

Editor
Rita Pochard
30 Dusk Ct.
Fairfield, OH 45014

We're on the Web
mideastregion.org

Name, Address or Employment Change?
Please complete and mail to Editor
(Address above)

Date _____

Name _____

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Work Address _____

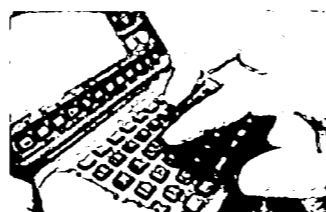
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A Message from Our President

January 15, 2003

Dear Mid-East Region Members,

Welcome to the winter edition of the MER Dropper. This is our first issue as your new board. We have an enthusiastic and talented group of WOC nurses to serve as officers for our region. Several have accepted new offices and we are especially pleased to have some new faces. Their titles and contact information can be found right inside this front cover. We hope that you will contact any one of us with your needs and ideas.

As you read through this issue look for all the opportunities the Mid-East Region provides to support your growth as a WOC nurse. There are awards for excellence in writing, research, and ET Nurse of the Year. Scholarship money is available and new this year we have funds available to help with the expenses for two of you to attend the annual UOA Youth Rally as counselors. The annual regional conference will take place in West Virginia this autumn.

We had tremendous attendance at the 2002 regional conference in Frankenmuth. The planning committee worked very hard to provide excellent speakers, great accommodations, and endless opportunities to enrich our practice. Thanks Michigan! Now we are planning for the national conference in Cincinnati, my hometown. Cincinnati has great entertainment, wonderful museums, excellent restaurants, a new ballpark, and humid weather. I hope you will attend. The WOCN national conference is always the highlight of my professional year as a WOC nurse.

As I reflect on the nursing news of 2002, the most outstanding event occurred at the White House on August 1st when President Bush signed the Nurse Reinvestment Act into law. This means progress for nursing with tremendous changes planned to recruit new nurses as well as support those of us with experience. The next step is for appropriations (\$\$\$) to be assigned to the law. Visit our Mid-East Region's website for links to sites where you can find more information.

Closer to home, I recall a notable event that occurred during the Frankenmuth conference. Cecilia Krusling, Treasurer, presented a situation within the WCET involving a desperate need for funds to educate nurses for wound and ostomy care in third world countries. We learned that many areas have no WOC nurses and there is no money for them to attend school. Cecilia asked for donations and a cruet was passed around the tables. It had to be emptied several times and \$410 was collected. The Mid-East Region matched the amount. I heard Cecilia comment, "We give not only

(continued inside)

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• Also in this issue

• Award applications

• Honorees say "Thanks!"

PRESIDENT
 Terri Ross
 12153 Village Woods Drive
 Cincinnati, OH 45241
 W: (513) 585-0871
 H: (513) 769-4090
 Email: rossstar@earthlink.net


<p>PRESIDENT-ELECT Carolyn Smith 3917 S. Houck Marion, IN 46953 W: (765) 662-4658 H: (765) 674-5761 Email: Carolyn@comtech.com</p>	<p>SECRETARY Becky Roberts 2932 Corydon Cleveland Heights, OH 44118 H: (216) 932-0961 Email: BeckyRNET@aol.com</p>	<p>TREASURER Cecilia A. Krusling 4907 Savage Road Lynchburg, OH 45142 W: (937) 298-4331 ext.57545 H: (513) 875-3170 Fax: (937) 297-8007 Email: jkruslin@tds.net</p>	<p>TRUSTEES (4) See Below</p>
<p>TRUSTEE #1 Lisa Kirk 5911 Cape Cod Ct. Indianapolis, IN 46250 (W): (317) 582-8588 Fax: (317) 582-8585 Email: lmkirk@stvincent.org</p>	<p>TRUSTEE #2 Marilyn Whitehead Kettering Medical Center 3535 Southern Blvd. Kettering, OH 45429 W: (937) 298-4331 ext. 57519 H:(513) 897-4868 Fax: (937) 297-8007 marilyn.whitehead@kmcnetwork.org</p>	<p>TRUSTEE #3 Patti Burke 2712 Marlo Way Lakeside Park, KY 41017 W: (513) 271-0097 H: (859) 341-4687 Email: tjburke3@peoplepc.com</p>	<p>TRUSTEE #4 Betty Winn 6384 Engle Road Brookpark, OH 44142 W: (216) 931-1355 H: (216) 694-6343 Email: Betwin5351@aol.com</p>
<p>COMMITTEES</p> <p>Web Page Sharon Ballard-Krishnan 1550 Brandywine Bloomfield Hills, MI 48304 H/W: (248) 852-2891 Fax: (248) 299-3691 E-mail: sharkrish@aol.com</p> <p>Research Pat Gallagher 1109 Melrose Drive Westlake, OH 44145 H: (440) 356-0759 W: (216) 931-1355 Fax: (216) 694-6343</p> <p>Government Affairs Glenna Altizer 6688 Mud River Road Barboursville, WV 25504 W: (304) 526-2285 H: (304) 733-0766 Fax: (304) 526-2137 Email: galtizer@chhi.org</p> <p>Membership Lisa Kirk (See Trustee 1)</p>	<p>COMMITTEES</p> <p>Publication (Newsletter) Rita Pochard 30 Dusk Court Fairfield, OH 45014 W: (513) 853-4055 H: (513) 829-3146 Email: RJPochard@health-partners.org</p> <p>E.T. Nurse of the Year Carolyn Smith (See President-Elect)</p> <p>Fundraising Cathy Blackwell 205 Ann Avenue Pendleton, IN 46064 W: (765) 646-8168 H: (765) 778-2365 Email: cathbl123@aol.com</p> <p>PR/Sunshine Beth Gudde 2183 Dover Center Road Westlake, OH 44145 H: (440) 899-7414 Email: Bethgudde@aol.com</p>	<p>COMMITTEES</p> <p>Conference Planning Patti Burke (see above)</p> <p>2003 Glenna Altizer</p> <p>Scholarship Carolyn Smith 3917 S. Houck Marion, IN 46953 W: (765) 662-4658 H: (765) 674-5761 Email: Carolyn@comteck.com</p> <p>Excellence in Writing Sarah Davis 2540 Overlook Rd, Apt.16 Cleveland, OH 44106 H: (216) 371-5846</p>	<p>COMMITTEES</p> <p>Operations Manual Carolyn Smith (See President-Elect)</p> <p>Bylaws Glenna Altizer 6688 Mud River Road Barboursville, WV 25504 W: (304) 526-2285 H: (304) 733-0766 Fax: (304) 526-2137 Email: galtizer@chhi.org</p> <p>Nominations Sandy Duda 1448 Cedarwood Drive #C2 Westlake, OH 44145 W: (216) 931-1355 H: (440) 808-8429 Fax: (216) 694-6343</p> <p>Historian Joy Pittman 411 W. Tipton St. PO Box 2349 Seymour, IN 47274 W: (812) 522-0535 H: (812) 346-2710 Fax: (812) 522-0779 Email: jpittman@memorial-hosp.org</p>

Parliamentarian
 Glenna Altizer
 (See Government Affairs)

Past President
 Allyn Davies
 1298 Emerald Creek Drive
 Broadview Heights, OH 44147
 W: (216) 778-5436
 H: (440) 746-9945
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are invited to
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in the
Mid-Eas Dropper

The Mid-Eas Dropper is the official newsletter of the
MidEast Region WOCN
(Indiana, Kentucky, Michigan, Ohio, West Virginia)

Ad form (and ad) must be received by
April 20, 2003
for inclusion in the second Mid-Eas Dropper of
2003.

For business card ads, include a business card with
order form.
For print/photo ads, include a black and white
PRINT QUALITY prototype with order form.

Questions?
Call Rita Pochard
(513) 853-4055

MID-EAS DROPPER NEWSLETTER AD FORM

(please enclose this form with your ad)

Name: _____ Date: _____
Company
Name: _____
Address: _____
City: _____ State: _____ Zip: _____
Telephone Number: _____

Make checks payable to MidEast Region of WOCN

Ads run for one year (three issues): Winter, Spring, Fall

Business Card Ad \$35.00
1/4 Page Ad \$75.00
1/2 Page Ad \$150.00
Full Page Ad \$250.00

MAIL TO:
Rita Pochard
30 Dusk Court
Fairfield, OH 45014

COMMITTEE REPORTS

• **GOVERNMENT AFFAIRS**

It's that time of year. Legislatures all across the country are gearing up for their 2003 sessions. Here is the schedule for our states: West Virginia Legislative Session runs from January 8th to March 8th, Ohio General Assembly Begins January 6th, Kentucky Legislature January 7th through March 10th, Michigan begins January 8th, and Indiana General assembly is in their "long year" which began November 19, 2002 and will end April 29, 2003.

The Mid-East Region is once again a member of The Coalition of Michigan Organizations of Nursing which is a group of Michigan Nurses Organizations that help promote nursing's agenda in the Michigan legislature. Bernie Huck is our contact person with COMON and as she shares reports with me, I'll pass them on to you

Don't forget, If you would like to be on our email list, send me an email at www.galtizer@chhi.org.

Glenna Altizer

• **SCHOLARSHIP**

Thank you notes were received from Joy Pittman, Cheryl DeRamus, and Teresa Mitts thanking the MidEast Region for the monetary assistance they received in the form of scholarship gifts. This money was really helpful in defraying their expenses.

Thinking of returning to school, or already enrolled? Don't forget the MidEast Region has funds available to help. Application forms can be found elsewhere in the Dropper. Contact Carolyn Smith for further details.

• **EXCELLENCE IN WRITING**

CALLING FOR MANUSCRIPTS

The Excellence in Writing Committee invites you to submit your published articles for the 2003 competition. Manuscripts written in 2003 or late 2002 by members of the MidEast Region of WOCN are eligible for entry. The winner will receive \$200.

If you are interested, please submit a copy of your article by September 15, 2003 to:

Sarah Davis, RN, CWOCN
2540 Overlook Rd., Apt. 16
Cleveland, OH 44106



PRESIDENT'S MESSAGE *(continued from pg.1)*

to our patient's, but now we're reaching across the ocean to spread our good fortune." THANK YOU Mid-East Region.

I'm eager to see what great things we can do in 2003! Best wishes to all of you. Plan to attend conference June 14th—18th here in Cincinnati.

Terrri Ross
President

**WOCN
NATIONAL
CONFERENCE**

June 14th -18th

Cincinnati, OH

**MIDEAST
REGION
FALL
CONFERENCE**

**October 23rd -
25th, 2003**

Charleston, WV

CONFERENCE NEWS

The calendar said it was October, but it was looking a lot like Christmas as we came together in Frankenmuth, Michigan for the 2002 MidEast Regional conference. Sharlene Kennedy's goal was to have 300 attendees and she almost made it. There were 294 attendees that came to experience "The ET Touch".

The Michigan Planning Committee put together a program to increase our ostomy and wound care knowledge. Kay Wagner, RN, BSN, CTM gave us a great send-off that focused on Humor: A facet of Holistic Care. It was a wonderful reminder of how important it is to laugh.

A special thank you to the following vendors that sponsored events and speakers:

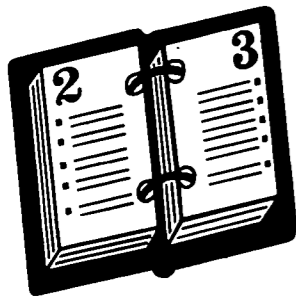
Convatec	EHOB	HillRom	Hollister
Medline	Smith & Nephew	Johnson & Johnson	

Most of all, congratulations to the Planning Committee for putting together a great conference! The members are:

Sharlene Kennedy	Judy Werner
Linda Arlt-Smith	Lynne Bieberitz
Susan Bowles	Connie Butts
Barbara Ilkka	Carol Mikols
Nan Pittenger	Ann Prime
Margie Wessel	

Mark your calendars now for October 23-25, 2003. Your presence is requested to view the beautiful fall foliage and to enhance your wound, ostomy, and continence knowledge in Charleston, West Virginia. The MidEast Region Fall conference will be held at the Charleston Marriott and the WV ET Nurses are looking forward to seeing "y'all" back again in October. Further information will be available in the next Dropper or contact Glenna Altizer.

See you there!!



Members on the Move

Sally J. Thompson, E.T.
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2015 State Road
Cuyahoga Falls, OH 44233

W: 330-926-5949



**DEADLINE FOR
THE NEXT
ISSUE...**

APRIL 25, 2003

FROM THE TREASURER

At the MER conference in Frankenmuth, Michigan, members and attendees contributed about \$400. Members then voted to have the treasury add an additional \$400 to the Norma N. Gill Foundation. So after the conference I sent \$810 to the WCET Central Office.

Later I received this thank you note from Judith Weller. "On behalf of the Norma N. Gill Foundation, I would like to thank you all very much for your support. As befits such generosity, your group will be cited on the Roll of Honour in the next edition of the WCET journal. By contributing to the Foundation, you are enabling nurses to train as ET specialists and so join the international family of ET nurses. I am sure that future recipients of the money which you have so kindly donated would like to join me in thanking you for your help."

The Norma N. Gill Foundation administers a scholarship fund designed to promote ET nursing worldwide. The USA delegation has committed to assist two countries, Chile and Mexico. When I was writing the check as you voted on, I was indeed proud, as you must be, to help ET nursing outside of the United States, just as we support our profession here.

Cecelia Krusling

MidEast Region ET Nurse of the Year

The MidEast Region provides a mechanism for recognizing outstanding WOC (ET) Nurses within the region. Why not nominate an ET Nurse friend/colleague for the MER ET Nurse of the Year?

Nominations should be sent to: Carolyn Smith
3917 S. Houck
Marion, IN 46953

Nomination deadline is September 1, 2003. The award will be presented at the MidEast Regional Conference in Charleston in October.

Prerequisites:

- Nominee must be a member of the MidEast Region of WOCN for a minimum of 2 years.
- Nominee must attend at least one WOCN meeting per year (MER or National Conference).
- Nominee must be board certified in ET(WOC) Nursing.

Briefly describe the nominee's qualifications for the award and provide examples based on the following criteria (nominee must meet 80% of criteria):

1. Demonstrates excellence in the full scope of ET(WOC) Nursing.
2. Devotes at least 50% of professional practice to providing direct care to patients with dermal ulcers, stomas, wounds, and incontinence.
3. Shares knowledge by providing professional and community education via one on one education, seminars and symposiums.
4. Promotes the specialty of ET Nursing by actively participating in professional, political, and/or community organizations.
5. Actively promotes the growth and development of ET Nursing by providing peer support, preceptoring, and recruitment.

Outstanding ET Nurse Award Application

Attach description of qualifications on separate page, please.

Nominee:	Submitted By:
Name _____	Name _____
Address _____	Address _____
Agency _____	Agency _____
Position _____	Position _____
	Day Phone _____
	Evening Phone _____

Congratulations to Rita Pochard, BSN, RN, ET, CWOCN who was named ET Nurse of the Year 2002 at our regional conference in October. Rita is admired for her commendable dedication, cheerful attitude, and humorous disposition. With nine years of WOC experience she is a leader in her community and region. Mary Arnold described Rita in her nomination letter as "a tireless patient advocate and a wonderful professional colleague." Patti Burke also nominated Rita and wrote about her gentle empathetic approach to patients. In addition to working full time, Rita started a UOA support group several years ago and continues today as their facilitator. She serves as newsletter editor for the MidEast Dropper and is appreciated for her hard work to provide informative and accurate newsletters. Rita was presented with an engraved mantle clock. Congratulations Rita!

Also recognized but not present were Crina Floruta of the Cleveland Clinic nominated by Bridget O'Brien-Ermlich and Karen Granby, past president of the MidEast Region nominated by Marilyn Whitehead. It was a memorable part of the conference. Please use the ET Nurse of the Year nomination form in this issue to nominate an outstanding colleague. The next award will be given at the fall conference in West Virginia.

Many Thanks

The following note was received from Barbara Pieper:

Thank you for the wonderful honor of the 2002 Excellence in Writing Award. I cherish the positive reinforcement of my colleagues in the MidEast Region. I am deeply moved to accept this award. Thank you again for the recognition.

Barbara Pieper

This note was received from Marilyn Whitehead:

MER membership,

Paula Botting and I would like to thank you for approving our request for money to help defray our costs for our attendance at the UOA Youth Rally camp in 2002. It was great to hear your comments and we were honored to have the motion pass for money to be paid out in the future to two ET nurses who apply for camp money. This is money well spent. (The specific requirements for this money will be worked on by a committee). Again, thank you.

Marilyn Whitehead

A note from the editor:

I was surprised and so pleased to receive the ET Nurse of the Year award at our fall conference. I know there are many deserving nurses in our region, and to be chosen was truly an honor. I feel so blessed to have this work, and feel it is definitely where I should be. All of you deserve recognition for the wonderful job you do for our patients and for each other. I will treasure this award

Thanks again.

Rita Pochard

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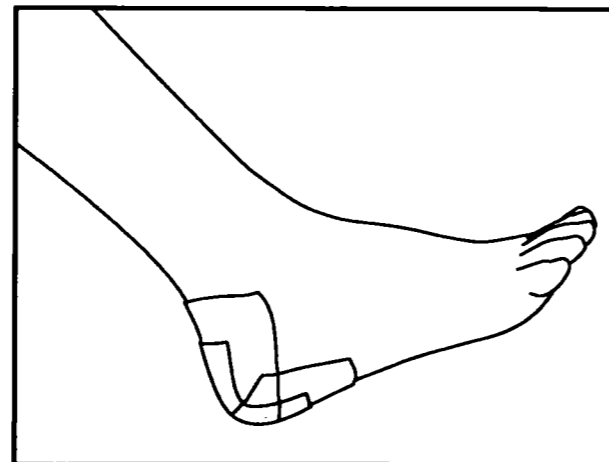
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MID-EAST REGION ADVANCED PRACTICE SCHOLARSHIP APPLICATION

Name _____
Address _____
City _____ State _____ Zip _____
Phone Home (____) _____
Work (____) _____
Social Security Number _____

Educational Motivation

Explain how you plan to use your advanced education to contribute to WOC(ET) Nursing. Please limit your reply to 100 words or less and be specific.

MIDEAST REGIONAL FALL MEMBERSHIP MEETING
FRANKENMUTH MI
SATURDAY OCTOBER 19, 2002

Mideast Region
Advanced Practice Scholarship
Application

Your application **MUST** contain all requested information or it will not be processed.

DO NOT leave blanks.

A typed application is preferred.

Handwritten applications must be legible.

Submit four (4) identical stapled sets of your application in the following order:

1. Demographic information
2. Copy of acceptance **and** evidence of current class enrollment in graduate program.
3. Copy of completion of ETNEP program.
4. Copy of current certificate of certification from WOCNCB.
5. Proof of WOCN (Mideast Region) membership for one (1) year prior to application.
6. Essay (100 words or less) on How you plan to contribute to WOC(ET) Nursing with this knowledge/degree.

Submission deadlines:

January 30 for June distribution at National WOCN meeting.
June 1 for October distribution at Regional meeting.

Return to: Scholarship Chair Mideast Region

- I. CALL TO ORDER/WELCOME: A. DAVIES: Meeting called to order at 12:25 PM. Thanks and applause to the Planning Committee, Great conference. Presentation by planning committee – thanks to Judy and Shar. Judy thanks to Convatec for all their support. Norm from Convatec thanked ETs for all they do. Recognition of first time attendees.
- II. QUORUM DETERMINATION/VOTING GUIDELINES: G. ALTIZER: Quorum determined. Rules of meeting and voting guidelines presented, Roberts Rules of Order utilized.
- III. ADDITIONS TO/DELETIONS FROM AGENDA: A. DAVIES: Awards added under new business. Joan DiBernardi made the motion to accept the agenda, Becky Roberts seconded, membership voted to accept.
- IV. SECRETARY'S REPORT: B. WINN: Minutes of June 2002, Las Vegas membership meeting published in the last Dropper. Carolyn Smith made a motion to accept the minutes, Marilyn Whitehead seconded, motion passed by membership.
- V. TREASURER'S REPORT: C. KRUSLING: \$432 was collected for the ET school. Budget was presented, will be voted on at the end of the meeting.
- VI. PRESIDENT-ELECT REPORT: T. ROSS: Prepared the new Board member packets.
- VII. TRUSTEE AND COMMITTEE REPORTS:
 - A. TRUSTEE #1: CAROL TOWSON RESIGNED, LISA KIRK APPOINTED BY THE BOARD.
 1. RESEARCH: P. GALLAGHER: Nancy McGlees received the award
 2. WEB PAGE: S. KRISHNAN: Sincere thanks to Sherri from membership as to how great the Web Page looks. Sherri will try to get conference registration on line in future. Will have to continue to make updates.
 3. GOVERNMENT AFFAIRS: G. ALTIZER: Glenna updates web page frequently, recently added more links. This is an important election year; Congress hangs in balance. Everyone encouraged to vote.
Bernie Huck spoke to issue of COMON: Reps from 25 nursing organizations in MI meet quarterly to discuss how legislation affects nursing, letters are sent to legislature. Dues are \$40/yr. Bernie will send Glenna info for web site. Sherri Krishnan motioned to allocate \$40 to support COMON, Shar Kennedy seconded, membership approved the motion. Glenna asked that she be notified if any other state has similar organization.

B. TRUSTEE #2: M. WHITEHEAD: Thanks to planning committee, thanks to Rita for a great Dropper and thanks to Joannie and Tucker who will be stepping down from fundraising.

1. PUBLICATIONS: R. POCHARD: Mailed 450 Droppers, let Rita know if not receiving. No ads in last few issues, Rita approached some vendors at the exhibits, also requesting members ask vendors to advertise. Rita asks for articles for Dropper. Judi Werner has MER logo on disc; ALLYN DAVIES PRESENTED RITA THE PRESIDENTS AWARD.
2. ET NURSE OF YEAR: T. ROSS: Terri received 3 nominees, Karen Granby, Brenda Stenger and Rita Pochard. RITA IS THE ET NURSE OF THE YEAR.
3. PR/SUNSHINE: B. ROBERTS: Becky reminds members to send info re anyone needing notes or cards to her. Beth Gudde will take over this position.
4. MEMBERSHIP: L. KIRK: Will try and keep a current database of members. Per Allyn Davies many discrepancies in numbers of members.
5. FUNDRAISING: C. BLACKWELL & J. DIBERNARDI: Silent auction \$850, raffle \$100, shirts and jewelry \$300. SPECIAL THANKS TO JOANNIE AND TUCKER FOR 8 YEARS OF FUNDRAISING.

C. TRUSTEE #3: P. BURKE:

1. CONFERENCE PLANNING: 2002 MI – S. KENNEDY: 297 Attendees. 2003 W VA: Glenna Oct. 23-25 at the Marriott, looking for topics and speakers. 2004 OH – Columbus or Dayton
2. SCHOLARSHIP: C. SMITH: MER ADVANCED PRACTICE SCHOLARSHIP awarded to Joy Pittman for \$500. MER is large sponsor of the National Scholarship, currently a balance of \$4500 at National, Carolyn will call and investigate further and will be discussed at the June 2003 MER Membership in Cincinnati. Also need to follow up on J. Werner points re no response and problems with CEUs. Discussion of WCET request: C. Krusling motions that MER adds \$400 to match the money collected. Shar Kennedy seconds. Discussion: Sue Stelton Executive Secretary for WCET informs that the money goes to individual nurses. Membership approved the motion to match \$400.
3. EXCELLENCE IN WRITING: S. DAVIS: Two \$200 awards. Winners are Judy Szar and Barbara Pieper. Thanks to the judges. Deadline Sept. 2003 for next year.

D. TRUSTEE #4: B. GUDDE

1. OPERATIONS MANUAL: T. ROSS: Manual has been updated; available to any member that requests either paper or electronic.
2. BYLAWS: G. ALTIZER: Glenna will match bylaws to ops manual; there may be a vote next year with elections in the fall. NIWI Scholarships are available through National.
3. NOMINATIONS: S. DUDA: Trustee 1 and 3 and Treasurer will be elected next fall. This year 398 ballots sent. 126 valid returned, 17 invalid and 1 returned for incorrect address. Will discuss at next meeting re changing the voting process.

Mid-East Region Nurse Researcher Award

The Mid-East Region WOCNS Nurse Researcher Award will honor an individual or group who has completed a nursing research study that has focused on wound, ostomy, or continence care and disseminated the results through presentation or publication. \$300 will be awarded to the recipient.

Criteria:

- The individual or group has completed a nursing research study which has followed appropriate research methods and protection of human rights.
- The research adds to the body of nursing knowledge in regards to ostomy, wound or continence care.
- The findings of the research have been published, submitted for publication, or presented at professional meetings.
- The study may be a funded or unfunded project.
- Investigators doing manufacturer directed and subsidized R&D studies are excluded.

Eligibility Requirements

- Active member of the WOCNS
- Primary investigator on the study.
- Investigators doing manufacturer directed and subsidized R&D studies are excluded

Submit five (5) copies of the entire application to;
The Research Committee Chair

Deadline: August 1

MID-EAST REGION WOCNS NURSE RESEACH AWARD APPLICATION

Nominee Nome _____
 Professional Title _____
 Employment Address _____
 City, State, Zip _____
 Home Address _____
 City, State, Zip _____
 Phone (work/home) _____
 Active Member Mid-East? Yes No
 Title of Research: _____
 Provide Brief Description of Study (No longer than 2 double-spaced pages)
 State purpose, protocols, results, and discussion) _____
 Submission for Publication (list journal & date) _____
 Presentation at professional meeting (please list) _____
 Provide one letter of support.

APPLICATION FORM FOR RESEARCH FUNDS

Name: _____

Present Address: _____

Telephone: Number: _____

Educational Background:

Institution & Location	Inclusive Dates of Attendance	Diploma, Degree	Major
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Experience Record (last two positions):

Title of Position	Employer Name & Address	Inclusive Date
_____	_____	_____
_____	_____	_____

Starting Date of Research Project: _____ Completion Date of Project: _____

Title of Research Project: _____

Date of Approval from Human Subjects Committee: _____

(If neither exempt nor yet approved, please add a separate page discussing potential risks and benefits associated with the research and proposed safeguards.)

Discuss how the funding will be spent.

In no more than two typed pages, describe the purpose, background and methodology of the study.

RESEARCH GRANT AGREEMENT

If my request is approved by the Mid-East Region Research Committee, I agree:

- To use the money as described in the application and return any unused funds to the Treasurer.
- When the study is completed, submit receipt(s) for the money spent and an abstract of the study to the chairperson of the Research Committee.
- When the research is published or presented, appropriate recognition of funding source (Mid-East Region, WOCNS) will be given.

Signature: _____ Date: _____

Address: _____

Title of Project: _____

Project Beginning Date: _____ Project Completion Date: _____

RESULTS: PRES-ELECT: CAROLYN SMITH 125 VOTES
SECRETARY: BECKY ROBERTS 123 VOTES
TRUSTEE 2: MARILYN WHITEHEAD 120 VOTES
TRUSTEE 4 BETTY WINN 126 VOTES

B. Gudde motioned the ballots be destroyed, L. Kirk seconded, motion passed.

4. HISTORIAN: J. PITTMAN: Requests pictures for book.

VIII. UNFINISHED BUSINESS

- NORMA GILL REMEMBRANCE: Sponsoring a speaker at Regional conference was approved for 1 year only. T. Ross will chair a group with C. Krusling and report back in Cincinnati.
- ET NURSE DAY: M. WHITEHEAD: National still discussing this issue, will keep this topic on next meeting agenda and investigate what national is doing. Marilyn requests info on what ETs did in the past.
- DATA BASE SOFTWARE: A. DAVIES, S. KRISHNAN: Will hold on this until National can get the database under better control.

IX. NEW BUSINESS

- SUPPORT FOR NURSES TO ATTEND YOUTH RALLY: Marilyn and Paula attended the Youth Rally at their own expense and are requesting consideration for some reimbursement. M. WHITEHEAD proposed to pay retroactively 2 nurses to attend the rally and in the future send 12 at \$300 for \$600. Marilyn revised proposal to have MER sponsor 2 nurses to go to the Youth Rally, Becky Roberts seconded. Discussion: will need a system in place for selection. J. Werner informed membership that in the past Sue Brady was sent but then there was no further requests. C. Smith amended the motion for \$600 to be in a fund to support nurses attending the Youth Rally and criteria for selection to be developed. S. Kennedy seconded. M. whitehead, A. Davies, and P. Burke will work on the committee to develop criteria. Membership passed the motion. B. Gudde motioned that Paula and Marilyn receive retroactive reimbursement of \$300 each for attendance at Youth Rally. P. Burke seconded, membership passed motion.
- AWARDS TO RECOGNIZE ETS: R. Pochard discussed different ways to recognize more people: i.e. rookie of the year, patient educator, staff educator, rep of the year. M. Whitehead, S. Duda, S. Krishnan and R. Pochard will be on a committee to investigate.

X. PAST PRESIDENT'S COMMENTS: J. WERNER: Judy is trying to apply for non-profit mailing. Winner of ET doll is Linda Aret-Smith.

XI. PASS THE GAVEL: ALLYN DAVIES PASSES THE GAVEL TO TERRI ROSS. ALLYN THANKS EVERYONE FOR ALL THEIR HELP. TERRI PRESENTED ALLYN A GIFT FROM THE BOARD AND COMMITTEE MEMBERS.

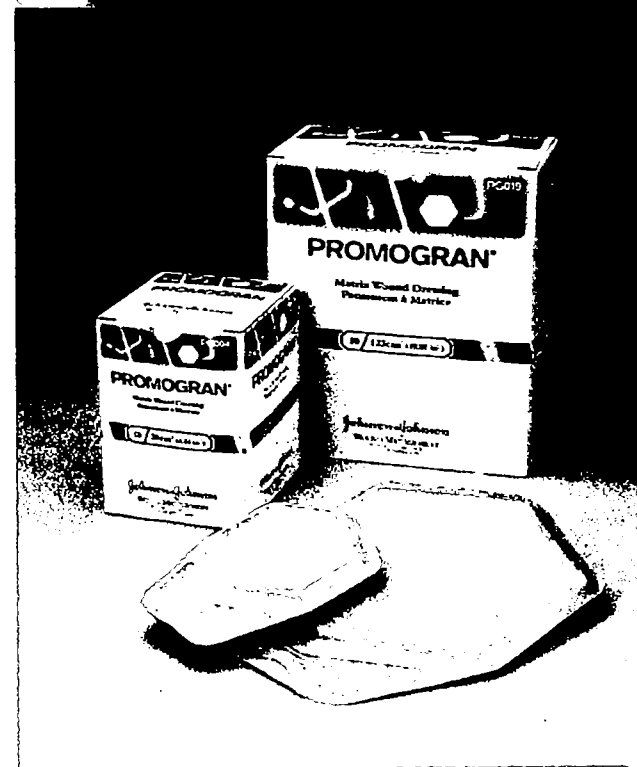
XII. ANNOUNCEMENTS/ADJOURNMENT: C. Krusling motioned to adjourn, C. Smith seconded, motion passed.
MEETING ADJOURNED AT 2:20 PM.

Respectfully Submitted,
Betty Winn, Secretary

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PROMOGRAN* Matrix Wound Dressing		
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PG019	19.1 sq. in.	10

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For reimbursement support, call 1-866-739-SKIN.

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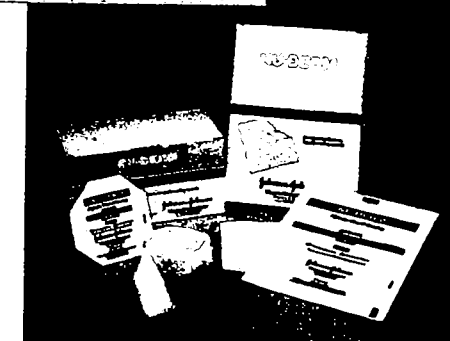
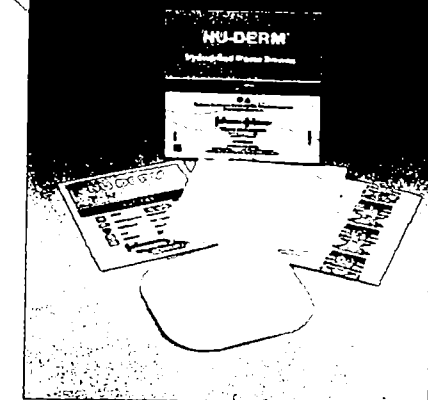
For user/additional information or technical support, call 1-877-384-4266 or visit our website at www.advancedwoundcare.com.
For reimbursement support, call 1-866-739-SKIN.

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NU-DERM* Wound Dressings



NU-DERM* Hydrocolloid Wound Dressings

Description	Product Code	Case Contents
NU-DERM* Border (film backing)		
2" x 2"	HC102	100 Dressings
4" x 4"	HC104	100 Dressings
6" x 6"	HC106	20 Dressings
NU-DERM* Border Heal/Elbow (film backing)		
3.15" x 4.75"	HCH107	50 Dressings
NU-DERM* Border Sacrum (film backing)		
6" x 7"	HCS100	20 Dressings
NU-DERM* Border Thin (film backing)		
4" x 4"	HCT101	100 Dressings
NU-DERM* Standard (foam backing)		
4" x 4"	HCF204	50 Dressings
8" x 8"	HCF208	20 Dressings

NU-DERM* Alginate Wound Dressings

Description	Product Code	Case Contents
2" x 2"	AWD202	50 Dressings
4" x 4"	AWD404	50 Dressings
4" x 8"	AWD408	25 Dressings
1" x 12"	AWD112	25 Dressings

Editor
Rita Pochard
30 Dusk Ct.
Fairfield, OH 45014

We're on the Web
mideastregion.org

Name, Address or Employment Change?
Please complete and mail to Editor
(Address above)

Date _____

Name _____

Home Address _____

City/State/Zip _____

Phone (home) _____

Work Address _____

City/State/Zip _____

Phone (work) _____

Professional Status _____

Do you wish change published in the MID-EAS DROPPER? Yes No

Your Signature _____



A Message from Our President

Spring is here and the National WOCN Conference is planted and ready to bloom. We hope to see many of you in Cincinnati since it is within our region. Travel won't be as far this year and The Queen City has so much to offer. Our regional business meeting is planned for Saturday evening and we have a delicious hors d'oeuvres buffet planned for everyone. There will be a fall conference fee give away and the Cincinnati ET Nurses have donated a Taste of Cincinnati gift basket to be won. Please attend this informative meeting and learn more about your region.

Your Mid-East region board is working to provide as many benefits as possible to support WOC Nursing. Read through this issue to learn of the scholarships and programs that are available. If you think of something that could be added to our portfolio please bring your ideas to the membership meeting or contact any board member. We are eager for your ideas and suggestions. Our contact numbers can be found on the inside page of this newsletter.

In the fall elections will be held for Treasurer and both Trustee #1 and #3. We have a great region and our board of directors is helpful and fun to work with. Leaders are needed and I encourage you to consider running for one of these offices. We work well together as a team and will assist any new leaders in their new office. The committee chairs are strong knowledgeable individuals who are the worker bees of the region. The Trustees offer leadership and assistance to these valuable chairpersons.

Give your name and office you plan to run for to Sandy Duda, Nominations Chair, during the national conference in June. You may contact any board member or committee chair if you need information about an office. We would be happy to help you.

Don't forget that the October regional conference is in West Virginia. We always have a great time at this conference. Many interesting topics are planned and as usual the food will be fantastic. Conference brochures will be mailed late summer. If you have questions see Glenna Altizer or e-mail galtizer@chhi.org.

I hope to see you in June in my hometown, Cincinnati!
Safe travels,

Terri Ross
President, Mid-East Region

Inside this issue:

Officers and Committee 2
Chairs Roster

Committee reports 3

Memories of 4-5
Frankenmuth

Get to Know... 6

Financial Report 7

Call for Nominations 8

• Also in this issue

• Award applications

• New Feature—
Getting to Know the
MER members!

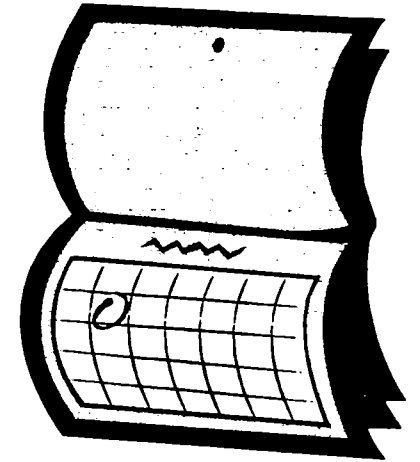
PRESIDENT
 Terri Ross
 12153 Village Woods Drive
 Cincinnati, OH 45241
 W: (513) 585-0871
 H: (513) 769-4090
 Email: rossta@healthall.com

<p>PRESIDENT-ELECT Carolyn Smith 3917 S. Houck Marion, IN 46953 W: (765) 662-4658 H: (765) 674-5761 Email: Carolyn@comtech.com</p>	<p>SECRETARY Becky Roberts 2932 Corydon Cleveland Heights, OH 44118 H: (216) 932-0961 Email: BeckyRNET@aol.com</p>	<p>TREASURER Cecilia A. Krusling 4907 Savage Road Lynchburg, OH 45142 W: (937) 298-4331 ext.57545 H: (513) 875-3170 Fax: (937) 297-8007 Email: jkruslin@tds.net</p>	<p>TRUSTEES (4) See Below</p>
<p>TRUSTEE #1 Lisa Kirk 5911 Cape Cod Ct. Indianapolis, IN 46250 (W): (317) 582-8588 Fax: (317) 582-8585 Email: lmkirk@stvincent.org</p> <p>COMMITTEES</p> <p>Web Page Sharon Ballard-Krishnan 1550 Brandywine Bloomfield Hills, MI 48304 H/W: (248) 852-2891 Fax: (248) 299-3691 E-mail: sharikrish@aol.com</p> <p>Research Pat Gallagher 1109 Melrose Drive Westlake, OH 44145 H: (440) 356-0759 W: (216) 931-1355 Fax: (216) 694-6343</p> <p>Government Affairs Glenna Altizer 6688 Mud River Road Barboursville, WV 25504 W: (304) 526-2285 H: (304) 733-0766 Fax: (304) 526-2137 Email: galtizer@chhi.org</p> <p>Membership Lisa Kirk (See Trustee 1)</p>	<p>TRUSTEE #2 Marilyn Whitehead Kettering Medical Center 3535 Southern Blvd. Kettering, OH 45429 W: (937) 298-4331 ext. 57519 H: (513) 897-4868 Fax: (937) 297-8007 marielyn.whitehead@kmcnetwork.org</p> <p>COMMITTEES</p> <p>Publication (Newsletter) Rita Pochard 30 Dusk Court Fairfield, OH 45014 W: (513) 853-4055 H: (513) 829-3146 Email: RJPochard@health-partners.org</p> <p>E.T. Nurse of the Year Carolyn Smith (See President-Elect)</p> <p>Fundraising Cathy Blackwell 205 Ann Avenue Pendleton, IN 46064 W: (765) 646-8168 H: (765) 778-2365 Email: cathbl123@aol.com</p> <p>PR/Sunshine Beth Gudde 2183 Dover Center Road Westlake, OH 44145 H: (440) 899-7414 Email: Bethgudde@aol.com</p>	<p>TRUSTEE #3 Patti Burke 2712 Marlo Way Lakeside Park, KY 41017 W: (513) 271-0097 H: (859) 341-4687 Email: tjburke3@peoplepc.com</p> <p>COMMITTEES</p> <p>Conference Planning Patti Burke (see above) 2003 Glenna Altizer</p> <p>Scholarship Carolyn Smith 3917 S. Houck Marion, IN 46953 W: (765) 662-4658 H: (765) 674-5761 Email: Carolyn@comteck.com</p> <p>Excellence In Writing Sarah Davis 2540 Overlook Rd, Apt.16 Cleveland, OH 44108 H: (216) 371-5846</p>	<p>TRUSTEE #4 Betty Winn 6384 Engle Road Brookpark, OH 44142 W: (216) 931-1355 H: (216) 694-6343 Email: Betwin5351@aol.com</p> <p>COMMITTEES</p> <p>Operations Manual Carolyn Smith (See President-Elect)</p> <p>Bylaws Glenna Altizer 6688 Mud River Road Barboursville, WV 25504 W: (304) 526-2285 H: (304) 733-0766 Fax: (304) 526-2137 Email: galtizer@chhi.org</p> <p>Nominations Sandy Duda 1448 Cedarwood Drive #C2 Westlake, OH 44145 W: (216) 931-1355 H: (440) 808-8429 Fax: (216) 694-6343</p> <p>Historian Joy Pittman 411 W. Tipton St. PO Box 2349 Seymour, IN 47274 W: (812) 522-0535 H: (812) 346-2710 Fax: (812) 522-0779 Email: jpittman@memorial-hosp.org</p>

Parliamentarian
 Glenna Altizer
 (See Government Affairs)

Past President
 Allyn Davies
 1298 Emerald Creek Drive
 Broadview Heights, OH 44147
 W: (216) 778-5436
 H: (440) 746-9945
 Email: jallynd1@aol.com

Don't Forget



Mid-East Region WOCN
 membership meeting at
 National Conference

Saturday, June 14
 7:00 p.m.—9:00 p.m.
 Cincinnati Convention Center
 Room 262

Bring your reminder card to enter a drawing for free
 registration for the 2003 Fall Conference in
 West Virginia



**YOU
Are invited to
Advertise
in the
Mid-Eas Dropper**

The Mid-Eas Dropper is the official newsletter of the MidEast Region WOCN serving ET(WOC) nurses in Indiana, Kentucky, Michigan, Ohio, and West Virginia.

Ad form and ad must be received by September 15, 2003 for inclusion in the Fall, 2003 issue.

Questions?
Call Rita Pochard
(513) 853-4055

MID-EAS DROPPER NEWSLETTER AD FORM

(pleas enclose with your ad)

Name: _____ Date: _____

Company Name: _____

Name: _____

Address: _____

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Ads run for one year from date of submission (3 issues)

Call for rates. Mail to: Rita Pochard
30 Dusk Ct.
Fairfield, OH 45014

• **RESEARCH COMMITTEE**

I feel like the Maytag repairman, lonely and unappreciated. Maybe we could hold a lottery, the winner is forced to take the money and must do some research! I know life seems too complicated and full of day to day chores. We are also striving to spend more time with patients and less time on paperwork (ha—good luck with that one!).

Please send any—and I do mean any—suggestions you may have on how to spark more interest in doing research to tap2flo@aol.com

Pat Gallagher

FALL CONFERENCE IN THE WORKS

Just a reminder to everyone about the MER fall conference. Dates are October 23-25th at the Charleston Marriott in Charleston, WV. I think we are going to have a great conference this year. We are finalizing our agenda and will have registration forms ready for National Conference in June.

Topics this year will include Wound Bed Preparation, Use of Silver Dressings in Wounds, and Use of the VAC (particularly new uses such as for fistulas), We will probably have at least one more topic.

Friday night we will go to Tamarack for a great dinner and shopping for wonderful WV crafts. Saturday we will have a 2 hour CE program (topic TBA) from 8AM - 10AM and will have the business meeting from 10 AM - 12 Noon. That will allow everyone to get out early.

If you want more information on Tamarack you can visit their website at www.tamarackwv.com/. Our dinner this year will be held in their new conference center.

We hope you will join us in October and we hope you will come early or stay afterward and enjoy some of West Virginia's beauty. For more information about our state check out the web site www.wvonline.com/.

See you there!

Glenna Altizer



MORE MEMORIES OF FRANKENMUTH



Excellence in Writing winner Judy Szor receives her award from Trustee Patti Burke.



Scholarship Committee Chair Carolyn Smith presents Advanced Practice Scholarship winner Joy Pittmann with her award.

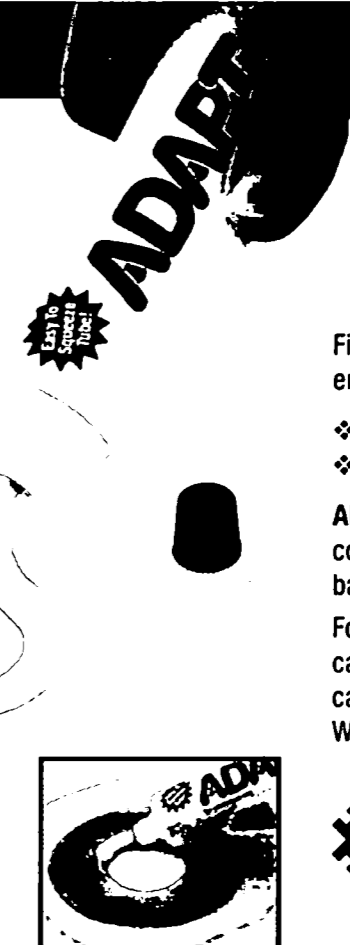


Remember....Deadline for the Fall issue is September 15, 2003.

To inquire about advertising in the MidEas Dropper, contact Rita Pochard at rjpochar@health-partners.org.

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APPLICATION FORM FOR RESEARCH FUNDS

Name: _____

Present Address: _____

Telephone: Number: _____

Educational Background:

Institution & Location	Inclusive Dates of Attendance	Diploma, Degree	Major
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Experience Record (last two positions):

Title of Position	Employer Name & Address	Inclusive Date
_____	_____	_____
_____	_____	_____

Starting Date of Research Project: _____ Completion Date of Project: _____

Title of Research Project: _____

Date of Approval from Human Subjects Committee: _____

(If neither exempt nor yet approved, please add a separate page discussing potential risks and benefits associated with the research and proposed safeguards.)

Discuss how the funding will be spent.

In no more than two typed pages, describe the purpose, background and methodology of the study.

RESEARCH GRANT AGREEMENT

If my request is approved by the Mid-East Region Research Committee, I agree:

1. To use the money as described in the application and return any unused funds to the Treasurer.
2. When the study is completed, submit receipt(s) for the money spent and an abstract of the study to the chairperson of the Research Committee.
3. When the research is published or presented, appropriate recognition of funding source (Mid-East Region, WOCNS) will be given.

Signature: _____ Date: _____

Address: _____

Title of Project: _____

Project Beginning Date: _____ Project Completion Date: _____

MIDEAS DROPPER



MER Officers: Marilyn Whitehead, Betty Winn, Carolyn Smith, Becky Roberts, and Lisa Kirk



Joan Sewickley DiBernardi (and Tucker, of course!) enjoys the fall conference *without* being the Fundraising Committee Chair.

**Mideast Region
Advanced Practice Scholarship
Application**

**WOCN REGIONAL/AFFILIATE FINANCIAL REPORT
January 1 through December 31 02**

Your application **MUST** contain all requested information or it will not be processed.

DO NOT leave blanks.

A typed application is preferred.

Handwritten applications must be legible.

Submit four (4) identical stapled sets of your application in the following order:

1. Demographic information
2. Copy of acceptance and evidence of current class enrollment in graduate program.
3. Copy of completion of ETNEP program.
4. Copy of current certificate of certification from WOCNCB.
5. Proof of WOCN (Mideast Region) membership for one (1) year prior to application.
6. Essay (100 words or less) on How you plan to contribute to WOC(ET) Nursing with this knowledge/degree.

Submission deadlines:

- January 30 for June distribution at National WOCN meeting.
- June 1 for October distribution at Regional meeting.

Return to: Scholarship Chair Mideast Region

Line 1	Cash on Hand January 1, <u>01</u>	
Line 2	Savings	
Line 3	Checking	<u>38,260.88</u>
Line 4	Total	<u>38,260.88</u>
Line 5	Income	
Line 6	Dues	<u>3,456.00</u>
Line 7	Contributions	
Line 8	Programs/meetings 50/50	<u>16,493.04</u>
Line 9	Advertising	<u>25.00</u>
Line 10	Interest	<u>415.08</u>
Line 11	Special coll. Norma Gill	<u>410.00</u>
	Bank chg correction	<u>6.00</u>
Line 12	Total Income	<u>20,805.12</u>
Line 13	Cash on Hand Plus Total Income (Line 4 + Line 12)	<u>59,066.00</u>
Line 14	Expenditures	
Line 15	Committees	<u>753.87</u>
Line 16	Meetings	<u>12,960.94</u>
Line 17	Newsletter	<u>3,167.33</u>
Line 18	Postage	<u>141.56</u>
Line 19	Printing	<u>176.45</u>
Line 20	Donations	<u>6,260.00</u>
Line 21	Other Administration	<u>2,446.29</u>
Line 22	Reimbursements	
Line 23	Web Page	<u>409.15</u>
	Fund raiser exp	<u>1,206.84</u>
Line 24	Total Expenditures	<u>27,522.43</u>
Line 25	Cash on Hand Plus Total Income / LESS Expenditures (Line 13 - Line 24)	<u>31,543.57</u> <i>(should equal Line 29)</i>
Line 26	Cash on Hand, December 31	
Line 27	Savings	
Line 28	Checking	<u>31,543.57</u>
Line 29	TOTAL	<u>31,543.57</u> <i>(should equal Line 25)</i>

Region/Affiliate MidEast Region WOCN
Treasurer Cecilia A. Krusling Date February 12, 2003

Nominations

Calling...Calling...Calling MidEast Region members to join our Board, serving for a two year term. Positions open are Trustee I and Trustee III, which both require a BSN degree, and Treasurer.

TREASURER: Administers all funds for the region. Keeps books of accounts, and presents a written financial statement prior to annual membership meeting.

TRUSTEE # 1 Professional Practice: Responsibilities include the following committees – Standards, Research, Ethics and Governmental affairs.

TRUSTEE # 3 Continuing Education: Responsibilities include the following committees – Conference Planning, Scholarship and Excellence in Writing.

Please consider this opportunity to serve our region and offer your leadership.

You may nominate yourself or another member, with his or her permission. One of the requirements is to attend both regional and national ET conferences. Reimbursement is provided for travel expenses and ½ of the cost of lodging of a double occupancy room for the business meeting days.

Please complete the following form or one provided at the national ET conference in Cincinnati, Ohio..

Also include a brief resume.

Elections shall take place by a mail vote. The ballots will be mailed out by September 8, 2003, and are to be returned by mail within 14 days. Ballots will be counted at the regional conference in Charleston. No ballots will be accepted at the meeting.

We appreciate individual commitment, involvement, and expertise in promoting the goals of the MidEast region.

We welcome you!!
Sandy Duda



PolyMem®

**The only
polymeric
membrane
matrix dressing
sold worldwide!**

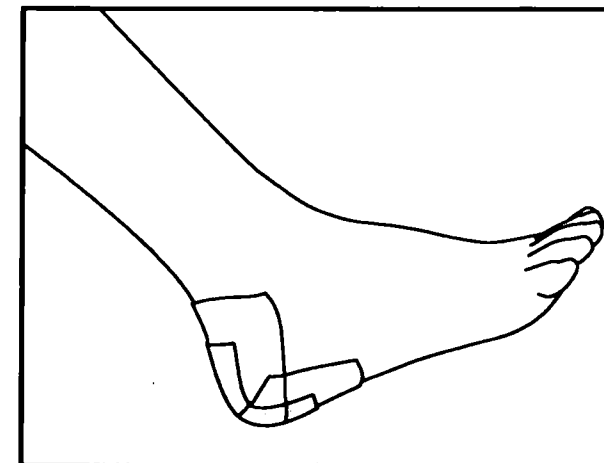
**NO OTHER
DRESSING
LIKE IT!**

A COST EFFECTIVE DRESSING FOR ALL OF YOUR WOUND CARE NEEDS

Contains the following wound healing agents:

- Safe non-toxic wound cleanser
- Mild bacteriostat and moisturizer
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PolyMem is covered with a semipermeable polyurethane thin film backing which is optimized for oxygen and moisture vapor permeability yet is impermeable to liquids and bacteria.



- Effective for virtually ALL wound types
- Cost effective
- Easy to use for clinicians, patients, and caregivers
- Usually eliminates wound bed cleansing between dressing changes
- Customers can eliminate many other products (reduces SKUs)
- Improved healing results compared to other therapies

Call 1-800-PolyMem (765-9636) to request:

- Samples for patient trial –
We encourage you to compare PolyMem to your current wound care dressing
- *Winning in Wound Care* – Read how to MAKE WOUNDS PROFITABLE under PPS
- *Comparison and Analysis of Wound Dressings*
- In-service training

NAME
ADDRESS
CITY STATE ZIP
WORK PHONE
HOME PHONE

Circle position requested: **TRUSTEE I** **TRUSTEE III** **TREASURER**

Deadline for candidate submission is August 4, 2003

Mail to Sandy Duda, 1448 Cedarwood, Suite C-2, Westlake, Ohio, 44145

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16W300 83rd Street • Burr Ridge, IL 60527-5848 U.S.A.
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e-mail: info@ferrispolyMem.com
Website: <http://www.ferrispolyMem.com>

Mid-East Region Nurse Researcher Award

The Mid-East Region WOCNS Nurse Researcher Award will honor an individual or group who has completed a nursing research study that has focused on wound, ostomy, or continence care and disseminated the results through presentation or publication. \$300 will be awarded to the recipient.

Criteria:

- The individual or group has completed a nursing research study which has followed appropriate research methods and protection of human rights.
- The research adds to the body of nursing knowledge in regards to ostomy, wound or continence care.
- The findings of the research have been published, submitted for publication, or presented at professional meetings.
- The study may be a funded or unfunded project.
- Investigators doing manufacturer directed and subsidized R&D studies are excluded.

Eligibility Requirements

- Active member of the WOCNS
- Primary investigator on the study.
- Investigators doing manufacturer directed and subsidized R&D studies are excluded

Submit five (5) copies of the entire application to;
The Research Committee Chair

Deadline: August 1

MID-EAST REGION WOCNS NURSE RESEARCH AWARD APPLICATION

Nominee Name Loy Pittman
 Professional Title RN NP CWCN
 Employment Address 411 W. Tipton St.
 City, State, Zip South Seymour IN 47274
 Home Address 2220 W. Concession Dr
 City, State, Zip North Vernon IN 47265
 Phone (work/home) 812-522-0535 / 812-346-2710
 Active Member Mid-East? Yes No
 Title of Research: Living with chronic disease: A life of never healing
 Provide Brief Description of Study (No longer than 2 double-spaced pages)
 State purpose, protocols, results, and discussion)
 Submission for Publication (list journal & date) _____
 Presentation at professional meeting (please list) _____
 Provide one letter of support.

MidEast Region ET Nurse of the Year

The MidEast Region provides a mechanism for recognizing outstanding WOC (ET) Nurses within the region. Why not nominate an ET Nurse friend/colleague for the MER ET Nurse of the Year?

Nominations should be sent to: Carolyn Smith
3917 S. Houck
Marion, IN 46953

Nomination deadline is September 1, 2003. The award will be presented at the MidEast Regional Conference in Charleston in October.

Prerequisites:

- Nominee must be a member of the MidEast Region of WOCN for a minimum of 2 years.
- Nominee must attend at least one WOCN meeting per year (MER or National Conference).
- Nominee must be board certified in ET(WOC) Nursing.

Briefly describe the nominee's qualifications for the award and provide examples based on the following criteria (nominee must meet 80% of criteria):

1. Demonstrates excellence in the full scope of ET(WOC) Nursing.
2. Devotes at least 50% of professional practice to providing direct care to patients with dermal ulcers, stomas, wounds, and incontinence.
3. Shares knowledge by providing professional and community education via one on one education, seminars and symposiums.
4. Promotes the specialty of ET Nursing by actively participating in professional, political, and/or community organizations.
5. Actively promotes the growth and development of ET Nursing by providing peer support, preceptoring, and recruitment.

Outstanding ET Nurse Award Application

Attach description of qualifications on separate page, please.

Nominee:	Submitted By:
Name _____	Name _____
Address _____	Address _____
Agency _____	Agency _____
Position _____	Position _____
	Day Phone _____
	Evening Phone _____

A powerful new system

The first and only matrix that combines oxidized regenerated cellulose and collagen, PROMOGRAN[®] Matrix Wound Dressing provides a new approach to wound healing. It promotes an environment which attracts cells, supports tissue growth factors, and facilitates tissue granulation. Appropriate for multiple types of wounds, particularly chronic wounds. PROMOGRAN[®] Matrix is a primary dressing which transforms into a soft, conformable gel, allowing contact with the entire wound bed.

PROMOGRAN[®] Matrix Wound Dressing



PROMOGRAN [®] Matrix Wound Dressing		
J&J CODE	Size	Dressings per Box
PG004	4.34 sq. in.	10
PG010	19.1 sq. in.	10

For user/additional information or technical support, call 1-877-384-4266 or visit our website at www.advancedwoundcare.com.
For reimbursement support, call 1-866-739-SKIN.

Johnson & Johnson
WOUND MANAGEMENT
WORLDWIDE
A Division of ETHICON

The future of healing.
A tradition of trust.

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High performance — high value.

NU-DERM[®] Hydrocolloid Wound Dressing promotes a moist wound environment, encouraging natural debridement and enabling granulation under optimal conditions.

- **Superior Absorbency** means fewer dressing changes, less time spent on wound care.
- **Patented Tapered Edges** minimize risk of dressing roll-up, prevents adherence to bed linen and clothing.
- **Skin Friendly Adhesive** offers immediate attachment (without need for warming).
- **Outstanding Value in a Hydrocolloid.** Innovative, low-profile-tray packaging reduces cost and maximizes your storage capacity.

NU-DERM[®] Alginate Wound Dressing is a sterile, non-woven pad for exuding wounds, including leg ulcers, pressure sores and post-surgical sites. It is available in a range of sizes, to meet a variety of wound care needs.

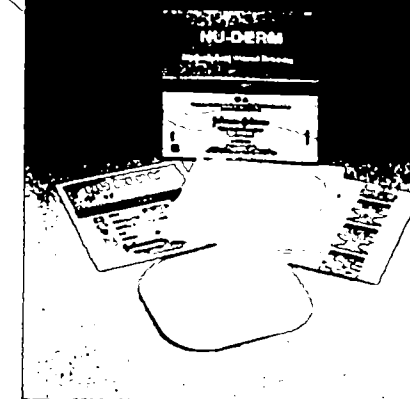
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NU-DERM[®] Wound Dressings



NU-DERM[®] Hydrocolloid Wound Dressings

Description	Product Code	Case Contents
NU-DERM[®] Border (film backing)		
2" x 2"	HCB102	100 Dressings
4" x 4"	HCB104	100 Dressings
6" x 6"	HCB106	20 Dressings
NU-DERM[®] Border Heal/Elbow (film backing)		
3.15" x 4.75"	HCH107	50 Dressings
NU-DERM[®] Border Sacrum (film backing)		
6" x 7"	HCS100	20 Dressings
NU-DERM[®] Border Thin (film backing)		
4" x 4"	HCT101	100 Dressings
NU-DERM[®] Standard (foam backing)		
4" x 4"	HCF204	50 Dressings
8" x 8"	HCF208	20 Dressings

NU-DERM[®] Alginate Wound Dressings

Description	Product Code	Case Contents
2" x 2"	AWD202	50 Dressings
4" x 4"	AWD404	50 Dressings
4" x 8"	AWD408	25 Dressings
1" x 12"	AWD112	25 Dressings