

Mid East Region
WOCN

Mid-East Region WOCN
Rita Pochard
30 Dusk Court
Fairfield, OH 45014

We're on the Web!
www.
mideastregion.org

Joyce A. Pittman, RN, CWOCN
2220 West Lakeview Drive
North Vernon, IN 47265

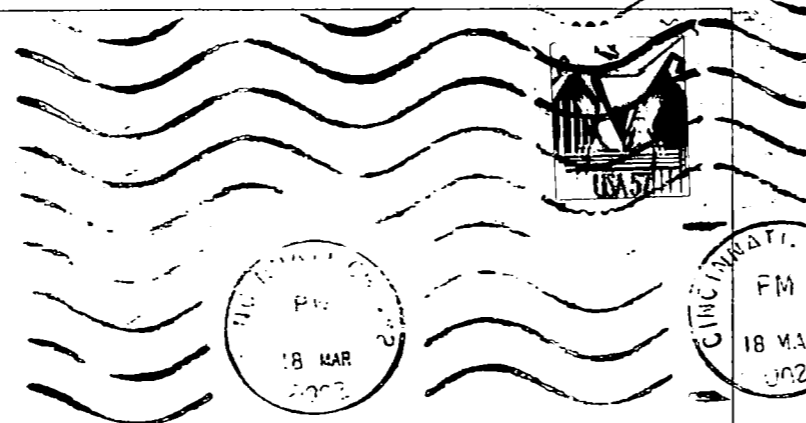
Information Update

Name _____
 Address _____
 Home Phone _____ Work Phone _____
 Fax _____ Email _____

Change (circle one): Name Address Home Phone Work Phone

Fax Email Other (details, please) _____

Send to Rita Pochard 30 Dusk Court Fairfield, OH 45014



Publication Serving the Mid-East Enterostomal Therapy Nursing Profession

MID-EAS DROPPER

Mid East Region
WOCN

January/February 2002

Indiana, Kentucky, Michigan, Ohio, West Virginia

A Message From Our President...



Dear Mid-East Region Members

Happy New Year! I hope you all had a happy holiday season with your family and friends. It seems that this year, especially, was the time to be spending with those we hold near and dear to our hearts., and to be doing the things we most enjoy. Speaking of things I most enjoy, ET nursing is one of my favorite activities and my ET nurse colleagues and patients warm my heart. As we reflect in this new year about what's really important, I think it's safe to say that ET/WOC nursing is close to the heart of all ET/WOC nurses. Please consider getting involved in MER activities. The more the merrier! I can't say enough good things about being involved in regional activities. I definitely have gained more than I have given. Come to Las Vegas in June and Frankenmuth, Michigan in October. The Mid-East Region Board would love to hear your comments and ideas and would welcome your participation. We are only as strong as our members.

It's time to have renewed your WOCN membership. If you still need to do so, you can renew online or mail in your renewal statement. It's a very easy process and the benefits of membership are quite extensive. Effective this year, only members of the WOCN may participate in any of the online WOCN forums. This has been a popular activity for education and networking with our peers. Renew now, and don't miss out.

Congratulations to the Kentucky group who hosted our last meeting. The course content was valuable and the entertainment original and outstanding. A good time was had by all.

You may have seen in publications issued by the national office that the WOCN has changed their management company from Adler Droz to Association Management Center. (AMC). While there are always transitional issues, if you are having any difficulty reaching the National Office, please let your regional officers know. We would be glad to assist you. The new address and phone number of the National Office are listed below.

As always, please let your MER Board know if you have any concerns. Our goal has been to improve communication from National to the Regional level to the members. Please let us know how we are doing and what more we can do. Remember to check our MER website frequently at www.mideastregion.org. Shari Krishnan has been doing a stellar job keeping our site current.

We look forward to seeing all of you in Las Vegas. Watch your mail for a postcard with details about our regional meeting in Las Vegas.

As always,
 Allyn Davies
 President Mid-East Region

Inside this issue:

Committee Reports	3
Board and Committee Chair Roster	2
ET Nurse of the Year	4
Conference News	5
Nomination & Election Information	6
Membership Meeting Minutes	7
Appilications	9

NEW NATIONAL OFFICE:

WOCN
4700 W. LAKE AVE.
GLENVIEW, IL.
60025

888-224-WOCN
(9626)



PRESIDENT
 Allyn Davies
 1298 Emerald Creek Drive
 Broadview Heights, OH 44147
 H: (440) 746-9945
 Email: Allynd1@aol.com

<p>PRESIDENT-ELECT Terri Ross 12153 Village Woods Drive Cincinnati, OH 45241 W: (513) 369-8871 H: (513) 769-4090 Email: rossta@healthall.com</p>	<p>SECRETARY Betty Winn 6384 Engle Road Brookpark, OH 44142 W: (216) 931-1355 H: (216) 267-8215 Fax: (216) 694-6343 Email: Betwin5351@aol.com</p>	<p>TREASURER Cecilia A. Krusling 4907 Savage Road Lynchburg, OH 45142 W: (937) 382-9380 H: (513) 875-3170 Email: jkruslin@cinc.tds.net</p>	<p>TRUSTEES (4) See Below</p>
<p>TRUSTEE #1 Carol Towson Kettering Medical Center 3535 Southern Blvd. Kettering, Oh 45429 (W): (513) 298-4331 ext. 7545 Fax: (937) 297-8007 Email: caroltowson@kmcnetwork.org</p>	<p>TRUSTEE #2 Marilyn Whitehead Kettering Medical Center 3535 Southern Blvd. Kettering, OH 45429 W: (937) 298-4331 ext. 7519 H: (513) 897-4868 Fax: (937) 297-8007 Email: marilyn.whitehead@kmcnetwork.org</p>	<p>TRUSTEE #3 Patti Burke 2712 Marlo Way Lakeside Park, KY 41017 W: (513) 271-0097 H: (859) 341-4687 Email: tjburke3@peoplepc.com</p>	<p>TRUSTEE #4 Beth Gudde 2183 Dover Center Road Westlake, OH 44145 H: (440) 899-7414 Email: Bethgudde@aol.com</p>
<p>COMMITTEES</p> <p>Standards Vacant</p> <p>Web Page Sharon Ballard-Krishnan 1550 Brandywine Bloomfield Hills, MI 48304 H/W: (248) 852-2891 Fax: (248) 299-3691 E-mail: sharikrish@aol.com</p> <p>Research Pat Gallagher 1109 Melrose Drive Westlake, OH 44145 H: (440) 356-0759 W: (216) 931-1355 Fax: (216) 694-6343</p> <p>Government Affairs Glenna Altizer 6688 Mud River Road Barboursville, WV 25504 W: (304) 526-2285 H: (304) 733-0766 Fax: (304) 526-2137 Email: galtizer@chhi.org</p>	<p>COMMITTEES</p> <p>Publication (Newsletter) Rita Pochard 30 Dusk Court Fairfield, OH 45014 W: (513) 389-5067 H: (513) 829-3146 Email: RJPochard@health-partners.org</p> <p>E.T. Nurse of the Year Terri Ross 12153 Village Woods Drive Cincinnati, OH 45241 W: (513) 585-0871 H: (513) 769-4090 Email: rossta@healthall.com</p> <p>Fundraising Joan Sewickley DiBernardi 84 Red Dog Lane Lake Milton, OH 44429 W: (800) 289-1261 x4459 H: (330) 654-5362 Fax: (330) 654-3426 Email: TuckerandJoan@msn.com</p> <p>PR/Sunshine/Membership Rebecca Roberts 2932 Corydon Cleveland Hights, OH 44118 W: (216) 932-0961 Email: BeckyRNET@aol.com</p>	<p>COMMITTEES</p> <p>Conference Planning 2001 Patti Burke (see above)</p> <p>2002 Sharlene Kennedy</p> <p>Scholarship Carolyn Smith 3917 S. Houck Marion, IN 46953 W: (317) 662-4658 H: (317) 674-5761 Email: Carolyn@comteck.com</p> <p>Excellence In Writing Sarah Davis 2540 Overlook Rd, Apt. 16 Cleveland, OH 44106 H: (216) 371-5846</p>	<p>COMMITTEES</p> <p>Operations Manual Terri Ross 12153 Village Woods Drive Cincinnati, OH 45241 W: (513) 369-8871 H: (513) 769-4090 Email: rossta@healthall.com</p> <p>Bylaws Glenna Altizer 6688 Mud River Road Barboursville, WV 25504 W: (304) 526-2285 H: (304) 733-0766 Fax: (304) 526-2137 Email: galtizer@chhi.org</p> <p>Nominations Sandy Duda 1448 Cedarwood Drive #C2 Westlake, OH 44145 W: (216) 931-1355 H: (440) 808-8429 Fax: (216) 694-6343</p> <p>Historian Joy Pittman 411 W. Tipton St. PO Box 2349 Seymour, IN 47274 W: (812) 522-0535 H: (812) 346-2710 Fax: (812) 522-0779 Email: jpittman@memorial-hosp.org</p>

Parliamentarian
 Glenna Altizer
 6688 Mud River Road
 Barboursville, WV 25504
 W: (304) 526-2285
 H: (304) 733-0766
 Fax: (304) 526-2137
 Email: galtizer@chhi.org

Past President
 Judy Werner
 Covenant Healthcare
 700 Cooper Ave.
 Saginaw, MI 48602
 W: (517) 583-6002
 H: (517) 686-5767
 Fax: (517) 771-6503
 Email: jwerner@CHS-MI.com

<p>MD ANDERSON ANNOUNCES 2002-2003 PROGRAM SCHEDULE</p>
<p>The University of Texas M. D. Anderson Cancer Center WOCNEP announces the following schedule:</p>
<p>8 week Traditional Programs: Mar. 18, 2002, Sept. 9, 2002, Jan 13, 2003 Mar. 24, 2003, Mar. 24, 2003, Sept. 6, 2003</p>
<p>4 week On-Site Didactic/4-week Off-Site Clinical programs: Start dates same as 8-week programs</p>
<p>Wound, Ostomy Continence Nursing Review Course – Houston, TX May 11, 2002 and October 19, 2002 One-day workshops Approved for contact hours.</p>
<p>Contact: UT M.D. Anderson Cancer Center; Attn: Shirley Woolems (Dept. Box 163) 1515 Holcombe Blvd., Houston, TX 77030-4009; Phone: (713) 745-0219/745-0216; Fax: (713) 745-0025; E-mail: swoolems@mdanderson.org</p>



Mideast Region
Advanced Practice Scholarship
Application

Your application **MUST** contain all requested information or it will not be processed.

DO NOT leave blanks.

A typed application is preferred.

Handwritten applications must be legible.

Submit four (4) identical stapled sets of your application in the following order:

1. Demographic information
2. Copy of acceptance **and** evidence of current class enrollment in graduate program.
3. Copy of completion of ETNEP program.
4. Copy of current certificate of certification from WOCNCB.
5. Proof of WOCN (Mideast Region) membership for one (1) year prior to application.
6. Essay (100 words or less) on How you plan to contribute to WOC(ET) Nursing with this knowledge/degree.

Submission deadlines:

January 30 for June distribution at National WOCN meeting.
June 1 for October distribution at Regional meeting.

Return to: Scholarship Chair Mideast Region

Committee Reports

Government Affairs

Legislative season is in full swing. Most states begin their state legislative sessions in January or February. I will be keeping an eye on each state and posting updates on the Web site. (My New Year's resolution is to update more frequently!) If any of you know of any health care issues coming up in your states, drop me a line and let me know and I will pass it along to others. As you may know, we are reinstating our sponsorship of sending two of our MidEast nurses to Nurse in Washington Internship (NIWI). This year's attendees will be Terri Ross and Shari Krishnan. We look forward to their report when they return in March. Please

help me stay updated in your state. Email address is galtizer@chhi.org.

Webmaster

What a great year that it has been for our Web site. People are visiting it. The site gets updated when it needs updating. What more can we ask for?

I thank the MidEast Region Board and membership for your Web site submissions. Keep them coming. They have been helpful and are what keep our Web site fresh.

It has been a pleasure serving the MidEast Region membership in the capacity.

Shari Krishnan



EXCELLENCE IN WRITING AWARDS

The Mid-East Region is pleased to announce that two Excellence in Writing awards were presented at the MER membership meeting during our fall 2002 Regional Conference. And the winners are...Janet L. Bryant for her article "Reliability of Wound Measuring Techniques in an Outpatient Wound Center" published in the April, 2001 issue of Ostomy Wound Management and Cathy Vogely for "Prevention of Venous Ulceration by Use of Compression after Deep Venous Thrombosis" published in the December,

2000 issue of the Journal of Vascular Nursing. Each receives \$200. Congratulations!!

All members of the region are invited to submit their work. Articles must be published in 2001 or 2002. Please submit a copy of your article by September 15 to

Sarah Davis, RN, CETN
2540 Overlook Rd.
Cleveland, OH 44106

Thanks to the Excellence in Writing Committee:: Megan Podden, Parkersburg, WV; Wyonna Stuffer, Kettering, OH; Mary Gerlach, New Baltimore, MI; Lisa Hayes, Dyer, IN; & Cindy Price, Cox's Creek, KY.

Directors and Officers Insurance

Non-profit organizations usually provide liability insurance for their officers and committee chairs. This coverage is for defense, investigation, and settlement if ever a claim would be made against any of our leadership concerning their work activities while fulfilling the expectations of their office or committee,

The lowest bidder was Fireman's Fund and a membership vote for pur-

chasing the insurance occurred at the 2001 Fall meeting. The Denoyer Group, Inc. secured the insurance for us after a premium of \$1283 was paid in November. The premium will be due annually. The President-Elect will be responsible for maintaining this insurance. For further details or questions please contact Terri Ross 513-769-4090, email rossta@healthall.com.

Mid-East Region Research Grant

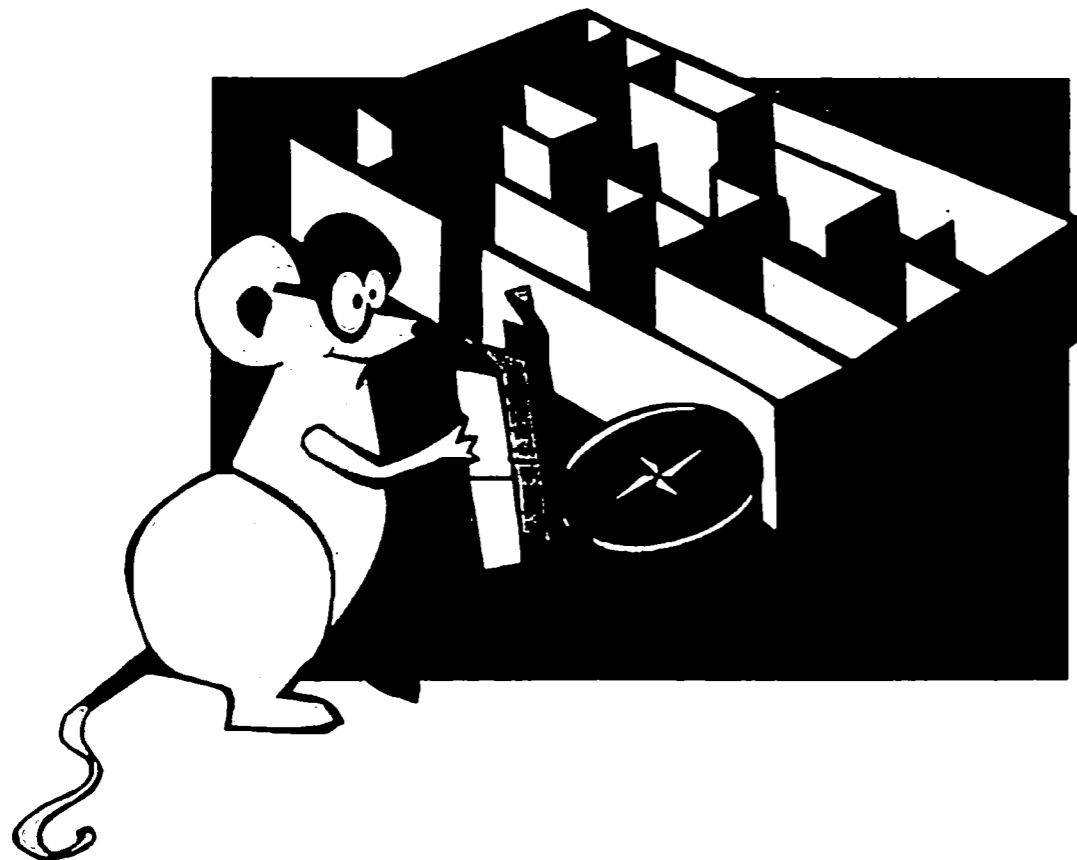
Purpose: The purpose of this grant is to encourage ET nurses and nurses specializing in wound, ostomy and continence care to contribute to advancement of nursing knowledge through research.

- Eligibility Requirements:**
1. Active member of Mid-East Region of WOCN.
 2. Primary investigator on a study.
 3. Currently engaged in the study for which funding is requested or planning to implement the study within one year of funding.

- Funding:**
1. \$200 per applicant per available funds. One grant awarded in April and one in October.
 2. Funding may be requested for photocopying, consultation, postage, computer supplies, etc.
 3. Applications will be competitively reviewed by 5 members of the Research Committee.

Submit 5 copies of the entire application to Research Committee Chair.

Deadline: February 1 August 1



FALL REGIONAL CONFERENCE A WINNER!

Hats off to the 2001 Regional Conference Planning Team who presented "A GI Odyssey" in Clarksville. Over 100 members attended the event. We came away with valuable information on fistulas, rectal cancer, the impact of nutrition on patient outcomes and so much more.

We would like to recognize the following vendors for sponsoring conference events and lectures:

Hill-Rom—assisted in sponsoring the Grand Opening Night hors d'oeuvres

ConvaTec—lunch on Friday and Paula Erwin-Toth's lectures

Coloplast—Friday afternoon break and Dr. Tuckson's lecture

Hollister—the Derby Dinner Playhouse

KCI—Caesar's Riverboat Casino and Dr. McClave's lecture

Central KY Ostomy—Dr. Galanduik and Dr. Harty's lectures

Norton Healthcare—Dr. Fallat's lecture

Thanks to everyone who helped make this a successful and enjoyable event.



CONFERENCE 2002

Mark your calendars! Mid-East Regional conference returns to Frankenmuth Michigan October 17-19, 2002. We have a great agenda with wonderful speakers planned.

Save your pennies and nickels. Get your Christmas lists ready. You are about to enter Michi-

gan's hottest tourist attraction and the largest shopping mecca in the state is only a few miles away. And, of course, Frankenmuth is home to the world's largest Christmas store!

Rooms will be \$115 single, double, triple, or quads. \$10 more per person for 5 or 6 people.

We are so excited to host the conference again! There'll be much more room in the new exhibit/conference center. Further information in the next newsletter. For more information now, you may e-mail Sharlene Kennedy at sharetnp@aol.com. See you in October.

MARK YOUR CALENDARS NOW!

FALL CONFERENCE

OCTOBER 17-19, 2002



Fundraising at Conference

HELP! HELP! HELP!

The Mid-East Region really needs your help to continue as an effective organization for ETs in our five states. Please consider running for a Board position. The following positions will be up for election this fall:

- | | | | |
|-----------------|---------------|-----------|---------------|
| President-Elect | a 4 year term | Trustee 2 | a 2 year term |
| Secretary | a 2 year term | Trustee 4 | a 2 year term |

If you are interested in serving in one of these offices, please contact Sandy Duda, 1448 Cedarwood, Suite C-2, Westlake, Oh 44145 with the following information:

NAME: _____	CIRCLE
ADDRESS: _____	POSITION DESIRED
CITY _____ STATE _____ ZIP _____	PRESIDENT-ELECT
WORK PHONE _____ HOME PHONE _____	SECRETARY
	TRUSTEE 2
	TRUSTEE 4

ELECTION RESULTS

Welcome to our Board members elected last fall!

Treasurer—Cecelia Krusling Cecelia has been serving as our treasurer and doing a great job! She received her ET education from Albany Medical Program in New York, in 1998. She practices the full scope of ET nursing in hospital and home care, employed by Clinton Memorial Hospital. She is active in the Greater Cincinnati ET Nursing Organization and the Clinton County UOA.

Congratulations Cecelia!

Trustee #1—Carol Towson Carol received her ET education from Wicks Educational Associates ET Nursing Program, Mechanicsburg, Pennsylvania, 1998. She is employed at Kettering Medical Center, Kettering, Ohio where she practices the full scope of ET nursing. Congratulations Carol!

Trustee Patti Gable Burke Patti attended the

Cleveland Clinic ETNEP, becoming certified in 1995. She practices WOC nursing in a private practice that serves hospitals, long-term care facilities, and home care agencies. She is active with the local ET organization, serves as UOA liaison, and is a member of the WOCN Professional Growth Program Committee. Congratulations Patti!

Best wishes to all for a great Mid-East Region year!



MidEast Region ET Nurse of the Year

The MidEast Region provides a mechanism for recognizing outstanding WOC (ET) Nurses within the region. Why not nominate an ET Nurse friend/colleague for the MER ET Nurse of the Year?

Nominations should be sent to: Terri Ross
12153 Village Woods Drive
Cincinnati, OH 45241

Nomination deadline is September 1, 2002 The award will be presented at the MidEast Regional Conference in Louisville in October.

Prerequisites:

- Nominee must be a member of the MidEast Region of WOCN for a minimum of 2 years.
- Nominee must attend at least one WOCN meeting per year (MER or National Conference).
- Nominee must be board certified in ET(WOC) Nursing.

Briefly describe the nominee's qualifications for the award and provide examples based on the following criteria (nominee must meet 80% of criteria):

1. Demonstrates excellence in the full scope of ET(WOC) Nursing.
2. Devotes at least 50% of professional practice to providing direct care to patients with dermal ulcers, stomas, wounds, and incontinence.
3. Shares knowledge by providing professional and community education via one on one education, seminars and symposiums.
4. Promotes the specialty of ET Nursing by actively participating in professional, political, and/or community organizations.
5. Actively promotes the growth and development of ET Nursing by providing peer support, preceptoring, and recruitment.

Outstanding ET Nurse Award Application

Attach description of qualifications on separate page, please.

Nominee:

Name _____
Address _____
Agency _____
Position _____

Submitted By:

Name _____
Address _____
Agency _____
Position _____
Day Phone _____
Evening Phone _____

APPLICATION FORM FOR RESEARCH FUNDS

Name: _____

Present Address: _____

Telephone: Number: _____

Educational Background:

Institution & Location	Inclusive Dates of Attendance	Diploma, Degree	Major
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Experience Record (last two positions):

Title of Position	Employer Name & Address	Inclusive Date
_____	_____	_____
_____	_____	_____

Starting Date of Research Project: _____ Completion Date of Project: _____

Title of Research Project: _____

Date of Approval from Human Subjects Committee: _____

(If neither exempt nor yet approved, please add a separate page discussing potential risks and benefits associated with the research and proposed safeguards.)

Discuss how the funding will be spent.

In no more than two typed pages, describe the purpose, background and methodology of the study.

RESEARCH GRANT AGREEMENT

If my request is approved by the Mid-East Region Research Committee, I agree:

- To use the money as described in the application and return any unused funds to the Treasurer.
- When the study is completed, submit receipt(s) for the money spent and an abstract of the study to the chairperson of the Research Committee.
- When the research is published or presented, appropriate recognition of funding source (Mid-East Region, WOCNS) will be given.

Signature: _____ Date: _____

Address: _____

Title of Project: _____

Project Beginning Date: _____ Project Completion Date: _____

MER MEMBERSHIP MEETING
CLARKSVILLE, INDIANA
10/20/01

- I. CALL TO ORDER/WELCOME: Call to order by A. Davies at 12:10 PM.
- II. INTRODUCTIONS
- III. QUORUM DETERMINATION/VOTING GUIDELINES: G. Altizer: 109 members registered for conference, 58 members at meeting. Quorum is present. Voting guidelines reviewed, debate limited to two minutes per person, 10 minutes per subject, if more time needed can be put to a vote to continue time. Voting members: Active, Retired, Honorary, and Honorary Life.
- IV. ADDITIONS TO/DELETIONS FROM AGENDA: C. Towson made a motion to accept the agenda as presented, P. Burke seconded. Membership approved.
- V. SECRETARY'S REPORT: B. Winn. Minutes from Portland Oregon 6/02/01 reviewed, B. Winn motion to approve, L. Harlan seconded. Membership approved.
- VI. TREASURER'S REPORT: C. Krusling presented budget, key areas addressed. L. Shawkat made the motion to vote on budget at the end, F. Demo seconded. Membership agreed.
- VII. PRESIDENT ELECT REPORT: T. Ross is preparing a packet for new Board members to describe the role and responsibility of the position.
- VIII. TRUSTEE AND COMMITTEE REPORTS:
 - A. TRUSTEE #1: B. Roberts
 1. RESEARCH: p. Gallagher: no applications received this year. Applications will be published in the Dropper and on the Web page.
 2. WEB PAGE: S. Krishnan unable to attend, report given by B. Roberts. Web Page has been developed. Shari, Allyn, and Glenna can make changes. There will be a link to National in the future.
 3. GOVERNMENT AFFAIRS: G. Altizer: Government Affairs is a part of the Web Page...mideastregion.org. Page will be updated with alerts. Right side of the page has links to state legislators, Congress, and National. Bottom of the page has suggestions and comments. NIWI: Not sure if NIWI will occur due to 9/11, will be announced when info received. NATIONAL RESPONSE CHAIN: Glenna, Allyn, and Shari receive info and filter to members.
 - B. TRUSTEE #2: M. Whitehead
 1. PUBLICATIONS: R. Pochard: Fundraising Report left out of last Dropper. Jan. 15 is the next deadline. Rita welcomes submissions from all members.
 2. ET NURSE OF THE YEAR: T. Ross: Nomination form published in the Dropper. Award is presented each fall at the membership meeting. Qualifications: member for two years, certified, attend one WOCN meeting per year. This year's ET Nurse of the year is Fran Demo, nominated by Kathy Wilson. Congratulations Fran!!!!
 3. PR/SUNSHINE: B. Roberts: Send info and name to Becky for cards to be sent to members.
 4. MEMBERSHIP: C. Vogely: Cathy moved so looking for a new chair.
 5. FUNDRAISING: J. Sewickley-DiBernardi: total \$1920. \$712 for silent auction. Final report will be in the Dropper.
 - C. TRUSTEE #3: C. Smith
 1. Thanks to conference planning committee. GREAT CONFERENCE. 109 registrants. Next conference will be in Frankenmuth. J. Werner and S. Kennedy will be the chairs. The conference will be October 17- 19 at the Bavarian Inn, 2003 in Charleston W.V.; 2004 Ohio; 2005 Indiana.
 2. SCHOLARSHIP: C. Smith: Advanced Practice Scholarship awarded twice a year. No applicants this time. Discussion questioned why MER gives a scholarship when National gives scholarship. Fran responded that the

Bylaws are very strict, every region continues. This may be something the Board wants to look at.

3. EXCELLENCE IN WRITING: S. Davis: two awards to C. Vogel and J. Bryant.

D. TRUSTEE #4: B. Gudde

1. OPS MANUAL: T. Ross is working on it.
2. BYLAWS: G. Altizer: Changes were made last year and voted on by the membership. May need to do some more clean up and send with next nominations. Call Glenna if copies needed.
3. NOMINATIONS: S. Duda: 145 ballots returned, 139 valid, 7 invalid: 5 with no name, 2 without ballot in small envelope, 1 submitted without valid address.

Treasurer	C. Krusling	136 votes
Trustee 1	Denise Starks	64 votes
	Carol Towson	73 votes
Trustee 3	Patti Burke	80 votes
	Lisa Kirk	59 votes

CONGRATULATIONS TO THE NEWLY ELECTED OFFICERS!!!

Next years positions up for vote are President-Elect, Secretary and Trustees 2 and 4.

C. Smith made the motion to destroy the ballots. B. Roberts seconded. Membership agreed.

4. HISTORIAN: J. Pittman: Has the scrapbook, T. Ross compiled a history of the region, it will be on the Web Page.

IX. UNFINISHED BUSINESS

1. LEADERSHIP CONFERENCE: This year's conference cancelled.
2. INDEMNITY ISSUE: T. Ross: Officers and Directors insurance covers Board and Committee members, not for conferences. Insurance available through Horan associates for \$1 million coverage; the cost is \$1283 annually. Discussion by membership. Motion to accept the \$1 million coverage for \$1283 by T. Ross, J. Balascio seconded the motion. A hand vote was taken: yes 40, opposed 9. Motion passed.
3. NORMA GILL TRIBUTE: C. Floruta and R. Van Inger proposed a bronze bust at CCF. No one but those at CCF could see this. Proposed a Norma Gill Memorial lecture at each Regional conference of at least 1 hour. Discussion of honorarium of \$500. Motion by F. Demo that committee looks at proposal further, seconded by R. Pochard. Motion approved by membership.
4. ET NURSE DAY: M. Whitehead: National looking at reviving ET Nurse Day. Karen Granby is on the National Committee; M. Whitehead will contact her. Marilyn will form a committee: C. Krusling, J. Balaho, and L. Kirk volunteered for the committee.
5. BUDGET DISCUSSION: C. Smith will follow-up with National to see who gets the National Scholarship. B. Gudde made the motion to award \$500 to the Frankenmuth Conference in Norma Gill's honor, D. Benz seconded; membership approved. C. Krusling motion to approve the budget, J. Sewickley-DiBernardi seconded; membership approved.

X. NEW BUSINESS

PRESIDENTS AWARD: A. Davies presented the President's Award to S. Krishnan for her work on the Web Page and G. Altizer for her work on Government Affairs.

XI. ANNOUNCEMENTS/ADJOURNMENT:

Discussion of the business meeting being held on a different day, no conclusion. Motion by P. Person to adjourn, seconded by L. Harlan. Meeting adjourned at 2:05 PM.

Respectfully submitted,

Betty Winn, Secretary

Mid-East Region Nurse Researcher Award

The Mid-East Region WOCNS Nurse Researcher Award will honor an individual or group who has completed a nursing research study that has focused on wound, ostomy, or continence care and disseminated the results through presentation or publication. \$300 will be awarded to the recipient.

Criteria:

- The individual or group has completed a nursing research study which has followed appropriate research methods and protection of human rights.
- The research adds to the body of nursing knowledge in regards to ostomy, wound or continence care.
- The findings of the research have been published, submitted for publication, or presented at professional meetings.
- The study may be a funded or unfunded project.
- Investigators doing manufacturer directed and subsidized R&D studies are excluded.

Eligibility Requirements

- Active member of the WOCNS
- Primary investigator on the study.
- Investigators doing manufacturer directed and subsidized R&D studies are excluded

Submit five (5) copies of the entire application to;
The Research Committee Chair

Deadline: August 1

MID-EAST REGION WOCNS NURSE RESEACH AWARD APPLICATION

Nominee Name _____
Professional Title _____
Employment Address _____
City, State, Zip _____
Home Address _____
City, State, Zip _____
Phone (work/home) _____
Active Member Mid-East? Yes No
Title of Research: _____
Provide Brief Description of Study (No longer than 2 double-spaced pages)
State purpose, protocols, results, and discussion)
Submission for Publication (list journal & date) _____
Presentation at professional meeting (please list) _____
Provide one letter of support.

Wound Ostomy and Continence Nurses Society

MID-EAS DROPPER
Rita Pochard, BSN, RN, CWOCN
30 Dusk Court
Fairfield, OH 45014



Joyce A. Pittman, RN, CWOCN
2220 West Lakeview Drive
North Vernon, IN 47265

**Please detach and mail the form below.
Updated information is appreciated!**

Mail to:
Rita Pochard
30 Dusk Court
Fairfield, OH 45014



Name, Address or Employment Change?
Please check the appropriate box . . .

Date: _____

Name: _____
(First Name, Last Name, Previous Name)

Home Address: _____
City/State/Zip: _____

Phone (home): _____

Work Address: _____
City/State/Zip: _____

Phone (work): _____

Professional Status: _____

Do you wish change published in the MID-EAS DROPPER? Yes No

Your Signature: _____

A Publication Serving the Mid-East Enterostomal Therapy Nursing Profession

MID-EAS DROPPER

Indiana, Kentucky, Michigan, Ohio, West Virginia

June 2002

A Message From Our President . . .



May 20, 2002

Dear Mid-East Region members,

What crazy spring weather we are having! In Cleveland, we actually saw snow flurries on May 20! Can't wait to go to Las Vegas where we can be assured there will be sun and warm temperatures. I am looking forward to seeing all of you in Las Vegas for our national conference from June 2 through June 6 at the Paris Hotel. Our regional meeting will be Sunday, June 2, from 7 to 10 p.m. in the Champagne room at the Paris. We will feed you! Betty Winn, our secretary, has planned a great spread! Plan to attend the Mid-East Region membership meeting to share, network, learn, and catch up with old friends. Hope to see you all there!

Now is a good time to think about getting involved in the region. Our elections are coming up in the fall. We are looking for a President-Elect, Secretary, Trustee #2, and Trustee #4. Running for office is a great way to get involved. If you have an interest, call Sandy Duda, our nominations chair, or ask anyone on the Board. I, personally, have received a great deal of satisfaction from participating in regional activities. I have always received more than I gave. Participation in the Region has given me the opportunity to get to know ET nurses from other states which makes it more fun to go to conference. If you're not ready to run for office, but still want to get involved, talk with anyone on the Board. There are plenty of ways to volunteer.

Mark your calendars now for Frankenmuth, MI, October 17-19. Sharlene Kennedy, Judy Werner, and their committee have planned a great fall conference. What a great place Frankenmuth is! I'm sure our Michigan hosts have planned some time in our schedule for shopping so bring your money.

As always,

Allyn Davies, President, Mid-East Region

PRESIDENT
 Allyn Davies
 1298 Emerald Creek Drive
 Broadview Heights, OH 44147
 H: (440) 746-9945
 Email: Allynd1@aol.com

<p>PRESIDENT-ELECT Terri Ross 12153 Village Woods Drive Cincinnati, OH 45241 W: (513) 369-8871 H: (513) 769-4090 Email: rossta@healthall.com</p>	<p>SECRETARY Betty Winn 6384 Engle Road Brookpark, OH 44142 W: (216) 931-1355 H: (216) 267-8215 Fax: (216) 694-6343 Email: Betwin5351@aol.com</p>	<p>TREASURER Cecilia A. Krusling 4907 Savage Road Lynchburg, OH 45142 W: (937) 382-9380 H: (513) 875-3170 Email: jkruslin@tds.net</p>	<p>TRUSTEES (4) See Below</p>
<p>TRUSTEE #1 Carol Towson Kettering Medical Center 3535 Southern Blvd. Kettering, Oh 45429 (W): (513) 298-4331 ext. 7545 Fax: (937) 297-8007 Email: caroltowson@kmcnetwork.org</p> <p>COMMITTEES</p> <p>Standards Vacant</p> <p>Web Page Sharon Ballard-Krishnan 1550 Brandywine Bloomfield Hills, MI 48304 H/W: (248) 852-2891 Fax: (248) 299-3691 E-mail: sharikrish@aol.com</p> <p>Research Pat Gallagher 1109 Melrose Drive Westlake, OH 44145 H: (440) 356-0759 W: (216) 931-1355 Fax: (216) 694-6343</p> <p>Government Affairs Glenna Altizer 6688 Mud River Road Barboursville, WV 25504 W: (304) 526-2285 H: (304) 733-0766 Fax: (304) 526-2137 Email: galtizer@chhi.org</p>	<p>TRUSTEE #2 Marilyn Whitehead Kettering Medical Center 3535 Southern Blvd. Kettering, OH 45429 W: (937) 298-4331 ext. 7519 H: (513) 897-4868 Fax: (937) 297-8007 Email: marilyn.whitehead@kmcnetwork.org</p> <p>COMMITTEES</p> <p>Publication (Newsletter) Rita Pochard 30 Dusk Court Fairfield, OH 45014 W: (513) 389-5067 H: (513) 829-3146 Email: RJPochard@health-partners.org</p> <p>E.T. Nurse of the Year Terri Ross 12153 Village Woods Drive Cincinnati, OH 45241 W: (513) 585-0871 H: (513) 769-4090 Email: rossta@healthall.com</p> <p>Fundraising Joan Sewickley DiBernardi 84 Red Dog Lane Lake Milton, OH 44429 W: (800) 289-1261 x4459 H: (330) 654-5362 Fax: (330) 654-3426 Email: TuckerandJoan@msn.com</p> <p>PR/Sunshine Rebecca Roberts 2932 Corydon Cleveland Hights, OH 44118 W: (216) 932-0961 Email: BeckyRNET@aol.com</p>	<p>TRUSTEE #3 Patti Burke 2712 Marlo Way Lakeside Park, KY 41017 W: (513) 271-0097 H: (859) 341-4687 Email: tjburke3@peoplepc.com</p> <p>COMMITTEES</p> <p>Conference Planning 2001 Patti Burke (see above)</p> <p>2002 Sharlene Kennedy</p> <p>Scholarship Carolyn Smith 3917 S. Houck Marion, IN 46953 W: (317) 662-4658 H: (317) 674-5761 Email: Carolyn@comteck.com</p> <p>Excellence In Writing Sarah Davis 2540 Overlook Rd, Apt. 16 Cleveland, OH 44106 H: (216) 371-5846</p>	<p>TRUSTEE #4 Beth Gudde 2183 Dover Center Road Westlake, OH 44145 H: (440) 899-7414 Email: Bethgudde@aol.com</p> <p>COMMITTEES</p> <p>Operations Manual Terri Ross 12153 Village Woods Drive Cincinnati, OH 45241 W: (513) 369-8871 H: (513) 769-4090 Email: rossta@healthall.com</p> <p>Bylaws Glenna Altizer 6688 Mud River Road Barboursville, WV 25504 W: (304) 526-2285 H: (304) 733-0766 Fax: (304) 526-2137 Email: galtizer@chhi.org</p> <p>Nominations Sandy Duda 1448 Cedarwood Drive #C2 Westlake, OH 44145 W: (216) 931-1355 H: (440) 808-8429 Fax: (216) 694-6343</p> <p>Historian Joy Pittman 411 W. Tipton St. PO Box 2349 Seymour, IN 47274 W: (812) 522-0535 H: (812) 346-2710 Fax: (812) 522-0779 Email: jpittman@memorial-hosp.org</p>

Parliamentarian
 Glenna Altizer
 6688 Mud River Road
 Barboursville, WV 25504
 W: (304) 526-2285
 H: (304) 733-0766
 Fax: (304) 526-2137
 Email: galtizer@chhi.org

Membership
 Lisa Kirk
 5911 Cape Cod Ct.
 Indianapolis, In 46250
 W: (312) 582-8588
 Fax: (312) 582-8585
 Email: lmkirk@stvincent.org

Past President
 Judy Werner
 Covenant Healthcare
 700 Cooper Ave.
 Saginaw, MI 48602
 W: (517) 583-6002
 H: (517) 686-5767
 Fax: (517) 771-6503
 Email: jwerner@CHS-MI.com



YOU
are invited to
ADVERTISE
in the
Mid-Eas Dropper

The Mid-Eas Dropper is the official newsletter of the
MidEast Region WOCN
(Indiana, Kentucky, Michigan, Ohio, West Virginia)

Ad form (and ad) must be received by
August 15, 2002
for inclusion in the next issue of the
Mid-Eas Dropper.

For business card ads, include a business card with
order form.

For print/photo ads, include a black and white
PRINT QUALITY prototype with order form.

Questions?
Call Rita Pochard
(513) 389-5067



RESEARCH COMMITTEE

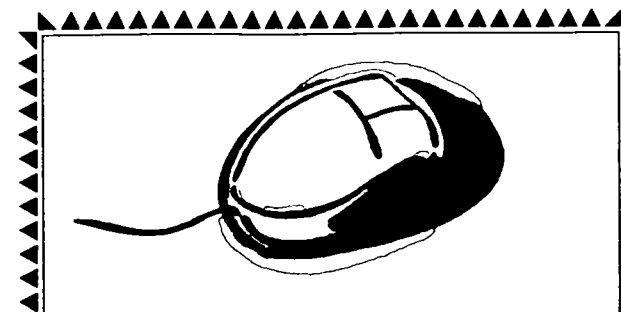
Remember that research funds are available
from the Region to help with your projects.
Two \$200 grant are awarded each year. The
next deadline is December 1. The committee
also selects the Nurse Researcher Award.
This award is for \$300 and the deadline is
August 1. Applications for both are printed
elsewhere in this issue. Please contact Pat
Gallagher with any questions.

FUNDRAISING

The Region will again be doing fundraising at
the National Conference. Please see Joan
and Tucker at the membership meeting to sign
up to help at our booth!

GOVERNMENT AFFAIRS

Glenna Altizer, our GA chair, continues with
regular updates of the Government Affairs
page on the Regional Web Site
(mideastregion.org). Be sure to visit the site
regularly to keep up with important legislative
issues. Also, look for a report from our NIWI
attendees elsewhere in this issue.



A NOTE FROM THE WEBMASTER

Hi everyone! As you can see (for those of you
who visit our site) there are individual tabs for
more "time sensitive" matters, such as voting.
Other information still goes into the Dropper. If
anything "urgent" comes up, please let Allyn,
Glenna, or me know. We are starting to get a real
operation going here.
Here's what's happening, to date:

1. Currently, Allyn, Glenna, and I are the people
who can access the server where the site is lo-
cated to make updates. This makes sense
since the President needs to have overall
awareness of Regional information; the Gov-
ernment Affairs chair may need to update a hot
political topic; and, as webmaster, I need to
keep the pages running with the company we
work with. The Webmaster also answers any
mail that may arrive about the web site.
2. Other Regions have been asking about our site
and how it was put together. I direct people in-
terested in this to www.imagecafe.com, where
we "rent" our design template and server
space. It is a fun site to visit and you can play
with the templates for free.
3. The web site is updated whenever needed,
but as Webmaster I am cautious about provid-
ing the material myself. I want the tradition of
our webmaster to be supportive to the site, but
not in control. The Web site belongs to the Re-
gion, not to the Webmaster.
4. People who do not have internet access con-
tinue to receive information from the printed
newsletters as before. The site has not taken
the place of that. (This was a concern when
we first discussed the possibility of a site.)
What the Web site has done is give us a more
timely outlet for communication than the paper
newsletter. So please, if you are without com-
puter access, don't worry. The paper newslet-
ter will remain as useful and current as possi-
ble. Just ask my information counterpart, Rita
Pochard, who provides much of the updates
posted on the page. I welcome your com-
ments about the site. Shari Krishnan

MID-EAS DROPPER NEWSLETTER AD FORM

(please enclose this form with your ad)

Name: _____ Date: _____

Company Name: _____

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone Number: _____

Make checks payable to MidEast Region of WOCN

Ads run for one year (three issues): Jan/Feb, May/June, Sept/Oct

Business Card Ad \$35.00

1/4 Page Ad \$75.00

1/2 Page Ad \$150.00

Full Page Ad \$250.00

MAIL TO:

Rita Pochard
30 Dusk Court
Fairfield, OH 45014

More Regional News

PUBLICATIONS

If you think this issue of the Dropper again looks a little different from the last one, that's because I was once again victimized by a corrupt disc and needed to go back to a previous format! Before the next issue, I will try to discover the culprit! In the meantime, I welcome your comments and submissions regarding the Dropper. Deadline for the next issue is August 15.

You may also have noticed that there have been few ads in the Dropper recently. Advertisements help us offset the cost of printing, mailing, etc. Please consider asking sales reps. If they would be interested in advertising with us. The form for submitting an ad is printed in this issue.

Have a great summer! Rita Pochard

EXCELLENCE IN WRITING

There is still time to submit your article, published in 2001 or 2002, for consideration for the Mid-East Region's Excellence in Writing Award. Two articles have already been submitted, but you have until September 1 to apply. Winners receive \$200. Send a copy of your article to: Sarah Davis, 2540 Overlook Rd., Cleveland, OH 44106.

ET NURSE OF THE YEAR

There's still plenty of time to nominate a colleague for the Mid-East Region's ET Nurse of the Year Award. The form is printed in this issue of the Dropper, and it's easy to fill out. Please help the Region honor one of our many outstanding members!. The recipient will be named at the fall conference in Frankenmuth. Nomination forms are due to Terri Ross by September 1.

CONFERENCE NEWS

Plans are well underway for an exciting conference this fall in Frankenmuth! Mark your calendars for October 17-19. We will once again be at the Bavarian Lodge, which has a new exhibit/conference center. Conference registration for both days is \$85.00; for Friday only \$60.00, and for Saturday only \$30.00.

It looks like the CEUs for Friday will be 8 or 9, and 3.5 for Saturday. Brochures will be mailed out in August, but there is a registration form in this issue of the Dropper for those of you who just can't wait.

The Bavarian Lodge can be reached at 989-652-7200. Rooms will be \$115 single, double, triple, or quads, with \$10 more per person for 5 or 6 people.

And, of course, save your pennies to enjoy one of Michigan's premier shopping areas and the world's largest Christmas store! See you in Michigan!

CALL FOR POSTER ABSTRACTS

The Mid-East Region is encouraging all members to submit an abstract for the poster session to be held at our Regional Conference in Frankenmuth on October 17-19. Submissions are being sought on all aspects of WOC nursing. For details, contact :

Linda McGee, RN, CWOCN
1079 W. Isabella Road
Midland, MI 48640
839-835-1468
Email: dulcimerlin@aol.com

Poster size is limited and presenters will not be compensated.

Name and credentials _____

Agency _____

Address _____

City _____

State/Province _____

Zip _____

Phone (W) _____

(H) _____

Nursing License Number _____
(Required)

WOCN member: Yes _____ No _____

Deadline for guaranteed registration: postmarked October 7, 2002

Make check payable to: 2002 MI Conference / Midwest Region

Mail check and registration to: Connie Butts
8168 West Deckerville Road
Fairgrove, MI 48737

Preferred Friday
Concurrent Sessions

Intermediate (Nurse Focus) _____
Advanced (E.T. Focus) _____

Thurs., Fri. & Sat.	_____	\$75.00
Fri. & Sat.	_____	\$75.00
Fri. only	_____	\$60.00
Sat. only	_____	\$30.00

MIDEAST REGION		
REVENUE	Budgeted 2001	Actual 2001
Dropper Adds	750.00	408.33
Dues	4000.00	4978.57
Int/Div	1200.00	1592.12
Conference	6000.00	4022.67
Fundraisers	1500.00	3537.21
Totals	13450.00	14538.90
EXPENSES		
Dropper	4000.00	2857.13
General Region	2400.00	
Spring Bd Mtg		1369.41
Flowers		42.00
Misc Regional		
Postage		70.62
Printing		327.05
Teleconf		149.54
Bank Charge		50.00
Indem.		1283.00
T Ross prepay		892.14
Web Page		355.97
FOW	250.00	250.00
WOCN Adv prac	2000.00	2000.00
WCET Norma Gill	500.00	500.00
NIWI	4000.00	0
UOA Youth	800.00	800.00
MER Adv Prac	500.00	500.00
Exc Writing	400.00	400.00
Conferences		
Natl	5100.00	3528.08
Natl meal	3000.00	2611.20
Regional	3000.00	1727.90
PPI	6500.00	459.00
Conf 2002		600.00
Committees		
Bylaws	50.00	
Nominations	400.00	413.06
Historian	150.00	
OP Manual	50.00	
Research	700.00	
MER		
Nsg Research		
Plaque	50.00	
Govt Affairs	350.00	
ET Nurse of year	150.00	67.26
Presidents award		80.74
Fundraisers	400.00	294.99
Totals	34810.00	21629.09
Checkbook Bal 2001		38260.88

APPLICATION FORM FOR RESEARCH FUNDS

Name: _____
 Present Address: _____
 Telephone: Number: _____

Institution & Location	Inclusive Dates of Attendance	Diploma, Degree	Major
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Experience Record (last two positions):

Title of Position	Employer Name & Address	Inclusive Date
_____	_____	_____
_____	_____	_____

Starting Date of Research Project: _____ Completion Date of Project: _____

Title of Research Project: _____

Date of Approval from Human Subjects Committee: _____

(If neither exempt nor yet approved, please add a separate page discussing potential risks and benefits associated with the research and proposed safeguards.)

Discuss how the funding will be spent.

In no more than two typed pages, describe the purpose, background and methodology of the study.

RESEARCH GRANT AGREEMENT

If my request is approved by the Mid-East Region Research Committee, I agree:

- To use the money as described in the application and return any unused funds to the Treasurer.
- When the study is completed, submit receipt(s) for the money spent and an abstract of the study to the chairperson of the Research Committee.
- When the research is published or presented, appropriate recognition of funding source (Mid-East Region, WOCNS) will be given.

Signature: _____ Date: _____

Address: _____

Title of Project: _____

Project Beginning Date: _____ Project Completion Date: _____

Mid-East Region Research Grant

Purpose: The purpose of this grant is to encourage ET nurses and nurses specializing in wound, ostomy and continence care to contribute to advancement of nursing knowledge through research.

Eligibility Requirements:

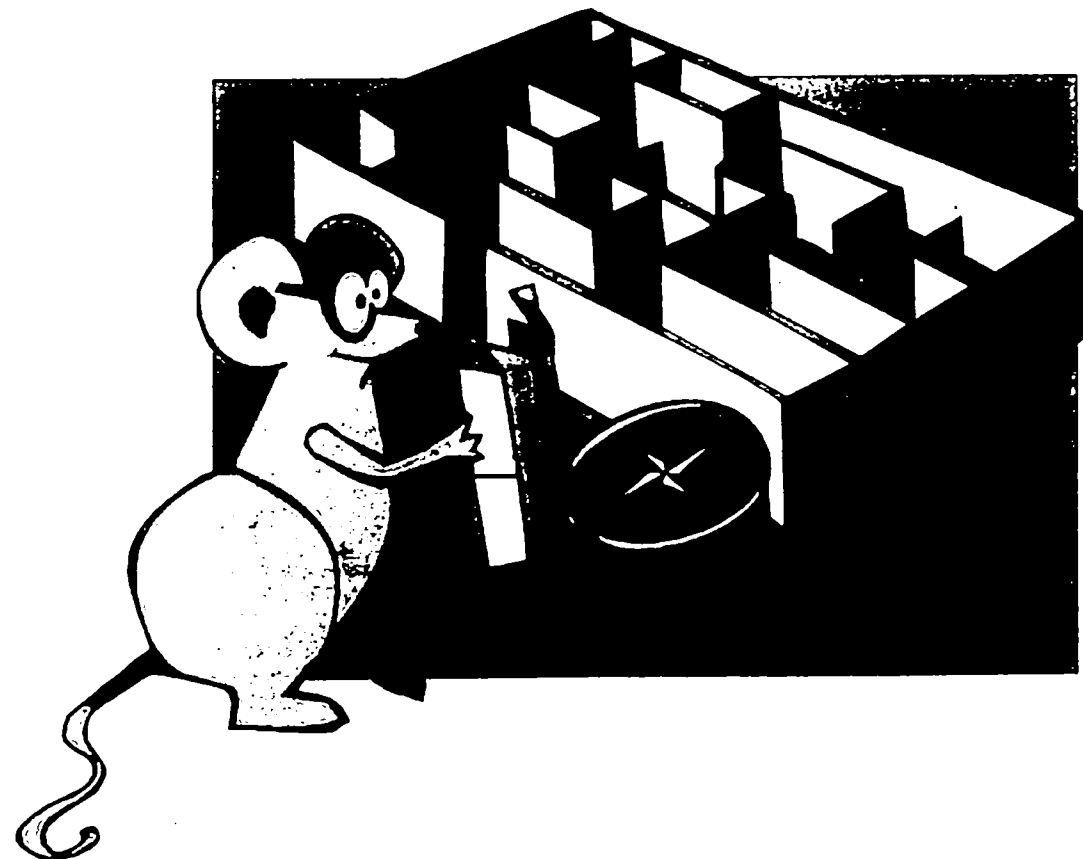
1. Active member of Mid-East Region of WOCN.
2. Primary investigator on a study.
3. Currently engaged in the study for which funding is requested or planning to implement the study within one year of funding.

Funding:

1. \$200 per applicant per available funds. One grant awarded in April and one in October.
2. Funding may be requested for photocopying, consultation, postage, computer supplies, etc.
3. Applications will be competitively reviewed by 5 members of the Research Committee.

Submit 5 copies of the entire application to Research Committee Chair.

Deadline: February 1 August 1



The Nurse in Washington Internship was held March 10 - 13 at the Madison Hotel in Washington DC. There were 93 nurses in attendance representing various states and professional organizations. NIWI is sponsored annually by the National Federation for Specialty Nursing Organizations of which WOCN is a member. Our MER sponsored Terri Ross, president-elect and Shari Ballard-Krishnan, website master and past-president.

Many prominent nurse leaders presented lectures supporting the theme Linking Practice, Policy, and Politics. The lectures were excellent in preparing a politically inexperienced nurse to be an informed and effective nurse on Capital Hill. Many networking opportunities were available as well as visits to political offices. An evening with Greg Andrews our WOCN legislative consultant in Washington was invaluable for building political relationships. Some sightseeing time was squeezed in which all together provided a wonderful experience for our WOC nurses.

The most beneficial experiences were the visits made to Ohio and Michigan legislative assistants in both the House of Representatives and Senate offices. The National WOCN Professional Practice Committee prepared an informative packet that was presented to each representative during the meeting. It was very well designed and included the WOCN mission, impact of WOCN issues on the health care system, expansion of the WOC role, and most importantly current WOCN platform issues. Each issue was covered in a concise one-page outline, they are:

- Unbundling of ostomy supplies under PPS
- Improving the level of Medicare reimbursement
- Assuring coverage of compression stockings for venous stasis disease
- Assuring access to wheel chair cushions
- Expanding benefits for urologic supplies

Copies of this packet will be available at the MER business meeting in Las Vegas.

One of the most exciting issues that week was the unbundling of ostomy supplies. Nancy Johnson of Connecticut has agreed to champion this issue and is working to link this most needed change to an existing bill. Each legislative assistant was encouraged to support her when the issue comes up in committee.

The nursing shortage is a well-known issue on Capital Hill and it was learned during NIWI that separate bills have been passed in both the House and the Senate supporting various plans and programs. In comparing the two bills the Senate (S.1864) is more detailed and has appropriations (\$\$\$) attached where the House (H.R.3487) is not as detailed. All Representatives were encouraged by NIWI interns that week to form a committee to combine the bills into one and move it forward. This suggestion was well received and nurses everywhere are encouraged to support this effort. A copy of the summary, which is quite easy to read and understand, will be provided at the MER business meeting in Las Vegas.

NIWI is an annual event cherished by the nursing political leaders of our nation. It provides an invaluable education for nurses interested in becoming effective politically to better nursing practice. The MER will sponsor the future president-elect in 2004 and a scholarship will be available for a MER member to attend as well. For more information see Terri Ross or Shari Ballard-Krishnan.

Terri Ross RN, MSN, CNS, CWOCN
President-Elect



Dear Fellow MER members and Board,

I'd like to take this opportunity to thank you for sponsoring my attendance at the Nurse in Washington Internship (NIWI) Program this March. I cannot begin to tell you how much I learned from the experience.

The four day conference offered me an opportunity to brush up on the political process AND tighten up the knowledge gaps of things I wasn't sure of. NIWI attendees were introduced to national speakers, nursing-related lobbyists, and departmental leaders who could have a profound impact on nursing policy. On the last day, we had a chance to meet our local legislators in their Washington offices. What a difference it is to be meeting them there with all of their Washington staff, versus at home in their local districts!

I was impressed that there was considerable representation from the WOCN, including Greg Andrew, the WOCN "lobbyist".

Thank you again for allowing me to take part in this event!

Warmest regards,

Shari Ballard-Krishnan

REGIONAL MEETING

Don't forget to attend our Regional membership meeting at National Conference on June 2, 2002.

It's 7-10 p.m. in the Champagne 4 meeting room at the Paris Hotel.

Food will be provided and two registrations for fall conference will be given away. See you there!

**The Cleveland Clinic Foundation
Enterostomal Therapy Nursing Department
Presents**

***Building a Bridge to the Future:
Wound, Ostomy, and
Fistula Care***

**August 16, 2002
At
The Cleveland Wyndham
Hotel**

**Please call The Center for Continuing Education for further information at
216-444-5695
Or
800-762-8173**

**Web address:
Clevelandclinicmeded.com**

MidEast Region ET Nurse of the Year

The MidEast Region provides a mechanism for recognizing outstanding WOC (ET) Nurses within the region. Why not nominate an ET Nurse friend/colleague for the MER ET Nurse of the Year?

Nominations should be sent to: Terri Ross
12153 Village Woods Drive
Cincinnati, OH 45241

Nomination deadline is September 1, 2002. The award will be presented at the MidEast Regional Conference in Frankenmuth in October.

- Prerequisites:
- Nominee must be a member of the MidEast Region of WOCN for a minimum of 2 years.
 - Nominee must attend at least one WOCN meeting per year (MER or National Conference).
 - Nominee must be board certified in ET(WOC) Nursing.

Briefly describe the nominee's qualifications for the award and provide examples based on the following criteria (nominee must meet 80% of criteria):

1. Demonstrates excellence in the full scope of ET(WOC) Nursing.
2. Devotes at least 50% of professional practice to providing direct care to patients with dermal ulcers, stomas, wounds, and incontinence.
3. Shares knowledge by providing professional and community education via one on one education, seminars and symposiums.
4. Promotes the specialty of ET Nursing by actively participating in professional, political, and/or community organizations.
5. Actively promotes the growth and development of ET Nursing by providing peer support, preceptoring, and recruitment.

Outstanding ET Nurse Award Application
Attach description of qualifications on separate page, please.

Nominee:	Submitted By:
Name _____	Name _____
Address _____	Address _____
Agency _____	Agency _____
Position _____	Position _____
	Day Phone _____
	Evening Phone _____

Mid-East Region WOCN
Rita Pochard
30 Dusk Court
Fairfield, OH 45014

We're on the Web!
www.
mideastregion.org

Information Update

Name _____
 Address _____
 Home Phone _____ Work Phone _____
 Fax _____ Email _____

Change (circle one): Name Address Home Phone Work Phone

Fax Email Other (details, please) _____

Send to Rita Pochard 30 Dusk Court Fairfield, OH 45014



A publication serving the Mid-East Enterostomal Therapy Nursing Profession in
Indiana, Kentucky, Michigan, Ohio, and West Virginia

August/September, 2002

A Message from Our President

August 18, 2002

Dear Mid-East Region Members,

It was great to see all of you in Las Vegas. We enjoyed a great conference and had a productive Mid-East Region business meeting as well. We had the opportunity to meet with our National Officers and Catherine Underwood, the new Executive Director of the National WOCN office. They all expressed their willingness to assist the Regions in whatever way they can and pledged their support to develop a truly accurate membership roster. The WOCN has had ongoing difficulty maintaining an accurate roster and this has impacted the regions financially as well as altering our ability to assure we are communicating with all our members. We look forward to an accurate list. If you have paid your dues and do not receive your ballot in September, please let me know. We will investigate to see why you were not on our regional membership roster. Lisa Kirk, our new membership chair, will help us maintain our own data base.

Every fall we vote for new officers. Please take the time to fill the ballots out and return them. This is your opportunity to take an active role in determining the leadership of your region. Please read the directions when completing the ballots. Every year a few are invalid because directions were not followed properly. Thanks to Sandy Duda for "beating the bushes" to find us fine candidates who are willing to serve the region.

Hopefully, you have registered for our Fall Regional Conference in Frankenmuth, MI October 17-19. Sharlene Kennedy and Judy Werner and their committee have planned a fine educational conference in a fun setting. They have allowed extra time in the schedule for shopping in the great Christmas stores. Be sure to bring your money. Also, remember to bring your silent auction donation to Frankenmuth. The Silent Auction is always great fun and is pure profit for the region. Conference brochures should be mailed out in August and there is information in the Dropper. Register today! Hope to see you all there.

I'd also like to thank Glenna Altizer once again for all of her legislative updates on our website. She has done a great job of keeping us informed about what's going on in the political arena related to nursing and our specialty.

Enjoy what's left of summer. See you in Frankenmuth

Sincerely,
Allyn Davies
President, Mid-East Region

Inside this issue:

Officers and Committee Chairs Roster	2
Committee reports	3
News from around the Region	4
Nominee Information	5
Sample ballot	6
Members on the Move	7
Membership meeting minutes	8

Also in this issue

- o Fall conference information
- o Award applications
- o ET Nurses experience UOA Youth Rally

PRESIDENT
 Allyn Davies
 1298 Emerald Creek Drive
 Broadview Heights, OH 44147
 H: (440) 746-9945
 Email: Allynd1@aol.com

<p>PRESIDENT-ELECT Terri Ross 12153 Village Woods Drive Cincinnati, OH 45241 W: (513) 369-8871 H: (513) 769-4090 Email: rossta@healthall.com</p>	<p>SECRETARY Betty Winn 8384 Engle Road Brookpark, OH 44142 W: (216) 931-1355 H: (216) 267-8215 Fax: (216) 694-6343 Email: Betwin5351@aol.com</p>	<p>TREASURER Cecilia A. Krusling 4907 Savage Road Lynchburg, OH 45142 W: (937) 382-9380 H: (513) 875-3170 Email: jkruslin@tds.net</p>	<p>TRUSTEES (4) See Below</p>
<p>TRUSTEE #1 Carol Towson Kettering Medical Center 3535 Southern Blvd. Kettering, Oh 45429 (W): (513) 298-4331 ext. 7545 Fax: (937) 297-8007 Email: caroltowson@kmcnetwork.org</p> <p>COMMITTEES</p> <p>Standards Vacant</p> <p>Web Page Sharon Ballard-Krishnan 1550 Brandywine Bloomfield Hills, MI 48304 H/W: (248) 852-2891 Fax: (248) 299-3691 E-mail: sharikrish@aol.com</p> <p>Research Pat Gallagher 1109 Melrose Drive Westlake, OH 44145 H: (440) 356-0759 W: (216) 931-1355 Fax: (216) 694-6343</p> <p>Government Affairs Glenna Altizer 6688 Mud River Road Barboursville, WV 25504 W: (304) 526-2285 H: (304) 733-0766 Fax: (304) 526-2137 Email: galtizer@chhi.org</p>	<p>TRUSTEE #2 Marilyn Whitehead Kettering Medical Center 3535 Southern Blvd. Kettering, OH 45429 W: (937) 298-4331 ext. 7519 H: (513) 897-4868 Fax: (937) 297-8007 Email: marilyn.whitehead@kmcnetwork.org</p> <p>COMMITTEES</p> <p>Publication (Newsletter) Rita Pochard 30 Dusk Court Fairfield, OH 45014 W: (513) 389-5067 H: (513) 829-3146 Email: RJPochard@health-partners.org</p> <p>E.T. Nurse of the Year Terri Ross 12153 Village Woods Drive Cincinnati, OH 45241 W: (513) 585-0871 H: (513) 769-4090 Email: rossta@healthall.com</p> <p>Fundraising Cathy Blackwell</p> <p>PR/Sunshine Rebecca Roberts 2932 Corydon Cleveland Hights, OH 44118 W: (216) 932-0961 Email: BeckyRNET@aol.com</p>	<p>TRUSTEE #3 Patti Burke 2712 Mario Way Lakeside Park, KY 41017 W: (513) 271-0097 H: (859) 341-4687 Email: tjburke3@peoplepc.com</p> <p>COMMITTEES</p> <p>Conference Planning 2001 Patti Burke (see above)</p> <p>2002 Sharlene Kennedy</p> <p>Scholarship Carolyn Smith 3917 S. Houck Marion, IN 46953 W: (317) 662-4658 H: (317) 674-5761 Email: Carolyn@comteck.com</p> <p>Excellence In Writing Sarah Davis 2540 Overlook Rd, Apt.16 Cleveland, OH 44105 H: (216) 371-5846</p>	<p>TRUSTEE #4 Beth Gudde 2183 Dover Center Road Westlake, OH 44145 H: (440) 899-7414 Email: Bethgudde@aol.com</p> <p>COMMITTEES</p> <p>Operations Manual Terri Ross 12153 Village Woods Drive Cincinnati, OH 45241 W: (513) 369-8871 H: (513) 769-4090 Email: rossta@healthall.com</p> <p>Bylaws Glenna Altizer 6688 Mud River Road Barboursville, WV 25504 W: (304) 526-2285 H: (304) 733-0766 Fax: (304) 526-2137 Email: galtizer@chhi.org</p> <p>Nominations Sandy Duda 1448 Cedarwood Drive #C2 Westlake, OH 44145 W: (216) 931-1355 H: (440) 808-8429 Fax: (216) 694-6343</p> <p>Historian Joy Pittman 411 W. Tipton St. PO Box 2349 Seymour, IN 47274 W: (812) 522-0535 H: (812) 346-2710 Fax: (812) 522-0779 Email: jpittman@memorial-hosp.org</p>

<p>Parliamentarian Glenna Altizer (see above)</p>	<p>Membership Lisa Kirk 5911 Cape Cod Ct. Indianapolis, In 46250 W: (317) 582-8588 Fax: (317) 582-8585 Email: lmkirk@stvincent.org</p>	<p>Past President Judy Werner Covenant Healthcare 700 Cooper Ave. Saginaw, MI 48602 W: (517) 583-6002 H: (517) 686-5767 Fax: (517) 771-6503 Email: jwerner@CHS-MI.com</p>
--	---	--

YOU
 are invited to
ADVERTISE
 in the
Mid-Eas Dropper



The Mid-Eas Dropper is the official newsletter of the
 MidEast Region WOCN
 (Indiana, Kentucky, Michigan, Ohio, West Virginia)

Ad form (and ad) must be received by
 August 15, 2002
 for inclusion in the next issue of the
Mid-Eas Dropper.

For business card ads, include a business card with
 order form.

For print/photo ads, include a black and white
 PRINT QUALITY prototype with order form.

Questions?
 Call Rita Pochard
 (513) 389-5067

MID-EAS DROPPER NEWSLETTER AD FORM

(please enclose this form with your ad)

Name: _____ Date: _____
 Company Name: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Telephone Number: _____

Make checks payable to MidEast Region of WOCN

Ads run for one year (three issues): Jan/Feb, May/June, Sept/Oct

Business Card Ad \$35.00
 1/4 Page Ad \$75.00
 1/2 Page Ad \$150.00
 Full Page Ad \$250.00

MAIL TO:

Rita Pochard
 30 Dusk Court
 Fairfield, OH 45014

News from Around the Region

MidEast Region Merit Award Winners from the Poster Session - WOCN

This year, merit ribbons were awarded prior to the Scientific and Clinical Abstracts Poster Session. The abstracts scoring the highest mean score from the abstract review committee were identified. Following review of these abstracts, merit ribbons were awarded by a panel consisting of members from the WOCN national conference planning committee, WOCN Council, the Journal of WOC Nursing, and the Center for Clinical Investigation. Three posters authored by MidEast Region members were awarded merit ribbons. They are;

-Utilizing Static Air Support Surface Technology Through the Continuum of Care—Christie Duncan (Indianapolis, IN)

-A Hospital System Approach to Pressure Ulcer Prevention—Mary Ann Sammon, Linda J. Lewicki, P. Mardeen Atkins (Cleveland, OH)

-Lower Extremity Changes, Pain and Functioning in Injection Drug Users—Barbara Pieper and Thomas Templin (Detroit, MI)

Congratulations to the authors!

You are encouraged to submit an abstract in one of three categories for consideration for poster or oral presentation for the 35th Annual WOCN Conference to be held in Cincinnati, OH in June, 2003. Abstract submission information will be posted at www.wocn.org later this year. Abstract categories include Practice Innovation, Case Study, and Research.

Honors for Waltz

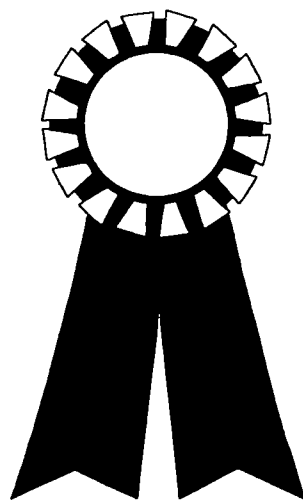
From St. Vincent Indianapolis Hospital WOC team, Nancy Waltz, BSN, CWOCN received the Professional Nursing Recognition Award in May. Nominees are chosen and submitted by peers. The nominee then completes a packet of information which is given to the selection with all identifying information removed. The committee then selects the nurse based on demonstrated excellence in professional practice. There were over 50 submissions for this award, and Nancy was one of five recipients. Congratulations Nancy! We're all so proud of you!

Conference Registration Winners Named

As the summer began Lady Luck was smiling down on Goronka Bak and Lisa Hobbs. They were winners of the free conference registrations that were given away at the MidEast Regional meeting in Las Vegas.

The dog days of August are here, the kids are back to school and conference registrations are in the mail. So mark your calendars now. You need to be in Frankenmuth MI on October 17-19, 2002 for our Fall conference.

There is no better time to be in Michigan than October to learn the latest information on wound and ostomy care. The Planning Committee is working hard and we look forward to seeing everyone there.



Mideast Region Advanced Practice Scholarship Application

Your application **MUST** contain all requested information or it will not be processed.

DO NOT leave blanks.

A typed application is preferred.

Handwritten applications must be legible.

Submit four (4) identical stapled sets of your application in the following order:

1. Demographic information
2. Copy of acceptance **and** evidence of current class enrollment in graduate program.
3. Copy of completion of ETNEP program.
4. Copy of current certificate of certification from WOCNCB.
5. Proof of WOCN (Mideast Region) membership for one (1) year prior to application.
6. Essay (100 words or less) on How you plan to contribute to WOC(ET) Nursing with this knowledge/degree.

Submission deadlines:

January 30 for June distribution at National WOCN meeting.
June 1 for October distribution at Regional meeting.

Return to: Scholarship Chair Mideast Region

APPLICATION FORM FOR RESEARCH FUNDS

Name: _____

Present Address: _____

Telephone: Number: _____

Educational Background:

Institution & Location	Inclusive Dates of Attendance	Diploma, Degree	Major
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Experience Record (last two positions):

Title of Position	Employer Name & Address	Inclusive Date
_____	_____	_____
_____	_____	_____

Starting Date of Research Project: _____ Completion Date of Project: _____

Title of Research Project: _____

Date of Approval from Human Subjects Committee: _____

(If neither exempt nor yet approved, please add a separate page discussing potential risks and benefits associated with the research and proposed safeguards.)

Discuss how the funding will be spent.

In no more than two typed pages, describe the purpose, background and methodology of the study.

RESEARCH GRANT AGREEMENT

If my request is approved by the Mid-East Region Research Committee, I agree:

- To use the money as described in the application and return any unused funds to the Treasurer.
- When the study is completed, submit receipt(s) for the money spent and an abstract of the study to the chairperson of the Research Committee.
- When the research is published or presented, appropriate recognition of funding source (Mid-East Region, WOCNS) will be given.

Signature: _____ Date: _____

Address: _____

Title of Project: _____

Project Beginning Date: _____ Project Completion Date: _____

NOMINEE INFORMATION

• **For President-Elect**

Hello. My name is Carolyn S. Smith and I am running for President-Elect. I have been in nursing 23 years and a CWOCN for 8. It has been my privilege in the recent past to have served on the Mid-East Region Board as Trustee #3 overseeing Conference Planning, Scholarship, and Excellence in Writing. I was also Conference Planning Chair for the 200 MidEast Region Conference in Indianapolis.

I greatly enjoyed the challenges and opportunities I encountered while being a trustee and think this experience would serve as a great foundation for the office of President-Elect. I would do my best to represent this region if elected.

• **For Secretary**

Rebecca Roberts (Becky)

- Graduated from Alderson-Broaddus College in 1972 with a BSN
- Graduated from Case Western Reserve University in 1975 with a MSN in Medical-Surgical Nursing
- Attended the Rupert B. Turnbull School of ET Nursing in 1983
- Practiced as a clinical nurse specialist in enterostomal therapy at University Hospitals of Cleveland (1983-2002)
- Certified as a wound, ostomy, and continence nurse and as a medical-surgical clinical nurse specialist
- Served as Chairman of Excellence in writing Award for 4 years
- Served as Trustee #1 from 1997 to 2001
- Served as sunshine Chair from 2001-2002

I love this organization and promise to serve (if elected) to the best of my ability.

• **For Trustee #4**

Betty Winn, RN, BSN, CWOCN. Graduate of CCF ET School in 1988. Attended NIWI. Government Affairs Committee Chair for 2 years. Nominations Chair for four years. Secretary for 4 years. Currently employed by Visiting Nurse Association as an ET Nurse in Home Care.

• **For Trustee #2 - Marilyn Whitehead**

I would like to nominate myself for the position of Trustee #2. I am currently serving in the role now and would like to continue in this position. It has been an exciting experience participating in the inner workings for our MidEast Region and working for our great national organization.

I have been practicing as an ET nurse since 1987, although I did not go to ET school until 1992 (I was working on my Masters of Science in Nursing from Andrews University, graduated in 1992). I am a diploma graduate from Miami Valley Hospital School of Nursing (1974) and earned my BA in sociology from Wright State University (1982). I attended the Wicks Harrisburg ET School in 1992, certified in 1993 and recertified in 1998. I currently work in acute care in all scopes of the WOC nursing, inpatient, outpatient, physician's office visits, and occasionally home visits.

I am very active in our local chapter of ET nurses (the Greater Dayton Area of ET Nurses) when we meet, usually monthly. I am serving as secretary of this local group at the present time. I have attended either the WOCN National Conference every year or alternated with the Wound Care Symposium since my partner attends the opposite year. I attend the Regional meeting every fall and enjoy the networking with my fellow peers. I am also active in our local chapter of the UOA, teaching each year in the visitor training session, as well as the yearly meeting where the "Ask your ET" panel presents and at the roundtable sessions in the spring. I have been involved as a clinical preceptor for 5 ET students from several schools in the last 2 years: Albany, Wicks (Harrisburg), Cleveland Clinic and New Mexico. I have also served as a clinical nurse specialist for master students in nursing for Wright State University for several years, the latest in the spring of 2002. I recently attended and served as ET counselor for the UOA Youth Rally in Boulder CO July 2002. What an experience! Something every ET should try to participate in at least once. *(continued pg. 7)* You learn so

2002 WOCN MIDEAST REGION BALLOT

Enclosed in a brief bio of the nominees.

PLEASE TAKE THE TIME TO RETURN YOUR VOTE.

In order for your vote to be valid:

1. Place a "X" before the name of the person for whom you are voting.
2. Place the completed ballot in the small envelope marked **BALLOT** and seal. **DO NOT SIGN THE BALLOT ITSELF, NOR SIGN ON THE BALLOT ENVELOPE.**
3. Write your name (address optional) in the return address area on the second envelope addressed to Beth Gudde. This provides identification that you are a voting member if WOCN MidEast Region. **ONLY ENVELOPES SPECIFYING THE VOTER'S NAME ARE VALID. Specifying only an address is not acceptable.**
4. Place the **BALLOT** envelope in the second envelope, seal and mail by **TUESDAY, OCTOBER 14, 2002.**

2002 MIDEAST REGION BALLOT

PRESIDENT-ELECT (4 year term)

Carolyn Smith RN, BSN, CWOCN (IN)

SECRETARY

Rebecca (Becky) Roberts, MSN, RN, CWOCN (OH)

VOTE FOR ONE TRUSTEE

TRUSTEE II

Marilyn Whitehead, MS, RN, CWOCN (OH)

VOTE FOR ONE TRUSTEE

TRUSTEE IV

Elizabeth (Betty) Winn, BSN, RN, CWOCN (OH)

Mid-East Region Research Grant

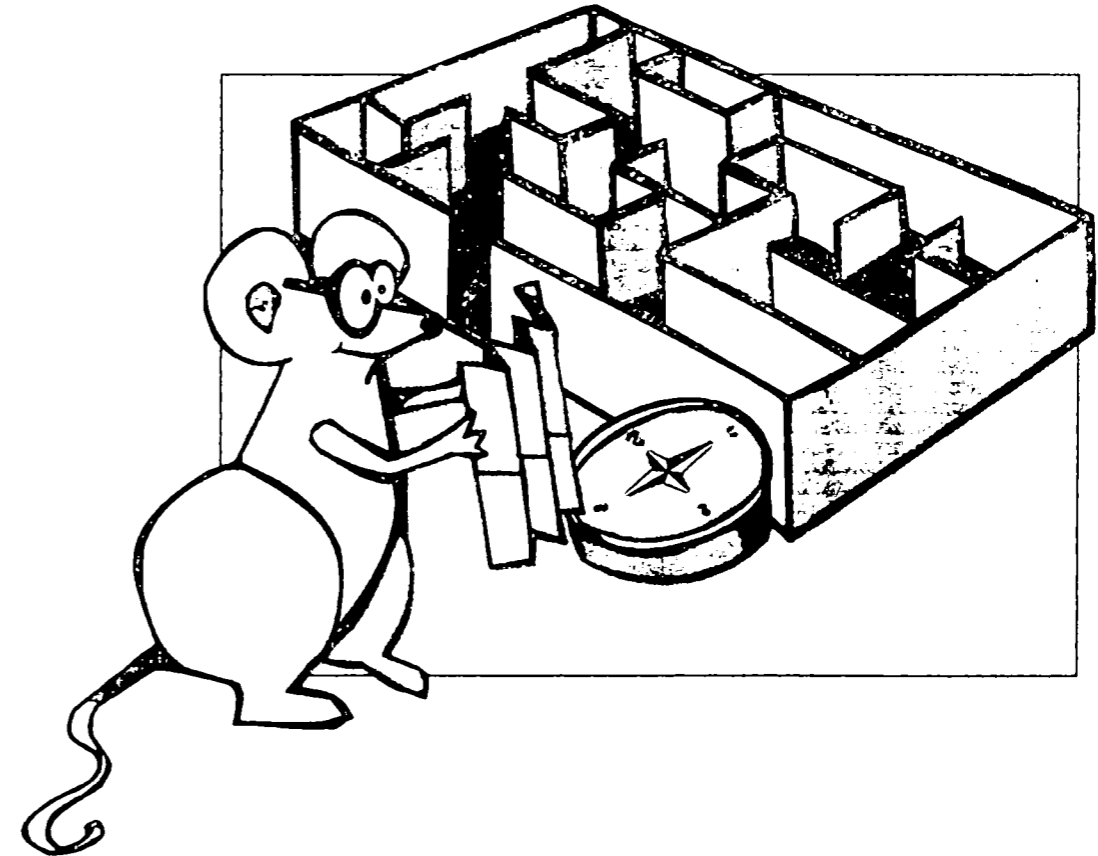
Purpose: The purpose of this grant is to encourage ET nurses and nurses specializing in wound, ostomy and continence care to contribute to advancement of nursing knowledge through research.

- Eligibility Requirements:**
1. Active member of Mid-East Region of WOCN.
 2. Primary investigator on a study.
 3. Currently engaged in the study for which funding is requested or planning to implement the study within one year of funding.

- Funding:**
1. \$200 per applicant per available funds. One grant awarded in April and one in October.
 2. Funding may be requested for photocopying, consultation, postage, computer supplies, etc.
 3. Applications will be competitively reviewed by 5 members of the Research Committee.

Submit 5 copies of the entire application to Research Committee Chair.

Deadline: February 1 August 1



Mid-East Region Nurse Researcher Award

The Mid-East Region WOCNS Nurse Researcher Award will honor an individual or group who has completed a nursing research study that has focused on wound, ostomy, or continence care and disseminated the results through presentation or publication. \$300 will be awarded to the recipient.

Criteria:

- The individual or group has completed a nursing research study which has followed appropriate research methods and protection of human rights.
- The research adds to the body of nursing knowledge in regards to ostomy, wound or continence care.
- The findings of the research have been published, submitted for publication, or presented at professional meetings.
- The study may be a funded or unfunded project.
- Investigators doing manufacturer directed and subsidized R&D studies are excluded.

Eligibility Requirements

- Active member of the WOCNS
- Primary investigator on the study.
- Investigators doing manufacturer directed and subsidized R&D studies are excluded

Submit five (5) copies of the entire application to;
The Research Committee Chair

Deadline: August 1

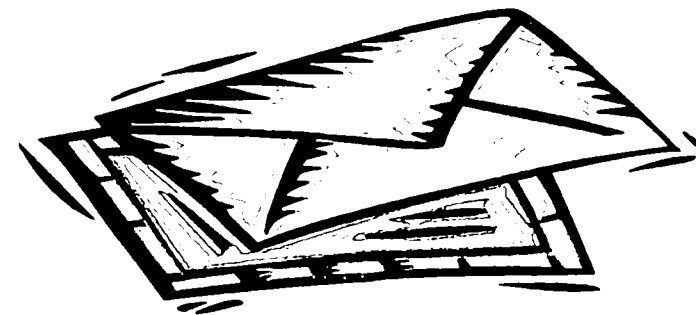
MID-EAST REGION WOCNS NURSE RESEACH AWARD APPLICATION

Nominee Name _____
 Professional Title _____
 Employment Address _____
 City, State, Zip _____
 Home Address _____
 City, State, Zip _____
 Phone (work/home) _____
 Active Member Mid-East? Yes No
 Title of Research: _____
 Provide Brief Description of Study (No longer than 2 double-spaced pages)
 State purpose, protocols, results, and discussion) _____
 Submission for Publication (list journal & date) _____
 Presentation at professional meeting (please list) _____
 Provide one letter of support.

- Michelle Glowala, RN, RSCN, CWOCN
 Bon Secours Cottage Health Services
 468 Cadieux Road
 Grosse Pointe, MI 48230
- Mary Arnold
 4177 Eastlake Dr.
 Mason, OH 45040
- Elizabeth (Liz) Pinion, RN, CWOCN
 2469 Dogwood Trace Blvd.
 Lexington, KY 40514
 859-223-9430

**DEADLINE FOR THE
NEXT ISSUE...**

JANUARY 15, 2003

**Marilyn Whitehead**

(continued) from these amazing children as well as the counselors and I was greatly touched by the love shown at this rally I would like to continue to serve our region as the Trustee #2 and would be honored to present our region to others.

**MIDEAST MEMBERSHIP MEETING
LAS VEGAS, NV
SUNDAY, JUNE 2, 2002**

- I. **CALL TO ORDER/WELCOME:** A. DAVIES—Welcome, meeting called to order at 7:15 p.m. Introduction of members
- II. **QUORUM DETERMINATION/VOTUNG GUIDELINES—** G. ALTIZER-Quorum determined 51 members present. Voting guidelines reviewed.
- III. **ADDITIONS TO/DELETIONS FROM AGENDA-A.** DAVIES-Proposed adding K. Granby from national at start of meeting. B. Winn so motioned, M. Arnold seconded, motion approved by membership. P. Burke motioned to accept agenda with addition. C. Smith seconded, motion approved by membership.

KAREN GRANBY-Welcomes to Paris Las Vegas on behalf of Council. Welcomes any comments to NCPC. Welcome to first time attendees. Discussion of ET Nurse Day,—can be celebrated individually, no specific plan as proved by national at this time.
- IV. **SECERTARY'S REPORT:** B. WINN-Last meeting minutes published in Dropper. B. Winn motioned to approve, C. Towson seconded, minutes approved by membership.
- V. **TREASURER'S REPORT:**C. KRUSLING—Balance in treasury as of today \$48,122.25. Report handed out.
- VI. **PRESIDENT-ELECT'S REPORT:** T. ROSS—New task recently added to duties was the development of booklets for new officers with welcome, duties, and tips. T. Ross is developing booklets.
- VII. **TRUSTEE AND COMMITTEE REPORTS**

A. TRUSTEE #1: C. TOWSON

- 1. **RESEARCH:** P. GALLAGHER—Report sent to Carol, Nancy McLees has been awarded the grant for Bowel Stimulation with Suppositories as an Alternative to Irrigation. Members can submit requests for Research Grant to P. Gallagher by August 1.
- 2. **WEB PAGE::** S. KRISHNAN—address in mideastregion.org. Updates are entered as submitted or at least quarterly.
- 3. **GOVERNMENT AFFAIRS:** G. ALTIZER—Updates on website, keeping email list updated to send alerts out. Inform Glenna of any info re issues, state coalitions of nurses, send to GALTIZER@CHHI.org.
 - a. NIWI-T. Ross and S. Krishnan-Terri and Shari reported NIWI was excellent very helpful, over four days learned about Committees, Bills, Rules, and the Legislative Process. On the last day attendees met with their respective Legislators. An article will be published in the next Dropper.

B. TRUSTEE #2: M. WHITEHEAD:

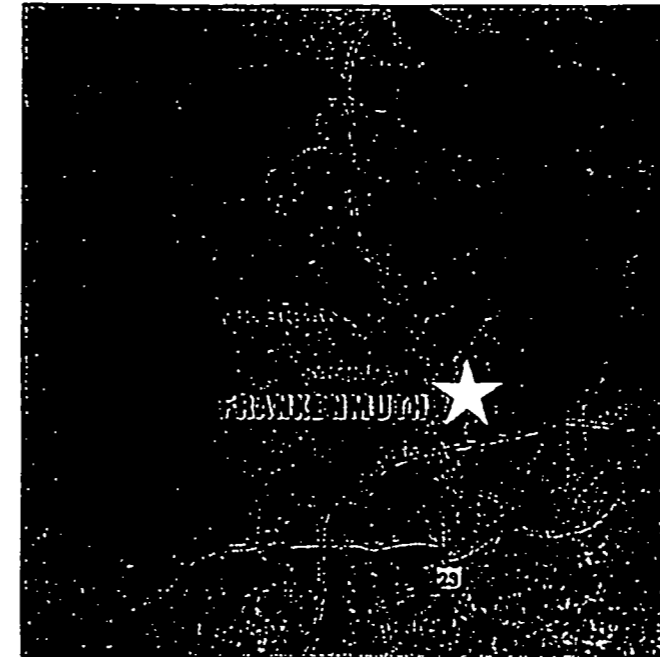
- 1. **PUBLICATIONS:** R. POCHARD—not able to attend conference, sent copies of June 2002 Dropper. If you or someone you know is not receiving the DROPPER Reminder to ask your local reps to purchase advertisements in the DROPPER. Send Rita info on local ET groups for publican ton.
- 2. **ET NURSE OF THE YEAR:** T. ROSS—Terri has received one nominee so far and is requesting more.
- 3. **PR/SUNSHINE:** B. ROBERTS—Becky requests notification of anyone who should be sent a card.
- 4. **MEMBERSHIP:** Per A. Davies Lisa Kirk has agreed to take over the Membership Chair. It is very difficult in keeping track of members, we need to try and develop our own database. As a region we would benefit from purchasing MICROSOFT ACCESS. C. Smith made a motion to purchase a software database, C. Krusling seconded., discussion to look at ACT. Membership approved motion to purchase a software database.
- 5. **FUNDRAISING:** J. SEWICKLEY-DIBERNARDI: MIDEAST Region booth is in the exhibit hall and Joan needs volunteers to staff the booth in 1 hour shifts. (continued on next page)

Hotel Information ~

Bavarian Village Lodge
One Covered Bridge Lane
Frankenmuth, MI 48734
989.652.7200

Location: Just minutes east of I-75,
between Flint and Saginaw, Michigan

Rates: Room rates range from \$115 (single)
to \$115 (double to quad)
Rates guaranteed until 9/18/2002



Directions to Frankenmuth

Driving is advised, due to limited air accomodations cited below.

Driving:

Just 10 migutes east off I-75.
Take northbound exit 136 or southbound exit 144.
Follow signs to Frankenmuth. At second light in town,
turn right, go through covered bridge
to the Bavarian Inn Lodge.

Travel by Air:

Frankenmuth is served by Midland/Bay City/ Saginaw (MBS)
International Airport and Detroit Metro Airport
via major airlines. Frankenmuth's Airport has a half-mile
sod strip for single and light twin-engine planes.
No shuttle service is available.

Miles to Frankenmuth

Ann Arbor, MI	80	Indianapolis, IN.....	300
Charleston, WV	492	Louisville, KY	438
Cincinnati, OH	327	Mackinaw City, MI	202
Cleveland, OH	241	Marquette, MI	374
Detroit, MI	86	Port Huron, MI	94
Flint, MI	26	Saginaw, MI	16
Grand Rapids, MI	118	South Bend, IN.....	222

TEAR OFF

Name & Credentials: _____

Agency: _____

Address: _____

City: _____

Phone (W): _____

Nursing License Number: _____

State/Province: _____

(H): _____

Zip: _____

(Required for CEUs)

WOCN Member: Yes No

WOCN Dinner: Yes No

Friday, October 18, 2002

\$20 for WOCN member guest

Name of guest: _____

■ **Deadline for guaranteed registration: postmarked October 7, 2002**

Make check payable and mail with completed registration to:
Connie Butts
8164 W. Deckerville Rd.
Fairgrove, MI 48737

I will be attending~

Thurs., Fri. & Sat. _____ \$85.00
Fri. Only _____ \$60.00
Sat. Only _____ \$30.00

**Preferred Friday
Concurrent Sessions ~**

_____ Intermediate (Nurse Focus)
_____ Advanced (ET Focus)

SCHEDULE:

Thursday, October 17

- 1:30 - 2:00 pm MER Board Lunch (sponsored by Smith & Nephew)
- 2:00 - 4:00 pm MER Board Meeting
- 1:00 - 5:00 pm Exhibitor Registration/Set Up
- 4:00 - 6:30 pm Registration
- 5:30 - 9:30 pm Grand Opening of Exhibits Networking, Hors D'oeuvres, Cash Bar (sponsored by Medline)

Friday, October 18

- 7:00 - 8:00 am Registration ~ Exhibits Open, Continental Breakfast
- 8:00 - 8:05 am Welcome/Announcements
- 8:05 - 10:00 am Wounds: Assessment, Documentation, Infection and Cleansing Liza Ovington, PhD (sponsored by J & J)
- 10:00 - 10:45 am Break/Exhibit Hall
- 10:45 - 12:00 pm Understanding & Selecting Topical Dressings for Management of Acute & Chronic Wounds Liza Ovington, PhD
- 12:00-12:30 pm Lunch
- 12:30-1:30 pm Exhibits
- 12:30-1:30 pm Skills Lab (separate CEU):
 - KCI Wound VAC ~ Kevin Jones, RT
 - Compression Wraps ~ Judy Werner, RN, BSN, CWOCN
 - Circ-Aid ~ Susan Bowles, RN, BSN, CWOCN
 - Profore
 - Pulsevac
 - Tubigrip
- 1:30 - 2:50 pm Diagnosis of Lower Extremity Ulcers ~ Basim Towfig, MD Practical Management of Lower Extremity Ulcers ~ Sharlene Kennedy, MSN, RN, FNP, CWOCN
- 2:50 - 3:00 pm Break
- 3:00 - 4:30 pm Norma Gill Presentation ~ Problematic Ostomies Judy Werner, RN, BSN, CWOCN
- 3:00 - 4:30 pm Diagnostics of Dermatologic Conditions ~ Scott Karlene, MD
- 4:30 - 4:40 pm Evaluations

Saturday, October 19

- 7:00 - 8:30 am Registration/Breakfast (sponsored by EHOB)
- 8:30 - 10:00 am Lymphedema Management Christine Rymel, MSN, CWOCN
- 10:00 - 10:15 am Break
- 10:15 - 11:45 am Humor: A Facet of Holistic Care Kay Wagner, RN, BSN, CTM
- 12:00 - 2:00 pm MER Membership Meeting/Lunch (sponsored by Convatec)

Planning Committee ~

Sharlene Kennedy, MSN, RN, FNP, CWOCN

Chairperson
Hurley Medical Center, Flint, Michigan

Judy Werner, RN, BSN, CWOCN

Assistant Chairperson
Covenant HealthCare, Saginaw, Michigan

Linda Arlt-Smith, RN, BSN, CWOCN

Alpena General Hospital, Alpena, Michigan

Lynne Bieberitz, RN, MA, CWOCN

Covenant HealthCare, Saginaw, Michigan

Susan Bowles, RN, BSN, CWOCN

Tuscola County Medical Care Facility
Caro, Michigan

Connie Butts, RN, CWOCN

Independent Consultant, Fairgrove, Michigan

Barbara Illde, MSN, RN, FNP, CWOCN

Saint Mary's, Saginaw, Michigan

Linda McGee, RN, CWOCN

Retired, Midland, Michigan

Carol Mikols, RN, MSN, CWOCN

Retired, West Branch, Michigan

Nan Pittenger, RN, BSN, CWOCN

St. Joseph Health System, Tawas, Michigan

Ann Prime, RN, BSN, CWOCN

Bay Medical Center Home Care
Bay City, Michigan

Margie Wessel, RN, CWOCN

Huron Memorial Center, Bad Axe, Michigan



Region will be selling t-shirts, raffle for a digital camera. A new fundraising chair is needed, Joan will be stepping down.

GUESTS CATHY UNDERWOOD, EXECUTIVE AND LAURIE MCNICHOLS WOCN PRESIDENT CAME TO ADDRESS MEMBERS: Question from members re: membership list, per Cathy list will be current in July and quarterly thereafter. Question re cost of labels at \$300, Cathy not aware will check into this.

C. TRUSTEE #3: P. BURKE:

1. CONFERENCE PLANNING:

2001-KENTUCKY—109 attendees, \$13,867.

2002--Frankenmuth at the Bavarian Inn Lodge October 17 through October 19, the agenda is set.

2003-West Virginia-let G. Altizer know of topics of interest.

2. SCHOLARSHIP: C. SMITH: Traci Rubel from IN is the winner, she sent a thank you note. Next application deadline is June the scholarship will be awarded in October.

3. EXCELLENCE IN WRITING: S. DAVIS: Submit articles to Sara for consideration, application appears in each DROPPER.

DOOR PRIZE DRAWING: WINNERS OF FRANKENMUTH CONFERENCE REGISTRATION: Lisa Hobbs and Goronka Bak.

D. TRUSTEE #4: B. GUDDE: (unable to attend)

1. OPS MANUAL: T. ROSS: Terri is trying to condense manual, once copies ready will give to current Board and will give to oncoming Board members. Can give hard copy or E-mail.

2. BYLAWS: G. ALTIZER: OPS manual is based on bylaws. Bylaws will need some clean-up, plans to have bylaws Ballot sent with Elections ballot.

3. NOMINATIONS: S. DUDA: (presented by B. Winn): Positions for Election are president-Elect, Secretary, Trustee and 4, nomination forms passed out and if interested contact S. Duda. Deadline for nominations August 1, ballots will be mailed in September.

VIII. UNFINISHED BUSINESS:

1. MEMBERSHIP CHAIR: ROLE AND RESPONSIBILITY: Discussed earlier.

2. NORMA GILL REMEMBRANCE: \$500 approved last time by membership for 1 year. Will ask Crina and Rosemary to work on this more.

3. ET NURSE DAY: M. WHITEHEAD: National still working on this.

IX. NEW BUSINESS: ANNOUNCEMENTS:

Cleveland Clinic ET Update-August 16 at the Windham in Cleveland.

Barb Pieper announces Diane Singer died of Pancreatic Ca.

X. PAST PRESIDENT'S COMMENTS: J. WERNER not arriving till late tonight.

XI. ADJOURNMENT: P. BURKE: motioned to adjourn at 9 PM, B. Winn seconded, motion passed.

Respectfully Submitted,

Betty Winn, Secretary

2002 UOA YOUTH RALLY BOULDER, CO A BRIEF LOOK AT THE EVENT

BY PAULA BOTTING, MS, RN, CWOCN
MARILYN WHITEHEAD, MS, RN, CWOCN

As certified ET nurses from Dayton, OH, practicing in acute care (different hospitals), we recently volunteered and attended the UOA Youth Rally in Boulder, CO, July 2002. It was the first experience for both of us and what an adventure!

The rally got off to a great start with an all day orientation session for the counselors and ET nurses before the campers arrived. There were 12 ET's and 40+ counselors. The orientation was a chance for us to get to know the rules, responsibilities, and guidelines for the counselors and ET's and the specific needs of the campers. (There would be several in wheelchairs, many with multiple birth defects and handicaps). The majority of the counselors had ostomies themselves; many of them were former campers. Also there were three representatives from the national UOA council: the executive director, vice president, and another member taking many of the photographs during the week).

We were delighted to be addressed by a great motivational speaker, W. Mitchell, who spoke and shared his fascinating stories of his many personal tragedies and how he learned to adapt and overcome his disabilities. His favorite quote (and the title of one of his books) is "It's not what happens to you, it's what you do about it". His words of wisdom were of great inspiration and made us become more aware of what we can do, if we put our minds to it. Great advice as we prepared for the arrival of our 99 campers (ages 11-17) the next day.

On Saturday we waited patiently and somewhat nervously for our campers to arrive, most from the airport. Although there were some travel mix-ups, we ended up with the majority of the campers arriving at the same time. Utter chaos! The rest of the day was spent assisting the campers to their dorm rooms, unpacking, getting settled, and meeting their roommates. A barbeque was held that evening with games and karaoke. Each person was to dress in something representing his or her state. Go Buckeyes!

The campers were divided into groups of 6-7 campers of the same age, an ET leader and 2-3 counselors. It was the responsibility of the counselors to make sure the kids got up, showered, dressed, etc., while the ET nurses assessed the physical needs of the campers, with their ostomies, equipment problems, suggestions for change and troubleshooting problems. Yes, sometimes the ET was summoned during the night to help with leaks! At the end of the week, the ET nurses and counselors documented information about each camper, providing possible suggestions for physical and/or social needs.

The week held many different events. One educational fun game involved putting the urinary system and the GI tract in the proper placement of the body of a person wearing a white t-shirt and Velcro. What a hoot! We had spleens on the back, ureters everywhere, you name it! Physical sports included swimming, hiking, basketball, baseball, ice skating and whatever anyone wanted to do in the free time with the supervision of the counselors. Even some shopping!

60% of the campers were new to camp and some had never been away from their parents/guardians, so some were homesick. (Parents for the kids and kids for the parents.) It was a learning experience for both sides.

The week flew by and then it was time to say good-bye. The last night celebration was a dance (dressy) and a graduation for the campers who were 17 as this would be their last year. (They can come back as counselors.) The evening was fun: neck and back massages for the tired counselors, (heavenly!) face painting, portrait chalk drawings and silhouette cutouts, as well as music, dancing, and snacks. Photos were snapped everywhere and the tears began flowing. The campers really love coming and some hated to go home. They realized that they are normal and there are many others, just like them, with the same ostomies and physical need that they have.

We got very little sleep that night, making sure everyone was packed and ready to leave as the busses to the airport started arriving at 5:00 a.m. on the last day. It was such a blur! Campers and counselors shared hugs and kisses, with wishes for a great year and hopes for returning the next year. The entire camp parted ways to our own states, back to homes. We both reported to each other that we slept for days, exhausted but exhilarated!

The scenery and weather in Colorado was beautiful, the counselors and campers were fantastic and the experience invaluable. This was truly a rewarding experience for us and we felt we got more from it than we anticipated. We learned so much from the campers as well as the counselors but we also shared our expertise when the need arose. Friendships were made and we both fell in love with our own groups. Every ET should try to attend this camp at least once during their career if possible. It will be memorable and rewarding. (continued)

The "ET Touch"

The Enterostomal Therapy nurse's expertise in wound, ostomy and continence care has been called "The ET Touch." This program will advance the participant's skills and knowledge of healing in:

- acute and chronic wound care
- dermal lesions
- ostomy rehabilitation

Who Should Attend?

This program is designed for Wound, Ostomy & Continence nurses, physicians, NPs, PAs, RNs and LPNs who have an interest in and provide care for patients with wound/skin, ostomy or continence health needs. All sessions have direct application to a variety of settings — acute, ambulatory, home and long-term care.

Program Objectives

- List the components of assessment and documentation of an acute or chronic wound
- Identify appropriate treatment and topical dressings for management of wounds
- Describe various wound treatment modalities including wraps and compression therapies
- Discuss diagnosis and management of various lower extremity ulcers
- Develop problem solving strategies for problematic stomas and parastomal skin complications
- Identify common skin disorders affecting wound care
- Distinguish among treatment strategies for lymphedema management
- Identify the use of humor in holistic care

Accreditation

Application has been made to the Michigan Nurses Association (MNA) for the following contact hours:

- Friday 9.0 hours (includes attendance at exhibits)
- Saturday 3.6 hours

The Saginaw Cooperative Hospitals, Inc. (SCH) designates this educational activity for a maximum of 10 CME hours in category I credit towards the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

The MNA is an accredited approver of continuing education in nursing by the American Nurses' Credentialing Center Committee on Accreditation. The Mid-East Region (MER) is an affiliate of WOCN. MER is a volunteer organization with a primary objective of education. To receive a certificate, participants must attend the entire day's offerings, including exhibits, as well as complete an evaluation.

Vendors

Vendors provide essential support for this conference. They display current information and products for wound and skin care, ostomy management, continence care and pressure reduction.

Grateful acknowledgement to Covenant HealthCare, Saginaw, Michigan, for the content of this brochure.

Speakers

- **Liza Ovington, PhD**
President, Ovington Associates, clinical educator with Johnson & Johnson with extensive professional publications and teaching experience.
- **Basim Towfig, MD**
Board certified internal medicine physician with extensive teaching experience; Associate Professor at Michigan State University; Director of Ambulatory Care, Medicine and Primary Care Education at Hurley Medical Center, Flint, Michigan.
- **Sharlene Kennedy, MSN, RN, FNP, CWOCN**
Board certified nurse practitioner with twenty years E.T. experience. Practices at Hurley Medical Center, Flint, Michigan; extensive experience in both acute and chronic wound care.
- **Judy Werner, RN, BSN, CWOCN**
Fifteen years experience as E.T. nurse at Covenant HealthCare, Saginaw, Michigan; immediate past president of Mid-East Region WOCN.
- **Scott Karlene, MD**
Board certified dermatologist with extensive experience in the management of skin disorders; honored graduate of Dartmouth Medical School, Hanover, New Hampshire; extensive teaching experience.
- **Christine Rymel, NP**
Oncology rehabilitation nurse; provides wound management consultation to oncology patients and clinicians; certified in lymphedema therapy.
- **Kay Wagner, RN, BSN, CTM**
Acute care nurse with great interest in using humor in holistic care; certified toastmaster, energizing motivational speaker at state and national level.

Conference Registration

- Complete attached form (may duplicate)
- Send check and reservation form to:
Connie Butts
8164 W. Deckerville Road, Fairgrove, MI 48737
989.693.6295
- Registration is limited, so register early.
- Registration must be paid in advance.
- Fee includes course materials, continental breakfast, buffet lunch, and refreshments.
- Full refund for cancellations before 9/18/2002.

WOCN Member Dinner:

WOCN members are invited to attend a dinner with entertainment on Friday evening, October 18, 2002. This event is sponsored by Hollister and Hill Rom.



MER members enjoy the sights

(continued from previous page)

We would like to thank the Dayton Chapter of the United Ostomy Association for their financial support as well as the Greater Dayton ET nurses group. We hope you enjoyed our comments and photos—we had a ball!

For more photos and information, visit the UOA website www.uoa.org. One of the counselors, Tony Bell, was featured on the cover of the Ostomy Quarterly, winter 2002, with a great story about his life, a rodeo rider, and a young college man who learn to deal and live with his colostomy as a child. He had all the young girls (and some of us ET nurses) quite taken with his good looks and great personality. In fact, everyone was beautiful in his or her own way!



UOA Youth Rally 2002

Where do those ureters go?!

MER Fundraising Booth



Campers head For amusement Park.





Counselors and ETs at Rally. P. Botting 2nd row, seated on steps 1st from left
M. Whitehead 3rd seated row, middle



Board members (L-R)
C. Krusling, B. Winn, M. Whitehead, P. Burke, A. Davies, T. Ross, G. Altizer

Fun & games
Opening night.



First time attendees (L-R)
E. Porter, A. Shelly, L. Pesetsky