

Wound Ostomy and Continence Nurses Society

MID-EAS DROPPER  
Rita Pochard, BSN, RN, CWOCN  
30 Dusk Court  
Fairfield, OH 45014



Joyce A. Pittman, RN, CWOCN  
2220 West Lakeview Drive  
North Vernon, IN 47265

**Please detach and mail the form below.  
Updated information is appreciated!**

**Name, Address or Employment Change?**  
Please check the appropriate box . . .

Date: \_\_\_\_\_

Name: \_\_\_\_\_  
(First Name, Last Name, Previous Name)

Home Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_

Phone (home): \_\_\_\_\_

Work Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_

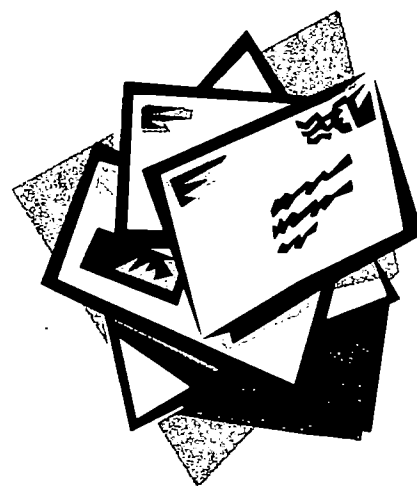
Phone (work): \_\_\_\_\_

Professional Status: \_\_\_\_\_

Do you wish change published in the MID-EAS DROPPER?  Yes  No

Your Signature: \_\_\_\_\_

Mail to:  
Rita Pochard  
30 Dusk Court  
Fairfield, OH 45014



*A Publication Serving the Mid-East Enterostomal Therapy Nursing Profession*

# MID-EAS DROPPER

*Indiana, Kentucky, Michigan, Ohio, West Virginia*

January/February 2001



## A Message From Our President . . .

Happy New Year! I hope everyone had a healthy happy holiday season. I'm sure we're all trying to get back to the organized chaos of our lives. When making your plans and resolutions, consider attending the National Conference scheduled for June 2-6 in Portland. The conference sessions are always stellar and our regional meeting will occur during the conference although the time has not yet been determined. Please come to learn, have fun, and network with your colleagues.

I would like to thank our outgoing Board for all their hard work and leadership. Judy Werner did a good job of leading us and I know she will still be around to lend a helping hand. I welcome our newly elected Board members, Marilyn Whitehead and Beth Gudde. We have a good Board for the year and we look forward to serving the members of the Mid-East Region. If any members have questions, concerns, or ideas, please contact me or any member of the Board. We want to hear from you. It is important that we hear from you. To improve our communication in the Mid-East Region, it is our goal to make better use of our Website. Shari Krishnan, our new Webmaster, has some good ideas on how we can better utilize the site. Be looking for more information from her. Thanks to Mary Beth Herbeck who was instrumental in initiating the Website.

The Mid-East Region joins the National Office in promoting membership renewals to the WOCN. The benefits received from being a member are invaluable. Organizations are only as strong as their members. The more members we have supporting the organization, the more effective that work will be. Please renew your WOCN membership for 2001.

A great big thank you to Carolyn Smith and her conference planning committee for a wonderful fall regional conference in Indianapolis. We all learned a lot. We all ate a lot! Had fun at the magic show. Many of us danced the night away. We actually were able to fit some business and networking in too! Thanks to Jodi Griswold for the ET Tree and to Joy Pittman for the fascinating historical archives table. Thanks Indiana for a great time!

Look forward to seeing you all in Portland.

*Allyn Davies*

**PRESIDENT**  
 Allyn Davies  
 9 Merrymeeting Lane  
 Lloyd Harbor, NY 11743  
 H: (516) 692-5901  
 Email: Allynd1@aol.com

|   |   |   |  |
|---|---|---|--|
| <p><b>PRESIDENT-ELECT</b><br/>         Terri Ross<br/>         12153 Village Woods Drive<br/>         Cincinnati, OH 45241<br/>         W: (513) 369-8871<br/>         H: (513) 769-4090<br/>         Email: rossta@healthall.com</p>                                   | <p><b>SECRETARY</b><br/>         Betty Winn<br/>         6384 Engle Road<br/>         Brookpark, OH 44142<br/>         W: (216) 931-1355<br/>         H: (216) 267-8215<br/>         Fax: (216) 694-6343<br/>         Email: Betwin5351@aol.com</p>   | <p><b>TREASURER</b><br/>         Cecilia A. Krusling<br/>         4907 Savage Road<br/>         Lynchburg, OH 45142<br/>         W: (937) 382-9380<br/>         H: (513) 875-3170<br/>         Email: jkruslin@cinc.tds.net</p>   | <p><b>TRUSTEES (4)</b><br/>         See Below</p>  |
| <p><b>TRUSTEE #1</b><br/>         Rebecca Roberts<br/>         University Hospitals of Cleveland<br/>         11100 Euclid Ave.<br/>         Cleveland, OH 44106<br/>         W: (216) 844-2902<br/>         Email: BeckyRNET@aol.com</p>                               | <p><b>TRUSTEE #2</b><br/>         Marilyn Whitehead<br/>         Kettering Medical Center<br/>         3535 Southern Blvd.<br/>         Kettering, OH 45429<br/>         W: (937) 298-4331 ext. 7519<br/>         H: (513) 897-4868<br/>         Fax: (937) 297-8007<br/>         Email: marilyn.whitehead@kmcnetwork.org</p> | <p><b>TRUSTEE #3</b><br/>         Carolyn Smith<br/>         3917 S. Houck<br/>         Marion, IN 46953<br/>         W: (765) 662-4658<br/>         H: (765) 674-5761<br/>         Email: Carolyn@comteck.com</p>  | <p><b>TRUSTEE #4</b><br/>         Beth Gudde<br/>         2183 Dover Center Road<br/>         Westlake, OH 44145<br/>         H: (440) 899-7414<br/>         Email: Bethgudde@aol.com</p>  |
| <p><b>COMMITTEES</b></p> <p><b>Standards</b><br/>         Vacant</p>  | <p><b>COMMITTEES</b></p> <p><b>Publication (Newsletter)</b><br/>         Rita Pochard<br/>         30 Dusk Court<br/>         Fairfield, OH 45014<br/>         W: (513) 389-5067<br/>         H: (513) 829-3146<br/>         Email: RJPochard@health-partners.org</p>   | <p><b>COMMITTEES</b></p> <p><b>Conference Planning 2001</b><br/>         Millie Krainski<br/>         9906 Melissa Drive<br/>         Louisville, KY 40223<br/>         W: (512) 897-8329</p>   | <p><b>COMMITTEES</b></p> <p><b>Operations Manual</b><br/>         Terri Ross<br/>         12153 Village Woods Drive<br/>         Cincinnati, OH 45241<br/>         W: (513) 369-8871<br/>         H: (513) 769-4090<br/>         Email: rossta@healthall.com</p>         |
| <p><b>Web Page</b><br/>         Sharon Ballard-Krishnan<br/>         1550 Brandywine<br/>         Bloomfield Hills, MI 48304<br/>         H/W: (248) 852-2891<br/>         Fax: (248) 299-3691<br/>         E-mail: sharikrish@aol.com</p>                              | <p><b>E.T. Nurse of the Year</b><br/>         Terri Ross<br/>         12153 Village Woods Drive<br/>         Cincinnati, OH 45241<br/>         W: (513) 369-8871<br/>         H: (513) 769-4090<br/>         Email: rossta@healthall.com</p>  | <p><b>Scholarship</b><br/>         Carolyn Smith<br/>         3917 S. Houck<br/>         Marion, IN 46953<br/>         W: (317) 662-4658<br/>         H: (317) 674-5761<br/>         Email: Carolyn@comteck.com</p>   | <p><b>Bylaws</b><br/>         Glenna Altizer<br/>         6688 Mud River Road<br/>         Barboursville, WV 25504<br/>         W: (304) 526-2285<br/>         H: (304) 733-0766<br/>         Fax: (304) 526-2317<br/>         Email: galtizer@chhi.org</p>              |
| <p><b>Research</b><br/>         Pat Gallagher<br/>         1109 Melrose Drive<br/>         Westlake, OH 44145<br/>         H: (440) 356-0759<br/>         W: (216) 931-1355<br/>         Fax: (216) 694-6343</p>  | <p><b>Fundraising</b><br/>         Joan Sewickley DiBernardi<br/>         84 Red Dog Lane<br/>         Lake Milton, OH 44429<br/>         W: (800) 289-1261 x4459<br/>         H: (330) 654-5362<br/>         Fax: (330) 654-3426<br/>         Email: ljs@neosplice.com</p>   | <p><b>Excellence In Writing</b><br/>         Sarah Davis<br/>         Cleveland Clinic KK54<br/>         9500 Euclid Ave.<br/>         Cleveland, OH 44195<br/>         W: (216) 444-6677<br/>         Fax: (216) 445-6343<br/>         Toll free (800) 223-2273 x46677<br/>         Email: daviss2@ccf.org</p> | <p><b>Nominations</b><br/>         Sandy Duda<br/>         1448 Cedarwood Drive #C2<br/>         Westlake, OH 44145<br/>         W: (216) 931-1355<br/>         H: (440) 808-8429<br/>         Fax: (216) 694-6343</p>   |
| <p><b>Government Affairs</b><br/>         Glenna Altizer<br/>         6688 Mud River Road<br/>         Barboursville, WV 25504<br/>         W: (304) 526-2285<br/>         H: (304) 733-0766<br/>         Fax: (304) 526-2317<br/>         Email: galtizer@chhi.org</p> | <p><b>PR/Sunshine/Membership</b><br/>         Sharlene Kennedy<br/>         7371 N. Gale Road<br/>         Otisville, MI 48463<br/>         W: (810) 257-9526<br/>         H: (810) 653-7600<br/>         Fax: (810) 257-9471<br/>         Email: skenned1@hurleymc.com</p>   |   | <p><b>Historian</b><br/>         Joy Pittman<br/>         411 W. Tipton St. PO Box 2349<br/>         Seymour, IN 47274<br/>         W: (812) 522-0535<br/>         H: (812) 346-2710<br/>         Fax: (812) 522-0779<br/>         Email: jpittman@memorial-hosp.org</p> |

**Parliamentarian**  
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**Past President**  
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 H: (517) 686-5767  
 Fax: (517) 771-6503  
 Email: jwerner@CHS-MI.com

## MAGIC MEMORIES OF INDIANAPOLIS



Some of the nominees for ET Nurse of the Year 2000.  
 From L to R: Mary Baker, Terese Staton, Nancy Waltz, Mary Andrychuk



# NEW SENSI-CARE™ Moisture Bath

Optimize skin protection with the  
New Triple-Action Bath

## CLEANSER

Rinse-free cleanser  
that removes debris  
without irritating skin

## MOISTURIZER

Natural botanical oils  
moisturize and  
condition the skin

## PROTECT

The no-rinse bath  
that contains  
a skin protectant

Sensi-Care™

Moisture Bath

Skin Protection

Moisturizes Skin

and Cleanses

and Softens

Skin

and Soothes

Skin

and

Relieves

Itching

and

Redness

and

Swelling

and

Stinging

and

Burning

Skin

and

Itching

and

Redness

and

Swelling

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Stinging

and

Burning

Skin

and

Itching

and

Redness

and

Swelling



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Pfizer Company

For quality care

## Committee Reports

### TREASURER

The 2001 Mid East Region budget was approved at the membership meeting in Indianapolis. If you would like a copy of the budget, please contact Cecelia Krusling (see newsletter inside front cover for address and phone number).

*Cecelia Krusling*



### FUNDRAISING

We raised \$1464.00 during the 2000 Mid East Regional Conference in Indy. Merchandise sales totaled \$850.00 and Silent Auction proceeds totaled \$614.00. Thank you for supporting the Mid East Region.

*Joan Sewickley DiBernardi*

### WEBSITE

I will be working with the webmaster through the end of this year to continue building and improving the webpage at [www.merwocn.org](http://www.merwocn.org), the official website of the Mid East Region WOCN. We have submitted a request for a link from the National WOCN website to our website.

At the end of this year, I will be stepping down as committee chair. The Mid East Region needs a member to volunteer to fill my post. Your primary responsibility will be to work with our webmaster to maintain and improve our website. (Ed. Note—As stated in the President's message, Shari Krishnan is the new Webmaster.)

*Mary Beth Herbeck*

### BYLAWS

All bylaw changes set forth for voting in September were approved. I will be updating the bylaws and contacting our webmaster to post the revised bylaws on the Mid East Region website ([www.merwocn.org](http://www.merwocn.org)). If you would like a copy of the bylaws, please contact me (see addresses and phone numbers inside front cover of newsletter)

*Glenna Altizer*

### SCHOLARSHIP

There were no applications for the Advanced Practice Scholarship received prior to the June 1, 2000 deadline, so no scholarship was awarded in October.

The deadline for application for the June 2001 award is January 30, 2001. The deadline for application for the October 2001 award is June 1, 2001. The application form is in this edition of the newsletter.

Mail four stapled copies of the following to Carolyn Smith (see inside front cover of newsletter for address):

- \* Completed application
- \*Evidence of acceptance to & current enrollment in graduate program
- \*Evidence of ETNEP completion
- \*Current certificate of WOCNCB certification
- \*Proof of MER WOCN membership for one year prior to application

Although a typed application is preferred, a legible handwritten application is acceptable.

*Carolyn Smith*

### ATTENTION MID-EAST REGION MEMBERS

**Don't forget to renew your  
Membership for 2001.**

Committee Reports, Continued

EXCELLENCE IN WRITING

The review committee had two articles submitted for consideration for the Excellence in Writing Award. The 2000 Excellence in Writing Winner was Dr. Barbara Pieper. :

Articles for consideration for 2001 should be submitted to:

Sarah Davis, RN, CETN
Cleveland Clinic
9500 Euclid Avenue, NA 20
Cleveland, OH 44195
FAX (216) 445-6343
Email: daviss2@ccf.org

Sarah Davis

GOVERNMENT AFFAIRS

In November, I attended the WOCN Leadership Conference, where we received an update on many issues including the legislative activities of National. One of the updates involved discussing the new WOCN web site including the addition of a Legislative Review and Update. This site has information about federal government issues that affect ET nurses and any action that may be needed by individuals. You can access this site from the home page of WOCN.org.

The national legislative committee has also been working with the Clinical Nurse Specialist group to help Master's prepared ET Nurses get better reimbursement. Currently reimbursement is handled state to state.

WOCN is still working on the National Response Network that will help make legislative information available to members in a timely manner. I am one of the contact people from the Mideast Region and as I get more information I will pass it on to you. If you want your

email address included in the list I currently use just send me email at galtizer@chhi.org

Glenna Altizer

NOMINATIONS

The following individuals have been elected to serve on the Mid East Region Board for the next two years:

President-Elect: Terri Ross has served as Trustee #4 for the past two years. Terri is a Cleveland Clinic Graduate, certified as CWOCN in 1995. She practices as a WOC Clinical Nurse Specialist at The Christ Hospital in Cincinnati, OH. Terri has served as President of her local ET Nurse Organization and volunteers through the UOA. Congratulations, Terri!

Secretary: Betty Winn was the incumbent candidate, having served as Secretary for the past two years. She has also served as Government Affairs Chair and Nominations Chair. Betty graduated from the Cleveland Clinic in 1988 and is employed by Cleveland's VNA as a home care ET. Congratulations, Betty!

Trustee #2: Marilyn Whitehead graduated from the Wicks Harrisburg ET School in 1992 and originally certified in 1993. Marilyn is active in her local UOA and has precepted students from four different WOCNEPs. She is also an active participant in Dayton, OH area ET Nurse activities. Congratulations, Marilyn!

Trustee #4: Beth Gudde graduated from the Cleveland Clinic in 1987 and has been board certified since, most recently as a CWOCN. Beth is employed by Cleveland's VNA as a home care RN and ET. She has assisted with various Mid East Region committees in the past, including Nominations and Research. Congratulations, Beth!

When the call for nominations goes out this summer, please consider running for an office yourself.

Sandy Duda



YOU are invited to ADVERTISE in the Mid-Eas Dropper

The Mid-Eas Dropper is the official newsletter of the MidEast Region WOCN (Indiana, Kentucky, Michigan, Ohio, West Virginia)

Ad form (and ad) must be received by April 15, 2001 for inclusion in the second Mid-Eas Dropper of 2001.

For business card ads, include a business card with order form.

For print/photo ads, include a black and white PRINT QUALITY prototype with order form.

Questions? Call Rita Pochard (513) 389-5067

MID-EAS DROPPER NEWSLETTER AD FORM

(please enclose this form with your ad)

Name: \_\_\_\_\_ Date: \_\_\_\_\_
Company Name: \_\_\_\_\_
Address: \_\_\_\_\_
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_
Telephone Number: \_\_\_\_\_

Make checks payable to MidEast Region of WOCN

Ads run for one year (three issues): May/June, Sept/Oct, Jan/Feb (2002)

Business Card Ad \$35.00
1/4 Page Ad \$75.00
1/2 Page Ad \$150.00
Full Page Ad \$250.00

MAIL TO:

Rita Pochard
30 Dusk Court
Fairfield, OH 45014

## New From Beyond the Region

### MD ANDERSON ANNOUNCES NEW SCHEDULE

The University of Texas M.D. Anderson Cancer Center—Wound, Ostomy, Continence Nurse Education Program (WOCNEP).

**8-Week Traditional Programs:**  
Mar. 19, 2001; Sept. 10, 2001;  
Jan. 7, 2002; Sept. 9, 2002

**4-Week On-Site Didactic/4-Week Off-site Clinical Programs:**  
Same as 8-week programs.

### Wound, Ostomy, Continence Nursing Review Course—Houston TX

April 28, 2001 and August 25, 2001.  
One-day workshops; approved for 7.5 contact hours.

**Contact:** UT M.D. Anderson Cancer Center; Attn.: Shirley Woolems (Box 163); 1515 Holcombe Blvd., Houston, TX 77030.  
Phone: (713) 745-0219/745-0216.  
Fax: (713) 745-745-0025.  
E-mail: [swoolems@mdanderson.org](mailto:swoolems@mdanderson.org).



**Mid East Regional Conference October 18-20, 2001 Louisville, KY**

### ANNOUNCEMENT OF SCHOLARSHIP

The Wound Care Education Program of the College of Nursing at the Medical University of South Carolina is pleased to announce the availability of a \$500.00 scholarship for a nurse educator to attend the Wound Care Specialty Course in Charleston SC. This program is accredited by the WOCN. Graduates of the course are eligible to take the national board examination to become certified in wound care nursing. This scholarship is made available by a private donation and will be awarded to a qualified nurse educator who is interested in the specialty area of nursing and desires to improve nursing education for wound care.

Applicants need to apply two months prior to the expected course dates. Eligible dates remaining are: May 7-26, August 13 –September 1, and October 8-27.

To request information or an application for the scholarship, please call or write:  
Scholarship Committee  
c/o Phyllis Bonham, RN, MSN, CWOCN  
Wound Care Education Program  
College of Nursing, Office of Professional Development  
Medical University of South Carolina  
99 Jonathan Lucas Street, PO Box 250160  
Charleston SC 29425  
Phone: 843-792-2651; Fax: 843-792-3680  
Email: [bonhamp@musc.edu](mailto:bonhamp@musc.edu)

## Committee Reports, Continued

### CONFERENCE PLANNING

Thanks to all who made "The Magic of ET Nursing" October 5-7, 2000 in Indianapolis such a success. We had 133 registrants and 35 attending exhibitors. As chairperson, I'd like to acknowledge the members of the local planning committee: Fran Demo, Mary Baker, Therese Staton, Lena McCubbin, Joy Pittman, Jody Schmitt, Lisa Kirk, Mary Arnold Andrychuk, Jenny Balascio, Kathy Wilson, Jana Props, Nancy Waltz, Carol Jones, Dana Kasper, Cathy Blackwell, Pam Houchens.

Thanks to ConvaTec for sponsoring the exhibit grand opening Thursday. Thanks to Hollister, Hill-Rom and the MER for sponsoring the Friday night event. Thanks to Smith & Nephew for sponsoring the flavored coffees in the exhibit area Friday and to EHOB for their breakfast sponsorship Saturday morning. A special thanks to Gene and Mickey Galindo from Nu-Hope Laboratories for sponsoring (and presenting) the program Saturday morning.

The following exhibitors supported the Mid East Region by displaying: Byram; BG Industries; Carrington; Care-Tech; Coloplast; Cook Wound, Ostomy, Continence; DeRoyal; Discreet Medical Solutions; EdgePark Surgical; Ferris; Gaymar; Genesis Medical; HealthPoint; Integrity Pharmaceuticals; Johnson & Johnson; KCI; Kendall; Lunax Boot 2000; Mason Medical; Medix Pharmaceuticals; Medline; Mentor; Novartis; Sage; Sand Therapeutics; Sizewise; Swiss-American (and Tempurpedic) and 3M.

Several exhibitors also contributed silent auction items or door prizes. Prize winners are listed in the next column.

The 2001 Mid East Regional Conference will be held in the Louisville, KY area October 18-20, 2001. For additional information, contact me or local planning chair, Millie Krainski.

Conference 2002 will be held in Grand Rapids, MI. Mark your calendars NOW!

Carolyn Smith

### DOOR PRIZE WINNERS MER CONFERENCE 2000

**1st paid registration:** Sylvia Tillawi won a Circle Centre Gift Certificate from Novartis.

**Attendee who practiced WOC/ET Nursing the longest:** Angie Lamb (27 years, 9 months) won a Circle Centre Gift Certificate from Novartis.

**Attendee most often mentioned as a mentor:** Millie Krainski won a 3M goodie box stuffed with products from 3M.

**Attendee who traveled farthest:** Betty Winn won a Tempurpedic Pillow. (16 individuals came farther than 300 miles. Betty's name was drawn).

**Other Prize Winners:** Michelle Witte (Applebee's Gift Certificate from Smith & Nephew AND waffle iron from EHOB); Carol Towson (Applebee's Gift Certificate from Smith & Nephew); Shelia Thomas (Elta Products basket from Swiss-American); Brenda Krauss (pen set from Hill Rom); Shirley Moody & Tura Klepfer (Lunax Boot 2000 t-shirt); Catherine Sanford (Bath & Body Works gift box from Kendall); Nancy Waltz (Delicacies gift basket from Hill-Rom); Terri Body (fuzzy stuffed bear from Nu-Hope); Shar Kennedy (EHOB Waffle Wabbit); Kortina Coen (Sage windbreaker); Carol Jones (Vera Bradley bag from Hollister).

**Congratulations to the winners!**

**Thanks to the exhibitors for their generosity!!**

**THE MER MEMBERSHIP MEETING  
MINUTES FROM  
INDIANAPOLIS, INDIANA  
OCTOBER 7, 2000  
WILL BE PUBLISHED IN  
THE NEXT ISSUE  
OF THE DROPPER.**

### THANKS!

Thank you Indianapolis Conference Planning Committee. Your hard work is very much appreciated. We learned a lot and were able to take much information home to our various practice settings. The food was scrumptious and the hotel you chose was very nice. Most of all thank you for making us feel so welcome.

Sincerely, **The members of MER**

## News From Around The Region



### CHANGE OF ADDRESS

Mary Arnold Andrychuk  
2828 Westbrook  
Cincinnati, OH 45211  
(513) 662-5745

or

The Drake Center  
151 W. Galbraith Rd.  
Cincinnati, OH 45216  
(513) 948-2797

Laurie L. Tankersley  
971 Othey  
Jackson, MI 49201  
(517) 764-6853

or

Chelsea Community Hospital  
775 South Main St.  
Chelsea, MI 48118  
(734) 475-3926

### CHANGING OF THE GUARD

With our fall election process completed, the new Mid-East Region Board is gearing up and getting acclimated to their new role. We thank the outgoing Board and ask for their continued support and participation as we move forward. Thanks to the following outgoing officers and committee chairs:

- Judy Werner, our outgoing president. Judy has worked hard for the Mid-East Region. She has served many terms as treasurer, one term as president-elect, and one term as president. Her experience in regional activities will continue to benefit the region as she continues in her role as past president.

- Mary Andrychuk, outgoing trustee. We will miss Mary's level-headed, hard working approach to issues. Mary also did a yeoman's job as editor of the Dropper for a year. She is currently on the National Conference Planning Committee doing a great job. We need to find her another job to do in the region! We do not want to lose her!
- Mary Beth Herbeck, webmaster. Thanks to Mary Beth for getting the web page up and running. A behind the scenes job but very important. She embraced the opportunity to bring the Mid-East Region into the technology age when many of us were kicking and screaming, trying to avoid it. Thanks Mary Beth.

### Welcome to new Board and Committee Chairs:

- Allyn Davies, President
- Terri Ross, President-Elect
- Betty Winn, Secretary
- Cecelia Krusling, Treasurer
- Becky Roberts, Trustee #1
- Marilyn Whitehead, Trustee #2\*\*
- Carolyn Smith, Trustee #3
- Beth Gudde, Trustee #4\*\*
- Shari Krishnan, Web master
- Rita Pochard, Mid-East Dropper Editor

\*\*Newly elected to the Board.

The Board is available to address and questions or concerns. Feel free to contact any of us. The phone numbers and E-mail addresses are listed on page 2.

### PUBLICATIONS

As new editor of the Dropper I'd like to thank Mary Andrychuk for her help getting started. Considering that the last time I did anything like this I used a typewriter, this has been a challenge! I've learned a great deal from this first issue and will continue trying to improve. Any omissions or errors are undoubtedly my own, and I'll correct them if brought to my attention. If you have comments, concerns, or submissions for the Dropper, please contact me. My email and phone numbers are listed on page 2.

**Rita Pochard**

### Mid-East Region Nurse Researcher Award

The Mid-East Region WOCNS Nurse Researcher Award will honor an individual or group who has completed a nursing research study that has focused on wound, ostomy, or continence care and disseminated the results through presentation or publication. \$300 will be awarded to the recipient.

#### Criteria:

- The individual or group has completed a nursing research study which has followed appropriate research methods and protection of human rights.
- The research adds to the body of nursing knowledge in regards to ostomy, wound or continence care.
- The findings of the research have been published, submitted for publication, or presented at professional meetings.
- The study may be a funded or unfunded project.
- Investigators doing manufacturer directed and subsidized R&D studies are excluded.

#### Eligibility Requirements

- Active member of the WOCNS
- Primary investigator on the study.
- Investigators doing manufacturer directed and subsidized R&D studies are excluded

Submit five (5) copies of the entire application to;  
The Research Committee Chair

**Deadline: August 1**

#### MID-EAST REGION WOCNS NURSE RESEACH AWARD APPLICATION

Nominee Name \_\_\_\_\_  
 Professional Title \_\_\_\_\_  
 Employment Address \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_  
 Home Address \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_  
 Phone (work/home) \_\_\_\_\_  
 Active Member Mid-East?  Yes  No  
 Title of Research: \_\_\_\_\_  
 Provide Brief Description of Study (No longer than 2 double-spaced pages)  
 State purpose, protocols, results, and discussion) \_\_\_\_\_  
 Submission for Publication (list journal & date) \_\_\_\_\_  
 Presentation at professional meeting (please list) \_\_\_\_\_  
 Provide one letter of support.

### Mid-East Region Research Grant

**Purpose:** The purpose of this grant is to encourage ET nurses and nurses specializing in wound, ostomy and continence care to contribute to advancement of nursing knowledge through research.

**Eligibility Requirements:**

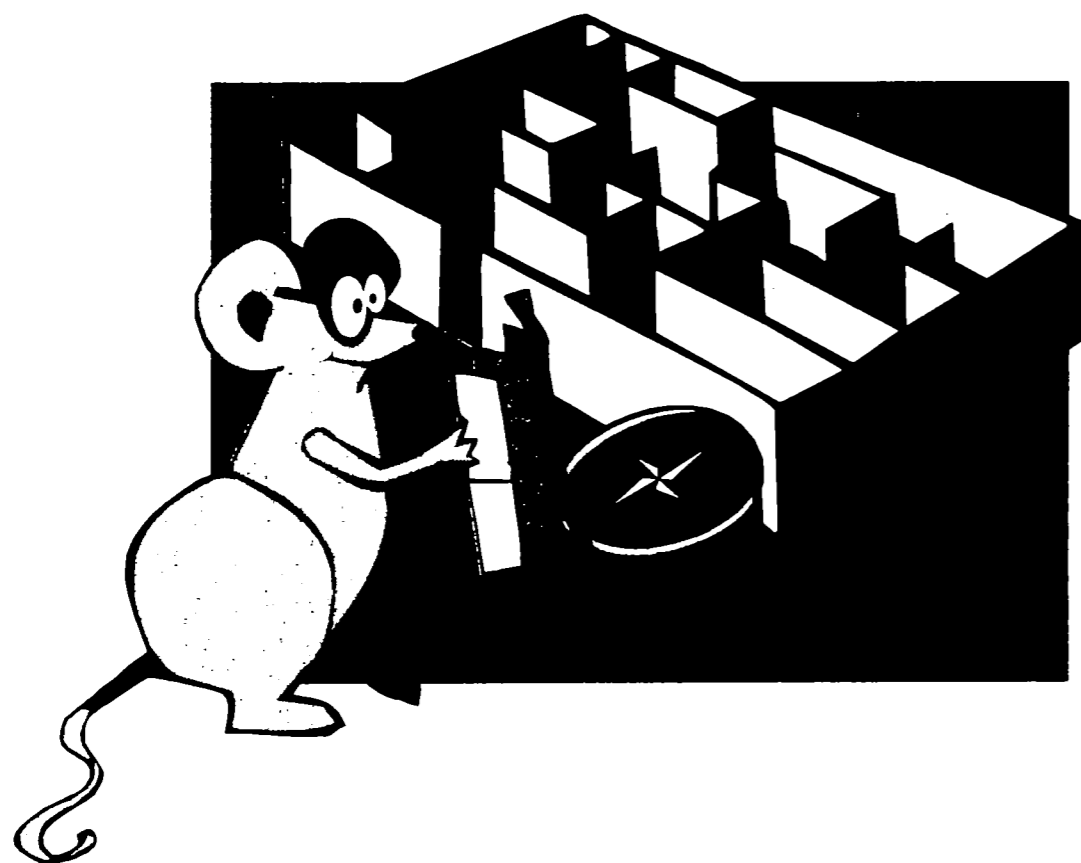
1. Active member of Mid-East Region of WOCN.
2. Primary investigator on a study.
3. Currently engaged in the study for which funding is requested or planning to implement the study within one year of funding.

**Funding:**

1. \$200 per applicant per available funds. One grant awarded in April and one in October.
2. Funding may be requested for photocopying, consultation, postage, computer supplies, etc.
3. Applications will be competitively reviewed by 5 members of the Research Committee.

**Submit 5 copies of the entire application to Research Committee Chair.**

**Deadline:** February 1 August 1



### MER NOMINEES FOR ET OF THE YEAR

This year we had a great response from the membership for nominees for ET of the Year. Unfortunately, there could only be one winner, but we did recognize all of those nominated with an engraved bookmark. The nominees, with the exception of the winner, along with the person who nominated them, are listed below.

- **Nancy Waltz** (St. Vincent's, Indianapolis) nominated by Joy Pittman. "Nancy was my preceptor when I performed my clinicals for the Emory Distance program. Nancy and the team at St. Vincent's took me under their wing and incorporated me into the ET community in Indiana. Nancy made me realize what a special group these nurses are!"
- **Michele Glowala** (St. John Hospital & Medical Center, Detroit) nominated by JoAnn Warren. "Michele works at a 620 bed hospital—ALONE! She shares her projects and information with others."
- **Therese Staton** (St. Francis Hospital, Indiana), nominated by Carolyn Smith. "Even though she has had eye surgery, a broken leg, and a fractured wrist this year, she has continued to meet and exceed all expectations."
- **Julie Maloy** (Fremont, Indiana), nominated by Becky Gute. "Julie is very knowledgeable and a great educator. In fact, she got me into this field and has been a great mentor."
- **Donna Pennington** (Lakeland Regional Health System), nominated by Denise Starks. Denise states that Donna has encouraged many RNs to become ETs. She even takes her daughter to patient's homes after hours. Her daughter's dolls have stomas. Donna is called "my angel" by many patients.
- **Mary Baker** (Community Hospitals, Indianapolis), nominated by Mary Andrychuk. "Mary has fostered the growth and development of two new wound, ostomy, continence nurses, serving as mentor and preceptor for them. She has expanded her professional horizons by completing a [parish Nurse program and serving within her church as a Parish Nurse. Mary is a jewel in the crown of WOC/ET nursing!"
- **Mary Andrychuk** (Drake Center, Cincinnati), nominated by Lisa Kirk. "Mary contributes to the excellence of WOC nursing in countless ways. Mary has taken a new position in Cin-

ana but we do feel blessed to have her in our region. I am a better person for having known her."

- **Joan Sewickley**, nominated by Patricia Makara. "Joan is very active in the Mid-East Region. She is a very zealous patient advocate."

**Congratulations to all!**



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**WYONNA STIFFLER  
ET NURSE OF THE YEAR**

By Allyn Davies

The winner of the ET Nurse of the Year for 2000 is Wyonna Stiffler. Wyonna was nominated by three different ET nurses who wrote extensively about why they thought she was the best candidate for ET Nurse of the Year. Excerpts from each nomination packet are listed below.

Shelley Harmony writes: "Wyonna is a no frills, no nonsense ET. She taught me the real basics of wound and ostomy care, always giving it to me in simple terms. She has expressed there is a need for younger ETs and has been a preceptor for many. Wyonna has been supportive in my professional endeavors as an ET. She has personally gone that extra mile on my behalf.

Doreen White writes: "Wyonna has been a practicing ET for more than 18 years. Although her first love is stoma care, she embraced wound and ostomy care as the WOCN practice guidelines evolved. Wyonna is also a peer contributor to the AHCPH Pressure Ulcer Treatment Guidelines.

For many years Wyonna was the only ET to provide home health agencies and nursing homes with contractual ET services.

Wyonna encouraged me to join her in membership in the WOCN and Ohio Nurses Association because 'those organizations supported me in my business ventures as an ET nurse in private practice.' Wyonna has cajoled me into attending Mid-East Regional conferences with her every fall and has been a genuine friend through my personal trials of illness."

Marilyn Whitehead writes: "Wyonna's devotion to the practice of ET nursing is evident in her every day life and we (in the acute care setting) feel very relieved to have her on the "outside" to help when we cannot spend the long hours and time needed to correct a bad situation. Wyonna has attended the WOCN national and regional conferences yearly and has also attended the World Council of ET nurses on several occasions. She has presented some of her case studies in poster sessions at these meetings. She is active in our local group of ET nurses and assisted in planning and implementing a urinary

Incontinence workshop that was sponsored by this group in 1994. Wyonna is also active in the local UOA chapter.

I believe Wyonna represents the best ET nurse role that I have ever observed. She is very committed to her patients and fellow ET nurses in the Dayton area. She provides teaching and guidance to many of the new local ET students, assisting in the hands-on hours of the clinical portion of their education.

I feel honored to know Wyonna and feel that she fits the "bill" of the best ET Nurse of the year 2000."

Wyonna, al of your peers from the MidEast Region agree. Congratulations. Wyonna received an engraved clock as her award from the Region. (See below.)

It's not too early to be thinking of peers to nominate for 2001 ET Nurse of the Year. See the application form elsewhere in the Dropper. Call Terri Ross with questions.



Wyonna Stiffler, 2000 ET Nurse of the Year

**MidEast Region ET Nurse of the Year**

The MidEast Region provides a mechanism for recognizing outstanding WOC (ET) Nurses within the region. Why not nominate an ET Nurse friend/colleague for the MER ET Nurse of the Year?

Nominations should be sent to: Terri Ross  
12153 Village Woods Drive  
Cincinnati, OH 45241

Nomination deadline is September 1, 2001. The award will be presented at the MidEast Regional Conference in Louisville in October.

**Prerequisites:**

Nominee must be a member of the MidEast Region of WOCN for a minimum of 2 years.

Nominee must attend at least one WOCN meeting per year (MER or National Conference).

Nominee must be board certified in ET(WOC) Nursing.

Briefly describe the nominee's qualifications for the award and provide examples based on the following criteria (nominee must meet 80% of criteria):

1. Demonstrates excellence in the full scope of ET(WOC) Nursing.
2. Devotes at least 50% of professional practice to providing direct care to patients with dermal ulcers, stomas, wounds, and incontinence.
3. Shares knowledge by providing professional and community education via one on one education, seminars and symposiums.
4. Promotes the specialty of ET Nursing by actively participating in professional, political, and/or community organizations.
5. Actively promotes the growth and development of ET Nursing by providing peer support, precepting, and recruitment.

**Outstanding ET Nurse Award Application**

*Attach description of qualifications on separate page, please.*

**Nominee:**

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Agency \_\_\_\_\_  
Position \_\_\_\_\_

**Submitted By:**

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Agency \_\_\_\_\_  
Position \_\_\_\_\_  
Day Phone \_\_\_\_\_  
Evening Phone \_\_\_\_\_



MID-EAS DROPPER  
Rita Pochard, BSN, RN, CWOCN  
30 Dusk Court  
Fairfield, OH 45014

# MID-EAS DROPPER

Indiana, Kentucky, Michigan, Ohio, West Virginia

May/June 2001

## A Message From Our President . . .



Dear MidEast Region Members,

It's hard to believe that National Conference is so close. Where did the time go? On April 21, the Board and Committee Chairs of the Mid-East Region had our Spring Board meeting in Cleveland. We were busy and very productive.

Our focus this year will be on membership renewal, inclusion/sharing with our members, and communication. 1) **Membership renewal:** The Mid-East Region would be nothing without its members. If you have not renewed your membership in WOCN, please consider renewing soon. The benefits you will receive from being a member in WOCN are invaluable. The MER Board plans to re-emphasize the importance of the membership and public relations by appointing a new chair who will focus on marketing strategies as well as retention issues. This chair will be announced in June. 2) **Inclusion/Sharing:** Your Board would like to see more members benefit from the programs and activities we have to offer. Scholarships, Research Awards and Funds, Writing Awards, and Outstanding ET Nurse Awards are examples of existing ways that members can be recognized. Beneficiaries of most of the awards also receive a financial stipend. A drawing will occur at our Regional meeting in Portland for two members to receive free tuition to our fall conference in Indiana/Kentucky. We will also be looking for a member to attend the Nurse in Washington Internship (NIWI) with Terri Ross, our President-Elect. We have many programs in place and are always looking for new ideas. 3) **Communication:** Mary Beth Herbeck got our website started. Our new web master, Shari Krishnan, plans to take our website to new levels and make it a useful communication tool for all of us. Glenna Altizer is working on our email list so that she can notify us of any late breaking legislative issues or hot topics. Contact Glenna if you would like to be on the list. (galtizer@chhi.org)

Your Board has many plans but we need to hear what our members want. Feel free to contact anyone on the Board with any concerns or new ideas. See you in Portland.

Fondly,  
*Allyn Davies*

**Please detach and mail the form below.  
Updated information is appreciated!**

**Name, Address or Employment Change?**  
Please check the appropriate box . . .

Date: \_\_\_\_\_

Name: \_\_\_\_\_  
*(First Name, Last Name, Previous Name)*

Home Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_

Phone (home): \_\_\_\_\_

Work Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_

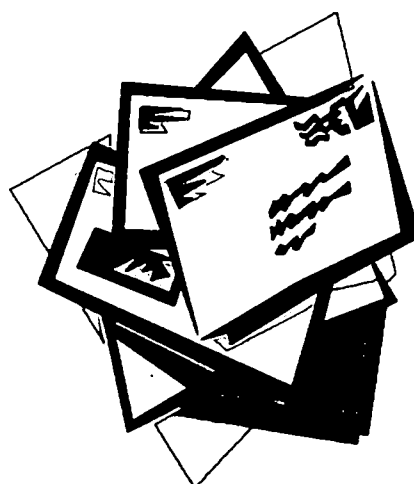
Phone (work): \_\_\_\_\_

Professional Status: \_\_\_\_\_

Do you wish change published in the MID-EAS DROPPER?  Yes  No

Your Signature: \_\_\_\_\_

Mail to:  
Rita Pochard  
30 Dusk Court  
Fairfield, OH 45014



**PRESIDENT**  
 Allyn Davies  
 9 Merrymeeting Lane  
 Lloyd Harbor, NY 11743  
 H: (631) 692-5901  
 Email: Allynd1@aol.com

|   |   |  |  |
|---|---|--|--|
| <p><b>PRESIDENT-ELECT</b><br/>         Terri Ross<br/>         12153 Village Woods Drive<br/>         Cincinnati, OH 45241<br/>         W: (513) 369-8871<br/>         H: (513) 769-4090<br/>         Email: rossta@healthall.com</p>                                   | <p><b>SECRETARY</b><br/>         Betty Winn<br/>         6384 Engle Road<br/>         Brookpark, OH 44142<br/>         W: (216) 931-1355<br/>         H: (216) 267-8215<br/>         Fax: (216) 694-6343<br/>         Email: Betwin5351@aol.com</p>   | <p><b>TREASURER</b><br/>         Cecilia A. Krusling<br/>         4907 Savage Road<br/>         Lynchburg, OH 45142<br/>         W: (937) 382-9380<br/>         H: (513) 875-3170<br/>         Email: jkruslin@cinc.tds.net</p>  | <p><b>TRUSTEES (4)</b><br/>         See Below</p>  |
| <p><b>TRUSTEE #1</b><br/>         Rebecca Roberts<br/>         2932 Corydon<br/>         Cleveland Heights, OH 44118<br/>         W: (216) 932-0961<br/>         Email: BeckyRNET@aol.com</p>   | <p><b>TRUSTEE #2</b><br/>         Marilyn Whitehead<br/>         Kettering Medical Center<br/>         3535 Southern Blvd.<br/>         Kettering, OH 45429<br/>         W: (937) 298-4331 ext. 7519<br/>         H: (513) 897-4868<br/>         Fax: (937) 297-8007<br/>         Email: marilyn.whitehead@kmcnetwork.org</p> | <p><b>TRUSTEE #3</b><br/>         Carolyn Smith<br/>         3917 S. Houck<br/>         Marion, IN 46953<br/>         W: (765) 662-4658<br/>         H: (765) 674-5761<br/>         Email: Carolyn@comteck.com</p>   | <p><b>TRUSTEE #4</b><br/>         Beth Gudde<br/>         2183 Dover Center Road<br/>         Westlake, OH 44145<br/>         H: (440) 899-7414<br/>         Email: Bethgudde@aol.com</p>  |
| <p><b>COMMITTEES</b></p> <p><b>Standards</b><br/>         Vacant</p>  | <p><b>COMMITTEES</b></p> <p><b>Publication (Newsletter)</b><br/>         Rita Pochard<br/>         30 Dusk Court<br/>         Fairfield, OH 45014<br/>         W: (513) 389-5067<br/>         H: (513) 829-3146<br/>         Email: RJPochard@health-partners.org</p>   | <p><b>COMMITTEES</b></p> <p><b>Conference Planning 2001</b><br/>         Marian Swisher<br/>         (502) 451- 1078<br/>         Email: mswish@yahoo.com</p>  | <p><b>COMMITTEES</b></p> <p><b>Operations Manual</b><br/>         Terri Ross<br/>         12153 Village Woods Drive<br/>         Cincinnati, OH 45241<br/>         W: (513) 369-8871<br/>         H: (513) 769-4090<br/>         Email: rossta@healthall.com</p>     |
| <p><b>Web Page</b><br/>         Sharon Ballard-Krishnan<br/>         1550 Brandywine<br/>         Bloomfield Hills, MI 48304<br/>         H/W: (248) 852-2891<br/>         Fax: (248) 299-3691<br/>         E-mail: sharikrish@aol.com</p>                              | <p><b>E.T. Nurse of the Year</b><br/>         Terri Ross<br/>         12153 Village Woods Drive<br/>         Cincinnati, OH 45241<br/>         W: (513) 585-0871<br/>         H: (513) 769-4090<br/>         Email: rossta@healthall.com</p>  | <p><b>Scholarship</b><br/>         Carolyn Smith<br/>         3917 S. Houck<br/>         Marion, IN 46953<br/>         W: (317) 662-4658<br/>         H: (317) 674-5761<br/>         Email: Carolyn@comteck.com</p>  | <p><b>Bylaws</b><br/>         Glenna Altizer<br/>         6688 Mud River Road<br/>         Barboursville, WV 25504<br/>         W: (304) 526-2285<br/>         H: (304) 733-0766<br/>         Fax: (304) 526-2137<br/>         Email: galtizer@chhi.org</p>          |
| <p><b>Research</b><br/>         Pat Gallagher<br/>         1109 Melrose Drive<br/>         Westlake, OH 44145<br/>         H: (440) 356-0759<br/>         W: (216) 931-1355<br/>         Fax: (216) 694-6343</p>  | <p><b>Fundraising</b><br/>         Joan Sewickley DiBernardi<br/>         84 Red Dog Lane<br/>         Lake Milton, OH 44429<br/>         W: (800) 289-1261 x4459<br/>         H: (330) 654-5362<br/>         Fax: (330) 654-3426<br/>         Email: TuckerandJoan@msn.com</p>   | <p><b>Excellence In Writing</b><br/>         Sarah Davis<br/>         2540 Overlook Rd, Apt.16<br/>         Cleveland, OH 44106<br/>         H: (216) 371-5846</p>   | <p><b>Nominations</b><br/>         Sandy Duda<br/>         1448 Cedarwood Drive #C2<br/>         Westlake, OH 44145<br/>         W: (216) 931-1355<br/>         H: (440) 808-8429<br/>         Fax: (216) 694-6343</p>   |
| <p><b>Government Affairs</b><br/>         Glenna Altizer<br/>         6688 Mud River Road<br/>         Barboursville, WV 25504<br/>         W: (304) 526-2285<br/>         H: (304) 733-0766<br/>         Fax: (304) 526-2137<br/>         Email: galtizer@chhi.org</p> | <p><b>PR/Sunshine/Membership</b><br/>         Sharlene Kennedy<br/>         7371 N. Gale Road<br/>         Otisville, MI 48463<br/>         W: (810) 257-9526<br/>         H: (810) 653-7600<br/>         Fax: (810) 257-9471<br/>         Email: skened1@hurleymc.com</p>  | <p><b>Historian</b><br/>         Joy Pittman<br/>         411 W. Tipton St. PO Box 2349<br/>         Seymour, IN 47274<br/>         W: (812) 522-0535<br/>         H: (812) 346-2710<br/>         Fax: (812) 522-0779<br/>         Email: jpittman@memorial-hosp.org</p> | <p><b>Parliamentarian</b><br/>         Glenna Altizer<br/>         6688 Mud River Road<br/>         Barboursville, WV 25504<br/>         W: (304) 526-2285<br/>         H: (304) 733-0766<br/>         Fax: (304) 526-2137<br/>         Email: galtizer@chhi.org</p> |
| <p><b>Parliamentarian</b><br/>         Glenna Altizer<br/>         6688 Mud River Road<br/>         Barboursville, WV 25504<br/>         W: (304) 526-2285<br/>         H: (304) 733-0766<br/>         Fax: (304) 526-2137<br/>         Email: galtizer@chhi.org</p>    | <p><b>Past President</b><br/>         Judy Werner<br/>         Covenant Healthcare<br/>         700 Cooper Ave.<br/>         Saginaw, MI 48602<br/>         W: (517) 583-6002<br/>         H: (517) 686-5767<br/>         Fax: (517) 771-6503<br/>         Email: jwerner@CHS-MI.com</p>                                      | <p><b>Historian</b><br/>         Joy Pittman<br/>         411 W. Tipton St. PO Box 2349<br/>         Seymour, IN 47274<br/>         W: (812) 522-0535<br/>         H: (812) 346-2710<br/>         Fax: (812) 522-0779<br/>         Email: jpittman@memorial-hosp.org</p> | <p><b>Parliamentarian</b><br/>         Glenna Altizer<br/>         6688 Mud River Road<br/>         Barboursville, WV 25504<br/>         W: (304) 526-2285<br/>         H: (304) 733-0766<br/>         Fax: (304) 526-2137<br/>         Email: galtizer@chhi.org</p> |

**Parliamentarian**  
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 H: (517) 686-5767  
 Fax: (517) 771-6503  
 Email: jwerner@CHS-MI.com

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Since 1993, AME has provided Central Ohio Hospitals with innovative products and substantial cost savings over national providers. AME now announces our expanded service area, and comprehensive product solutions:

**Expanded Service:**

**Ohio:** State-Wide (Centers: Colum., Cinti., Dayton, Toledo, Cleve.)

**Michigan:** Central/Southern (Centers: Saginaw, Detroit (6/01))

**Innovative Solutions:**

- ✓ **Wound Care:** ROHO® Dry Floatation, Low Air Loss, Alternating Pressure, Lateral Rotation, Warm-Up® Therapy
- ✓ **Bariatric Care:** Bed Frames, Complete Room Environments
- ✓ **Specialty Products:** Portable Underbed Scales, BARTON™ Transfer Systems, Operating Room Pads



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**Something for everyone**

If you find mistakes in this publication, consider they are there for a reason. We strive to include a little something for everyone in this newsletter and some people like to look for mistakes!

*One System from Hospital to Home!*

**newimage**  
 Two-Piece Ostomy System

The New Image Ostomy System from Hollister Incorporated is all you expect... and more!

- ▶ Stationary Flange provides a lower profile and smoother appearance
- ▶ CenterPointLock patented closure mechanism protects against unintentional separation of barrier and pouch
- ▶ Floating Flange eliminates pressure on tender abdomens
- ▶ Beige flanges are more discreet under clothing

The New Image system includes a variety of pouches...drainable, closed and urostomy... to meet a wide range of clinical applications. All the pouches are made from the Hollister exclusive odor-barrier quiet film to effectively contain odor and are 3.5 times quieter than the competition.

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**MID-EAST REGION ADVANCED PRACTICE SCHOLARSHIP APPLICATION**

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone Home (\_\_\_\_) \_\_\_\_\_  
                 Work (\_\_\_\_) \_\_\_\_\_  
 Social Security Number \_\_\_\_\_

**Educational Motivation**

Explain how you plan to use your advanced education to contribute to WOC(ET) Nursing. Please limit your reply to 100 words or less and be specific.

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**Committee Reports**

**TREASURER**

The current budget is printed in this issue of the Dropper. Feel free to contact me if you have any questions regarding the budget.

*Cecelia Krusling*

**FUNDRAISING**



We will again be doing fundraising at the WOCN in Portland. We will have the jewelry and samples of the shirts so orders can be taken. In addition, a digital camera will be raffled. Take the opportunity to sign up to work at the booth and support the efforts of our Region. See you there!

*Joan Sewickley DiBernardi*

**GOVERNMENT AFFAIRS and BYLAWS**

In Government affairs, the state legislators are wrapping up their sessions. As soon as I can access some reports, I'll have a report to you. In West Virginia, the governor signed into law a Patient's Bill of Rights that allows patients to sue their HMOs, a "Whistleblowers Act" to protect healthcare workers from retaliation for reporting abuses in the workplace, and a bill creating a commission to study the nursing shortage.

In fact look for the nursing shortage to be a huge issue in the months to come. A study published in JAMA last year states that the US will be short 500,000 nurses by 2020. Enrollment in nursing schools has declined 17% since 1995 and the average age of nurses has risen to 42.3.

All five of our regional states have stated problems with the nursing shortage. An internet search finds all five states reporting incidents relating to staffing shortages at various hospitals and mandatory overtime legislation was introduced in Ohio West Virginia, and Michigan this year. Nationally, Congress is getting into the act. Sen. Barbara Mikulski D-Md., states that Congressional hearings last year point to three contributors to the nurse shortage: fewer nurses being educated, working conditions, and low pay. In April, bipartisan groups in both the House and the Senate introduced bills called "Nurse Employment and Education Development" or NEED to create a new nurse corps to provide scholarships to nursing students who agree to work for two years in underserved areas. As this issue heats up, I'll keep everyone informed.

Bylaws are now available on the MER website. If you want a hard copy just let me know.

*Glenna Altizer*

**EXCELLENCE IN WRITING**

The Excellence in Writing Committee invites you to submit your published manuscript. Members of the Mid-East Region of WOCN who have published in 2000 or 2001 are eligible. To date, three articles have been submitted. The winning prize is \$200.

If you would like to participate, please submit a copy of your article by September 15, 2001 to

Sarah Davis, RN, CETN  
 2540 Overlook Rd.  
 Cleveland, OH 44106

Mideast Region  
Advanced Practice Scholarship  
Application

Your application **MUST** contain all requested information or it will not be processed.

DO NOT leave blanks.

A typed application is preferred.

Handwritten applications must be legible.

Submit four (4) identical stapled sets of your application in the following order:

1. Demographic information
2. Copy of acceptance **and** evidence of current class enrollment in graduate program.
3. Copy of completion of ETNEP program.
4. Copy of current certificate of certification from WOCNCB.
5. Proof of WOCN (Mideast Region) membership for one (1) year prior to application.
6. Essay (100 words or less) on How you plan to contribute to WOC(ET) Nursing with this knowledge/degree.

Submission deadlines:

January 30 for June distribution at National WOCN meeting.  
June 1 for October distribution at Regional meeting.

Return to: Scholarship Chair Mideast Region

| REVENUE                  | Actual 1/18/01  | BUDGETED 2000   | PROPOSED 2001   |
|--------------------------|-----------------|-----------------|-----------------|
| NEWSLETTER ADA           | 750.00          | 700.00          | 750.00          |
| DUES                     | 3703.64         | 4000.00         | 4000.00         |
| INTEREST/DIV             | 2128.87         | 1150.00         | 1200.00         |
| CONFERENCE               | 4030.11         | 6000.00         | 6000.00         |
| FUNDRAISERS              | 1811.00         | 1500.00         | 1500.00         |
| DONATION HOLLISTER       | 75.00           |                 |                 |
| <b>TOTALS</b>            | <b>12498.62</b> | <b>13350.00</b> | <b>13450.00</b> |
| <b>EXPENSES</b>          |                 |                 |                 |
| NEWSLETTER               | 3414.94         | 2105.00         | 4000.00         |
| GENERAL REGIONAL         | 970.57          | 3500.00         | 2400.00         |
| ANNUAL MM FEE 50.00      |                 |                 |                 |
| COPYING 11.50            |                 |                 |                 |
| WCET SUPPORT 100.00      |                 |                 |                 |
| OHIO REG.STARTUP 200.00  |                 |                 |                 |
| MAILING FOR NATL. 219.11 |                 |                 |                 |
| TELE CONF. 83.84         |                 |                 |                 |
| AUDIT 150.00             |                 |                 |                 |
| TRANSFER BOOKS 208.02    |                 |                 |                 |
| SCHOLARSHIPS             |                 |                 |                 |
| FOW                      | 500.00          | 250.00          | 250.00          |
| WOCN ADV PRAC.           | 2000.00         | 2000.00         | 2000.00         |
| N.GILL                   | 500.00          | 500.00          | 500.00          |
| NIWI                     | 0.00            | 4000.00         | 4000.00         |
| UOA YOUTH                | 700.00          | 800.00          | 800.00          |
| MER ADV. PRAC.           | 500.00          | 1000.00         | 1000.00         |
| CONFERENCES              |                 |                 |                 |
| NATIONAL                 | 2380.03         | 3500.00         | 3500.00         |
| NAT'L FOOD               | 2272.83         | 3000.00         | 3000.00         |
| NATL/REG.COMM.CHAIR      | 800.00          | 1600.00         | 1600.00         |
| REGIONAL                 | 2020.40         | 3000.00         | 2500.00         |
| PPI                      | 1476.76         | 6500.00         | 5000.00         |
| COMMITTEES               |                 |                 |                 |
| BYLAWS                   |                 | 150.00          | 100.00          |
| NOMINATIONS              | 618.77          | 400.00          | 400.00          |
| HISTORIAN                | 11.64           | 50.00           | 150.00          |
| OP MANUAL                | 0.00            | 50.00           | 50.00           |
| RESEARCH                 |                 |                 |                 |
| GRANTS \$800./(4)        | 200.00          | 1600.00         | 750.00          |
| MER (2)\$200.00 ea.      |                 |                 |                 |
| NSG RESEARCH(1) \$300.00 | 200.00          |                 |                 |
| PLAQUE \$50.00           | 49.86           |                 |                 |
| WEB MAINT. \$755.        | 1678.13         |                 | 810.00          |
| GOVT AFFAIRS             | 0.00            | 350.00          | 350.00          |
| P.R.                     | 151.10          | 500.00          |                 |
| FUNDRAISER               |                 | 1000.00         | 1000.00         |
| EXC. IN WRITING          |                 | 500.00          | 500.00          |
| PLAQUE 100/(2)           |                 |                 |                 |
| AWARD 400./(2)           |                 |                 |                 |
| ET NURSE OF YEAR         | 150.72          |                 | 150.00          |
| s SUNSHINE               | 151.11          |                 |                 |
| <b>TOTALS</b>            | <b>20697.90</b> | <b>36265.00</b> | <b>34810.00</b> |

### **Mid-East Region Nurse Researcher Award**

The Mid-East Region WOCNS Nurse Researcher Award will honor an individual or group who has completed a nursing research study that has focused on wound, ostomy, or continence care and disseminated the results through presentation or publication. \$300 will be awarded to the recipient.

#### **Criteria:**

- The individual or group has completed a nursing research study which has followed appropriate research methods and protection of human rights.
- The research adds to the body of nursing knowledge in regards to ostomy, wound or continence care.
- The findings of the research have been published, submitted for publication, or presented at professional meetings.
- The study may be a funded or unfunded project.
- Investigators doing manufacturer directed and subsidized R&D studies are excluded.

#### **Eligibility Requirements**

- Active member of the WOCNS
- Primary investigator on the study.
- Investigators doing manufacturer directed and subsidized R&D studies are excluded

Submit five (5) copies of the entire application to;  
The Research Committee Chair

**Deadline: August 1**

#### **MID-EAST REGION WOCNS NURSE RESEACH AWARD APPLICATION**

Nominee Name \_\_\_\_\_  
Professional Title \_\_\_\_\_  
Employment Address \_\_\_\_\_  
City, State, Zip \_\_\_\_\_  
Home Address \_\_\_\_\_  
City, State, Zip \_\_\_\_\_  
Phone (work/home) \_\_\_\_\_  
Active Member Mid-East?  Yes  No  
Title of Research: \_\_\_\_\_  
Provide Brief Description of Study (No longer than 2 double-spaced pages)  
State purpose, protocols, results, and discussion)  
Submission for Publication (list journal & date) \_\_\_\_\_  
Presentation at professional meeting (please list) \_\_\_\_\_  
Provide one letter of support.

### **CALLING, CALLING, CALLING**

Calling Mid-East Region members to join our Board, serving for a two-year term. Positions open are Trustee I and Trustee III, which both require a BSN degree, and Treasurer.

Please consider this opportunity to serve our region and offer your leadership.

You may nominate yourself or another member, with his or her permission. One of the requirements is to attend both regional and national conferences. Reimbursement is provided for travel expenses and ½ of the cost of lodging of a double occupancy room for the business meeting days.

Please complete the following form or one provided at the national ET conference in Portland. Also include a brief resume.

Elections shall take place by a mail vote. The ballots will be mailed out September 10, 2001, and are to be returned by mail within 14 days. Ballots will be counted at the regional conference in Louisville. No ballots will be accepted at the meeting.

We appreciate individual commitment, involvement, and expertise in promoting the goals of the Mid-East Region.

We welcome you!!

**Sandy Duda**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_

ZIP: \_\_\_\_\_

WORK PHONE: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_

Circle position requested: TRUSTEE I TRUSTEE III TREASURER

Deadline for submission is August 1, 2001.

Mail to Sandy Duda, 1448 Cedarwood, Suite C-2, Westlake, Ohio 44145

## Committee Reports, Continued

### RESEARCH

At our fall conference in Indianapolis, the Mid-East Region awarded Dr. Barbara Pieper the Nurse Researcher Award for her original research titled "Wound Prevalence, Types, and Treatments in Home Care." Dr. Pieper is an associate professor of nursing at the college of Nursing, Wayne State University of Michigan.

Her thank you note was lovely and inspiring. It follows:

"What a surprise to come home to the large box with the beautiful Nurse Researcher Award in it. I was shocked to also find the check for \$200. I appreciate this honor given to me by the Mid-East Region. Since I became a WOC nurse in 1989, my nursing career was greatly enhanced. I treasure all the nurses I have met and the advice and knowledge they provide. It is such a warm, welcoming group. Everyone is excited about learning and sharing. I enjoy the pursuit of research and publications that fit the specialty. This award means a great deal to me. I have it displayed proudly in my office. Thank you again for this honor. I cherish it. Barb Pieper"

Also at our membership meeting some changes were made in our grants and awards. The first was that the name of the Kerschbaum Award was changed to the Mid-East Region Research Grant. The three grants previously available were reduced to two, and the deadlines were set at June 1 and December 1. Each grant will be \$200. The second change was to increase the monetary value of the Mid-East Region Nurse Researcher Award to \$300. The deadline for application for this award is August 1.

I know summer is approaching and the last thought we have is to hole up in the office doing research. However, remember you can apply for the research grants prior to the completion of your study.

Applications for both awards are included in this edition of the Dropper.

**Pat Gallagher**

### SCHOLARSHIP

We Have a Winner!!!! I am pleased to announce that Barbara Hoag Ilkka of Saginaw, Michigan in the second recipient of the Advanced Practice Scholarship. The award of \$500 is to be given in Portland in June.

There were three submissions; however, two were ineligible for consideration due to incomplete information on the applications. The deadline for applications for the October Award is June 1.

**Carolyn Smith**

### CONFERENCE PLANNING

The 2001 Fall Regional Conference, entitled "2001: A GI Odyssey" will be held as follows:

Date: October 18, 19, 20, 2001

Place: Holiday Inn Lakeview  
Clarksville, IN

Topics: Pediatric ACE Procedure  
Early Enteral feedings for  
Trauma and Post-op  
Fecal incontinence treatment -  
Acticon Device  
New Options for Rectal Cancer  
Fistula Management Case Studies

Entertainment: A choice of an evening at the Derby Dinner Playhouse or Caesar's Riverboat Gambling Casino

Brochures with registration information will be mailed in late summer. Contact Marian Swisher for further information. (502-451-1078 or mswish@yahoo.com)

### PUBLICATIONS

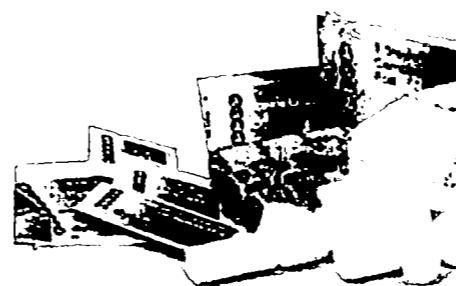
Are the ETWOC nurses in your area planning an educational offering or organizing in other ways that others may benefit? If so, please submit your information for inclusion in the next issue of the Dropper. Deadline for the August/September issue is August 15.

Please feel free to contact me.

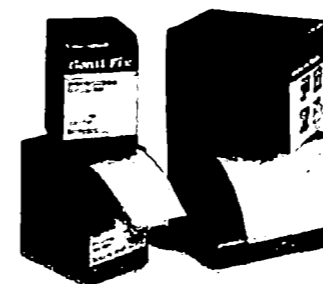
**Rita Pochard**

# ASHTON MEDICAL PRODUCTS

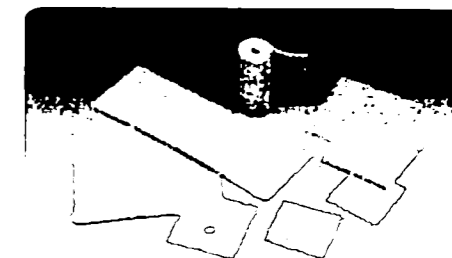
## Distributor of Innovative Wound Care Supplies



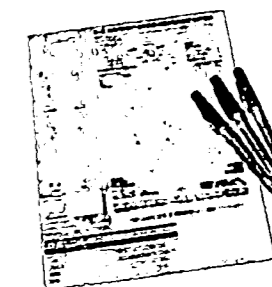
**Dynarex**  
Gauze Products



**Genti-Fix**  
Non-woven Fabric Dressing Cover



**Ferris PolyMem**  
The Pink Dressing



**E-Z Graph**  
Wound Assessment System

**SILVERLON**

**The Silver Wound Dressing**  
**Harnessing The Healing Power of Silver**

For additional information or samples of any of the products, please call: 1-800-678-2916.

Ashton Medical Products  
3306 Encrete Lane  
Dayton, Ohio 45439

## MidEast Region ET Nurse of the Year

The MidEast Region provides a mechanism for recognizing outstanding WOC (ET) Nurses within the region. Why not nominate an ET Nurse friend/colleague for the MER ET Nurse of the Year?

Nominations should be sent to: Terri Ross  
12153 Village Woods Drive  
Cincinnati, OH 45241

Nomination deadline is September 1, 2001. The award will be presented at the MidEast Regional Conference in Louisville in October.

### Prerequisites:

- Nominee must be a member of the MidEast Region of WOCN for a minimum of 2 years.
- Nominee must attend at least one WOCN meeting per year (MER or National Conference).
- Nominee must be board certified in ET(WOC) Nursing.

Briefly describe the nominee's qualifications for the award and provide examples based on the following criteria (nominee must meet 80% of criteria):

1. Demonstrates excellence in the full scope of ET(WOC) Nursing.
2. Devotes at least 50% of professional practice to providing direct care to patients with dermal ulcers, stomas, wounds, and incontinence.
3. Shares knowledge by providing professional and community education via one on one education, seminars and symposiums.
4. Promotes the specialty of ET Nursing by actively participating in professional, political, and/or community organizations.
5. Actively promotes the growth and development of ET Nursing by providing peer support, preceptoring, and recruitment.

### Outstanding ET Nurse Award Application

*Attach description of qualifications on separate page, please.*

#### Nominee:

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Agency \_\_\_\_\_  
Position \_\_\_\_\_

#### Submitted By:

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Agency \_\_\_\_\_  
Position \_\_\_\_\_  
Day Phone \_\_\_\_\_  
Evening Phone \_\_\_\_\_

## News From Around The Region



### CHANGE OF ADDRESS

Bridget O'Brien-Ermlich RN, BSN, CWOCN  
25230 Hall Drive  
Westlake, Ohio 44145  
(440) 734-9886

Deanna Pratt RN, BSN, CWOCN, OCN  
21278 8 Mile Rd.  
Reed City, MI 49677-8651  
Or  
Intracorp  
PO Box 55  
Reed City, MI 49677  
(231) 832-2517

### ET NURSE OF THE YEAR

Look around. Don't you see a colleague doing an outstanding job? She's a mentor or an innovator. He stepped up to take the lead in organizing a big project. She's the one everybody else turns to for those unsolvable clinical problems. She doesn't make a lot of noise, but has the backbone of your department for years.

These outstanding ET/WOC nurses deserve your nomination for Nurse of the Year. It doesn't take long to complete the application, but the time will be well spent. Last year there were nine nominations. Let's make this year just as great.

The application form is printed in this issue. Deadline is September 1. Get writing!

## From the WOCNCB

85% of those who responded to the WOCNCB's Advanced Practice Survey on-line are interested in an Advanced Practice credential from the WOCNCB. This is a strong enough interest that further research is going to be conducted. If you would like to comment on this issue, contact Helen Tipton at: [helen@wocncb.org](mailto:helen@wocncb.org) or (888) 496-2622 Ext. 211

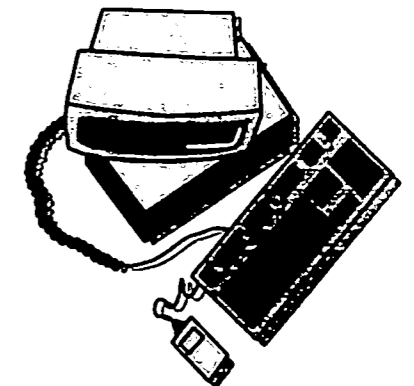
The WOCNCB is also looking for volunteers from each region or affiliate to serve as liaisons to the membership. If interested, also contact Helen Tipton as above.

### WEBSITE

MER is on the web!! Our website is up and running and Webmaster Shari Krishnan is working to improve. Drop by to take a look and give us your feedback.

[merwocn.org](http://merwocn.org)

Check us out!



**MIDEAST REGION MEMBERSHIP MEETING  
INDIANAPOLIS, INDIANA  
SATURDAY, OCTOBER 7, 2000**

**I. CALL TO ORDER BY JUDY WERNER, PRESIDENT AT 11:30 AM:** Judy thanked the conference committee for a wonderful conference. Introductions deleted for time saving. Add to new business Wage and Salary Survey.

**II. QUORUM DETERMINATION BY G. ALTIZER:** Discussions will be limited, if longer discussion is needed membership can vote to extend.

**III. ADDITION TO/ DELETIONS FROM AGENDA:** A. Davies moved to amend the agenda. Motion made to move election results and ET Nurse Awards to the beginning of the meeting. C. Towson seconded, membership voted all in favor of motion.

**IV. SECRETARY'S REPORT:** B. Winn reports minutes of last meeting published in August/ September 2000 MER Dropper. M. Arnold-Andrychuk moved to accept the minutes. R. Pochard seconded. Membership approved.

**V. TREASURERS REPORT:** C. Krusling took over as Treasurer in Toronto. Budget passed out to membership, will be published in the next Dropper. Balance as of this AM \$45,205.89. Discussion of proposed budget: Web Page will require some increase money from working operational budget. Board can make a decision to allot up to \$300.00 for special requests, more than \$300.00 needs to go to the membership for approval. R. Van Ingan and committee are till working on Honoring Norma Gill at National Conference. This would include a paid stipend would be an annual expense. Additional discussion on how to spend the money for member benefit. Suggestions included: Vouchers to National conferences, cont to subsidize attendance at Leadership Conference, continue to provide food at National membership meeting. C. Krusling motioned to accept budget as proposed. T. Boyd seconded, membership approved.

**VI. PRESIDENT ELECT REPORT:** None

**VII. AWARDS:**

**RESEARCH:** P. Gallagher: Dr. Barbara Piper Associate Professor at Wayne State University has been chosen to receive the Research Award for *WOUND PREVALENCE TYPE AND TREATMENT IN HOME CARE*. Dr. Piper Received a monetary award and plaque, which will be mailed to her.

**ET NURSE OF THE YEAR:** A. Davies: this year there was a very good response. Nine ET Nurses were nominated and all will receive recognition. Nominees: Nancy Waltz by J. Pittman, Michelle Glowala by J. Warren, Therese Staton by C. Smith, Julie Maloy by B. Gute, Donna Pennington by d. Starks, Mary Baker by M. Arnold-Andrychuk, Mary Arnold Andrychuk by L. Cook, Joan Sewickley by P. Makara. *The ET Nurse of the Year winner is Wyonna Stiffler, who was nominated by S. Harmony, D. White and M. Whitehead. Congratulations Wyonna.* Wyonna received an engraved clock from the Region.

**EXCELLENCE IN WRITING:** S. Davis: Two articles were submitted for consideration. Diane Morgan: *Pulse Lavage* and Barbara Piper: *Wound Prevalence Types and Treatment*. Dr. Piper received the award.

**APPLICATION FORM FOR RESEARCH FUNDS**

Name: \_\_\_\_\_  
Present Address: \_\_\_\_\_  
Telephone: Number: \_\_\_\_\_

Educational Background:

| Institution & Location | Inclusive Dates of Attendance | Diploma, Degree | Major |
|------------------------|-------------------------------|-----------------|-------|
| _____                  | _____                         | _____           | _____ |
| _____                  | _____                         | _____           | _____ |
| _____                  | _____                         | _____           | _____ |

Experience Record (last two positions):

| Title of Position | Employer Name & Address | Inclusive Date |
|-------------------|-------------------------|----------------|
| _____             | _____                   | _____          |
| _____             | _____                   | _____          |

Starting Date of Research Project: \_\_\_\_\_ Completion Date of Project: \_\_\_\_\_

Title of Research Project: \_\_\_\_\_

Date of Approval from Human Subjects Committee: \_\_\_\_\_

*(If neither exempt nor yet approved, please add a separate page discussing potential risks and benefits associated with the research and proposed safeguards.)*

Discuss how the funding will be spent.

In no more than two typed pages, describe the purpose, background and methodology of the study.

**RESEARCH GRANT AGREEMENT**

If my request is approved by the Mid-East Region Research Committee, I agree:

- To use the money as described in the application and return any unused funds to the Treasurer.
- When the study is completed, submit receipt(s) for the money spent and an abstract of the study to the chairperson of the Research Committee.
- When the research is published or presented, appropriate recognition of funding source (Mid-East Region, WOCNS) will be given.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Title of Project: \_\_\_\_\_

Project Beginning Date: \_\_\_\_\_ Project Completion Date: \_\_\_\_\_



### Mid-East Region Research Grant

**Purpose:** The purpose of this grant is to encourage ET nurses and nurses specializing in wound, ostomy and continence care to contribute to advancement of nursing knowledge through research.

**Eligibility Requirements:**

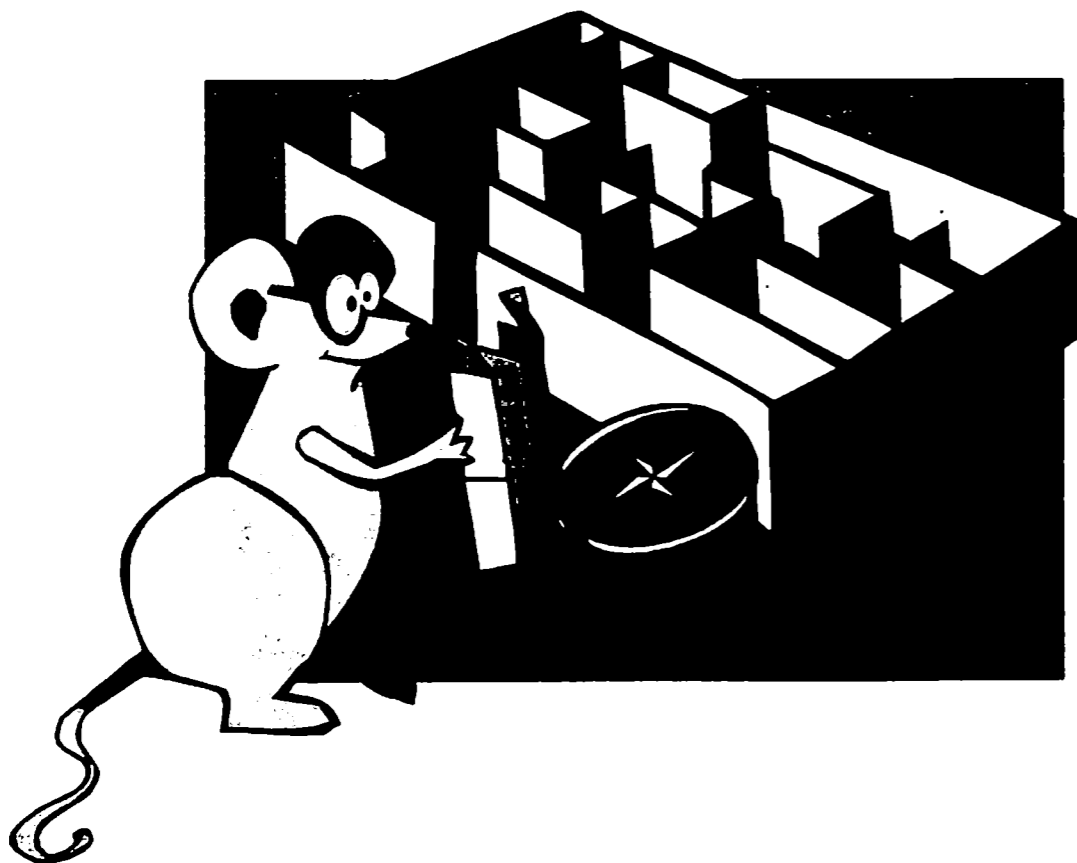
1. Active member of Mid-East Region of WOCN.
2. Primary investigator on a study.
3. Currently engaged in the study for which funding is requested or planning to implement the study within one year of funding.

**Funding:**

1. \$200 per applicant per available funds. One grant awarded in April and one in October.
2. Funding may be requested for photocopying, consultation, postage, computer supplies, etc.
3. Applications will be competitively reviewed by 5 members of the Research Committee.

**Submit 5 copies of the entire application to Research Committee Chair.**

**Deadline:** February 1 August 1



**NOMINATIONS:** S. Duda: Thank you to those who helped w the mailing and counting of Ballots. 405 ballots were sent, 2 were returned with no forwarding address. 143 ballots were returned.35%. 3 were ineligible, as had no name on the return envelope.

|                         |                   |             |
|-------------------------|-------------------|-------------|
| <b>President Elect:</b> | TERRI ROSS        | 127 VOTES * |
| <b>Secretary:</b>       | BETTY WINN        | 128 VOTES * |
| <b>Trustee 2:</b>       | MARILYN WHITEHEAD | 79 VOTES *  |
|                         | LISA KIRK         | 51 VOTES    |
| <b>Trustee 4:</b>       | BETH GUDDE        | 66 VOTES *  |
|                         | KATHRYN VOGELY    | 62 VOTES    |

**Bylaws vote were 120 in favor of the changes, there were 9 oppositions and that was only # 3.**

B. Roberts motioned to destroy the ballots, C. Smith seconded, membership agreed to Destroy the ballots.

#### **VIII. A. TRUSTEE # 1: B. Roberts:**

1. **STANDARDS: VACANT**
2. **RESEARCH: P. Gallagher: Four Research Awards: Three Kirchbaum and one Researcher Of the Year. Deadlines are June 1, and December 1. Nurse Researcher August 1. The award amount has been increased to \$300, and is presented at the Fall Regional Conference.**
3. **WEB PAGE: B. Roberts: Mary Beth Herbeck needs to step down as chair. No volunteer Found at this meeting. If anyone interested contact B. Roberts. MER is requesting a Link from the WOCN to the MER Page.**
4. **GOVERNMENT AFFAIRS: G. Altizer: Trying to establish an e-mail list for sharing of information, if you don't get information from GAC e-mail your address TO GALTIZER@CHHI.org. If you have anything of interest to forward it to Glenna and she will pass it to the membership.**

#### **B. TRUSTEE # 2: M. Arnold-Andrychuk:**

1. **PUBLICATIONS/NEWSLETTER: R. Pochard will be taking over the newsletter Publication, send anything you want published to her. In the exhibitor packet for this conference information was included on how to advertise in the Dropper.**
2. **PR/SUNSHINE: S. Kennedy: 7 congratulations cards sent also sympathy, get well. If you know of any new members let Shar know and she will send cards of Welcome.**
3. **FUNDRAISING: J. Sewickley: Thurs we raised \$238.00, Fri \$612, the Silent Auction raised \$614 for a total income of \$1464.00.**

#### **C. TRUSTEE # 3: C. Smith:**

1. **CONFERENCE PLANNING: 133 Registered participants at this conference, 95 % were ET Nurses? 2001 will be under Kentucky with M. Kranski as the chair dates October 18, 19 and 20. 2002 will be in Michigan. There will no longer be a separate Planning Treasurer it will be out of the Regions Treasury.**
2. **SCHOLARSHIP: No award this time as no application received by the June 1 deadline The one application received will be held until the next deadline. two \$ 500 awards available. Open to all MER active members for 2 years.**

**D. TRUSTEE #4: T.Ross:**

1. OPS MANUAL: A. Davies: J. Werner has discs available, notify her if you want one.
2. BYLAWS: G. Altizer: Bylaws will be updated and will be posted on the Web Page. If you want a paper copy notify Glenna and she will mail one to you.
3. HISTORIAN: J. Pittman is the new Historian if you have any old pictures for the Archives send them to Joy. Jodi Griswald did the ET tree.

**IX. UNFINISHED BUSINESS:**

- A. DISCRETIONARY FUNDING REPORT: A. Davies: The Board made a decision to have these funds come out of the General Regional part of the Budget. Less than \$300 by Board decision, more than \$300 needs to go to the membership for a vote.
- B. WOCN LEADERSHIP DEVELOPMENT INSTITUTE: The conference is being held in Cincinnati, Ohio on November 9-12. The Region assists the Officers to attend.
- C. REBATE: The rebate would be automatically sent to the Region you choose to belong to.
- D. NONRENEWALS: 11 to 26 % of non-renewals are in the Regions. Calling members and sending letters to question why not renewing.

**X. NEW PRESIDENT: J. Werner handed the gavel to the new president Allyn Davies.**

C. Smith moved to adjourn the meeting at 1:05 PM, S. Kennedy seconded, the motion passed by the membership.

Respectfully Submitted,

Betty Winn, secretary

# WHEN THE ULCER IS NOT THE ULCER

Differentiating Skin Ulcers for Optimal Outcomes and Minimal Economic Impact

**TWO DAY WORKSHOP**

DAY 1

Pressure Ulcers

Day 2

Vascular Ulcers

ATTEND ONE OR BOTH DAYS

## Program Description

This program has been designed to educate the clinician in properly differentiating a skin ulcer and selecting the most appropriate method of treatment to optimize patient outcomes while minimizing overall treatment costs. This same knowledge and skill can then be applied by the clinician for the prevention of skin ulcers and the associated inherent costs. The content of this program has been designed to provide a basic, yet comprehensive, education for all clinicians interested in the prevention and healing of skin ulcers, whether in the home care, long-term care, or hospital environment.

## Continuing Education Credits

Registered Nurses/Licensed Practical Nurses

This program has been approved by the AACN for the following continuing education units:

Day One:

7.5 contact hours

CERP Category A

#NUO1-001

Day Two:

7.5 contact hours

CERP Category A

#NUO1-002

## DAY 1 Pressure Ulcers

**OBJECTIVES:**

- Discuss the components, function & circulation of the skin
- Discuss the effect of pressure, shear & friction related to the development of pressure ulcers
- Develop a plan of care for a patient requiring pressure ulcer prevention
- Determine the stages of pressure ulcers
- List six areas of treatment necessary for pressure ulcer healing
- List three methods of pressure ulcer debridement
- Discuss the difference in pressure redistribution in static & alternating support surfaces

**COURSE CONTENT:**

- Incidence & Prevalence of Pressure Ulcers
- Anatomy & Physiology of the Skin
- Defining a Pressure Ulcer
- Formation of a Pressure Ulcer
- Pressure Ulcers Risk Factors
- Prevention of Pressure Ulcers
- Risk Assessment Tools
- Skin Care & Early Intervention
- Mechanical Loading & Support Surfaces
- Pressure Ulcer Assessment
- Staging of Pressure Ulcers
- Mechanisms of Tissue Repair
- Treatment of Pressure Ulcers
- Debridement
- Topical Dressings
- Infection Control
- Patient Education

**INTERACTIVE SKILLS WORKSHOPS:**

- Prevention Support Surfaces
- Static Support Surfaces
- Alternating Support Surfaces
- Seating Products & Pressure Mapping

## DAY 2 Vascular Ulcers

**OBJECTIVES:**

- List the steps of a physical assessment for patients with vascular ulcers
- Discuss the types of vascular insufficiency including etiology, signs & symptoms, and treatment options
- Discuss patient teaching information for vascular disease
- Perform Ankle Brachial Index & Toe Brachial Index screening using Doppler
- Understand how to apply external compression therapy products such as compression hosiery, compression wraps & intermittent pneumatic compression systems
- Document the correct assessment of the vascular ulcer

**COURSE CONTENT:**

- Incidence & Prevalence of Vascular Ulcers
- Patient History & Assessment
- General Assessment Components
- Etiology, Signs & Symptoms, Treatment Modalities and Patient/Caregiver Education related to:
  - Arterial Insufficiency Ulceration
  - Venous Insufficiency Ulceration
  - Neuropathic (Diabetic) Ulceration
  - Defensive Documentation for Vascular Ulcers

**INTERACTIVE SKILLS WORKSHOPS:**

- Monofilament Testing
- Ankle Brachial Index Testing using Doppler
- Toe Brachial Index Testing using Doppler
- Compression Stockings
- Compression Bandaging
- Pneumatic Compression Pumps

## Registration

WHEN THE ULCER IS NOT THE ULCER  
DIFFERENTIATING SKIN ULCERS FOR OPTIMAL OUTCOMES AND MINIMAL ECONOMIC IMPACT

Information (please print clearly)

Name and Title

Business Affiliation

Address

City, State, Zip Code

Daytime Phone Number

Fax Number

E-Mail Address

Fee (Includes tuition, course material, breaks, and lunch)

Day 1 - Pressure Ulcers ..... \$99.00

Day 2 - Vascular Ulcers ..... \$99.00

Both Days ..... \$198.00

**Method of Payment**

Check or Money Order payable to:

Huntleigh Healthcare, Inc.

Visa  Mastercard  American Express

Name On Card

Credit Card Number

Expiration Date

**Register By**

Phone - (800) 223-1218 ext 102

Fax - (732) 578-9889

Mail - Huntleigh Healthcare  
Attn: Clinical Admin. Assistant  
40 Christopher Way  
Eatontown, NJ 07724-3327

All registrations must be received at least one week prior.  
Refund available if cancelled by fax request 24 hours prior.

June 29 & 30, 2001

Columbus, Ohio

Crowne Plaza Hotel  
33 Nationwide Boulevard  
Columbus, OH 43219  
Phone: (614) 461-4100

August 17 & 18, 2001

Parsippany, New Jersey

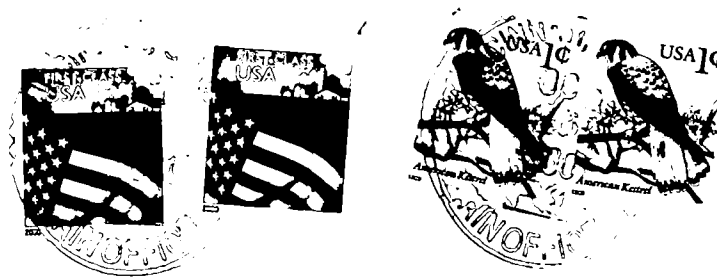
Hilton Parsippany  
One Hilton Court  
Parsippany, New Jersey 07054  
Phone: (973) 267-7373

Please contact the hotels directly if you require overnight accommodations.



Wound Ostomy and Continence Nurses Society

MID-EAS DROPPER  
Rita Pochard, BSN, RN, CWO CN  
30 Dusk Court  
Fairfield, OH 45014



A Publication Serving the Mid-East Enterostomal Therapy Nursing Profession

# MID-EAS DROPPER

Indiana, Kentucky, Michigan, Ohio, West Virginia

August/September, 2001

Joyce A. Pittman, RN, CWO CN  
2220 West Lakeview Drive  
North Vernon, IN 47265

**Please detach and mail the form below.  
Updated information is appreciated!**

**Name, Address or Employment Change?  
Please check the appropriate box . . .**

Date: \_\_\_\_\_

Name: \_\_\_\_\_  
(First Name, Last Name, Previous Name)

Home Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_

Phone (home): \_\_\_\_\_

Work Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_

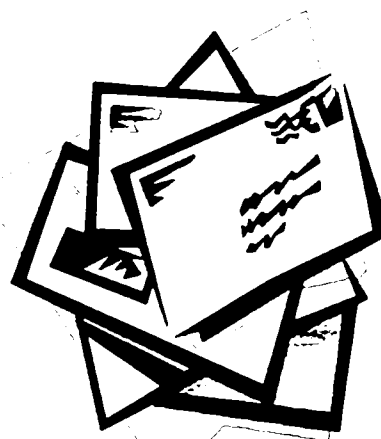
Phone (work): \_\_\_\_\_

Professional Status: \_\_\_\_\_

Do you wish change published in the MID-EAS DROPPER?  Yes  No

Your Signature: \_\_\_\_\_

Mail to:  
Rita Pochard  
30 Dusk Court  
Fairfield, OH 45014



## A Message From Our President . . .



Dear MidEast Region Members,

Hope you have all had a great summer. It's hard to believe summer's almost over, but it signals the time for our regional conference. The Kentucky group has been working hard to provide us with a good opportunity to meet our educational goals, have some fun, and network with our peers. The conference, entitled "GI Odyssey" is scheduled for October 18, 19, & 20, in Clarksville, Indiana. All we need to make this an even better conference is to have all of you there. If you have not received your conference brochure, call Millie Krainski.

During the next year, our MER board would love to see our members become more involved in regional activities. At our fall meeting, election results are announced. Thanks to the candidates who have agreed to run for office. Holding an office is a great way to foster leadership throughout the region. We will be looking for other ways to involve the membership in the business of the region. If anyone has suggestions, please let the Board know. Personally, I have always received more than I have given from my involvement in Mid-East Region activities. I encourage each of you to discover this for yourselves.

There is no such thing as too much communication. As a Board, we have been working diligently to get information out to our membership. A special thanks goes to two members who deserve special recognition for their efforts in the communication arena. Glenna Altizer, our Government Affairs chair, has done a stellar job keeping us informed about the Patients' Rights legislation via mass e-mail. Shari Krishnan also deserves a round of applause for redeveloping our Web Page. She has volunteered her time and expertise to provide the MER with a valuable tool that will greatly improve our communication in a more timely fashion. Thanks so much to these dedicated MER members.

I look forward to seeing you all at conference. Enjoy the end of the summer!

Sincerely,  
*Allyn Davies*  
MER Region President

**PRESIDENT**  
 Allyn Davies  
 1298 Emerald Creek Drive  
 Broadview Heights, OH 44147  
 H: (440) 746-9945  
 Email: Allynd1@aol.com

|  |  |  |  |
|--|--|--|--|
| <p><b>PRESIDENT-ELECT</b><br/>         Terri Ross<br/>         12153 Village Woods Drive<br/>         Cincinnati, OH 45241<br/>         W: (513) 369-8871<br/>         H: (513) 769-4090<br/>         Email: rossta@healthall.com</p>  | <p><b>SECRETARY</b><br/>         Betty Winn<br/>         6384 Engle Road<br/>         Brookpark, OH 44142<br/>         W: (216) 931-1355<br/>         H: (216) 267-8215<br/>         Fax: (216) 694-6343<br/>         Email: Betwin5351@aol.com</p>  | <p><b>TREASURER</b><br/>         Cecilia A. Krusling<br/>         4907 Savage Road<br/>         Lynchburg, OH 45142<br/>         W: (937) 382-9380<br/>         H: (513) 875-3170<br/>         Email: jkruslin@cinc.tds.net</p>  | <p><b>TRUSTEES (4)</b><br/>         See Below</p>  |
| <p><b>TRUSTEE #1</b><br/>         Rebecca Roberts<br/>         2932 Corydon<br/>         Cleveland Heights, OH 44118<br/>         W: (216) 932-0961<br/>         Email: BeckyRNET@aol.com</p>  | <p><b>TRUSTEE #2</b><br/>         Marilyn Whitehead<br/>         Kettering Medical Center<br/>         3535 Southern Blvd.<br/>         Kettering, OH 45429<br/>         W: (937) 298-4331 ext. 7519<br/>         H: (513) 897-4868<br/>         Fax: (937) 297-8007<br/>         Email: marilyn.whitehead@kmcnetwork.org</p>  | <p><b>TRUSTEE #3</b><br/>         Carolyn Smith<br/>         3917 S. Houck<br/>         Marion, IN 46953<br/>         W: (765) 662-4658<br/>         H: (765) 674-5761<br/>         Email: Carolyn@comteck.com</p>   | <p><b>TRUSTEE #4</b><br/>         Beth Gudde<br/>         2183 Dover Center Road<br/>         Westlake, OH 44145<br/>         H: (440) 899-7414<br/>         Email: Bethgudde@aol.com</p>  |
| <p><b>COMMITTEES</b></p> <p><b>Standards</b><br/>         Vacant</p> <p><b>Web Page</b><br/>         Sharon Ballard-Krishnan<br/>         1550 Brandywine<br/>         Bloomfield Hills, MI 48304<br/>         H/W: (248) 852-2891<br/>         Fax: (248) 299-3691<br/>         E-mail: shanikrish@aol.com</p>  | <p><b>COMMITTEES</b></p> <p><b>Publication (Newsletter)</b><br/>         Rita Pochard<br/>         30 Dusk Court<br/>         Fairfield, OH 45014<br/>         W: (513) 389-5067<br/>         H: (513) 829-3146<br/>         Email: RJPochard@health-partners.org</p> <p><b>E.T. Nurse of the Year</b><br/>         Terri Ross<br/>         12153 Village Woods Drive<br/>         Cincinnati, OH 45241<br/>         W: (513) 585-0871<br/>         H: (513) 769-4090<br/>         Email: rossta@healthall.com</p> | <p><b>COMMITTEES</b></p> <p><b>Conference Planning 2001</b><br/>         Carolyn Smith (see above)<br/>         2001 Millie Krainski<br/>         (502) 897-8329</p> <p>2002 Judy Werner<br/>         (517) 686-5767</p> <p><b>Scholarship</b><br/>         Carolyn Smith<br/>         3917 S. Houck<br/>         Marion, IN 46953<br/>         W: (317) 662-4658<br/>         H: (317) 674-5761<br/>         Email: Carolyn@comteck.com</p> | <p><b>COMMITTEES</b></p> <p><b>Operations Manual</b><br/>         Terri Ross<br/>         12153 Village Woods Drive<br/>         Cincinnati, OH 45241<br/>         W: (513) 369-8871<br/>         H: (513) 769-4090<br/>         Email: rossta@healthall.com</p> <p><b>Bylaws</b><br/>         Glenna Altizer<br/>         6688 Mud River Road<br/>         Barboursville, WV 25504<br/>         W: (304) 526-2285<br/>         H: (304) 733-0766<br/>         Fax: (304) 526-2137<br/>         Email: galtizer@chhi.org</p> |
| <p><b>Research</b><br/>         Pat Gallagher<br/>         1109 Melrose Drive<br/>         Westlake, OH 44145<br/>         H: (440) 356-0759<br/>         W: (216) 931-1355<br/>         Fax: (216) 694-6343</p> <p><b>Government Affairs</b><br/>         Glenna Altizer<br/>         6688 Mud River Road<br/>         Barboursville, WV 25504<br/>         W: (304) 526-2285<br/>         H: (304) 733-0766<br/>         Fax: (304) 526-2137<br/>         Email: galtizer@chhi.org</p> | <p><b>Fundraising</b><br/>         Joan Sewickley DiBernardi<br/>         84 Red Dog Lane<br/>         Lake Milton, OH 44429<br/>         W: (800) 289-1261 x4459<br/>         H: (330) 654-5362<br/>         Fax: (330) 654-3426<br/>         Email: TuckerandJoan@msn.com</p> <p><b>PR/Sunshine/Membership</b><br/>         Rebecca Roberts<br/>         2932 Corydon<br/>         Cleveland Heights, OH 44118<br/>         W: (216) 932-0961<br/>         Email: BeckyRNET@aol.com</p>                          | <p><b>Excellence In Writing</b><br/>         Sarah Davis<br/>         2540 Overlook Rd, Apt. 16<br/>         Cleveland, OH 44106<br/>         H: (216) 371-5846</p>  | <p><b>Nominations</b><br/>         Sandy Duda<br/>         1448 Cedarwood Drive #C2<br/>         Westlake, OH 44145<br/>         W: (216) 931-1355<br/>         H: (440) 808-8429<br/>         Fax: (216) 694-6343</p> <p><b>Historian</b><br/>         Joy Pittman<br/>         411 W. Tipton St. PO Box 2349<br/>         Seymour, IN 47274<br/>         W: (812) 522-0535<br/>         H: (812) 346-2710<br/>         Fax: (812) 522-0779<br/>         Email: jpittman@memorial-hosp.org</p>                              |

**Parliamentarian**  
 Glenna Altizer  
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 H: (517) 686-5767  
 Fax: (517) 771-6503  
 Email: jwerner@CHS-MI.com



**YOU**  
 are invited to  
**ADVERTISE**  
 in the  
**Mid-Eas Dropper**

The Mid-Eas Dropper is the official newsletter of the  
 MidEast Region WOCN  
 (Indiana, Kentucky, Michigan, Ohio, West Virginia)

Ad form (and ad) must be received by  
 January 15, 2002  
 for inclusion in the first Mid-Eas Dropper of  
 2002.

For business card ads, include a business card with  
 order form.

For print/photo ads, include a black and white  
 PRINT QUALITY prototype with order form.

Questions?  
 Call Rita Pochard  
 (513) 389-5067

**MID-EAS DROPPER NEWSLETTER AD FORM**  
 (please enclose this form with your ad)

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Company  
 Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Telephone Number: \_\_\_\_\_

**Make checks payable to MidEast Region of WOCN**

Ads run for one year (three issues): Jan/Feb, May/June, Sept/Oct, 2002

Business Card Ad \$35.00  
 1/4 Page Ad \$75.00  
 1/2 Page Ad \$150.00  
 Full Page Ad \$250.00

**MAIL TO:**

Rita Pochard  
 30 Dusk Court  
 Fairfield, OH 45014

**MID-EAST REGION ADVANCED PRACTICE SCHOLARSHIP APPLICATION**

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone Home (\_\_\_\_) \_\_\_\_\_  
 Work (\_\_\_\_) \_\_\_\_\_  
 Social Security Number \_\_\_\_\_

**Educational Motivation**

Explain how you plan to use your advanced education to contribute to WOC(ET) Nursing. Please limit your reply to 100 words or less and be specific.

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**RESEARCH**

We have not had any research applications submitted over the summer. Please remember that there are monetary awards available to help pay for your research costs. If you need an application please e-mail me at [tap2flo@aol.com](mailto:tap2flo@aol.com). Thanks and looking forward to seeing you at the conference in Indiana in October.

*Pat Gallagher*



**FUNDRAISING**

*Joan Sewickley DiBernardi*

**GOVERNMENT AFFAIRS**

The Mid-East Region web site is now up and running as you read this. It includes a government affairs page that I will be updating on a regular basis. In addition, I have included a number of links that will take you to the WOCN National site, a Congressional site, and links to all five of our state legislatures. Also, there are several features I will be updating every one to two weeks. One will be called **Meet Your Elected Officials**. There will be links to profiles of different elected officials so we can get to know a little bit more about them. There will also be links to other political sites that are informative and/or entertaining. As you use the page, let me know what you think. I would love to hear from you about issues to cover and thinks to include. At the bottom of the page there is a link you can use to e-mail me with your ideas and

suggestions. I am especially interested in members forwarding issues happening in their state or region that I may miss here. If you can give me a lead, I can usually find details in web versions of local newspapers.

Also, at our last Board meeting it was decided to revive the Mid-East Region scholarship for the Nurse in Washington Internship (NIWI). If you are not familiar with NIWI, it is a four-day learning experience that teaches nurses to be politically savvy. Current issues are reviewed and you will learn techniques to lobby and network. It is a very worthwhile experience. If you are interested, there is an application form in this issue of the Dropper. If you have any questions, please contact me.

*Glenna Altizer*

**SUNSHINE**

As the new Sunshine Chair, I need you to keep me informed of events that deserve a note of congratulations. At the regional meeting in Portland, we had fun applauding those who had suffered through the certification test, and those who had graduated or become a new grandparent. It is this camaraderie that ties us together. Please let me know when anyone needs an expression of thoughtful support. E-mail any events concerning members to [beckyrnet@aol.com](mailto:beckyrnet@aol.com)

It has been an honor and a privilege to serve you as a trustee. Thank you!

*Becky Roberts*

**Don't forget to  
VOTE!  
Ballots due 9/25**



Committee Reports, Continued

## WEB PAGE

The MidEast Region has much to celebrate. Our Web site is updated and ready for us to check regularly for updates and use as a vital communication tool. As part of the authoring package, we acquired a new Web site address. It's <http://www.mideastregion.org>. There are three shared "Webmasters" for this site. The Web site manager (Shari Krishnan), the Regional President (Allyn Davies), and the Governmental Affairs Chair (Glenna Altizer). Allowing three people to feel comfortable with updates will keep the Web site living, whether someone is on vacation or not. Since the Regional President will typically be the first person to receive "hot topics" from the National WOCN office, the President needs to have a mechanism to report such to our general membership. Timely posting of information is also important for the success of our Governmental Affairs chair and related committee members. These individuals are now capable of updating the Web site promptly, as they feel is necessary. The Web site will mostly be used for information not found in the Dropper. This will save on costs for both projects. Please do not be concerned by this. People will still be reporting off in the Dropper. The information shared on the Web site would be too time-sensitive to wait for publication in the newsletter. There are only five pages to the site. This was decided to keep the site fresh and easy to manage. To have something posted on the site it must be approved by the President and anyone else she/he feels needs input. Once approved, one of the three Webmasters will post the information on their appropriate pages. I'd like to formally thank the MidEast Region for your complete support in allowing me to take this project and run with it. It made it much easier to be a Webmaster when you put your trust in me to do my job to the best of my ability. Enjoy the site!!

**Shari Krishnan**

## SCHOLARSHIP

No applications were received for the Advanced Practice Scholarship so there will be no award at the October meeting. The application deadline for the June Award is **January 30**. The application is printed elsewhere in this issue.

**Carolyn Smith**

## CONFERENCE PLANNING

The 2001 Fall Regional Conference, entitled "2001: A GI Odyssey" will be held as follows:

Date: October 18, 19, 20, 2001  
Place: Holiday Inn Lakeview  
Clarksville, IN

At publication time there was still space available. (See registration form in this issue.) There has been a change in plans for 2002. The conference will again be held in Frankenth, Michigan for all you Bonner Christmas Store fans. More news to follow. The contact person is Judy Werner at 517-686-5767.

**Carolyn Smith**

## PUBLICATIONS

The deadline for submission for the next issue of the Mid-Eas Dropper is January 15. Please feel free to submit any news about WOC/ET nursing in your area. Do you plan to designate an ET Nurses Day? If so, when? Let me know your plans and we'll share them with the rest of the region members. Are the WOC/ET nurses in your area planning an educational offering or organizing in other ways that others may benefit? I'd be glad to publicize it. I would also like to thank the MidEast Region for the support offered me when my dad passed away last month. It was greatly appreciated.

**Rita Pochard**



## Mideast Region Advanced Practice Scholarship Application

Your application **MUST** contain all requested information or it will not be processed.

DO NOT leave blanks.

A typed application is preferred.

Handwritten applications must be legible.

Submit four (4) identical stapled sets of your application in the following order:

1. Demographic information
2. Copy of acceptance **and** evidence of current class enrollment in graduate program.
3. Copy of completion of ETNEP program.
4. Copy of current certificate of certification from WOCNCB.
5. Proof of WOCN (Mideast Region) membership for one (1) year prior to application.
6. Essay (100 words or less) on How you plan to contribute to WOC(ET) Nursing with this knowledge/degree.

Submission deadlines:

January 30 for June distribution at National WOCN meeting.  
June 1 for October distribution at Regional meeting.

Return to: Scholarship Chair Mideast Region

## Committee Reports, Continued

### TRUSTEE #3

It has been my privilege to serve as Mid-East Regional Trustee #3 for the last four years. As my term is ending this year, I would like to thank all of you for your help and support that has made these years such a wonderful opportunity for me. I have made many new friends and learned many new things. I have gained a new knowledge and respect for how the WOCN works on behalf of our profession, both at the national and local levels. I have had the chance to meet many of our national officers and other regional officers as part of my duties as your trustee.

I hope my thoughts can encourage one of you to run for this office in the future. The only requirements for it are that you have a BSN, be an active member for 1 year, and have a motivation to expand your professional horizons.

Thank you for a wonderful 4 years!

*Carolyn Smith*

### NOMINATIONS

Look for your MERWOCN ballot in the mail. It will be mailed on September 10, 2001. Please take time to review the nominees and return your vote, as instructed, by September 25, 2001. **NO BALLOTS WILL BE ACCEPTED IN CLARKSVILLE, INDIANA.** If you DO NOT receive a ballot, and should have, contact Beth Gudde, Trustee #4, at 440-899-7414 or email at [bethgudde@aol.com](mailto:bethgudde@aol.com). **YOUR VOTE COUNTS-** but only if completed as directed.

*Sandy Duda*

### WEBSITE

Our website is up and running thanks to Web master Shari Krishnan.

Stop by  
[mideastregion.org](http://mideastregion.org)  
and take a look!!

### KUDOS

The following MER members participated in the poster session for the WOCN in Portland:

Diane Morgan (Battle Creek, MI)  
Christie Duncan (Indianapolis, IN)  
Barbara Hocesvar (Cleveland, OH)  
Patricia Barrett (Cleveland, OH)  
Bridget-O'Brien Ermlich (Cleveland, OH)  
Barbara Pieper (Detroit, MI)

### ATTN: OHIO & MICHIGAN WOCN Members

### 30-50% RENTAL COST RELIEF: SUPPORT SURFACES & BARIATRICS



Since 1993, AME has provided Central Ohio Hospitals with innovative products and substantial cost savings over national providers. AME now announces our expanded service area, and comprehensive product solutions:

#### Expanded Service:

**Ohio:** State-Wide (Centers: Colum., Cinti., Dayton, Toledo, Cleve.)

**Michigan:** Central/Southern (Centers: Saginaw, Detroit (6/01))

#### Innovative Solutions:

- ✓ **Wound Care:** ROHO® Dry Floatation, Low Air Loss, Alternating Pressure, Lateral Rotation, Warm-Up® Therapy
- ✓ **Bariatric Care:** Bed Frames, Complete Room Environments
- ✓ **Specialty Products:** Portable Underbed Scales, BARTON™ Transfer Systems, Operating Room Pads



AMERICAN MEDICAL EQUIPMENT

1 - 8 0 0 - 6 6 2 - 4 6 6 6

Clinical & Financial Solutions

### Something for everyone

If you find mistakes in this publication, consider they are there for a reason. We strive to include a little something for everyone in this newsletter and some people like to look for mistakes!

One System from Hospital to Home!

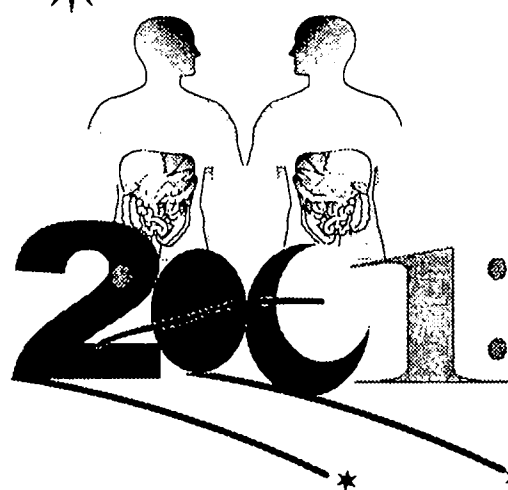
**newimage**  
Two-Piece Ostomy System

The New Image Ostomy System from Hollister Incorporated is all you expect... and more!

- ▶ Stationary Flange provides a lower profile and smoother appearance
- ▶ CenterPointLock patented closure mechanism protects against unintentional separation of barrier and pouch
- ▶ Floating Flange eliminates pressure on tender abdomens
- ▶ Beige flanges are more discreet under clothing

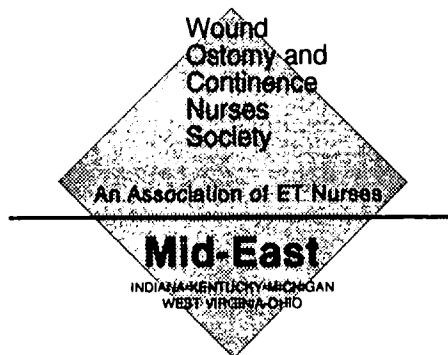
The New Image system includes a variety of pouches...drainable, closed and urostomy... to meet a wide range of clinical applications. All the pouches are made from the Hollister exclusive odor-barrier quiet film to effectively contain odor and are 3.5 times quieter than the competition.

Authorized Hollister Retailer  Hollister.



# A GI ODYSSEY

October 18, 19, & 20, 2001



## Paula Erwin-Toth MSN, RN, ET, CWCN, CNS

Director of Enterostomal Therapy  
Sponsored by Convatec

## Mary E. Fallat M.D.

Associate Professor of Surgery, University of Louisville,  
Division of Pediatric Surgery & Department of Surgery  
Sponsored by Norton HealthCare

## Susan Galandiuk M.D.

Professor of Surgery, Program Director of Colon Rectal  
Surgery, University of Louisville Hospital  
Sponsored by Central Ky. Ostomy

## James I. Harty M.D.

Clinical Professor of Urology, University of Louisville  
Sponsored by Central Ky. Ostomy

## Stephen A. McClave M.D.

Professor of Medicine, University of Louisville School of Medicine  
Sponsored by KCI

## Wayne Tuckson M.D.

Colorectal Surgeon Private Practice, Kentuckiana Colon  
Rectal Surgery, Clinical Associate Professor,  
Department of Surgery, University of Louisville Hospital  
Sponsored by Coloplast

- Day One**
- \* Discuss the clinical indications for the pediatric ACE procedure.
  - \* Identify the benefits of early nutritional support in the trauma patient.
  - \* Describe methods to provide early enteral feeding in the gastrointestinal surgery patient.
  - \* Summarize new treatment modalities for the patient with fecal incontinence.
  - \* Discuss the surgical management of complicated post-operative fistulas.
  - \* Describe new surgical treatment options for the patient with rectal cancer.
  - \* Demonstrate current nursing techniques for the management of enterocutaneous fistulas.

- Day Two**
- \* Recognize how cultural disparity affects colorectal cancer mortality.
  - \* Identify clinical indications for the neobladder procedure.
  - \* Formulate the role of the Wound Ostomy Continence Nurse in the 21st century.

## CONTINUING EDUCATION

Contact hours are provided by D & R Pharmcare, a KBN approved provider of continuing education. Friday's program has been approved for 7.1 contact hours (KBN # 6-0002-7-03-001). Saturday's program has been approved for 3.7 contact hours (KBN # 6-0002-7-03-002). Kentucky Board approval of an individual nursing continuing education provider does not constitute endorsement of program content. In order to receive continuing education credit, the participant must attend each day in its entirety and complete the evaluation form.

## GENERAL INFORMATION

### Conference Registration

- Complete attached form (may duplicate)
- Send check and reservation form to:  
Mille Krainski, 9906 Melissa Drive, Louisville, KY 40223
- Deadline: September 14, 2001
- Additional \$10.00 late fee after September 14, 2001

### EEE

Thursday, Friday, Saturday.....\$100.00  
Friday Only.....\$85.00  
Saturday Only.....\$50.00

### Guest-Fee for Evening Activities

Space may be limited.

Special thanks to Norton HealthCare for printing this brochure.  
Special thanks to Baptist Hospital East for mailing this brochure.

## TARGET AUDIENCE

This program is targeted to wound, ostomy, continence nurses, RNs and LPN's, Nurse Practitioners, Dietitians and other health care professionals practicing in acute care, ambulatory care, sub-acute, long-term and home-care settings who have an interest in and provide care to patients with lower gastrointestinal and urological disorders.

## PROGRAM

The program will emphasize current trends in diagnosis and treatment of GI disorders.

## VENDORS

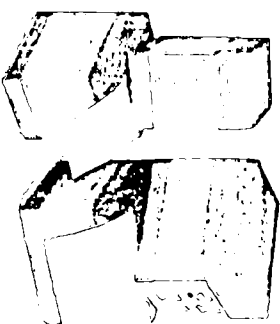
Vendors will be displaying current products and information for wound, ostomy, incontinence care, nutrition and support surfaces.

# ASHTON MEDICAL PRODUCTS

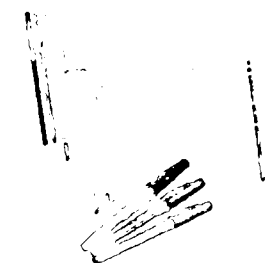
## Distributor of Innovative Wound Care Supplies



**Dynarex**  
Gauze Products



**Gentl-Fix**  
Non-woven Fabric Dressing Cover



**Ferris PolyMem**  
The Pink Dressing

**SILVERLON**

The Silver Wound Dressing  
Harnessing The Healing Power of Silver

**E-Z Graph**  
Wound Assessment System

For additional information or samples of any of the products,

please call: 1-800-678-2916.

Ashton Medical Products  
3306 Encreate Lane  
Dayton, Ohio 45439



**Mid-East Region Nurse Researcher Award**

The Mid-East Region WOCNS Nurse Researcher Award will honor an individual or group who has completed a nursing research study that has focused on wound, ostomy, or continence care and disseminated the results through presentation or publication. \$300 will be awarded to the recipient.

**Criteria:**

- The individual or group has completed a nursing research study which has followed appropriate research methods and protection of human rights.
- The research adds to the body of nursing knowledge in regards to ostomy, wound or continence care.
- The findings of the research have been published, submitted for publication, or presented at professional meetings.
- The study may be a funded or unfunded project.
- Investigators doing manufacturer directed and subsidized R&D studies are excluded.

**Eligibility Requirements**

- Active member of the WOCNS
- Primary investigator on the study.
- Investigators doing manufacturer directed and subsidized R&D studies are excluded

Submit five (5) copies of the entire application to:  
The Research Committee Chair

**Deadline: August 1**

**MID-EAST REGION WOCNS NURSE RESEARCH AWARD APPLICATION**

Nominee Name \_\_\_\_\_  
 Professional Title \_\_\_\_\_  
 Employment Address \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_  
 Home Address \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_  
 Phone (work/home) \_\_\_\_\_  
 Active Member Mid-East? Yes \_\_\_\_\_ No \_\_\_\_\_  
 Title of Research: \_\_\_\_\_  
 Provide Brief Description of Study (No longer than 2 double-spaced pages)  
 State purpose, protocols, results, and discussion) \_\_\_\_\_  
 Submission for Publication (list journal & date) \_\_\_\_\_  
 Presentation at professional meeting (please list) \_\_\_\_\_  
 Provide one letter of support. \_\_\_\_\_

**AGENDA**

- Thursday, October 18, 2001**
- 5:00-6:30 p.m. Conference Registration & Grand Opening of Exhibits
  - 6:30-9:00 p.m. Hors d'oeuvres & cash bar: Sponsored by Hillrom & Mideast Region
- Friday, October 19, 2001**
- 7:00-8:00 a.m. Conference Registration & Continental Breakfast
  - 8:00-8:50 a.m. *Dr. Mary Fallat: Pediatric ACE Procedure (Antegrade Continence Enema)*
  - 8:50-9:45 a.m. *Dr. Stephen McClave: Impact of Early Enteral Feeding on Patient Outcome*
  - 9:45-10:30 a.m. Break and Exhibits
  - 10:30-11:30 a.m. *Paula Erwin-Toth: Major Intestinal Surgery: Fast Tracking with Early Feeding*
  - 11:30-1:30 p.m. Lunch/Exhibits: Sponsored by Convatec
  - 1:30-2:15 p.m. *Dr. Susan Galandluk: Evaluation of the Patient with Fecal Incontinence: Newer Treatment Modalities, Including the Acticon Device*
  - 2:15-3:00 p.m. *Dr. Susan Galandluk: New Options in the Treatment of Rectal Cancer*
  - 3:00-3:15 p.m. Break/Closing of Exhibits: Sponsored by Coloplast
  - 3:15-4:00 p.m. *Dr. Susan Galandluk: Treatment of Post-operative Fistulas and Reoperative Surgery for Post-operative Complications*
  - 4:00-4:50 p.m. *Paula Erwin-Toth: Fistula Management and Case Studies*
  - 4:50-5:00 p.m. Evaluations and Certificates
  - 6:00 p.m. Evening Entertainment
- Saturday, October 20, 2001**
- 7:30-8:30 a.m. Conference Registration & Continental Breakfast
  - 8:30-9:30 a.m. *Dr. Wayne Tuckson: Cultural Disparity in Colorectal Cancer Mortality*
  - 9:30-10:30 a.m. *Dr. James I. Hartly: Creation and Management of Neobladder after Cystectomy*
  - 10:30-10:45 a.m. Break
  - 10:45-11:45 a.m. *Paula Erwin-Toth: Creating Champions for The Future*
  - 11:45-12:00 p.m. Evaluations and Certificates
  - 12:00-2:15 p.m. Buffet Lunch/Mideast Region Membership Meeting

**HOTEL INFORMATION**

**Holiday Inn Lakeview**

Louisville-North  
505 Marriott Drive  
Clarksville, IN 47129

Phone: 812-283-4411  
Fax: 812-288-8976  
(IN) 800-824-7740  
(USA) 800-544-7075

E-mail: info@lakeviewin.com  
Website: www.holiday-inn.com/clarksvilleky

Business or Pleasure: The Holiday Inn Lakeview in Clarksville, Indiana has many amenities including:

**Recreational Facilities**  
Indoor & Outdoor Pools, Fitness Rooms  
Tennis Courts, Miniature Golf  
12-Acre Lake, Lords of London Dining Room  
Lakeview Lounge

**Also for your convenience:**  
Two minutes from Downtown Louisville  
Next to Derby Dinner Playhouse  
13 miles from Caesars Riverboat Casino  
Complimentary Airport Shuttle

**Rate: \$67.00 for single/double occupancy.**  
**Reservation deadline for this rate:**  
**September 14, 2001**  
**For more information contact:**  
**Millie Krainski (502) 897-8329**

**Directions to Holiday Inn**

**Northbound on I-65:** Cross Ohio River from Louisville, KY to Clarksville, IN. Follow signs for Hwy 62 West (New Albany/Clarksville). Exit at Stansifer Ave. Turn left onto Stansifer Ave. Cross under I-65 and turn left onto Marriott Drive.

**Southbound on I-65:** Pass Clarksville and exit at Hwy 62 East (Jeffersonville) to Stansifer Ave. exit. Turn right onto Stansifer Ave., then turn left onto Marriott Drive.

**2001: A GI ODYSSEY**

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone: Work \_\_\_\_\_ Home \_\_\_\_\_  
 Social Security Number \_\_\_\_\_ Nursing License Number \_\_\_\_\_  
 WOCN Member \_\_\_\_\_ Non-Member \_\_\_\_\_ by 9-14-01 after 9-14-01

|                             |       |  |                          |                        |                          |                           |                          |                           |                          |  |
|-----------------------------|-------|--|--------------------------|------------------------|--------------------------|---------------------------|--------------------------|---------------------------|--------------------------|--|
| Thursday, Friday & Saturday | \$110 | Attending Friday Night Activities? (check one or leave blank if not attending) | <input type="checkbox"/> | Derby Dinner Playhouse | <input type="checkbox"/> | Caesar's Riverboat Casino | <input type="checkbox"/> | Request Vegetarian Meals? | <input type="checkbox"/> | yes <input type="checkbox"/> no <input type="checkbox"/> |
| Friday Only                 | \$95  |  | <input type="checkbox"/> |                        | <input type="checkbox"/> |                           |                          |                           | <input type="checkbox"/> |  |
| Saturday Only               | \$60  |  | <input type="checkbox"/> |                        | <input type="checkbox"/> |                           |                          |                           | <input type="checkbox"/> |  |

Guest fee for Friday evening activities:  
 Derby Dinner Playhouse  \$30  
 Caesar's Riverboat Casino  \$15

Make check payable to WOCN, Mid-East Region  
Mail check and registration to Millie Krainski, 9906 Melissa Dr., Louisville, KY 40223

**2001 MidEast Region of WOCN Election Nominees**

**TRUSTEE 1**

*Denise Carlson Starks, RN, BSN, CWOCN, (ET)*

Denise received her BSN in 1982 from North Park College, Chicago, Illinois. She received her E.T. education from Abbott Northwestern in 1993. She practices as an ET in the acute, home care, and long term care arena. Currently, she is employed by Lakeland Health and Healing in Berrien county, covering acute and LTC facilities. She chairs the Skin Care Task Force, participates on the product selection committee, and on the patient education committee. Denise says, "I would like to expand my role as a WOCN by joining the Board of the MERWOCN."

*Carol Towson, RN, BSN, CWOCN(ET)*

Carol received an ADN in 1985 from Kettering College of Medical Arts, and a BSN from Miami University, Oxford, Ohio in 1996. She received her E.T. education from Wicks Educational Associates ET Nursing Program, Mechanicsburg, Pennsylvania, 1998. She is employed at Kettering Medical Center, Kettering, Ohio, where she practices the full scope of ET practice. She has had experience, also, as a staff nurse, charge nurse, and relief supervisor. Carol says, "I would like to rekindle the fire under the Mid East Region and spark the interest of all members to actively participate in the association."

**TRUSTEE 3**

*Patti Gable Burke, RN, BSN, CWOCN, (ET)*

Patti graduated from the University of Cincinnati College of Nursing. Her career path began as a staff nurse, moved into wound, ostomy, continence product sales, and then product management. She attended the Cleveland Clinic ET Program, receiving her certification in 1995. Currently she practices WOC nursing in a private practice that serves hospitals, long term care facilities, and home care agencies. She is actively involved in the local ET organization, is the UOA liaison, and is a member of the WOCN Professional Growth Program Committee. She has participated in planning meetings, managing projects, and critically reviewing literature. She says, "I believe that when you belong to an organization you should be actively involved in it. The time is now and I believe that my experiences, skills, drive and enthusiasm will allow me to successfully fill the role as the Mideast Region's TRUSTEE 3."

*Lisa Kirk, RN, BSN, CWOCN(ET)*

Lisa has a BSN from Indiana Wesleyan University. Her E.T. education is from Emory University in Atlanta in 1995. She practices the full scope of ET practice in long term acute care. Previously, she has had ET experience in acute care, home care, and out-patient care. She is involved with patient and staff education. She has experience in developing an UOA support group. She has served as Co-Chair of the Indiana Skin Care Consortium. Lisa says, "I want to become more involved in the Mid East Region and learn how our organization functions."

**APPLICATION FORM FOR RESEARCH FUNDS**

Name: \_\_\_\_\_

Present Address: \_\_\_\_\_

Telephone: Number: \_\_\_\_\_

Educational Background:

| Institution & Location | Inclusive Dates of Attendance | Diploma, Degree | Major |
|------------------------|-------------------------------|-----------------|-------|
| _____                  | _____                         | _____           | _____ |
| _____                  | _____                         | _____           | _____ |
| _____                  | _____                         | _____           | _____ |

Experience Record (last two positions):

| Title of Position | Employer Name & Address | Inclusive Date |
|-------------------|-------------------------|----------------|
| _____             | _____                   | _____          |
| _____             | _____                   | _____          |

Starting Date of Research Project: \_\_\_\_\_ Completion Date of Project: \_\_\_\_\_

Title of Research Project: \_\_\_\_\_

Date of Approval from Human Subjects Committee: \_\_\_\_\_

*(If neither exempt nor yet approved, please add a separate page discussing potential risks and benefits associated with the research and proposed safeguards.)*

Discuss how the funding will be spent.

In no more than two typed pages, describe the purpose, background and methodology of the study.

**RESEARCH GRANT AGREEMENT**

If my request is approved by the Mid-East Region Research Committee, I agree:

- To use the money as described in the application and return any unused funds to the Treasurer.
- When the study is completed, submit receipt(s) for the money spent and an abstract of the study to the chairperson of the Research Committee.
- When the research is published or presented, appropriate recognition of funding source (Mid-East Region, WOCNS) will be given.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Title of Project: \_\_\_\_\_

Project Beginning Date: \_\_\_\_\_ Project Completion Date: \_\_\_\_\_

### Mid-East Region Research Grant

**Purpose:** The purpose of this grant is to encourage ET nurses and nurses specializing in wound, ostomy and continence care to contribute to advancement of nursing knowledge through research.

**Eligibility Requirements:**

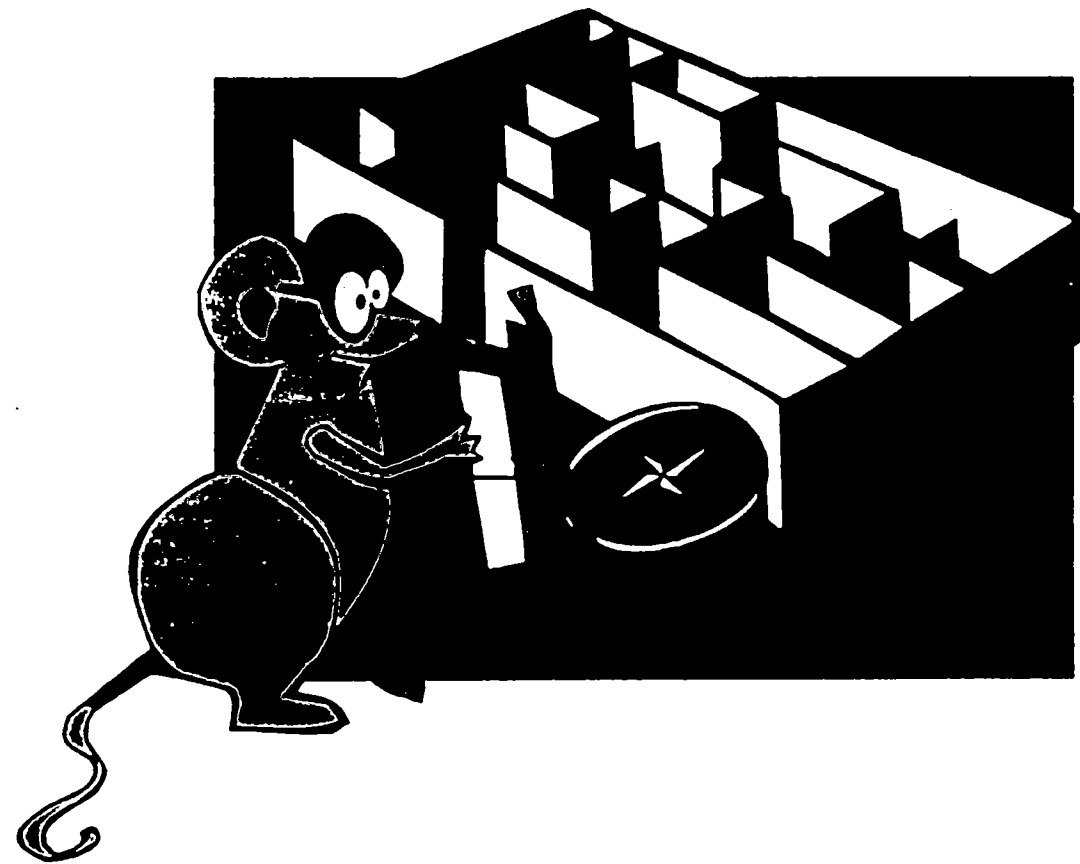
1. Active member of Mid-East Region of WOCN.
2. Primary investigator on a study.
3. Currently engaged in the study for which funding is requested or planning to implement the study within one year of funding.

**Funding:**

1. \$200 per applicant per available funds. One grant awarded in April and one in October.
2. Funding may be requested for photocopying, consultation, postage, computer supplies, etc.
3. Applications will be competitively reviewed by 5 members of the Research Committee.

**Submit 5 copies of the entire application to Research Committee Chair.**

**Deadline:** February 1 August 1



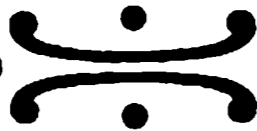
### TREASURER

*Cecilia A. Krusling, RN, BSN, CWOCN(ET)*

Cecelia graduated with an ADN from Sinclair Community College and received a BSN from University of Cincinnati. She received her ET education from Albany Medical Program in New York, in 1998. She practices the full scope of ET nursing in a hospital and home care. She has been employed by Clinton Memorial Hospital since 1982. She participates in the Greater Cincinnati ET Nursing Organization. Since serving as Treasurer for MERWOCN, she has computerized the financial records. She also serves as Treasurer for the Clinton County UOA.



MER members enjoy National Conference in Portland.  
Pictured (left to right) Deb Hartman, Rose Gravaue, Therese Staton, Lisa Kirk, Joy Pittman, Sue Shelton, Cathy Blackwell, Jo Allen, Carolyn Smith, Melinda Sparks, Kelly Jaszarowski.



August 1, 2001

ATTENTION: ET / WOC NURSES

C.W.O.C.N. POSITIONS AVAILABLE

Full Time - Part Time

The Section of Enterostomal Therapy Nursing at the Cleveland Clinic Foundation in Cleveland, Ohio is seeking an Energetic, Goal-directed Certified Wound, Ostomy, Continence Nurse to provide clinical expertise in our hospital and ambulatory clinics as well as serve as faculty to the R. B. Turnbull Jr., School of Enterostomal Therapy Nursing. A graduate of an accredited ET/WOC nursing education program with a Baccalaureate degree in nursing who is board certified as a wound, ostomy, continence nurse (CWOCN) is required. A Master's degree in nursing is preferred.

If you are interested in working in a world renowned teaching/research facility which has the distinction of being the Birthplace of Enterostomal Therapy and site of the first Enterostomal Therapy Nursing school, please send your resume to.

Cindy Roth, Human Resources W27  
Cleveland Clinic Foundation  
9500 Euclid Ave  
Cleveland, OH 44195  
e-mail [ROTHC@ccf.org](mailto:ROTHC@ccf.org)  
216-444-0440 Fax # 216-444-2624

Sincerely,

Barbara J. Hocevar, RN, BSN, CWOCN, ET  
Manager, Enterostomal Therapy Nursing

Paula Erwin-Toth, RN, MSN, ET, CWOCN, CNS  
Director, Enterostomal Therapy  
ETPLT

## Mid-East Region Nurse in Washington Internship Scholarship

The Mid-East Region Nurse in Washington Internship Scholarship is designed to sponsor a member to attend the annual Nurse in Washington Internship sponsored by the National Federation for Specialty Nursing Organizations. The four day program provides nurses the opportunity to learn how to influence health care through the legislative process. Next year's dates will be March 10-13 2002. For more information you can see their web site at [nfsno.org](http://nfsno.org).

### Eligibility Requirement:

- > Must be a member in good standing of the Mid-East Region for at least 2 years.
- > Must be a registered voter.
- > Submit an application with the required narrative statement.
- > Agree to serve on the Government Affairs committee for at least two years.

Application Deadline October 30, 2001

### MID-EAST REGION APPLICATION FOR NIWI SCHOLARSHIP

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City, State Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_

Provide a typewritten narrative not to exceed 200 words on a separate sheet that answers the following questions:

1. How will your attendance at the NIWI conference enhance your professional skills?
2. How will you plan to use your experience at NIWI to assist the MidEast Region Government Affairs committee?
3. Briefly describe any public policy or political experience you have to date.

Please return this form, narrative, proof of voter registration and copy of WOCN

Membership card to:

Glenna Altizer  
Cabell Huntington Hospital  
1340 Hal Greer Blvd  
Huntington, WV 25701

304-526-2285  
[galtizer@chhi.org](mailto:galtizer@chhi.org)

The winner of the scholarship will be notified by November 30, 2001