p><b>TRUSTEE #1</b>          Rebecca Roberts          University Hospitals of Cleveland          11100 Euclid Ave.          Cleveland, OH 44106          W: (216) 844-2902          Email: BeckyRNET@aol.com</p>	<p><b>TRUSTEE #2</b>          Mary Arnold Andrychuk          10701 Firelight Court          Noblesville, IN 46060          H: (317) 773-7532          W: (317) 841-5650          Fax: (317) 773-7532          Email: maryandrychuk@home.com</p>	<p><b>TRUSTEE #3</b>          Carolyn Smith          3917 S. Houck          Marion, IN 46953          W: (765) 662-4658          H: (765) 674-5761          Email: Carolyn@comteck.com</p>	<p><b>TRUSTEE #4</b>          Terri Ross          The Christ Hospital          2139 Auburn Avenue          Cincinnati, OH 45219          W: (513) 369-8871          H: (513) 769-4090          Email: rossta@healthall.com</p>
<p><b>COMMITTEES</b></p> <p><b>Standards</b>          Vacant</p> <p><b>Web Page</b>          Mary Beth Herbeck          33 Chatham Road          Columbus, OH 43214          (614) 260-9603          Fax: (614) 291-1131          Email: pherbeck@aol.com</p> <p><b>Research</b>          Pat Gallagher          1109 Memrose Drive          Westlake, OH 44145          H: (440) 356-0759          W: (216) 931-1355          Fax: (216) 694-6343</p> <p><b>Government Affairs</b>          Glenna Altizer          6688 Mud River Road          Barboursville, WV 25504          W: (304) 526-2285          H: (304) 733-0766          Fax: (304) 526-2317          Email: galtizer@chhi.org</p>	<p><b>COMMITTEES</b></p> <p><b>Publication (Newsletter)</b>          Mary Arnold Andrychuk          10701 Firelight Court          Noblesville, IN 46060          H: (317) 773-7532          W: (317) 355-5388          Email: maryandrychuk@home.com</p> <p><b>E.T. Nurse of the Year</b>          Alyn Davies          9 Merrymeeting Ln.          Lloyd Harbor, NY 11743          H: (516) 692-5901          Email: Allyndl@aol.com</p> <p><b>Fundraising</b>          Joan Sewickley          84 Red Dog Lane          Lake Milton, OH 44429          W: (800) 289-1261 x4459          H: (330) 654-5362          Fax: (330) 654-3426          Email: ljs@neosplice.com</p> <p><b>PR/Sunshine/Membership</b>          Sharlene Kennedy          7371 N. Gale Road          Otisville, MI 48463          W: (810) 257-9526          H: (810) 653-7600          Fax: (810) 257-9471          Email: skenned1@mchurley.com</p>	<p><b>COMMITTEES</b></p> <p><b>Conference Planning 2000</b>          Carolyn Smith          3917 S. Houck          Marion, IN 46953          W: (765) 662-4658          H: (765) 674-5761          Email: Carolyn@comteck.com</p> <p><b>Scholarship</b>          Carolyn Smith          3917 S. Houck          Marion, IN 46953          W: (317) 662-4658          H: (317) 674-5761</p> <p><b>Excellence in Writing</b>          Sarah Davis          Cleveland Clinic KK54          9500 Euclid Ave.          Cleveland, OH 44195          W: (216) 444-6677          Fax: (216) 445-6343          Toll free (800) 223-2273 x46677          Email: davissz@ccf.org</p>	<p><b>COMMITTEES</b></p> <p><b>Operations Manual</b>          Alyn Davies          9 Merrymeeting Lane          Lloyd Harbor, NY 11743          H: (516) 692-5901          Email: Allyndl@aol.com</p> <p><b>Bylaws</b>          Martha Saulman          2173 N. Highway 337          Coryden, IN 47112          H: (812) 738-4071</p> <p><b>Nominations</b>          Sandy Duda          1448 Cedarwood Drive #C2          Westlake, OH 44145          W: (216) 931-1355          H: (440) 808-8429          Fax: (216) 694-6343</p> <p><b>Historian</b>          Margaret Valmassoi          6256 Vista Ridge Lane          Cincinnati, OH 45227          (513) 561-4086</p>

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# BRAND NEW FROM KENDALL: ULTEC® PRO Alginate Hydrocolloid Dressing

Where there's a wound,  
 there's a way.™

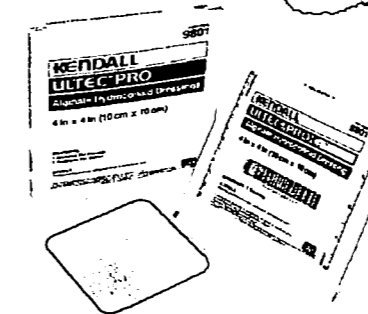


Date: January 19, 1999  
 Scenario: Foot and leg ulcers due to diabetes  
 Wounds: Partial and full thickness diabetic ulcers on calf and heel

After all these years, Joe and Lillian are still happiest when they are enjoying each others' company. And while painful diabetic ulcers had recently taken the spring out of his step, successful treatment with Kendall's ULTEC® PRO Alginate Hydrocolloid Dressing means that now an impromptu fox trot is never out of the question.

When you're faced with the challenge of treating ulcers, make ULTEC PRO Alginate Hydrocolloid Dressing your first choice. Designed to best manage the moisture, fluid and exudate produced by most pressure ulcers, ULTEC PRO dressings feature an alginate composition that allows for improved absorbency in a thinner profile. And the slim construction also discourages edges from rolling up as the patient's position shifts, ensuring a more secure and comfortable fit.

ULTEC PRO Alginate Hydrocolloid Dressing from Kendall. Where there's a wound, there's a way.



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# Committee Reports

## RESEARCH COMMITTEE

It was with great pleasure and pride that the Research Committee was able to award to Mary Arnold Andrychuk a grant to assist in her study, "The Impact of Ostomy Surgery: A Qualitative Study." The funds have been earmarked to defray the cost of data analysis. Congratulations to Mary and the team at Community Hospitals Indianapolis.

The Research Committee purpose is to promote scholarly research within the MidEast Region. The committee has a budget approved by the Board to assist members in their research endeavors. Application forms are available (see next 3 pages). The MidEast Region Researcher Award is also available. It honors an individual or group that has completed a nursing research study focusing on wound, ostomy, or continence care and who has disseminated the results through presentation or publication.

The MER Webpage is up! Come visit [www.MERWOCN.org](http://www.MERWOCN.org). Although several pages are under construction, there is much to see. You may email suggestions to the Webmaster. The Research Committee thanks Bower WebPage Services of Columbus, Ohio for their talent and willingness to accept less than the original budget as payment.

I am resigning as Chair of the Research Committee to devote more time to MER Webpage management/maintenance. This has been a rewarding experience and I wish Pat Gallagher much success as she accepts the position of Research Committee Chair. Please lend her your support.

*Mary Beth Herbeck*

## GOVERNMENT AFFAIRS

Now that the MER Website is a reality, efforts are being made to get Government Affairs information on the website. I am researching internet sites for links and gathering information we could use on the MER site. In this manner, members of our region could be updated in a more timely fashion. I would like to use the Web addresses we have collected to develop an Email list to be used much as a phone tree would be used. If you have any ideas about the Government Affairs Committee, don't hesitate to share them with me.

*Glenna Altizer*

## PUBLICATION (NEWSLETTER)

I will be compiling and publishing the Mid-Eas Dropper through the end of my term as Trustee, ending in October. At that time, I would like to turn this responsibility over to another individual.

If you would be interested in taking over the "Dropper" please let me know. All pertinent files, including the template for the newsletter would be available to you.

You can email me at [maryandrychuk@home.com](mailto:maryandrychuk@home.com) or phone me at work (317) 355-5388 or at home (317) 773-7532.

*Mary Arnold Andrychuk*



### Kerschbaum Research Award

**Purpose:** The purpose of this award is to encourage ET nurses and nurses specializing in wound, ostomy and continence care to contribute to advancement of nursing knowledge through research.

**Eligibility Requirements:**

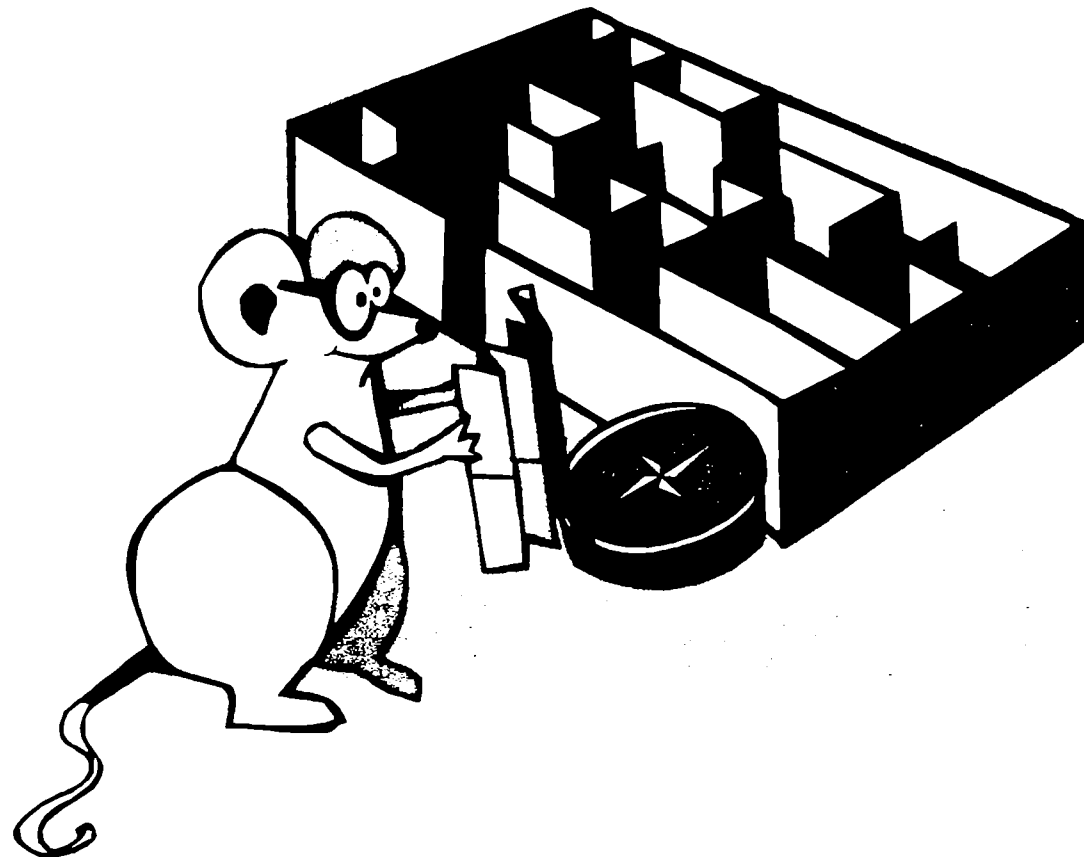
1. Active member of Mid-East Region of WOCN.
2. Primary investigator on a study.
3. Currently engaged in the study for which funding is requested or planning to implement the study within one year of funding.

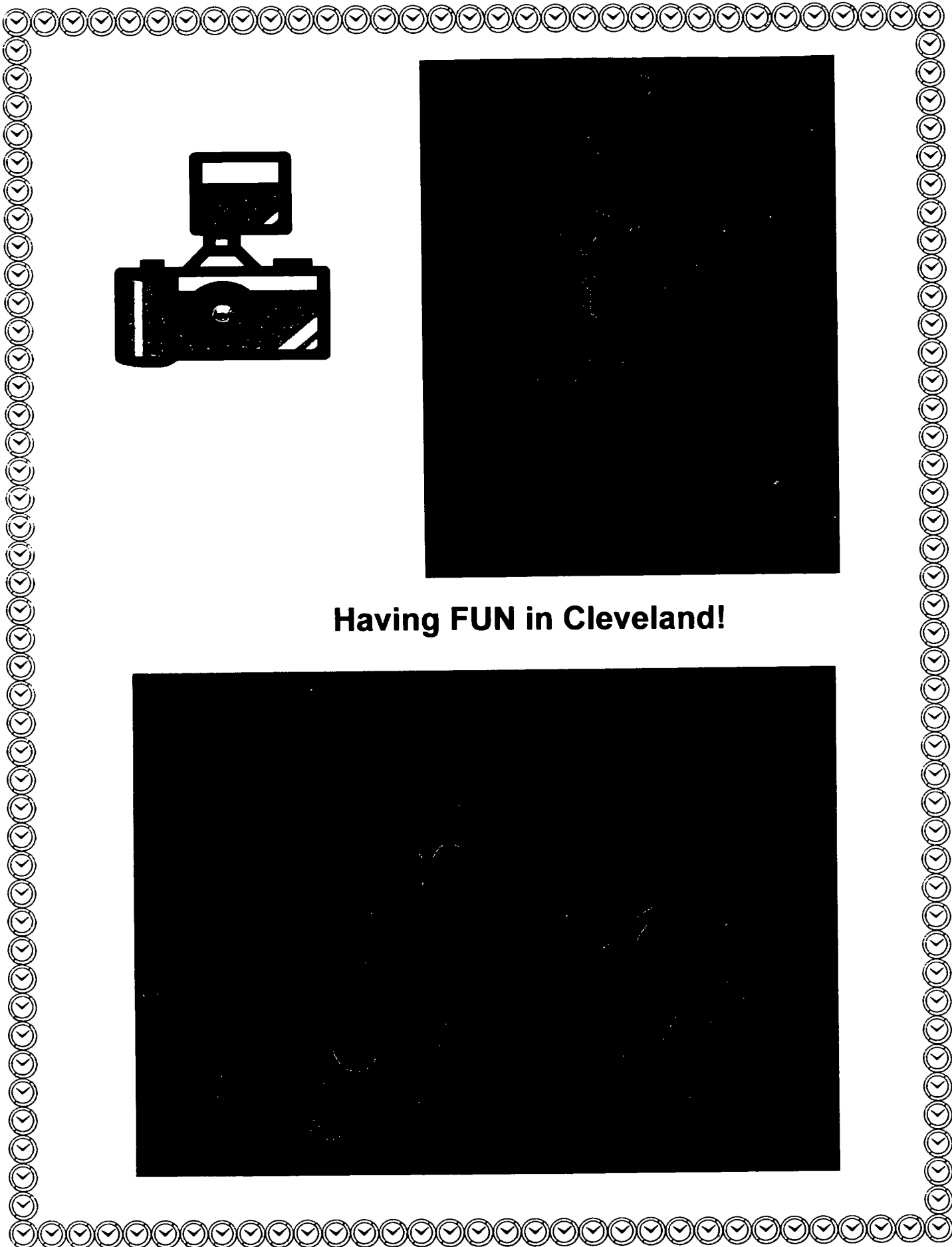
**Funding:**

1. \$200 per applicant per available funds.
2. Funding may be requested for photocopying, consultation, postage, computer supplies, etc.
3. Applications will be competitively reviewed by 3 members of the Research Committee.

**Submit 5 copies of the entire application to Research Committee Chair.**

**Deadline:** September 1





**Having FUN in Cleveland!**

**APPLICATION FORM FOR RESEARCH FUNDS**

Name: \_\_\_\_\_

Present Address: \_\_\_\_\_

Telephone: Number: \_\_\_\_\_

Educational Background:

Institution & Location	Inclusive Dates of Attendance	Diploma, Degree	Major
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Experience Record (last two positions):

Title of Position	Employer Name & Address	Inclusive Dates
_____	_____	_____
_____	_____	_____

Starting Date of Research Project: \_\_\_\_\_ Completion Date of Project: \_\_\_\_\_

Title of Research Project: \_\_\_\_\_

Date of Approval from Human Subjects Committee: \_\_\_\_\_

*(If neither exempt nor yet approved, please add a separate page discussing potential risks and benefits associated with the research and proposed safeguards.)*

Discuss how the funding will be spent.

In no more than two typed pages, describe the purpose, background and methodology of the study.

**RESEARCH GRANT AGREEMENT**

If my request is approved by the Mid-East Region Research Committee, I agree:

1. To use the money as described in the application and return any unused funds to the Treasurer.
2. When the study is completed, submit receipt(s) for the money spent and an abstract of the study to the chairperson of the Research Committee.
3. When the research is published or presented, appropriate recognition of funding source (Mid-East Region, WOCNS) will be given.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Title of Project: \_\_\_\_\_

Project Beginning Date: \_\_\_\_\_ Project Completion Date: \_\_\_\_\_

**Mid-East Region Nurse Researcher Award**

The Mid-East Region WOCNS Nurse Researcher Award will honor an individual or group who has completed a nursing research study that has focused on wound, ostomy or continence care and disseminated the results through presentation or publication.

**Criteria:**

- ◆ The individual or group has completed a nursing research study which has followed appropriate research methods and protection of human rights.
- ◆ The research adds to the body of nursing knowledge in regards to ostomy, wound or continence care.
- ◆ The findings of the research have been published, submitted for publication, or presented at professional meetings.
- ◆ The study may have been a funded or unfunded project.
- ◆ Investigators doing manufacturer directed and subsidized R&D studies are excluded.

**Eligibility Requirements**

- ◆ Active member of the Mid-East Region of WOCNS
- ◆ Primary investigator on the study
- ◆ Investigators doing manufacturer directed and subsidized R&D studies are excluded.

Submit five (5) copies of the entire application to:  
The Research Committee Chair.

**Deadline:** September 1

**MID-EAST REGION WOCNS NURSE RESEARCH AWARD APPLICATION**

Nominee Name \_\_\_\_\_  
Professional Title \_\_\_\_\_  
Employment Address \_\_\_\_\_  
City, State, Zip \_\_\_\_\_  
Home Address \_\_\_\_\_  
City, State, Zip \_\_\_\_\_  
Phone (work)(home) \_\_\_\_\_  
Active Member Mid-East?  Yes  No  
Title of Research: \_\_\_\_\_  
Provide Brief Description of Study (No longer than 2 double-spaced pages)  
(State purpose, protocols, results and discussion)  
Submission for Publication (List journal & date) \_\_\_\_\_  
Presentation at professional meeting (please list) \_\_\_\_\_  
Provide one Letter of Support \_\_\_\_\_

**MER Membership Meeting 10/16/99 Cleveland, OH**

one \$500 will be presented at the 2000 Regional meeting. Excellence in Writing – S. Davis – ET from each state read & rated articles. **Winning article: WOCN Pain Assessment During Wound Care submitted by Judy Zohler from Toledo.** Next year, two awards of \$200 and a plaque.

**Trustee #4 – T. Ross (unable to attend):** OPS Manual- J. Werner/A. Davies – J. Werner continues to update and A. Davies will take over. If anyone wants a copy on disc, submit a request in writing which type of disc is needed to J. Werner. Bylaws – M. Saulman (no able to attend). Bylaws changes were not sent out with the elections, a separate mailing will be done, most of the changes are housekeeping. Nominations – S. Duda (had to leave) resulted presented by B. Winn – 440 ballots mailed, 167 returned, 140 valid, 27 were invalid because of no name in the return address section (name must be present in the return address section to verify membership).

Treasurer: Barb Blaylock-Hahler 102 votes	Cecelia Krusling 38 votes
Trustee #1: Becky Roberts 138 votes	unopposed
Trustee #3: Carolyn Smith 85 votes	Patti Burke 55 votes

Motion to destroy ballots seconded by J. Sewickley. Passed by the membership. Historian – P. Valmassoi working on the history, discussed the need to bring history to membership meetings.

**Unfinished Business:** J. Werner discussed Indemnity/Bonding. National is working on an umbrella indemnity clause. The MER Treasurer is bonded for three years.

**Past Presidents Comments:** Sherri Ballard-Krishnan not able to attend sends regards. Paula Toth busy with conference. Karen Granby very please to see so many new faces, new ideas, new energy. The Region could not survive without the volunteering of the members, and highly encourages participation. The conference was great with wonderful attendance.

**New Business:** Dorothy Doughty is the new National President effective 9/24/99, Bernie Cullen has resigned, a letter is on the WOCN Webpage. Bernie will be missed.

**Announcements:** R. Van Ingen proposed the MER setting up a Memorial for Norma Gill as she was from our region. Discussion of various ways to honor Norma. Committee formed to discuss a Memorial. Members volunteering: Marilyn Whitehead, Wynona Stiffler, Crina Floruta, Mollie Sammon with Rosmarie Van Ingen as chair.

If ETs want to voice concern over Smith-Nephew deletion of Maxi pouches write letters to Smith-Nephew at 11775 Starkey Rd. Largo, FL 33770 Attn: Linda Miller, Head of Marketing.

Plaque of appreciation received from Friends of Ostomates Project Share, this will be kept by Historian.

Fundraising Chair is looking for someone to be on a committee to approach manufacturers for donations for fundraising. Silent Auction will continue at Regional conferences. Reminder of the auction will be printed in the Dropper.

Postcards will be sent reminding members to attend the MER meeting at National Conference.

Motion to adjourn meeting seconded by C. Smith. Meeting adjourned at 12:45 p.m.

Respectfully Submitted, **Betty Winn** - secretary

**MER Membership Meeting**  
10/16/99 Cleveland, OH

Meeting called to order by President Judy Werner 11:35 a.m.

Welcome to all members. Introduction of three first time attendees. 49 members present. Glenna Altizer reviewed voting and meeting guidelines. Quorum established.

No additions or deletions to the meeting agenda. Motion by J. Werner to accept the agenda. E. Azodi seconded the motion. Motion passed.

**Treasurer's Report – S. Kennedy:** Changes – Cleveland conference expenses not known yet. Leadership PPI \$6500 proposed expense as plan to send entire board. Research \$800 with \$400 grant. Excellence in writing – two winners \$200/person. Motion to accept, C. Smith seconded. No discussion. Motion passed. S. Kennedy is not running for Treasurer this time, thanks everyone for all their support. J. Werner thanks S. Kennedy for all her hard work.

**President-Elect's Report – A. Davies:** T. Ross adopted a little boy from Russia, "Kyle" eight months old and is unable to attend conference, but sends her regards. A. Davies has moved to Long Island, but has chosen to remain in the MER.

**Trustee #1 – Becky Roberts:** Standards- vacant. Research – M.B. Herbeck unable to attend. Written report submitted, is stepping down as chair. P. Gallagher will be new chair. M.A. Andrychuk received research award. Copies of application for research award will be printed in each Dropper. Web page is up: [www.merwocn.org](http://www.merwocn.org). M.B. Herbeck will maintain the webpage. There is a need for more members on the research committee to review applications and decide on recipients of the award. B. Gudde & S. Kennedy volunteered to assist. Government Affairs – G. Altizer report submitted. Is trying to get G.A. on the webpage and is working on links.

**Trustee #2 – M. Arnold Andrychuk:** Publications/Newsletter – M. Arnold Andrychuk will be taking over the publication of the Dropper. If you move, change employer or do not receive a Dropper, get in touch with her. Submission date is January 15 for the Feb/Mar Dropper. ET Nurse Day – vacant – there has been some discussion at the National level of resuming. ET Nurse of the Year – A. Davies – T. Ross and M. Arnold Andrychuk are members of selection committee. Two nominations were received. **Winner is M. Merrill** nominated by S. Brohn. M. Merrill was awarded an engraved clock. **CONGRATULATIONS!** Applications for next year's nominations will be in the Dropper. PR/Sunshine – M. Merrill is stepping down. S. Kennedy will be the chair. Let S. Kennedy know of any difficulties, commendations, potential members, or new members. Fundraising – J. Sewickley – Report from Minneapolis in Dropper. \$1359 purchases; \$1365 sales. No jewelry for this conference purchased. Purchased cardigans & zip up sweaters \$532.50. Sales from Cleveland conference Thurs \$75, Fri \$889, Total \$964. Silent Auction \$217. Total income \$1181. **Thanks to Joan and Tucker for an excellent job!**

**Trustee #3 – C. Smith:** Conference Planning – 1999 – A Davies for P. Toth. No specifics. Congratulations to planning committee. 2000 – C. Smith. MER Conference will be in Indianapolis, IN Oct. 5-7 at University Place IUPUI, Room rates \$96/ single, \$110/double, parking included. Agenda is not yet set but trying to line up speakers in all tracks. 2001 – Kentucky. C Smith will be following up with members in Kentucky to discuss planning. 2002 – will be in Michigan. Scholarship – C. Smith – Advance Practice Scholarship forms will be in Dropper. Send info to C. Smith. Two \$500 scholarships will be available, but will be presented separately. One \$500 will be presented at the Toronto MER membership meeting and



SCHOLARSHIP

**ANNOUNCING  
The  
Mideast Region Advanced Practice  
Scholarship**

**IT'S HERE !!!!**

The Mideast Region Advanced Practice Scholarship is ready for distribution. All we need is for you to apply. We want to award our first ever MER Advanced Practice Scholarship in Toronto in June 2000.

The requirements are simple and the application, we hope, user friendly. There will be two (2) \$500 scholarship grants per calendar year. One (1) to be awarded in June at National Conference and one(1) in October at Regional Conference. The application deadlines are January 30th for the June scholarship and June 1st for the October scholarship. To apply, simply fill out the application form, provide the required information and tell us how you plan to use your advanced education to contribute to WOC Nursing. That's all there is to it.

Mail your applications to:  
Carolyn Smith  
Scholarship Committee Chair  
3917 South Houck  
Marion, IN. 46953

Good Luck!

Respectfully submitted,

*Carolyn Smith*

**Mideast Region Advanced Practice  
Scholarship Application**

Your application **MUST** contain all requested information or it will not be processed.

Do not leave blanks.

A typed application is preferred.

Handwritten applications *must be legible*.

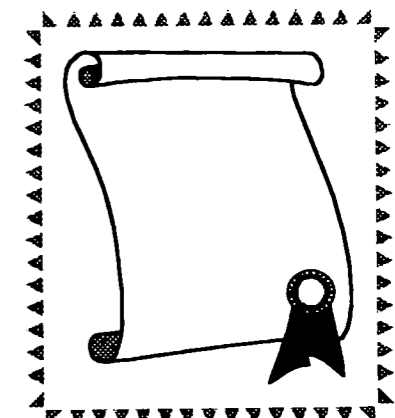
Submit four(4) identical stapled sets of your application in the following order:

1. Demographic information.
2. Copy of acceptance **and** evidence of current class enrollment in graduate program.
3. Copy of completion of ETNEP program.
4. Copy of current certificate of certification from WOCNCB.
5. Proof of WOCN (Mideast Region) membership for one (1) year prior to application.
6. Essay (100) words or less on How you plan to contribute to WOC Nursing with this knowledge/degree.

Submission Deadlines:

January 30th for June distribution @ National WOCN  
June 1st for October distribution @ Regional meeting

Return to : Scholarship Chair Mideast Region

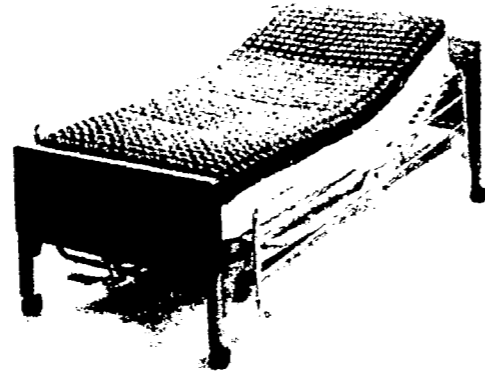






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## Committee Reports, Continued

### Fundraising

Previous Balance:	\$1125.35
Sales at National:	\$1365.00
	\$2486.35
Check to Carlton Ridge:	-\$1369.35
New Balance:	\$1127.10
Purchases for Regional:	-\$532.50
Balance at Cleveland:	\$594.60
Sales at Cleveland:	\$964.00
Silent Auction:	\$217.00
Balance October 1999	\$1181.00

Many thanks to "Tucker" DiBernardi for his continuing assistance with MER fundraising Efforts.

*Joan Sewickley*

### 1999 MER Conference Report

189 persons attended "WOCN Around the Clock" in Cleveland. All MER states and Japan were represented. There were 30 Exhibitors.

The conference was coordinated by the Cleveland Clinic Education Department with ET Nursing Section Support.

Sponsors included Huntleigh, (Thursday evening reception), ConvaTec (Friday continental breakfast), Smith & Nephew (Friday morning break), Hollister (Friday evening event), the Cleveland Clinic Section of ET Nursing (Saturday breakfast, slide series drawing, honorariums waived, Friday night event), CCF Department of Colorectal Surgery, Dr. V. Fazio (Sponsor fees, Display tables for ET Nursing and Norma Gill), Paula Erwin Toth (faculty gifts).

Thanks to all for making the 1999 MER conference a success!

*Paula Erwin Toth*

### MER ET Nurse of the Year

Our winner encompasses all the necessary traits for an ET nurse, but she goes above and beyond the call of duty. She has been a member of the MER for 6 years. She is pursuing her Masters' Degree. She is certified in the full scope, practices in a University Hospital setting and previously worked in home care. She attends regional/national meetings. She has served as a preceptor for several ET nursing students. She has organized her Columbus, OH ET group by developing a meeting schedule and roster. She planned monthly meetings and participated in the Youth Rally. She speaks to nursing students and medical residents about issues related to WOC Nursing. She has been Sunshine Chair for the MER for 3 years. Her patients love her. Her peers love her. She is devoted to her profession.

The 1999 MER Nurse of the Year, nominated by Sandy Brun, is Mary Merrill. A beautiful clock has been engraved for Mary to commemorate her achievement.

Congratulations!

*Allyn Davies*

### MER Conference 2000

"Ladies and gentlemen, start your engines" to get to Indy for the first MER Conference of the New Millenium. MER Conference 2000 is scheduled for October 5-7 at the University Place Hotel and Conference Center on the IUPUI campus in downtown Indianapolis.

Conference topics have been selected based on response to a survey of MER members, published in the MidEas Dropper last year.

For information, call Carolyn Smith at (765) 662-4658. We're looking forward to sharing some "Hoosier Hospitality."

*Carolyn Smith*

MidEast Region ET Nurse of the Year

The MidEast Region provides a mechanism for recognizing outstanding WOC (ET) Nurses within the region. Why not nominate an ET Nurse friend/colleague for the MER ET Nurse of the Year?

Nominations should be sent to: Allyn Davies  
9 Merrymeeting Lane  
Lloyd Harbor, NY 11743

Nomination deadline is September 1, 2000. The award will be presented at the MidEast Regional Conference in Indianapolis in October.

Prerequisites:

- Nominee must be a member of the MidEast Region of WOCN for a minimum of 2 years.
- Nominee must attend at least one WOCN meeting per year (MER or National Conference).
- Nominee must be board certified in ET(WOC) Nursing.

Briefly describe the nominee's qualifications for the award and provide examples based on the following criteria (nominee must meet 80% of criteria):

1. Demonstrates excellence in the full scope of ET(WOC) Nursing.
2. Devotes at least 50% of professional practice to providing direct care to patients with dermal ulcers, stomas, wounds, and incontinence.
3. Shares knowledge by providing professional and community education via one on one education, seminars and symposiums.
4. Promotes the specialty of ET Nursing by actively participating in professional, political, and/or community organizations.
5. Actively promotes the growth and development of ET Nursing by providing peer support, preceptoring, and recruitment.

Outstanding ET Nurse Award Application

Attach description of qualifications on separate page, please.

<b>Nominee:</b>	<b>Submitted By:</b>
Name _____	Name _____
Address _____	Address _____
Agency _____	Agency _____
Position _____	Position _____
	Day Phone _____
	Evening Phone _____

News From Around The Region

The ET Tree

In preparation for MER Conference 2000, Jody Griswold is collecting information to develop an "ET Tree" for display in Indianapolis. Please forward the information below to Jody.

Mail to: Jody Griswold  
2746 Brady Lane  
Lafayette, IN 47909-3820

Fax to: (765) 449-5073  
Lafayette Home Hospital  
2400 South Street  
Lafayette, IN 47909  
Attention: Jody Griswold

Jody would also like pictures or other items archiving the history of ET Nursing, particularly in the MidEast Region. Please contact her about displaying the items during the MER Conference. Call (765) 449-3060 (work) or (765) 474-8866 (home).

The ET Tree

Your name: \_\_\_\_\_

Place of Employment: \_\_\_\_\_

Number of years as an ET: \_\_\_\_\_

Other areas of special practice: \_\_\_\_\_

Names of ETs before you where you are employed: \_\_\_\_\_

Where you have previously worked as an ET: \_\_\_\_\_

Anyone left out: \_\_\_\_\_

Wound Ostomy and Continence Nurses Society

MID-EAS DROPPER

Mary Arnold Andrychuk, MSN, RNC, CRRN, CWOCN, CS  
10701 Firelight Court  
Noblesville, IN 46060

Margaret A. Valmassoi RN CETN  
6256 Vista Ridge Lane  
Cincinnati, OH 45227

**Please detach and mail the form below  
Updated information is appreciated!**

Mail to:  
Mary Arnold Andrychuk  
10701 Firelight Court  
Noblesville, IN 46060

**Name, Address or Employment Change?  
Please check the appropriate box . . .**

Date: \_\_\_\_\_

Name: \_\_\_\_\_  
(First Name, Last Name, Previous Name)

Home Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_

Phone (home): \_\_\_\_\_

Work Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_

Phone (work): \_\_\_\_\_

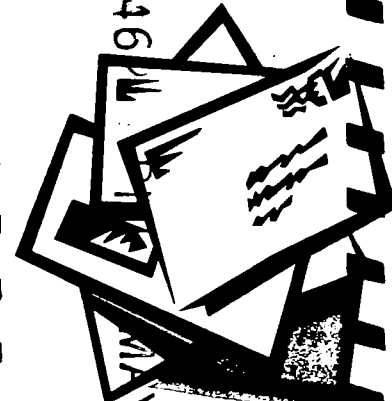
Professional Status: \_\_\_\_\_

Do you wish change published in the MID-EAS DROPPER?  Yes  No

Your Signature: \_\_\_\_\_



MAY 6 2000  
 INDIANAPOLIS IN 46060  
 MAY 6



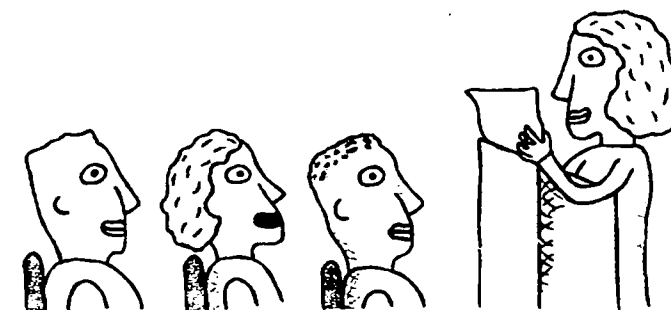
*A Publication Serving the Mid-East Enterostomal Therapy Nursing Profession*

# MID-EAS DROPPER

*Indiana, Kentucky, Michigan, Ohio, West Virginia*

May 2000

## A Message From Our President . . .



Since this is National Volunteer Month, I would like to take this opportunity to thank each and every one of you for your contributions. Whether it's holding an office in our organization, volunteering at an area UOA, CCFA, or other patient support groups, or going the extra mile or sharing of your time with patient, friend, or colleague, I know that everyone contributes. We as nurses and, more specifically, as "ET Nurses" inherently share ourselves in time, thoughtfulness, and knowledge. Thank you, again. We can be proud of ourselves and our profession.

Speaking of ET Nurses and volunteering, I'd like you to consider volunteering as an officer or committee member for the Mid East Region. We are all busy and probably overwhelmed with our workloads, but being active in the organization is well worth the time and effort. The friendships and networking, along with the leadership skills developed, are invaluable. I often think of the "panic" I feel with each deadline for various projects looming, but the projects usually get done, with a feeling of pride far outweighing the panic. One benefit of holding an office is the assistance in travel for national and regional meetings. So, with my sales pitch fresh in your minds, think about sharing yourselves with the region. Available positions are President-elect, Treasurer, Secretary, Trustee #2, and Trustee #4. (See the inside back cover for a nominations form).

See you in Toronto!

*Judy Werner*

**PRESIDENT**  
 Judy Werner  
 St. Luke's Hospital 700 Cooper Ave.  
 Saginaw, MI 48602  
 W: (517) 771-6002 H: (517) 686-5767  
 Fax: (517) 771-6503 Email: jwerneretn@juno.com

## CALL FOR NOMINATIONS

<p><b>PRESIDENT-ELECT</b>          Allyn Davies          9 Merrymeeting Lane          Lloyd Harbor, NY 11743          H: (516) 692-5901          Email: Allynd1@aol.com</p>	<p><b>SECRETARY</b>          Betty Winn          6384 Engle Road          Brookpark, OH 44142          W: (216) 931-1355          H: (216) 267-8215          Fax: (216) 694-6343          Email: Betwin5351@aol.com</p>	<p><b>TREASURER</b>          Sharlene Kennedy          7371 N. Gale Road          Otisville, MI 48463          W: (810) 257-9526          H: (810) 653-7600          Fax: (810) 257-9471          Email: skened1@hurleymc.com</p>	<p><b>TRUSTEES (4)</b>          See Below</p>
<p><b>TRUSTEE #1</b>          Rebecca Roberts          University Hospitals of Cleveland          11100 Euclid Ave.          Cleveland, OH 44106          W: (216) 844-2902          Email: BeckyRNET@aol.com</p>	<p><b>TRUSTEE #2</b>          Mary Arnold Andrychuk          10701 Firelight Court          Noblesville, IN 46060          H: (317) 773-7532          W: (317) 841-5650          Email: maryandrychuk@home.com</p>	<p><b>TRUSTEE #3</b>          Carolyn Smith          3917 S. Houck          Marion, IN 46953          W: (765) 662-4658          H: (765) 674-5761          Email: Carolyn@comteck.com</p>	<p><b>TRUSTEE #4</b>          Terri Ross          The Christ Hospital          2139 Auburn Avenue          Cincinnati, OH 45219          W: (513) 369-8871          H: (513) 769-4090          Email: rossta@healthall.com</p>
<p><b>COMMITTEES</b></p> <p><b>Standards</b>          Vacant</p> <p><b>Web Page</b>          Mary Beth Herbeck          33 Chatham Road          Columbus, OH 43214          (614) 260-9603          Fax: (614) 291-1131          Email: pherbeck@aol.com</p> <p><b>Research</b>          Pat Gallagher          1109 Memrose Drive          Westlake, OH 44145          H: (440) 356-0759          W: (216) 931-1355          Fax: (216) 694-6343</p> <p><b>Government Affairs</b>          Glenna Altizer          6688 Mud River Road          Barboursville, WV 25504          W: (304) 526-2285          H: (304) 733-0766          Fax: (304) 526-2317          Email: galtizer@chhi.org</p>	<p><b>COMMITTEES</b></p> <p><b>Publication (Newsletter)</b>          Mary Arnold Andrychuk          10701 Firelight Court          Noblesville, IN 46060          H: (317) 773-7532          W: (317) 355-5388          Email: maryandrychuk@home.com</p> <p><b>E.T. Nurse of the Year</b>          Allyn Davies          9 Merrymeeting Ln.          Lloyd Harbor, NY 11743          H: (516) 692-5901          Email: Allynd1@aol.com</p> <p><b>Fundraising</b>          Joan Sewickley          84 Red Dog Lane          Lake Milton, OH 44429          W: (800) 289-1261 x4459          H: (330) 654-5362          Fax: (330) 654-3426          Email: ljs@neosplice.com</p> <p><b>PR/Sunshine/Membership</b>          Sharlene Kennedy          7371 N. Gale Road          Otisville, MI 48463          W: (810) 257-9526          H: (810) 653-7600          Fax: (810) 257-9471          Email: skened1@hurleymc.com</p>	<p><b>COMMITTEES</b></p> <p><b>Conference Planning 2000</b>          Carolyn Smith          3917 S. Houck          Marion, IN 46953          W: (765) 662-4658          H: (765) 674-5761          Email: Carolyn@comteck.com</p> <p><b>Scholarship</b>          Carolyn Smith          3917 S. Houck          Marion, IN 46953          W: (317) 662-4658          H: (317) 674-5761</p> <p><b>Excellence In Writing</b>          Sarah Davis          Cleveland Clinic KK54          9500 Euclid Ave.          Cleveland, OH 44195          W: (216) 444-6677          Fax: (216) 445-6343          Toll free (800) 223-2273 x46677          Email: davissz@ccl.org</p>	<p><b>COMMITTEES</b></p> <p><b>Operations Manual</b>          Allyn Davies          9 Merrymeeting Lane          Lloyd Harbor, NY 11743          H: (516) 692-5901          Email: Allynd1@aol.com</p> <p><b>Bylaws</b>          Martha Saulman          2173 N. Highway 337          Coryden, IN 47112          H: (812) 738-4071</p> <p><b>Nominations</b>          Sandy Duda          1448 Cedarwood Drive #C2          Westlake, OH 44145          W: (216) 931-1355          H: (440) 808-8429          Fax: (216) 694-6343</p> <p><b>Historian</b>          Margaret Valmassoi          6256 Vista Ridge Lane          Cincinnati, OH 45227          (513) 561-4086</p>

**Parliamentarian**  
 Glenna Altizer  
 6688 Mud River Road  
 Barboursville, WV 25504  
 W: (304) 526-2285  
 H: (304) 733-0766  
 Fax: (304) 526-2317  
 Email: galtizer@chhi.org

**Past President**  
 Sharon Ballard-Krishnan  
 1550 Brandywine  
 Bloomfield Hills, MI 48304  
 H/W (248) 852-2891  
 Fax: (248) 299-3691  
 Email: sharikrish@aol.com

Name of person nominating: \_\_\_\_\_ Telephone ( ) \_\_\_\_\_

I NOMINATE:

Name \_\_\_\_\_

Address \_\_\_\_\_

Telephone ( ) \_\_\_\_\_

FOR: (please circle one) **President-Elect**

**Treasurer**

**Secretary**

**Trustee #2** (committee responsibilities include ET Nurse Day, ET Nurse of Year, Publications, Fundraising, PR/Sunshine)

**Trustee #4** (committee responsibilities include Operations Manual, Bylaws, Nominations, Historian)

The term of service is for two years. (This is a "special election" for Treasurer).

Mail Ballots will be used for elections. Results will be announced at the October membership meeting at the Regional Conference.

You may nominate yourself, or someone else. IF YOU NOMINATE SOMEONE ELSE, be sure you get their permission that they are willing to run. Tear off the top of this page and send nominations to:

**Sandy Duda**  
**1448 Cedarwood Drive**  
**#C2**  
**Westlake, OH 44145**

Nominations must be received by August 8, 2000. Ballots will be mailed the week of August 28, 2000 and must be returned by September 18, 2000 to ensure time for counting of ballots.

News From Around The Region, Continued



**CHANGE  
OF  
ADDRESS**

**R.B. Turnbull School of ET Nursing**  
Enterostomal Therapy Nursing/NA4  
9500 Euclid Avenue  
Cleveland, OH 44195  
Office: (216) 444-6677  
Appts: (216) 444-5404  
Toll Free: 1-800-223-2273 ext. 46677  
Fax: (216) 445-6343

**MariJane Yurchiak, OCN, CWCN, COCN**  
Home: 418 Idlebrook Drive  
Wadsworth, OH 44281  
Work: 2810 Aaronwood Ave NW  
Massillon, OH 44646  
(330) 837-0955  
Nurse Manager

**Congratulations...**  
...to Sharlene Kennedy!

Sharlene completed her Master's Degree and is now a Nurse Practitioner. Shar, we're proud of you and wish you MUCH success!



Sincerely,  
Your fellow Board Members

*Step into the MER Website...*

Ready,  
Set,  
GO

to [www.MERWOCN.org](http://www.MERWOCN.org)



Mary Beth Herbeck has been hard at work helping to build our website. The site is still under construction, so Mary Beth is eager for your feedback.

**Get Well Wishes**

A "speedy recovery" to Rita Pochard, Enterostomal Therapy Nurse at Mercy Franciscan in Cincinnati, OH.

**THE MAGIC OF ET NURSING**  
**October 5-7, 2000**  
**University Place Hotel and Conference Center**  
**Indianapolis, IN**



**PRESENTED BY:**  
**MIDEAST REGION OF THE**  
**WOUND, OSTOMY &**  
**CONTINENCE**  
**NURSING SOCIETY**

For more information contact  
Carolyn Smith  
(765) 662-4658

## Committee Reports

### GOVERNMENT AFFAIRS

This is a major election year. One of the most important things you can do is become informed about issues and candidates, locally, state-wide, and nationally. Then...GET OUT AND VOTE!!! To help you with your decision-making process, a partial list of informational websites is listed:

**www.dnet.org** This is the Democracy Network site. It has state-specific information & is a joint project of the Center for Governmental Studies & the League of Women Voters.

**www.geocities.com/CapitolHill/6228/** This is Elections USA, providing state-by-state coverage of US politics, campaigns & elections. It offers a great news section & links to candidate Web Sites (local and national).

**www.vote-smart.org** This site is run by a non-partisan group that shares biographies, voting records, campaign finances & performance evaluations of elected officials.

**www.voter.com** My favorite site. Lots of national & state news. Offers position statements on a variety of issues (including healthcare) from an array of organizations (AFL-CIO, Christian Coalition, Sierra Club, People for the American Way & US Chamber of Commerce).

If you don't access the "net", hook up with your League of Women Voters (website **www.lwv.org**) for each state:

**Indiana:** (317) 241-8683

**Kentucky:** (502) 875-6481

**Michigan:** (517) 484-5383

**Ohio:** (614) 469-1505

**West Virginia:** (304) 342-2706



I'm still working on getting information on the MER website. Let me know what kind of government affairs data you'd like to see on the site.

**Glenna Altizer**

### RESEARCH

We congratulate Debra Schassberger. She was awarded the Kerschbaum Research Award. Her research is "A Description of Nurse Instructors' Knowledge of Pressure Ulcers". Deb is in the ET Department at St. Vincent Mercy Medical Center in Toledo, OH. The funds awarded will help defray incidental expenses related to the project.

We still have two Kerschbaum Awards available for 2000. Application deadline for next award is August 1, 2000. The deadline for the final award is December 1, 2000. The Mid East Region Researcher Award is also available. Deadline for application is September 1, 2000.

Eligibility requirements and applications for both awards are included in this edition of the Mid-Eas Dropper. We have asked that they also be included on the website for future reference.

**Pat Gallagher**

## News From Around The Region


### The ET Tree

In preparation for MER Conference 2000, Jody Griswold is collecting information to develop an "ET Tree" for display in Indianapolis. Please forward the information below to Jody.

**Mail to:** Jody Griswold  
2746 Brady Lane  
Lafayette, IN 47909-3820

**Fax to:** (765) 449-5073  
Lafayette Home Hospital  
2400 South Street  
Lafayette, IN 47909  
Attention: Jody Griswold

Jody would also like pictures or other items archiving the history of ET Nursing, particularly in the MidEast Region. Please contact her about displaying the items during the MER Conference. Call (765) 449-3060 (work) or (765) 474-8866 (home).

  
The ET Tree

Your name: \_\_\_\_\_

Place of Employment: \_\_\_\_\_


Number of years as an ET: \_\_\_\_\_

Other areas of special practice: \_\_\_\_\_

Names of ETs before you where you are employed: \_\_\_\_\_

Where you have previously worked as an ET: \_\_\_\_\_

Anyone left out: \_\_\_\_\_



## Committee Reports, Continued

### CONFERENCE PLANNING

Planning for the 2000 Mid East Regional Conference is "racing" along. Plan on attending "The Magic of ET Nursing" at the University Place Hotel and Conference Center on the IUPUI campus in downtown Indianapolis, IN October 5-7, 2000.

Conference topics include pain management for patients with wounds, "modern" wound care options, seating surface selection, nutritional needs of patients with fistula or small bowel stomas, management of the patient with a difficult to pouch stoma, and incontinence management. Brochures will be mailed later this summer, and more specifics will be shared at the MER meeting in Toronto.

Room rates will be \$99 single and \$114 double. A block of rooms is being held. You can reserve your room at 1-800-627-2700 or 1-317-269-9000.

Future conference sites are:

2001- Kentucky

2002 - Michigan

I'm anxiously awaiting news from the Kentucky group. I have fond memories of "Derby Night" in 1996. I've heard Rumors that we'll be in Grand Rapids in 2002.

Questions? You can call me at (765) 662-4658.

**Carolyn Smith**

### OPERATIONS MANUAL

No Report

### WEB PAGE

No Report



### Bariatric Equipment and WOCN Forums

The Cleveland area ET nurses had started a list of bariatric equipment over a year ago. Now, a complete list of bariatric equipment is available to all of us via the WOCN Forum Download section. If you don't subscribe to the WOCN Forum digests, I encourage you to try it. It's particularly helpful if you are the lone WOC/ET in your organization.

Even if you don't subscribe, you can visit archives (digest discussions arranged by topic) and downloads (see WOCN Forums at the [www.WOCN.org](http://www.WOCN.org)). The downloads section contains articles, guidelines, even a measuring guide producing computer program, as well as the list of bariatric equipment. These downloads have been contributed by members. It's a great way to see what others are doing in their practice.

*Becky Roberts*

SEE YOU AT THE MER  
MEETING IN TORONTO!

### Kerschbaum Research Award

**Purpose:** The purpose of this award is to encourage ET nurses and nurses specializing in wound, ostomy and continence care to contribute to advancement of nursing knowledge through research.

**Eligibility Requirements:**

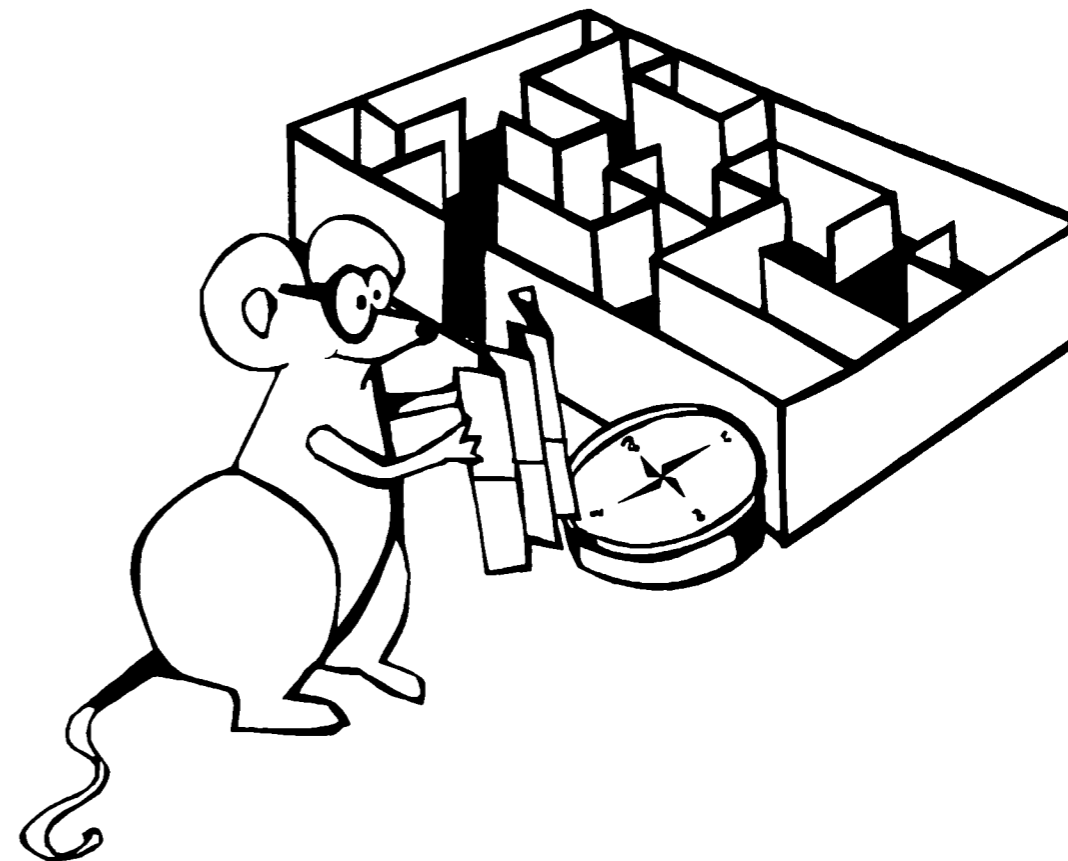
1. Active member of Mid-East Region of WOCN.
2. Primary investigator on a study.
3. Currently engaged in the study for which funding is requested or planning to implement the study within one year of funding.

**Funding:**

1. \$200 per applicant per available funds.
2. Funding may be requested for photocopying, consultation, postage, computer supplies, etc.
3. Applications will be competitively reviewed by 3 members of the Research Committee.

**Submit 5 copies of the entire application to Research Committee Chair.**

**Deadline:** September 1



**APPLICATION FORM FOR RESEARCH FUNDS**

Name: \_\_\_\_\_

Present Address: \_\_\_\_\_

Telephone: Number: \_\_\_\_\_

Educational Background:

Institution & Location	Inclusive Dates of Attendance	Diploma, Degree	Major
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Experience Record (last two positions):

Title of Position	Employer Name & Address	Inclusive Dates
_____	_____	_____
_____	_____	_____

Starting Date of Research Project: \_\_\_\_\_ Completion Date of Project: \_\_\_\_\_

Title of Research Project: \_\_\_\_\_

Date of Approval from Human Subjects Committee: \_\_\_\_\_

*(If neither exempt nor yet approved, please add a separate page discussing potential risks and benefits associated with the research and proposed safeguards.)*

Discuss how the funding will be spent.

In no more than two typed pages, describe the purpose, background and methodology of the study.

**RESEARCH GRANT AGREEMENT**

If my request is approved by the Mid-East Region Research Committee, I agree:

1. To use the money as described in the application and return any unused funds to the Treasurer.
2. When the study is completed, submit receipt(s) for the money spent and an abstract of the study to the chairperson of the Research Committee.
3. When the research is published or presented, appropriate recognition of funding source (Mid-East Region, WOCNS) will be given.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Title of Project: \_\_\_\_\_

Project Beginning Date: \_\_\_\_\_ Project Completion Date: \_\_\_\_\_

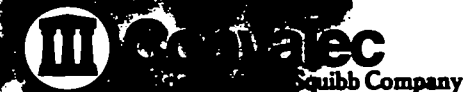
# NEW SENSI-CARE™ Moisture Bath

## Optimize skin protection with the New Triple-Action Bed Bath

- CLEANS** • Rinse-free cleanser that removes debris without irritating skin
- MOISTURIZE** • Natural botanical oils moisturize and condition the skin
- PROTECT** • The no-rinse bath that contains a skin protectant



8 individually moistened towelettes in each package



**Convalec**  
Squibb Company  
Your single source for quality care



**MidEast Region ET Nurse of the Year**

The MidEast Region provides a mechanism for recognizing outstanding WOC (ET) Nurses within the region. Why not nominate an ET Nurse friend/colleague for the MER ET Nurse of the Year?

Nominations should be sent to: **Allyn Davies**  
9 Merrymeeting Lane  
Lloyd Harbor, NY 11743

Nomination deadline is September 1, 2000. The award will be presented at the MidEast Regional Conference in Indianapolis in October.

**Prerequisites:**

Nominee must be a member of the MidEast Region of WOCN for a minimum of 2 years.

Nominee must attend at least one WOCN meeting per year (MER or National Conference).

Nominee must be board certified in ET(WOC) Nursing.

Briefly describe the nominee's qualifications for the award and provide examples based on the following criteria (nominee must meet 80% of criteria):

1. Demonstrates excellence in the full scope of ET(WOC) Nursing.
2. Devotes at least 50% of professional practice to providing direct care to patients with dermal ulcers, stomas, wounds, and incontinence.
3. Shares knowledge by providing professional and community education via one on one education, seminars and symposiums.
4. Promotes the specialty of ET Nursing by actively participating in professional, political, and/or community organizations.
5. Actively promotes the growth and development of ET Nursing by providing peer support, preceptoring, and recruitment.

**Outstanding ET Nurse Award Application**

*Attach description of qualifications on separate page, please.*

**Nominee:**

Name \_\_\_\_\_  
Address \_\_\_\_\_  
\_\_\_\_\_  
Agency \_\_\_\_\_  
Position \_\_\_\_\_

**Submitted By:**

Name \_\_\_\_\_  
Address \_\_\_\_\_  
\_\_\_\_\_  
Agency \_\_\_\_\_  
Position \_\_\_\_\_  
Day Phone \_\_\_\_\_  
Evening Phone \_\_\_\_\_

**Mid-East Region Nurse Researcher Award**

The Mid-East Region WOCNS Nurse Researcher Award will honor an individual or group who has completed a nursing research study that has focused on wound, ostomy or continence care and disseminated the results through presentation or publication.

**Criteria:**

- ◆ The individual or group has completed a nursing research study which has followed appropriate research methods and protection of human rights.
- ◆ The research adds to the body of nursing knowledge in regards to ostomy, wound or continence care.
- ◆ The findings of the research have been published, submitted for publication, or presented at professional meetings.
- ◆ The study may have been a funded or unfunded project.
- ◆ Investigators doing manufacturer directed and subsidized R&D studies are excluded.

**Eligibility Requirements**

- ◆ Active member of the Mid-East Region of WOCNS
- ◆ Primary investigator on the study
- ◆ Investigators doing manufacturer directed and subsidized R&D studies are excluded.

Submit five (5) copies of the entire application to:  
The Research Committee Chair.

**Deadline:** September 1

**MID-EAST REGION WOCNS NURSE RESEARCH AWARD APPLICATION**

Nominee Name \_\_\_\_\_  
Professional Title \_\_\_\_\_  
Employment Address \_\_\_\_\_  
City, State, Zip \_\_\_\_\_  
Home Address \_\_\_\_\_  
City, State, Zip \_\_\_\_\_  
Phone (work)(home) \_\_\_\_\_  
Active Member Mid-East?  Yes  No  
Title of Research: \_\_\_\_\_  
Provide Brief Description of Study (No longer than 2 double-spaced pages)  
(State purpose, protocols, results and discussion)  
Submission for Publication (List journal & date) \_\_\_\_\_  
Presentation at professional meeting (please list) \_\_\_\_\_  
Provide one Letter of Support

## Committee Reports, Continued

### HISTORIAN

Our Mid East Regional meeting at National WOCN Conference is always a memorable event. We like to have pictures to add to the archives and need someone to be photographer at the Toronto meeting in June. We will provide film and developing. Please call Terri Ross before conference. Or, if you'd like to contact me when you arrive in Toronto, I'll be staying at the Crowne Plaza Hotel.

Historical items from the Mid East Region will be on display during the regional conference in Indianapolis in October. If you have items you'd be willing to share during the conference, contact me or Jody Griswold (see ET Tree info later in the newsletter).

[www.merwocn.org](http://www.merwocn.org) will soon include a history page. It will include a founders list as well as the history of our region's "birth". Past Presidents' names will appear, as well. Memories of Norma Gill, her achievements, and the history of the Cleveland Clinic School of Enterostomal Therapy will also be located on the website. If you have memories of the Mid East Region you would like included on the history page, contact:

Terri Ross  
12153 Village Woods Drive  
Cincinnati, OH 45241  
rossta@healthall.com

**Terri Ross**

### LAUGHTER IS THE BEST MEDICINE

Before listening to the little ones' chests, a nurse on the pediatric ward would plug the stethoscope into the children's ears to let them listen to their own hearts.

The children's eyes would always light up with awe. But she never got a response to equal four-year-old David's. Gently he tucked the stethoscope into his ears and placed the disk over his heart.

"Listen," the nurse said, "What do you suppose that is?" David drew his eyebrows together in a puzzled line and looked up as if lost in the mystery of the strange tap-tap-tapping deep in his chest.

Then, his face broke out in a wondrous grin. He asked, "Is that Jesus knocking?"



Two elderly women were eating breakfast in a restaurant one morning. Ethel noticed something unusual about Mabel's ear. She said, "Mabel, did you know you have a suppository in your left ear?"

"I have? A suppository?" Mabel pulled it out and stared at it.

"Ethel," she said, "I'm glad you saw this thing. Now I think I know where my hearing aid is."

## Committee Reports, Continued

### SUNSHINE/MEMBERSHIP

The Sunshine Chair would LOVE to get information about members of the region. Let me know about members with something to celebrate (new job, obtaining a degree, any milestone in their career or life) and about members who might need encouragement. It's always nice to know someone has you in their thoughts!

A copy of the Mid-Eas Dropper is being sent to each school of WOC/ET Nursing so potential members are aware of the Mid East Region. If you know of a new WOC/ET grad, or a member of another region who has moved into our region, please notify me (see inside front cover for addresses & phone numbers) so I may contact them personally and invite them to join the Mid East Region.

**Sharlene Kennedy**

### EXCELLENCE IN WRITING

No Report

### FUNDRAISING

No Report

### BYLAWS

No Report

### PUBLICATIONS

A (belated) heartfelt thanks to previous Mid-Eas Dropper editor, Patti Lilley, for her Contribution to the MER via publication of our newsletter through last December. She left big shoes for me to fill.

Notice the blank page in the last issue? News comes from the members of the region and I need to hear from you! Submission deadline for the next issue of the Mid-Eas Dropper is **August 15**. Submit neatly handwritten or typed items to me at my home address or email your items to me (see inside front cover for addresses).

Rita Pochard from Cincinnati, OH has accepted newsletter editing responsibilities effective January, 2001. Rita, thanks for sharing your talents with the members of the Mid East Region.

**Mary Andrychuk**

### ET NURSE OF THE YEAR

The Mid East Region is composed of many talented, multidimensional WOC/ET Nurses. We have a mechanism for honoring one of them annually via the ET Nurse of the Year Award.

The nomination form for ET Nurse of the Year is on the next page. Please take a few moments to recognize one of your exemplary WOC/ET Nurse peers by nominating them for this award.

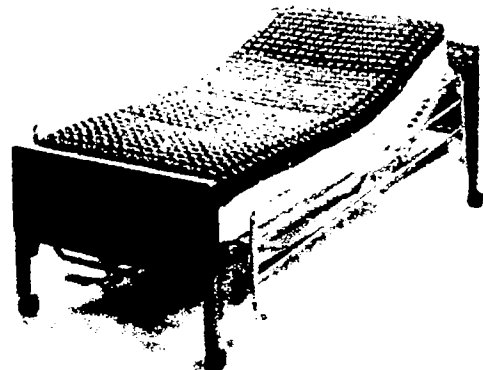
Nomination deadline is September 1st. The award will be presented at the regional conference in October.

**Allyn Davies**

**Mid East Regional Conference October 5-7 Indianapolis, IN**

# LOOKS CAN BE DECEIVING.

That certainly rings true for the ROHO® DRY FLOATATION® Mattress System. Simplicity of design and function would seem to imply limited therapeutic application. However, patients and clinicians alike are discovering the true range of capabilities of the ROHO Mattress.



The features of the ROHO Mattress provide performance and efficiency that are unequalled in the industry. **NON-POWERED. ADJUSTABLE. ZONED. LIGHTWEIGHT. NO WEIGHT LIMIT.** Plus, ROHO DRY FLOATATION technology encompasses a full range of cushions, mattresses and accessories, giving your patient total continuity of care with the same technology from a single source.

Request the ROHO. **There's definitely more to this Mattress than meets the eye.**



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800-727-6712  
Fax 800-700-6701

## Committee Reports, Continued

### SCHOLARSHIP

The scholarship committee is actively reviewing the applications received for the Advanced Practice Scholarship. We will present the FIRST EVER Mid East Regional Advanced Practice Scholarship on June 4 at the regional meeting in Toronto. I invite all MER members (and potential members) who are attending WOCN Conference to come to the MER meeting to congratulate the recipient.

Deadline for the October scholarship award is June 1, 2000. Information needed in addition to the application on the next page include:

-Copy of acceptance *and* evidence of current enrollment in a graduate program

-Evidence of completion of ETNEP program

-Copy of current certification from WOCNCB

-Proof of MidEast Region WOCN membership for one (1) year prior to application

Four (4) identical stapled copies are to be submitted by June 1 (for consideration for October award) to:

*Advance Practice Scholarship  
c/o Carolyn Smith  
3917 S. Houck  
Marion, IN 46953*

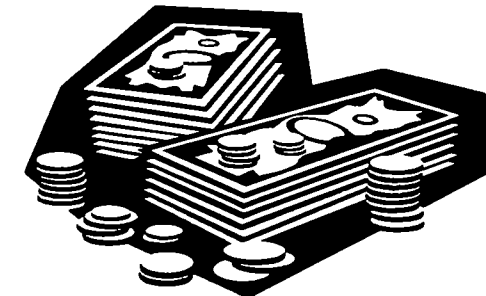
*Carolyn Smith*

### TREASURER

The individual elected as Treasurer in October has declined the position. Therefore, at the request of the Board, I will continue to serve as Treasurer until the next election.

I encourage individuals with financial skills and computer literacy to consider running for Treasurer. I would be happy to discuss the responsibilities of the office with you. My phone numbers can be found inside the front cover of this newsletter.

*Sharlene Kennedy*



### NOMINATIONS

Several positions on the Mid East Region Board are up for election this fall. These include Trustee #2, Trustee #4, Treasurer, Secretary, and President-Elect. As nominations chair, I am recruiting qualified candidates.

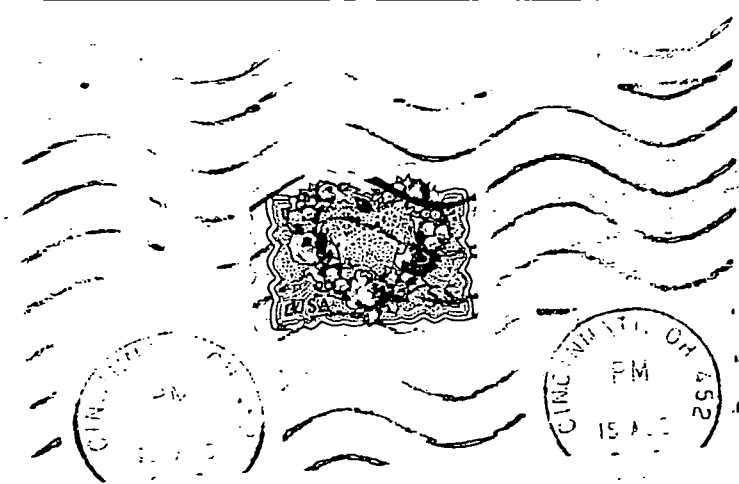
If you are interested in "throwing your hat into the ring" or are interested in nominating a peer, please contact me (see inside front cover for my phone numbers or address) for additional information. The nomination form is inside the back cover of this issue of the Mid-Eas Dropper. It may be mailed to me or given to me in Toronto. I look forward to hearing from YOU!!

*Sandy Duda*



Wound Ostomy and Continence Nurses Society

MID-EAS DROPPER  
Rita Pochard, BSN, RN, CWOCN  
30 Dusk Court  
Fairfield, OH 45014



Margaret A. Valmassoi RN CETN  
6256 Vista Ridge Lane  
Cincinnati, OH 45227

**Please detach and mail the form below.  
Updated information is appreciated!**

**Name, Address or Employment Change?**  
Please check the appropriate box . . .

Date: \_\_\_\_\_

Name: \_\_\_\_\_  
(First Name, Last Name, Previous Name)

Home Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_

Phone (home): \_\_\_\_\_

Work Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_

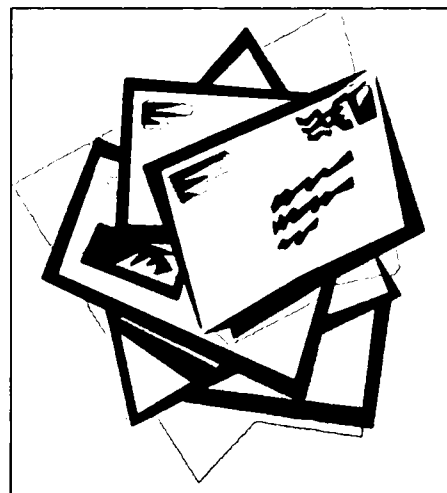
Phone (work): \_\_\_\_\_

Professional Status: \_\_\_\_\_

Do you wish change published in the MID-EAS DROPPER?  Yes  No

Your Signature: \_\_\_\_\_

Mail to:  
Rita Pochard  
30 Dusk Court  
Fairfield, OH 45014



*A Publication Serving the Mid-East Enterostomal Therapy Nursing Profession*

# MID-EAS DROPPER

*Indiana, Kentucky, Michigan, Ohio, West Virginia*

**August/September 2000**



## A Message From Our President . . .

“It’s summertime and the living is easy. Fish are jumping and the grass is so green.” How the words from an old song bring to mind an easier, slower paced time. By the time you read this, it will be Fall, children in school and a lot of ET/WOC nurses back in school also. We will be back “in the groove” of things, vacations just a memory and many of us will be planning for the Mid-East Region meeting and conference in Indianapolis in October. Don’t forget to make arrangements and reservations. It looks like an excellent agenda and a good time to network with colleagues and friends.

Speaking of memories, my term as President will be over and Allyn Davies as President-elect will assume the position of President after the Fall conference. She will do an excellent job. Even living in New York, she has been one of the most active and responsible officers. We have worked together and I’m sure there will be a smooth transition. Also, I’m not really leaving. This will be the first time in 15 years since I’ve become an ET nurse that I haven’t had a position or chair, so I plan to stay active and be there to help. I would like to thank everyone who has helped with the work and the fun the last years. We have a very successful and productive region and I know it will continue as such. The opportunities for leadership and growth this region provides members is immeasurable. I often think that if I ever have car trouble while traveling in our five state region, I will have a friend in any city I can call. Besides having so many friendships, who else will listen to our wound care/ostomy stories?

In conclusion, this is the last President’s message deadline to meet. Thank you, Mid-East Region. I’ll see everyone in Indianapolis!

*Judy Werner*

**PRESIDENT**  
 Judy Werner  
 St. Luke's Hospital 700 Cooper Ave.  
 Saginaw, MI 48602  
 W: (517) 771-6002 H: (517) 686-5767  
 Fax: (517) 771-6503 Email: jwerner@CHS-MI.com

<p><b>PRESIDENT-ELECT</b>          Allyn Davies          9 Merrymeeting Lane          Lloyd Harbor, NY 11743          H: (516) 692-5901          Email: Allynd1@aol.com</p>	<p><b>SECRETARY</b>          Betty Winn          6384 Engle Road          Brookpark, OH 44142          W: (216) 931-1355          H: (216) 267-8215          Fax: (216) 694-6343          Email: Betwin5351@aol.com</p>	<p><b>TREASURER</b>          Cecilia A. Krusling          4907 Savage Road          Lynchburg, OH 45142          W: (937) 382-9380          H: (513) 875-3170          Email: jkruslin@cinc.tds.net</p>	<p><b>TRUSTEES (4)</b>          See Below</p>
<p><b>TRUSTEE #1</b>          Rebecca Roberts          University Hospitals of Cleveland          11100 Euclid Ave.          Cleveland, OH 44106          W: (216) 844-2902          Email: BeckyRNET@aol.com</p> <p><b>COMMITTEES</b></p> <p><b>Standards</b>          Vacant</p> <p><b>Web Page</b>          Mary Beth Herbeck          33 Chatham Road          Columbus, OH 43214          (614) 260-9603          Fax: (614) 291-1131          Email: pherbeck@aol.com</p> <p><b>Research</b>          Pat Gallagher          1109 Memrose Drive          Westlake, OH 44145          H: (440) 356-0759          W: (216) 931-1355          Fax: (216) 694-6343</p> <p><b>Government Affairs</b>          Glenna Altizer          6688 Mud River Road          Barboursville, WV 25504          W: (304) 526-2285          H: (304) 733-0766          Fax: (304) 526-2317          Email: galtizer@chhi.org</p>	<p><b>TRUSTEE #2</b>          Mary Arnold Andrychuk          10701 Firelight Court          Noblesville, IN 46060          H: (317) 773-7532          W: (317) 841-5650          Email: maryandrychuk@home.com</p> <p><b>COMMITTEES</b></p> <p><b>Publication (Newsletter)</b>          Mary Arnold Andrychuk          10701 Firelight Court          Noblesville, IN 46060          H: (317) 773-7532          W: (317) 355-5388          Email: maryandrychuk@home.com</p> <p><b>E.T. Nurse of the Year</b>          Allyn Davies          9 Merrymeeting Ln.          Lloyd Harbor, NY 11743          H: (516) 692-5901          Email: Allynd1@aol.com</p> <p><b>Fundraising</b>          Joan Sewickley          84 Red Dog Lane          Lake Milton, OH 44429          W: (800) 289-1261 x4459          H: (330) 654-5362          Fax: (330) 654-3426          Email: ljs@neosplice.com</p> <p><b>PR/Sunshine/Membership</b>          Sharlene Kennedy          7371 N. Gale Road          Otisville, MI 48463          W: (810) 257-9526          H: (810) 653-7600          Fax: (810) 257-9471          Email: skenned1@hurleymc.com</p>	<p><b>TRUSTEE #3</b>          Carolyn Smith          3917 S. Houck          Marion, IN 46953          W: (765) 662-4658          H: (765) 674-5761          Email: Carolyn@comteck.com</p> <p><b>COMMITTEES</b></p> <p><b>Conference Planning 2000</b>          Carolyn Smith          3917 S. Houck          Marion, IN 46953          W: (765) 662-4658          H: (765) 674-5761          Email: Carolyn@comteck.com</p> <p><b>Scholarship</b>          Carolyn Smith          3917 S. Houck          Marion, IN 46953          W: (317) 662-4658          H: (317) 674-5761</p> <p><b>Excellence in Writing</b>          Sarah Davis          Cleveland Clinic KK54          9500 Euclid Ave.          Cleveland, OH 44195          W: (216) 444-6677          Fax: (216) 445-6343          Toll free (800) 223-2273 x46677          Email: daviss2@ccf.org</p>	<p><b>TRUSTEE #4</b>          Terri Ross          The Christ Hospital          2139 Auburn Avenue          Cincinnati, OH 45219          W: (513) 369-8871          H: (513) 769-4090          Email: rossta@healthall.com</p> <p><b>COMMITTEES</b></p> <p><b>Operations Manual</b>          Allyn Davies          9 Merrymeeting Lane          Lloyd Harbor, NY 11743          H: (516) 692-5901          Email: Allynd1@aol.com</p> <p><b>Bylaws</b>          Glenna Altizer          6688 Mud River Road          Barboursville, WV 25504          W: (304) 526-2285          H: (304) 733-0766          Fax: (304) 526-2317          Email: galtizer@chhi.org</p> <p><b>Nominations</b>          Sandy Duda          1448 Cedarwood Drive #C2          Westlake, OH 44145          W: (216) 931-1355          H: (440) 808-8429          Fax: (216) 694-6343</p> <p><b>Historian</b>          Joy Pittman          411 W. Tipton St. PO Box 2349          Seymour, IN 47274          W: (812) 522-0535          H: (812) 346-2710          Fax: (812) 522-0779          Email: japittman@seidata.com</p>

**Parliamentarian**  
 Glenna Altizer  
 6688 Mud River Road  
 Barboursville, WV 25504  
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 H: (304) 733-0766  
 Fax: (304) 526-2317  
 Email: galtizer@chhi.org

**Past President**  
 Sharon Ballard-Krishnan  
 1550 Brandywine  
 Bloomfield Hills, MI 48304  
 H/W (248) 852-2891  
 Fax: (248) 299-3691  
 Email: shankrish@aol.com

**Trustee #3 Carolyn Smith**

2 free registrations for conference in Indiana will be door prizes at this meeting. Drawing held, winners of free registration are Sandra L. Bruns of Ohio and Dorothy M. Benz, also of Ohio. Runner up Indianapolis memorabilia winner was Jo Allen. Indianapolis conference is Oct 5,6,7 2000. 2001 – Kentucky. 2002-Grand Rapids, Michigan. Scholarship recipient (\$500) Connie Schassberger. No one applies for October scholarship. Send in for consideration in June 2001. Thank you letter from Connie Schassberger read. Excellence in writing, Sarah Davis unable to attend. Total of \$400 is available for 2 \$200 awards. Send articles to Sarah Davis for consideration.

**Trustee #4 Terri Ross**

OPS Manual – J. Werner/A. Davies updated manual on disk for last year. Bylaws published in the next MER Dropper, will vote on these changes with the next selection. S. Duda is seeking nominations for President Elect, Secretary, and Trustees 2 & 4, 2 year terms. August 8 is the deadline for nominations. Historian – P. Valmassoi passed on old newsletters and is working on website. Jody Griswold and Joy Pittman are working on an ET tree.

**Unfinished Business:** Indemnity issue is still unresolved, the regions were hoping national was going to enter regions and affiliates. This has not happened. Norma Gill scholarship and meeting sponsor committee has nothing to report at this meeting.

**Past President Comments:** Sherri Ballard Krishnan reviewed MER Vision-Look for 2000. Marketing, Electronic Technology, Recruitment and Retention Strategies, Leadership, Outcome Optimization, Ownership, Keep our Business on Track.

Guest Kelly Jaszarowski, National Treasurer, plaque of appreciation from WOCN. MER Member questions to Kelly:

Why is it so hard to get certified? Discussion followed. Kelly's response: Certification Board is separate, there is a WOCN Board Liaison to the Certification Board. The certification exam is to be testing entry level the board is addressing this. PGP is focusing on deleting out advanced practice for questions re: PGP contact Betty Jackson the Certification Board Chair.

Why was PPI changed to the Fall when regions hold their meeting? Feedback from regions was to hold PPI when new officers from regions could attend. Kelly encouraged members to run for National Board.

What is compensation for meetings? At national level, much board work is done by Email and Teleconferencing. Region Committee Chairs are reimbursed ½ of room rate for meeting day and mileage or airfare.

Motion to adjourn by Barbara Metzger, seconded by Joan Sewickley. Adjourned at 9:20 p.m.

Respectfully submitted by Betty Winn, Secretary

**MER Membership Meeting  
6/4/2000  
Toronto, Canada**

Meeting called to order by President, Judy Werner 7:50 p.m.

Welcome to new attendees (8). Introduction of members.

Quorum determination G. Altizer. 112 registered members at conference. This is greater than 56 attendees so quorum is present. Voting guidelines given. If an issue is debated 2 minutes per person with a total of 10 minutes debating guidelines.

Changes to agenda: research – P. Gallagher, web page-M.B. Herbeck, add recertification under new business 10. Vote on agenda since changes were made. B. Roberts motion move to accept agenda as changed. A. Davies seconded. All agreed.

Secretary's Report- B. Winn: MER 10/16/99 minutes in MER Dropper March 2000. P. Gallagher to accept minutes. B. Gudde seconded. All approved.

Treasurer's Report- S. Kennedy: S. Kennedy has agreed to stay on after treasurer elect was unable to take the position. Acting treasurer S. Kennedy gave report. Plaque from Ostomy World Wide Project Share presented to MER.

President Elect Report-A. Davies: Thanks to secretary for the meal and for sending postcards to remind members to attend meeting.

Trustee and Committee Reports: **Trustee #1 Becky Roberts**

Research: P. Gallagher – 1 applicant for Kershbaum award. A copy of the application is in the MER Dropper.

G. Altizer web site for GAC. Email address requested. RN buttons passed out. Important to find out about candidates in office and vote in upcoming elections. Let Glenna know of issues of interest for posting on website.

**Trustee #2 Mary Arnold Andrychuk**

Publications: If not receiving newsletter you need to notify M. Arnold Andrychuk. Rita Pochard agreed to be newsletter editor for MER Dropper.

ET Nurse of Year: A. Davies-ET Nurse of Year will be awarded in Indiana. Requirements are 2 years minimum experience as an ET nurse, and attend 1 meeting per year. Request nominations at this meeting.

PR/Sunshine: S. Kennedy – needs news from everyone. Will send cards to those that need cheering or congratulations.

Fundraising: J. Sewickley – Booth will be set up selling jewelry, sweatshirts, sweaters, raffle for prizes. Volunteers are needed for selling at the booth.

**News From Around The Region**



**CHANGE  
OF  
ADDRESS**

Gloria J. Gasperak  
3511 Elizabeth Avenue  
Newbern, NC 28562  
(252) 633-3495

Kelly Jaszarowski  
5 Sarah Court  
Washington, IL 61571

Kay Bobbitt, RN, CETN  
7842 Nichols Lane  
Johnstown, OH 43031  
Work phone: (614) 278-3145 x242  
Home phone: (740) 967-2193

**NURSING LEADERSHIP  
AND  
SCHOLARSHIP**



Community Hospitals (Indianapolis) Foundation has awarded two Nursing Leadership Scholarships to Elizabeth (Libby) Porter and Keri Kraay, staff nurses within the hospital system. Libby and Keri will be using the scholarship funds to defray their expenses while enrolled in the Distance Learning WOCN Program from Emory University in Atlanta, GA. Mary Baker, BSN, RN, CWOCN and Peg Jones, RN, MPH, CWOCN (both Mid East Region WOCN members) will serve as preceptors. Congratulations to Libby, Keri, Mary and Peg.

Kudos to the Community Hospitals Indianapolis Foundation for supporting WOC nursing!

**TIDBITS from TORONTO**

The MidEast Region WOCN was well-represented during the 32nd Annual WOCN/19th Annual CAET Conference. 112 members of the MER were registered to attend the conference, and we had 70+ members at the regional meeting held Sunday night, June 4.

Session presenters during conference included: Janis Miller (Ann Arbor, MI), Crina Floruta (Cleveland, OH), Lena McCubbin (Columbus, IN), Barbara Pieper (Detroit, MI) & Mary Andrychuk (Indianapolis, IN/Cincinnati, OH).

Poster presenters included: Brenda Stenger, Crina Floruta, Paula Erwin-Toth, Sarah Davis, Judith Landis-Erdman, Bridget O'Brien, Barbara Hocevar & Patricia Barrett (Cleveland, OH), Debbie Moore (Lewis Center, OH), Diane Morgan (Battle Creek, MI), Lisa Hobbs, Christy Duncan & Michelle Kieninger (Indianapolis, IN), Barbara Pieper & Ellen DiNardo (Detroit, MI), Patricia Hoover (Toledo, OH).

Several MER members also served as room monitors throughout the conference. Providing this service were:

Carolyn Smith of Marion, IN  
Joy Pittman of Seymour, IN  
Kay Bobbitt of Johnstown, OH  
Mary Baker of Indianapolis, IN  
Lisa Kirk of Indianapolis, IN

(If your name wasn't listed and you were a session presenter, a poster presenter, or a room monitor please notify the editor so you may be recognized in the next newsletter).

The MER fundraising booth was open for nine hours in the exhibit hall. Thanks to the many MER members who donated an hour (or more) of their time to assist Tucker in the booth. The ET Nurse cardigans were a hit with US and Canadian ETs!

The MER has a real opportunity to shine in 2003 when the WOCN Annual Conference comes to Cincinnati, OH! You've got plenty of time to be planning how you can participate, so mark your calendars now!!!

**The Magic of  
ET Nursing**

**Mid-East Region  
Conference 2000**

**October 5-7, 2000**

University Place Conference Center & Hotel  
859 West Michigan Street  
Indianapolis, IN 46202-5198  
1-800-627-2700 or 1-327-269-9000

The campus of Indiana University-Purdue University  
Indianapolis is 12 minutes from Indianapolis  
International Airport on the edge of Downtown  
Indianapolis close to Circle Centre Mall, White River  
State Park, Monument Circle and many museums.

Conference Hotel Rate

099 single occupancy

0114 double occupancy

Reservation deadline for this rate is:  
September 1, 2000

Advance Conference Registration is Necessary  
Participants may register for one or both days.  
Note fee schedule on registration form.  
REGISTRATION DEADLINE IS SEPTEMBER 1, 2000  
Additional \$10.00 late fee after that date.

Contact University Place Hotel directly for room  
reservations.

Application for approval for 9.8 contact hours  
has been made. The Wound, Ostomy, Continence  
Nursing Society is accredited as an approver for  
continuing education in nursing by the ANCC  
Commission on Accreditation.



**Registration**

**Registration and Fees:** Advance Registration is necessary. Participants may register for one or both days. Please note the fee schedule listed below and check your choices. Return registration form and payment (check, please) to address below.

<u>FEE</u>	<u>Member</u>	<u>Nonmember</u>	<u>Circle Friday Breakout Choice</u>
Thursday, Friday, Saturday	\$100	\$110	AM: A B
Friday Only	\$85	\$95	PM: A B
Saturday Only	\$50	\$60	
Guest Fee for Friday Reception	\$35	\$35	(Fee is for guests of registered attendees)

TOTAL: \_\_\_\_\_ (include \$10.00 late fee after September 1, 2000)

Name/Title \_\_\_\_\_ Phone Number \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ Professional License Number \_\_\_\_\_

WOCN Membership Number \_\_\_\_\_ Non-Member \_\_\_\_\_

Site of Practice: Acute Care \_\_\_ Extended Care \_\_\_ Home Care \_\_\_ Other \_\_\_\_\_

Circle Events you will be attending: Thursday Exhibit Grand Opening Friday Reception Saturday Lunch/Business Meeting

Make checks payable to: WOCN Mid-East Region/Central Indiana Chapter

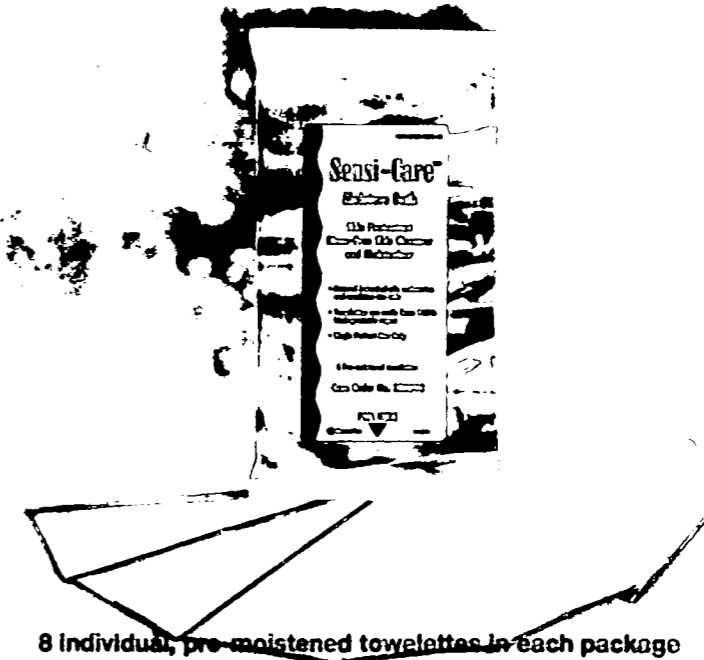
Mail checks to: Pam Houchens; 5315 W. Thompson Rd.; Indianapolis, IN 46221 Phone: (317) 929-8505

Written confirmation & map will be sent upon receipt of registration. Cancellation not subject to full refund.

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New Triple-Action Bed Bath**

- C L E A N S E** • Rinse-free cleanser that removes debris without irritating skin
- M O I S T U R I Z E** • Natural botanical oils moisturize and condition the skin
- P R O T E C T** • The no-rinse bath that contains a skin protectant



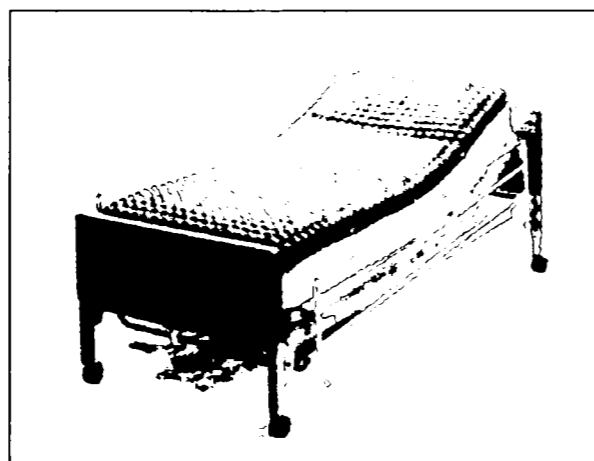
8 individual, pre-moistened towelettes in each package

**Convatec**  
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**Your single source for quality care**



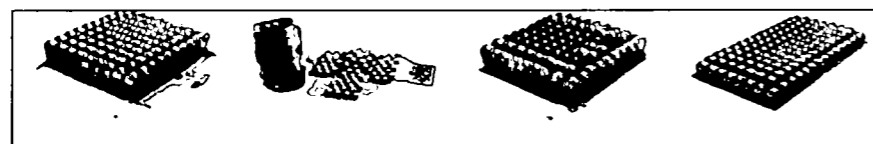
# LOOKS CAN BE DECEIVING.

That certainly rings true for the ROHO® DRY FLOATATION® Mattress System. Simplicity of design and function would seem to imply limited therapeutic application. However, patients and clinicians alike are discovering the true range of capabilities of the ROHO Mattress.



The features of the ROHO Mattress provide performance and efficiency that are unequalled in the industry. **NON-POWERED. ADJUSTABLE. ZONED. LIGHTWEIGHT. NO WEIGHT LIMIT.** Plus, ROHO DRY FLOATATION technology encompasses a full range of cushions, mattresses and accessories, giving your patient total continuity of care with the same technology from a single source.

Request the ROHO. There's definitely more to this Mattress than meets the eye.



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## Thursday, October 5

- 2:00—4:00 Mid-East Regional Board Meeting
- 3:00—6:00 Exhibitor Registration and Booth Set-up
- 4:30—9:00 Conference Registration
- 6:30—9:00 Exhibit Grand Opening

## Friday, October 6

**Session Description:** The WOCN MidEast Regional Conference is dedicated to inter-disciplinary education focusing on challenges in wound, ostomy, and continence patients with an emphasis on nursing interventions.

- 7:00—8:00 Registration/Continental Breakfast in Exhibit Hall (*Exhibit Hall Open*)
- 8:00—8:15 Welcome
- 8:15—9:30 Nutritional Issues in Fistula & Small Bowel Stoma Management: Patti Eisenberg
- 9:30—10:30 Break (*Exhibit Hall Open*)
- 10:30—11:45 Concurrent Sessions
  - A. Incontinence Management: Prudence Twigg
  - B. Modern Wound Care Interventions: Sue Dieter
- 11:30—1:00 Buffet Lunch in Ballroom (exhibitors dine 11:30—11:45)
- 11:45—1:15 *Exhibit Hall Open*
- 1:15—2:45 Pain Management in Wound Care: Julie Painter
- 2:45—3:00 Break (*Exhibit Hall Open*)
- 3:00—4:15 Concurrent Sessions
  - A. Consulting/Marketing Services: Sue Dieter
  - B. Positioning/Seating Devices: Julie Hanna-Stewart
- 4:15—4:30 Closing Comments/Evaluations
- 4:30—5:30 *Exhibit Hall Open*
- 6:00—11:00 "The Magic of ET Nursing" Reception (fee for guests of registered participants)

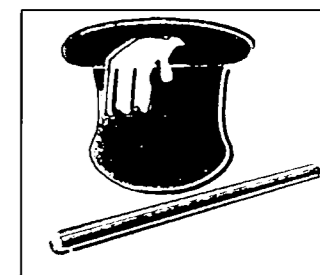
## Saturday, October 7

**Session Description:** This session is designed to address the ostomy patient with difficult, to seemingly impossible, pouching problems. Unique pouching ideas as well as peristomal hernia support solutions will be presented.

- 7:00—8:30 Registration/EHOB Waffle Breakfast
- 8:30—11:30 Complex Ostomy Management; Ostomy Support Belts: Gene Galindo (15 minute break midway through session)
- 11:30—11:45 Closing Comments/Evaluations
- 11:45—2:30 Lunch/Mid-East Region Business Meeting (members only)



The Exhibit Grand Opening Thursday is sponsored by Convatec, a Bristol-Meyers Squibb Company



"The Magic of ET Nursing" Reception Friday is co-sponsored by Hollister, Inc. and the Mid-East Region of WOCN



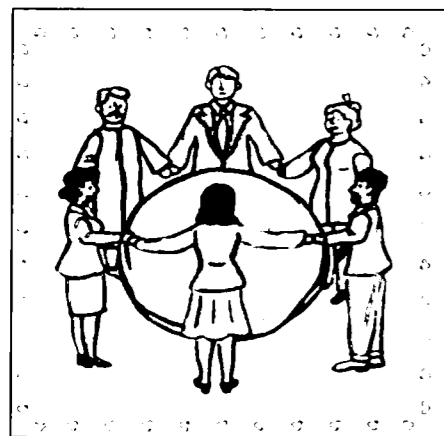
The Waffle Breakfast Saturday is sponsored by EHOB, Inc.

News From Around the Region, Continued

**World Council of Enterostomal Therapists**

July 2-6, 2000 the thirteenth biennial congress of the WCET was held in Singapore. 1100 people from 43 nations attended. The Mid East Region of WOCN was represented by Joan Van Niel (Amherst, OH), Sarah Davis (Cleveland Heights, OH) and Susan Stelton (South Bend, IN).

Joan and Sarah both presented during conference concurrent sessions. Sue was elected Recording Secretary for WCET. Way to go, ladies! Congratulations!



**Winners**

During the MER business meeting in Toronto, two registrations to MER conference 2000 in Indianapolis were awarded. The winners were Dorothy M. Benz, RN, CETN of Oxford, OH and Sandra Bruns, RN, BSN, CETN of Westerville, OH...a buckeye sweep!

An "Indiana Pride" gift was awarded as a door prize. The magician's hat containing an Indy 500 t-shirt and cap, Pacers flag and water bottle, and the movie "Hoosiers" was won by Jo Allen of Indianapolis, IN.

Congratulations to our winners!

See you in Indy October 5-7!

**Recent Graduates from Cleveland Clinic WOC/ETNEP**

Jill M. Hughes-Rajabian  
9469 Sizemore Drive  
Saline, MI 48176-8703  
(734) 429-0805

Andrea Lightfoot  
1022 Cameron Street  
Indianapolis, IN 46203  
(317) 788-2867

John Rasp  
6346 Saline Drive  
Waterford, MI 48329  
Email: JRRASP@OAKLAND.EDU

**Congratulations!**

For information about joining the MidEast Region WOCN, contact Sharlene Kennedy (see inside front cover for address & phone numbers)

**Local Events**

The GCET (Greater Cincinnati ET's) met at Montgomery Inn for their bi-monthly meeting, dinner, and a presentation on Medicare Reimbursement hosted by the local Convatec Representative. If you live or work in the Greater Cincinnati area and are interested in information about the GCET, contact Margie Dreffer (513-745-1214) or Trish Hoge(513-271-0097).

The ISCC (Indiana Skin Care Consortium) had their quarterly meeting July 13 in Indianapolis. The ISCC is an inter-disciplinary group of health care providers with a special interest in wound care. Lymphedema was the program topic for July. Although the October meeting has been cancelled due to the MER conference being in Indianapolis in October, the group will be meeting in January 2001. For information about ISCC, contact secretary Joy Pittman (812-522-0535).



New From Beyond the Region

**WOCNEP Update**

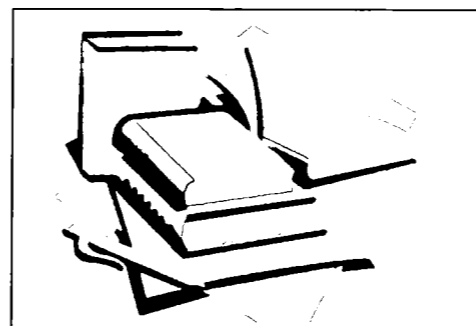
University of Texas M.D. Anderson Cancer Center Wound, Ostomy, Continence Nurse Education Program announces updates for 2000/2001.

Program Director:  
Beverly Hampton, RN, MSN, CS, OCN, CWOCN  
Program Coordinator:  
Coni Ellis, RN-CS, C, OCN, CWOCN

8 week traditional programs:  
September 11, 2000  
January 8, 2001  
March 19, 2001  
September 10, 2001

4 week on-site didactic/4 week off-site clinical programs:  
Same as 8 week programs PLUS  
July 9, 2001 (Houston, TX)  
Mobile 4 week off site didactic/ 4 week off site clinical programs:  
October 16, 2000 (Fort Worth, TX)

Contact: UT M.D. Anderson Cancer Center  
Attention: Shirley Wollems (Box 163)  
1515 Holcombe Blvd, Houston, TX 77030  
(713) 745-0219 or (713) 745-0216  
Fax: (713) 745-0025  
Email: swoolems@mdanderson.org



Mid East Regional Conference October 5-7 Indianapolis, IN

**UNDERSTANDING HEARTS**

A farmer had some puppies to sell. He painted a sign & was nailing it to a post at the edge of his yard. As he was driving in the last nail, he felt a tug at his overalls. He looked down into the eyes of a little boy.

"Mister," he said, "I want to buy one of your puppies."

"Well," said the farmer, "these puppies come from fine parents & cost a lot of money."

The boy dropped his head for a moment. Reaching deep into his pocket, he pulled out a handful of change. "I've got thirty-nine cents. Is that enough to take a look?"

"Sure," said the farmer, who let out a whistle. Out from the doghouse & down the ramp ran the mama dog and four little balls of fur. The little boy pressed his face against the fence, as his eyes danced with delight. As the dogs made their way to the fence, the little boy saw something else



stirring in the doghouse. Slowly, another ball of fur appeared. This one was smaller. It slid down the ramp and, in an awkward way, began hobbling toward the other dogs, doing its best to catch up...

"I want that one," the little boy said.

The farmer knelt at the little boy's side. "Son, you don't want that one. He'll never be able to run & play with you like the other dogs could."

The little boy stepped back from the fence, reached down & rolled up his trouser leg. He revealed a steel brace attaching itself to a specially made shoe. Looking at the farmer, he said, "Sir, I don't run too well myself. He will need someone who understands."

*The world is full of people who need someone who understands.*

**Mid-East Region Nurse Researcher Award**

The Mid-East Region WOCNS Nurse Researcher Award will honor an individual or group who has completed a nursing research study that has focused on wound, ostomy or continence care and disseminated the results through presentation or publication.

**Criteria:**

- ◆ The individual or group has completed a nursing research study which has followed appropriate research methods and protection of human rights.
- ◆ The research adds to the body of nursing knowledge in regards to ostomy, wound or continence care.
- ◆ The findings of the research have been published, submitted for publication, or presented at professional meetings.
- ◆ The study may have been a funded or unfunded project.
- ◆ Investigators doing manufacturer directed and subsidized R&D studies are excluded.

**Eligibility Requirements**

- ◆ Active member of the Mid-East Region of WOCNS
- ◆ Primary investigator on the study
- ◆ Investigators doing manufacturer directed and subsidized R&D studies are excluded.

Submit five (5) copies of the entire application to:  
The Research Committee Chair.

**Deadline:** September 1

**MID-EAST REGION WOCNS NURSE RESEARCH AWARD APPLICATION**

Nominee Name \_\_\_\_\_  
 Professional Title \_\_\_\_\_  
 Employment Address \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_  
 Home Address \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_  
 Phone (work)(home) \_\_\_\_\_  
 Active Member Mid-East ?  Yes  No  
 Title of Research: \_\_\_\_\_  
 Provide Brief Description of Study (No longer than 2 double-spaced pages)  
 (State purpose, protocols, results and discussion)  
 Submission for Publication (List journal & date) \_\_\_\_\_  
 Presentation at professional meeting (please list) \_\_\_\_\_  
 Provide one Letter of Support \_\_\_\_\_

**MidEast Region ET Nurse of the Year**

The MidEast Region provides a mechanism for recognizing outstanding WOC (ET) Nurses within the region. Why not nominate an ET Nurse friend/colleague for the MER ET Nurse of the Year?

Nominations should be sent to:     Allyn Davies  
   9 Merrymeeting Lane  
   Lloyd Harbor, NY 11743

Nomination deadline is September 1, 2000. The award will be presented at the MidEast Regional Conference in Indianapolis in October.

**Prerequisites:**

- Nominee must be a member of the MidEast Region of WOCN for a minimum of 2 years.
- Nominee must attend at least one WOCN meeting per year (MER or National Conference).
- Nominee must be board certified in ET(WOC) Nursing.

Briefly describe the nominee's qualifications for the award and provide examples based on the following criteria (nominee must meet 80% of criteria):

1. Demonstrates excellence in the full scope of ET(WOC) Nursing.
2. Devotes at least 50% of professional practice to providing direct care to patients with dermal ulcers, stomas, wounds, and incontinence.
3. Shares knowledge by providing professional and community education via one on one education, seminars and symposiums.
4. Promotes the specialty of ET Nursing by actively participating in professional, political, and/or community organizations.
5. Actively promotes the growth and development of ET Nursing by providing peer support, preceptoring, and recruitment.

**Outstanding ET Nurse Award Application**

*Attach description of qualifications on separate page, please.*

<b>Nominee:</b>	<b>Submitted By:</b>
Name _____	Name _____
Address _____	Address _____
Agency _____	Agency _____
Position _____	Position _____
	Day Phone _____
	Evening Phone _____

### Kerschbaum Research Award

**Purpose:** The purpose of this award is to encourage ET nurses and nurses specializing in wound, ostomy and continence care to contribute to advancement of nursing knowledge through research.

**Eligibility Requirements:**

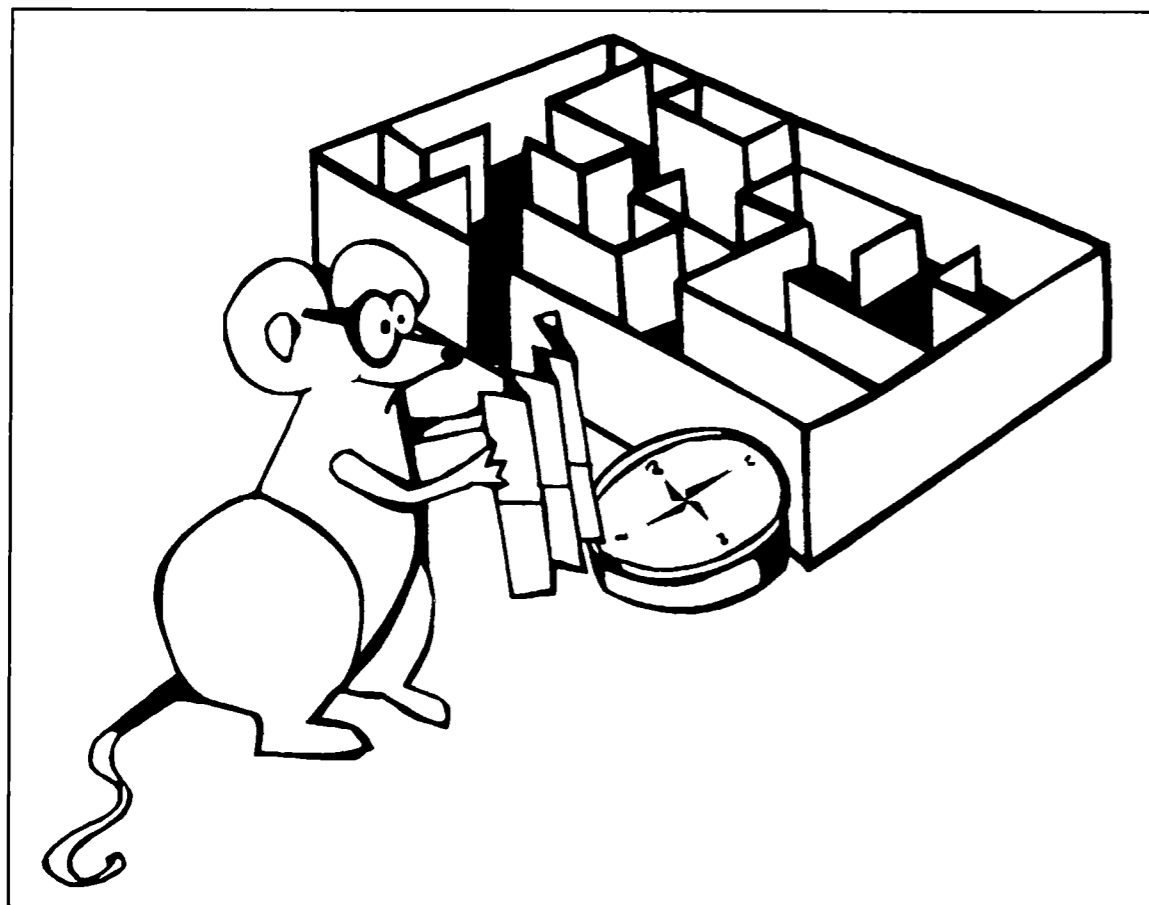
1. Active member of Mid-East Region of WOCN.
2. Primary investigator on a study.
3. Currently engaged in the study for which funding is requested or planning to implement the study within one year of funding.

**Funding:**

1. \$200 per applicant per available funds.
2. Funding may be requested for photocopying, consultation, postage, computer supplies, etc.
3. Applications will be competitively reviewed by 3 members of the Research Committee.

**Submit 5 copies of the entire application to Research Committee Chair.**

**Deadline:** September 1



## Committee Reports, Continued

### EXCELLENCE IN WRITING

**Hurry, hurry, hurry!** The submission deadline for Excellence in Writing is September 15, 2000. Published articles, chapters, and manuscripts are eligible for consideration. Send your entries to:

Sarah Davis, RN, CETN  
Cleveland Clinic  
9500 Euclid Avenue, NA 20  
Cleveland, OH 44195  
FAX (216) 445-6343  
Email: daviss2@ccf.org

The selected author may earn \$400 at the MER WOCN meeting on October 7, 2000. Entries received after September 15 will be considered in the year 2001.

*Sarah Davis*

### NOMINATIONS

Two new individuals will be running for Trustee positions.

Beth Gudde from Ohio is running for Trustee #4. Beth graduated from OSU School of Nursing and attained her ET certificate from R.B. Turnbull at Cleveland Clinic Foundation in 1987. She is a home care nurse and ET for Cleveland VNA. Beth has been married 35 years. She has a son and daughter. Beth has previously been involved in WOCN research and nominations committees.

Lisa Kirk from Indiana is running for Trustee #2. Lisa received an AND from Marian College and Bachelors degree from Indiana Wesleyan University. She received her ET Certificate from Emory University in 1996. Lisa works at St. Elizabeth Ann Seton, a long term acute care hospital. She has been the co-chair of the Indiana Skin Care Consortium and is the exhibitor co-chair for the 2000 MER regional conference.

KUDOS to Beth and Lisa for choosing to support the MER in this fashion. Your ballots will be in the mail soon!

*Sandy Duda*

### PUBLICATIONS

The Mid-Eas Dropper editor, effective following this publication, is Rita Pochard. Rita is my former partner from Cincinnati, so I know the newsletter will be in good hands.

Please forward any news you would like included in the newsletter to Rita prior to the publication deadlines of January 15, April 15, or August 15, 2001. Rita may be reached at (513) 389-5067.

We'd like to increase advertising in the newsletter next year. Share the invitation to advertise (facing page) with vendors who call on you.

The mailing labels used to distribute the "Dropper" come from WOCN National Office. The only way you will consistently receive a newsletter is if you are registered as a MER member in the National Office. This occurs with your annual WOCN renewal. If you have a question, please contact Maria Garces at WOCN National Office.

*Mary Andrychuk*

### ET NURSE OF THE YEAR

The Mid East Region WOCN is fortunate to have many outstanding, talented ET/WOC Nurses. Why not take a moment to recognize a peer you think is outstanding? Each October at regional meeting, an ET Nurse of the Year Award is presented. The nomination form is on the next page. If you need assistance with completion of the form or if you have questions, contact me at (631) 692-5901.

The nomination deadline is September 1. Please take the time to recognize a deserving colleague!

See you in Indianapolis in October!

*Allyn Davies*

### HISTORIAN

*Editor's Note: Joy Pittman has accepted the position as Mid East Region Historian. Thanks to Peg Valmassoi, outgoing Historian, for maintaining the minutes and archives of the region for so many years.. We look forward to what Joy has to share with us at the MER Conference!*

# BRAND NEW FROM KENDALL: ULTEC<sup>®</sup> PRO Alginate Hydrocolloid Dressing

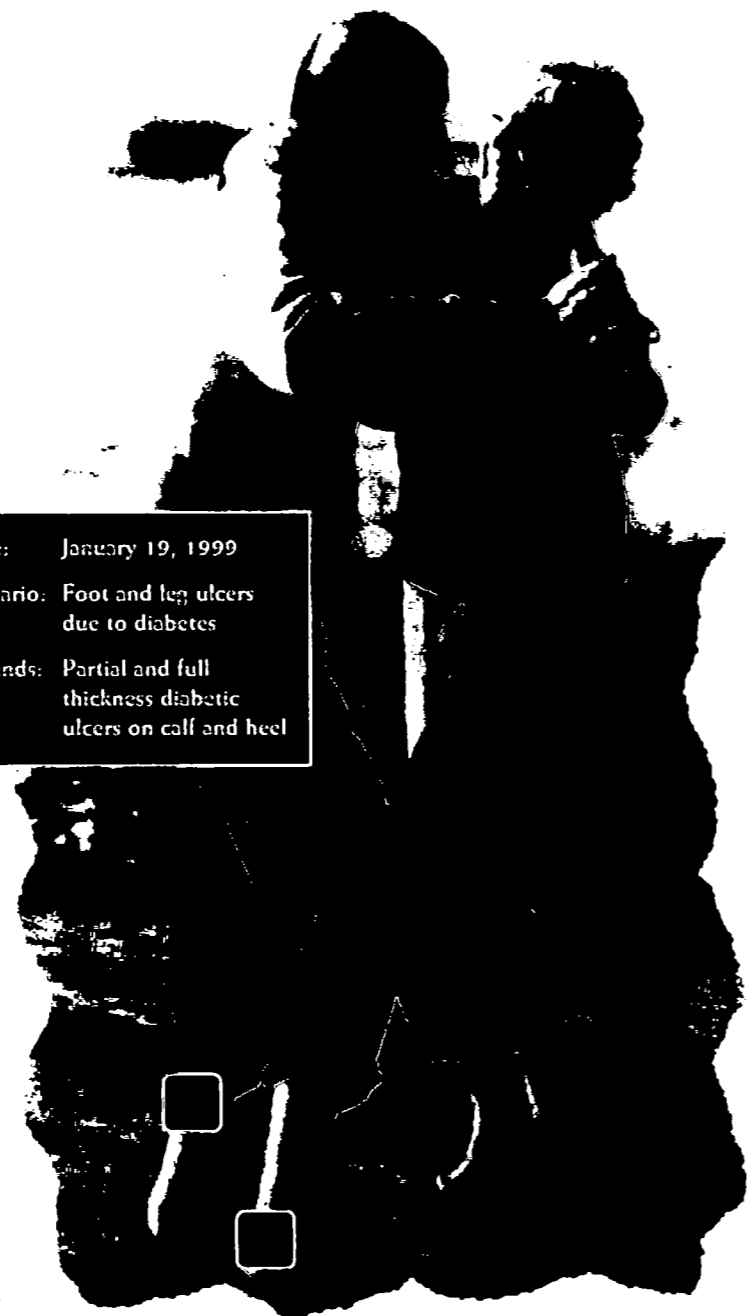
Where there's a wound,  
there's a way.<sup>™</sup>

After all these years Joe and Lillian are still happiest when they are enjoying each others company. And while painful diabetic ulcers had recently taken the spring out of his step successful treatment with Kendall's ULTEC<sup>®</sup> PRO Alginate Hydrocolloid Dressing means that now an impromptu fox trot is never out of the question.

When you're faced with the challenge of treating ulcers, make ULTEC<sup>®</sup> PRO Alginate Hydrocolloid Dressing your first choice. Designed to best manage the moisture, fluid and exudate produced by most pressure ulcers, ULTEC<sup>®</sup> PRO dressings feature an alginate composition that allows for improved absorbency in a thinner profile. And the slim construction also discourages edges from rolling up as the patient's position shifts, ensuring a more secure and comfortable fit.

ULTEC<sup>®</sup> PRO Alginate Hydrocolloid Dressing from Kendall. Where there's a wound, there's a way.

Date: January 19, 1999  
Scenario: Foot and leg ulcers due to diabetes  
Wounds: Partial and full thickness diabetic ulcers on calf and heel



## KENDALL

15 Hampshire Street, Mansfield, MA 02048 1-800-962-9888

A **tyco** INTERNATIONAL LTD. COMPANY

## Committee Reports

### TREASURER

At the MER Board meeting in Toronto, Cecilia Krusling was appointed to finish the uncompleted term of Treasurer. Cecilia was the runner-up in last October's election for the Treasurer position. The next election for Treasurer will be held in 2001.

Cecilia's address, phone numbers, and email address are located inside the front cover of the newsletter. Please support her as she accepts this new role. Congratulations, Cecilia.

Sharlene Kennedy has been maintaining "the books" until a new Treasurer could be appointed. Thanks for your dedication to the Mid East Region WOCN, Shar.



### WEBSITE

Since "going live" in October 1999, nearly 2000 visitors have browsed through MERWOCN.org. Continuing efforts are made to improve the website and to ensure current, accurate information. A goal for 2001 is an online version of the Mid-Eas Dropper.

MER leadership has requested a presentation by our consultants at the regional business meeting in October. Although our consultants are unable to do a presentation at this time, they think they can connect us to other technological resources to help us download reports and provide educational support. Information is still pending.

**Mary Beth Herbeck**

### BYLAWS

*Editor's Note: Glenna Altizer has accepted the position of Bylaws Chair. Congratulations, Glenna! Thanks to Martha Saulman, outgoing Bylaws Chair, for her work to support the Mid East Region.*

There are several bylaws revisions proposed by the MidEast Region Board. The current bylaw and each proposed revision can be found on the next page. Review the current bylaw and the proposed changes in anticipation of voting on the revisions.

The ballot for bylaws revisions will be mailed with the ballot for election of officers. The outcome will be announced at the MER Membership meeting in October.

**Glenna Altizer**

### SCHOLARSHIP

The first recipient of the MER Advanced Practice Scholarship was Debra J. Schassberger, RN, CWOCN from Michigan. Although she was unable to be in Toronto to receive her award in person, a check for \$500 was mailed to her. Congratulations, Debra.

The application form for the Advanced Practice Scholarship is in this edition of the newsletter. June 1 was the deadline for consideration for the October award. Applications deadline for June 2001 award is January 30, 2001. Mail four stapled copies of the following to Carolyn Smith (see inside front cover for address):

- \* Completed application
- \* Evidence of acceptance to & current enrollment in graduate program
- \* Evidence of ETNEP completion
- \* Current certificate of WOCNCB certification
- \* Proof of MER WOCN membership for one year prior to application

Although a typed application is preferred, a legible handwritten application is acceptable.

**Carolyn Smith**

**PROPOSED Mid East Region Bylaws Changes**

**Old Wording**

**Article IV Meetings Section IV Special Meetings:**  
Special meetings of the Region may be called in either of two ways.

**Article V Officers Section V Vacancy:**  
If an office shall become vacant, the Board of Trustees shall appoint an eligible person to fill such vacancy until a regular election for that office is held.

**Article V Officers Section X Treasurer's Duties:**  
At the expiration of the term of office, the Treasurer shall deliver over to their successor, all books, money and other property in their charge or, in the absence of a successor, the Treasurer shall deliver such properties to the President within sixty (60) days of completion of term of office.

**Article VI Board of Trustees Section II Trustee Structure:**  
1. Trustee #1 – Professional Practice is responsible for the activities of the following committees:  
a. Standards  
b. Research/Survey  
c. Ethics  
d. Government Affairs

**Article VI Board of Trustees Section IV Term:**  
Each Trustee shall be elected for a term of two (2) consecutive years. No person shall be elected for more than one (1) consecutive term.

**Article VII Committees Section I Appointment:**  
All committees, with the exception of the Nominations Committee, shall be appointed by the President.

**Article VII Committees Section IV Committees:**  
The Standing Committees shall be as follows:  
A. Budget & Finance  
B. By-Laws  
C. Continuing Education  
D. Government Affairs  
E. Nominations  
F. Public Relations  
G. Publications  
H. Research  
I. Membership

**New Wording**

**Article IV Meetings Section IV Special Meetings:**  
Special meetings of the Region may be called in either one of two ways.

**Article V Officers Section V Vacancy:**  
If an office shall become vacant, the Board of Trustees shall appoint an eligible person to fill such vacancy until a regular or special election for that office is held.

**Article V Officers Section X Treasurer's Duties:**  
At the expiration of the term of the Treasurer shall deliver over to their successor, all books, money and other property in their charge or, in the absence of a successor, the Treasurer shall deliver such properties to the President within ninety (90) of completion of term of office.

**Article VI Board of Trustees Section II Trustee Structure:**  
1. Trustee #1 – Professional Practice is responsible for the activities of the following committees:  
a. Research/Survey  
b. Ethics  
c. Government Affairs

**Article VI Board of Trustees Section IV Term:**  
Each Trustee shall be elected for a term of two (2) consecutive years. No person shall be elected for more than one (1) subsequent consecutive term.

**Article VII Committees Section I Appointment:**  
All committees, with the exception of the Nominations Committee, shall be appointed by the appropriate Trustee of that Committee and approved by the President.

**Article VII Committees Section IV Committees:**  
The Standing Committees shall be as follows:  
A. Budget & Finance  
B. By-Laws  
C. Government Affairs  
D. Nominations/Elections  
E. Public Relations/Membership/Sunshine  
F. Publications  
G. Research  
H. Fundraising  
I. Scholarship  
J. Web Master

**Rationale**

Grammatical

Allows membership to fill an office with a special election

Allows Treasurer more time to close out books

Standards changed from active committee to ad hoc committee

Clarification

Allow Trustees more autonomy with their committees.

New committee structure to reflect changes in active status.

**CAN YOU FIND YOUR COLLEAGUES?**



**OHIO**

**NEW YORK  
WEST VIRGINIA  
KENTUCKY**







**YOU**  
are invited to  
**ADVERTISE**  
in the  
**Mid-Eas Dropper**

The Mid-Eas Dropper is the official newsletter of the  
MidEast Region WOCN  
(Indiana, Kentucky, Michigan, Ohio, West Virginia)

Ad form (and ad) must be received by  
January 15, 2001  
for inclusion in the first Mid-Eas Dropper of 2001.

For business card ads, include a business card with  
order form.

For print/photo ads, include a black and white  
PRINT QUALITY prototype with order form.

Questions?  
Call Rita Pochard  
(513) 389-5067

**MID-EAS DROPPER NEWSLETTER AD FORM**

*(please enclose this form with your ad)*

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Company Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Telephone Number: \_\_\_\_\_

**Make checks payable to MidEast Region of WOCN**

Ads run for one year (three issues): Jan/Feb, May/June, Sept/Oct

Business Card Ad \$35.00  
1/4 Page Ad \$75.00  
1/2 Page Ad \$150.00  
Full Page Ad \$250.00

**MAIL TO:**

Rita Pochard  
11 S. Timber Hollow Dr. #1118  
Fairfield, OH 45014-7805

**APPLICATION FORM FOR RESEARCH FUNDS**

Name: \_\_\_\_\_  
Present Address: \_\_\_\_\_  
Telephone Number: \_\_\_\_\_  
Educational Background: \_\_\_\_\_

Institution & Location	Inclusive Dates of Attendance	Diploma, Degree	Major
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Experience Record (last two positions):

Title of Position	Employer Name & Address	Inclusive Dates
_____	_____	_____
_____	_____	_____

Starting Date of Research Project: \_\_\_\_\_ Completion Date of Project: \_\_\_\_\_

Title of Research Project: \_\_\_\_\_

Date of Approval from Human Subjects Committee: \_\_\_\_\_

*(If neither exempt nor yet approved, please add a separate page discussing potential risks and benefits associated with the research and proposed safeguards.)*

Discuss how the funding will be spent.

In no more than two typed pages, describe the purpose, background and methodology of the study.

**RESEARCH GRANT AGREEMENT**

If my request is approved by the Mid-East Region Research Committee, I agree:

- To use the money as described in the application and return any unused funds to the Treasurer.
- When the study is completed, submit receipt(s) for the money spent and an abstract of the study to the chairperson of the Research Committee.
- When the research is published or presented, appropriate recognition of funding source (Mid-East Region, WOCNS) will be given.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Title of Project: \_\_\_\_\_

Project Beginning Date: \_\_\_\_\_ Project Completion Date: \_\_\_\_\_